

# 2024 Mackay Community Directory

An up-to-date community resource  
for the Mackay region

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Updated Thursday, April 25, 2024



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# Welcome to the Mackay Directory

**This directory has been brought to you by MackayRegional Council as a community resource to connect everybody in the Mackay region.**

The information in this directory resource is linked to My Community Directory, an Australia-wide online community directory. Any health or community service can list their information for free on My Community Directory and manage their information to make sure that it is accurate and up to date. The purpose of this resource is to provide you with an effortless way to see all of the information listed in the directory in the region. Information in the online version of this document is updated nightly with the latest available information from the My Community Directory platform.

If you notice information is incorrect, please send an email to [support@mycommunitydirectory.com.au](mailto:support@mycommunitydirectory.com.au) or call 1300 762 515. You can also update your own information by logging in to My Community Directory yourself at [www.mycommunitydirectory.com.au/Account/Login](http://www.mycommunitydirectory.com.au/Account/Login).

If you would like to see events that are happening in the area or you are a service provider who would like to list events yourself for free, you can visit [www.mycommunitydiary.com.au](http://www.mycommunitydiary.com.au). Event and directory information is also available on the **Access My Community App** available for download for free on iOS or Android devices.

We hope that you find this a valuable resource to connect with your local community.



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# Information about the region

**Mackay offers a fresh, stimulating lifestyle with plenty of space to work, rest and play.**

The region's 66,484 square kilometres encompass a diverse natural environment which includes a picturesque blue-water river, secluded beaches, a seaside marina and pristine rainforest hinterland.

The region has experienced the most prolonged period of growth in recent history and Mackay has established itself as a modern, regional city. The region's growth is fuelled by the strength of our diversified economy, led by our globally recognised resource and engineering sector, resurging agribusiness, and growth in construction, education, logistics and tourism.

Only an hour's flight from Brisbane, the region boasts many benefits of a fast-growing coastal city. Its coastal location is complemented by its spectacular natural environment, which includes 31 beaches, a picturesque blue river and pristine rainforest hinterland.

Mackay also boasts easy access to the world-famous Whitsunday Islands, a group of 74 pristine islands in the heart of the Great Barrier Reef.

The Mackay region is home to a diverse and vibrant community with rural and coastal living opportunities in 30 townships, small rural settlements and rural residential areas.

There are about 40 different nationalities represented in the region and the region also boasts the largest Australian South Sea Islander population. The Mackay Regional Local Government area is one of the fastest growing in Queensland, with a population of over 117,000 people.





### **Cr Greg Williamson - Mayor of Mackay Regional Council**

Phone: 4961 9455

Email: [cr.greg.williamson@mackay.qld.gov.au](mailto:cr.greg.williamson@mackay.qld.gov.au)

Mayor Greg Williamson has an undeniable enthusiasm for the region he's always called home. Whether it be inspiring local sporting teams at their season launch or telling anyone who will listen that the Mackay region is the best place in the world to live, he speaks with unbridled passion when it comes to Mackay. A fifth generation local, Mayor Williamson was re-elected unopposed at the 2020 local government elections. Prior to that he'd returned to the mayoralty in 2016, having previously been mayor of the then Mackay City Council from 1991 to 1994 before amalgamation with the former Pioneer Shire Council. Following that first stint in the top job in the early 90s, he gained vast management experience in large businesses and brought that skillset back to the mayoralty. Mayor Williamson has a long history of service to the community, ranging from Rotary to the then Small Business Association and Mackay Tourism and more than 35 years of service with the Australian Air Force Cadets. Mayor Williamson has also been at the helm of the Local Disaster Management Group (LDMG) as chair during Cyclone Debbie in 2017, the bushfires in 2018 and the Coronavirus pandemic in 2020.



### **Cr Karen May - Deputy Mayor of Mackay Regional Council**

Phone: 0419 669 134

Email: [cr.karen.may@mackay.qld.gov.au](mailto:cr.karen.may@mackay.qld.gov.au)

Cr Karen May's vast local government experience, which totals more than 16 years, will hold her in good stead for her role as Deputy Mayor in the current council. The most experienced councillor on council, she was a councillor, deputy mayor and mayor of the former Sarina Shire Council. As mayor, she led Sarina through amalgamation with Mackay City and Mirani Shire councils in 2008. She is a strong advocate for issues in our region and played a leading role in recovery from Cyclone Debbie and bushfires. As Deputy Mayor, she is a key support for Mayor Greg Williamson on the Local Disaster Management Group (LDMG).



### **Cr Martin Bella**

Phone: 0419 793 479

Email: [cr.martin.bella@mackay.qld.gov.au](mailto:cr.martin.bella@mackay.qld.gov.au)

Cr Martin Bella is serving his second term on council, having been re-elected in 2020. During his first term from 2016-2020, he earned a reputation for being straight-talking and a strong voice for rural landholders. He is especially a key advocate for residents in the southern part of our region, including Sarina, Sarina Range and Koumala. After being heavily involved in recovery in that southern region post Cyclone Debbie in 2017, he again helped lead residents in those areas during an unprecedented

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bushfire crisis in November 2018 and through the subsequent recovery. A former Queensland State of Origin and Australian representative in rugby league, he's tackled his role as a councillor with plenty of passion. His expertise in sugar and beef provides council with a good insight into these industries. Cr Bella's career has included a vast range of roles, such as cane farming, grazier, mining, retail agricultural sales, construction and maintenance, sales, hospitality and transport and freight. He is a qualified physiotherapist and has owned and operated his own practice in Anzac Street, Sarina.



**Cr Laurence Bonaventura**

Phone: 0427 638 673

Email: [cr.laurence.bonaventura@mackay.qld.gov.au](mailto:cr.laurence.bonaventura@mackay.qld.gov.au)

Cr Laurence Bonaventura, who is serving his third term on council, has plenty of experience and knowledge when it comes to our waste facilities and initiatives. During his first term in 2012-2016, he held the Waste, Health and Regulatory Services portfolio. Waste, including facilities, projects and initiatives, remained an area of interest for him during the 2016-2020 term. Cr Bonaventura is a member of the Water and Waste and Transport advisory boards. He represents council on the North Queensland Sports Foundation, Road Accident Action Group (RAAG) and the Rural Safety Working Group. Cr Bonaventura's rural experience is wide ranging. Raised at Habana and still a resident there today, his entire working life before local government had been in sugar cane farming, earthmoving and construction. Cr Bonaventura also has an extensive history of involvement in the community, ranging from Habana and District Progress Association to St Vincent de Paul. He has a passion for bringing people together and rallying behind worthy causes.



**Cr Justin Englert**

Phone: 0439 611 580

Email: [cr.justin.englert@mackay.qld.gov.au](mailto:cr.justin.englert@mackay.qld.gov.au)

Cr Justin Englert, serving his second term on council, has a passion for the regional economy, including tourism. He's council's representative on the Mackay Tourism board and is also a representative on the Mountain Bike Alliance. During his first term in 2016-2020, he was a key advocate for a mountain biking project planned for the upper-Pioneer Valley. Before becoming a councillor, he had a thorough understanding of the workings of council, having previously been local controller for the State Emergency Service (SES). That experience is valuable in his position on the Mackay Local Disaster Management Group. He's also completing an Advanced Diploma of Public Safety (Emergency Management). Cr Englert holds three trade qualifications,

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including industrial protective coatings, avionics fitter with the Royal Australian Air Force and electrician. Much of his community involvement has been through the SES as a volunteer trainer and responder, co-founder and facilitator of the PCYC Emergency Service Cadets in Mackay and co-founder of the SES Association of Queensland.



**Cr Michelle Green**

Phone: 0434 589 161

Email: [cr.michelle.green@mackay.qld.gov.au](mailto:cr.michelle.green@mackay.qld.gov.au)

This is Michelle Green's first term as a councillor on Mackay Regional Council but her second foray into local government. Her passion for local government began in 2016 when elected as a councillor for Muswellbrook Shire Council in the Upper Hunter Valley in New South Wales. She and her husband are Mackay born and raised and after travelling extensively have returned to the region to raise their children in the Northern Beaches. Cr Green is a qualified exercise physiologist, has a passion for active living, and is a member of the Sports and Recreation Advisory Committee and the Mountain Bike Alliance. She is a future-forward strategic thinker, motivated to promote economic diversity and embrace the 4th Industrial Revolution to enable our communities to evolve and thrive in a rapidly changing future. Cr Green sits on the Water and Waste Advisory Board, LAWMAC, Sustainability and Environment Committee and Invest Mackay Committee. She has extensive experience in the METS sector, having been a past winner of Operator of the Year in the Queensland Women in Mining Awards.



**Cr Belinda Hassan**

Phone: 0412 421 451

Email: [cr.belinda.hassan@mackay.qld.gov.au](mailto:cr.belinda.hassan@mackay.qld.gov.au)

This is Cr Belinda Hassan's first term on local government. She is a fifth-generation Mackay region local with a proven passion for supporting the community through both her professional work and volunteer efforts. The former manager of Mackay Funerals and Sarina Funerals is also committed to several community organisations, including Samaritan House Women's Domestic Violence Shelter, Zonta Club of Mackay, the Domestic Violence Resource Service/Mackay Women's Centre. She is also a member and past-President of the Sarina Lions Club, past-President of the Rotary Club of Mackay Sunrise, and previous volunteer member of Cancer Council Queensland, Mackay Region Suicide Prevention Network and Road Accident Action Group (RAAG). A top priority for Cr Hassan is for all residents to have access to activities and events that promote healthy and active lifestyles including sporting, recreational and outdoor activities. Since joining council, she's been appointed to the Sport and

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Recreation Advisory Committee and the Sports Expo and Sign-on Day working group.



**Cr Alison Jones**

Phone: 0407 690 248

Email: [cr.alison.jones@mackay.qld.gov.au](mailto:cr.alison.jones@mackay.qld.gov.au)

This is Cr Alison Jones' third term on council, with her first local government experience dating back 16 years. She served as a councillor on the then Mackay City Council in 2004-2008 prior to amalgamation with Sarina and Mirani councils. She was also councillor on Mackay Regional Council for the 2012-2016 term before being elected again in 2020. Cr Jones has lived in Mackay for 40 years and has had a diverse career, including as a licensed excavator, forklift operator, stevedore and meat work supervisor and registered trainer. She has driven trucks at the mines and managed a drug and alcohol testing company. Since 2016, she had spent time working in the NDIS sector advocating for people with disabilities. Her more than 20 years of volunteer experience includes work with the Red Cross, Mackay Drop-In Centre, Mackay Training and Employment and the Health Rural Communities Program. Cr Jones is a member of council's Community Grants Advisory Committee, the Local Buying Foundation, the Sports Expo and Sign-on Day working group and the Sustainability and Environment Advisory Committee.



**Cr Fran Mann**

Phone: 0418 819 680

Email: [cr.fran.mann@mackay.qld.gov.au](mailto:cr.fran.mann@mackay.qld.gov.au)

Cr Fran Mann, a second-term councillor, has a passion for the region's heritage and history. She is chair of the Character and Heritage Advisory Committee, as well as a council representative on the Combined Museums Committee. Cr Mann is also once again a key representative on the Regional Arts Development Fund Advisory Committee this term and a member of the Sarina Field of Dreams Advisory Committee. Cr Mann has a strong understanding of council operations as she worked in the finance program for more than nine years prior to being elected as a councillor in 2016. She is also a board member of the Mackay Housing Company, Pioneer Landcare Group and Sister Cities Mackay. As a long-term resident, Cr Mann attended primary and secondary schools in the Pioneer Valley and is a passionate advocate for all parts of our region. Prior to joining council as an employee, she had experience in a diverse range of industries and held roles in retail and real estate. She actively participates with many groups, including Zonta International and Friends of Morag McNichol Reserve.



### **Cr Russell Seymour**

Phone: 0418 776 942

Email: [cr.russell.seymour@mackay.qld.gov.au](mailto:cr.russell.seymour@mackay.qld.gov.au)

Cr Russell Seymour, a builder by trade, is serving his first term on Mackay Regional Council. Born and raised in the Pioneer Valley, he's operated his building business in the region for more than 30 years. He decided he wanted a break from the building industry to focus on giving back to the community. Cr Seymour entered council to be a voice of the people, especially rural communities, and has pledged to be a "plain speaker". He's keen to promote the region's tourism industry, advocate for our local building industry, improve our roads and revitalise the Mackay City Centre. Cr Seymour is a member of council's Community Grants Committee and the Sports Expo and Sign-on Day working group. He's also a council representative on the Roads Accident Action Group (RAAG). A director of Wests Leagues Club for the past 18 years, he was involved in the recent rebuild of the new bowls green at that Walkerston club. He believes this is an example of the types of council and community partnership projects that can make huge differences throughout our region.



### **Cr Pauline Townsend**

Phone: 0438 503 873

Email: [cr.pauline.townsend@mackay.qld.gov.au](mailto:cr.pauline.townsend@mackay.qld.gov.au)

Cr Pauline Townsend, who is serving her first term on council, has strong connections with the business community. Much of her early career was in recruitment for the long-term unemployed. With additional experience in administration, sales and business development roles, including working with the Chamber of Commerce and Industry Queensland, she started her own small business consulting firm eight years ago. She's also well-known through her volunteer and fundraising efforts, including her involvement in not-for-profit groups like Make-A-Wish Foundation, Rotary and the Engedi Inc Disability Accommodation Services and Nude Lunch committees. She loves that Mackay employed Australia's first ovarian cancer care nurse, made possible thanks to community support and the fundraising efforts of the Nude Lunch. Born and raised in Mackay, Cr Townsend has a passion for the region and its people. She is a council representative on the Visual Arts Advisory Committee, the Community Grants Advisory Committee and the Mayor's DV Taskforce.

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# Important contacts

## Mackay Regional Council

For all customer enquiries please contact us on 1300 MACKAY (622 529)

Or visit our website at [www.mackay.qld.gov.au](http://www.mackay.qld.gov.au)

Or visit us in person at one of our administration sites  
Monday - Friday from 8:30am-4:30pm:

- > Mackay – 73 Gordon Street
- > Sarina – 65 Broad Street
- > Mirani – 20 Victoria Street



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# Aboriginal Services

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## Aboriginal Support Services & Counselling

### Community Housing

35 Central Street, SARINA QLD 4737

E enquiry@mudth-niyleta.com

W qaihc.com.au

P (07) 4956 2509

Mudth-Niyleta long term community housing is targeted to providing long term secure and affordable housing to the Aboriginal and Torres Strait Island people, along with being available to other Sarina community members who experience difficulty in obtaining suitable housing on the private market.

### No interest loans provider

35 Central Street, SARINA QLD 4737

E enquiry@mudth-niyleta.com

W qaihc.com.au

P (07) 4956 2509

Mudth-Niyleta is now a registered No Interest Loans provider for low income earners living in the Sarina Community. For more information please feel free to book in an appointment with Haley, Uniting Care's visiting Financial Wellbeing Councillor, who is at our office on Mondays between 1pm to 4pm.

## Aboriginal Health Services

### Child and Maternal Health

31 Victoria Street, MACKAY QLD 4740

W atsichsmackay.org

P (07) 4957 9400

Our dedicated Child and Maternal Health Team aims to improve outcomes for mums and babies by providing support, before, during and after pregnancy. They also support children from new-borns to 14 years of age with a diverse range of services.

### Chronic Disease

31 Victoria Street, MACKAY QLD 4740

W atsichsmackay.org

P (07) 4957 9400

Our Chronic Disease unit brings in a wide range of specialists to help Aboriginal and Torres Strait Islander people prevent or treat chronic diseases. As the ATSI community has such high rates of chronic diseases it's important that they are given support and education.

### General Practitioner/GP

31 Victoria Street, MACKAY QLD 4740

W atsichsmackay.org

P (07) 4957 9400

ATSICHS Mackay Ltd provides management, coordination, health services throughout the Mackay and surrounding areas. We work and provide support to Aboriginal and Torres Strait Islander clients, their families and carers throughout their healthcare journey including liaising with clinical staff to ensure culturally appropriate communication and services are provided.

### Integrated Team Care

31 Victoria Street, MACKAY QLD 4740

W atsichsmackay.org

P (07) 4957 9400

The Integrated Team Care Program was established to improve chronic conditions outcomes for Aboriginal and/or Torres Strait Islander people by improving access to primary health care, including cultural appropriate mainstream services, and by providing care coordination and access to brokerage funds (Supplementary Services) for eligible clients.

### Outreach

31 Victoria Street, MACKAY QLD 4740

W atsichsmackay.org

P (07) 4957 9400

We know that for some of our older clients, or clients with complicated medical needs, it can be hard to keep track of appointments and medications. It can also be difficult to get to and from each appointment. Our Outreach team are compassionate and understanding to these problems and provide a wide range of support to ensure patients are on top of their health needs.

### Child and Maternal Health

Shop 21, 54 Downie Avenue, BUCASIA  
QLD 4750

**W** [atsichsmackay.org](https://atsichsmackay.org)

**P** (07) 4957 9479

Our dedicated Child and Maternal Health Team aims to improve outcomes for mums and babies by providing support, before, during and after pregnancy. They also support children from newborns to 14 years of age with a diverse range of services.

### **Chronic Disease**

Shop 21, 54 Downie Avenue, BUCASIA  
QLD 4750

**W** [atsichsmackay.org](https://atsichsmackay.org)

**P** (07) 4957 9479

Our Chronic Disease unit brings in a wide range of specialists to help Aboriginal and Torres Strait islander people prevent or treat chronic diseases. As the ATSI community has such high rates of chronic diseases it's important that they are given support and education.

### **General Practitioner (GP)**

Shop 21, 54 Downie Avenue, BUCASIA  
QLD 4750

**W** [atsichsmackay.org](https://atsichsmackay.org)

**P** (07) 4957 9479

Bucasia Clinic provides management, coordination, health services throughout the Mackay and surrounding areas. We work and provide support to Aboriginal and Torres Strait Islander clients, their families and carers throughout their healthcare journey including liaising with clinical staff to ensure culturally appropriate communication and services are provided.

### **Outreach**

Shop 21, 54 Downie Avenue, BUCASIA  
QLD 4750

**W** [atsichsmackay.org](https://atsichsmackay.org)

**P** (07) 4957 9479

We know that for some of our older clients, or clients with complicated medical needs, it can be hard to keep track of appointments and medications. It can also be difficult to get to and from each appointment. Our Outreach team are compassionate and understanding to these problems and provide a wide range of support to ensure patients are on top of their health needs.

### **Deadly Choices**

10 Carlyle Street, MACKAY QLD 4740

**E** [sewbu@atsichs.org.au](mailto:sewbu@atsichs.org.au)

**W** [atsichsmackay.org](https://atsichsmackay.org)

**P** (07) 4957 9437

Deadly Choices education programs are health education and capacity development programs aimed at supporting students to be positive role models and mentors for their peer groups, family, and community by leading a healthy lifestyle.

### **Social, emotional wellbeing unit (SEWBU)**

10 Carlyle Street, MACKAY QLD 4740

**E** [sewbu@atsichs.org.au](mailto:sewbu@atsichs.org.au)

**W** [atsichsmackay.org](https://atsichsmackay.org)

**P** (07) 4957 9437

The Social, emotional wellbeing unit (SEWBU) is a government funded program to help provide social and emotional help to Indigenous communities. Our compassionate SEWBU team are committed to providing culturally appropriate and confidential support to our community, ranging from social help to mental health support.

### **YuwiYumba Cultural Hub**

9 River Street, MACKAY QLD 4740

**W** [atsichsmackay.org](https://atsichsmackay.org)

**P** (07) 4957 9425

The YuwiYumba cultural hub is a community space for indigenous services to come together to provide culturally appropriate services.

### **Community Generalist Health Service**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](https://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Community Generalist Health Service Our Community Generalist Health Team consists of a male and female health worker that are able to provide assistance.

### **Family Health**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](https://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Mackay Community Health We have Indigenous Health workers across various areas of Mackay Community Health: including Home and Community Health, Mental Health Services, Sexual Health Services and Child, Youth and Family Health Services.

### **Hospital transport service**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Our hospital transport service We offer limited transports to and from the Mackay Base Hospital to your home. We have a duty of care and are unable to transport patients that discharge against medical advice or fail to attend their hospital appointment. Transport hours are Monday to Friday 8.00am to 4.00pm

### **Indigenous Family Wellbeing**

35 Central Street, SARINA QLD 4737

**E** [enquiry@mudth-niyleta.com](mailto:enquiry@mudth-niyleta.com)

**W** [qaihc.com.au](http://qaihc.com.au)

**P** (07) 4956 2509

Mudth-Niyleta has an Indigenous Family wellbeing service for vulnerable Aboriginal and Torres Strait Islander children and young people (unborn to 18 years) at risk of entry or re-entry into statutory child protection system and their families. We are funded by the Department of Communities, Child Safety and Disability Services.

### **Mudth-Niyleta Aboriginal And Torres Strait Islanders Corporation**

35 Central Street, SARINA QLD 4737

**E** [enquiry@mudth-niyleta.com](mailto:enquiry@mudth-niyleta.com)

**W** [qaihc.com.au](http://qaihc.com.au)

**P** (07) 4956 2509

Mudth-Niyleta was opened back in 1988 with the aim of improving access to essential services for the Sarina's Indigenous community. We are a non-government organisation run by indigenous locals with the aim to achieve a comparable standard of living for Aboriginal and Torres Strait Islanders equivalent to that of mainstream Australia.

### **ATSICHS - Mackay**

Suite 2 (Ground Floor), 45 Victoria Street,  
MACKAY QLD 4740

**E** [support@nqphn.com.au](mailto:support@nqphn.com.au)

**W** [nqphn.com.au](http://nqphn.com.au)

**P** (07) 4963 4400

The Aboriginal & Torres Strait Islander Community Health Service (Mackay) Ltd was established in 1978 by the Mackay & District Aboriginal & Torres Strait Islander community.

## **General Aboriginal Services**

### **Aboriginal and Torres Strait Islander Hostel**

49 – 53 Boddington Street, MACKAY QLD 4740

**E** [mackay@ahl.gov.au](mailto:mackay@ahl.gov.au)

**P** (07) 3151 8710

Aboriginal Services - General Aboriginal Services - General Aboriginal Services. Short Stay

### **Family And Childrens Emerging Support Services Aboriginal And Torres Strait Islander Corporation**

**E** [Manager@facess.org.au](mailto:Manager@facess.org.au)

**W** [facess.org.au](http://facess.org.au)

**P** 0477 719 288

Providing holistic supports and advocacy to First Nations families, children, and young people involved with child protection and youth justice.

### **Give Uni a Try - Mature age program for Aboriginal and Torres Strait Islanders**

Mackay Mater Hospital, 76 Willetts Road,  
MOUNT PLEASANT QLD 4740

**E** [ierc.programs@jcu.edu.au](mailto:ierc.programs@jcu.edu.au)

**W** [jcu.edu.au](http://jcu.edu.au)

**P** (07) 4965 5771

The Indigenous Centre has a University-wide remit to deliver key elements of the University's strategic objectives to embrace diversity and bring about enduring benefits for Aboriginal and Torres Strait Islander peoples.

### **Aboriginal and Torres Strait Islander family history**

Verde Central - Ground Level, 44 Nelson Street, MACKAY QLD 4740

**E** [businessMKY@dstdsatsip.qld.gov.au](mailto:businessMKY@dstdsatsip.qld.gov.au)

**W** [dstdsatsip.qld.gov.au](http://dstdsatsip.qld.gov.au)

**P** (07) 4862 7001

The Queensland Government is one of the custodians of historical information about Aboriginal and Torres Strait Islander peoples.

### **Aboriginal and Torres Strait Islander Partnerships**

Verde Central - Ground Level, 44 Nelson Street, MACKAY QLD 4740

**E** [businessMKY@dldsatsip.qld.gov.au](mailto:businessMKY@dldsatsip.qld.gov.au)

**W** [dldsatsip.qld.gov.au](http://dldsatsip.qld.gov.au)

**P** (07) 4862 7001

Aboriginal and Torres Strait Islander Partnerships provide whole-of-government strategies to improve business and economic participation outcomes for Aboriginal and Torres Strait Islander Queenslanders.

### **North Queensland Region Centre - Mackay**

Verde Central - Ground Level, 44 Nelson Street, MACKAY QLD 4740

**E** [businessMKY@dldsatsip.qld.gov.au](mailto:businessMKY@dldsatsip.qld.gov.au)

**W** [dldsatsip.qld.gov.au](http://dldsatsip.qld.gov.au)

**P** (07) 4862 7001

The Department of Aboriginal and Torres Strait Islander Services has regional offices across Queensland with service centres located in many major regional centres.

### **ATSICHS - Bucasia Clinic**

Suite 2 (Ground Floor), 45 Victoria Street, MACKAY QLD 4740

**E** [support@nqphn.com.au](mailto:support@nqphn.com.au)

**W** [atsichsmackay.org](http://atsichsmackay.org)

**P** (07) 4957 9479

ATSICHS Mackay Ltd is committed to providing holistic health care to raise the health and wellbeing of Aboriginal and Torres Strait Islander people in the ATSICHS Mackay Ltd Service Area. To work in partnership with regional community and other health service providers to ensure services are appropriate and accessible for our peoples

## **A c c o m m o d a t i o n S e r v i c e s**

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### **Aged Care Accommodation Services**

#### **Glenella Care**

35 Davey Street, GLENELLA QLD 4740

**E** [reception@glenellacare.com.au](mailto:reception@glenellacare.com.au)

**P** (07) 4968 0800

Northview Aged Care has a commitment to provide high levels of care. Our mission is to enhance the quality of life of all our ageing Residents, within a secure, tranquil environment.

#### **Homefield Aged Care Facility**

97 George Street, WEST MACKAY QLD 4740

**E** [homefield@bluecare.org.au](mailto:homefield@bluecare.org.au)

**W** [bluecare.org.au](http://bluecare.org.au)

**P** (07) 4951 4966

For over 60 years Blue Care has built a reputation as the leading provider of residential aged care.

#### **Mackay Regional Council - Mackay**

73 Gordon Street, MACKAY QLD 4740

**E** [council@mackay.qld.gov.au](mailto:council@mackay.qld.gov.au)

**W** [mackay.qld.gov.au](http://mackay.qld.gov.au)

**P** 1300 622 529

Testing Testing testing testing

#### **Nanyima Aged Care Inc.**

61 Alexandra Street, MIRANI QLD 4754

**E** [admin@nanyimacare.com.au](mailto:admin@nanyimacare.com.au)

**W** [nanyimacare.com.au](http://nanyimacare.com.au)

**P** (07) 4959 1575

Nanyima Aged Care Inc. is an aged care community that cares for those that are at the stage of their lives where they require expert help and care.

#### **Ozcare Sarina**

18-32 Hoey Street, SARINA QLD 4737

**E** [carefacility.sarina@ozcare.org.au](mailto:carefacility.sarina@ozcare.org.au)

**W** [ozcare.org.au](http://ozcare.org.au)

**P** 1800 692 273

Sarina Aged Residential Home is an aged care community that cares for those that are at the stage of their lives where they require expert help and care.

### **Crisis & Emergency Accommodation**

#### **CASA**

Cnr Gregory & Alfred Streets, 54 Gregory Street, MACKAY QLD 4740

**E** [admin@casamackay.org.au](mailto:admin@casamackay.org.au)

**W** [casamackay.org.au](http://casamackay.org.au)

**P** (07) 4951 4299

Short term supported accommodation for families with dependent children in their care

### **Childhood Cancer Support Inc - Mackay**

**E** bert@ccs.org.au

**W** ccs.org.au

**P** 0428 540 843

Our mission: To provide stability to the lives of kids with cancer and their families through the provision of specialised accommodation, emotional and financial support, transportation and recreational therapies. Our vision: That all regional families have equal access to accommodation and tailored family support services to help them cope when their child is diagnosed with cancer.

### **RentConnect**

162 Victoria Street, MACKAY QLD 4740

**E** mackayhsc@hpw.qld.gov.au

**W** qld.gov.au

**P** (07) 4862 9500

The RentConnect service helps Queenslanders to find and apply for a place to rent

## **Disability Accommodation Services**

### **Endeavour Foundation - Mackay Accommodation Services**

**E** hello@endeavour.com.au

**W** endeavour.com.au

**P** 1800 112 112

Endeavour Foundation supports people with intellectual disability to live, learn, work and flourish according to their own interests and priorities.

### **Engedi**

23 Holmes Drive, BEACONSFIELD QLD 4740

**E** manager@engedi.org.au

**W** engedi.org.au

**P** (07) 4942 5495

24/7 Respite in a home like environment Supported Independent Living

### **MADEC Ltd**

3, 17 MacAlister Street, MACKAY QLD 4740

**E** madec@madec.org.au

**W** madec.org.au

**P** (07) 4951 1233

DCMW - Disability Care Mackay Whitsunday (MADEC Ltd)

### **Myrtle's Place**

391 Bridge Road, WEST MACKAY QLD 4740

**E** contact@onelifenq.org.au

**P** (07) 4957 2180

Myrtle's Place is a house for transitional, respite and temporary accommodation. It accommodates up to five people while they increase their skills and confidence and organise permanent accommodation for themselves.

## **General Accommodation Services**

### **Commonwealth Respite and Carelink Centre**

George Street, MACKAY QLD 4740

**P** 1800 052 222

Commonwealth Respite and Carelink Centre provide carers with a link to carer support services in their local area and assist carers with options to take a break from their caring role.

### **Community Housing and Info Centre Inc**

Cnr River & Tennyson Sts, MACKAY QLD 4740

**E** admin@communityrentmky.com.au

**P** (07) 4957 6292

Accommodation Services - General  
Accommodation Services - General  
Accommodation Services.

### **Community Housing provider**

34 Sydney Street, MACKAY QLD 4740

**E** admin@communityrentmky.com.au

**P** (07) 4957 6292

Low cost, unsupported, transitional Community housing for applicants eligible, approved and referred by local Dept of Housing & Public Works

### **Connect Housing Group**

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Shop 13, The Dome, 134 Victoria Street,  
MACKAY QLD 4740

**E** [admin@connecthousing.com.au](mailto:admin@connecthousing.com.au)

**W** [connecthousing.com.au](http://connecthousing.com.au)

**P** (07) 4953 4952

Connect Housing Group offers Social & Affordable Housing to people who are eligible.

### **Mackay Housing Service Centre**

162 Victoria Street, MACKAY QLD 4740

**E** [mackayhsc@hpw.qld.gov.au](mailto:mackayhsc@hpw.qld.gov.au)

**W** [chde.qld.gov.au](http://chde.qld.gov.au)

**P** (07) 4862 9500

Housing Services (part of the Queensland Department of Housing and Public Works) plays an important role in providing housing assistance to people who need it most. The department supports a social housing system that provides safe, secure, affordable and appropriate housing options which improves the lives of Queenslanders.

### **Next Step After Care**

34 East Gordon Street, MACKAY QLD 4740

**E** [info@lwb.org.au](mailto:info@lwb.org.au)

**P** (07) 4965 4800

Next Step After Care Accommodation Services - General Accommodation Services

### **The Seabreeze Hotel - Slade Point**

72 Pacific Esplanade, SLADE POINT QLD 4740

**W** [seabreezehotelmackay.com.au](http://seabreezehotelmackay.com.au)

**P** (07) 4955 1644

The Seabreeze Hotel is a destination for locals and travellers alike, providing a relaxed and casual environment overlooking Lamberts Beach. Set in a quiet, family, residential area across from the beach, an environmental reserve and a 5-minute walk to the whale-watching lookout. This great venue is only a 10min drive to the city heart, Bluewater Lagoon and major shopping centre complex.

### **Wongabeena Aged Housing Sarina Inc**

4 Hoey Street Sarina, 4 Hoey Street,  
SARINA QLD 4737

**E** [ssolli@bigpond.com](mailto:ssolli@bigpond.com)

**P** (07) 4956 1343

Providing low cost housing for aged pensioners  
Main activities relate to Housing activities. Run by a committee of local volunteers holding regular monthly meetings. We are building 8 new units and would welcome any volunteers.

## **Specialist Homelessness Services**

### **CASA**

Cnr Gregory & Alfred Streets, 54 Gregory Street, MACKAY QLD 4740

**E** [admin@casamackay.org.au](mailto:admin@casamackay.org.au)

**W** [casamackay.org.au](http://casamackay.org.au)

**P** (07) 4951 4299

CASA has a dedicated outreach worker to provide support to individuals and couples sleeping rough.

## **Youth Accommodation Services**

### **Kalyan Youth Service - Mackay**

Kalyan Youth Service, 4 Goldsmith Street, MACKAY QLD 4740

**E** [Louise@kalyanyouthservice.com.au](mailto:Louise@kalyanyouthservice.com.au)

**W** [kalyan.org.au](http://kalyan.org.au)

**P** (07) 4951 4352

Kalyan Youth Services Inc. provides crisis accommodation to young people aged 16 to 25 who are homeless, or at risk of homelessness.

### **Salvation Army - Mackay**

48 Gregory Street, MACKAY QLD 4740

**W** [salvationarmy.org.au](http://salvationarmy.org.au)

**P** (07) 4957 8237

YOS offers six one bedroom transitional housing units to youth aged 16 to 20 yo. YOS also supports young men aged 18 to 25 yo in the Pindari complex.

## **A d v o c a c y S e r v i c e s**

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### **General Advocacy Services**

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### **Australian Pensioners' and Superannuants' League**

**P (07) 4956 2323**

Australian Pensioners and Superannuants League (APSL) serves as a voice at state and local levels for all people who depend for their living on a pension or a superannuation payment. The APSL speaks on all issues of importance to the security, wellbeing and dignity of such individuals. This is an advocacy, referral and information service and an organisation that also acts as a lobby group.

### **Cast The Net QLD**

55 Black Street, SOUTH MACKAY QLD 4740

**E** [ctnmackay1863@gmail.com](mailto:ctnmackay1863@gmail.com)

**P** 0417 225 522

Support, advocacy and a point of contact for Mackay Australian South Sea Islander's (ASSI) and those wishing to contact our Mackay ASSI community. Support, advocacy and a point of contact for Mackay Aboriginal and Torres Strait Islanders (A/TSI) and those wishing to contact our Mackay A/TSI community.

### **Greater Whitsunday Communities - Mackay**

Old Town Hall, 63 Sydney Street, MACKAY QLD 4740

**E** [admin@gwcommunities.org.au](mailto:admin@gwcommunities.org.au)

**W** [greaterwhitsundaycommunities.org.au](http://greaterwhitsundaycommunities.org.au)

**P** 0457 405 344

Strengthening Community in Mackay, Isaac and Whitsunday Region. We know that when people feel connected, safe and supported – our communities thrive. Collaborative Partnerships Regional Social-Economic Practice Community Leadership Skills Regional Voice and Connectedness Community Governance & Management Capacity Peak Body Representation

### **Kickass Women**

9 Dutton Street, WALKERSTON QLD 4751

**E** [sophie@redhotblue.com.au](mailto:sophie@redhotblue.com.au)

**P** (07) 4953 2833

The Kickass Women's core purpose is to support the career success of women of all ages in Non-Traditional Roles within the Rail, Mining, Resources, STEM and Construction Industries and everything we do reflects that intent.

### **Mackay Advocacy**

22 Nelson Street, MACKAY QLD 4740

**E** [admin@mackayadvocacy.com.au](mailto:admin@mackayadvocacy.com.au)

**W** [mackayadvocacy.com.au](http://mackayadvocacy.com.au)

**P** (07) 4957 8710

Mackay Advocacy Inc is a free and confidential service funded by Department of Communities, Disability Services however we are a stand-alone service and act on behalf of the person with disability only.

## **Local Advocacy Services**

### **Commonwealth Respite and Carelink Centre - Northern**

25 Wellington St, MACKAY QLD 4740

**W** [carergateway.gov.au](http://carergateway.gov.au)

**P** 1800 059 059

Commonwealth Respite and Carelink provide contacts for all advocacy services in our area.

### **Mackay AHRI Network**

**E** [Roxanne.Birse@dbct.com.au](mailto:Roxanne.Birse@dbct.com.au)

**W** [ahri.com.au](http://ahri.com.au)

**P** 1300 811 880

The AHRI Mackay network's purpose is to provide relevant free professional development for members of the Australian Human Resources Institute and business leaders in the Mackay region.

## **Ageing Services**

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### **Ageing Accommodation**

#### **Eureka Cascade Gardens - Andergrove**

15-21 Oak St, ANDERGROVE QLD 4740

**E** [mackay@eurekavillages.com.au](mailto:mackay@eurekavillages.com.au)

**W** [eurekavillages.com.au](http://eurekavillages.com.au)

**P** 1800 356 818

AFFORDABLE ASSISTED RENTAL LIVING FOR SENIORS

### **Ageing Information & Counselling**

#### **Commonwealth Respite and Carelink Centre - Northern**

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25 Wellington St, MACKAY QLD 4740

**W** [carergateway.gov.au](http://carergateway.gov.au)

**P** 1800 059 059

Commonwealth Respite and Carelink Centre: provide information and advice about respite care and other support services to the broader community including service providers.

### **Mackay Community Visitors Association**

1 Marryatt Street, MACKAY QLD 4740

**E** [mkyvisitors@bigpond.com](mailto:mkyvisitors@bigpond.com)

**W** [communityvisitorsmackay.org.au](http://communityvisitorsmackay.org.au)

**P** (07) 4953 4878

Provide social support and information to aged clients

## **Ageing Respite & Activity Centres**

### **Resthaven on Quarry**

10 Sands Terrace, NORTH MACKAY QLD 4740

**E** [maryanne@roq.com.au](mailto:maryanne@roq.com.au)

**P** (07) 4942 4800

63 Place Residential Age Care Facility Providing Permanent and Respite Care ,services and accommodation to community members who have a current ACAT approval for either high or low care needs.

## **General Ageing Services**

### **Blue River Family Day Care**

256 Bedford Road, MACKAY QLD 4740

**E** [blueriver@fdcaq.com.au](mailto:blueriver@fdcaq.com.au)

**P** (07) 4955 2792

Ageing Services - General Ageing Services - General Ageing Services.

### **Bolton Clarke - Mackay**

56 Gordon Street, MACKAY QLD 4740

**W** [boltonclarke.com.au](http://boltonclarke.com.au)

**P** 1300 221 122

Bolton Clarke is a forward-thinking social enterprise, enabling people to live a life of fulfilment with tailored, integrated quality of life solutions. We can provide you with reliable, trustworthy, quality care and support and living options across retirement living and residential care.

### **Commonwealth Respite and Carelink Centre - Northern**

25 Wellington St, MACKAY QLD 4740

**W** [carergateway.gov.au](http://carergateway.gov.au)

**P** 1800 059 059

The Commonwealth Carer Respite Centre is carer focused and provides carers with: \* Information, referral to services and respite; \* Respite booking services; \* Creative and flexible respite options; \* One off, short term or emergency respite (not ongoing); \* Emotional support; and \* Financial assistance with respite costs where applicable. A carer is a family member or friend providing home

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### **Francis of Assisi Home**

2 Dupuy Street, MACKAY QLD 4740

**E** [adon@foah.org.au](mailto:adon@foah.org.au)

**P** (07) 4952 2028

Large home (140 beds) Considers partners without an ACAT assessment Cultural environment: Maltese 24/7 registered nurse Couples accommodation Pets on premises Secure garden Chapel / church Facility transport Hairdressing salon

### **Good Shepherd Lodge**

15 McIntyre Street, MACKAY QLD 4740

**E** [clinicalm@gslmky.org.au](mailto:clinicalm@gslmky.org.au)

**W** [gsl.care](http://gsl.care)

**P** (07) 4963 2999

Good Shepherd Lodge and Kerrisdale Gardens are situated in Mackay at 2 convenient locations on the south and north side of the Pioneer river. With an established, excellent reputation operating Good Shepherd Lodge Ltd. since 1974, Kerrisdale Gardens was opened in 2015.

### **Homefield Aged Care Facility**

87-95 George Street, MACKAY QLD 4740

**E** [homefield@bluecare.org.au](mailto:homefield@bluecare.org.au)

**W** [bluecare.org.au](http://bluecare.org.au)

**P** (07) 4951 4966

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Medium home (74 beds) Cultural environment:  
CALD 24/7 registered nurse Pets on premises  
Secure garden Chapel / church Hairdressing salon  
Types of care Residential aged care Non-dedicated  
respite care Palliative care Secure dementia care

### **Respite Care**

34A East Gordon Street, MACKAY QLD  
4740

**E** [info@lwb.org.au](mailto:info@lwb.org.au)

**W** [lwb.org.au](http://lwb.org.au)

**P** (07) 4965 4800

Respite can give carers a break to do everyday activities and attend appointments, with peace of mind that their loved one is being cared for.

### **Ozcare - Mackay**

**E** [info@ozcare.org.au](mailto:info@ozcare.org.au)

**W** [ozcare.org.au](http://ozcare.org.au)

**P** 1800 692 273

Services include in-home care, respite care, allied and mental health programs, nursing, dementia advisory and support services

### **Saint Vincent Care Douglas Mackay**

352 Bridge Road, WEST MACKAY QLD  
4740

**W** [svcs.org.au](http://svcs.org.au)

**P** (07) 4963 0922

Our programs are designed to assist older people to maintain independence while remaining at home for as long as possible.

## **Home Care & Safety Services**

### **Blue Care Mackay - Homecare Dementia Service Community Centre**

1 Casey Avenue, MACKAY QLD 4740

**E** [s.notaras@bluecare.org.au](mailto:s.notaras@bluecare.org.au)

**W** [bluecare.org.au](http://bluecare.org.au)

**P** 1300 258 322

Our experienced team will work with you, your family or carer to develop a personalised care plan that is suited to your exact needs and your lifestyle goals; whether it be long term care or just until you're back on your feet again.

### **Choice Lifts Pty Ltd**

**E** [sales@choicelifts.com.au](mailto:sales@choicelifts.com.au)

**W** [choicelifts.com.au](http://choicelifts.com.au)

**P** 1800 975 438

With more than 20 years experience in electrical engineering and lift industry, we pride ourselves on our ability to provide high quality and efficient outcomes for any project.

### **Comlink Australia - Fitzroy (Gladstone and Rockhampton)**

10/70 Connors Road, PAGET QLD 4740

**E** [marketing@comlinkaustralia.com.au](mailto:marketing@comlinkaustralia.com.au)

**W** [comlinkaustralia.com.au](http://comlinkaustralia.com.au)

**P** 1300 785 054

Comlink Australia Domestic Assistance Services. At Comlink Australia, we pride ourselves on helping you maintain a clean, safe and comfortable home for your own peace of mind and well-being. Whether it's help washing dishes or mopping the floor, getting a little help can sometimes make the difference.

### **Home Care Packages**

10/70 Connors Road, PAGET QLD 4740

**E** [marketing@comlinkaustralia.com.au](mailto:marketing@comlinkaustralia.com.au)

**W** [comlinkaustralia.com.au](http://comlinkaustralia.com.au)

**P** 1300 785 054

Comlink Australia Home Care Packages.

### **Other Food Services**

10/70 Connors Road, PAGET QLD 4740

**E** [marketing@comlinkaustralia.com.au](mailto:marketing@comlinkaustralia.com.au)

**W** [comlinkaustralia.com.au](http://comlinkaustralia.com.au)

**P** 1300 785 054

Comlink Australia Other Food Services.

### **Home Assist Secure**

Cnr River & Tennyson Street, MACKAY  
QLD 4740

**E** [home.assist@skillstm.com.au](mailto:home.assist@skillstm.com.au)

**W** [askned.com.au](http://askned.com.au)

**P** (07) 4963 2740

Ageing Services - Home Care & Safety Services -  
Home Care & Safety Services.

### **Integratedliving Australia Pty Ltd**

13 Matthey Court, WALKERSTON QLD 4751

**E** [marketing@integratedliving.org.au](mailto:marketing@integratedliving.org.au)

**W** [integratedliving.org.au](http://integratedliving.org.au)

**P** 0488 904 949

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integratedliving Australia provide various customised home care, community based care and health services across rural, regional and remote areas of Australia. We support older people and those who are living with a disability to remain in their homes and enjoy full and independent lives.

### **Karissa Ruddick Speech Pathology**

65 Windsor Drive, HAY POINT QLD 4740

E karissaruddick@gmail.com

P 0412 672 678

Provides the following services: Assistive Equip-Recreation, Assist Access/Maintain Employ, Assist-Travel/Transport, Ex Phys Pers Training, Personal Mobility Equipment, Accommodation/Tenancy

### **Mackay Regional Council - Mackay**

73 Gordon Street, MACKAY QLD 4740

E council@mackay.qld.gov.au

W mackay.qld.gov.au

P 1300 622 529

This is an example of how to create a service/ listing on Mackay Community Directory

### **Mackay Yamadi Lera Yumi Meta Association**

46 Macalister St, MACKAY QLD 4740

E coordinator@yamadi.org.au

P (07) 4957 8121

Provide high quality services to eligible frail aged people and People with a Disability in the Mackay District.

### **Modure Modifications**

77 Penn Street, SOUTH MACKAY QLD 4740

E admin@moduremods.com.au

W modure.com.au

P (07) 4951 4446

Provides the following services: Home Modification

## **Seniors Clubs & Social Groups**

### **Circle of Song - Marian**

Marian Parish Hall, 283 Anzac Avenue, MARIAN QLD 4753

P 0404 163 097

Circle of Song is a choir aimed at all members of the community, regardless of age and ability. We sing for health, fun and community!

### **Older Women's Network - Mackay**

PCYC, Scriha Street, NORTH MACKAY QLD 4740

E helenlstanton@bigpond.com

W ownqld.org.au

P 0400 424 649

Community Clubs & Interest Groups - General Community Clubs - General Community Clubs.

## **Animal Services**

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### **Animal Clubs & Hobbies**

#### **Mackay Kennel Club**

Muller Park, 88 Boundary Road, OORALEA QLD 4740

E kristin.volker@gmail.com

P 0428 592 784

Animal Services - Animal Clubs & Hobbies - Animal Clubs & Hobbies.

#### **Mackay Turf Club**

Peak Downs Highway, OORALEA QLD 4740

E events@mackayturfclub.com.au

W mackayturfclub.com.au

P (07) 4952 1155

Animal Services - Animal Clubs & Hobbies - Animal Clubs & Hobbies.

#### **Mackay Zone 10 Pony Club Inc.**

E zone10@zone10ponyclub.com.au

P 0427 572 563

Animal Services - Animal Clubs & Hobbies - Animal Clubs & Hobbies.

#### **Pioneer River Valley Hack and Pony Club Inc.**

E prvponyclub@hotmail.com

P (07) 4969 5882

Animal Services - Animal Clubs & Hobbies - Animal Clubs & Hobbies.

#### **Proserpine Rodeo Association**

1445 Midge Point Road, MIDGE POINT QLD 4799

E ireneferraris50@hotmail.com

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**P 0488 061 879**

Proserpine Rodeo Association is a non for profit committee hosting bullaramas and rodeos to raise funds for charities.

### **Valley Riders and Endurance Inc.**

**E** valleyriders.endurance@gmail.com

**P 0427 543 509**

Animal Services - Animal Clubs & Hobbies - Animal Clubs & Hobbies.

### **Valley Riders and Endurance Inc.**

**E** alwatt4@bigpond.com

**P (07) 4954 1682**

Animal Services - Animal Clubs & Hobbies - Animal Clubs & Hobbies.

## **Animal Shelters**

### **HAPPY PAWS HAPPY HEARTS LTD -**

#### **Mackay Harbour**

RSPCA Animal Care Centre , Corner of Mount Bassett Cemetery Road & Strickland Road, MACKAY HARBOUR QLD 4740

**E** hello@hphhfoundation.org

**W** hphhfoundation.org

**P 1300 077 984**

Happy Paws Happy Hearts (HPPH) is a unique community promoting inclusion and happiness. It is a place where people and animals come together to break down personal barriers and create space for change through fun, curated programs.

## **General Animal Services**

### **Australian Wildlife Rescue Service CQ**

**E** australianwildliferescueservice@hotmail.com

**P 0447 543 268**

Wildlife rescue services in central Queensland.

### **Mackay Animal Rescue Society**

**E** mackayanimalrescuesociety@gmail.com

**W** mackayanimalrescue.com.au

**P 0447 186 277**

Mackay Animal Rescue Society Inc. is a registered not for profit charity (Charity No. CH2025) and is totally run by a group of dedicated volunteers including management, collectors & foster carers.

### **RSPCA Mackay**

Mount Bassett Cemetery Road & Strickland Rd Mackay Harbour, MACKAY QLD 4740

**E** mackay@rspcaql.org.au

**W** rspcaql.org.au

**P 0407 787 571**

The RSPCA Animal Care Centre Mackay is the first of its kind in the Mackay region, improving the welfare of hundreds of animals each year.

## **Arts & Creatives**

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### **Crafts**

#### **Bucasia Beach Quilters Inc.**

Northern Beaches Community Hall, Wallace Street, MACKAY QLD 4740

**E** bucasiabeachquilters@gmail.com

**W** bucasiabeachquilters.blogspot.com

We meet every Wednesday morning from 9am to 12, except during Christmas school holidays at the Northern Beaches Community Hall, Wallace Street in Bucasia. We also have a monthly all day Sit and Sew, on the second Saturday of the month at the Women's Centre, Shakespeare Street from 9am to 4pm.

#### **Leap Yakapari District Development Association**

10 Westlake Drive, THE LEAP QLD 4740

**E** lydda2015@outlook.com

**P (07) 4954 0547**

All locally Home made and handmade products produced throughout the Mackay Whitsunday Region. Run by volunteers. We also have a small tea room that operates for Devonshire teas, High teas and Lunches. Access for all abilities and a large space for creative workshops held regularly. The Community Hall grounds are available for hire for larger functions or events for a nominal fee.

#### **Mackay Fibre Arts Association Inc**

Pitkin House, Pitkin Street, WALKERSTON  
QLD 4751

E [mackayfibrearts@hotmail.com](mailto:mackayfibrearts@hotmail.com)

P 0405 275 979

Arts & Creatives - Crafts - Crafts.

### **Mackay Woodturners Association Inc.**

Snow Wright Court, MACKAY QLD 4740

E [tag76@westnet.com.au](mailto:tag76@westnet.com.au)

P (07) 4957 4569

Arts & Creatives - Crafts - Crafts.

### **QCWA Pioneer Division Handcraft Cultural Committee**

43 Gordon Street Mackay, 43 Gordon  
Street, MACKAY QLD 4740

E [rhonda.rose@bigpond.com](mailto:rhonda.rose@bigpond.com)

P 0419 165 922

Pioneer Division handcraft hold craft & social morning every second Thursday in the CWA Hall, 43 Gordon St, Mackay. Cost is \$2 including morning tea. Classes are open to the community, everybody is welcome.

### **Sarina Tourist Art and Crafts Centre**

1 Railway Square, SARINA QLD 4737

E [sarinainfo@easynet.net.au](mailto:sarinainfo@easynet.net.au)

P (07) 4943 0598

The Sarina Arts and Crafts Centre is located on the southern entrance to the Mackay Region so be sure to stop in and grab a fee tea or coffee and say hello to our wonderful volunteers.

## **Cultural Arts**

### **Kitchen And Kin**

E [kitchenandkin@gmail.com](mailto:kitchenandkin@gmail.com)

P 0437 338 306

Kitchen and Kin Recipe Journal is a creative arts and cultural research project that shares conversations about growing, sourcing and cooking foods from Australian South Sea Islanders in regional Queensland.

### **Mackay Art Society**

Snow Wright Court, BEACONSFIELD QLD  
4740

E [mackayartsociety@gmail.com](mailto:mackayartsociety@gmail.com)

P (07) 4942 4384

Arts & Creatives - Cultural Arts - Cultural Arts.

### **Mackay Family History Society Inc**

1st floor - Old Town Hall, 63 Sydney  
Street, MACKAY QLD 4740

E [support@mackayfamilyhistory.org.au](mailto:support@mackayfamilyhistory.org.au)

W [mackayfamilyhistory.org.au](http://mackayfamilyhistory.org.au)

P (07) 4952 2762

Arts & Creatives - Cultural Arts - Cultural Arts.

### **Mackay Whitsundays Kiribati Association**

E [ttebiri@yahoo.com](mailto:ttebiri@yahoo.com)

P 0476 564 545

Maintaining/keeping our Kiribati cultural values Participating and supporting community events. Cultural awareness for the Kiribati people relocating to Australia. Assist with our Kiribati people with English language challenges. Advocating for Human rights and climate change. Meetings, fund raising events - food stalls, celebrating Kiribati independence day. Events are also posted on Facebook.

### **Pioneer Valley Arts Inc/Badila Art Gallery**

Elsie Nash Street, PINNACLE QLD 4741

P 0415 909 995

Arts & Creatives - Cultural Arts - Cultural Arts.

### **Sugar City Art Deco and Modernism Society**

78 Harbour Road, NORTH MACKAY QLD  
4740

E [mackayartdeco@gmail.com](mailto:mackayartdeco@gmail.com)

P 0407 644 174

Suger City Art Deco Society is dedicated to the preservation and celebration of aspects Art Deco and Modernism in the Mackay District, such as architecture, local events, furniture, fashion, graphics, art, entertainment and transport.

## **Performing Arts & Music**

### **Bluewater Big Band**

E [bluewaterbigband@gmail.com](mailto:bluewaterbigband@gmail.com)

W [musikapublishing.wixsite.com](http://musikapublishing.wixsite.com)

A collaboration of local musicians, teachers and music hobbyists who share a passion for Jazz and Big Band music, and an interest in promoting and enhancing the Arts culture within the local Mackay Community.

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**Central Queensland Conservatorium of Music**

CQCM, Building 21, 151-171 Boundary Road, OORALEA QLD 4740

**E** [musicandtheatre@cqu.edu.au](mailto:musicandtheatre@cqu.edu.au)

**W** [cqu.edu.au](http://cqu.edu.au)

**P** (07) 4940 7800

The Central Queensland Conservatorium of Music is proud of its reputation for providing a supportive, nurturing and friendly environment for exceptional students to work with award-winning staff. We have a number of courses supported by our Conservatorium. Please see our Creative, Performing and Visual Arts page for more details.

**Circle of Song - Marian**

Marian Parish Hall, 283 Anzac Avenue, MARIAN QLD 4753

**P** 0404 163 097

Circle of Song gets together to sing, for health and community. No auditions, no skill required. All ages, all abilities. Families welcome

**Do Re Mi Music for Children**

6 Irving Street, MACKAY QLD 4740

**E** [tricia@mackay.net.au](mailto:tricia@mackay.net.au)

**P** (07) 4757 3047

Arts & Creatives - Performing Arts & Music - Performing Arts & Music.

**Film and Arts Mackay Inc**

Central Queensland Conservatorium of Music, Building 21, Boundary Road, MACKAY QLD 4740

**E** [filmartsmackay@outlook.com](mailto:filmartsmackay@outlook.com)

**W** [filmartsmackay.weebly.com](http://filmartsmackay.weebly.com)

Arts & Creatives - Performing Arts & Music - Performing Arts & Music.

**International Dance Affair**

Shop 10, 45 Evans Avenue, NORTH MACKAY QLD 4740

**E** [sandradanastas\\_123@hotmail.com](mailto:sandradanastas_123@hotmail.com)

**W** [internationaldanceaffair.com](http://internationaldanceaffair.com)

Offering an extensive range of dance classes taught by fully qualified teachers in our air conditioned studio: Ballet, Tap, Modern Jazz, Contemporary, Hip Hop, Highland Dancing (Scottish), Irish Dancing and Baton Twirling.

**Kucom Theatre Incorporated**

1 Snow Wright Court, ANDERGROVE QLD 4740

**E** [admin@kucom.org.au](mailto:admin@kucom.org.au)

**W** [kucom.org.au](http://kucom.org.au)

**P** 0419 756 840

An amateur theatre company with professional standards, Kucom Theatre has been bringing quality entertainment to Mackay audiences for over 70 years. Membership is open to all. Facilities, which have disability access and toilets, are able to be hired when they are available.

**Mackay and District Pipe Band**

**E** [treasurer@mackaypipeband.com.au](mailto:treasurer@mackaypipeband.com.au)

**W** [mackaypipeband.com.au](http://mackaypipeband.com.au)

**P** 0438 843 760

Arts & Creatives - Performing Arts & Music - Performing Arts & Music.

**Mackay Choral Society**

4 Snow Wright Court, ANDERGROVE QLD 4740

**E** [mackaychoralsociety@gmail.com](mailto:mackaychoralsociety@gmail.com)

**W** [mackaychoralsociety.org.au](http://mackaychoralsociety.org.au)

**P** 0422 264 397

We are about 80 people of diverse walks of life who share a passion for singing together as a choir. Our repertoire encompasses everything from Baroque to Jazz. We regularly perform to the community at venues as diverse as concert halls to open-air festivals.

**Mackay City Band**

Mackay City Band Band Hall, Leisure Street, SOUTH MACKAY QLD 4740

**E** [mackaycityband@gmail.com](mailto:mackaycityband@gmail.com)

**W** [mackaycityband.weebly.com](http://mackaycityband.weebly.com)

**P** 0478 417 970

Arts & Creatives - Performing Arts & Music - Performing Arts & Music.

**Mackay Entertainment and Convention Centre**

258 Alfred Street, MACKAY QLD 4740

**W** [themecc.com.au](http://themecc.com.au)

**P** (07) 4961 9777

Mackay's premier venue for conferences, exhibitions, seminars and performances.

### **Mackay Orchestras Inc**

**E** mackayorchestra@gmail.com

**P** 0428 720 086

Arts & Creatives - Performing Arts & Music -  
Performing Arts & Music.

### **NQ's Rock'n Country Music Festival**

455 Sugarshed Road, ERAKALA QLD 4740

**E** info@yeehaaevents.com.au

**W** nqsrockncountry.com.au

**P** 0407 957 464

NQ's Rock'n Country is a country music festival held in Mackay each August which showcases up to 40 national and local country music acts. It is held over three days at the Mackay Showgrounds, with onsite camping available. The event is family friendly with activities for children. The festival is also a funds raiser for Variety - the Children's Charity with an aim of raising \$100,000.

### **River Of Life Festival Association Inc**

**E** rolfassociation@gmail.com

**P** 0448 932 484

Our mission statement is "By the Community for the Community" and we are focused on promoting community inclusion, mental health and wellbeing by hosting events which feature music, performing arts and also visual stimulus.

### **THE VALLEY THEATRICAL PLAYERS INC**

1 Elsie Nash St, PINNACLE QLD 4741

**E** info@pinnacleplayhouse.com.au

**P** (07) 4958 5337

Arts & Creatives - Performing Arts & Music -  
Performing Arts & Music.

### **Tutti**

27 Forgan Street, NORTH MACKAY QLD  
4740

**E** janicewhelan@bigpond.com

**P** 0448 573 143

Tutti is a female jazz group established by Jan Whelan in 2002 initially under the auspices of Mackay Choral Society Inc. Jan is well known as an accompanist in Mackay and has been involved with Mackay Choral Society, Mackay Musical Comedy Players, numerous soloists and ensembles at Eisteddfods and other events. Tutti is committed to performing high quality jazz with tight lush harmonies.

### **Unheard Voices**

18 Tara Creek Road, SARINA QLD 4737

**E** unheardvoicesinc@gmail.com

Bringing community together through song. Choir of Unheard Voices singing for wellbeing program inclusive & accepting of diversity in all forms Sarina Sings community Choir open to all ages and inclusive to all.

### **Choir**

Building 2, 90-92 Sydney Street, MACKAY  
QLD 4740

**E** withonevoice.mackay@gmail.com

**W** withonevoice.org.au

**P** (03) 8679 6088

WoV Mackay is a fun, relaxed, social singing group with a goal to perform in the community. We are all-ages and all-abilities. Members are encouraged to contribute song suggestions and we have supper together after each rehearsal! NDIS PN is available.

### **With One Voice Mackay**

Building 2, 90-92 Sydney Street, MACKAY  
QLD 4740

**E** withonevoice.mackay@gmail.com

**W** withonevoice.org.au

**P** (03) 8679 6088

DID YOU KNOW THAT SINGING CHANGES YOUR BRAIN? YOU'RE INVITED TO EXPERIENCE THE JOY OF SONG AT WITH ONE VOICE MACKAY CHOIR!

## **Visual Arts**

### **Artspace Mackay**

Gordon Street, MACKAY QLD 4740

**E** artspace@mackay.qld.gov.au

**W** artspacemackay.com.au

**P** (07) 4961 9722

Artspace hosts a diverse range of travelling exhibitions from national and regional gallery collections, and also curates shows from its own Mackay Regional Council Artists Book Collection.

### **Creative Shots Photo Club**

1, Alfred Street, MACKAY QLD 4740

**E** info@creativeshots.com.au

**W** creativeshots.com.au

**P** 0429 343 762

## MACKAY'S FUN AND ENTHUSIASTIC CAMERA CLUB

We're a passionate collective of keen photographers of all ages and levels. From literal beginners to seasoned veterans of the industry, we come together to share in our love for photography – right here in Mackay. Club meetings are held on the Third Wednesday of Each Month (Except for December).... Time: 6:45pm for a 7:00pm Start

### **Crossroad Arts**

55 Wood St, MACKAY QLD 4740

**E** admin@crossroadarts.com.au

**W** crossroadarts.com.au

**P** (07) 4953 5122

Crossroad Arts engaged people with and without a disability through the delivery of creative arts programs in Mackay and in remote regional Queensland. These programs connected communities together and reduced isolation which is often experienced by these groups.

### **Delicate By Lou - Beaconsfield**

**E** delicatebylou@gmail.com

**W** delicatebylou.com

**P** 0438 333 067

Beadwork Sculptures and items.

### **Delicate By Lou - Mackay**

**E** delicatebylou@gmail.com

**W** delicatebylou.com

**P** 0438 333 067

Beadwork Artist, creating sculptures from glass beads and thread.

### **Openroad Footprint**

58 Petrie Street, SOUTH MACKAY QLD 4740

**E** openroadfootprint@gmail.com

**W** linktr.ee

**P** 0412 753 899

Creatively capturing the beauty of the world. Come, be inspired right alongside me... | photographic retreats & workshops | photoshop & lightroom tuition | corporate headshots • portraits • family events | limited edition fine art images for sale | events & festival photography | product shots for small business ... | Look forward to connecting with you, Ann :)

## **Child Services**

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## **Child (and Parent) Information & Counselling**

### **ASD Healthy Life**

**E** admin@asdhealthylife.com.au

**P** 0417 550 411

We Provide Info & Support from one parent to another on a variety of Disabilities & Illness - Allergy and Specialised Diets: GF, CF, SF, Corn, Sugar & Grain Free, Additive Free & Alkaline Options \* Shopping Tours \* Community & Business Workshops / Seminars \* Outside the Box Info on Autism, ADD, allergies, Down Syndrome, IBS, Digestive Disorders, eczema ++ \* Allergy Food Suppliers \* Biomedical O...

### **Australian Breastfeeding Association - West Mackay**

418 Shakespeare St, WEST MACKAY QLD 4740

**E** joanne.may4@gmail.com

**W** breastfeeding.asn.au

**P** 0408 561 666

Breastfeeding counselling, Breastfeeding Education and parenting support from pregnancy and beyond.

### **Bravehearts Foundation Limited - Mackay**

25 Wellington Street, MACKAY QLD 4740

**E** intake@bravehearts.org.au

**P** (07) 4953 6600

Bravehearts' child sexual abuse counselling is provided by psychologists, social workers and counsellors who specialise in assisting children, young people and families to work through the trauma they have experienced, using evidence-based interventions and best practice.

### **1-2-3 Magic and Emotional Coaching**

58 Sydney Street, MACKAY QLD 4740

**E** mackay@catholiccarecq.com

**W** catholiccarecq.com

**P** 1300 523 985

CatholicCare Central Queensland offers a behaviour management program, 1-2-3 Magic & Emotional Coaching, for parents and other carers of young children aged 2 - 12 years.

### **Counselling**

58 Sydney Street, MACKAY QLD 4740

**E** mackay@catholiccarecq.com

**W** catholiccarecq.com

**P** 1300 523 985

CatholicCare is a social services organisation offering professional and confidential counselling to people of all ages and walks of life. Our aim is to encourage and strengthen individuals, couples and families to continue to develop and grow.

### **Family Relationship Centre - Mackay**

58 Sydney Street, MACKAY QLD 4740

**E** mackay@catholiccarecq.com

**W** catholiccarecq.com

**P** 1300 783 544

Family Relationship Centres offer information, support and referral to families at all stages of their lives. They promote healthy family relationships, help to prevent conflict, encourage agreement rather than litigation, and promote the right of children to have meaningful relationships with both parents.

### **Mackay Youth Support Service**

Act for Kids Office, 15 Peel Street,  
MACKAY QLD 4740

**E** u-nite@myss.org.au

**W** myss.org.au

**P** (07) 4865 1255

Free Counselling, mediation for young people aged 8 - 18 and parents/ carers/ grandparents. Free 8 week parenting group and skills training for parents

### **Bravehearts Foundation Limited - Child Sexual Abuse Counselling**

Suite 2 (Ground Floor), 45 Victoria Street,  
MACKAY QLD 4740

**E** support@nqphn.com.au

**W** bravehearts.org.au

**P** (07) 4953 6600

Bravehearts' child sexual abuse counselling is provided by psychologists, social workers and counsellors who specialise in assisting children, young people and families to work through the trauma they have experienced, using evidence-based interventions and best practice.

### **Bravehearts Foundation Limited - Mackay**

Suite 2 (Ground Floor), 45 Victoria Street,  
MACKAY QLD 4740

**E** support@nqphn.com.au

**W** bravehearts.org.au

**P** (07) 4953 6600

Bravehearts offers counselling for survivors and victims of child sexual assault, as well as personal safety education programs for children and young people.

### **Parentmedic Baby First Aid**

**E** northqld@parentmedic.com

**P** 0414 967 404

Our Child and Baby First Aid Course is presented by Certified Educators and will give you the skills and confidence to apply basic treatment to your child or baby should an accident or emergency occur.

### **Steiner, Astrid**

101 Milton Street, MACKAY QLD 4740

**E** steinerastrid2017@gmail.com

**P** 0407 836 406

Mental Health accredited Social worker - supporting individuals/ children from age 8yrs and up) / families who have impacted by grief and loss / self harming behaviour / mental health issues/ school refusal/ issues/ social issues. Able to access up to 10 counselling session per calendar year (under Medicare) if has mental health treatment plan through GP/

### **Good Beginnings Home Based Family Support Program**

43 Shakespeare Street, EAST MACKAY QLD  
4740

**E** admin@tnhub.org.au

**W** tnhub.org.au

**P** (07) 4957 2626

The Good Beginnings Home Based Family Support Program utilises the services of qualified and trained volunteers to offer support, friendship and practical assistance to families in challenging situations. The Good Beginnings Home Based Family Support program covers the Mackay urban area — south to Bakers Creek, west to Walkerston and north to Shoal Point.

## **Child Protection Services**

### **Mackay Child Safety Service Centre**

110 Wood Street, MACKAY QLD 4740

**W** [dcssds.qld.gov.au](http://dcssds.qld.gov.au)

**P** (07) 4864 1400

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

### **Child Advocacy Services - Mackay base Hospital**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 7270

This service at the Mackay Base Hospital is a single point of contact for Child Protection issues and concerns within the Mackay Hospital and Health Service.

### **Marabisda Inc.**

2, Suite 2/17 Macalister Street, MACKAY QLD 4740

**E** [manager@marabisda.org.au](mailto:manager@marabisda.org.au)

**P** (07) 4848 1060

Piccaninny Foster and Kinship Care Service of MARABISDA Inc., receive funding from the Department of Child Safety, Youth and Women. We commenced operations in 2012 and build relationships with Indigenous Foster and Kinship Carers, Child Safety Services staff and other Foster Carer support agencies operating in Mackay, Sarina and Bowen.

## **General Child Services**

### **Act for Kids - Family and Child Connect (FaCC), Mackay**

15 Peel Street, MACKAY QLD 4740

**E** [faccmackay@actforkids.com.au](mailto:faccmackay@actforkids.com.au)

**W** [familychildconnect.org.au](http://familychildconnect.org.au)

**P** (07) 4847 0550

Act for Kids is an Australian charity providing free therapy and support services to children and families who have experienced, or are at risk of child abuse and neglect.

### **Mackay Children's Contact Service**

37 Boddington Street, MACKAY QLD 4740

**E** [admin@mackayccs.net.au](mailto:admin@mackayccs.net.au)

**W** [mackayccs.org.au](http://mackayccs.org.au)

**P** (07) 4944 1733

The aim of this service is to provide safe and neutral supervision of the changeover of children between separated parents, or contact visits between non-residential parents and their children.

## **Play Groups & Childcare**

### **Mums and Bubs Playgroup**

31 Victoria Street, MACKAY QLD 4740

**W** [atsichsmackay.org](http://atsichsmackay.org)

**P** 0499 007 839

Come along to our ATSICHS Playgroup to meet and connect with other parents whilst spending time with your kids. Free playgroup for mums and bubs in Mackay and Sarina. Every Tuesday from 10 am to 11.30 am. No booking required.

### **Birralee Child Care Assoc Inc**

33 Clements St, MACKAY QLD 4740

**E** [birraleechildcare@hotmail.com](mailto:birraleechildcare@hotmail.com)

**P** (07) 4952 3585

Child Services - Play Groups & Childcare - Play Groups & Childcare.

### **CandK East Mackay Preschool**

20 Hoey Street, MACKAY QLD 4740

**E** [eastmackay@candk.asn.au](mailto:eastmackay@candk.asn.au)

**W** [candk.asn.au](http://candk.asn.au)

**P** (07) 4957 4669

Child Services - Play Groups & Childcare - Play Groups & Childcare.

### **CandK Eimeo Road Community Kindergarten**

30 Arana Drive, RURAL VIEW QLD 4740

**E** [eimeoroad@candk.asn.au](mailto:eimeoroad@candk.asn.au)

**W** [candk.asn.au](http://candk.asn.au)

**P** (07) 4840 2052

Child Services - Play Groups & Childcare - Play Groups & Childcare.

### **CandK Hoey Street Community Kindergarten**

19 Hoey Street, SARINA QLD 4737

**E** [hoeystreet@candk.asn.au](mailto:hoeystreet@candk.asn.au)

**W** [candk.asn.au](http://candk.asn.au)

**P** (07) 4943 0686

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Child Services - Play Groups & Childcare - Play Groups & Childcare.

**CandK Mackay North Community Kindergarten**

3 School Street, NORTH MACKAY QLD 4740

**E** mackaynorth@candk.asn.au

**W** candk.asn.au

**P** (07) 4951 0510

Child Services - Play Groups & Childcare - Play Groups & Childcare.

**CandK Slade Point Community Kindergarten**

15 Pheasant Street, SLADE POINT QLD 4740

**E** sladepoint@candk.asn.au

**W** candk.asn.au

**P** (07) 4955 4692

Child Services - Play Groups & Childcare - Play Groups & Childcare.

**C3 Church**

14 Victoria Street, MACKAY QLD 4740

**E** info@c3newhope.com

**W** c3newhope.com.au

**P** (02) 4620 7400

Child Services - Play Groups & Childcare - Play Groups & Childcare.

**Fitzgerald State School**

Norris Road, MACKAY NORTH QLD 4740

**E** principal@fitzgeraldss.eq.edu.au

**W** fitzgeraldss.eq.edu.au

**P** (07) 4965 6333

Friday 9am. Ages 0-5 years. No fee. Playgroup run with the support of the School. Sessions are run by one of the school's prep teachers and teacher aides. Group follows a regular routine with access to a safe indoor play area. Sessions include group story/rhyme time and a range of organised activities such as craft, painting, play dough, throwing balls, jumping castle and drawing.

**Glenella Child Care and Education Centre**

21-23 Schapers Road, GLENELLA QLD 4740

**E** glenella@communitykids.net.au

**W** firstgrammar.com.au

**P** (07) 4942 9486

Child Services - Play Groups & Childcare - Play Groups & Childcare.

**Goodstart Early Learning North Mackay**

19 Hamilton Street, NORTH MACKAY QLD 4740

**E** mmk@goodstart.org.au

**W** goodstart.org.au

**P** (07) 4951 2357

Goodstart Early Learning provides quality long day care in a nurturing and stimulating environment. we cater for children aged 6 weeks to 5 years.

**Grandma's Place**

10A Brandon Street, SARINA QLD 4737

**E** admin@grandmasplace.com.au

**W** grandmasplace.com.au

**P** (07) 4956 2876

Child Services - Play Groups & Childcare - Play Groups & Childcare.

**Mackay Central State School Playgroup and Pre-Prep Program**

251 Alfred Street, MACKAY QLD 4740

**E** Twill680@eq.edu.au

**W** mackaycentralss.eq.edu.au

**P** (07) 4969 3111

Every Wednesday during the school term, we host a play opportunity at Mackay Central State School from 9am - 10.30am. We invite parents/ carers with children aged 0-5 to join in the free activity morning. A chance to meet other adults and be involved in your child's learning... through play. Bring a hat, waterbottle and healthy snack.

**Mackay Child Care Centre**

18 River St, MACKAY QLD 4740

**E** mackaychildcare@bigpond.com

**P** (07) 4957 3030

We are a community based not for profit small and friendly Child Care Centre.

**Mackay Family Day Care Scheme**

23 Rae Street East Mackay QLD 4740, MACKAY QLD 4740

**E** mfdc@bigpond.net.au

**W** mfdc.com.au

**P** (07) 4965 9999

Child Services - Play Groups & Childcare - Play Groups & Childcare.

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### **South Mackay Kindergarten**

Cnr Casey Ave & Leisure Ct, SOUTH  
MACKAY QLD 4740

**E** southmackay@candk.asn.au

**W** candk.asn.au

**P** (07) 4957 8928

Child Services - Play Groups & Childcare - Play  
Groups & Childcare.

### **Playgroups**

43 Shakespeare Street, EAST MACKAY QLD  
4740

**E** admin@tnhub.org.au

**W** tnhub.org.au

**P** (07) 4957 2626

Playgroups are supported with a variety of  
stimulating and educational activities while  
ensuring a welcoming environment for parents and  
their children to connect through conversation and  
play. Children will learn important skills needed for  
school.

### **Wonder Kids Early Learning Centre**

Cnr Branscombe Road & Youngs Lane,  
WALKERSTON QLD 4751

**E** wonderkidselc@gcaweb.com.au

**W** sunrisekids.com.au

**P** (07) 4359 3500

Child Services - Play Groups & Childcare - Play  
Groups & Childcare.

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## **C o m m u n i c a t i o n & I n f o r m a t i o n**

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### **Community Information & Referral Services**

#### **Barb Hill Coaching and Mentoring**

**E** barbhill.coaching@gmail.com

**P** 0417 683 957

Certified Master NLP (Neuro Linguistic  
Programming) Practitioner and Life Coach, Master  
Time Line Therapy<sup>®</sup> and Hypnosis. Run 6 week  
Breakthrough Coaching programs as well as  
individual sessions. Working with youth through to  
women and men. Endorsed Personalised Health  
(Epigenetics) Coach

#### **Deaf Connect | Mackay**

47 Harbour Road, NORTH MACKAY QLD  
4740

**E** info@deafconnect.org.au

**W** deafconnect.org.au

**P** 1800 893 855

Deaf Services is the prominent service provider for  
Deaf and hard of hearing community members  
across all ages, with a focus on community and  
empowerment.

#### **Footprints Community - Mackay**

**E** howss@footprintscommunity.org.au

**W** footprintscommunity.org.au

**P** 1800 366 877

Housing support for women over 50, or over 45 for  
First Nations women, who are experiencing housing  
stress or homelessness. Service navigation, phone  
support and case management available.

#### **Greater Whitsunday Communities - Mackay**

Old Town Hall, 63 Sydney Street, MACKAY  
QLD 4740

**E** admin@gwcommunities.org.au

**W** greaterwhitsundaycommunities.org.au

**P** 0457 405 344

At Greater Whitsunday Communities we know that  
when people feel connected, safe, and supported  
our regional communities thrive. We are valued for  
our independent voice in the regions. We embrace  
the challenge of a bottom – up participatory  
approach to community, business, and regional  
development.

#### **Mackay Institute of Research and Innovation**

475 Bridge Road, 475 Bridge Road, WEST  
MACKAY QLD 4740

**E** miri@health.qld.gov.au

**W** science.des.qld.gov.au

**P** (07) 4885 6794

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MIRI is an emerging translational research and innovation centre. Our strong collaborations with a range of external partners will lead to cutting edge research and innovation. We aim to improve the care of our patients and communities by implementing the latest clinical knowledge into practice.

### **Community Connect Worker**

4 George Street, MACKAY QLD 4740

**E** [admin@tnhub.org.au](mailto:admin@tnhub.org.au)

**W** [tnhub.org.au](http://tnhub.org.au)

**P** (07) 4957 2626

The intent of the Community Connect Initiative is to provide support, information and referral for individuals and families who are experiencing significant vulnerabilities and complex needs.

### **Safer Pathways for CALD Women**

4 George Street, MACKAY QLD 4740

**E** [admin@tnhub.org.au](mailto:admin@tnhub.org.au)

**W** [tnhub.org.au](http://tnhub.org.au)

**P** (07) 4957 2626

Safer Pathways For Culturally and Linguistically Diverse (CALD) Women aims to help CALD women living in the Mackay region that are experiencing, or at risk of, family and domestic violence or sexual assault, to access the support that they need.

## **Community Media**

### **Community Radio Mackay 4CRM**

1st Floor, 171 Victoria Street, MACKAY  
QLD 4740

**E** [4crm@4crm.com.au](mailto:4crm@4crm.com.au)

**W** [4crm.com.au](http://4crm.com.au)

**P** (07) 4953 1411

4CRM is a not for profit community radio station celebrating its 25 year of broadcasting to the Mackay community.

### **My105FM**

Unit 1, 14-16 Wood Street, MACKAY QLD  
4740

**E** [gm@my105fm.com](mailto:gm@my105fm.com)

**P** (07) 4951 2979

Indigenous Community Radio Station

## **General Communication & Information**

### **Community Information Support Services - Mackay**

27 River Street, MACKAY QLD 4740

**E** [gordon.quakawoot@communityinfo.org.au](mailto:gordon.quakawoot@communityinfo.org.au)

**W** [communityinfo.org.au](http://communityinfo.org.au)

**P** 1300 762 515

Community Information Support Services is a Not-for-Profit social enterprise established to support the health and well-being of Australians through the use of community information.

### **Department of Transport and Main Roads Maritime Safety Queensland**

14 Discovery Lane, NORTH MACKAY QLD  
4740

**E** [mackaymarine@msq.qld.gov.au](mailto:mackaymarine@msq.qld.gov.au)

**W** [msq.qld.gov.au](http://msq.qld.gov.au)

**P** 13 23 80

IWe've committed \$3.9 million to upgrade the maritime aids to navigation network in the Torres Strait to ensure safe passage in the region. The waters of the Torres Strait are used daily as a workplace and commuter routes as well as for cultural and recreational activities, with maritime aids crucial to making sure those using these waters return home safely.

### **Dunes Harbour Beach**

5 Sol Drive, MACKAY HARBOUR QLD 4740

**E** [info@dunesharbourbeach.com.au](mailto:info@dunesharbourbeach.com.au)

**W** [dunesharbourbeach.com.au](http://dunesharbourbeach.com.au)

**P** 1300 130 554

Dunes, Harbour Beach is a beachside haven where land meets both sea and river to create a lifestyle like no other. Fun filled family days at the beach (or just a casual walk on the beach by yourself), fishing and boating, beachside dining and entertaining. Dunes Harbour Beach offers free events for local community. Join our event to stay connected with the community!

### **J Gilbert MP, ALP Member for Mackay**

**P** (07) 4960 7100

Member for Mackay (ALP) Assistant Minister for State Development

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### **Mackay Aero Club**

**E** infomackayaeroclub@gmail.com

**P** (07) 4957 2575

Club Facility for Hire, Parties, Training etc. Large area including outdoor space. Information on Flying lessons available, plane for Hire.

### **Mackay Regional Council - Mackay**

73 Gordon Street, MACKAY QLD 4740

**E** council@mackay.qld.gov.au

**W** mackay.qld.gov.au

**P** 1300 622 529

Mackay Regional Council is a Local Government Area in Central Queensland, Australia.

### **Mackay Visitor Information Kiosk**

Blue Lagoon, Matsuura Drive, MACKAY QLD 4740

**E** bookings@mackayregion.com

**W** mackayisaac.com

**P** (07) 4837 1228

Information sharing on tourism in the Mackay Region

### **Mackay Women's Centre**

418A Shakespeare Street, MACKAY QLD 4740

**E** reception@mkywc.org.au

**W** mackaywomenscentre.org.au

**P** (07) 4953 1788

Referral to most appropriate service provider & computer access

### **Mr Stephen (Steve) Andrew MP -**

**Member for Mirani (ONP)**

**E** mirani@parliament.qld.gov.au

**W** stephenandrew.com.au

**P** (07) 4806 0700

MP for Mirani (Member of the Legislative Assembly)

### **North Queensland Region Centre -**

**Mackay**

Verde Central - Ground Level, 44 Nelson Street, MACKAY QLD 4740

**E** businessMKY@dsdsatsip.qld.gov.au

**W** dsdsatsip.qld.gov.au

**P** (07) 4862 7001

Aboriginal and Torres Strait Islander Partnerships Mackay share information through our Murri network mailing lists of events and services that are available within our community.

### **Queensland Building and Construction Commission - Mackay**

42 E Gordon Street, MACKAY QLD 4740

**W** qbcc.qld.gov.au

**P** 13 93 33

The Queensland Building and Construction Commission licenses builders, trade contractors and building designers, resolves disputes regarding defective building work and operates a statutory insurance scheme to protect home-owners.

### **The Integrated Family Support Hub**

43 Shakespeare Street, EAST MACKAY QLD 4740

**E** admin@tnhub.org.au

**W** tnhub.org.au

**P** (07) 4957 2626

The Integrated Family Support HUB (IFS HUB) Program works to support outcomes of family and children's wellbeing by providing information, enabling early identification of issues, providing holistic responses for families and enhancing referral pathways to services in the Mackay region.

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## **Community Centres, Halls & Facilities**

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### **Community & Neighbourhood Centres**

#### **Sarina Neighbourhood Centre**

Broad Street, SARINA QLD 4737

**E** SarinaNeighbourhoodCentre@mackay.qld.gov.au

**W** mackay.qld.gov.au

**P** (07) 4961 9290

The Sarina Neighbourhood Centre is a Mackay Regional Council service. Services Available: Information, advice and referral Community Information Directories Community Newsletters Community Notice Board Sarina Events Calendar Community Education Activities Emergency Relief Funding Facilities Available: Meeting room An office is available for visiting services Centrelink access point.

### **Slade Point Neighbourhood Watch**

**E** [ian.shannon@bigpond.com](mailto:ian.shannon@bigpond.com)

**P** (07) 4955 4711

Community Centres, Halls & Facilities - Community & Neighbourhood Centres - Community & Neighbourhood Centres.

### **Community Development**

4 George Street, MACKAY QLD 4740

**E** [admin@tnhub.org.au](mailto:admin@tnhub.org.au)

**W** [tnhub.org.au](http://tnhub.org.au)

**P** (07) 4957 2626

The Neighbourhood Hub delivers a range of free events and services for the local Mackay community providing a welcoming and inclusive environment.

### **Walkerston Neighbourhood Centre Group**

**E** [scrubby.news@gmail.com](mailto:scrubby.news@gmail.com)

**W** [walkerston.blogspot.com](http://walkerston.blogspot.com)

**P** (07) 4959 2545

Community Centres, Halls & Facilities - Community & Neighbourhood Centres - Community & Neighbourhood Centres.

## **Community Halls**

### **Free Community Hall at Mackay Motel.**

30 Nebo Road, MACKAY QLD 4740

**E** [info@casanostramotelmackay.com.au](mailto:info@casanostramotelmackay.com.au)

**W** [casanostramotelmackay.com.au](http://casanostramotelmackay.com.au)

**P** (07) 4951 1288

Casa Nostra Motel Mackay has a restaurant / basic meeting space available for free use by the community.

### **Dows Creek Hall Committee Inc. - Dows Creek**

16 Bourkes Road, DOWS CREEK QLD 4754

**E** [dowscreekhall@gmail.com](mailto:dowscreekhall@gmail.com)

**P** 0417 728 117

A community Hall build in 1932. The hall in on high stumps with long trestles underneath and is situated in a rural area with cane fields and cattle paddocks surrounding it. The hall is available for Hire - however it is not available for hire for 18th Birthday Parties due to the unruly nature of these parties. Parties need to be of a formal nature. It is a lovely old dance hall.

### **Eungella Community Development Association**

13 North Street, EUNGELLA QLD 4757

**E** [ecda@eungella.com.au](mailto:ecda@eungella.com.au)

**W** [eungella.com.au](http://eungella.com.au)

**P** 0497 337 858

Owns and manages the Eungella Hall, and associated community events, such as markets, crafts groups, Men's Shed, the Eungella Ancient Arts and Crafts Fayre.

### **Ibilbie Community Centre**

Lot 205 Old Bruce Highway, ILBILBIE QLD 4738

**E** [records@isaac.qld.gov.au](mailto:records@isaac.qld.gov.au)

**W** [isaac.qld.gov.au](http://isaac.qld.gov.au)

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

### **Mackay and District Australian South Sea Islander Association Inc ( MADASSIA)**

South Sea Islander Hut , 218 Nebo Road, WEST MACKAY QLD 4740

**E** [madassiamky@gmail.com](mailto:madassiamky@gmail.com)

South Sea Islander meeting Hut is available for hire for Community Meetings , Work Shops , Functions

### **Pioneer Valley Classic Car Club**

31 Alexandra Street, MIRANI QLD 4754

**E** [secretary@pioneervalleyclassiccarclub.com.au](mailto:secretary@pioneervalleyclassiccarclub.com.au)

**W** [pioneervalleyclassiccarclub.com](http://pioneervalleyclassiccarclub.com)

Car Club who has a passion for helping the local community

## **General Community Facilities**

### **Gordon White Library**

54 Phillip Street, MOUNT PLEASANT QLD  
4740

**E** kimberly.lehto-  
head@mackay.qld.gov.au

**W** mackay.qld.gov.au

**P** (07) 4961 9387

Community Centres, Halls & Facilities - General  
Community Facilities - General Community  
Facilities.

### **Gordon White Library Community Venue**

54 Phillip Street, MOUNT PLEASANT QLD  
4740

**E** gwl@mackay.qld.gov.au

**W** mackay.qld.gov.au

**P** (07) 4961 9387

Gordon White Library Community Venue is situated  
at the Gordon White Library, Phillip Street, Mount  
Pleasant.

### **Greenmount Homestead**

95 Greenmount Road, GREENMOUNT QLD  
4751

**W** mackay.qld.gov.au

**P** (07) 4959 2250

Take a step back in time and discover the history of  
the Mackay region at Greenmount Homestead, one  
of the area's most valued historic attractions.

### **Jubilee Community Centre**

Gordon Street, MACKAY QLD 4740

**E** jubilee@mackay.qld.gov.au

**W** mackay.qld.gov.au

**P** (07) 4961 9496

The Jubilee Community Centre offers community  
groups, organisations, clubs and businesses access  
to four new public meeting rooms. The rooms  
accommodate meetings of up to 20 people and are  
equipped with projectors and sound systems.

### **Ken Burgess Orchid House**

Queens Park, East Mackay. Carparking  
access via Shakespeare Street (behind  
Victoria Park State School)., Goldsmith  
Street, SOUTH MACKAY QLD 4740

**E** botanic@mackay.qld.gov.au

**W** mackay.qld.gov.au

**P** (07) 4952 7300

Surrounded by a cool oasis of majestic trees and  
tropical gardens, Mackay Regional Council's  
Queens Park features a large collection of stunning  
orchids at the Ken Burgess Display House.

### **Mackay Regional Council - Mackay**

73 Gordon Street, MACKAY QLD 4740

**E** council@mackay.qld.gov.au

**W** mackay.qld.gov.au

**P** 1300 622 529

Jubilee Community Centre offers a variety of spaces  
available for hire by community groups,  
organisations and businesses.

### **Mackay Riverside Market**

Bluewater Quay, 10 River Street, MACKAY  
QLD 4740

**E** mackayriversidemarket@gmail.com

The Riverside Markets are held every Thursday  
afternoon from 3pm-7pm at Bluewater Quay,  
showcasing a variety of beautiful fresh produce and  
artisan goods from our local region. Bring your tribe  
to chill on the lawn and grab some delicious dinner  
and desert from the food trucks. Watch the sunset  
and enjoy some beautiful tunes from our open mic  
performers

### **Mirani Library**

16 Victoria Street, MIRANI QLD 4754

**E** council@mackay.qld.gov.au

**W** mackay.qld.gov.au

**P** 1300 622 529

Mirani Library Address: 16 Victoria Street, Mirani  
QLD 4754 Open: Monday and Thursday - 1pm to  
5pm Tuesday and Friday - 9am to 5pm Wednesday  
- 5pm to 8pm Saturday - 9am to noon

### **Museums**

**W** mackay.qld.gov.au

**P** (07) 4953 0002

Discover our region's past at one of the three  
historical centres located in Mackay, Sarina and the  
Pioneer Valley.

### **Royal Antediluvian Order Of Buffaloes**

41 Victoria Street, MACKAY QLD 4740

**E** mackaypg14@matilda.net.au

**P** 0409 459 901

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A community organisation for both males and females, who wish to help raise money for the many charities in the Mackay and District area, in the true sense of philanthropy.

**Sarina District Historical Centre Inc**  
Field of Dreams, Railway Square, SARINA  
QLD 4737

**E** [icscott@bigpond.com](mailto:icscott@bigpond.com)

**P** (07) 4956 2436

Community Centres, Halls & Facilities - General  
Community Facilities - General Community  
Facilities.

### **Sarina Library**

65 Broad Street, SARINA QLD 4737

**E** [council@mackay.qld.gov.au](mailto:council@mackay.qld.gov.au)

**W** [mackay.qld.gov.au](http://mackay.qld.gov.au)

**P** 1300 622 529

Sarina Library Address: 65 Broad Street, Sarina QLD  
4737 Open: Monday, Tuesday, Wednesday, Friday -  
9am to 5pm Thursday - 10am to 4pm Saturday -  
9am to noon

### **Sarina Sugar Shed**

**E** [info@sarinasugarshed.com.au](mailto:info@sarinasugarshed.com.au)

**W** [sarinasugarshed.com.au](http://sarinasugarshed.com.au)

**P** (07) 4943 2801

Experience the Queensland sugar Industry first-  
hand on a one-hour guided tour which includes  
tastings of our chutneys, relishes and sauces  
produced onsite, and rum and rum liqueur products  
made at our small-batch boutique distillery.

### **Walkerston Library**

Walkerston Library, 8 Creek Street,  
WALKERSTON QLD 4751

**E** [council@mackay.qld.gov.au](mailto:council@mackay.qld.gov.au)

**W** [mackay.qld.gov.au](http://mackay.qld.gov.au)

**P** 1300 622 529

Address: 8 Creek Street, Walkerston QLD 4751

## **Community Clubs & Interest Groups**

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### **Children & Youth Clubs**

### **Girl Guides - Andergrove**

1 Fleurs Way, Fleurs Way, ANDERGROVE  
QLD 4740

**E** [andergrovedm@guidesqld.org](mailto:andergrovedm@guidesqld.org)

**W** [guidesqld.org](http://guidesqld.org)

**P** (07) 3357 1266

We provide girls with opportunities to grow, learn  
and have fun in relevant and meaningful ways. We  
provide a foundation for girls and young women to  
be the best that they can be and harness their  
individual potential to make a difference. We foster  
personal character based on our values of respect  
and collaboration to engender leadership qualities.

### **Girl Guides - Mackay City**

Cnr of Sydney St & Juliet St, MACKAY QLD  
4740

**E** [mackaycitydm@guidesqld.org](mailto:mackaycitydm@guidesqld.org)

**W** [girlguides.org.au](http://girlguides.org.au)

**P** (07) 3357 1266

Guiding provides a values based dynamic and  
flexible non-formal educational program for girls  
and young women in a fun and supportive girl's only  
environment. Girls develop leadership skills and a  
sense of personal responsibility and a shared  
purpose to make the world a better place. Ages  
catered for at our district 5-9 and 10-14 years.

### **Hibiscus Coast District Scouts**

Rowallan Park, 290 Glendaragh Road,  
RICHMOND QLD 4740

**E** [dc@hibiscuscoast.scoutsqld.com.au](mailto:dc@hibiscuscoast.scoutsqld.com.au)

**W** [hcd.ccrscoutsqld.com.au](http://hcd.ccrscoutsqld.com.au)

**P** 0410 455 615

Scouts provides young Aussies aged 5 to 25\* with  
fun and challenging opportunities to grow through  
adventure. Scouts is the largest youth movement in  
the nation and the world. The purpose of the Scout  
Movement is to encourage the physical, intellectual,  
emotional, social and spiritual development of  
young people so that they take a constructive place  
in society as responsible citizens.

### **Scouts - Central and Coastal Region**

**E** [contact@centralcoast.scoutsqld.com.au](mailto:contact@centralcoast.scoutsqld.com.au)

**W** [ccrscoutsqld.com.au](http://ccrscoutsqld.com.au)

**P** 0417 462 463

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Scouts provides young Aussies aged 5 to 25\* with fun and challenging opportunities to grow through adventure. Scouts is the largest youth movement in the nation and the world.

## Community Service Clubs

### **Australian Red Cross - Mackay Donor Centre**

143 Sydney Street, MACKAY QLD 4740

**W** redcross.org.au

**P** 13 14 95

Community Clubs & Interest Groups - Community Service Clubs - Community Service Clubs.

### **Blue River Mackay Lions Club INC**

**E** bluerivermkyllions@gmail.com

**P** 0411 527 921

Blue River Mackay Lions Club is a not-for-profit service club where funds raised go directly to assist a variety of humanitarian, environmental and health projects within the local community. The club aims to assist locally with projects for the homeless and local health needs amongst other things. We welcome new members at any time; so please contact us if you want to help.

### **Habana Community Precinct**

1091 MacKay Habana Road, HABANA QLD 4740

**E** habanadpa@hotmail.com

**P** 0403 729 505

Promoting, encouraging and fostering the improvement and betterment of Habana and district in a non-political and non-sectarian manner. And protecting Habana's culture and history.

### **Lions Club of Mackay Northern Beaches**

**E** mkynorthernbeaches@gmail.com

**P** 0411 527 921

This is a Lions club - a volunteer community group

### **Mackay Amateur Radio Association**

Ness St, MACKAY QLD 4740

**E** vk4wim@outlook.com.au

**P** 0428 874 577

Community Clubs & Interest Groups - Community Service Clubs - Community Service Clubs.

### **Mackay Legacy Inc**

94 Nebo Road, WEST MACKAY QLD 4740

**E** mackay.legacy@gmail.com

**W** legacy.com.au

**P** (07) 4953 3676

Community Clubs & Interest Groups - Community Service Clubs - Community Service Clubs.

### **Mackay RSL Sub Branch**

The Prospect Business Centre, 10 Prospect St, MACKAY QLD 4740

**E** info@mackay.rslqld.net.au

**W** rslqld.org

**P** 0499 567 297

Community Clubs & Interest Groups - Community Service Clubs - Community Service Clubs.

### **Mackay Surf Lifesaving Supporters Club**

**E** manager@mslscsupporters.net.au

**W** mackayslsc.com.au

**P** (07) 4955 5425

Our club is part of the national Surf Lifesaving movement and is run by volunteer members for the benefit of our community.

### **MACKAY VETERANS SUPPORT GROUP INC. - South Mackay**

Leisure Court, SOUTH MACKAY QLD 4740

**E** mvsg8@bigpond.com

**P** (07) 4953 2575

Support and Advocacy to Serving and Ex Members of the Australian Defence Force. Advocacy assistance DVA claims. Meeting rooms, fully equipped Kitchen, Computer access.

### **Mackay West Rotary Club**

165 Nebo Road, WEST MACKAY QLD 4740

**E** rossandwendywalker@gmail.com

**W** mackaywestrotary.org.au

**P** 0429 615 711

Rotary is a world wide organisation of volunteers who raise funds for locals in need and promote peace and goodwill in the world.

### **Mcewens Beach Progress Association and Neighbourhood Watch**

1 Walz Avenue, MCEWENS BEACH QLD 4740

**E** Mcewensbeach4740@gmail.com

**P** 0438 381 489

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We are a community Association for the Community working for McEwens Beach area. We distribute information that would be of interest to members. work for community members on council matters effecting the area. Raise issues. Raise awareness of community support available. Bring members together with morning teas, & functions. Hold regular meetings. Manage the Rural Fire trailer for area

**Mirani Sugar Valley Lions Club**

**E** miranisugarvalley@gmail.com

**P** 0438 591 365

Community Clubs & Interest Groups - Community Service Clubs - Community Service Clubs.

**Music Teachers' Association of Queensland Mackay Branch**

**W** qmta.org.au

**P** (07) 4952 2708

Community Clubs & Interest Groups - Community Service Clubs - Community Service Clubs.

**Neighbourhood Watch Mackay - Mackay**

2 Rosewood Drive, MACKAY QLD 4740

**E** jenelle@brandfactor.com.au

**P** 0417 733 726

Neighbourhood Watch Queensland (NHWQ) encourages communities to join together in small informal groups for the purpose of improving the safety of their families and other people, who live, visit and do business in their neighbourhood. It also encourages interaction and a shared sense of responsibility between individuals, neighbours and communities for preventing and reducing crime.

**Prostate Cancer Support Group**

43 Gregory Street, MACKAY QLD 4740

**E** admin@emcaretraining.com.au

**W** mackayprostatecancersupport.com.au

**P** 0418 194 262

Mackay Prostate Cancer Support Group Providing support and information to men and their partners who have been diagnosed with Prostate Cancer

**QCWA Sarina Branch**

2 Brewers Road, SARINA QLD 4737

**E** secretary@qcwasarinabranch.net.au

**W** qcwa.org.au

**P** 0407 217 632

QCWA Sarina Branch is all about empowering and inspiring women through friendship, education, connection and advocacy. With our indispensable advocacy work we can continue to support and serve our local community.

**Radiation Refuge Foundation Ltd**

91385 Bruce Highway, SARINA QLD 4737

**E** support@radiationrefuge.org

**P** 0424 072 131

We are a not for profit organization set up to help people suffering from Electromagnetic Hypersensitivity.

**RETURNED and SERVICES LEAGUE OF AUSTRALIA (QUEENSLAND BRANCH) FARLEIGH and NORTHERN BEACHES SUB BRANCH**

22 Chidlow Street, FARLEIGH QLD 4741

**E** secretary@rslfnb.org.au

**W** rslqld.org

**P** (07) 4954 8551

Community Clubs & Interest Groups - Community Service Clubs - Community Service Clubs.

**Rotary Club of Mackay Northern Beaches Inc.**

Bowls club, 2 Rosewood Drive, RURAL VIEW QLD 4740

**E** secretary.rcmnb@gmail.com

**W** rotarymackaynorthernbeaches.weebly.com

**P** (07) 4969 5652

A Rotary Club that is innovative, inclusive & friendly, making a positive difference in our community and to our members.

**Rotary Club Of Port Of Townsville**

13 Maguire Street, ANDERGROVE QLD 4740

**W** rotary9570.org

**P** 0418 879 260

Rotary North Eastern Australia and Timor Leste. Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

**Soroptimist International Of Mackay**

**E** billwenlogan@bigpond.com

**W** sinorthqueensland.blogspot.com

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**P 0431 707 010**

A vibrant, dynamic organisation for today's professional and business women. We are committed to a world where women and girls together achieve their individual and collective potential, realise aspirations and have an equal voice in creating strong, peaceful communities worldwide. Our Mackay club is about a enjoyable environment for women to work together for community.

**Volunteer Marine Rescue Mackay Inc**

Marina Boat Ramp, Mulherin Drive,  
MACKAY QLD 4740

**E** mackay@marinerescueqld.org.au

**W** vmrmackay.org.au

**P** (07) 4955 5448

For the Mackay boating public, VMR448 is your answer to on-water help. This group of dedicated volunteers are on call 24/7 to assist in all maritime situations.

## General Community Clubs

**131 Army Cadet Unit**

14-30, Anzac Street, SARINA QLD 4737

**E** Amy.Bradford@armycadets.gov.au

**P** 0439 733 845

Australia's leading youth development organisation, catering for 13 - 18 year olds, with the character and values of the Australian Army of Teamwork, Courage, Initiative and Respect to empower youth to achieve their potential.

**Australian Army Cadets (122nd Army Cadet Unit)**

Ben Het Lines Komiatum Barracks, 400  
Shakespeare Street, MACKAY QLD 4740

**E** 122ACU@armycadets.gov.au

**P** (07) 4944 8517

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Cast The Net QLD**

55 Black Street, SOUTH MACKAY QLD  
4740

**E** ctnmackay1863@gmail.com

**P** 0417 225 522

Support and point of contact for the Mackay Australian South Sea Islander, Aboriginal and Torres Strait Islander peoples and those wishing to engage with our community.

**Central Queensland Beekeepers Association**

**E** cqbeekeepers@gmail.com

CQ Beekeepers Assn promotes and supports the interests of beekeepers of Mackay and the surrounding region, from commercial apiarists to hobbyists, and include both honey bees and native bees in our interests. We hold monthly meetings and seasonal information sessions. Being a member provide opportunities for fellowship with other beekeepers and avenues for assistance with bee-related issues.

**Coalport Community and Recreation Assoc**

Edmunds Avenue, LOUISA CREEK QLD  
4740

**E** betty.dudley@bigpond.com

**P** (07) 4956 3256

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Dows Creek Hall Committee Inc**

16 Bourkes Road Dows Creek, MIRANI  
QLD 4754

**E** dowscreekhall@gmail.com

**P** 0417 728 117

Community Group formed to care for old hall. Hold regular Old Time Dances; teach Dance. Offer Line dance lessons. Hall available for hires.

**Dragons Abreast Mackay**

**E** mackay@dragonsabreast.com.au

**W** dragonsabreast.com.au

**P** 0429 614 791

We are a group of breast cancer survivors who paddle in a dragon boat at the Mackay Marina to get fit, have fun and make new friends. We hold 3 X 1 hour training sessions per week and have monthly social outings. New members are always welcome. Please contact us for more details. Phone 0429614791 or check us out on the Dragons Abreast Mackay Facebook page.

**ESA International Alpha Rho Mackay Inc.**

**E** dneilsen76@bigpond.com

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**W** esaaustralia.org

**P** 0429 407 625

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Filipino Australian Community  
Association of Mackay and District Inc**

13 Macrossan St, MACKAY QLD 4740

**E** eodiomampo@yahoo.com

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Fitzgerald State School**

Norris Road, MACKAY NORTH QLD 4740

**E** principal@fitzgeraldss.eq.edu.au

**W** fitzgeraldss.eq.edu.au

**P** (07) 4965 6333

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Girl Guides - Northern Beaches**

4 Fisher Street, BUCASIA QLD 4750

**E** northernbeachesdm@guidesqld.org

**W** guidesqld.org

**P** (07) 3357 1266

We provide girls with opportunities to grow, learn  
and have fun in relevant and meaningful ways.

**Gum Valley veterans and natural terrain  
Motorcycle Club**

Thompson Road, KOUMALA QLD 4740

**E** gumvalley@outlook.com

**W** motorcyclebeachraces.com.au

**P** 0409 503 733

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Handbell Society of Australasia Mackay  
network**

**E** carmel@ehw.net.au

**P** 0408 728 952

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Harrup Park Country Club**

Harrup Park Country Club, 89 Juliet Street,  
SOUTH MACKAY QLD 4740

**E** admin@harruppark.com.au

**W** harruppark.com.au

**P** (07) 4944 0000

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Keep Fit Mackay**

**E** barbwhitfieldqkfa@yahoo.com.au

**W** qkfa.blogspot.com

**P** 0419 656 933

Provides professional, effective, safe & simple  
exercise classes and or 1 on 1 programs for a wide  
range of people, water based and land based, Aqua  
Fitness, Yoga, Meditation, Gentle movement to  
improve your health and wellbeing, Workshops and  
sessions for breathing for stress & anxiety  
reduction.

**Lions Club of Mackay Host**

**E** kennymky1@optusnet.com.au

**P** 0402 081 960

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Mack Pop Con**

**E** execs@mackpopcon.org.au

**W** mackpopcon.org.au

**P** 0413 175 487

Local popular culture interest group looking at  
organising and running community events in the  
Mackay Region.

**Mackay and District Orchid Society Inc**

**E** mdos.secretary@gmail.com

**P** 0419 668 652

The advancement of all that pertains to Orchids,  
particularly their natural history, cultivation and  
hybridisation. The dissemination of knowledge of  
Orchidology among members and kindred  
societies. The preservation of orchids in their  
natural habitat, in line with Government policy. The  
prevention of vandalism of Orchids. Holds regular  
monthly meetings/orchid shows .Promotion of  
good Fellowshi...

**Mackay and District Radio Aero  
Modellers**

Tigermoth road, MACKAY QLD 4740

**E** madramsmackay@gmail.com

**W** madrams.com.au

**P** 0417 719 358

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

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**Mackay and District 4WD Club**

**E** enquiry@mackay4wdclub.com

**W** mackay4wdclub.com

**P** (07) 4942 0280

Community Clubs & Interest Groups - General

Community Clubs - General Community Clubs.

**Mackay and District Dressage**

89 Gravinos Road, WALKERSTON QLD  
4751

**E** mackaydistrictdressage@hotmail.com

**P** (07) 4959 3434

Community Clubs & Interest Groups - General

Community Clubs - General Community Clubs.

**Mackay Christian Care**

9 Quarry Street, NORTH MACKAY QLD  
4740

**E** info@mcf.org.au

**W** mcf.org.au

**P** (07) 4963 1155

Community Clubs & Interest Groups - General

Community Clubs - General Community Clubs.

**Mackay Classic Club Inc**

**E** dstewart@matilda.net.au

**P** (07) 4959 0665

Community Clubs & Interest Groups - General

Community Clubs - General Community Clubs.

**Mackay Community Visitors Association**

1 Marryatt Street, MACKAY QLD 4740

**E** mkyvisitors@bigpond.com

**W** communityvisitorsmackay.org.au

**P** (07) 4953 4878

Community Clubs & Interest Groups - General

Community Clubs - General Community Clubs.

**Mackay Contract Bridge Club Inc**

414 Shakespeare Street, MACKAY QLD  
4740

**E** mcbbc@mackaybridgeclub.org.au

**W** mackaybridgeclub.org.au

**P** (07) 4951 2147

Community Clubs & Interest Groups - General

Community Clubs - General Community Clubs.

**Mackay District Rugby Union**

Quarry Street, NORTH MACKAY QLD 4740

**P** (07) 4942 2247

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

**Mackay Downunder Skindiving Club**

**E** Mdusc@outlook.com

**P** 0427 123 456

Mackay Downunder Skindiving Club. provides a club to bring together like minded free divers interested in the sport of spearfishing. Holding monthly club dives and an annual spearfishing competition 'The Cloughy Challenge' in late September, which is nationally recognised and endorsed by the Australian Underwater Federation.

**Mackay Filipino Australia Society, Inc**

2 Daniel Street, NORTH MACKAY QLD  
4740

**E** marie\_abautista@yahoo.com

**P** 0412 392 937

The Mackay Filipino Australian Society is a community involved in Filipino heritage located in Mackay whose goal is to provide the youths some Sports activities that would help them enhance their health and well being.

**Mackay Freecycle**

15 Youngs Lane, WALKSERSTON QLD 4751

**E** freecycle.moderator.au@gmail.com

**W** freecycle.org

**P** (07) 4959 3717

Our mission is to build a worldwide gifting movement that reduces waste, saves precious resources & eases the burden on our landfills while enabling our members to benefit from the strength of a larger community.

**Mackay Golden Years**

58 Macalister St, MACKAY QLD 4740

**E** thedecor@bigpond.net.au

**P** 0400 268 044

Community Club where you can build friendships, enjoy freshly made morning tea, entertainment, bingo & raffles. Wednesdays 9 - 11 am. Cost \$3.00

**Mackay Men's Shed**

43 Cremorne Street, CREMORNE QLD  
4740

**E** [mackaymensshed@outlook.com](mailto:mackaymensshed@outlook.com)

**P** 0428 424 962

The Mackay Men's Shed aims to provide a safe and supportive place for men to share knowledge and learn new skills, talk about men's mental health and well-being, promote mateship and community, and find purpose through workshop-based projects. Our members are welcome to work on community projects, specific Men's Shed projects, or a project of their choice, in their own time.

### **Mackay Northern Beaches Bowl Club**

2 Rosewood Drive, RURAL VIEW QLD 4740

**E** [fd@nbbowls.com.au](mailto:fd@nbbowls.com.au)

**W** [mnbbowls.com.au](http://mnbbowls.com.au)

**P** (07) 4954 8677

Our club is PROUDLY COMMUNITY OWNED & OPERATED. We aim to provide GREAT SERVICE, DELICIOUS FOOD and an expansive and exciting ENTERTAINMENT experience. MNBBC is the home to the ONLY GRASSED BOWLING GREENS in the Northern Beaches of Mackay, the BEACHES BISTRO – a welcoming & family friendly dining room, the BEACHES CAFÉ – our signature blend barista made coffee & locally made treats

### **Mackay Pistol Club**

**E** [secretary@mackaypistolclub.com](mailto:secretary@mackaypistolclub.com)

**W** [mackaypistolclub.com](http://mackaypistolclub.com)

**P** 0418 800 601

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

### **Mackay Region School Industry Links Scheme Inc**

**P** (07) 4940 3364

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

### **Mackay Rifle Club Inc**

**E** [bappleby@tpg.com.au](mailto:bappleby@tpg.com.au)

**P** 0429 988 509

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

### **Mackay Rod and Custom Club**

Pavilion 1 Mackay Showgrounds, 24  
Milton Street, MACKAY QLD 4740

**E** [info@themrcc.com.au](mailto:info@themrcc.com.au)

**W** [themrcc.com.au](http://themrcc.com.au)

**P** 0493 392 665

A car club with a group of people who have a passion for cars. The cars being American origin, custom, street rod or high performance and being at least 30 years old. We hold a large car show every two years raising funds to give to charities. We also donate at other times to charities and other not for profit organisations.

### **Mackay Society of Model Engineers Inc**

Muller Park, Boundary Road, PLANLANDS  
QLD 4740

**P** (07) 4956 1163

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

### **Mackay Sunrise Rotary Club**

**E** [leon@matilda.net.au](mailto:leon@matilda.net.au)

**P** 0418 986 189

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

### **Mackay Vintage Motor Club Inc**

**E** [mackayvmc@gmail.com](mailto:mackayvmc@gmail.com)

**W** [shannons.com.au](http://shannons.com.au)

**P** 0419 524 216

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

### **Mackay Writers**

Jubilee Community Centre, Alfred Street,  
MACKAY QLD 4740

**E** [mkywriters@gmail.com](mailto:mkywriters@gmail.com)

**W** [paulvanderloos.wixsite.com](http://paulvanderloos.wixsite.com)

**P** 0432 541 812

The group offers mutual support for anyone who loves to write. Workshops focus on aspects that aim to help develop your writing skills and keep you motivated.

### **North Mackay Australian Football Club Inc**

Cutler Drive, BEACONSFIELD QLD 4740

**P** (07) 4942 1116

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Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

#### **North Mackay Bowls Club Inc**

74-76 Malcomson St, NORTH MACKAY  
QLD 4740

**P** (07) 4942 3393

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#### **PCYC Sladie Seniors Fellowship**

Mackay PCYC, Norris Road, NORTH  
MACKAY QLD 4740

**E** kelsie.henderson@pcyc.org.au

**W** pcyc.org.au

**P** 0488 087 556

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

#### **Pioneer River Orchid and Plant Association Inc.**

**E** propa@hotmail.com.au

**P** (07) 4943 1473

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

#### **Pioneer Valley Classic Car Club**

31 Alexandra Street, MIRANI QLD 4754

**E** secretary@pioneervalleyclassiccarclub.  
com.au

**W** pioneervalleyclassiccarclub.com

Pioneer Valley Classic Car Club is located in Mirani, Queensland. We are a community minded group who run an annual car show called Dad's Day in the Valley and funds raised from this event are distributed to local charities and groups.

#### **Pioneer Valley Golf Club**

247 Leichhardt Road, MIRANI QLD 4754

**E** accounts@pioneervalleygolf.com.au

**W** pioneervalleygolf.com

#### **P (07) 4959 1277**

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

#### **Pioneer Valley Sporting Club**

Mackay Eungella Road, GARGETT QLD  
4741

**P** (07) 4958 5138

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

#### **PIONEER VALLEY TOURISM and DEVELOPMENT ASSOCIATION INC**

10 Anzac Avenue, MARIAN QLD 4753

**E** pvttda@pioneervalley.com.au

**P** (07) 4954 4299

The Association operates Melba House Explore Centre which is an nationally accredited visitor information centre operated by volunteers. We also have a display featuring Dame Nellie Melba memorabilia, a local craft shop and house Vintage Kiss Cafe. We operate our service 9am to 3pm, Pi7 days a week.

#### **PIONEER VALLEY TOURISM and DEVELOPMENT ASSOCIATION INC**

10 Anzac Avenue, MARIAN QLD 4753

**E** pvttda@pioneervalley.com.au

**P** (07) 4954 4299

Our group organises the annual Pioneer Valley Australia Day local awards and celebrations.

#### **ROTARACT MACKAY**

Jubilee Community Centre, Gordon Street,  
MACKAY QLD 4740

**E** up\_shah@yahoo.com

**P** 0438 658 004

Rotaract clubs bring together people ages 18-30 to exchange ideas with leaders in the community, develop leadership and professional skills, and have fun through service.

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**Rotary Club of Mackay West**

**E** [efbarry@bigpond.com](mailto:efbarry@bigpond.com)

**W** [mackaywestrotary.org.au](http://mackaywestrotary.org.au)

**P** 0499 302 976

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Rotary Club Of Walkerston**

**E** [walrot@gmail.com](mailto:walrot@gmail.com)

**W** [walkerstonrotary.blogspot.com](http://walkerstonrotary.blogspot.com)

**P** (07) 4959 2170

Walkerston Rotary club is part of Rotary International Organisation, serving the world, Australia, Queensland, the local community

**RSL of Aust (Qld Branch) Sarina Sub-Branch Inc T/A Sarina RSL**

34 Central Street, SARINA QLD 4737

**P** (07) 4956 1814

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

**SARINA BEACH PROGRESS ASSOCIATION INC**

**P** (07) 4956 6308

Community Clubs & Interest Groups - General  
Community Clubs - General Community Clubs.

**Sarina Bowls Club**

1 Patroyce Court, SARINA QLD 4737

**W** [sarinabowlsclub.com](http://sarinabowlsclub.com)

**P** (07) 4956 1612

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

**Sarina Golf Club**

72 Golf Course Road, SARINA QLD 4737

**E** [info@sarinagolfclub.com.au](mailto:info@sarinagolfclub.com.au)

**W** [sarinagolfclub.com.au](http://sarinagolfclub.com.au)

**P** (07) 4956 1761

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

**Sarina Leagues Club**

Cnr Broad St & Brewers Road, SARINA  
QLD 4737

**P** (07) 4956 1229

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

**Seaforth Bowls Club Inc**

Walsh Avenue, SEAFORTH QLD 4741

**P** (07) 4959 0201

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

**Shed Happens Mackay**

The Meeting Place, 9 Quarry Street,  
NORTH MACKAY QLD 4740

**E** [man@dfcowell.net](mailto:man@dfcowell.net)

**W** [shedhappens.org](http://shedhappens.org)

**P** 0434 908 968

Shed Happens is a forum for men to discuss their lives in an open and honest way in a safe non-threatening environment.

**Shed Happens Mackay - North Mackay**

6 Ungerer Street, NORTH MACKAY QLD  
4740

**E** [man@dfcowell.net](mailto:man@dfcowell.net)

**W** [shedhappens.org](http://shedhappens.org)

**P** 0434 908 968

Shed Happens is a forum for men to discuss their lives and experience in a safe non-threatening environment



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48 Gregory Street, MACKAY QLD 4740

**W** [salvationarmy.org.au](http://salvationarmy.org.au)

**P** (07) 4957 8237

It has been said The Salvation Army offers caring support for every problem “from the cradle to the grave.” Our services are as wide-ranging and diverse as the areas of need in the community, like an

## **Crisis Counselling & Intervention Services**

### **CASA**

Cnr Gregory & Alfred Streets, 54 Gregory Street, MACKAY QLD 4740

**E** [admin@casamackay.org.au](mailto:admin@casamackay.org.au)

**W** [casamackay.org.au](http://casamackay.org.au)

**P** (07) 4951 4299

Short term supported accommodation for families with dependent children in their care.

## **General Crisis and Emergency Services**

### **RACQ CQ Rescue**

16 Mike Jones Street, MACKAY QLD 4750

**E** [events@cqrescue.org.au](mailto:events@cqrescue.org.au)

**W** [cqrescue.org.au](http://cqrescue.org.au)

**P** (07) 4998 5232

Our Vision: To continue and advance the delivery of life-saving aeromedical and emergency helicopter rescue services to the people of Central Queensland.

## **Welfare Assistance & Support Services**

### **Act for Kids - Family and Child Connect (FaCC), Mackay**

15 Peel Street, MACKAY QLD 4740

**E** [faccmackay@actforkids.com.au](mailto:faccmackay@actforkids.com.au)

**W** [familychildconnect.org.au](http://familychildconnect.org.au)

**P** (07) 4847 0550

Family and Child Connect provides information and advice to people seeking assistance for children and families where there are concerns about their well-being. Families who find themselves in need of support can also contact Family and Child Connect for help.

### **Centrelink Access Point - Sarina**

65 Broad Street, SARINA QLD 4737

**W** [servicesaustralia.gov.au](http://servicesaustralia.gov.au)

**P** 13 24 68

Access Points provide free self-help facilities where customers can conduct their government-related business including information products and forms, access to a telephone to call the department, Medicare claiming facilities and a fax/photocopier. Access Point staff can also sight and photocopy Proof of Identity documents for Centrelink.

### **Centrelink Customer Service Centre - Mackay**

12 Greenfields Boulevard, MACKAY QLD 4740

**W** [servicesaustralia.gov.au](http://servicesaustralia.gov.au)

**P** 13 24 68

Customer Service Centres See a Customer Service Adviser to help you with advice and assistance on the payments and services most suited to your needs.

### **Salvation Army - Mackay**

48 Gregory Street, MACKAY QLD 4740

**W** [salvationarmy.org.au](http://salvationarmy.org.au)

**P** (07) 4957 8237

Offers various youth services and provides a range of services for homeless and disadvantaged young people. Services include outreach work (street work and drop in centres), accommodation and other services including prevention, drug and alcohol rehabilitation, employment, education, health, court and prison support and recreation.

### **Emergency Relief Program**

4 George Street, MACKAY QLD 4740

**E** [admin@tnhub.org.au](mailto:admin@tnhub.org.au)

**W** [tnhub.org.au](http://tnhub.org.au)

**P** (07) 4957 2626

Emergency Relief assists people in financial crisis to deal with their immediate crisis who have insufficient money to pay for essential household items. Emergency Relief is a form of assistance for those in temporary financial crisis.

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### **Family Support Program**

4 George Street, MACKAY QLD 4740

**E** admin@tnhub.org.au

**W** tnhub.org.au

**P** (07) 4957 2626

The Neighbourhood Hub's Family Support Program aims to improve the wellbeing and safety of children, young people and their families by building the capacity of families to care for and protect their children.

## **Cultural and Migrant Services**

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### **General Cultural Groups**

#### **Amanda G Faith Hope Love**

19 Marlin Court, ANDERGROVE QLD 4740

**E** courageousliving@outlook.com

**W** amanda-g.net

**P** 0401 977 940

Author, Encourager, Speaker

#### **Mackay and District Australian South Sea Islander Association Inc ( MADASSIA)**

South Sea Islander Hut , 218 Nebo Road,  
WEST MACKAY QLD 4740

**E** madassiamky@gmail.com

To establish a distinct Australian South Sea Island (ASSI) cultural landscape in our community that honours our heritage, pays utmost respect to our ancestors and one that best represents the custom and culture intrinsically linked with Mackay region. We respectfully extend our support to Aboriginal and Torres Strait Islander groups and individuals.

#### **Mackay And District Italian Association**

Wood Street, MACKAY QLD 4740

**E** mackayitalianstreetparty@gmail.com

**W** italianstreetparty.com.au

**P** 0431 246 637

Mackay and Districts Italian Association are a community group for people of Italian Heritage or people interested in Italian culture. Each year we put on the Mackay Italian Street Party in the Mackay City centre.

#### **Mackay Maltese Club Inc.**

**E** veronica.gauci@bigpond.com

**P** 0418 788 363

Cultural and Migrant Services - General Cultural Groups - General Cultural Groups.

#### **Multicultural Community Program**

43 Shakespeare Street, EAST MACKAY QLD 4740

**E** admin@tnhub.org.au

**W** tnhub.org.au

**P** (07) 4957 2626

The Multicultural Community Program provides information, referral and support to individuals and families who have culturally and linguistically diverse backgrounds. The program specialises in creating opportunities for people from culturally and linguistically diverse backgrounds to connect with the local community.

### **Migrant Services**

#### **Migrant Settlement Program**

43 Shakespeare Street, EAST MACKAY QLD 4740

**E** admin@tnhub.org.au

**W** tnhub.org.au

**P** (07) 4957 2626

The Migrant Settlement Program supports newly arrived migrants in Mackay and their successful integration into Australian society through individual case management, group information sessions, driver awareness classes as well as advocacy and support. The Migrant Settlement Program supports individuals and families to be independent and active participants within their new Australian communities.

## **Disability Services**

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### **Disability Accommodation Services**

#### **All Accessible Housing**

**E** allaccessiblehousing@gmail.com

**P** 0491 036 257

## Disability Employment & Training Services

### APM Disability Employment Services

12 Greenfields Boulevard, MACKAY QLD  
4740

E [mackay.es@apm.net.au](mailto:mackay.es@apm.net.au)

W [apm.net.au](http://apm.net.au)

P 1800 276 276

APM's Disability Employment Services helps people with an injury, illness or disability find a job with a local Mackay employer. We also provide workplace modification, assessment, school leaver, and ongoing support services.

### Disability Employment Services

46-50 Gordon Street, MACKAY QLD 4740

E [csteam@communitysolutions.org.au](mailto:csteam@communitysolutions.org.au)

W [communitysolutions.org.au](http://communitysolutions.org.au)

P 1300 621 499

Find and keep a job which is perfect for your ability. Working together, we find solutions to enable you to reach your employment goals in local jobs in your community.

### Endeavour Foundation Industries (EFI)

#### Mackay

22 David Muir Street, SLADE POINT QLD  
4740

E [hello@endeavour.com.au](mailto:hello@endeavour.com.au)

W [endeavour.com.au](http://endeavour.com.au)

P 1800 112 112

Endeavour Foundation supports people with intellectual disability to live, learn, work and flourish according to their own interests and priorities.

### Enterprise Management Group

237 Shakespeare Street, MACKAY QLD  
4740

E [p.ward@mpath.com.au](mailto:p.ward@mpath.com.au)

Disability Employment services to the community

### Milestone Employment - Mackay

224 Victoria Street, MACKAY QLD 4740

E [mylestonesemployment@cpl.org.au](mailto:mylestonesemployment@cpl.org.au)

W [cpl.org.au](http://cpl.org.au)

P (07) 4864 8100

We've helped thousands of job seekers to find jobs they love – could you be next? Whether you're leaving school, keen to enter or re-enter the workforce, or want to take your career in a new direction, we're the team who can help.

## Disability Information & Counselling

### CARE4MH

E [Admin@care4mh.com](mailto:Admin@care4mh.com)

W [care4mh.com](http://care4mh.com)

P 0473 875 433

CARE4MH provides therapeutic supports, behaviour support plans and support coordination services. Our experienced Allied Health team includes an Occupational Therapist and Credentialed Mental Health Nurses. We offer face to face and Telehealth appointments.

### Chronic Conditions Group

Ozcare Conference Rooms, 32 Victoria  
Street, MACKAY QLD 4740

E [dougbethw@bigpond.com](mailto:dougbethw@bigpond.com)

P (07) 4942 5574

This groups aim is to assist with: • Improving group members knowledge and skills in the self-management of chronic conditions • Providing guidance on where to seek assistance to get queries answered • Emotional support to adjust to new conditions • Building skills and learning new tools for general wellbeing • Learning from others experiences

### Mackay Autism Support Group

E [autismmackay@gmail.com](mailto:autismmackay@gmail.com)

P (07) 4942 3458

Mackay Autism Support Group is for parents of children and adults on the autism spectrum and for those themselves on the autism spectrum.

### Reed Disability Services

E [jedda@reeddisabilityservices.com](mailto:jedda@reeddisabilityservices.com)

P 0400 845 649

I provide capacity building support to assist NDIS participants to implement all supports in their NDIS plan, including informal, mainstream, community and funded supports.

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## Disability Respite and Activity Centres

### Dirity Wellbeing Services

16 Timberland Court, SARINA QLD 4737

**E** [diritywellbeingservices@gmail.com](mailto:diritywellbeingservices@gmail.com)

**W** [diritywellbeingservices.com.au](http://diritywellbeingservices.com.au)

**P** 0401 194 236

A registered NDIS Service Provider. Our services include Shared Independent Living, Community Nursing, Community Participation, Assist Personal Activities, Group/Centre Activities, Development Life Skills, Transport, Excursions, Respite, Household Tasks, Assist Life Stage, Transition

### Endeavour Foundation - Mackay Learning and Lifestyle

418 Shakespeare Street, MACKAY QLD

4740

**E** [hello@endeavour.com.au](mailto:hello@endeavour.com.au)

**W** [endeavour.com.au](http://endeavour.com.au)

**P** 1800 112 112

Endeavour Foundation supports people with intellectual disability to live, learn, work and flourish according to their own interests and priorities.

### MADEC Ltd

3, 17 MacAlister Street, MACKAY QLD

4740

**E** [madec@madec.org.au](mailto:madec@madec.org.au)

**W** [madec.org.au](http://madec.org.au)

**P** (07) 4951 1233

John E Smith Respite Home (MADEC Ltd)

## General Disability Services

### Aaa Disability Services

Shop 5, 181 Victoria Street, MACKAY QLD

4740

**E** [abelstaff@outlook.com](mailto:abelstaff@outlook.com)

**W** [abelstaff.com.au](http://abelstaff.com.au)

**P** 0439 084 508

Established to provide participants and their families with a model of care that involves all stakeholders in the decision-making. ABEL has been successful in implementing this service model supporting participants in their community. Providing an extensive range of disability services for NDIS participants and their families in the Mackay region.

### All Abiliites Mackay - KIDS (Kids Integrated Disability Support)

**E** [admin@allabilitiesmackay.org.au](mailto:admin@allabilitiesmackay.org.au)

**W** [allabilitiesmackay.org.au](http://allabilitiesmackay.org.au)

**P** (07) 4959 5173

KIDS (Kids Integrated Disability Support) program.

### All Abilities Mackay

**E** [admin@allabilitiesmackay.org.au](mailto:admin@allabilitiesmackay.org.au)

**W** [allabilitiesmackay.org.au](http://allabilitiesmackay.org.au)

**P** (07) 4959 5173

Welcome to All Abilities Mackay We support families based in Mackay Queensland, and advocate for the value, acceptance & inclusion for people with disabilities and their families.

### Alpha Nursing and Care Services Pty Ltd

**P** 0429 326 076

NDIS Registered Provider and Aged Care - providing support for people in their own homes.

### ASD Healthy Life

**E** [admin@asdhealthylife.com.au](mailto:admin@asdhealthylife.com.au)

**P** 0417 550 411

Info & Support in the areas of Nutrition & Health Promotion in a supportive, non judgemental environment. We present up to date knowledge and firsthand experience by providing one on one coaching/info.

### Aussie Ergonomics - Mackay

Shop 3, 73 Broad Street, SARINA QLD

4737

**E** [info@aussieergonomics.com.au](mailto:info@aussieergonomics.com.au)

**W** [aussieergonomics.com.au](http://aussieergonomics.com.au)

**P** 0412 317 903

Aussie Ergonomics provides customized seating solutions for wheelchair users. Our services include assessment, patient and wheelchair measurement, manufacture and integration of customized cushions and seatbacks to optimize seating comfort and prevent pressure sores. We are a fully NDIS registered provider.

### **Autism Therapy Services**

Macrossan Street, EAST MACKAY QLD  
4740

**E** [mackay@autismqld.com.au](mailto:mackay@autismqld.com.au)

**W** [autismqld.com.au](http://autismqld.com.au)

**P** (07) 4841 8300

Individual therapy sessions and assessment are available with Autism Queensland's qualified allied health professionals.

### **Community Options Program**

12-14 Nelson Street, MACKAY QLD 4740

**P** (07) 4968 3800

Basic support services, domestic assistance, yard maintenance, meals, transport, personal care, home respite, social support

### **Specialist Behaviour Support**

46-50 Gordon Street, MACKAY QLD 4740

**E** [csteam@communitysolutions.org.au](mailto:csteam@communitysolutions.org.au)

**W** [communitysolutions.org.au](http://communitysolutions.org.au)

**P** 1300 621 499

Specialist Behaviour Support provides focused support and training to people with disabilities and their support networks to improve their wellbeing and quality of life whilst reducing challenging behaviour.

### **Support Coordination**

46-50 Gordon Street, MACKAY QLD 4740

**E** [csteam@communitysolutions.org.au](mailto:csteam@communitysolutions.org.au)

**W** [communitysolutions.org.au](http://communitysolutions.org.au)

**P** 1300 621 499

Support Coordinators help you manage your NDIS plan to achieve your goals. Get the most out of your funding, find the right providers and build skills and independence to coordinate your own supports.

### **Cootharinga North Queensland - Mackay**

Level 2, 65 Sydney Street, MACKAY QLD  
4740

**E** [enquiries@cootharinga.org.au](mailto:enquiries@cootharinga.org.au)

**W** [cootharinga.org.au](http://cootharinga.org.au)

**P** 1800 266 842

At Cootharinga North Queensland, our purpose is to assist people to live the life they want. We are dedicated to providing choice and control for our customers, by providing a diverse range of quality services, therapies and support throughout Cairns and across far north Queensland.

### **Endeavour Foundation**

418 Shakespeare Street, MACKAY QLD  
4740

**E** [hello@endeavour.com.au](mailto:hello@endeavour.com.au)

**W** [endeavour.com.au](http://endeavour.com.au)

**P** 1800 112 112

Disability Services - General Disability Services - General Disability Services.

### **Engedi**

23 Holmes Drive, BEACONSFIELD QLD  
4740

**E** [manager@engedi.org.au](mailto:manager@engedi.org.au)

**W** [engedi.org.au](http://engedi.org.au)

**P** (07) 4942 5495

Flexible Family Support and Individualised Supports

### **Feros Care - LAC Service - Mackay**

Mackay Central, Shop 5 - 74 Wood Street,  
MACKAY QLD 4740

**E** [feroslac@ndis.gov.au](mailto:feroslac@ndis.gov.au)

**W** [feroscare.com.au](http://feroscare.com.au)

**P** 1300 986 970

Feros Care has partnered with the National Disability Insurance Scheme (NDIS) to help people with disability live healthy, fulfilling and connected lives. As an NDIS partner in the community, we provide Local Area Coordinators (LAC) that will link you to the NDIS and to mainstream and community supports in your area. Come in and see us every Friday for 'Feros Friday' no appointment necessary.

### **Home Assist Secure - Mackay and Hinterland**

187 Alfred Street, MACKAY QLD 4740

**E** [has.mackay@svdpqld.org.au](mailto:has.mackay@svdpqld.org.au)

**W** [vinnies.org.au](http://vinnies.org.au)

**P** (07) 4898 1334

The Department of Housing, through Home Assist Secure, aims to remove some of the practical housing related difficulties experienced by people with a disability and people over 60 years of age who wish to remain living in their home. Home Assist Secure provides free information and referrals about home maintenance, repairs, modifications and home security.

### **KYKI SUPPORT SERVICES**

19A Juliet Street, MACKAY QLD 4740

**E** [ammie@kyki.com.au](mailto:ammie@kyki.com.au)

**W** [kyki.com.au](http://kyki.com.au)

**P** 0457 254 741

We are a locally owned NDIS Registered Disability Support Company who are passionate about what we do. Providing support under the NDIS Guidelines, operating with honesty and Integrity. Servicing Mackay, Moranbah and the Whitsunday Region.

### **Livebetter Community Services - Mackay**

4B Discovery Lane, NORTH MACKAY QLD  
4740

**E** [admin@excelcare.com.au](mailto:admin@excelcare.com.au)

**W** [livebetter.org.au](http://livebetter.org.au)

**P** (07) 4840 0000

Excelcare Australia provides a range of services to people who are eligible in accordance with guidelines laid down by each funding body.

### **MADEC Ltd**

3, 17 MacAlister Street, MACKAY QLD  
4740

**E** [madec@madec.org.au](mailto:madec@madec.org.au)

**W** [madec.org.au](http://madec.org.au)

**P** (07) 4951 1233

MADEC Ltd - The John E Smith Respite House

### **MLC**

3 Preston Street, SLADE POINT QLD 4740

**E** [mackaylifestylechoices@bigpond.com](mailto:mackaylifestylechoices@bigpond.com)

**P** (07) 4955 0355

As a local registered service provider with the National Disability Insurance Agency (NDIA) Mackay Lifestyle Choices is able to provide quality support that is as individual as you are. We can provide group activities and one to one support in a safe and enjoyable environment.

### **Multicap**

50 Mulherin Drive, MACKAY HARBOUR  
QLD 4740

**E** [customerservice@multicap.org.au](mailto:customerservice@multicap.org.au)

**W** [multicap.org.au](http://multicap.org.au)

**P** 1300 135 886

Multicap is a not-for-profit organisation supporting individuals of all ages living with disability. Operating for almost 60 years, Multicap is one of the most highly regarded disability service providers in Queensland and northern New South Wales offering individual and group day programs, supported employment, short-term accommodation (respite), social support and much more.

### **Myrtle's Place**

391 Bridge Road, WEST MACKAY QLD  
4740

**E** [contact@onelifenq.org.au](mailto:contact@onelifenq.org.au)

**P** (07) 4957 2180

MDSIA is a not-for-profit organisation that has been serving the Mackay and district community since the late 80s. We specialise in supporting people with a spinal cord injury and other physical disabilities. MDSIA provides personal care and lifestyle assistance, supported accommodation, in-home respite, community access, accessible transportation for service users, upper tone gym, home ...

### **Next Step Disability Service Mackay**

**E** [admin@nsdsm.com.au](mailto:admin@nsdsm.com.au)

**W** [nextstepdisability.com.au](http://nextstepdisability.com.au)

**P** (07) 4863 1560

Next Step Disability Service has been established in response to local community demand for quality disability support services. Some of the services that we provide include:- One on one support Group activities Promote independence Community participation Assist with house hold duties including cooking, cleaning and gardening Case Management Community Participation Allied health support

### **Nurse Next Door Mackay**

37 Brisbane Street, MACKAY QLD 4740

**E** [mackay@nursenextdoor.com.au](mailto:mackay@nursenextdoor.com.au)

**P** 1300 014 247

Nurse Next Door is Passionate about Happier Aging and Making Lives better. We offer a holistic approach to a range of services from companionship to 24/7 nursing care. We'll work with you to create a personalised Care Plan based on your needs. We are Qualified, Screened, Insured. We service Private Pay, My Aged Care and NDIS plan and self managed packages in Mackay, Isaac and Whitsunday region.

### **Phoenix Place**

6A Lawson Street, MACKAY QLD 4740

**E** [admin@phoenixplace.org.au](mailto:admin@phoenixplace.org.au)

**W** [phoenixplace.org.au](http://phoenixplace.org.au)

**P** (07) 4953 5222

Supports those in our community living with a disability or mental illness. Offers assistance to participants of the NDIS with daily personal activities, daily living and life skills, household tasks and the participation in community and social activities. Offers Support Coordination and Individual Support to our participants. committed to delivering services and activities.

### **Sporting Wheelies and Disabled Sport And Recreation Assn Of Qld - Mackay**

78 Bridge Road, SOUTH MACKAY QLD 4740

**E** [mackay@sportingwheelies.org.au](mailto:mackay@sportingwheelies.org.au)

**W** [sportingwheelies.org.au](http://sportingwheelies.org.au)

**P** (07) 4953 1991

The Association enhances the lives of people with a disability through community engagement and education, sport and healthy activity.

### **Tailored Lifestyle Connections - Mackay**

Shop 11, 134 Victoria Street, MACKAY QLD 4740

**E** [ceo@tlconnections.com.au](mailto:ceo@tlconnections.com.au)

**W** [tlconnections.com.au](http://tlconnections.com.au)

**P** (07) 4957 3950

We are a NDIS registered provider! Tailored Lifestyle Connections can provide multiple services in relation to your NDIS plan including Plan Management, Support Coordination, Daily Activities, Community Access & MORE!

### **Supporting Connections - Support Coordination**

42 East Gordon Street, EAST MACKAY QLD 4740

**E** [enquiry@uniquedirections.com.au](mailto:enquiry@uniquedirections.com.au)

**W** [uniquedirections.com.au](http://uniquedirections.com.au)

**P** (07) 4942 7727

Unique Directions offers an independent support coordination service called Supporting Connections. You can get in touch by calling (07) 49 42 7727 / email [enquiry@supportingconnections.com.au](mailto:enquiry@supportingconnections.com.au) / visit 3/42 East Gordon St Mackay

### **Unique Directions / Our Mates Place**

42 East Gordon Street, EAST MACKAY QLD 4740

**E** [enquiry@uniquedirections.com.au](mailto:enquiry@uniquedirections.com.au)

**W** [uniquedirections.com.au](http://uniquedirections.com.au)

**P** (07) 4942 7727

Unique Directions provides Supported Independent Living (SIL) and Social & Community access support (S&C). We offer Our Mates Place (OMP) centre providing peer group & education development, along with recreational opportunities from 9am - 3pm Mon - Fri in Mackay. We have an independent Support Coordination service called Supporting Connections - contact [enquiry@supportingconnections.com.au](mailto:enquiry@supportingconnections.com.au)

### **UnitingCare (PiTC) - West Mackay**

135 Nebo Road, WEST MACKAY QLD 4740

**E** [pitc.ecei.mackay@ndis.gov.au](mailto:pitc.ecei.mackay@ndis.gov.au)

**W** [unitingcareqld.com.au](http://unitingcareqld.com.au)

**P** 0448 011 565

Early Childhood Partner with the NDIS

### **UnitingCare (PiTC) - West Mackay**

135 Nebo Road, WEST MACKAY QLD 4740

**E** [pitc.ecei.mackay@ndis.gov.au](mailto:pitc.ecei.mackay@ndis.gov.au)

**W** [unitingcareqld.com.au](http://unitingcareqld.com.au)

**P** 0448 011 565

Mackay early childhood partner to the NDIS for Mackay, Whitsunday and Isaac regions. We deliver the early childhood approach for children younger than 9 years with disability and children younger than 6 years with developmental concerns or delay, to obtain early intervention services and possible access to the NDIS. We support families to connect to mainstream and community services.

### **UnitingCare (PiTC) - West Mackay**

135 Nebo Road, WEST MACKAY QLD 4740

**E** [pitc.ecei.mackay@ndis.gov.au](mailto:pitc.ecei.mackay@ndis.gov.au)

**W** [unitingcareqld.com.au](http://unitingcareqld.com.au)

**P** 0448 011 565

UnitingCare are the Partner in the Community (PiTC) to the NDIS and deliver the early childhood approach to children under 9 years of age. We support children and their families under 6 years with developmental delays or concerns, and children and their families under 9 years with disability.

### **Wellways Mackay**

131 Victoria St, MACKAY QLD 4740

**E** QLDrostering@wellways.org

**W** wellways.org

**P** (07) 4953 0253

Wellways is a registered NDIS provider and our services span mental health, disability and community care. We work with individuals, families and the community to help them imagine and achieve better lives. We advocate for change to make sure people can access the best possible care and information when they need it.

## Special Education Programs

### Early Childhood Intervention Services

Macrossan Street, EAST MACKAY QLD 4740

**E** mackay@autismqld.com.au

**W** autismqld.com.au

**P** (07) 4841 8300

Early intervention services for young children with Autism Spectrum Disorder (ASD).

### Care Kitchen

St Paul's Uniting Church, Macalister Street, MACKAY QLD 4740

**P** 0402 066 908

What is Care Kitchen: We're a cooking school, providing a unique learning opportunity to 6 local adults who have Intellectual Impairments.

### Mackay District Special School

63 Mansfield Drive, BEACONSFIELD MACKAY QLD 4740

**E** principal@mackdistspecs.eq.edu.au

**W** mackaydistrictspecs.eq.edu.au

**P** (07) 4963 1333

A Special School for Primary Aged to Secondary Aged. Information provided by the Queensland Government Open Data Initiative.

## Education

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### Adult Education

#### Eyeopener Toastmasters - Mackay

**E** eyeopenermackay@gmail.com

**W** eyeopenermackay.toastmastersclubs.org

**P** 0409 722 340

NOW MEETING ON-LINE AND IN PERSON Develop your communication, public speaking and leadership skills in our supportive club environment and most importantly...have fun while you learn. Join us at 6.45 am on the 2nd, 4th and 5th Fridays of the month. Visitors welcome. Email us for details.

### Mackay Toastmasters Club

**E** contact-3283@toastmastersclubs.org

**W** mackay.toastmastersclubs.org

Build confidence and develop public speaking and leadership skills in a mutually supportive environment. Learn-by-doing by following the Toastmasters International education programme at our club meetings.

### Makerspaces Mackay Inc.

Level 2, Building 4, 92 Sydney Street, MACKAY QLD 4740

**E** committee@msmky.org

**W** msmky.org

**P** (07) 4911 4145

We are THE Makerspace in Mackay! A social group. A hobbyist group. We enjoy sharing knowledge, skills, ideas, challenges and wins. We do not limit ourselves to any discipline. If you have a skills, or an interest in a skill, PLEASE come along to an open night. You might be surprised who else in our community shares your interest. CREATE, LEARN, SHARE! Children under 17 years MUST be accompanied

### Toastmasters Pioneer Club MKY

60 Wellington St, MACKAY QLD 4740

**E** soberg64@gmail.com

**W** pioneertoastmastersmackay.org

**P** (07) 4942 2575

Come along and enjoy the fun of learning: Better listening, Better thinking and Better speaking skills. 1st,3rd & 5th Mondays of the month 7-9pm.

### TAFE Queensland Mackay Campus

90 Sydney Street, MACKAY QLD 4740

**E** tells@tafe.qld.edu.au

**W** tafeqld.edu.au

**P** (07) 3244 5488

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TAFE Queensland Mackay offers the Adult Migrant English Program (AMEP) designed to assist newly arrived migrants, refugees, humanitarian entrants and unemployed Australians from English speaking and diverse cultural and linguistic backgrounds.

## General Education Programs

### Balance Minder

**E** [leanne@balanceminder.com.au](mailto:leanne@balanceminder.com.au)

**P** 0428 181 824

Providing training in wellness skills including exercise, healthy eating and financial literacy. Balance Minder aims to provide the tools and support to all Australians to improve their physical, mental and social wellbeing. Deeply grounded in Tai Chi; We offer online and face to face courses which allows participants the opportunity to become the best version of themselves.

### Central Queensland University - Mackay City

90-92 Sydney Street, MACKAY QLD 4740

**W** [cqu.edu.au](http://cqu.edu.au)

**P** 13 27 86

CQUniversity Australia has one of the largest footprints of any university in Australia, offering a wide variety of TAFE and university qualifications. Choose to study online or on campus at one of our many locations and benefit from courses designed to prepare you with up-to-date, real-world knowledge and skills.

### First Aid Courses and Training - Blacks Beach

20 Sunrise Place, BLACKS BEACH QLD 4740

**E** [elsa@factqld.com.au](mailto:elsa@factqld.com.au)

**W** [factqld.com.au](http://factqld.com.au)

**P** 0488 442 325

First Aid Courses & Training offers a variety of tailor made courses to suit individuals needs. Group sessions are small allowing individuals to practice and learn life saving skills. Learn today!!

### Institute of TAFE - Mackay

Sydney St, MACKAY QLD 4740

**W** [education.qld.gov.au](http://education.qld.gov.au)

**P** 1300 278 233

Mackay campus is located in the city centre. The area is in close proximity to the Whitsunday Islands on the Great Barrier Reef.

### Kinchant Dam Outdoor Education Centre

685 Kinchant Dam Road, KINCHANT DAM QLD 4741

**W** [kinchantoec.eq.edu.au](http://kinchantoec.eq.edu.au)

**P** (07) 4954 1426

A Outdoor and Environmental Education Centre. Information provided by the Queensland Government Open Data Initiative.

### Mackay Regional Council - Paget

80 Crichtons Road, PAGET QLD 4740

**E** [bruce.thompson@mackay.qld.gov.au](mailto:bruce.thompson@mackay.qld.gov.au)

**W** [mackay.qld.gov.au](http://mackay.qld.gov.au)

**P** (07) 4961 9051

Waste Services at Mackay Regional Council facilitates and attends numerous events including composting and worm farm workshops

### MRAEL Group

5-7 Tennyson Street, MACKAY QLD 4740

**W** [mrael.com.au](http://mrael.com.au)

**P** (07) 4957 9800

Group Training Organisation

### University Of The Third Age Mackay

**E** [admin@u3amackay.com](mailto:admin@u3amackay.com)

**W** [u3amackay.org.au](http://u3amackay.org.au)

**P** 0419 668 652

U3A is a self help education movement which caters for persons in the 'third age' and for those who have retired, promoting the concept of studying simply for the joy of learning..

## Parents & Citizens Associations

### Seaforth State School Pandc Association

2092 Yakapari Seaforth Road, SEAFORTH QLD 4741

**E** [seaforthsspc@gmail.com](mailto:seaforthsspc@gmail.com)

Representative body of our children's school. To assist in continual improvement of our schools resources and reduce out of pockets expenses for our parents.

## Private (Primary and High Schools)

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**Carlisle Adventist Christian College**  
Cnr Holts Road and Carl Murray Drive,  
BEACONSFIELD QLD 4740

**E** reception@carlisle.qld.edu.au

**W** carlisle.qld.edu.au

**P** (07) 4942 7455

A Non-State School for Prep to Grade 12.  
Information provided by the Queensland  
Government Open Data Initiative.

**Emmanuel Catholic Primary School**  
Baxter Drive, MOUNT PLEASANT QLD  
4740

**E** enm@rok.catholic.edu.au

**W** ecps.qld.edu.au

**P** (07) 4942 5999

A Non-State School for Prep to Grade 6. Information  
provided by the Queensland Government Open  
Data Initiative.

**Holy Spirit College (Mount Pleasant)**  
Baxter Drive, MOUNT PLEASANT QLD  
4740

**E** admin@hsc.qld.edu.au

**W** hsc.qld.edu.au

**P** (07) 4994 8600

A Non-State School for Grade 7 to Grade 12.  
Information provided by the Queensland  
Government Open Data Initiative.

**Kutta Mulla Gorinna**  
Building 5, 133 Alfred Street, MACKAY  
QLD 4740

**E** office@kmg.qld.edu.au

**W** kmg.qld.edu.au

**P** (07) 4829 4302

Our school provides secondary schooling  
opportunities to those young people who are  
disengaged and alienated from the conventional  
school system. We welcome all students  
disengaged from schooling irrespective of their  
cultural background. We aim to ensure that  
students have an awareness of social justice  
principles and demonstrated respect for others.

**Mackay Christian College**  
9 Quarry Street, NORTH MACKAY QLD  
4740

**W** mcc.qld.edu.au

**P** (07) 4963 1100

An Associated Facility for Kindergarten to Year 12.  
Information provided by the Queensland  
Government Open Data Initiative.

**MacKillop Catholic Primary School  
(Andergrove)**

20 Nadarmi Drive, ANDERGROVE QLD  
4740

**E** mnm@rok.catholic.edu.au

**W** mnmrok.catholic.edu.au

**P** (07) 4955 3600

A Non-State School for Prep to Grade 6. Information  
provided by the Queensland Government Open  
Data Initiative.

**St Anne's Catholic Primary School  
(Sarina)**

3 Range Road, SARINA QLD 4737

**E** sas@rok.catholic.edu.au

**W** sasrok.catholic.edu.au

**P** (07) 4994 8285

A Non-State School for Prep to Grade 6. Information  
provided by the Queensland Government Open  
Data Initiative.

**St Francis Xavier Catholic Primary School  
(Mackay)**

Mackenzie Street, MACKAY WEST QLD  
4740

**E** sfxm@rok.catholic.edu.au

**W** sfxmrok.catholic.edu.au

**P** (07) 4951 1861

A Non-State School for Prep to Grade 6. Information  
provided by the Queensland Government Open  
Data Initiative.

**St John's Catholic School (Walkerston)**  
23 Creek Street, WALKERSTON QLD 4751

**W** sjwarok.catholic.edu.au

**P** (07) 4959 2445

A Non-State School for Prep to Grade 6. Information  
provided by the Queensland Government Open  
Data Initiative.

**St Joseph's Catholic Primary School  
(Mackay)**

4 Canberra Street, NORTH MACKAY QLD  
4740

**W** sjnmrok.catholic.edu.au

**P** (07) 4957 3355

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A Non-State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**St Mary's Catholic Primary School (Mackay)**

42 Juliet Street, MACKAY SOUTH QLD 4740

**W** [smmrok.catholic.edu.au](http://smmrok.catholic.edu.au)

**P** (07) 4951 1743

A Non-State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**St Patrick's College (Mackay)- Senior Campus**

Gregory Street, MACKAY QLD 4740

**E** [spcm\\_enquiries@rok.catholic.edu.au](mailto:spcm_enquiries@rok.catholic.edu.au)

**W** [stpats.qld.edu.au](http://stpats.qld.edu.au)

**P** (07) 4994 8700

A Non-State School for Grade 11 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**St Patrick's College Mackay - Mercy Campus**

Penn Street, MACKAY QLD 4740

**E** [spcm\\_enquiries@rok.catholic.edu.au](mailto:spcm_enquiries@rok.catholic.edu.au)

**W** [mercymackay.qld.edu.au](http://mercymackay.qld.edu.au)

**P** (07) 4994 8700

A Non-State School for Grade 7 to Grade 10. Information provided by the Queensland Government Open Data Initiative.

**Whitsunday Anglican School (Mackay)**

Celeber Drive, BEACONSFIELD QLD 4740

**E** [admin@was.qld.edu.au](mailto:admin@was.qld.edu.au)

**W** [was.qld.edu.au](http://was.qld.edu.au)

**P** (07) 4969 2000

A Non-State School for Prep to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**State (Primary and High Schools)**

**Alligator Creek State School**

50 Grasstree Road, ALLIGATOR CREEK QLD 4740

**E** [principal@alligatorcreekss.eq.edu.au](mailto:principal@alligatorcreekss.eq.edu.au)

**W** [alligatorcreekss.eq.edu.au](http://alligatorcreekss.eq.edu.au)

**P** (07) 4964 9222

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Andergrove State School**

Fernleigh Avenue, ANDERGROVE MACKAY QLD 4740

**W** [andergrovess.eq.edu.au](http://andergrovess.eq.edu.au)

**P** (07) 4955 4388

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Beaconsfield State School**

Nadina Street, BEACONSFIELD QLD 4740

**E** [admin@beaconsfieldss.eq.edu.au](mailto:admin@beaconsfieldss.eq.edu.au)

**W** [beaconsfieldss.eq.edu.au](http://beaconsfieldss.eq.edu.au)

**P** (07) 4969 2222

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Bloomsbury State School**

8545 Bruce Highway, BLOOMSBURY QLD 4799

**W** [bloomsbuss.eq.edu.au](http://bloomsbuss.eq.edu.au)

**P** (07) 4947 5736

A State School for Prep to Grade 7. Information provided by the Queensland Government Open Data Initiative.

**Bucasia State School**

13 Kemp Street, BUCASIA QLD 4750

**E** [admin@bucasiass.eq.edu.au](mailto:admin@bucasiass.eq.edu.au)

**W** [bucasiass.eq.edu.au](http://bucasiass.eq.edu.au)

**P** (07) 4969 7888

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Calen District State College**

38 McIntyre Street, CALEN QLD 4798

**W** [calendsc.eq.edu.au](http://calendsc.eq.edu.au)

**P** (07) 4949 7333

A State School for Prep to Grade 12. Information provided by the Queensland Government Open Data Initiative.

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**Chelona State School**

13 Chelona School Access Road, MACKAY  
QLD 4740

**E** [admin@chelonass.eq.edu.au](mailto:admin@chelonass.eq.edu.au)

**W** [chelonass.eq.edu.au](http://chelonass.eq.edu.au)

**P** (07) 4889 7222

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Coningsby State School**

1312 Bruce Highway, FARLEIGH QLD 4741

**E** [Principal@ConingsbySS.eq.edu.au](mailto:Principal@ConingsbySS.eq.edu.au)

**W** [coningsbyss.eq.edu.au](http://coningsbyss.eq.edu.au)

**P** (07) 4959 8315

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Dundula State School**

1 Main Street, DUNDULA QLD 4740

**E** [principal@dundulass.eq.edu.au](mailto:principal@dundulass.eq.edu.au)

**W** [dundulass.eq.edu.au](http://dundulass.eq.edu.au)

**P** (07) 4952 8333

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Eimeo Road State School**

21 Eimeo Road, RURAL VIEW QLD 4740

**E** [principal@eimeoroadss.eq.edu.au](mailto:principal@eimeoroadss.eq.edu.au)

**W** [eimeoroadss.eq.edu.au](http://eimeoroadss.eq.edu.au)

**P** (07) 4969 7111

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Eton North State School**

Kinchant Dam Rd, NORTH ETON QLD 4741

**E** [admin@northetonss.eq.edu.au](mailto:admin@northetonss.eq.edu.au)

**W** [northetonss.eq.edu.au](http://northetonss.eq.edu.au)

**P** (07) 4954 1267

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Eton State School**

10 Prospect Street, ETON QLD 4741

**E** [admin@etonss.eq.edu.au](mailto:admin@etonss.eq.edu.au)

**W** [etonss.eq.edu.au](http://etonss.eq.edu.au)

**P** (07) 4954 2111

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Eungella State School**

Chelmer Street, DALRYMPLE HEIGHTS QLD 4757

**W** [eungellass.eq.edu.au](http://eungellass.eq.edu.au)

**P** (07) 4958 4573

A State School for Prep to Grade 7. Information provided by the Queensland Government Open Data Initiative.

**Farleigh State School**

Chidlow Street, FARLEIGH QLD 4741

**E** [admin@farleighss.eq.edu.au](mailto:admin@farleighss.eq.edu.au)

**W** [farleighss.eq.edu.au](http://farleighss.eq.edu.au)

**P** (07) 4959 8229

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Finch Hatton State School**

Mackay Eungella Road, FINCH HATTON QLD 4756

**E** [principal@finchattss.eq.edu.au](mailto:principal@finchattss.eq.edu.au)

**W** [finchhattonss.eq.edu.au](http://finchhattonss.eq.edu.au)

**P** (07) 4958 3124

A State School for Prep to Grade 7. Information provided by the Queensland Government Open Data Initiative.

**Fitzgerald State School**

Norris Road, MACKAY NORTH QLD 4740

**E** [principal@fitzgeraldss.eq.edu.au](mailto:principal@fitzgeraldss.eq.edu.au)

**W** [fitzgeraldss.eq.edu.au](http://fitzgeraldss.eq.edu.au)

**P** (07) 4965 6333

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Gargett State School**

Tom Lynch Street, GARGETT QLD 4741

**E** [principal@gargettss.eq.edu.au](mailto:principal@gargettss.eq.edu.au)

**W** [gargettss.eq.edu.au](http://gargettss.eq.edu.au)

**P** (07) 4958 5137

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A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

### **Glenella State School**

Hill End Road, GLENELLA MACKAY QLD 4740

**E** [Principal@glenellass.eq.edu.au](mailto:Principal@glenellass.eq.edu.au)

**W** [glenellass.eq.edu.au](http://glenellass.eq.edu.au)

**P** (07) 4969 2333

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

### **Homebush State School**

1181 Homebush Road, MACKAY QLD 4740

**E** [principal@homebushss.eq.edu.au](mailto:principal@homebushss.eq.edu.au)

**W** [homebushss.eq.edu.au](http://homebushss.eq.edu.au)

**P** (07) 4959 7286

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

### **Koumala State School**

Bull Street, KOUMALA QLD 4738

**W** [koumalass.eq.edu.au](http://koumalass.eq.edu.au)

**P** (07) 4949 8111

A State School for Prep to Grade 7. Information provided by the Queensland Government Open Data Initiative.

### **Mackay Central State School**

Alfred Street, MACKAY QLD 4740

**E** [principal@mackaycentralss.eq.edu.au](mailto:principal@mackaycentralss.eq.edu.au)

**W** [mackaycentralss.eq.edu.au](http://mackaycentralss.eq.edu.au)

**P** (07) 4969 3111

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

### **Mackay Engineering College**

Boundary Road, MACKAY QLD 4740

**W** [mec.eq.edu.au](http://mec.eq.edu.au)

**P** (07) 4898 0333

A Support Unit (Other). Information provided by the Queensland Government Open Data Initiative.

### **Mackay North SHS - Special Education Program**

Valley Street, MACKAY NORTH QLD 4740

**W** [mackaynorthshs.eq.edu.au](http://mackaynorthshs.eq.edu.au)

**P** (07) 4963 1726

A Special Education Program for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

### **Mackay North SS - Special Education Program**

Willis Street, MACKAY NORTH QLD 4740

**W** [macknortss.eq.edu.au](http://macknortss.eq.edu.au)

**P** (07) 4940 0332

A Special Education Program for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

### **Mackay North State High School**

Valley Street, MACKAY NORTH QLD 4740

**E** [principal@mackaynorthshs.eq.edu.au](mailto:principal@mackaynorthshs.eq.edu.au)

**W** [mackaynorthshs.eq.edu.au](http://mackaynorthshs.eq.edu.au)

**P** (07) 4963 1666

A State High School for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

### **Mackay North State School**

Cnr Evans Avenue and Harvey Street, NORTH MACKAY QLD 4740

**E** [principal@macknortss.eq.edu.au](mailto:principal@macknortss.eq.edu.au)

**W** [macknortss.eq.edu.au](http://macknortss.eq.edu.au)

**P** (07) 4940 0333

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

### **Mackay Northern Beaches State High School**

30 Rosewood Drive, RURAL VIEW QLD 4740

**E** [principal@macknorthbeachesshs.eq.edu.au](mailto:principal@macknorthbeachesshs.eq.edu.au)

**W** [macknorthbeachesshs.eq.edu.au](http://macknorthbeachesshs.eq.edu.au)

**P** (07) 4842 1333

A State High School for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

### **Mackay Positive Learning Centre**

Shakespeare Street, MACKAY QLD 4740

**W** [education.qld.gov.au](http://education.qld.gov.au)

**P** (07) 4957 7411

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A Positive Learning Centre for Grade 6 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**Mackay SHS - Special Education Program**

105 Milton Street, MACKAY QLD 4740

**W** [mackayshs.eq.edu.au](http://mackayshs.eq.edu.au)

**P** (07) 4957 9128

A Special Education Program for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**Mackay State High School**

123 Milton Street, MACKAY QLD 4740

**E** [admin@mackayshs.eq.edu.au](mailto:admin@mackayshs.eq.edu.au)

**W** [mackayshs.eq.edu.au](http://mackayshs.eq.edu.au)

**P** (07) 4957 9179

A State High School for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**Mackay West SS - Special Education Program**

Ferguson Street, WEST MACKAY QLD 4740

**W** [mackaywestss.eq.edu.au](http://mackaywestss.eq.edu.au)

**P** (07) 4957 3482

A Special Education Program for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Mackay West State School**

Pinder Street, MACKAY WEST QLD 4740

**E** [principal@mackaywestss.eq.edu.au](mailto:principal@mackaywestss.eq.edu.au)

**W** [mackaywestss.eq.edu.au](http://mackaywestss.eq.edu.au)

**P** (07) 4951 5111

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Marian State School**

137 Anzac Avenue, MARIAN QLD 4753

**E** [principal@marianss.eq.edu.au](mailto:principal@marianss.eq.edu.au)

**W** [marianss.eq.edu.au](http://marianss.eq.edu.au)

**P** (07) 4959 4444

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Mirani State High School**

Augusta Street, MIRANI QLD 4754

**W** [miranishs.eq.edu.au](http://miranishs.eq.edu.au)

**P** (07) 4966 7111

A State High School for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**Mirani State School**

12 Maud Street, MIRANI QLD 4754

**E** [principal@miraniss.eq.edu.au](mailto:principal@miraniss.eq.edu.au)

**W** [miraniss.eq.edu.au](http://miraniss.eq.edu.au)

**P** (07) 4966 7333

A State School for Prep to Grade 7. Information provided by the Queensland Government Open Data Initiative.

**North Eton State School**

44-80 Kinchant Dam Road, NORTH ETON QLD 4741

**E** [admin@northetonss.eq.edu.au](mailto:admin@northetonss.eq.edu.au)

**W** [northetonss.eq.edu.au](http://northetonss.eq.edu.au)

**P** (07) 4954 1267

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Northview SS - Special Education Program**

Pioneer Street, MOUNT PLEASANT QLD 4740

**W** [northviewss.eq.edu.au](http://northviewss.eq.edu.au)

**P** (07) 4965 6824

A Special Education Program for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Northview State School**

54 Pioneer Street, MOUNT PLEASANT QLD 4740

**E** [principal@northviewss.eq.edu.au](mailto:principal@northviewss.eq.edu.au)

**W** [northviewss.eq.edu.au](http://northviewss.eq.edu.au)

**P** (07) 4965 6888

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Oakenden State School**

177 Oakenden School Road, OAKENDEN QLD 4741

**E** [admin@oakendenss.eq.edu.au](mailto:admin@oakendenss.eq.edu.au)

**W** [oakendenss.eq.edu.au](http://oakendenss.eq.edu.au)

**P (07) 4959 7272**

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Pindi Pindi State School**

5923 Bruce Highway, PINDI PINDI QLD 4798

**E** [principal@pindipindiss.eq.edu.au](mailto:principal@pindipindiss.eq.edu.au)

**W** [pindipindiss.eq.edu.au](http://pindipindiss.eq.edu.au)

**P (07) 4958 7884**

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Pinnacle State School**

Pinnacle Street, PINNACLE QLD 4741

**E** [principal@pinnacless.eq.edu.au](mailto:principal@pinnacless.eq.edu.au)

**W** [pinnacless.eq.edu.au](http://pinnacless.eq.edu.au)

**P (07) 4958 5223**

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Pioneer SHS - Special Education Program**

Bedford Road, ANDERGROVE MACKAY QLD 4740

**W** [pioneershs.eq.edu.au](http://pioneershs.eq.edu.au)

**P (07) 4955 9228**

A Special Education Program for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**Pioneer State High School**

Bedford Road, ANDERGROVE MACKAY QLD 4740

**E** [principal@pioneershs.eq.edu.au](mailto:principal@pioneershs.eq.edu.au)

**W** [pioneershs.eq.edu.au](http://pioneershs.eq.edu.au)

**P (07) 4955 9222**

A State High School for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**Pioneer Valley Cluster Special Education Program**

Marian State School, 137 Anzac Avenue, MARIAN QLD 4753

**W** [marianss.eq.edu.au](http://marianss.eq.edu.au)

**P (07) 4959 4423**

A Special Education Program for Prep to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**Sarina SS - Special Education Program**

Broad Street, SARINA QLD 4737

**W** [sarinass.eq.edu.au](http://sarinass.eq.edu.au)

**P (07) 4964 8816**

A Special Education Program for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Sarina State High School**

Anzac Street, SARINA QLD 4737

**E** [schooladmin@sarinashs.eq.edu.au](mailto:schooladmin@sarinashs.eq.edu.au)

**W** [sarinashs.eq.edu.au](http://sarinashs.eq.edu.au)

**P (07) 4943 8111**

A State High School for Grade 7 to Grade 12. Information provided by the Queensland Government Open Data Initiative.

**Sarina State School**

Broad Street, SARINA QLD 4737

**W** [sarinass.eq.edu.au](http://sarinass.eq.edu.au)

**P (07) 4964 8888**

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Seaforth State School**

2092 Yakapari Seaforth Road, SEAFORTH QLD 4741

**W** [seaforthss.eq.edu.au](http://seaforthss.eq.edu.au)

**P (07) 4959 0133**

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Slade Point State School**

362 Slade Point Road, SLADE POINT MACKAY QLD 4740

**E** [principal@sladepointss.eq.edu.au](mailto:principal@sladepointss.eq.edu.au)

**W** [sladepointss.eq.edu.au](http://sladepointss.eq.edu.au)

**P (07) 4965 7333**

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

**Swayneville State School**

952 Sarina Marlborough Road, SARINA  
QLD 4737

**E** [principal@swaynevilless.eq.edu.au](mailto:principal@swaynevilless.eq.edu.au)

**W** [swaynevilless.eq.edu.au](http://swaynevilless.eq.edu.au)

**P** (07) 4943 5333

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

### **Victoria Park State School**

15 Goldsmith Street, EAST MACKAY QLD  
4740

**E** [principal@victoriaparkss.eq.edu.au](mailto:principal@victoriaparkss.eq.edu.au)

**W** [victoriaparkss.eq.edu.au](http://victoriaparkss.eq.edu.au)

**P** (07) 4951 6333

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

### **Walkerston State School**

13 McColl Street, WALKERSTON QLD 4751

**E** [admin@walkerstonss.eq.edu.au](mailto:admin@walkerstonss.eq.edu.au)

**W** [walkerstonss.eq.edu.au](http://walkerstonss.eq.edu.au)

**P** (07) 4959 4333

A State School for Prep to Grade 6. Information provided by the Queensland Government Open Data Initiative.

## **Employment & Training**

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### **Disability Employment & Training Services**

#### **IDEAL Placements - Mackay**

70 Sydney Street, MACKAY QLD 4740

**E** [admin@idealplacements.com.au](mailto:admin@idealplacements.com.au)

**W** [idealplacements.com.au](http://idealplacements.com.au)

**P** (07) 4957 8177

Disability Employment Network supporting clients to find and maintain open employment. Host Provided for Your Life Your Choice Funding

### **Employment Information & Assistance**

#### **Jobfind - Mackay**

7 Sydney Street, MACKAY QLD 4740

**W** [jobfind.com.au](http://jobfind.com.au)

**P** (07) 4965 9700

Focused on meeting the needs of jobseekers and employers. Job Services Australia is responsive and flexible to individual needs and is the gateway for job seekers to access one-on-one assistance and tailored employment services and provides opportunities for training, skills development, work experience and tailored assistance.

### **General Employment & Training Services**

#### **ACE Apprenticeship Centre - Mackay**

6A Lawson Street, MACKAY QLD 4740

**P** (07) 4957 9890

ACE operates under a contract from the Australian Government to provide you with information and advice regarding your Apprentices and Trainees.

#### **Apprentice Careers and Employment**

6A Lawson Street, MACKAY QLD 4740

**W** [mrael.com.au](http://mrael.com.au)

**P** (07) 4957 9870

Employment & Training - General Employment & Training Services - General Employment & Training Services.

#### **Axiom College**

13 Wellington Street, MACKAY QLD 4740

**E** [mackay@axiomcollege.com.au](mailto:mackay@axiomcollege.com.au)

**W** [axiomcollege.com.au](http://axiomcollege.com.au)

**P** (07) 3510 8080

Axiom College offers quality Vocational Education and Training in a wide range of short courses and full qualifications.

#### **BUSY At Work - Mackay Work for the Dole Employment Services**

120 Wood Street, MACKAY QLD 4740

**E** [busy@busyatwork.com.au](mailto:busy@busyatwork.com.au)

**W** [busyatwork.com.au](http://busyatwork.com.au)

**P** 13 28 79

BUSY At Work is a not for profit organisation providing apprenticeship, employment and community programs.

### **ParentsNext**

46-50 Gordon Street, MACKAY QLD 4740

**E** [csteam@communitysolutions.org.au](mailto:csteam@communitysolutions.org.au)

**W** [communitysolutions.org.au](http://communitysolutions.org.au)

**P** 1300 621 499

Education and employment program to help parents back to work. Specific support for parents of children under six years old to plan and reach future goals.

### **Skilling Queenslanders for Work**

46-50 Gordon Street, MACKAY QLD 4740

**E** [csteam@communitysolutions.org.au](mailto:csteam@communitysolutions.org.au)

**W** [communitysolutions.org.au](http://communitysolutions.org.au)

**P** 1300 621 499

Accredited training and employment support, funded by the Queensland Government, for people who are unemployed and looking to get back to work.

### **Disability Employment Services**

**E** [csteam@communitysolutions.org.au](mailto:csteam@communitysolutions.org.au)

**W** [communitysolutions.org.au](http://communitysolutions.org.au)

**P** 1300 621 499

Find and keep a job which is perfect for your ability. Working together, we find solutions to enable you to reach your employment goals in local jobs in your community.

### **ParentsNext**

**E** [csteam@communitysolutions.org.au](mailto:csteam@communitysolutions.org.au)

**W** [communitysolutions.org.au](http://communitysolutions.org.au)

**P** 1300 621 499

Education and employment program to help parents back to work. Specific support for parents of children under six years old to plan and reach future goals.

### **Construction Skills Queensland - Mackay**

**E** [info@csq.org.au](mailto:info@csq.org.au)

**P** 1800 798 488

Assisting the Queensland building and construction industry by providing industry wide help with training, up skilling and funding. Construction Skills Queensland has firmly established itself in a leadership role, empowering industry to take responsibility for real skills solutions.

### **Dudley Denny City Library**

134 Victoria Street, MACKAY QLD 4740

**E** [learning@mackay.qld.gov.au](mailto:learning@mackay.qld.gov.au)

**W** [mackay.qld.gov.au](http://mackay.qld.gov.au)

**P** 1300 622 529

Mackay Regional Council Libraries are a dynamic public resource that promotes free and open access to information, materials and services to all members of the community to advance knowledge, foster creativity, encourage the exchange of ideas, build community and enhance the quality of life.

### **First Aid Course Mackay - Australia Wide First Aid**

27 Gordon Street, MACKAY QLD 4740

**E** [info@australiawidefirstaid.com.au](mailto:info@australiawidefirstaid.com.au)

**W** [australiawidefirstaid.com.au](http://australiawidefirstaid.com.au)

**P** (07) 3437 7500

First aid training - fully accredited, best price guaranteed, and certification recognised nationally

### **IDEAL Placements - Sarina**

36 Broad Street, SARINA QLD 4737

**W** [idealplacements.com.au](http://idealplacements.com.au)

**P** (07) 4943 0594

AALL Who's Eligible: All Job Seekers

### **IPWEAQ**

258 Alfred Street, MACKAY QLD 4740

**E** [monica.robertson@ipweaq.com](mailto:monica.robertson@ipweaq.com)

**W** [ipweaq.eventsair.com](http://ipweaq.eventsair.com)

**P** (07) 3632 6802

This NQ Branch Conference is aimed at those actively involved in the delivery of public works. Our conferences bring together these professionals to advance their advancing their skills, knowledge and resources.

### **Jobfind - Mackay**

7 Sydney Street, MACKAY QLD 4740

**W** [jobfind.com.au](http://jobfind.com.au)

**P** (07) 4965 9700

AALL Who's Eligible: All Job Seekers. Jobfind is a one-stop-shop for training and employment. Gain the skills you need with our state-of-the-art training and let our dedicated consultants promote YOU to prospective employers. We have helped over half a million people across Australia into employment and we can help you too. This site provides full time services Mon-Fri 9am-5pm

### **Jobfind - Sarina**

**E** [info@jobfindcentre.com.au](mailto:info@jobfindcentre.com.au)

**W** [jobfind.com.au](http://jobfind.com.au)

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**P (07) 4965 9700**

AALL Who's Eligible: All Job Seekers. This site provides Outreach services With opening hours as required Monthly

### **MEGT - Mackay**

Suite G01, 45 Victoria Street, MACKAY  
QLD 4740

**E** [info@megt.com.au](mailto:info@megt.com.au)

**W** [megt.com.au](http://megt.com.au)

**P (07) 4951 6777**

We are an Australian not-for-profit organisation that has been supporting employers, apprentices, trainees, job seekers and students since 1982.

### **Youth Employment Program**

Verde Central - Ground Level, 44 Nelson  
Street, MACKAY QLD 4740

**E** [businessMKY@dstdsatsip.qld.gov.au](mailto:businessMKY@dstdsatsip.qld.gov.au)

**W** [dstdsatsip.qld.gov.au](http://dstdsatsip.qld.gov.au)

**P (07) 4862 7001**

Youth Employment Program is an employment support program for Aboriginal and Torres Strait Islander people who are looking for work or considering further education.

## **Youth Employment & Training Services**

### **YIRS - One Stop Youth Shop Inc**

72 Victoria Street, MACKAY QLD 4740

**E** [admin@yirs.org.au](mailto:admin@yirs.org.au)

**W** [yirs.org.au](http://yirs.org.au)

**P (07) 4957 7949**

Current Training Programs Available for Youth

## **Environment & Conservation**

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### **Environment & Conservation Local History**

#### **Mackay Regional Botanic Gardens Friends Association**

Botanic Gardens, 9 Lagoon Street, WEST  
MACKAY QLD 4740

**E** [mackayrbgfriends@gmail.com](mailto:mackayrbgfriends@gmail.com)

**W** [mackayregionalbotanicgardens.com.au](http://mackayregionalbotanicgardens.com.au)

**P 0436 331 009**

The Garden Friends are a group of people with an interest in supporting the Mackay Regional Botanic Gardens and its ongoing development. We are a mixture of nature lovers, gardeners, horticulturists, walkers, artists, bird observers, photographers, environmentalists and all age groups are represented in our membership.

### **Pioneer Valley Museum**

Victoria Street, MIRANI QLD 4754

**E** [pioneer.valley.museum@gmail.com](mailto:pioneer.valley.museum@gmail.com)

**P (07) 4961 9229**

Managed by the Friends of the Museum, the small but beautifully presented social history Museum includes a display on the Sugar Industry, indigenous artefacts, a large natural history section which includes the fossilised remains of a Diprotodon and a well used reading nook with photo albums, local family history booklets and many publications relating to the Valley.

## **Environmental Action & Conservation**

### **Conservation Volunteers Australia - Mackay**

**E** [mackay@cva.org.au](mailto:mackay@cva.org.au)

**W** [conservationvolunteers.com.au](http://conservationvolunteers.com.au)

**P (07) 4951 0933**

We undertake different conservation activities every week of the year. You can help us with weeding, bird watching, marine debris surveys, tree planting, seed collection or plant propagation.

### **Mackay Community Garden**

Sarah Street, WEST MACKAY QLD 4740

**E** [info@mackaycommunitygarden.org](mailto:info@mackaycommunitygarden.org)

**P 0427 961 632**

The Mackay Community Garden Inc. is a permaculture garden demonstration and education site and has been operating since 2008. It is continually evolving under the guidance of a core crew and the group of volunteers who dedicatedly lend their support.

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**Mackay Recreational Fishers Alliance inc**

6 Swallow Street, SLADE POINT QLD 4740

**E** [mrfa@easynet.net.au](mailto:mrfa@easynet.net.au)

**W** [mackayrecfishersalliance.org](http://mackayrecfishersalliance.org)

**P** 0408 844 610

MRFA is an incorporated body looking after the needs of recreational anglers from Midge Point, to Clareview.

**Pioneer Catchment and Landcare Group**

**E** [admin@pioneercatchment.org.au](mailto:admin@pioneercatchment.org.au)

**W** [pioneercatchment.org.au](http://pioneercatchment.org.au)

**P** (07) 4944 1979

Environment & Conservation - Environmental Action & Conservation - Environmental Action & Conservation.

**Coastcare**

**E** [reception@reefcatchments.com](mailto:reception@reefcatchments.com)

**W** [reefcatchments.com.au](http://reefcatchments.com.au)

**P** (07) 4968 4200

Part of the Coasts and Communities Program deals with working with coastal communities to identify local environmental problems and achieve practical solutions. Coastcare is an Australia-wide community of volunteers who care for their coast. Our Coastcare volunteers are involved in revegetation, weed control and educational kids events, just to name a few!

**Coasts and Biodiversity**

**E** [reception@reefcatchments.com](mailto:reception@reefcatchments.com)

**W** [reefcatchments.com.au](http://reefcatchments.com.au)

**P** (07) 4968 4200

The Coasts & Biodiversity program was initiated to set a vision for the future of the Mackay Whitsunday Isaac coast and engage local communities in coastal management activities. It provides a strategic and coordinated approach to managing our coast; developing local management plans to enable organisations, community groups, and local residents to work together to achieve the best outcomes.

**Sarina Landcare Catchment Management Association Inc.**

101 Beach Road, SARINA QLD 4737

**E** [admin@sarinalandcare.org.au](mailto:admin@sarinalandcare.org.au)

**W** [sarinalandcare.org.au](http://sarinalandcare.org.au)

**P** (07) 4956 1388

Environment & Conservation - Environmental Action & Conservation - Environmental Action & Conservation.

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## Health Services

### Aboriginal Health Services

**Aboriginal and Torres Strait Islander Health**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

The Aboriginal and Torres Strait Islander Health Unit acknowledges and pays respect to the Aboriginal Traditional Owners and the Aboriginal and Torres Strait Islander Elders, people, consumers, and staff, past, present and future, on whose land we provide health services.

**Deadly Choices Program**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6022

Deadly Choices is a program which informs participants about staying strong and healthy, maintaining healthy lifestyles and making positive lifestyle choices. The program nurtures leadership and encourages participants to become positive mentors and role models in their community.

**Working towards Closing the Gap**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Working towards Closing the Gap The Mackay HHS Closing the Gap Forum was held on Tuesday 29 June, 2021 and focused on highlighting the complexities of early childhood development for First Nations children.

### Ageing Health Services

**Older Persons Mental Health Service (OPMHS)**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3893

OPMHS provides clinical case management for adults over the age of 65 years (55, for Aboriginal and Torres Strait Islander adults) with a mental illness or a disorder complicating an underlying medical condition.

### **Aged Care**

35 Central Street, SARINA QLD 4737

**E** [enquiry@mudth-niyleta.com](mailto:enquiry@mudth-niyleta.com)

**W** [qaihc.com.au](http://qaihc.com.au)

**P** (07) 4956 2509

Mudth-Niyleta is a provider of Aged cares for the Australian Government.

## **Allied Health**

### **Active Physiotherapy Mackay**

Unit 3, 43 Gregory Street, MACKAY QLD 4740

**E** [reception@activephysiomackay.com.au](mailto:reception@activephysiomackay.com.au)

**P** (07) 4953 3557

A well established physiotherapy clinic with 11 treatment rooms, purpose built rehabilitation gym and Pilates studio. Our team consists of 14 experienced physiotherapists who are highly skilled in the assessment, diagnosis and treatment of pain and injuries.

### **Active Physiotherapy Sarina**

33 Central Street, SARINA QLD 4737

**E** [reception@activephysiomackay.com.au](mailto:reception@activephysiomackay.com.au)

**P** (07) 4953 3557

A well established physiotherapy clinic with 11 treatment rooms, purpose built rehabilitation gym and Pilates studio. Our team consists of 14 experienced physiotherapists who are highly skilled in the assessment, diagnosis and treatment of pain and injuries.

### **Alliance Rehabilitation - Mackay**

14 Heaths Road, MOUNT PLEASANT QLD 4740

**E** [reception@alliancerehab.com.au](mailto:reception@alliancerehab.com.au)

**W** [alliancerehab.com.au](http://alliancerehab.com.au)

**P** (07) 4772 1219

Specialised interdisciplinary health service providing an innovative approach to independent daily living through occupational therapy, exercise physiology, physiotherapy, speech pathology, dietetics, continence nursing, diabetes education, social work, psychology services & driving & assistive technology assessment. Services provided through NDIS, WorkCover, NIISQ, DVA & Private referrals.

### **Anderson Family Chiropractic**

Shop 2 Greenfields Convenience Centre, 4 Grandview Drive, MOUNT PLEASANT QLD 4740

**E** [admin@andersonfamilychiro.com.au](mailto:admin@andersonfamilychiro.com.au)

**W** [andersonfamilychiro.com.au](http://andersonfamilychiro.com.au)

**P** (07) 4942 6930

We are a family orientated Chiropractic Clinic in North Mackay focusing on tailored, individualised health care to help everyone reach their health goals

### **Anzac Street Physiotherapy**

7 Anzac Street, SARINA QLD 4737

**P** (07) 4943 0555

We provide physiotherapy to all within our area.

### **Autism Therapy Services**

Macrossan Street, EAST MACKAY QLD 4740

**E** [mackay@autismqld.com.au](mailto:mackay@autismqld.com.au)

**W** [autismqld.com.au](http://autismqld.com.au)

**P** (07) 4841 8300

Individual therapy sessions, assessment and group programs are available with Autism Queensland's qualified allied health professionals.

### **Bcerta Occupational Health and Sports Medicine Clinic**

160 Boundary Road, OORALEA QLD 4740

**E** [bcerta@gpsclinic.com.au](mailto:bcerta@gpsclinic.com.au)

**W** [bcerta.com](http://bcerta.com)

**P** (07) 4848 1133

Our operations are led by our Australian based Medical Director who manages a network of 240 OH doctors covering all of the country.

### **Buck and Todd Optometrist**

103 Alfred Street, MACKAY QLD 4740

**E** [reception@bucktodd.com.au](mailto:reception@bucktodd.com.au)

**W** bucktodd.com.au

**P** (07) 4957 3066

We have been caring for the eyes of Mackay since 1952 and along the way we have reinvested into our practice to provide the most up to date, most technologically equipped and most experienced optometrist in Mackay today.

### **Central Highlands Optical Sarina**

20 Central Street, SARINA QLD 4737

**E** reception@choptical.com.au

**P** (07) 4941 8562

Central Highlands Optical has an optometrist available to test your eyes and provide any recommendations for your vision needs. If your looking for great glasses, Central Highlands Optical has an outstanding selection of frames for the entire family.

### **Construct Health - Mackay**

Shop 3, 1 Old Eimeo Road, EIMEO QLD 4740

**E** mackay@construct-health.com

**W** construct-health.com.au

**P** (07) 4840 2122

At Construct Health we pride ourselves on bringing big-city quality physiotherapy, occupational health care and rehabilitation services to our patients and corporate clients irrespective of where they may be.

### **Core Concepts T/AS Sarina Chiropractic Centre**

77 Broad Street, SARINA QLD 4737

**E** drjcoreconcepts@bigpond.com

**P** (07) 4943 1414

An underlying principle of chiropractic is "healthy spine, healthier life". By offering expert drug-free spinal health care and lifestyle advice, chiropractors help Australians lead and maintain healthy lives.

### **Dietcare Mackay**

81 Wood Street, MACKAY QLD 4740

**E** admin@dietcare.com.au

**W** dietcare.com.au

**P** (07) 4957 8540

Dietcare offer a range of services, including Aged Care, Corporate Nutrition, Individual Consultations and Nutrition Services. We offer phone and video consultations if you are unable to attend your appointment face-to-face.

### **Discover Chiropractic Mackay**

33 Malcolmson Street, NORTH MACKAY QLD 4740

**E** north@discoverchiro.com.au

**W** discoverchiromackay.com.au

**P** (07) 4953 5953

Our Goal is to provide you with the best quality of service with effective chiropractic treatment that creates an environment that will motivate and educate you to take responsibility for your spine health and to achieve a better life.

### **Elite Physiotherapy Mackay**

Shop 9, 137 Shakespeare Street, MACKAY QLD 4740

**E** elitephysiomackay@gmail.com

**W** australian.physio

**P** (07) 4999 9773

The Australian Physiotherapy Association (APA) represents more than 24 000 physiotherapists around Australia.

### **Experience Healing**

Unit 5, 8 Centurion Drive, MACKAY QLD 4740

**E** experiencehealingjd@gmail.com

**P** (07) 4952 4400

Here at Experience Healing Chiropractic Mackay we are an expertly trained, caring team who are committed to providing outstanding information and care in regards to Musculoskeletal treatment for our patients.

### **EyeQ Optometrists Mackay**

32 Gordon Street, MACKAY QLD 4740

**E** mackay@eyeq.com.au

**W** eyeq.com.au

**P** (07) 4944 1100

With over fifteen years experience as a caring optometrist, Natalie provides eye care for all ages and has extra qualifications in children's vision, behavioral vision care and is therapeutically qualified allowing her to treat many eye conditions including certain eye infections and contact lens-related complications.

### **Eyes-r-us - Mackay**

North Mackay Central, 25-29 Evans Avenue, NORTH MACKAY QLD 4740

**E** [admin@eyesrus.com.au](mailto:admin@eyesrus.com.au)

**W** [eyesrus.com.au](http://eyesrus.com.au)

**P** (07) 4942 5266

Eyes-R-Us is a locally owned and operated, independent optometrist located at North Mackay Central, 25-29 Evans Avenue. North Mackay QLD 4740

### **Grays Chiropractic Northern Beaches**

Northern Beaches Central Shopping Centre, 10 Eimeo Road, RURAL VIEW QLD 4740

**E** [admin@grayschiropractic.com.au](mailto:admin@grayschiropractic.com.au)

**W** [grayschiropractic.com.au](http://grayschiropractic.com.au)

**P** (07) 4954 8455

For over 30 years Grays Chiropractic has been serving the families of Mackay with caring and effective chiropractic care. We have now expanded to 2 centres in Mackay – Northern Beaches and Grays Chiropractic & Wellness allowing us to serve the Mackay region. We happily welcome you to our centre and look forward to helping you achieve your health goals.

### **Health and Hearts Exercise Physiology Clinic - Mackay**

Suite 2, 2 Tennyson Street, MACKAY QLD 4740

**E** [reception@healthandhearts.com.au](mailto:reception@healthandhearts.com.au)

**W** [healthandhearts.com.au](http://healthandhearts.com.au)

**P** (07) 4957 7997

Exercise with Confidence Improve the way you exercise to lose weight, reduce pain, manage medical & health conditions, get fit and make the best of the rest of your life. Our exercise physiologists provide programme prescription and monitoring, fitness and metabolism testing, advice on pain management and motivational support, and supervised exercise sessions.

### **Physiotherapy Mackay**

Office 4, 55 Gordon Street, MACKAY QLD 4740

**E** [mackay@healthfirstgroup.com.au](mailto:mackay@healthfirstgroup.com.au)

**W** [healthfirstgroup.com.au](http://healthfirstgroup.com.au)

**P** (07) 4837 1633

We are a team of leading allied health experts offering a range of physiotherapy services. Our group of health practitioners are chosen for their inclusive, multi-disciplinary approach to healthcare to ensure all of our clients' needs are met at an exceptional level. Our physios service Mackay including the surrounding suburbs.

### **Ideas Kitchen Consulting**

**E** [info@ideaskitchenconsulting.com.au](mailto:info@ideaskitchenconsulting.com.au)

**W** [ideaskitchenconsulting.com.au](http://ideaskitchenconsulting.com.au)

**P** (07) 4840 2080

Ideas Kitchen Consulting is committed to collaboratively finding that recipe using the best available knowledge and innovation to achieve personal, professional and business growth.

### **In-Motion Chiropractic**

Willetts Road Health and Medical Hub, Suite 4, 93 Willetts Road, MOUNT PLEASANT QLD 4740

**E** [info@inmotionchiro.com.au](mailto:info@inmotionchiro.com.au)

**W** [inmotionchiro.com.au](http://inmotionchiro.com.au)

**P** (07) 4951 3888

Here at In-Motion Chiropractic in Mackay, we take a multi-disciplinary approach to your health care, by combining chiropractic and physiotherapy under the one roof. By combining these modalities we provide safe and effective care for the young and old and everyone in between. Lymphoedema and Oncology services at In-Motion are delivered by our skilled rehabilitation physiotherapist.

### **Julie Pratt - IBS and FODMAP Dietitian**

Barton Street, WEST MACKAY QLD 4740

**E** [julie@naturalbalancenutrition.com.au](mailto:julie@naturalbalancenutrition.com.au)

**W** [natural-balance-nutrition-dietitian.business.site](http://natural-balance-nutrition-dietitian.business.site)

**P** 0420 994 870

Natural Balance Nutrition is a virtual nutrition practice specialising IBS management and the low FODMAP diet. We help clients with a range of digestive issues including: - Irritable bowel syndrome (IBS) - Fructose malabsorption - Lactose intolerance - Coeliac disease - Reflux - Chronic constipation / diarrhoea - Small intestinal bacterial overgrowth (SIBO)

### **Laubman and Pank Canelands**

Shop GD2445 Caneland Central, 2 Mangrove Road, MACKAY QLD 4740

**W** [laubmanandpank.com.au](http://laubmanandpank.com.au)

**P (07) 4951 2944**

At Laubman & Pank, we know how important your eyes are. So we take the time to understand you, your eyes and your lifestyle, and offer solutions that best suit you.

### **Laubman and Pank Mackay**

Shop 15 Sydney Street Markets, 31

Gordon Street, MACKAY QLD 4740

**E** 2114storemailbox@luxottica.com.au

**W** laubmanandpank.com.au

**P (07) 4953 1444**

At Laubman & Pank, we know how important your eyes are. So we take the time to understand you, your eyes and your lifestyle, and offer solutions that best suit you.

### **Linda Sandes Speech Pathologist Speech Pathologist**

36 Ford Street, WALKERSTON QLD 4751

**P (07) 4959 2021**

We specialise in literacy, fluency, learning, speech and language problems in children, and deal with children from age 1 year upwards. Parents are welcome to contact and discuss their concern regarding their child, at any stage.

### **Literacy and Speech Language Pathology Services**

Suite 12 Mater Medical Centre, 76 Willetts Road, MACKAY QLD 4740

**E** akeeb3@eq.edu.au

**P (07) 4958 8173**

Assessment and treatment of speech, language, literacy, stuttering and auditory processing disorders in children.

### **Mackay Chiropractic and Massage**

9 Palmer Street, NORTH MACKAY QLD 4740

**E** reception@mackaychiropractic.com

**P (07) 4951 4688**

Welcome to Mackay Chiropractic, the Spinal Decompression specialists! Thank you for choosing us for your family's health care. Whether you are just chasing immediate relief from pain, or if you are interested in chiropractic as a component to your overall wellness program, we are here for you 100%. Your goals are our goals.

### **Mackay Ears**

26 Swift Street, SLADE POINT QLD 4740

**E** mackayears@gmail.com

**W** mackayears.net

**P 0405 675 607**

At Mackay Ears we offer latest and safest procedure for removing excess ear wax, dirt & bugs from your ears and at affordable prices. Locally owned and operated servicing Mackay, Sarina and Isaac Region.

### **Dietetics and Nutrition**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** mackay.health.qld.gov.au

**P (07) 4885 6000**

Dietetics and Nutrition As experts in nutrition, our Dietitians provide education and practical support to enable patients to make dietary choices that will maximise their health and wellbeing.

### **Occupational Therapy**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** mackay.health.qld.gov.au

**P (07) 4885 6000**

Occupational Therapy Our Occupational Therapists play a critical role in helping people of all ages to overcome the effects of disability caused by illness, aging or accident so that they can carry out everyday tasks or occupations and participate in the activities of everyday life.

### **Physiotherapy**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** mackay.health.qld.gov.au

**P (07) 4885 6000**

Physiotherapy Our Physiotherapists aim to restore a person's function, maximising their mobility and health and minimising their dysfunction.

### **Podiatry**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** mackay.health.qld.gov.au

**P (07) 4885 6000**

Podiatry The primary aim of the Podiatry Clinic is to decrease preventable lower limb amputations, reduce hospital length of stay and improve rehabilitation outcomes in relation to foot and lower limb pathology.

### **Psychology**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Psychology Our Psychologists provide assessment and intervention for patients who develop emotional, behavioural and/or cognitive issues secondary to their medical condition, illness or injury or where such issues are impacting on their health improvement.

### **Social Work**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Social Work Social Workers are members of the treating team and provide a broad range of generalist and specialist services including: counseling, care coordination and guidance regarding: diagnosis and illness management, treatment and recovery processes and referral information.

### **Speech Pathology**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Speech Pathology Speech Pathologists provide assessment, diagnosis, treatment and management to children and adults needing help with communication and/or swallowing.

### **Maximum Health Chiropractic**

Suite 7 Mount Pleasant Plaza, Phillip  
Street, MOUNT PLEASANT QLD 4740

**E** [admin@maximumhealthchiropractic.com.au](mailto:admin@maximumhealthchiropractic.com.au)

**W** [maximumhealthchiropractic.net](http://maximumhealthchiropractic.net)

**P** (07) 4942 2666

Our aim is to promote preventative healthcare so that individuals, families and the community can all benefit from improved health and a greater sense of well-being.

### **Mobile Allied Health Team**

Mackay and Community Health Centre,  
12-14 Nelson Street, MACKAY QLD 4740

**P** (07) 4968 3893

Allied Health professionals are an integral part of the healthcare team providing support of a person's diagnosis, recovery and quality of life. They work alongside doctors and nurses to ensure and increase a person's independence, self care and mobility, with a focus on reducing the risk of complications in chronic conditions or after injury or illness.

### **Move and Play Paediatric Therapy**

Shop 2A, 6 Discovery Lane, NORTH  
MACKAY QLD 4740

**E** [admin@moveplaypaedtherapy.com.au](mailto:admin@moveplaypaedtherapy.com.au)

**W** [moveandplay.com.au](http://moveandplay.com.au)

**P** 0420 307 385

We are the leading paediatric physiotherapy service located in the Mackay region.

### **Mulherin Chiropractic**

Shop 3, 287 Anzac Avenue, MARIAN QLD  
4753

**E** [mulherinchiropractic@gmail.com](mailto:mulherinchiropractic@gmail.com)

**P** (07) 4954 4623

We provide Chiropractic services within Marian

### **My Chiropractor Mackay City**

157 Victoria Street, MACKAY QLD 4740

**E** [admin@mychiropractorqld.com.au](mailto:admin@mychiropractorqld.com.au)

**W** [mychiropractorqld.com.au](http://mychiropractorqld.com.au)

**P** (07) 4953 1622

We provide Chiropractic services within Mackay

### **My FootDr - Mackay**

153 Victoria Street, MACKAY QLD 4740

**E** [mackay@myfootdr.com.au](mailto:mackay@myfootdr.com.au)

**W** [myfootdr.com.au](http://myfootdr.com.au)

**P** (07) 4951 0111

Located at 153 Victoria Street, at My FootDr Mackay (formerly Balance Podiatry) we provide the community with the highest-quality podiatry services and treatments.

### **Natural Care Chiropractic**

87 Nebo Road, MACKAY QLD 4740

**E** [admin@naturalcarechiropractic.com.au](mailto:admin@naturalcarechiropractic.com.au)

**P** (07) 4944 0900

We provide Chiropractic services within Mackay

### **Occumax**

Unit 5 Nexus Business Park, 16 Transport Avenue, PAGET QLD 4740

**E** natalie@occumax.com.au

**W** occumax.com.au

**P** (07) 4818 0445

Our Occupational Therapists, Speech Pathologists, Psychologist and Social Worker use a variety of evidence based tools and techniques to help your child overcome their participation and communication problems for the simple things that really matter.

### **Occupational Health Mackay**

Palmer Street, NORTH MACKAY QLD 4740

**E** iom@occupationalhealthmackay.com.au

**W** harbourroadmedical.com.au

**P** (07) 4957 4724

Occupational Health Mackay is the longest serving Occupational Health provider in the region. We have been supplying essential and efficient medical services for almost 30 years.

### **OneLifeNQ - Occupational Therapy and Nursing**

12 Grendon Street, NORTH MACKAY QLD 4740

**E** contact@onelifenq.org.au

**P** (07) 4957 2180

Occupational Therapy and Nursing services

### **OPSM Mackay**

Shop 225 Caneland Central, Victoria Street, MACKAY QLD 4740

**E** 1295storemailbox@luxottica.com.au

**W** opsm.com.au

**P** (07) 4953 0749

OPSM have been helping people see and be seen for over 80 years. We don't just focus on eyes, we see people for who they are — and who they aspire to be.

### **OPSM Mount Pleasant**

Mt Pleasant Shopping Centre - Shop 2 , Cnr Phillip Street & Bucasia Road, MOUNT PLEASANT QLD 4740

**E** 2264storemailbox@luxottica.com.au

**W** opsm.com.au

**P** (07) 4942 5161

OPSM have been helping people see and be seen for over 80 years. We don't just focus on eyes, we see people for who they are — and who they aspire to be.

### **Peak Family Chiropractic**

200 Nebo Road, MACKAY QLD 4740

**E** admin@peakfamilychiro.com.au

**W** peakfamilychiro.com.au

**P** (07) 4998 5664

Peak Family Chiropractic, providing lifestyle based chiropractic care and helping those of all ages achieve PEAK health.

### **Physio Plus Mackay (Mater Hospital Clinic)**

Suite 27, Mater Hospital Suites, 76

Willetts Road, NORTH MACKAY QLD 4740

**E** mackay@physioplus.com.au

**W** physioplus.com.au

**P** (07) 4942 5800

We love what we do and we're passionate about health! Physio Plus are proudly independent locally owned health clinics. Enthusiastic, compassionate and informed clinicians.

### **Physioplus Clinic**

Shop 1 - 2, 87 Willetts Road, MOUNT PLEASANT QLD 4740

**E** mackay@physioplus.com.au

**W** physioplus.com.au

**P** (07) 4942 5800

Physio Plus opened in Mackay in early 2007. Mackay was proudly the first Quality in Practice (QIP) accredited practice between the Sunshine Coast and Townsville.

### **Pioneer Podiatry Mackay**

Pioneer Podiatry, 148 Sams Road, MOUNT PLEASANT QLD 4740

**E** info@pioneerpodiatry.com.au

**W** pioneerpodiatry.com.au

**P** (07) 4942 5016

Provides Podiatry across various regions of Queensland.

### **Pioneer Podiatry Mackay**

Pioneer Podiatry, 148 Sams Road, MOUNT PLEASANT QLD 4740

**E** info@pioneerpodiatry.com.au

**W** [pioneerpodiatry.com.au](http://pioneerpodiatry.com.au)

**P** (07) 4942 5016

We offer a professional podiatric service in Mackay and Sarina for all of your family needs. If you are looking for any of the following, we're the ones to see!

### **Podiatry Mackay**

The Gasworks Complex, Unit 2, 137  
Shakespeare Street, MACKAY QLD 4740

**E** [reception@podiatrymackay.com](mailto:reception@podiatrymackay.com)

**W** [podiatrymackay.com](http://podiatrymackay.com)

**P** (07) 4953 1233

Home to foot and ankle in Mackay for over 20 years the team at Podiatry Mackay strive to provide the most recent, evidence based approach to treating foot and ankle problems for all, including sportspeople, children, diabetics and occupational health.

### **Preventative Health Centre**

2 Telina Drive, BEACONSFIELD QLD 4740

**E** [phcmky@gmail.com](mailto:phcmky@gmail.com)

**P** (07) 4942 1357

We provide Osteopath and Chiropractic services to help with musculoskeletal and soft tissue injuries. Office Hours Tues Thurs Fri 8.30am -12pm and 2pm - 5.30pm Mon 2pm - 5.30pm Wed 8am -11.30am

### **Sarina Family Chiropractic**

12 Central Street, SARINA QLD 4737

**E** [admin@sarinafamilychiro.com.au](mailto:admin@sarinafamilychiro.com.au)

**W** [sarinafamilychiro.com.au](http://sarinafamilychiro.com.au)

**P** (07) 4943 0100

At Sarina Family Chiropractic, your health is our number one priority. We want to get you moving and feeling your best.

### **Occupational Therapy**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

### **Physiotherapy**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

### **Social Work**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Social Work services provide clients and their families with individual and group consultation advice and support for emotional, social, environmental, and holistic wellbeing. Social Work services are provided in collaboration with other allied health services to ensure the client achieve and maintain optimum health so the client can function in their daily lives.

### **Speech Pathologist**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice. They often work with children helping a child's speech develop. Speech pathology can also help if you have problems swallowing food or drinking safely.

### **Sherine Elias Dietitian**

Suite 12, 76 Willetts Road, MACKAY QLD 4740

**E** [sediet@bigpond.net.au](mailto:sediet@bigpond.net.au)

**P** (07) 4955 5183

Sherine Elias provides dietary solutions that are best suited to your needs. We are Australian owned and operated business in QLD

### **Sian Neubecker Paediatric O.T. Services**

17 Turtle Place, BLACKS BEACH QLD 4740

**E** [spotsmackay@hotmail.com](mailto:spotsmackay@hotmail.com)

**P** 0432 473 710

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Sian Neubecker Paediatric Occupational Therapy Services (SPOTS) can help children with a variety of needs improve their cognitive, social and motor skills and enhance their self-esteem and sense of accomplishment.

### **South Mackay Psychology**

255 Evan Street, SOUTH MACKAY QLD  
4740

**E** carolyn.ritchie1@bigpond.com

**P** (07) 4951 2884

When you are feeling overwhelmed with the pressures of modern-day life, South Mackay Psychology can help you with techniques to achieve emotional balance. Our fully qualified psychologist can help you work through any anxiety or emotional distress you are feeling. Our Mackay psychology clinic is a warm and comfortable environment

### **Specsavers Mackay Canelands**

Shop 2068 Caneland Central, Victoria  
Street, MACKAY QLD 4740

**E** dir.mackaycanelands.au@specsavers.com

**W** specsavers.com.au

**P** (07) 4944 0016

Specsavers is Australia's #1 optometrist. With over 1000 pairs of glasses to choose from in every store, come in and celebrate your spec style with us!

### **Speechease Speech Therapy - Mackay**

22 Wellington Street, MACKAY QLD 4740

**E** welcome@speechease.net.au

**W** speechease.net.au

**P** 1300 773 273

SpeechEase Speech Therapy is a dedicated Speech Pathology practice with family, commitment, and holistic values at our core. We are passionate about what we do and are driven to assist our wide range of clients with their individual speech, language, swallowing, stuttering, and voice difficulties.

### **Sprouting Health Chiropractic**

#### **Chiropractic - Mackay**

7 Sydney Street, MACKAY QLD 4740

**E** MACKAYADMIN@SPROUTINGHEALTHCHIROPRACTIC.COM.AU

**W** sproutinghealthchiropractic.com.au

**P** (07) 4898 1020

Sprouting Health, formerly known as Little Sprouts, is a health and wellness practice operating in Newcastle, Maitland and Mackay. Our professional practitioners incorporate Applied Kinesiology, Chiropractic, Musculoskeletal Acupuncture and other treatments to help all members of your family - from babies to seniors - reach their maximum health potential.

### **Start Well Physiotherapy**

Unit 3, 344 Alfred Street, MACKAY QLD  
4740

**E** startwellphysiotherapy@gmail.com

**P** 0447 778 278

Providing quality paediatric physiotherapy services to the Mackay region and surrounds.

### **Sugarboal Psychology Centre**

Suite 1, 54 Gregory Street, MACKAY QLD  
4740

**P** (07) 4898 1168

Psychology Centre in Mackay

### **Sweet As Diabetes Solutions**

46 Oxley Crescent, ERAKALA QLD 4740

**E** sweetasdiabetes@bigpond.com

**P** 0427 989 902

Diabetes Educator in Erakala, QLD.

### **Tatiana Kiefer Speech Pathologist**

24 Marsh Street, MACKAY QLD 4740

**P** (07) 4951 1506

Speech Pathologist in Mackay, Queensland, 4740

### **The Optical Superstore - Mackay**

Shop 2509 Caneland Shopping Centre,  
Victoria Street, MACKAY QLD 4740

**W** opticalsuperstore.com.au

**P** (07) 4957 6066

The Optical Superstore is proudly 100% Australian owned and operated. We provide a wide range of frames and lens types to suit a wide range of budgets.

### **Total Lifestyle Chiropractic Mackay**

11 Holland Street, WEST MACKAY QLD  
4740

**E** mackay@tlcaustralia.com

**W** tlcaustralia.com

**P** (07) 4957 8550

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TLC Mackay Chiropractors is part of TLC Australia Pty Ltd is one of Australia's largest health and wellness companies focusing on delivering Chiropractic care to regional communities of Australia. We pride ourselves on treating our patients like family and our aim is to improve the health and wellness of the community we serve. We welcome you to our Practice!

### **Total Lifestyle Chiropractic Mount Pleasant**

Suite 5 Willetts Centre, 87 Willetts Road,  
MOUNT PLEASANT QLD 4740

**E** Support@TLCAustralia.com

**W** tlcaustralia.com

**P** (07) 4942 4100

TLC Mt Pleasant Chiropractors is part of TLC Australia Pty Ltd is one of Australia's largest health and wellness companies focusing on delivering Chiropractic care to regional communities of Australia. We pride ourselves on treating our patients like family and our aim is to improve the health and wellness of the community we serve. We welcome you to our Practice!

### **Upper Limb and Things**

Courts Corner Arcade - Shop 1, 142 Nebo Road, WEST MACKAY QLD 4740

**E** info@upperlimbs.com.au

**W** upperlimbs.com.au

**P** (07) 4942 7576

Upper Limbs & Things is based in Mackay, our services offer diagnosis and treatment for a range of upper limb conditions, lymphoedema, vascular conditions, burns, scars and swelling. provides treatment for problems relating to the upper limb (the arm from fingertips to above elbow), lymphoedema, vascular conditions, burns, scars and swelling.

### **Wellness With Deb**

**E** wellnesswithdeb@bigpond.com

**W** wellnesswithdeb.weebly.com

**P** 0434 940 300

Wellness With Deb provides health aids, in the form of external breast prostheses, to ladies who've undergone breast cancer surgery to remove part or all of their breast. Medicare (& some Health Funds) provide a rebate towards the purchase of an external breast prostheses. Fittings are by appointment only, and are available most weekdays & weekends. The clinic is located at a private residence.

## **Child Youth & Family Health**

### **Child and Maternal Health**

31 Victoria Street, MACKAY QLD 4740

**W** atsichsmackay.org

**P** (07) 4957 9400

Our dedicated Child and Maternal Health Team aims to improve outcomes for mums and babies by providing support, before, during and after pregnancy.

### **The Courage Project - Trauma Informed Mental Health Services for Children Under 14 years.**

25 Wellington Street, MACKAY QLD 4740

**E** intake@bravehearts.org.au

**P** (07) 4953 6600

Support to children and young people (under the age of 14) in who have experienced, or are at risk of experiencing, child sexual abuse and/or physical violenceSupport services to the non-offending family members including parents, partners, siblings and others.

### **Child and Family Health**

40 Carlyle Street, MACKAY QLD 4740

**W** mackay.health.qld.gov.au

**P** (07) 4885 7750

We provide a range of services that focus on enhancing the health and wellbeing of children, young people and their caregivers. There is commitment to provide a comprehensive range of high quality and accessible health care services for children that meet the immediate physiological, psychological and social needs of the child and his/her family.

### **Child Development Services**

40 Carlyle Street, MACKAY QLD 4740

**W** mackay.health.qld.gov.au

**P** (07) 4885 7750

Child Development Services work in partnership with families and other stakeholders to determine the current and future functional impact of a child's complex impairment in order to optimise the child's long term outcome.

### **Heartkids - Mackay**

**E** Maria.martin@heartkids.org.au

**W** [heartkids.org.au](http://heartkids.org.au)

**P** 1800 432 785

HeartKids is the only national not-for-profit organisation solely focused on supporting and advocating for all people impacted by childhood heart disease, one of the largest causes of infant death in Australia.

### **Child and Youth Mental Health Service (CYMHS)**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3893

CYMHS provides assessment and treatment for children and young people up to the age of 18 who have severe behavioural and/or emotional difficulties that impact on their daily functioning. The service is based in Mackay with limited outreach services to Bowen, Moranbah and Sarina.

### **Child Development Service**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

We provide a range of services that focus on enhancing the health and wellbeing of children, young people and their caregivers. There is commitment to provide a comprehensive range of high quality and accessible health care services for children that meet the immediate physiological, psychological and social needs of the child and his/her family.

### **Maternal and Infant Health Service**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Maternal and Infant Health Service Our maternal and infant health service provides support for pregnant women and their families up to 6 weeks post-birth.

### **Paediatric Registrar Clinic**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

General paediatric service including failure to thrive, feeding problems, developmental delays, behavioural problems, autistic features. Mandatory referral from a Health Professional.

### **School Based Youth Health Nurses**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

To support and enhance the capacity of state schools with secondary students to develop structures and environments that promote the health and wellbeing of young people and to provide secondary school aged young people with access to a limited primary health care service within the school.

## **Community Health & Medical**

### **Queensland Positive People - Mackay**

134 Victoria Street, MACKAY QLD 4740

**E** [info@qpp.org.au](mailto:info@qpp.org.au)

**W** [qpp.org.au](http://qpp.org.au)

**P** (07) 3013 5555

Case Management services for people living with HIV

## **Dental & Oral Health**

### **1300smiles Ltd. - Mackay**

34 Sydney Street, MACKAY QLD 4740

**E** [mackay@1300SMILES.com.au](mailto:mackay@1300SMILES.com.au)

**W** [1300smiles.com.au](http://1300smiles.com.au)

**P** (07) 4957 5354

We can offer up-to-date treatments for your whole family, using only the highest quality materials. Above all, We Care and it is our priority to ensure you always receive great quality dental treatments at every appointment, in clean, comfortable and well-appointed surroundings.

### **A+ Family Dental**

29 Gordon Street, MACKAY QLD 4740

**E** [aplusfamilydental@hotmail.com](mailto:aplusfamilydental@hotmail.com)

**W** [aplusfamilydental.com.au](http://aplusfamilydental.com.au)

**P** (07) 4957 6145

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A+ Family Dental is your conveniently located family dentist providing quality dental care to the people of Mackay for the past 38 years. Our practice is committed to offering high quality dental care and we aim to provide you and your family with all your general dental treatment needs in a professional, caring and relaxed atmosphere.

#### **Arch Dental**

137/1 Gas Works Shopping Centre,  
Shakespeare Street, MACKAY QLD 4740

**E** archdentalptyltd@gmail.com

**W** archdental.com.au

**P** (07) 4951 0051

We provide fillings, teeth whitening, smile make-overs, teeth alignment, invisible braces, crowns and bridges, veneers, Cosmetic Dentistry and Extractions and all other general dental services

#### **Arch Dental**

1/137 Shakespeare Street, MACKAY QLD  
4740

**P** (07) 4951 0051

Health Services - Dental & Oral Health

#### **Dazzling Dental**

Latitude Building 4, 27 Gordon Street,  
MACKAY QLD 4740

**E** dazzlingdental@bigpond.com

**W** dazzlingdentalmackay.com.au

**P** (07) 4953 1577

We want to build long lasting relationships with all of our new and existing patients while providing excellent dental care. Dazzling Dental accepts all private health funds, we like to say choose your own dentist not your provider as we value quality services with a personal approach to all our patients.

#### **Debra Brown Dental**

34 Gordon Street, MACKAY QLD 4740

**E** admin@debrabrowndental.com.au

**W** debrabrowndental.com.au

**P** (07) 4957 5957

Comfortable, confident and relaxed is how we want your visit to the dentist to be.

#### **Dental Central**

50 Nelson Street, MACKAY QLD 4740

**P** (07) 4951 1751

We offer Bulk Billed dental care for eligible patients under the Medicare children's dental benefit scheme (CDBS).

#### **DentalCareXtra - Marian**

Shop 2 Marian Town Centre, 219 Anzac  
Avenue, MARIAN QLD 4753

**E** marian@dentalcareextra.com.au

**W** dentalcareextra.com.au

**P** (07) 4243 4944

DentalCareXtra offers our patients a Comprehensive, Contemporary and Professional range of dental services.

#### **Elite Dental Care**

Shop 2, 50 Oak Street, ANDERGROVE QLD  
4740

**E** reception@elitedentalcare.com.au

**W** elitedentalcare.com.au

**P** (07) 4955 0900

Our dream is to provide best dental treatment to the people of Mackay region at an affordable price. Slade Point Dental Centre is a family owned practice, where we try to understand and build long term friendly relationships with our clients.

#### **Integrated Oral Health Services**

Mackay Base Hospital Dental Clinic, Bridge  
Road, MACKAY QLD 4740

**E** mky\_dental@health.qld.gov.au

**W** mackay.health.qld.gov.au

**P** 0437 632 600

We provide general, specialist and emergency dental treatment to eligible people within the Mackay Health Service area.

#### **KIDS - Healthy Kids Nurtured by Nature**

6 Discovery Lane North Mackay, MOUNT  
PLEASANT QLD 4740

**E** mackay@healthykidsqld.com.au

**W** healthykidsqld.com.au

**P** (07) 4942 5111

At the focus of our service, we want to provide your kids and family with the best alternatives that give you the most natural way to address many health outcomes. We want to give your KIDS the best start in life, just like you do. We've created a stress-free and enjoyable environment for kids of any age to receive all the care they need. After all, learning should be fun (even for teenagers)!

### **Mackay Dental Clinic**

**E** [reception@mackaydentalclinic.com.au](mailto:reception@mackaydentalclinic.com.au)

**W** [mackaydentalclinic.com.au](http://mackaydentalclinic.com.au)

**P** (07) 4953 2128

Mackay Dental Clinic is a family owned practice, providing only the best dental treatment service to the people of Mackay region at an affordable price.

### **Mackay Denture Centre**

Wellington Street, MACKAY QLD 4740

**E** [admin@mackaydenture.com.au](mailto:admin@mackaydenture.com.au)

**P** (07) 4951 2499

About Mackay Denture Centre AT A GLANCE  
Complimentary consultations All form of denture work Customising Years of experience Professional and reliable

### **Mackay Dental Clinic**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6444

The Mackay Hospital and Health Service Oral Health Team provides high quality, publicly funded services within the Mackay Hospital and Health Service.

### **Maven Dental Group - Mackay City**

Gordon Street, MACKAY QLD 4740

**E** [mackaycity@mavendental.com.au](mailto:mackaycity@mavendental.com.au)

**W** [mavendental.com.au](http://mavendental.com.au)

**P** (07) 4951 2422

At Maven Dental Group we believe passionately that everyone deserves the very best dental care, so we've built one of the Australia's largest dental health organisations consisting of more than 85 general and specialist dental practices.

### **Northern Beaches Dental Mackay**

1-3 Old Eimeo Road, 1-3 Old Eimeo Road,  
RURAL VIEW QLD 4740

**E** [admin@northernbeachesdental.com.au](mailto:admin@northernbeachesdental.com.au)

**W** [northernbeachesdental.com.au](http://northernbeachesdental.com.au)

**P** (07) 4840 2409

Welcome to Northern Beaches Dental, a fully accredited family owned modern dental practice that firmly believes great dental care should be affordable for all ages.

### **Ooralea Dental Care**

Shop 6, 67 Boundary Road, OORALEA QLD  
4740

**E** [ooraleadental@gmail.com](mailto:ooraleadental@gmail.com)

**W** [ooraleadentalcare.com.au](http://ooraleadentalcare.com.au)

**P** (07) 4998 5572

Ooralea Dental Care is a family owned dental clinic serving our community in Ooralea, Mackay and surrounding places. With our most experienced, knowledgeable and friendly dentists and staff combined with state of the art technology, we assure you that you will get best care.

### **Paul Lange Dental**

21 Gordon Street, MACKAY QLD 4740

**E** [admin@paullangedental.com.au](mailto:admin@paullangedental.com.au)

**W** [paullangedental.com.au](http://paullangedental.com.au)

**P** (07) 4957 3902

General dentistry Check ups Dental crowns Teeth whitening products Financing payments for major dental work

### **Pioneer Dental**

67 Sydney Street, MACKAY QLD 4740

**E** [pioneer@mavendental.com.au](mailto:pioneer@mavendental.com.au)

**W** [mavendental.com.au](http://mavendental.com.au)

**P** (07) 4957 2374

At Maven Dental Group we believe passionately that everyone deserves the very best dental care, so we've built one of the Australia's largest dental health organisations consisting of more than 85 general and specialist dental practices.

### **Plaza Dental**

Mount Pleasant Plaza, Suite 15, Phillip  
Street, MOUNT PLEASANT QLD 4521

**E** [office@plazadental.com.au](mailto:office@plazadental.com.au)

**W** [plazadental.com.au](http://plazadental.com.au)

**P** (07) 4942 3272

Plaza Dental is Mackay's largest Dental Practice. This means we have a team of experts and no matter what your concern we have someone who can help.

### **Plaza Dental**

Mount Pleasant Plaza, Suite 15, 73 Phillip  
Street, MOUNT PLEASANT QLD 4740

**E** [enquiries@plazadental.com.au](mailto:enquiries@plazadental.com.au)

**W** [plazadental.com.au](http://plazadental.com.au)

**P** (07) 4887 3319

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Plaza Dental's experienced team of gentle and caring dentists help restore and realign your smile with modern dentistry in a calm and relaxed environment.

### **Rosemarie Kirkland Dental**

352 Bridge Road, WEST MACKAY QLD 4740

**E** [reception@kirklanddental.com.au](mailto:reception@kirklanddental.com.au)

**W** [rosemariekirklanddental.com.au](http://rosemariekirklanddental.com.au)

**P** 0466 842 445

Welcome to Rosemarie Kirkland Dental, where all of your dentistry needs are catered for. People of all ages will feel right at home at our friendly family dental clinic in Mackay. Maintaining your oral health is the best way to avoid having to endure pain, tooth loss and costly restorative procedures in the future.

### **Rural View Dental**

Shop 3A, Northern Beaches Central, 10 Eimeo Road, RURAL VIEW QLD 4740

**E** [admin@ruralviewdental.com.au](mailto:admin@ruralviewdental.com.au)

**W** [ruralviewdental.com.au](http://ruralviewdental.com.au)

**P** (07) 4840 2850

Welcome to Rural View Dental Practice in Mackay. We are a newly established family orientated dental practice located conveniently in Northern Beaches Central Shopping Centre.

### **Sarina Dental Care**

Shop 4, 22 Central Street, SARINA QLD 4737

**E** [sarinadental@gmail.com](mailto:sarinadental@gmail.com)

**W** [sarinadental.com.au](http://sarinadental.com.au)

**P** (07) 4943 0083

Built with family dental needs in mind, Sarina Dental Care is a modern family dental clinic, located in Central Street, Sarina.

### **Walkerston Dental**

13 Dutton Street, WALKERSTON QLD 4751

**E** [admin@walkerstondental.com.au](mailto:admin@walkerstondental.com.au)

**W** [walkerstondental.com.au](http://walkerstondental.com.au)

**P** (07) 4959 3044

State of the art dentistry provided by a very professional team with years of experience providing quality dental care

## **Drug & Alcohol Services**

### **Alcohol and Other Drugs Treatment and Care Coordination Program Mackay**

31 Victoria Street, MACKAY QLD 4740

**W** [atsichsmackay.org](http://atsichsmackay.org)

**P** (07) 4957 9400

Provide counselling and support to individuals and families in the Mackay community who are seeking help for problematic alcohol and/or drug use. The program includes social and emotional welling being and practical strategies, individual and group engagement, coordination of health care and other services to assist clients in their recovery journey.

### **Police Court Diversion Program**

Shop 1, 57 Wood Street, MACKAY QLD 4740

**E** [intake@drugarm.com.au](mailto:intake@drugarm.com.au)

**W** [drugarm.com.au](http://drugarm.com.au)

**P** (07) 3620 8880

Drug and alcohol education and diversion sessions to people who have been charged with possession of an eligible substance and have been offered a diversion on no more than one previous occasion

### **Mackay Al Anon Support Group**

4 George St, SOUTH MACKAY QLD 4740

**E** [alanonmackay@outlook.com](mailto:alanonmackay@outlook.com)

**W** [al-anon.org.au](http://al-anon.org.au)

**P** 1300 252 666

Health Services - Drug & Alcohol Services - Drug & Alcohol Services.

### **Mackay Alcohol and Other Drugs Service (AODS)**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3893

AODS provides a diverse range of services that support Far North Queenslanders to make informed choices about alcohol, tobacco and other drug use through the provision of quality public health and clinical interventions which are evidence based and reflect contemporary best practice.

### **Mackay Drug and Alcohol Residential Recovery Service**

4 Boddington Street, MACKAY QLD 4740

**E** [state.admin@svdpqld.org.au](mailto:state.admin@svdpqld.org.au)

**W** [vinnies.org.au](http://vinnies.org.au)

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**P (07) 4957 9500**

Drug and Alcohol Residential Recovery Service Mackay - the service caters to men and women 18 years and over

**St Vincents-Alcohol and Other Drugs**

**Continuing Care Program**

4 Boddington Street, MACKAY QLD 4740

**E** [state.admin@svdpqld.org.au](mailto:state.admin@svdpqld.org.au)

**W** [vinnies.org.au](http://vinnies.org.au)

**P (07) 4957 9500**

Provides pre and post drug and alcohol rehabilitation support to clients over 18 years old. Harm reduction, detoxification advice, crisis support, referrals and linkages to other support services needed for the recovery journey.

**Emergency Departments**

**Emergency Department**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P (07) 4885 6000**

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

**Emergency Department**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P (07) 4943 8777**

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

**General Health Services**

**ASD Healthy Life**

**E** [admin@asdhealthylife.com.au](mailto:admin@asdhealthylife.com.au)

**P 0417 550 411**

'ASD Healthy Life' helps families to recover their children's health offering treatment advice, solutions and ongoing support to deal with the growing number of childhood conditions. Such as ADD, Allergies, Anxiety, Asthma, Autism, Behavioural Conditions, Chronic Illness, Coeliac, Depression, Diabetes, Dyslexia, Digestive Disorders, Down Syndrome, Eczema, Food Sensitivities, Learning & ...

**ATSICHS Mackay**

31 Victoria Street, MACKAY QLD 4740

**W** [atsichsmackay.org](http://atsichsmackay.org)

**P (07) 4957 9400**

Aboriginal and Torres Strait Islander Community Health Service Ltd (ATSICHS Mackay) Is a holistic Health service, located in Mackay, Queensland

**Concordia Medical**

Unit 2, 33 Evans Avenue, MACKAY NORTH QLD 4740

**E** [concordiamedical@westnet.com.au](mailto:concordiamedical@westnet.com.au)

**W** [concordiamedical.com.au](http://concordiamedical.com.au)

**P (07) 4957 5177**

Concordia Medical is a practice that is here to service all of your medical needs, and to care for your whole family's health and wellbeing.

**Mental Health Psychological Therapies**

237 Shakespeare Street, MACKAY QLD 4740

**W** [neaminational.org.au](http://neaminational.org.au)

**P 1300 020 390**

Psychological Therapies for low income / financially disadvantaged people with a non-acute moderate mental health condition who would benefit from short-term goal-focused psychological strategies.

**Family Health Care Mackay**

1-3 Old Eimeo Road, RURAL VIEW QLD 4740

**E** [ruralview@familyhealthcaremackay.com.au](mailto:ruralview@familyhealthcaremackay.com.au)

**W** [familyhealthcaremackay.com.au](http://familyhealthcaremackay.com.au)

**P (07) 4954 8866**

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If you are an existing patient, you will notice we have a new name and a fresh new look with updated signage, new uniforms, a new website and booking app to make booking your appointments even easier. Our team of quality Doctors and team members are here to stay and you can still see your usual GP at the clinics for the same great healthcare services.

### **Konekt Mackay**

Suite 1a, 2 Tennyson Street, MACKAY QLD 4740

**E** [mackay@konekt.com.au](mailto:mackay@konekt.com.au)

**W** [konekt.com.au](http://konekt.com.au)

**P** (07) 4862 7600

Konekt – Australia’s workplace health and OH&S experts Konekt is a publicly listed Australian company and the largest private sector provider of organisational health and risk management solutions.

### **LifeInMotion Exercise Physiology Clinic Ltd.**

Eastbrooke Health Hub, 22 Wellington Street, MACKAY QLD 4740

**E** [admin@lifeinmotionexph.com.au](mailto:admin@lifeinmotionexph.com.au)

**P** (07) 4951 0156

Get your Health on Track Exercise is proven to assist in the management, prevention and treatment of many health conditions. It is important to us that you obtain the support and expertise to facilitate your journey to self management and optimum health.

### **Mackay Hearing**

90 Nebo Road, WEST MACKAY QLD 4740

**E** [listening@mackayhearing.com.au](mailto:listening@mackayhearing.com.au)

**W** [mackayhearing.com.au](http://mackayhearing.com.au)

**P** (07) 4952 4649

At Mackay Hearing, we listen – so you can too! The team at Mackay Hearing are your locally based hearing experts, and we are committed to improving hearing health across our region.

### **Advance care planning**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

What is advance care planning? Advance care planning involves thinking and making choices now to guide your future health care. It is also a process of communicating your wishes. If you have strong beliefs about what you want to happen in the future, it is particularly important to make your plans and wishes known now.

### **Immunisation**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Mackay Public Health Unit works with Vaccine Service Providers including General Practitioners, Aboriginal and Torres Strait Islander Health Services and Hospitals in the MHHS area. Our aim is to maintain and enhance immunisation rates to minimise the incidence of vaccine preventable diseases and protect the health and well-being of individuals and the local community.

### **Mackay Base Hospital**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

The Mackay Base Hospital is equipped with leading edge technology to assist us in providing the highest level of care to our communities. Mackay Base is the first fully digital public hospital with medications management in a regional area.

### **Women's Health**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

The Women’s Health Unit provides inpatient or outpatient care for pregnancy, labour, postnatal care and for women undergoing gynaecological procedures.

### **Medicare - Mackay**

12 Greenfields Boulevard, MOUNT PLEASANT QLD 4740

**W** [servicesaustralia.gov.au](http://servicesaustralia.gov.au)

**P** 13 20 11

Medicare See a Customer Service Officer to help you with your Medicare claim in person, or use our convenient Medicare drop box.

### **Pioneer Podiatry - Sarina**

28 Central Street, SARINA QLD 4737

**E** [info@pioneerpodiatry.com.au](mailto:info@pioneerpodiatry.com.au)

**W** [pioneerpodiatry.com.au](http://pioneerpodiatry.com.au)

**P** (07) 4942 5016

We offer a professional podiatric service in Mackay and Sarina for all of your family needs. If you are looking for any of the following, we're the ones to see!

### **Saint Vincent Care Douglas Community Care**

4A Canberra Street, NORTH MACKAY QLD 4740

**W** [svcs.org.au](http://svcs.org.au)

**P** (07) 4963 0922

Health Services - General Health Services - General Health Services.

### **Saint Vincent Care Douglas Mackay**

352 Bridge Road, WEST MACKAY QLD 4740

**W** [svcs.org.au](http://svcs.org.au)

**P** (07) 4963 0922

Health Services - General Health Services - General Health Services.

### **Telehealth**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Telehealth is a health appointment by videoconference, connecting you with your medical specialist, allied health professional or nurse. People can use videoconferencing to attend appointments with their clinician who may be in another location to them. In some cases, it is also available to people in the city who find it hard to get to their health professional.

### **Shakespeare Medical Centre**

101 Shakespeare Street, MACKAY QLD 4740

**E** [information@mackayskinclinic.com.au](mailto:information@mackayskinclinic.com.au)

**W** [shakespearemedical.com.au](http://shakespearemedical.com.au)

**P** (07) 4953 0233

List of Our Services: Skin Checks Mole Scanning Medical Skin Analysis Exercise Stress Testing Aviation Medicals Photo Dynamic Therapy Diabetic Assessments Surgical Excisions Cosmetic Procedures Sclerotherapy Vein Treatment

### **Optometry - Outside Optical**

33 Victoria Street, MACKAY QLD 4740

**E** [reception@atsichs.org.au](mailto:reception@atsichs.org.au)

**W** [outsideoptical.com](http://outsideoptical.com)

**P** 07 4786 2034

Provides Optometry across various regions of Queensland.(Provided by Outside Optical)

### **Trudy Crowley Foundation**

ICON Cancer Centre, 48 Sams Road, NORTH MACKAY QLD 4740

**E** [Connect@trudycrowleyfoundation.com.au](mailto:Connect@trudycrowleyfoundation.com.au)

**W** [trudycrowleyfoundation.com.au](http://trudycrowleyfoundation.com.au)

**P** 0407 900 716

The Foundation was started to help women to know understand the symptoms of Ovarian Cancer, to bring caring support for those that are diagnosed with this dreadful disease!

### **United Care Medical Centre - West Mackay**

245 Bridge Road, WEST MACKAY QLD 4740

**W** [unitedmedical.net.au](http://unitedmedical.net.au)

**P** (07) 4829 4606

Our ultra-modern practices are committed to providing comprehensive care to all individuals and families with a minimal waiting time.

## **General Practice/Doctor**

### **Andergrove Medical Centre**

68 Celeber Drive, ANDERGROVE QLD 4740

**P** (07) 4942 5099

General Practice

### **Awal Medical Party**

22 Central Street, SARINA QLD 4737

**E** [admin@awalmedical.com.au](mailto:admin@awalmedical.com.au)

**P** (07) 4956 1718

"Our professional and caring medical team offer the following services: General practice Immunisations Travel vaccinations ECG (heart checks) Spirometry (lung function testing)"

### **Caneland Medical Centre**

Shop 2126, 2 Mangrove Road, MACKAY  
QLD 4740

**P** (07) 4953 4333

General Practice

### **City Superclinic Mackay**

154-160 Boundary Road, OORALEA QLD  
4740

**E** [city@gpsclinic.com.au](mailto:city@gpsclinic.com.au)

**P** (07) 4952 4929

General Practice

### **Dr To U (Mackay)**

**W** [familyhealthcaremackay.com.au](http://familyhealthcaremackay.com.au)

**P** 1300 438 377

Medical Deputising Service

### **Eastbrooke Ambrose Family Medical**

22 Wellington Street, MACKAY QLD 4740

**E** [reception.mackay@eastbrookemedical.com.au](mailto:reception.mackay@eastbrookemedical.com.au)

**W** [eastbrookemedical.com.au](http://eastbrookemedical.com.au)

**P** (07) 4944 9500

The Eastbrooke Ambrose Medical Group in North Mackay offers patients quality comprehensive medical care. The centre is open 5 days a week, Monday to Friday, 8am to 5:30pm.

### **Fenner Family Medicine**

Cnr Grendon & Palmer Streets, NORTH  
MACKAY QLD 4740

**P** (07) 4953 2566

General Practice

### **Harbour Road Medical**

47 Harbour Road, NORTH MACKAY QLD  
4740

**E** [reception@hrmed.com.au](mailto:reception@hrmed.com.au)

**W** [harbourroadmedical.com.au](http://harbourroadmedical.com.au)

**P** (07) 4953 2566

Dedicated to you and your family, Harbour Road Medical operates according to the values of the traditional family doctor. We provide you with access to quality, affordable health care provided by practitioners who are dedicated to getting to know you and your family.

### **House Call Doctor Mackay**

5 Sutton Court, ANDERGROVE QLD 4740

**E** [info@housecalldoctor.com.au](mailto:info@housecalldoctor.com.au)

**W** [housecalldoctor.com.au](http://housecalldoctor.com.au)

**P** 13 55 66

At House Call Doctor, we offer the highest professional standards and always provide quality consultations and a positive patient experience. Our aim is to always deliver positive clinical outcomes to all patients in Mackay. With highly trained Mackay based doctors on hand to treat you after hours, you can trust House Call Doctor to get you feeling better sooner.

### **Lloyds Northside Clinic**

81 Phillip Street, MOUNT PLEASANT QLD  
4740

**P** (07) 4942 9910

General Practice

### **Mackay Family Medical Practice**

Cnr Nebo & Bridge Roads, MACKAY QLD  
4740

**P** (07) 4957 6999

General Practice

### **Marian GP Superclinic**

Shop 4, Marian Town Centre, 219-247  
Anzac Avenue, MARIAN QLD 4753

**P** (07) 4954 3702

General Practice

### **Mt Pleasant Medical And Dental Centre**

Shop 187 - Mount Pleasant Centre,  
Mackay Bucasia Road, MACKAY QLD 4740

**E** [mtpmedicaldental@gmail.com](mailto:mtpmedicaldental@gmail.com)

**W** [mtppleasantmedicaldental.com.au](http://mtppleasantmedicaldental.com.au)

**P** (07) 4942 2007

Providing the best dental care for you is one of our passions and is the reason why we set our standards so high.

### **My GP Mackay**

Suite 9, Mater Medical Centre, 76 Willett's  
Road, NORTH MACKAY QLD 4740

**P** (07) 4942 8500

"My GP Mackay is your local family medical centre, catering to all your general healthcare needs. Our Mackay doctors are conveniently located close to the Mater Hospital. After-hours appointments are available if required."

### **One Stop Medical**

Suite 14 The Dome, 134 Victoria Street,  
MACKAY QLD 4740

**P** (07) 4951 1411

General Practice

### **Paul Hopkins Medical Clinic**

29 Brisbane Street, MACKAY QLD 4740

**P** (07) 4951 1311

General Practice

### **Pioneer Medical Centre**

10 Grandview Drive, MACKAY QLD 4740

**P** (07) 4942 2777

General Practice

### **Plaza Medical Mackay**

Suite 2, 93 Willetts Road, MOUNT  
PLEASANT QLD 4740

**E** [reception@plazamed.com.au](mailto:reception@plazamed.com.au)

**P** (07) 4942 4466

At Plaza Medical Mackay - We aim to provide the highest possible quality medical care and service and ensure the optimal health and outcome for all our patients and clients.

### **Sarina Clinic**

33 Central Street, SARINA QLD 4737

**P** (07) 4956 1355

Provides Health Services - General Practice/Doctor in the Sarina area

### **Sarina Family Practice**

Shop 18, 13 Sarina Coast Road, SARINA  
BEACH QLD 4737

**P** (07) 4956 2222

General Practice

### **Slade Point Medical Centre**

1 Finch Street, SLADE POINT QLD 4740

**P** (07) 4955 2300

Health Services - General Practice/Doctor

### **Slade Point Surgery**

Shop 12, 1 Finch Street, SLADE POINT  
QLD 4740

**P** (07) 4955 2300

General Practice

### **South Side Medical**

137 Shakespeare Street, MACKAY QLD  
4740

**P** (07) 4957 4004

Health Services - General Practice/Doctor

### **Sydney St Medical**

Shop 10a Sydney Street Markets, 83-85  
Sydney Street, MACKAY QLD 4740

**P** (07) 4953 3388

General Practice

### **Physician - General - Kunwarjit Singh Sangla**

33 Victoria Street, MACKAY QLD 4740

**E** [reception@atsichs.org.au](mailto:reception@atsichs.org.au)

**W** [checkup.org.au](http://checkup.org.au)

**P** 07 4433 2235

Provides Physician - General, and Physician - Endocrinology (TeleH) across various regions of Queensland.(Provided by Kunwarjit Sangla)

### **United Care Medical Centre - West Mackay**

245 Bridge Road, WEST MACKAY QLD  
4740

**W** [unitedmedical.net.au](http://unitedmedical.net.au)

**P** (07) 4829 4606

Health Services - General Practice/Doctor

### **Walkerston GP Superclinic**

13-17 Dutton Street, WALKERSTON QLD  
4751

**P** (07) 4959 2609

General Practice

## **Health Rehabilitation Services**

### **Anderson, Dean Robert**

2 Milton Street, MACKAY QLD 4740

**E** [admin@21laps.com.au](mailto:admin@21laps.com.au)

**W** [21laps.com.au](http://21laps.com.au)

**P** 0423 458 438

Provides the following services: Ex Phys Pers Training

### **KINNECT Mackay**

45 Victoria Street, MACKAY QLD 4740

**E** MKYAdmin@kinnect.com.au

**W** kinnect.com.au

**P** (07) 4953 5570

KINNECT is a national team of occupational health professionals who are passionate about making people at work Healthy, Safe and Productive. We provide physiotherapy, pre employment testing in Mackay

### **Home and Community Services**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** mackay.health.qld.gov.au

**P** (07) 4968 3893

Home and Community Services specialises in Mobile Allied Health Team, Rehabilitation Services

### **Mackay Foot And Ankle**

1 Old Eimeo Road, RURAL VIEW QLD 4740

**E** wayne@mackayfootandankle.com.au

**P** 0427 040 737

We treat a host of foot, ankle, knee, hip & lower back conditions in children & adults every day, if you are experiencing foot pain, please don't delay, contact us today!

### **OccRehab Mackay**

344 Alfred Street, MACKAY QLD 4740

**E** janet.cawteCQOT@outlook.com

**P** (07) 4998 5169

We provide occupational rehabilitation within Mackay

### **Occupational Therapy Mackay**

37 Brisbane Street, MACKAY QLD 4740

**E** admin@otmackay.com.au

**W** otmackay.com.au

**P** (07) 4846 0091

We provide Occupational Therapy within Mackay

### **Physio Plus Mater Clinic**

Shop 1 - 2, 87 Willetts Road, MOUNT PLEASANT QLD 4740

**E** mackay@physioplus.com.au

**W** physioplus.com.au

**P** (07) 4942 5800

Physio Plus in Mater Hospital Mackay was proudly the first Quality in Practice (QIP) accredited practice between the Sunshine Coast and Townsville.

## **Health Screening Services**

### **BreastScreen Mackay Service**

7/9 Wellington Street, MACKAY QLD 4740

**W** breastscreenscreen.qld.gov.au

**P** (07) 4968 3813

BreastScreen Queensland provides free breast cancer screening to women aged 40 years and over. Women aged 50 to 74 years are recommended to attend for a free breastscreenscreen every 2 years. No Doctor's referral is needed. To make an appointment, eligible women can phone 13 20 50 or register and book online anytime via the BSQ website - www.breastscreenscreen.qld.gov.au

### **Communicable Disease Control**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** mackay.health.qld.gov.au

**P** (07) 4885 6000

Mackay Public Health Unit is responsible for the management of communicable diseases in our community. This includes early detection, surveillance, investigation and control of diseases contracted by people from animals (zoonotic diseases), insects (vector borne diseases) and other persons.

### **National Bowel Cancer Screening Program (NBCSP)**

475 Bridge Road, MACKAY QLD 4740

**E** cherie.cooper@health.qld.gov.au

**W** health.gov.au

**P** 1300 766 927

Health Services - Health Screening Services - Health Screening Services.

## **Hearing Services**

### **Amplifon - Mackay**

**E** mackay@amplifon.com

**W** amplifon.com

**P** (07) 4951 4259

Hearing loss is very personal. You may start to feel that you are missing out. Or perhaps you already feel left out. But the good news is there are so many ways you can improve your hearing health, especially if you start early. Achieving better hearing is a journey. So choose people you are comfortable with to help you along the way.

### **Attune Hearing Mackay**

**E** [mackay@attune.com.au](mailto:mackay@attune.com.au)

**W** [attune.com.au](http://attune.com.au)

**P** (07) 4965 4650

Our formidable medical alliance and independence is what ultimately led to our success as the leading independent Australian hearing healthcare provider, while our exceedingly high-quality service continues to lead our growth today.

### **Audika Australia - Mackay**

Suite 1 Garlin House, 19 Gordon Street,  
MACKAY QLD 4740

**E** [mackay@audika.com.au](mailto:mackay@audika.com.au)

**W** [audika.com.au](http://audika.com.au)

**P** (07) 4944 0230

We believe in personalised hearing care, because we know that every individual is unique. So when it comes to your hearing aids, there's no "one-size fits all" solution and it is our goal to make sure you always have the very best in hearing care.

### **Clarity Hearing Solutions - North Mackay**

Shop 6 North Mackay Central, 25-29 Evans  
Road, NORTH MACKAY QLD 4740

**W** [clarityhearingsolutions.com.au](http://clarityhearingsolutions.com.au)

**P** (07) 4957 2000

Independent Hearing Loss and Audiology Experts | Advanced, Invisible, Rechargeable and BlueTooth Hearing Aids | Free Services and Aids for Eligible Pensioners and Veterans | Comprehensive Hearing Assessments for Adults and Children | Balance and Vestibular Testing and Rehabilitation | Tinnitus Assessment and Treatment | Ethical, Evidence-based, Clinical Practice Methods

### **Clarity Hearing Solutions - Sarina**

Awal Medical Centre - Shop 6/7, 22  
Central Street, SARINA QLD 4737

**W** [clarityhearingsolutions.com.au](http://clarityhearingsolutions.com.au)

**P** (07) 4957 2000

Independent Hearing Loss and Audiology Experts | Advanced, Invisible, Rechargeable and BlueTooth Hearing Aids | Free Services and Aids for Eligible Pensioners and Veterans | Comprehensive Hearing Assessments for Adults and Children | Balance and Vestibular Testing and Rehabilitation | Tinnitus Assessment and Treatment | Ethical, Evidence-based, Clinical Practice Methods

### **Hearing Australia - Mackay**

7 Gregory Street, MACKAY QLD 4740

**E** [info@hearing.com.au](mailto:info@hearing.com.au)

**W** [hearing.com.au](http://hearing.com.au)

**P** (07) 4957 0900

With over 600 locations across Australia, we'll work with you to deliver on our promise to offer world-leading hearing solutions anyone can access— to make a difference to you, your family as well as the communities we serve.

### **Hearing Australia - Sarina**

Sarina Primary Hospital & Health Care  
Centre, 1 Hospital Street, SARINA QLD  
4737

**E** [info@hearing.com.au](mailto:info@hearing.com.au)

**W** [hearing.com.au](http://hearing.com.au)

**P** (07) 4957 0900

With over 600 locations across Australia, we'll work with you to deliver on our promise to offer world-leading hearing solutions anyone can access— to make a difference to you, your family as well as the communities we serve.

### **Hearing Choices**

Victoria Street, MACKAY QLD 4740

**E** [hearing@ozen.com.au](mailto:hearing@ozen.com.au)

**W** [hearingchoices.com.au](http://hearingchoices.com.au)

**P** 1300 421 552

Health Services - Hearing Services - Hearing Services.

### **Hearing Savers**

Victoria Street, MACKAY QLD 4740

**E** [save@hearingsavers.com.au](mailto:save@hearingsavers.com.au)

**W** [hearingsavers.com.au](http://hearingsavers.com.au)

**P** 1800 004 327

Health Services - Hearing Services - Hearing Services.

### **Audiometry Hearing Test**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Provides Audiology across various regions of Queensland.

## **Home Care & Safety Services**

### **Dial A Home Doctor**

**E** [info@dahd.com.au](mailto:info@dahd.com.au)

**W** [myhomedoctor.com.au](http://myhomedoctor.com.au)

**P** 13 99 99

Dial A Home Doctor provide best services to patients in need of medical services who don't have access to a conventional medical practice. We believe in a progressive model of providing quality health care that brings the highest level of professionalism straight to your home.

### **OnelifeNQ In-Home Care and Community Support**

12 Grendon Street, NORTH MACKAY QLD 4740

**E** [contact@onelifenq.org.au](mailto:contact@onelifenq.org.au)

**P** (07) 4957 2180

As a client of OneLife NQ, you will have a dedicated team, fully trained to support you throughout all of life's transitions.

## **Hospitals**

### **Hospital in the home.**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6700

Mackay Base Hospital provides Hospital in the Home care. This service operates 24 hours a day, seven days a week and allows eligible patients to be treated within the comfort of their own home. The hospital-level care is provided by Queensland Health nurses who work closely with doctors and allied health staff at Mackay Base Hospital.

### **Intensive Care Unit**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Our Intensive Care Unit at the Mackay Base Hospital includes 9 beds. It is a specially staffed and equipped unit in the hospital which provides 24hr care for patients with life threatening or potentially life threatening conditions from our highly trained team. Sometimes admission to ICU is planned such as after major surgery; however it may also be unexpected.

### **Mackay Base Hospital**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

The Mackay Base Hospital is equipped with leading edge technology to assist us in providing the highest level of care to our communities.

### **Medical Imaging**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 5282

Medical imaging, also known as radiology, is the field of medicine in which medical professionals recreate various images of parts of the body for diagnostic or treatment purposes. Medical imaging procedures include non-invasive tests that allow doctors to diagnose injuries and diseases without being intrusive.

### **Medical Services**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

The Department of Medicine provides adult medical care for people with medical illnesses and investigation of undiagnosed illnesses. We provide 24/7 emergency medical cover to the Emergency Department and medical wards.

### **Oncology**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Our Medical Oncology team provides a range of services to care for people affected by cancer and to look after the needs of their families and carers. We work in partnership with various teams including surgeons and radiation oncologists to provide the highest standard of care.

### **Pathology**

Mackay Base Hospital, 475 Bridge Road, WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

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The Pathology Team provides the hospital's laboratory and outpatient collection centre needs. It operates 24 hours a day, 7 days a week with a team of scientists, lab assistants and phlebotomists (people trained to draw blood).

### **Renal Services**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

We provide comprehensive renal services for acute and chronic kidney disease management, peritoneal dialysis, haemodialysis and education and training for home dialysis.

### **Short stay unit**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Our Short Stay Unit is a designated area aside the Emergency Department that is designed to accommodate patients who require a short period of observation or therapy, yet do not require inpatient admission to a ward.

### **Mater Misericordiae Hospital Mackay**

Willets Rd, NORTH MACKAY QLD 4740

**E** [mackaystlukes@mercyqcq.com](mailto:mackaystlukes@mercyqcq.com)

**W** [mercycommunity.org.au](http://mercycommunity.org.au)

**P** (07) 4965 5666

Health Services - Hospitals - Hospitals.

### **Outpatient Clinic**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

When you still need support, but you have not been admitted for treatment at the hospital, you are known as an outpatient. A specialist outpatient services that are provided from a range of specialist medical and surgical services depending on the size of the hospital and community.

### **Pathology**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Pathology tests can help your doctor understand many health issues you face. This page will allow you to have a good discussion with your doctor about the results.

### **Radiology**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Medical imaging, also known as radiology, is the field of medicine in which medical professionals recreate various images of parts of the body for diagnostic or treatment purposes. Medical imaging procedures include non-invasive tests that allow doctors to diagnose injuries and diseases without being intrusive.

### **Rehabilitation**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Physical medicine and rehabilitation, also known as physiatry, is a branch of medicine that aims to enhance and restore functional ability and quality of life to people with physical impairments or disabilities.

### **Sarina Hospital**

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Sarina Hospital is the main hospital for the Sarina region.

## **Mental Health Services**

### **ANDREWS HYPNOTHERAPY**

6 Stopher Court, BEACONSFIELD QLD 4740

**E** [mickand74@hotmail.com](mailto:mickand74@hotmail.com)

**W** [andrewshypnotherapy.com](http://andrewshypnotherapy.com)

**P** 0413 505 016

Clinical Hypnotherapy for all issues. Established 1999

### **Aboriginal and Torres Strait Islander Mental Health Program Mackay**

31 Victoria Street, MACKAY QLD 4740

**W** [atsichsmackay.org](http://atsichsmackay.org)

**P** (07) 4957 9400

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Provides culturally appropriate support and interventions associated with mental health challenges for anyone 14 years and older with individual and group engagement. Support includes an understanding of social and emotional wellbeing, and connection to culture strategies. At risk clients have access to the most suitable level of psychological services and health care.

**Blue River Psychology and Counselling**  
Suite 1, 54 Gregory Street, MACKAY QLD  
4740

**E** [admin@blueriverpsych.com.au](mailto:admin@blueriverpsych.com.au)  
**P** 0467 051 160

We provide psychological therapy and counselling within Mackay. Medicare rebates are available with a referral and Mental Health Care Plan from a GP. Health insurance rebates also available.

**Central Queensland Psychology Service**  
Shop 9, 45 River Street, MACKAY QLD  
4740

**E** [cqps@bigpond.net.au](mailto:cqps@bigpond.net.au)  
**P** (07) 4957 5633

We provide psychology services in Mackay

**Connect to Wellbeing - Mackay**  
237 Shakespeare Street, MACKAY QLD  
4740

**W** [neaminational.org.au](http://neaminational.org.au)  
**P** 1300 020 390

Connect to Wellbeing provides a single point of entry to psychological services for people eligible for 'Stepped Care' psychological therapies. It offers intake, assessment, triage and referral to the right service at the right time. A referral is required from a GP to access stepped care psychological services, but Connect to Wellbeing can help accessing other community services as needed.

**Psychosocial Support Services (Service)**  
237 Shakespeare Street, MACKAY QLD  
4740

**W** [neaminational.org.au](http://neaminational.org.au)  
**P** 1300 020 390

One-to-one coaching and group activities that support recovery for people with severe and persistent mental health issues.

**Headspace Mackay and Satellites**  
**E** [Mackayheadspace@nwrh.com.au](mailto:Mackayheadspace@nwrh.com.au)

**W** [headspace.org.au](http://headspace.org.au)  
**P** (07) 4898 2200

headspace provides information, support and services to young people, aged 12-25 years, and their families and friends across Australia. headspace welcomes and supports young people of any ethnicity, culture, faith, sexual orientation and gender identity. Services cover four core areas: mental health & wellbeing, physical & sexual health, work & study support, and alcohol & other drug services.

**Horizon Clubhouse**  
1 Wood Street, MACKAY QLD 4740

**E** [horizon@selectability.com.au](mailto:horizon@selectability.com.au)

**W** [selectability.com.au](http://selectability.com.au)

**P** (07) 4951 2955

The supportive, non-clinical environment of the Clubhouse provides members with a recovery option that puts them in control of their own recovery. It allows members to reconnect with the community through participation in a range of recovery-oriented activities and programs. Our unique approach builds on the renowned international model to include contemporary recovery-oriented practices.

**Hummingbird Therapies**  
First Floor, 110 Sydney Street, MACKAY  
QLD 4740

**E** [admin@hummingbirdtherapies.com.au](mailto:admin@hummingbirdtherapies.com.au)

**W** [hummingbirdtherapies.com.au](http://hummingbirdtherapies.com.au)

**P** 0492 805 306

Hummingbird Therapies is a private psychology practice committed to helping children, adolescents, and young adults overcome their mental health needs.

**Insight Psychology Mackay**  
Level 1, 162 Victoria Street, MACKAY QLD  
4740

**E** [insightmackay@outlook.com](mailto:insightmackay@outlook.com)

**W** [insightmackay.com.au](http://insightmackay.com.au)

**P** 0455 606 414

Psychology service available locally for children (12 years and over), adolescents and adults offering individual and couples therapy.

**Kelly Health: Mental Health and  
Addiction Solutions**

14 Grendon Street, NORTH MACKAY QLD  
4740

**E** [tania@kellyhealth.com.au](mailto:tania@kellyhealth.com.au)

**W** [kellyhealth.com.au](http://kellyhealth.com.au)

**P** 0428 480 295

We're a Registered NDIS Provider, which means we're authorised by the NDIA to deliver supports and other services for participants of the National Disability Insurance Scheme (NDIS). We provide a range of evidence-based psychological interventions to support mental health recovery in both adults and adolescents. We provide speciality services in drug and alcohol recovery.

### **Mackay Church of Christ**

65 Beaconsfield Road East, BEACONSFIELD  
QLD 4740

**E** [accessplace@cofcqld.com.au](mailto:accessplace@cofcqld.com.au)

**P** 1300 798 622

A counsellor uses a variety of talking therapies. While there are no specific qualifications necessary, the best counsellors have tertiary training in counselling, often at a post-graduate or Masters level.

### **Acute Care Team**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3893

The Acute Care Team Service is the first point of access to public mental health services for residents of the Mackay Hospital and Health Service catchment (south to Sarina, north to Bowen, west to Collinsville, and the Hinterland region of Moranbah, Dysart and Clermont).

### **Continuing Care Team (CCT)**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3893

CCT provides clinical case management and other therapies for adults aged between 18 and 65 years, experiencing significant and long-term mental illness.

### **Early Psychosis (EP)**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3893

Early Psychosis (EP) provides early detection and treatment for people aged 16 - 24 years of age who are at risk of or are experiencing their first episode of Psychosis.

### **Mackay Community Health**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3893

Family Health Aboriginal and Torres Strait Islander Health, Breast Screen Sexual Health and Sexual Assault Services

### **Mobile Intensive Rehabilitation Team (MIRT)**

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3893

MIRT provides clinical case management for adults aged between 18 and 65 years with complex mental health needs, who require more intensive support to recover from mental illness.

### **Mental Health Inpatient Unit (MHIU)**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 5701

The Mackay Mental Health Inpatient Unit aims to provide a safe service that protects and safeguards the rights of individuals with mental health issues, whilst supporting them through their recovery.

### **Mental Health Service**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

The Division of Mental Health and AODS is comprised of 12 clinical teams across the Mackay Hospital and Health Service. The Mental Health Service is responsible for the provision of comprehensive, specialised mental health assessment and treatment services across the age-spectrum for people with severe and complex mental health problems.

### **Mackay Hypnotherapy and Life Solutions Clinic**

62 Sydney Street, MACKAY QLD 4740

**E** [info@mackayhypnotherapy.com.au](mailto:info@mackayhypnotherapy.com.au)

**W** [mackayhypnotherapy.com.au](http://mackayhypnotherapy.com.au)

**P** (07) 4863 0963

Hypnotherapist Judie Barbour is dedicated to assisting people in making positive changes in their lives. She has helped hundreds of individuals reach their objectives and specializes in helping people stop smoking and lose weight. Judie is one of the most skilled professionals in her area thanks to the innovative way she approaches her work, which blends her expertise in hypnosis.

### **Mackay Step Up Step Down**

393 Shakespeare Street, WEST MACKAY  
QLD 4740

**E** [mindconnect@mindaustralia.org.au](mailto:mindconnect@mindaustralia.org.au)

**W** [mindaustralia.org.au](http://mindaustralia.org.au)

**P** 1300 286 463

We are a short-term sub-acute residential service (Up to 28 days) with recovery focused mental health support to help you transition out of hospital, or to avoid a hospital admission. People eligible for this service are referred by Queensland Health. Please speak with your case manager or clinician if you would like more information or to arrange a visit.

### **Step Up Step Down Residential Mental Health Facility and Services**

393 Shakespeare Street, WEST MACKAY  
QLD 4740

**E** [mindconnect@mindaustralia.org.au](mailto:mindconnect@mindaustralia.org.au)

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** 1300 286 463

The Mackay Step-Up Step-Down Service (SUSD) provides short-term, residential treatment services located in the community, with a recovery focus.

### **Mind Centre for Mental Health and Wellbeing**

**E** [mindconnect@mindaustralia.org.au](mailto:mindconnect@mindaustralia.org.au)

**W** [mindaustralia.org.au](http://mindaustralia.org.au)

**P** (07) 4852 0220

The group based peer recovery support program provides support for up to 12 months. The programs group activities will further enhance the person's capability for social connection and participation.

### **Muscat and Stacey Psychologists**

Suite 1, 160 Boundary Road, OORALEA  
QLD 4740

**E** [muscatstaceypsych@bigpond.com](mailto:muscatstaceypsych@bigpond.com)

**W** [muscatstaceypsychologists.com](http://muscatstaceypsychologists.com)

**P** (07) 4952 4929

Dr Stacey & Dr Muscat are experienced Clinical Psychologists working with adolescents and adults supporting all mental health conditions. Based at Ooralea Medical Centre or by Telehealth and after-hours. Medicare, Work-cover, DVA and NDIS providers.

### **Pace Ahead Psychology**

Shop 4B, 6 Discovery Lane, NORTH  
MACKAY QLD 4740

**E** [info@paceaheadpsych.com.au](mailto:info@paceaheadpsych.com.au)

**W** [paceaheadpsych.com.au](http://paceaheadpsych.com.au)

**P** 0488 573 316

Psychological interventions for child and youth mental health, behavioural issues, developmental disorders and family/relationship issues.

### **Mental Health Integrated Complex Care Mackay South Hub**

29 Brisbane Street, MACKAY QLD 4740

**P** (07) 4951 1311

The Severe and Complex mental health services program provides mental health nursing support to patients with severe and complex mental health issues who are able to be managed in primary health care.

### **Peer Motivation**

10G, 52 MacAlister Street, MACKAY QLD  
4740

**E** [JennaOakley@Peermotivationqld.com](mailto:JennaOakley@Peermotivationqld.com)

**W** [peermotivation.org](http://peermotivation.org)

**P** 0457 475 299

Peer Motivation are here to support our clients on their recovery journey, helping to smash the stigmas around mental health in the Mackay and Whitsundays areas. A 24 hour service that is truly client focused. Peer Motivation staff are qualified Mental Health Professionals who also have lived experiences in Mental Health. Visit our website and book your appointment today

### **Personal Transitions**

6-8, 22 Central Street, SARINA QLD 4737

**E** [personaltransitions@bigpond.com](mailto:personaltransitions@bigpond.com)

**W** [personaltransitions.com.au](http://personaltransitions.com.au)

**P** 0418 708 214

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Providing timely access to place-based therapies for children, youth, adults, and the elderly. We seek to enable the healing from the social, physical, and psychological wounding of our life experiences for children, youth, adults and the elderly.

#### **Phoenix Place**

6A Lawson Street, MACKAY QLD 4740

**E** [admin@phoenixplace.org.au](mailto:admin@phoenixplace.org.au)

**W** [phoenixplace.org.au](http://phoenixplace.org.au)

**P** (07) 4953 5222

Phoenix Place Inc. is a community organisation that helps build better communities through the inclusion of people with a psychiatric disability, whilst supporting them on their recovery journey.

#### **Playful Possibilities**

24/, 6 Discovery Lane, NORTH MACKAY  
QLD 4740

**E** [courtney@playfulpossibilities.com](mailto:courtney@playfulpossibilities.com)

**W** [playfulpossibilities.com](http://playfulpossibilities.com)

**P** 0499 336 281

Providing mental health services to children, young people and their families in the Mackay region combining evidence based interventions with a playful approach. Access pathways include Stepped Care, Private, Medicare and NDIS as well as professional development options including supervision and training.

#### **RSL Qld - Mackay - Veteran Services**

7A Sydney Street, MACKAY QLD 4740

**E** [info@mackay.rslqld.net.au](mailto:info@mackay.rslqld.net.au)

**W** [rslqld.org](http://rslqld.org)

**P** 0499 567 297

Whether you are a member of the RSL or not, we're here for you. You've taken the first step to getting help – let us guide you through that journey. For you. For your family. For your mates.

#### **Mental wellbeing and suicide prevention**

The Dome, 134 Victoria Street, MACKAY  
QLD 4740

**E** [administration@selectability.com.au](mailto:administration@selectability.com.au)

**W** [selectability.com.au](http://selectability.com.au)

**P** (07) 4951 2973

selectability exists to improve the mental wellbeing of regional Queensland and contribute to suicide prevention in our communities.

#### **selectability Mental Health Hub - Mackay**

The Dome, 134 Victoria Street, MACKAY  
QLD 4740

**E** [mhhubmky@selectability.com.au](mailto:mhhubmky@selectability.com.au)

**W** [selectability.com.au](http://selectability.com.au)

**P** (07) 4864 3000

The Mental Health Hub offers programs, activities and support to provide an innovative recovery option to individuals seeking support for mental health conditions. We have an open door policy, providing safe and welcoming spaces for self-help, advocacy and socialisation. Services are free and you don't need a referral.

#### **Mental Health Integrated Complex Care**

Shop 12 , 1 Finch Street, SLADE POINT  
QLD 4740

**P** (07) 4955 2300

The Severe and Complex mental health services program provides mental health nursing support to patients with severe and complex mental health issues who are able to be managed in primary health care.

#### **UnitingCare - Mackay**

287 Shakespeare Street, MACKAY QLD  
4740

**E** [mackay-](mailto:mackay-whitsunday@ucommunity.org.au)

[whitsunday@ucommunity.org.au](mailto:whitsunday@ucommunity.org.au)

**W** [unitingcareqld.com.au](http://unitingcareqld.com.au)

**P** 1300 096 203

Child, Youth and Family Mental Health Services; Behaviour Change program for men who have a history of domestic and family violence; Counselling and education for parents who are separated; Financial Counselling and Education; Early childhood support services for families who live in remote and isolated areas; StandBy Support for individuals and communities who are bereaved or impacted by suicide.

#### **Vivid Mental Health - Mackay**

Level 1, 162 Victoria Street, MACKAY QLD  
4740

**E** [sylvia@vididmentalhealth.com.au](mailto:sylvia@vididmentalhealth.com.au)

**W** [vididmentalhealth.com.au](http://vididmentalhealth.com.au)

**P** (07) 4863 1461

Vivid Mental Health offers a range of psychological therapy, in-person from our Mackay based Private Practice and Teletherapy (Phone and Video-chat) all across Australia. For the Mackay region we are able to offer certain programs on locations such as corporate organisations, schools and universities.

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## Palliative Care

### Palliative Care

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Our Palliative Care is a service dedicated to the care of patients suffering from a life threatening illness that is not responsive to curative treatments. Palliative care concentrates on a person's quality of life by managing symptoms, and meeting a person's social, emotional and spiritual needs. It also provides advice, support and education to family and friends.

### Palliative Care

1 Hospital Street, SARINA QLD 4737

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4943 8777

Palliative care aims to give the best possible quality of life to someone living with a life-limiting or terminal illness. It helps people live their life as fully and as comfortably as possible. It is not the same as end-of-life care, which is care given during the last few weeks of life. Palliative care can be helpful at any stage of an illness. Some people receive palliative care for years.

## Pharmacies

### Advantage Pharmacy Mackay

Sydney Street Markets Shop 10, 83

Sydney Street, MACKAY QLD 4740

**E** [info@advantagepharmacy.com.au](mailto:info@advantagepharmacy.com.au)

**W** [advantagepharmacy.com.au](http://advantagepharmacy.com.au)

**P** (07) 4953 3111

Local Mackay Pharmacy

### Amcal Pharmacy North Mackay - Dupuys

12-14 Grandview Drive, MOUNT

PLEASANT QLD 4740

**E** [northmackay@amcal.net.au](mailto:northmackay@amcal.net.au)

**W** [amcal.com.au](http://amcal.com.au)

**P** (07) 4942 3274

We are a local Pharmacy servicing the Mackay area for over 20 years. At Dupuy's Pharmacy we offer a wide range of services including Home Medication Reviews and Medication Packing. Dupuy's Pharmacy is an access point for the National Diabetes Services Scheme and we are able to help you with all of your Diabetic needs.

### Chemist Warehouse Mackay

203 Victoria Street, MACKAY QLD 4740

**E** [info@chemistwarehouse.com.au](mailto:info@chemistwarehouse.com.au)

**W** [chemistwarehouse.com.au](http://chemistwarehouse.com.au)

**P** (07) 3182 3477

With over 300 stores across the country, Chemist Warehouse is the largest pharmacy retailer in Australia – and we're still growing! Our product offerings span a large range of categories and brands, from fragrances, skincare, and makeup, to weight management, vitamins, and medicines.

### Chemist Warehouse North Mackay

21 Evans Avenue, NORTH MACKAY QLD 4740

**E** [info@chemistwarehouse.com.au](mailto:info@chemistwarehouse.com.au)

**W** [chemistwarehouse.com.au](http://chemistwarehouse.com.au)

**P** (07) 4957 5398

With over 300 stores across the country, Chemist Warehouse is the largest pharmacy retailer in Australia – and we're still growing! Our product offerings span a large range of categories and brands, from fragrances, skincare, and makeup, to weight management, vitamins, and medicines.

### Denis Higgins Pharmacy

101 Shakespeare Street, EAST MACKAY QLD 4740

**E** [denishigginspharmacy@gmail.com](mailto:denishigginspharmacy@gmail.com)

**P** (07) 4957 6090

Providing pharmaceutical services specialising in dose administration aids. Servicing aged care facilities & nursing homes using latest technology such as I.Care, & Medsig ( don't need to know the terminology) Specialising in uneeek & exiting giftware.

### Direct Chemist Outlet - Marian

Shop 5, 219-247 Anzac Avenue, MARIAN QLD 4753

**W** [directchemistoutlet.com.au](http://directchemistoutlet.com.au)

**P** (07) 4954 4448

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Direct Chemist Outlet offers a wide variety of products and services for all health, prescription medicines and beauty needs, at a fraction of the usual prices. As a growing chain of pharmacies, our brand was created to meet the needs of our customer requirements for the best quality service at the best possible price.

**Direct Chemist Outlet - Northern Beaches**

Shop 2 Northern Beaches Central, 10

Eimeo Road, RURAL VIEW QLD 4740

**E** northernbeaches@directchemistoutlet.com.au

**W** directchemistoutlet.com.au

**P** (07) 4954 8822

Direct chemist outlet is a pharmacy group developed for customers who want a wide range of beauty, healthcare and pharmaceutical Needs at affordable prices.

**Friendly Care Pharmacy Ooralea**

1 Broadsound Road, OORALEA QLD 4740

**W** friendlycare.com.au

**P** (07) 4952 3600

Friendly Care is the brand under which a number of Friendly Societies trade. These societies have been providing families with excellent service and advice since 1885. Friendly Care Pharmacies are dedicated to helping make a healthier community by providing a lifelong commitment to you & your family.

**Good Price Pharmacy Warehouse**

**Mackay**

3 Peel Street, MACKAY QLD 4740

**E** mackay@goodpricepharmacy.com.au

**W** goodpricepharmacy.com.au

**P** (07) 4957 3449

Good Price Pharmacy Warehouse has become one of Australia's leading retailers in health, beauty and medicinal products. Each store carries all of your favourite brand names in vitamins, skincare, hair care, sun care, cosmetics, perfumes, prescriptions and medicines all at everyday low prices.

**Healthpoint Day and Night Chemist**

65 Sydney Street, MACKAY QLD 4740

**E** daprile@healthpoint.com.au

**P** (07) 4963 0300

Your family's health & wellbeing is important to us. At Healthpoint we offer friendly pharmacist advice on everyday health issues from babies to the elderly. We will also price match prescription medication where possible to ensure you get the best value every single time you shop with us. Call in and talk to a friendly Healthpoint Pharmacist for helpful advice.

**Healthpoint Northside Mater Chemist Mackay**

Suite 3A, 93 Willetts Road, NORTH MACKAY QLD 4740

**E** disp@northsidechemist.com.au

**W** healthpoint.com.au

**P** (07) 4842 0555

Your family's health & wellbeing is important to us. At Healthpoint we offer friendly pharmacist advice on everyday health issues from babies to the elderly. We will also price match prescription medication where possible to ensure you get the best value every single time you shop with us. Call in and talk to a friendly Healthpoint Pharmacist for helpful advice.

**Healthpoint Southside Chemist**

Shop 7 Gasworks Complex, 137

Shakespeare Street, MACKAY QLD 4740

**P** (07) 4957 5522

Your family's health & wellbeing is important to us. At Healthpoint we offer friendly pharmacist advice on everyday health issues from babies to the elderly. We will also price match prescription medication where possible to ensure you get the best value every single time you shop with us. Call in and talk to a friendly Healthpoint Pharmacist for helpful advice.

**Healthpoint Walkerston Chemist**

1, 6 Dutton Street, WALKERSTON QLD 4751

**W** sigmahealthcare.com.au

**P** (07) 4959 4500

Your family's health & wellbeing is important to us. At Healthpoint we offer friendly pharmacist advice on everyday health issues from babies to the elderly. We will also price match prescription medication where possible to ensure you get the best value every single time you shop with us. Call in and talk to a friendly Healthpoint Pharmacist for helpful advice.

### **Pharmacy**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

At the Mackay Base Hospital we provide patient centred pharmacy services, seven days a week. Our pharmacy is not a retail pharmacy – it only provides medication on hospital prescriptions for use while patients are in hospital.

### **Malouf Pharmacies Mount Pleasant**

Mt Pleasant Shopping Centre, Corner  
Bucasia Road & Philip Street, MOUNT  
PLEASANT QLD 4740

**W** [maloufpharmacies.com.au](http://maloufpharmacies.com.au)

**P** (07) 4942 1010

Malouf Pharmacies is the largest privately owned pharmacy group in Queensland with pharmacies situated throughout Brisbane and surrounding areas, on the Sunshine Coast and in regional locations of Toowoomba, Gympie, Bundaberg and Rockhampton.

### **Malouf Pharmacy Mount Pleasant**

Shop 178 Mount Pleasant Shopping  
Centre, Bucasia Road, MOUNT PLEASANT  
QLD 4740

**E** [mtpleasant@maloufpharmacies.com.au](mailto:mtpleasant@maloufpharmacies.com.au)

**W** [maloufpharmacies.com.au](http://maloufpharmacies.com.au)

**P** (07) 4942 1010

Malouf Pharmacies is a down to earth, family oriented Queensland business. We provide exceptional service and professional advice by genuinely connecting with our customers so that they feel valued and confident with their decisions.

### **MAP Pharmacy**

135-137 Nebo Road, EAST MACKAY QLD  
4740

**E** [admin@mapfriendlysociety.com.au](mailto:admin@mapfriendlysociety.com.au)

**W** [friendlycare.com.au](http://friendlycare.com.au)

**P** (07) 4957 4636

MAP Pharmacy have been providing families with excellent service. Friendly Care Pharmacies are dedicated to helping make a healthier community by providing a lifelong commitment to you & your family.

### **Mirani Pharmacy**

Shop 2, 12 Victoria Street, MIRANI QLD  
4754

**E** [qndpharmacyaustralia@gmail.com](mailto:qndpharmacyaustralia@gmail.com)

**P** (07) 4959 1511

Mirani Pharmacy is here for The Valley, as well being a Chemist we also sell various Pet Care Items, Discount Household Goods and Giftware.

### **Sarina Discount Drug Store**

Shop 17 Sarina Beach Shopping Centre,  
13 Sarina Beach Road, SARINA QLD 4737

**E** [sarina@discountdrugstores.com.au](mailto:sarina@discountdrugstores.com.au)

**W** [discountdrugstores.com.au](http://discountdrugstores.com.au)

**P** (07) 4956 1671

Sarina Discount Drug store are proud to become Sarina's first discount chemist. Providing you with low prices and the same caring customer service.

### **Terry White Chemists Sarina**

Shop 1 Sarina Village Shopping Centre,  
Corner Broad Street & Brewers Road,  
SARINA QLD 4737

**E** [sarina@terrywhitechemmart.com.au](mailto:sarina@terrywhitechemmart.com.au)

**W** [terrywhitechemmart.com.au](http://terrywhitechemmart.com.au)

**P** (07) 4956 1295

Your health is our priority. At TerryWhite Chemmart we're helping to keep you Alive & Well.

### **Terry White Chemmart Rural View**

Unit 1, 3/1 Old Eimeo Road, RURAL VIEW  
QLD 4740

**E** [RuralView@TerryWhiteChemmart.com.au](mailto:RuralView@TerryWhiteChemmart.com.au)

**W** [terrywhitechemmart.com.au](http://terrywhitechemmart.com.au)

**P** (07) 4840 2730

Your health is our priority. At TerryWhite Chemmart we're helping to keep you Alive & Well.

### **TerryWhite Chemmart Mackay**

Shop 2092 Caneland Central, Corner  
Victoria Street & Mangrove Road,  
MACKAY QLD 4740

**W** [terrywhitechemmart.com.au](http://terrywhitechemmart.com.au)

**P** (07) 4951 1522

Your health is our priority. At TerryWhite Chemmart we're helping to keep you Alive & Well.

### **TerryWhite Chemmart Mackay 2**

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Shop 2232 Caneland Shopping Centre,  
Mangrove Road, MACKAY QLD 4740  
**E** [dispensary@twcmackay2.com.au](mailto:dispensary@twcmackay2.com.au)  
**W** [terrywhitechemmart.com.au](http://terrywhitechemmart.com.au)  
**P** (07) 4951 1247

We provide pharmacy services in Mackay

#### **United Chemists Andergrove**

Shop 9-11 The Village Shopping Centre, 78  
Celeber Drive, ANDERGROVE QLD 4740  
**E** [andergrove@udc.net.au](mailto:andergrove@udc.net.au)  
**W** [unitedchemists.net.au](http://unitedchemists.net.au)  
**P** (07) 4942 4652

United Chemists are a group of independent pharmacies who have united with a single vision to better serve our local communities. By working together we are able to offer our customers a full range of pharmacy services and products at affordable prices. Our customers are the most important part of our business and we pride ourselves on building great relationships with people from our ...

#### **United Chemists Bucasia**

Shop 4 Hibiscus Shopping Centre, 44  
Downie Avenue, BUCASIA QLD 4750  
**E** [bucasia@udc.net.au](mailto:bucasia@udc.net.au)  
**W** [unitedchemists.net.au](http://unitedchemists.net.au)  
**P** (07) 4954 6655

United Chemists are a group of independent pharmacies who have united with a single vision to better serve our local communities. By working together we are able to offer our customers a full range of pharmacy services and products at affordable prices. Our customers are the most important part of our business and we pride ourselves on building great relationships with people from our ...

#### **United Chemists Slade Point**

Shop 9-11 Seagulls Shopping Centre, 1  
Finch Street, SLADE POINT QLD 4740  
**E** [sladepoint@udc.net.au](mailto:sladepoint@udc.net.au)  
**W** [unitedchemists.net.au](http://unitedchemists.net.au)  
**P** (07) 4955 2686

United Chemists are a group of independent pharmacies who have united with a single vision to better serve our local communities. By working together we are able to offer our customers a full range of pharmacy services and products at affordable prices. Our customers are the most important part of our business and we pride ourselves on building great relationships with people from our ...

#### **United Chemists West Mackay**

Shop BL.01 Parkside Plaza Shopping  
Centre, 245 Bridge Road, WEST MACKAY  
QLD 4740  
**E** [westmackay@udc.net.au](mailto:westmackay@udc.net.au)  
**W** [unitedchemists.net.au](http://unitedchemists.net.au)  
**P** (07) 4829 4605

United Chemists are a group of independent pharmacies who have united with a single vision to better serve our local communities. By working together we are able to offer our customers a full range of pharmacy services and products at affordable prices. Our customers are the most important part of our business and we pride ourselves on building great relationships with people from our ...

## **Pregnancy, Maternity & Newborn Health**

#### **Birth Centre**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740  
**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)  
**P** (07) 4885 6000

The Mackay Birth Centre is a home-like maternity care facility. It encourages families to be involved in planning and enjoy the events of pregnancy and childbirth in a safe, personalised, comfortable setting.

#### **Positive Birth Movement Meet Ups Mackay**

**W** [positivebirthmovement.org](http://positivebirthmovement.org)  
**P** 0458 100 680

We are a global network of free to attend antenatal groups, linked up by social media. We connect pregnant women together to share stories, expertise and positivity about childbirth.

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## Psychiatric Services

### Gasworks Psychology Services

137 Shakespeare Street, MACKAY QLD  
4740

**E** [alithwaites@bigpond.com](mailto:alithwaites@bigpond.com)

**P** 0407 733 609

Psychologist in the Mackay area

### Mackay Psychological Service

Suite 4, 87 Willetts Road, MOUNT  
PLEASANT QLD 4740

**P** (07) 4942 5555

We provide Psychological Services in Mackay

### Natalie Phayer Psychologist

**E** [phayerpsychology@gmail.com](mailto:phayerpsychology@gmail.com)

**P** 0408 738 280

We provide Psychologist services within Slade Point

## Sexual Support Services & Counselling

### Sexual Health

12 - 14 Nelson Street, MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4968 3919

The Mackay Sexual Health and Sexual Assault Service provides full sexual health checks and a range of free, confidential clinical support and information services. HIV -AIDS anonymous testing, management and counselling are some of the services provided. Sexual assault counselling and support is available to men and women 15 years and over who have experienced sexual violence. Youth Sexual ...

### Sexual Assault Services

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Sexual assault services are available to men and women 16 years and over, who have ever experienced sexual assault at any time in their lives.

### Sexual Health Services

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

The Mackay Sexual Health is a free and strictly confidential service that is committed to providing supportive, non-judgmental, quality clinical and counselling services.

## Specialist Outpatient Clinics

### Outpatient Services

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

When you come to hospital for an appointment, you are known as an 'outpatient'.

## Specialists

### Leukaemia Foundation of Queensland - Mackay Branch

**E** [comben@mackay.matilda.net.au](mailto:comben@mackay.matilda.net.au)

**W** [leukaemia.org.au](http://leukaemia.org.au)

**P** 0439 780 514

Lymphoma, leukaemia, myeloma – it doesn't matter. Together we're attacking every blood cancer in every way we possibly can. Now there's more than 100 different types of blood cancer but our shared determination to save and change lives has never been stronger.

### Bowel Cancer Screen

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P** (07) 4885 6000

Bowel cancer is the second most common cause of cancer deaths in Australia and around 80 Australians die from the disease every week. The National Bowel Cancer Screening Program offers free screening to eligible Australians aged 50-74.

### BreastScreen Queensland – Mackay Service

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P (07) 4885 6000**

There are good reasons to make an appointment with us today: Your breast screen is read independently by two specially trained doctors No doctor's referral is necessary Your appointment is one-on-one with a female health professional Your breast screen is free We use the latest digital mammography technology You will be in and out in about 30 minutes

**Cardiology (heart disease)**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P (07) 4885 6000**

Cardiology is a medical specialty that diagnoses and treats people with heart disease. We are committed to improving the heart health of our patients while providing quality and compassionate care. Our service is delivered by a variety of health professionals, including highly skilled cardiologists - or heart specialists - as well as nurses, cardiac scientists, and allied health staff.

**Orthopaedics**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P (07) 4885 6000**

Orthopaedics: Orthopaedics provide clinics for the prevention, diagnosis, and treatment of disorders of the bones, joints, ligaments, tendons, and muscles. General adult and paediatric surgery Sport injuries Joint replacements Trauma

**Paediatric**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P (07) 4885 6000**

Paediatrics is a branch of medicine dedicated to the treatment and specialised care of infants, children and adolescents.

**Special care nursery**

Mackay Base Hospital, 475 Bridge Road,  
WEST MACKAY QLD 4740

**W** [mackay.health.qld.gov.au](http://mackay.health.qld.gov.au)

**P (07) 4885 7245**

Our 8 bed Special Care Nursery (SCN) provides holistic neonatal care to unwell and premature babies for their ongoing health care needs.

**Nq Vascular - Mackay Clinic**

Mackay Clinic, 76 Willetts Road, NORTH  
MACKAY QLD 4740

**E** [enquiries@nqvascular.com.au](mailto:enquiries@nqvascular.com.au)

**W** [nqvascular.com.au](http://nqvascular.com.au)

**P (07) 4728 8185**

NQ Vascular is a specialist centre in Townsville and Mackay treating all arterial & venous diseases and related conditions including varicose vein treatment, here at NQ Vascular, our reputation for providing exceptional patient care and clinical outcomes exceeds us.

**QPain Clinic - Mackay**

57 Norris Road, MOUNT PLEASANT QLD  
4740

**W** [qpain.com.au](http://qpain.com.au)

**P (07) 3391 7111**

Our pain management programs are designed to teach you strategies to actively manage your pain. We can teach management techniques and recommend complementary therapies to help you take control of your pain through a combination of physical therapy, psychological methods, exercise, and education to develop a personalised plan.

**Mackay Ophthalmic Clinic**

89 - 91, Willetts Road, MOUNT PLEASANT  
QLD 4740

**E** [mackay.reception@visioneyeinstitute.com.au](mailto:mackay.reception@visioneyeinstitute.com.au)

**W** [visioneyeinstitute.com.au](http://visioneyeinstitute.com.au)

**P (07) 4942 6444**

Vision Eye Institute Mackay is a comprehensive ophthalmology clinic that delivers high-quality, specialist eye care to the local Mackay community and its surrounds. Led by highly experienced ophthalmologists, our friendly clinical team specialises in diagnosing and treating retinal diseases, glaucoma, diabetic eye disease and strabismus (crossed or turned eyes).

**William Boyd Medical Pty Ltd**

Suite 11, Mater Hospital, Suite 11, Mater  
Medical Centre 76 Willetts Road, MACKAY  
QLD 4740

**E** [admin.boydgyn@bigpond.com](mailto:admin.boydgyn@bigpond.com)

Provides Physician - Obstetrics and Physician - Obstetrics & Gynaecology across various regions of Queensland.

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## Information & Counselling

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### Aboriginal Support Services & Counselling

#### ATSICHS Mackay - DEADLY CHOICES - Social Emotional Wellbeing

10 Carlyle Street, MACKAY QLD 4740

E [sewbu@atsichs.org.au](mailto:sewbu@atsichs.org.au)

W [atsichsmackay.org](http://atsichsmackay.org)

P (07) 4957 9437

SEWB was established to provide intensive support through early intervention services to ensure the wellbeing of children and families. Our focus is to strengthen families to raise healthy and resilient infants, children and young people.

### Carer Information

#### Breakthrough for Families Qld

Shop 1, 57 Wood Street, MACKAY QLD 4740

E [intake@drugarm.com.au](mailto:intake@drugarm.com.au)

W [drugarm.com.au](http://drugarm.com.au)

P (07) 3620 8880

Breakthrough for Families Qld is an information, referral and support program for family members, significant others and loved ones of people who are experiencing alcohol or other drug issues. Book an appointment by calling the Central Intake Service on (07) 3620 8880.

### Financial & Gambling Management & Budgeting

#### Rural Financial Counselling Service North Queensland - Mackay

E [rfgsnq@rfgsnq.com.au](mailto:rfgsnq@rfgsnq.com.au)

W [rfgsnq.com.au](http://rfgsnq.com.au)

P (07) 4652 5669

We offer free, local financial counselling that will help your agribusiness or Small business to plan for the future and pull through adversity.

#### Mackay Regional Financial Wellbeing Program

4 George Street, MACKAY QLD 4740

E [admin@tnhub.org.au](mailto:admin@tnhub.org.au)

W [tnhub.org.au](http://tnhub.org.au)

P (07) 4957 7222

The Mackay Regional Financial Wellbeing Program provides ongoing support, information and advocacy to individuals and families who are experiencing financial difficulties due to circumstances such as unemployment, sickness, credit over-commitment, family breakdown and credit disputes.

#### UnitingCare - Mackay

287 Shakespeare Street, MACKAY QLD 4740

E [mackay-whitsunday@uccommunity.org.au](mailto:mackay-whitsunday@uccommunity.org.au)

W [unitingcareqld.com.au](http://unitingcareqld.com.au)

P (07) 4944 2300

Financial Counselling

### General Support Services & Counselling

#### Australian Electoral Commission - Division of Dawson

E [dawson@aec.gov.au](mailto:dawson@aec.gov.au)

W [aec.gov.au](http://aec.gov.au)

P 13 23 26

Information & Counselling - General Support Services & Counselling - General Support Services & Counselling.

#### Mental Health Integrated Complex Care Sarina Hub

22 Central Street, SARINA QLD 4737

E [admin@awalmedical.com.au](mailto:admin@awalmedical.com.au)

P (07) 4956 1718

The Severe and Complex mental health services program provides mental health nursing support to patients with severe and complex mental health issues who are able to be managed in primary health care.

#### Beau Zelenka

101 Milton Street, MACKAY QLD 4740

**P 0490 486 404**

Beau provides evidence based interventions and focused psychological strategies for children and adolescents experiencing emotional difficulties including anxiety and worry, mood and behaviour, trauma, gender and sexually diverse, body image and self-esteem, educational difficulties and bullying, eating concerns, grief and loss.

### **Bureau Of Meteorology**

**W** bom.gov.au

**P (07) 4955 1355**

Information & Counselling - General Support Services & Counselling - General Support Services & Counselling.

### **Cadet Support Group**

400 Shakespeare Street, MACKAY QLD 4740

**E** oc.122acu@cadetnet.gov.au

**P (07) 4944 8517**

Information & Counselling - General Support Services & Counselling - General Support Services & Counselling.

### **Converge International - Mackay**

23 Wellington St, MACKAY QLD 4740

**W** convergeinternational.com.au

**P 1800 337 068**

Converge International provides workplace and personal counselling, training and consultancy as well as full Employee Assistance Program service. Private counselling as well.

### **Debra Goodchild ~ Family Therapist and Counsellor**

Mackay Children and Family Centre , 67-69 Celeber Drive Andergrove, MACKAY QLD 4740

**E** goodchildfamilytherapy@gmail.com

**W** debragoodchild.com.au

**P 0466 042 470**

Family therapist specialising in providing services to individuals, couples, families and children to promote and maintain healthy and meaningful relationship irrespective of gender, cultural background or age. Registered NDIS provider. Accredited Triple P parenting practitioner. Strength based approaches to maximise client resourcefulness and resilience.

### **Diabetes Support Group**

Good Shepherd Lodge, McIntyre Street, EAST MACKAY QLD 4740

**E** paweller@bigpond.com

**P 0427 122 260**

Information & Counselling - General Support Services & Counselling - General Support Services & Counselling.

### **Domestic Violence Resource Service (Mackay and Region)**

**E** admin@dvrs.org.au

**W** domesticviolenceservice.org.au

**P (07) 4957 3888**

The Mackay Domestic Violence Resource Service offers support and information to women and children. Services provided include: \* Counselling for women and children; \* Crisis Intervention; \* Court Support; \* Information and Referral; \* Community Development; and \* Court assistance. The service also conducts training for service providers and volunteers, community education and media awareness.

### **Domestic Violence Service - Mackay**

418 Shakespeare St, MACKAY QLD 4740

**E** admin@domesticviolenceservice.com.au

**W** domesticviolenceservice.org.au

**P (07) 4957 3888**

Information & Counselling - General Support Services & Counselling - General Support Services & Counselling.

### **International Adoptive Families of Queensland Mackay and Region Adoption Support Group**

17 Barton Street, WEST MACKAY QLD 4740

**E** iafqsecretary@gmail.com

**W** iafq.org.au

**P 0419 028 016**

Information & Counselling - General Support Services & Counselling - General Support Services & Counselling.

### **Judith Grieve - Inner Life Works Mackay**

Benson Avenue, MOUNT PLEASANT QLD 4740

**E** jgrieve.innerlifeworks@gmail.com

**W** [naturaltherapypages.com.au](http://naturaltherapypages.com.au)

**P** 0401 036 662

Offering compassionate care and tools for life's journey, nurturing and empowering your wellbeing and emotional resilience ... a mindfulness based approach tending the body, mind, emotion and spirit. Studio - Mt Pleasant, Mackay.

### **Kidney Support Network**

237 Shakespeare Street, MACKAY QLD  
4740

**E** [operationsmanager@ksn.org.au](mailto:operationsmanager@ksn.org.au)

**W** [ksn.org.au](http://ksn.org.au)

**P** (07) 4837 1239

To provide quality support services for people with Renal Disease and for their families.

### **Kidney Support Network**

235 Shakespeare Street, MACKAY QLD  
4740

**E** [operationsmanager@ksn.org.au](mailto:operationsmanager@ksn.org.au)

**W** [ksn.org.au](http://ksn.org.au)

**P** 0477 169 148

Our Op Shops raise essential funds so KSN can continue to provide support services for kidney patients, their families and carers.

### **Alcohol and Other Drugs Treatment Service**

62 Victoria St, Mackay, Victoria Street,  
MACKAY QLD 4740

**E** [info@liveslivedwell.org.au](mailto:info@liveslivedwell.org.au)

**W** [liveslivedwell.org.au](http://liveslivedwell.org.au)

**P** 1300 727 957

ICE Help program – free counselling support for ICE, and alcohol and other drugs, plus help for family and friends. Withdrawal support, and day rehabilitation group programs. All programs run from 62 Victoria Street, Mackay 4740.

### **Alcohol and Other Drugs Withdrawal Support**

62 Victoria St, Mackay, Victoria Street,  
MACKAY QLD 4740

**E** [info@liveslivedwell.org.au](mailto:info@liveslivedwell.org.au)

**W** [liveslivedwell.org.au](http://liveslivedwell.org.au)

**P** 1300 727 957

Free alcohol and other drug counselling and support including group sessions, day withdrawal support and day rehabilitation. Phone counselling is available to all Queensland areas during normal office hours, Monday to Friday.

### **Lives Lived Well - Mackay (ICE Help and Withdrawal)**

62 Victoria St, Mackay, Victoria Street,  
MACKAY QLD 4740

**E** [info@liveslivedwell.org.au](mailto:info@liveslivedwell.org.au)

**W** [liveslivedwell.org.au](http://liveslivedwell.org.au)

**P** 1300 727 957

We provide alcohol and drug counselling through our program "ICE Help" as well as day withdrawal support and group sessions in Mackay. We offer a Group Day Rehabilitation Program which allows you to experience a similar level of treatment and support to a live-in centre, without having to live-in or stay overnight.

### **Mackay Baptist Care Counselling Service**

144-150 Shakespeare Street, MACKAY  
QLD 4740

**E** [admin@mackaybaptist.org.au](mailto:admin@mackaybaptist.org.au)

**P** (07) 4944 0268

At Mackay Baptist Care, we are aware of the enormous challenges, stresses and pressure that come with everyday life, so we have sought to meet the needs of the church and the Mackay community by providing a professional counselling service.

### **Mackay Ostomy Support Group**

Gordon White Library, Phillip Street,  
MOUNT PLEASANT QLD 4740

**E** [grahamstabler@bigpond.com](mailto:grahamstabler@bigpond.com)

**W** [qldstoma.asn.au](http://qldstoma.asn.au)

**P** 0428 776 258

The Mackay Ostomy Support Group meets at 2pm at the Gordon White Library, North Mackay on the 4th Friday of every odd month (May, July, September and November).

### **Parkinson's**

**E** [argent7@bigpond.com](mailto:argent7@bigpond.com)

**P** 1800 644 189

The Mackay Parkinson's Support Group is one of 32 such groups around Queensland. We share information and support for persons diagnosed with Parkinson's and their carers and family.

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### **Mackay Regional Pain Support Network**

Good Shepherd Lodge, 15 McIntyre Street, MACKAY QLD 4740

**E** [mackaypain@gmail.com](mailto:mackaypain@gmail.com)

**P** 0412 734 050

Meetings are on the 3rd Saturday of the month at Good Shepherd Lodge from 9:30-11am. There is a morning tea after the meeting where it is nice to meet new friends who have been on the same journey with chronic pain.

### **Mackay Women's Centre**

418A Shakespeare Street, MACKAY QLD 4740

**E** [reception@mkywc.org.au](mailto:reception@mkywc.org.au)

**W** [mackaywomenscentre.org.au](http://mackaywomenscentre.org.au)

**P** (07) 4953 1788

General counselling

### **Youth Empowerment and Support Service (YESS)**

3, 17 MacAlister Street, MACKAY QLD 4740

**E** [madec@madec.org.au](mailto:madec@madec.org.au)

**W** [madec.org.au](http://madec.org.au)

**P** (07) 4951 1233

Youth Empowerment and Support Service (YESS)

### **Multiple Sclerosis Support Group**

St Vincent De Paul Meeting Room, Hamlet Street, MACKAY QLD 4740

**P** (07) 4952 2264

The Multiple Sclerosis Support Group Mackay is a support group for the young and newly diagnosed with Multiple Sclerosis categories

### **Northern Beaches Counselling and Family Therapy**

20 Baler Street, SHOAL POINT QLD 4750

**E** [northernbeachescounselling@outlook.com](mailto:northernbeachescounselling@outlook.com)

**P** 0432 244 070

Sometimes we need help to get through a difficult time. Counselling and Mediation services in a strictly confidential environment. Down to earth yet professional approach to counselling. Adolescents + Family Therapy + Grief & Loss + Relationships + Stress.

### **Prostate Cancer Support Group**

43 Gregory Street, MACKAY QLD 4740

**E** [admin@emcaretraining.com.au](mailto:admin@emcaretraining.com.au)

**W** [mackayprostatecancersupport.com.au](http://mackayprostatecancersupport.com.au)

**P** 0418 194 262

The Group meets monthly on the second Thursday of the month starting at 6:30pm. A guest speaker is arranged for these meetings. Everyone is welcome including partners and families. A gold coin donation is collected to assist with the running of the group.

### **Family Counselling**

Ground Floor, 123 Victoria Street, MACKAY QLD 4740

**E** [mackayadmin@raq.org.au](mailto:mackayadmin@raq.org.au)

**W** [raq.org.au](http://raq.org.au)

**P** 1300 364 277

Family Counselling aims to prevent family breakdown by working directly with couples, families, young people and their families or caregivers to resolve conflict and improve relationships.

### **Relationships Australia - Mackay**

Ground Floor, 123 Victoria Street, MACKAY QLD 4740

**E** [mackayadmin@raq.org.au](mailto:mackayadmin@raq.org.au)

**W** [raq.org.au](http://raq.org.au)

**P** 1300 364 277

Provide relationship support services for individuals, families and communities. Services include:- counseling, family dispute resolution, family violence prevention, children's contact service, rural and remote telephone & other counseling, Aboriginal and Torres Strait Islander, Gambling Help Support Services & Senior Relationship Services.

### **Salt Counselling**

4 MacAlister Street, MACKAY QLD 4740

**E** [counsellingatsalt@gmail.com](mailto:counsellingatsalt@gmail.com)

**W** [saltcounselling.com](http://saltcounselling.com)

**P** 0411 940 665

Compassionate and professional counselling for Individuals aged 13years to adult. Issues covered include: stress, anxiety, grief and loss, parents and families of children with special needs, trauma, depression workplace stresses, relationship issues. Call or email for a free 15 minute discovery chat today. Kathryn is an accredited mental health Social Worker with over 20 years experience.

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### **Tracey Duthler Consulting Psychologist**

101 Milton Street, MACKAY QLD 4740

E [traceyduthler@netspace.net.au](mailto:traceyduthler@netspace.net.au)

P (07) 4953 1719

Tracey Duthler Consulting Psychologist has psychology service in Mackay, 4740.

### **Whitsunday Psychological Service**

Mackay Rehabilitation Hospital, 57 Norris Road, MOUNT PLEASANT QLD 4740

E [chpsych@hotmail.com](mailto:chpsych@hotmail.com)

W [whitsundaypsychologicalservice.wordpress.com](http://whitsundaypsychologicalservice.wordpress.com)

P 0413 501 858

Counselling fields include issues of adjustment, anger management, anxiety & trauma, couples therapy, depression, grief & loss, fertility, interpersonal conflict resolution, pain management, parenting, personal and vocational stress, sexual health and assault.

### **Sexual Support Services & Counselling**

#### **Headspace Mackay and Satellites**

71 Broad Street, SARINA QLD 4737

E [sarinaheadspace@nwrh.com.au](mailto:sarinaheadspace@nwrh.com.au)

W [headspace.org.au](http://headspace.org.au)

P (07) 4842 6750

headspace provides information, support and services to young people, aged 12-25 years, and their families and friends across Australia. headspace welcomes and supports young people of any ethnicity, culture, faith, sexual orientation and gender identity. Services cover four core areas: mental health & wellbeing, physical & sexual health, work & study support, and alcohol & other drug services.

### **Suicide & Self Harm Information**

#### **Grapevine Group**

E [secretary@grapevinegroup.org.au](mailto:secretary@grapevinegroup.org.au)

W [grapevinegroup.org.au](http://grapevinegroup.org.au)

Grapevine Group Assoc Inc is a locally-founded community group which delivers suicide prevention training and awareness in the Mackay region. To date, our organisation has proudly trained over 6,000 people in our community. Grapevine also promotes the list of local suicide prevention resources on printed Help-a-mate cards. Find the list or sign up to free training at [www.grapevinegroup.org.au](http://www.grapevinegroup.org.au)

#### **MAD Cow Coffee**

4 Caribaea Court, ANDERGROVE QLD 4740

E [madcowcoffee@gmail.com](mailto:madcowcoffee@gmail.com)

P 0403 095 034

MAD Cow Coffee provides support and connections to people struggling with mental health and suicidality, their families and care providers and those in our community bereaved by suicide

## **Legal Assistance & Information Services**

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### **General Legal Assistance & Information**

#### **Commission Centre - Mackay**

17 Brisbane Street Ground Floor, MACKAY QLD 4740

E [mailbox@legalaid.qld.gov.au](mailto:mailbox@legalaid.qld.gov.au)

W [legalaid.qld.gov.au](http://legalaid.qld.gov.au)

P (07) 4967 0688

Legal Aid Queensland works with our partners to provide access to justice for disadvantaged Queenslanders by providing legal information, advice and representation.

#### **Commission Centre - Mackay**

17 Brisbane Street Ground Floor, MACKAY QLD 4740

E [mailbox@legalaid.qld.gov.au](mailto:mailbox@legalaid.qld.gov.au)

W [legalaid.qld.gov.au](http://legalaid.qld.gov.au)

P (07) 4967 0688

Call us or visit our website to get free legal information about your legal problems.

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**Family Law Pathways Mackay-Whitsunday**

58 Sydney Street, MACKAY QLD 4740

**E** [jasonk@catholiccarecq.com](mailto:jasonk@catholiccarecq.com)

**W** [familylawpathways.com.au](http://familylawpathways.com.au)

**P** 1300 783 544

Family Law Pathways Network is network that links social services to Family Law professionals. Enabling the professionals in Family Law to utilise the services in the area. Please email if you would like to be added to our network.

**Mackay Community Capacity and Service Quality**

67-69 Sydney Street Level 2, Healthpoint Pharmacy Building, MACKAY QLD 4740

**W** [dsdsatsip.qld.gov.au](http://dsdsatsip.qld.gov.au)

**P** (07) 4967 4420

Our department aims to enable vulnerable Queenslanders to improve their lives by investing, providing and partnering in effective and innovative services. In doing so, we will help realise the Queensland Government's commitment to be Australia's best public service. To achieve better outcomes for the community, we will provide and fund support and services to people most in need.

**Mackay Probation and Parole Office**

State Government Building, 44 Nelson Street, MACKAY QLD 4740

**W** [qld.gov.au](http://qld.gov.au)

**P** (07) 4862 9101

Higher risk offenders will be given the opportunity to attend the new Making Choices program. This intensive 100 hour program provides offenders with the opportunity to develop and practise more effective self management, communication and interpersonal skills. This program is also suitable for those offenders who display a propensity toward violent behaviour.

**Mackay Regional Community Legal Centre Inc**

Suite 9, The Dome, 134 Victoria Street, MACKAY QLD 4740

**E** [admin@mrclc.com.au](mailto:admin@mrclc.com.au)

**W** [mrclc.com.au](http://mrclc.com.au)

**P** (07) 4953 1211

Provides free and confidential legal advice, information, ongoing assistance, referrals and community legal education throughout the Mackay, Whitsunday and Isaac regions. Assistance can be provided by phone or in person in Mackay or at the following outreach locations: Sarina, Cannonvale, Proserpine, Bowen and Moranbah. Bookings are essential. Open 9am - 4pm weekdays and some evenings.

**Mackay Regional Community Legal Centre Inc - Sarina**

65 Broad Street, SARINA QLD 4737

**E** [admin@mrclc.com.au](mailto:admin@mrclc.com.au)

**W** [mrclc.com.au](http://mrclc.com.au)

**P** (07) 4953 1211

The MRCLC provides free legal assistance at the Sarina Neighbourhood Centre on the second Tuesday of the month by appointment only. Appointments in Mackay or by phone are available between 9am-4pm on weekdays.

**Mackay Whitsunday Dispute Resolution Centre**

Mackay Courthouse 12 Brisbane St, MACKAY QLD 4740

**E** [drc.mkywhit@justice.qld.gov.au](mailto:drc.mkywhit@justice.qld.gov.au)

**W** [justice.qld.gov.au](http://justice.qld.gov.au)

**P** (07) 4889 8402

Location: Mackay Court House - Ground Level  
Hours: 8.30am - 4.30pm Monday to Friday  
Provide a free, confidential mediation service for people in dispute/disagreement. Committed to assisting people who need assistance resolving a dispute/disagreement.

**Mackay Youth Justice Centre**

41 Gordon Street, MACKAY QLD 4740

**W** [qld.gov.au](http://qld.gov.au)

**P** (07) 4967 2360

Supervision of young people (up to 17 years of age) under court orders. This service is appointment based. Please contact this service for more information on the assistance they can provide you.

**Office of Fair Trading - Mackay**

38 Tennyson Street, MACKAY QLD 4740

**W** [qld.gov.au](http://qld.gov.au)

**P** 13 74 68

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The Office of Fair Trading provides advice to both consumers and traders regarding a range of fair trading, consumer affairs and body corporate issues. The Office also investigates unfair trading practices, administers legislation affecting consumers and traders and provides licensing and registration services for businesses and a range of occupations. A range of free booklets are available ...

### **Public Trustee - Mackay**

18 Brisbane Street, MACKAY QLD 4740

**E** [pt\\_mackay@pt.qld.gov.au](mailto:pt_mackay@pt.qld.gov.au)

**W** [pt.qld.gov.au](http://pt.qld.gov.au)

**P** 1300 360 044

The Public Trustee of Queensland is the largest trustee organisation in Queensland, and provides Disability and Aged Support Services, Free Will Making, Enduring Powers of Attorney, Trust Administration and Deceased Estates Administration services to Queenslanders. For more information regarding the Public Trustee's services, please call the toll free number 1300 360 044.

### **QIFVLS - Mackay Office**

21 Gordon Street, MACKAY QLD 4740

**E** [help@qifvls.com.au](mailto:help@qifvls.com.au)

**W** [qifvls.com.au](http://qifvls.com.au)

**P** (07) 4030 0499

We are a free legal service, for Aboriginal and/ or Torres Strait Islander people, affected by family violence and/ or sexual assault. Our organisation was established to deliver culturally appropriate legal services including community education and community legal education.

## **Local Advocacy Services**

### **Amnesty International Australia - Mackay**

**E** [mackayamnestygroup@gmail.com](mailto:mackayamnestygroup@gmail.com)

**P** 0422 748 095

We're a friendly new group who advocate for human rights in the Dawson electorate. Our main focus is on Indigenous rights and the Community is Everything campaign.

## **Mediation & Ombudsman Support**

### **CatholicCare Central Queensland - Mackay**

58 Sydney Street, MACKAY QLD 4740

**E** [mackay@catholiccarecq.com](mailto:mackay@catholiccarecq.com)

**W** [catholiccarecq.com](http://catholiccarecq.com)

**P** 1300 523 985

CatholicCare offers clients a safe and neutral environment to facilitate discussions that focus around meeting the needs of your children, while resolving your property issues. Family Property Dispute Resolution provides an opportunity for clients to talk independently with a trained mediator in a supportive and confidential environment.

## **Peak, Industry and Funding Bodies**

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### **Foundations**

#### **Cancer Council Queensland - Mackay**

97 Victoria Street, MACKAY QLD 4740

**E** [askanurse@cancerqld.org.au](mailto:askanurse@cancerqld.org.au)

**W** [cancerqld.org.au](http://cancerqld.org.au)

**P** (07) 4842 2000

We are committed to providing all Queenslanders with the best possible prospects of preventing, detecting, effectively treating and surviving a cancer diagnosis.

#### **LEUKEMIA FOUNDATION MACKAY BRANCH INC**

136 Evan Street, SOUTH MACKAY QLD  
4740

**E** [stan@leukaemia.org.au](mailto:stan@leukaemia.org.au)

**P** (07) 4951 3117

The Leukaemia Foundation is the only national Australian charity dedicated to helping those with leukaemia, lymphoma, myeloma and related blood disorders survive and then live a better quality of life. The Leukaemia Foundation provides free practical support services to blood cancer patients such as accommodation, transport, emotional and financial support.

### **Industry Bodies**

### **Greater Whitsunday Farmers' Market**

10 River Street, MACKAY QLD 4740

**P** 0498 717 941

The Greater Whitsunday Food Network was established in July 2015 to bring together the farm to plate value chain to encourage and support investment in local food and agritourism products in the region. Our main events are Weekly Farmers' Market, Monthly Twilight Market, Annual Farm to Plate Dinner, Bus Tours and Agri-tourism. Greater Whitsunday Farmers' Market - Weekly Wednesday 7am to 11am

### **Greater Whitsunday Food Network - Brightly**

247 Olletts Road, BRIGHTLY QLD 4741

**E** [markethq@greaterwhitsundayfood.org.au](mailto:markethq@greaterwhitsundayfood.org.au)

The Greater Whitsunday Food Network was established in July 2015 to bring together the farm to plate value chain following a series of workshops and projects designed to encourage and support investment in local food and agritourism products in the region.

## **Peak Bodies**

### **NQPHN - Mackay**

Suite 2 (Ground Floor), 45 Victoria Street, MACKAY QLD 4740

**E** [support@nqphn.com.au](mailto:support@nqphn.com.au)

**W** [nqphn.com.au](http://nqphn.com.au)

**P** (07) 4963 4400

Northern Queensland Primary Health Network (NQPHN) is working to make health better for all people in North Queensland. We have a focus on improving health for populations that are most at risks, such as Aboriginal and Torres Strait Islander people and older Australians. We are actively engaging people in communities through our Community Advisory Groups.

## **R e c r e a t i o n                      & L e i s u r e**

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### **Crafts**

### **Pioneer Potters Mackay Inc**

8 Loughnane Court, NORTH MACKAY QLD 4740

**E** [pioneerpotters@y7mail.com](mailto:pioneerpotters@y7mail.com)

**W** [pioneer-potters-mackay-inc.business.site](http://pioneer-potters-mackay-inc.business.site)

**P** (07) 4957 6255

Pottery club for beginners to advanced. Open each Wednesday 9am till 3pm. Clay supplies available and beginners are welcome.

### **Print Bank Mackay**

**E** [printbankmackay@gmail.com](mailto:printbankmackay@gmail.com)

**W** [mackaycreatives.com.au](http://mackaycreatives.com.au)

**P** 0428 455 188

We share our knowledge, organise workshop in Printmaking. Meet every 3rd Sunday

## **Fitness Activities**

### **Time Out Tai Chi**

**E** [leanne@balanceminder.com.au](mailto:leanne@balanceminder.com.au)

**P** 0428 181 824

Focusing on our posture, breathing and connectiveness with our body, this modern adaptation of the ancient art of Tai Chi is easy to follow and encourages us to explore depth to our practice at the time suited to the individual. Classes are held around Mackay and District. Organisations are encouraged to have classes.

### **Fitness And Dance Studio Mackay**

7 Progress Drive, MACKAY QLD 4740

**W** [fadcheeranddance.com.au](http://fadcheeranddance.com.au)

**P** 0425 156 614

Recreation & Leisure - Fitness Activities - Fitness Activities.

### **Fusion Dance And Fitness**

11 Alexandra Street, MIRANI QLD 4754

**E** [fusiondancefitness@hotmail.com](mailto:fusiondancefitness@hotmail.com)

**P** 0418 769 422

Offering quality, fun, professional & non-competitive Dance Classes to a range of ages - boys & girls. Styles include: Tap, Jazz, Hip Hop, Ballet, Contemporary, Stretch/Strengthen & Twinkles for our little tiny tots. For our Adults, we offer Fitness Classes & Personal Training sessions with a qualified PT. We also have nutritional programs, home work options & online challenges available.

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**Grand Square Australia Inc**

855 Barrie Lane, HOMEBUSH QLD 4740

**E** dawn@grandsquareinc.com.au

**P** (07) 4959 7350

Recreation & Leisure - Fitness Activities - Fitness Activities.

**Mackay Road Runners Inc**

**E** gzahn@bigpond.net.au

**W** mackayroadrunners.com.au

**P** (07) 4957 7194

Recreation & Leisure - Fitness Activities - Fitness Activities.

**MLC**

3 Preston Street, SLADE POINT QLD 4740

**E** mackaylifestylechoices@bigpond.com

**P** (07) 4955 0355

We provide sporting and fitness activities.

**parkrun - Mackay**

Mackay Regional Botanical Gardens, 9

Lagoon Street, WEST MACKAY QLD 4740

**E** mackay@parkrun.com

**W** parkrun.com.au

parkrun organise free, weekly, 5km timed runs around the world. They are open to everyone, free, and are safe and easy to take part in. Mackay parkrun takes place in the Mackay Botanical Gardens, every Saturday at 7am and we encourage people of every ability to take part; from walkers or those taking their first steps in running to Olympians, we welcome you all.

**Sarina Dance School**

Sarina Cultural Hall/St Luke's Hall, SARINA QLD 4737

**E** jade.sarinadanceschool@yahoo.com.au

**U**

**P** 0407 674 567

Recreation & Leisure - Fitness Activities - Fitness Activities.

**General Recreation and Leisure****Time Out Tai Chi "Learn to Teach"**

**E** leanne@balanceminder.com.au

**P** 0428 181 824

On-line plus face to face through virtual hub training course

**Bluewater Lagoon**

River Street, MACKAY QLD 4740

**E** bwl@globalproductsearch.com.au

**W** mackay.qld.gov.au

**P** (07) 4952 5244

Comprising three tiered lagoons, the Bluewater Lagoon is a free family-friendly leisure facility overlooking the picturesque Pioneer River in the heart of Mackay's city centre. Covering an area equivalent to three 50 metre swimming pools, Bluewater Lagoon provides a safe all-round stinger-free swimming environment.

**Mackay Restoration Club Inc**

**E** Mkyrestoration@gmail.com

**P** 0407 697 997

Mackay Restoration Club is dedicated to the preservation and restoration of transport, machinery and other types of historical material which members consider to be part of our heritage. We believe these things should be preserved so that our children can see how their forebears lived and travelled.

**Memorial Swim Centre**

Milton Street, SOUTH MACKAY QLD 4740

**E** woodford@belgravialeisure.com.au

**W** mackay.qld.gov.au

**P** (07) 4952 5244

Memorial Swim Centre is located on the fringe of Mackay's central business district and adjacent to one of the city's largest shopping centres Caneland Central and the Pioneer River precinct. As Mackay's only heated in the winter season public aquatic facility, pool blankets and heating systems are used to warm both the 50m pool and toddler pool.

**Mirani Swim Centre**

6 Caroline Street, MIRANI QLD 4754

**E** miranipool@bigpond.com

**W** mackay.qld.gov.au

**P** (07) 4959 1239

50m by 6 lane Olympic outdoor pool, Covered toddlers pool, 2 x undercover grandstands

**MLC**

3 Preston Street, SLADE POINT QLD 4740

**E** mackaylifestylechoices@bigpond.com

**P** (07) 4955 0355

Monday night bowling league Day trips Weekend trips and holidays Special events (e.g. Concerts and Young Endeavour Sail) Club 18 (18 years and over) Lifestyle activities

### **Pioneer Swim Centre**

Malcomson Street, NORTH MACKAY QLD 4740

**E** pioneersc@belgravialeisure.com.au

**W** pioneerswimcentre.com.au

**P** (07) 4957 5767

Set within landscaped gardens in the John Breen Park recreational precinct in North Mackay, Pioneer Swim Centre provides convenient access to all patrons.

### **PointGlen**

79 Phillip Street, MOUNT PLEASANT QLD 4740

**E** marketing@pointglen.com.au

**W** pointglen.com.au

**P** (07) 4968 0000

We are Mackay's leading Property Development company and we deliver community events for the Mackay region.

### **Run for MI Life**

Shop 1, 16 Dutton Street, WALKERSTON QLD 4751

**E** info@runformilife.org.au

**W** runformilife.org.au

**P** 0437 725 903

Mackay Sugar Run For MI Life is held in the name of our brother, uncle and friend, Matthew Ivory, who sadly took his own life on the 19th October 2012.

### **Sarina Swim Centre**

Anzac Street, SARINA QLD 4737

**W** mackay.qld.gov.au

**P** (07) 4956 2156

25m x 6 lane swimming pool

### **Sporting Wheelies and Disabled Sport And Recreation Assn Of Qld - Mackay**

78 Bridge Road, SOUTH MACKAY QLD 4740

**E** mackay@sportingwheelies.org.au

**W** sportingwheelies.org.au

**P** (07) 4953 1991

The Association provides inclusive recreation opportunities for people with a disability, family and friends.

## **Indoor Recreation and Leisure**

### **Kidz Life Play Centre**

75 Evans Ave, NORTH MACKAY QLD 4740

**E** admin@kidzlife.com.au

**P** (07) 4953 5575

An indoor children's play centre providing recreational equipment for children to play on and a place for parents to relax and enjoy the cafe. Kidzlife is 'not for profit' and we support kids locally and internationally.

### **Mackay City Roller Maidens (Association) Inc.**

Mackay PCYC, Norris Road, NORTH MACKAY QLD 4740

**E** info.mcrm@gmail.com

**P** 0427 501 113

Recreation & Leisure - Indoor Recreation and Leisure - Indoor Recreation and Leisure.

### **Mackay Eight Ball Association**

**E** mackayeightball@gmail.com

**W** poolstat.net.au

**P** 0415 112 087

Recreation & Leisure - Indoor Recreation and Leisure - Indoor Recreation and Leisure.

### **Mackay Masonic Dancers**

Masonic Hall, Wood Street, MACKAY QLD 4740

**E** shelley-dent@hotmail.com

**P** 0418 717 352

Recreation & Leisure - Indoor Recreation and Leisure - Indoor Recreation and Leisure.

### **The Trustee For The Mmm Robinson Family Trust t/a Bottletops and Brushes**

104 Victoria Street, MACKAY QLD 4740

**E** hello@bottletopsandbrushes.com

**W** bottletopsandbrushes.com

**P** 0435 941 554

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We are entertainment and our medium is art. Paint & Sip events - where a ticket for one or more people can be purchased are listed on our website. Private parties can start with as little as 5 people on weekdays and a minimum of 8 people on weekends. There is an event for everyone. Just ask us how or when you can enjoy our resident artist showing you how to paint step by step. BYO drinks

## Outdoor Recreation and Leisure

### **Grunwald, Annika Maria - Calen**

McIntyre Street, CALEN QLD 4798

**E** [airliebeachswimcentre@gmail.com](mailto:airliebeachswimcentre@gmail.com)

**W** [airliebeachswimcentre.com.au](http://airliebeachswimcentre.com.au)

**P** 0404 677 400

We have specialized swimming lessons in Airlie Beach from Babies to Adults with an eye on water safety and survival skills. Our mission for the Whitsundays is to inspire, and encourage water activities, support, teach ethical and ecological responsibilities to water safety while as well as taking care of our precious Great Barrier Reef.

### **Mackay and District BMX Club Inc - Walkerston**

58 Creek Street, WALKERSTON QLD 4751

**E** [secretary@madbmx.com.au](mailto:secretary@madbmx.com.au)

Mackay and District BMX Club - Walkerston Facility

### **Mackay Bushwalkers Club**

**E** [Mackay.Bushwalkers@gmail.com](mailto:Mackay.Bushwalkers@gmail.com)

**W** [mackay.bwq.org.au](http://mackay.bwq.org.au)

**P** (07) 4952 1532

Recreation & Leisure - Outdoor Recreation and Leisure - Outdoor Recreation and Leisure.

### **Mackay Regional Botanic Gardens**

9 Lagoon Street, WEST MACKAY QLD 4740

**W** [mackayregionalbotanicgardens.com.au](http://mackayregionalbotanicgardens.com.au)

**P** (07) 4952 7300

Enjoy a relaxed leisurely stroll through the tropical surrounds and the lush green oasis of the Mackay Regional Botanic Gardens.

### **Mackay RSL Memorial Bowls Club**

30 Wren Street, SLADE POINT QLD 4740

**E** [sladepointbowls@hotmail.com](mailto:sladepointbowls@hotmail.com)

**P** (07) 4955 1932

Slade Point Bowls Club, located in Wren St, Slade Point, is a family oriented RSL Club. We have regular lawn bowls competitions, social games, barefoot bowls, come down and participate or watch, and enjoy a lovely meal on a Friday night from our Bistro. Everyone welcome. We are the local RSL Memorial Club for the Mackay and surrounding areas.

### **MACKAY TRIATHLON CLUB INCORPORATED**

**E** [mackaytri@gmail.com](mailto:mackaytri@gmail.com)

**P** 0423 300 174

Recreation & Leisure - Outdoor Recreation and Leisure - Outdoor Recreation and Leisure.

### **Pro Landscaping Mackay**

1 Pound Street, WALKERSTON QLD 4751

**E** [prolandscapingmackay@gmail.com](mailto:prolandscapingmackay@gmail.com)

**W** [landscapingmackay.com.au](http://landscapingmackay.com.au)

**P** (07) 5646 3694

Our solutions cover a wide range of residential or commercial property extensions for household, commercial and country residential or commercial properties.

### **River Sessions**

**E** [mick.delaney.w@gmail.com](mailto:mick.delaney.w@gmail.com)

**W** [riversessions.com.au](http://riversessions.com.au)

**P** 0438 500 008

- QLD's largest none-touring single day Music, Food and Arts Festival - Large Economic boost to the Mackay area - National publicity for Mackay - Supporting local communities and contractors - Showcasing Mackay's Key values

### **Unwheel Events**

North Street, EUNGELLA QLD 4757

**W** [mackaymountainmarathon.com](http://mackaymountainmarathon.com)

**P** 0427 029 041

2 Day Trail Running and Mountain Bike Event at Eungella

### **West's Netball Association**

**E** [westsnb@gmail.com](mailto:westsnb@gmail.com)

**W** [westsnetball.org](http://westsnetball.org)

West's Netball Association is a netball club catering to all, young & old, female & male. We cover the Pioneer Valley in Qld from Walkerston to Eungella and all places between. West's have celebrated many years of being a great club for any who enjoy outdoor netball.

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## Personal Development Activities

### Mackay Women's Centre

418A Shakespeare Street, MACKAY QLD  
4740

E [reception@mkywc.org.au](mailto:reception@mkywc.org.au)

W [mackaywomenscentre.org.au](http://mackaywomenscentre.org.au)

P (07) 4953 1788

Craft, computer access and workshops

### MLC

3 Preston Street, SLADE POINT QLD 4740

E [mackaylifestylechoices@bigpond.com](mailto:mackaylifestylechoices@bigpond.com)

P (07) 4955 0355

one to one support - user pay Daily living skills  
Shopping and money handling Companionship Goal  
Setting Development of public speaking skills and  
community access Training in the use of public  
transport

## Religion & Philosophy

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### Churches and Places of Worship

#### Armitage Uniting Church

Cnr Evan & Kennedy Streets, SOUTH  
MACKAY QLD 4740

E [ucamackay@optus.net.com.au](mailto:ucamackay@optus.net.com.au)

W [mackaychurchestogether.org.au](http://mackaychurchestogether.org.au)

P (07) 4957 3557

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

#### Beaches Baptist Church

17 Holts Road, BEACONSFIELDS QLD 4750

E [beachesbaptist@gmail.com](mailto:beachesbaptist@gmail.com)

W [beachesbaptist.com](http://beachesbaptist.com)

P 0428 520 034

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

#### Church of the Nazarene

3 Main Street, BAKERS CREEK QLD 4740

E [rjg59@bigpond.net.au](mailto:rjg59@bigpond.net.au)

W [nazarene.org](http://nazarene.org)

P (07) 4965 9700

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

#### City Impact Church Mackay

5 Wellington Street, MACKAY QLD 4740

E [admin@cityimpactchurch.org.au](mailto:admin@cityimpactchurch.org.au)

P (07) 4957 2301

We are passionate followers of Jesus. Seeking God  
with all we've got brings our God tremendous  
pleasure and bring us into His 'Impact Zone'. Life  
Impact Church are a congregation of believers  
summoned together by the Holy Spirit, impacted by  
the life of Jesus Christ, to be sent out to impact the  
lives of others, preaching His kingdom.

#### Eungella Uniting Church

Howie Street, EUNGELLA QLD 4757

E [glen.noy@bigpond.com](mailto:glen.noy@bigpond.com)

W [pioneervalleyunitingchurch.org.au](http://pioneervalleyunitingchurch.org.au)

P (07) 4959 2328

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

#### Iona West Uniting Church

11 Brooks Street, WEST MACKAY QLD  
4740

E [office@ionawest.org.au](mailto:office@ionawest.org.au)

W [unitingcareqld.com.au](http://unitingcareqld.com.au)

P (07) 4951 3869

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

#### Mackay Baptist Church

238 Shakespeare Street, MACKAY QLD  
4740

E [ironsharpensiron@mackaybaptist.org.a  
u](mailto:ironsharpensiron@mackaybaptist.org.au)

P 0478 713 188

Sunday services at 9am. Live stream at  
<https://www.youtube.com/mackaybaptistchurch>.

#### Mackay Church of Christ

65 Beaconsfield Road East, BEACONSFIELD  
QLD 4740

E [accessplace@cofcqld.com.au](mailto:accessplace@cofcqld.com.au)

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**P** 1300 798 622

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **Mackay Presbyterian Church**

Corner Evans Avenue & Harvey Street,  
NORTH MACKAY QLD 4740

**E** kdale7@bigpond.com

**W** mackaypc.org.au

**P** (07) 4957 2835

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **Mackay Vineyard Church**

47 Old Eimeo Road, RURAL VIEW QLD  
4740

**P** (07) 4840 2384

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **New Life Church Mackay**

75 Evans Ave, NORTH MACKAY QLD 4740

**E** admin@newlifechurch.com.au

**W** newlifechurch.com.au

**P** (07) 4953 4400

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **Northside and Seaforth Uniting Church**

4 Fleurs Way, ANDERGROVE QLD 4740

**E** arnold26@bigpond.com

**W** northsideseaforth.org.au

**P** (07) 4942 1438

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **Sarina Wesleyan Methodist Church**

87 Range Rd, SARINA QLD 4737

**E** the1001man@hotmail.com

**W** wesleyan.org.au

**P** (07) 4956 2510

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship. See us  
on Sarina Wesleyan Methodist Church Youtube and  
Facebook

### **St Joseph's Catholic Church**

21-23 Grendon Street, NORTH MACKAY  
QLD 4740

**E** stjomky@rok.catholic.net.au

**W** churchesaustralia.org

**P** (07) 4957 4855

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **St Luke's Anglican Church - Sarina**

**E** serg\_berardi@bigpond.com

**P** (07) 4957 3341

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **St Patrick's Catholic Church**

12 River Street, MACKAY QLD 4740

**E** cluster@smky.catholics.org.au

**W** churchesaustralia.org

**P** (07) 4951 2434

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **St Paul's Uniting Church**

21-23 Macalister Street, MACKAY QLD  
4740

**E** ucamackay@optus.net.com.au

**W** stpaulsmackayunitingchurch.org.au

**P** (07) 4957 3557

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **St. Andrews Uniting Church**

Bold Street, WALKERSTON QLD 4751

**E** glen.noy@bigpond.com

**W** pioneervalleyunitingchurch.org.au

**P** (07) 4959 2328

Churches and Places of Worship - Churches and  
Places of Worship.

### **The Mosque Islamic Society of Mackay Inc**

5 Tom Thumb Ct, BAKERS CREEK QLD  
4740

**E** irfanbaigk@gmail.com

**P** (07) 4952 2867

Religion & Philosophy - Churches and Places of  
Worship - Churches and Places of Worship.

### **Valley Uniting Church**

Victoria Street, MIRANI QLD 4754

**E** glen.noy@bigpond.com

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**W** [pioneervalleyunitingchurch.org.au](http://pioneervalleyunitingchurch.org.au)

**P** (07) 4959 2328

Religion & Philosophy - Churches and Places of Worship - Churches and Places of Worship.

## Self Help

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### General Self Help Services

#### **S.B. Wright Therapy Centre**

Good Shepherd Lodge, 15 McIntyre Street, MACKAY QLD 4740

**E** [dtcreception@gslmk.org.au](mailto:dtcreception@gslmk.org.au)

**W** [gsl.care](http://gsl.care)

**P** (07) 4963 2972

Self Help - General Self Help Services - General Self Help Services.

## Sport

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### Aquatic Sports

#### **Mackay Amateur Waterpolo Association**

Memorial Swim Centre, 193 Boundary Road, OORALEA QLD 4740

**E** [mackaywaterpolo@gmail.com](mailto:mackaywaterpolo@gmail.com)

**W** [mackaywaterpolo.wixsite.com](http://mackaywaterpolo.wixsite.com)

**P** 0407 035 931

Mackay Water Polo is a small, friendly and enthusiastic club based at Memorial Swim Centre. Seniors (15+) is on Monday Night 6:30pm to 8pm Juniors (8-14) is on Saturday Morning 8am-9am

#### **Mackay Sailing Club Inc.**

**E** [mackaysailingsecretary@gmail.com](mailto:mackaysailingsecretary@gmail.com)

**W** [revolutionise.com.au](http://revolutionise.com.au)

A full range of sailing activities are on offer, including learn to sail classes, social sailing, off the beach sailing in dinghies and yacht racing. The club is affiliated with Australia Sailing and Yachting Queensland.

### Field Team Sports

#### **Brothers Hockey Club**

**E** [brothershockeymackay@hotmail.com](mailto:brothershockeymackay@hotmail.com)

Brothers Hockey Club promotes fitness & fun for our members. Our nine club teams range from social & masters to competitive men's and women's senior hockey. We welcome players & social members from throughout the Mackay & surrounding districts.

#### **Brothers Junior Rugby League Club Mackay**

**E** [bulldogssecretary@outlook.com](mailto:bulldogssecretary@outlook.com)

**W** [playrugbyleague.com](http://playrugbyleague.com)

**P** 0423 161 662

Sport - Field Team Sports - Field Team Sports.

#### **Kuttabul Rugby Union**

**E** [D.Royan@logicamms.com.au](mailto:D.Royan@logicamms.com.au)

**P** (07) 4953 3000

Sport - Field Team Sports - Field Team Sports.

#### **Mackay Junior Rugby League**

90 Bridge Road, SOUTH MACKAY QLD 4740

**E** [mjrflsecretary@bigpond.com](mailto:mjrflsecretary@bigpond.com)

**W** [mygameday.app](http://mygameday.app)

**P** (07) 4957 4463

Sport - Field Team Sports - Field Team Sports.

#### **Mackay Oztag**

1 Quarry Street, NORTH MACKAY QLD 4740

**E** [mackay@oztag.com](mailto:mackay@oztag.com)

**W** [mackayoztag.com](http://mackayoztag.com)

**P** 0431 081 712

Sport - Field Team Sports - Field Team Sports.

#### **Mackay Rugby Union**

28 Quarry St, NORTH MACKAY QLD 4740

**E** [john@mackayrugby.com](mailto:john@mackayrugby.com)

**P** 0427 176 797

Sport - Field Team Sports - Field Team Sports.

#### **Mackay Softball Association**

187 Beaconsfield Road, BEACONSFIELD QLD 4740

**E** [admin@mackaysoftball.com.au](mailto:admin@mackaysoftball.com.au)

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Mackay Softball play a winter season starting the second weekend in May through to October. Whitsunday play a summer season at Cannonvale. Mackay Clubs are signing on players now so if you would like

### **Northern Suburbs Junior Rugby League**

**E** kass3@westnet.com.au

**W** magpiesmackay.com.au

**P** 0413 505 525

Sport - Field Team Sports - Field Team Sports.

## **Indoor Sports**

### **52 Squash and Fitness Club**

52, 52 Brisbane Street, MACKAY QLD 4740

**E** 52squashfitnessclub@gmail.com

**P** (07) 4957 6430

The playing and promotion of Squash at all levels of abilities through coaching and social fixtures on a weekly basis. The Club also runs both singles and doubles tournaments throughout the year. All players of all abilities welcome.

### **Aikido Mackay**

12 Fursden Street, GLENELLA QLD 4740

**P** 0418 718 417

Sport - Indoor Sports - Indoor Sports.

### **Cheah Taekwondo and Cheah Integrated Martial Arts Sarina and Mackay**

St Luke's Hall, Broad Street, SARINA QLD 4737

**E** cheahsarinamackay@gmail.com

**P** 0456 111 296

Classes cater for all ages and abilities to provide an inclusive environment where students are encouraged to reach their potential. Sarina at St Luke's Hall, Monday & Wednesday, 4-5pm 4-7yrs, 5-6pm 7-11yrs, 5:30-7pm 12yrs-adults Mackay at Apostolic Church Hall, Riversleigh Dr, Tuesday & Thursday, 4:30-5:30pm 4-7yrs, 5:30-6:30 7-11yrs, 6-7:30pm 12yrs-adults Ages are a guide only.

### **Cheah Taekwondo and Cheah Integrated Martial Arts Sarina and Mackay - North Mackay**

Riverleigh Drive, NORTH MACKAY QLD 4740

**P** 0456 111 296

The club is family oriented and aims to provide an inclusive, safe environment to develop fitness, self-esteem and learn self-defence. Classes available for 4-7 years, 7-11 years and 12 years-Adults. The needs and abilities of each student is assessed so that they may train in the most suitable class.

### **Mackay Basketball Inc**

McDonald's Mackay Multisport Stadium, 107 Juliet Street, SOUTH MACKAY QLD 4740

**E** operations@mackaybasketball.com.au

**W** mackaybasketball.com

**P** (07) 4957 5543

McDonald's Mackay Multisport Stadium is the base for Basketball, Futsal, Indoor Hockey & Premier League Netball. It is also the home venue of the McDonald's Mackay Meteors and Meteorettes in the NBL1 North Basketball League

### **Mackay City Roller Maidens**

**E** info.mcrm@gmail.com

**W** mackayleisurecentre.com.au

Mackay City Roller Maidens (Association) Incorporated is a non-profit organisation run by the members, for the members. As a non-profit organisation, no member of the Mackay City Roller Maidens receives any payment for the services they provide in managing the Mackay City Roller Maidens. Mackay City Roller Maidens are dedicated to promoting the sport of flat track roller derby.

### **Mackay Darts Association Inc**

12 Shinn Street, NORTH MACKAY QLD 4740

**E** mdasect@bigpond.com

**P** (07) 4959 0501

Sport - Indoor Sports - Indoor Sports.

### **Mackay Gymnastics Inc**

5 Snow Wright Court, ANDERGROVE QLD 4740

**E** admin@mackaygymnastics.org.au

**P** (07) 4942 0032

Sport - Indoor Sports - Indoor Sports.

### **Mackay Hockey Association**

2 Harney Street, SOUTH MACKAY QLD 4740

**E** secretary@mackayhockey.com.au

**W** mackayhockey.com.au

**P** (07) 4957 7090

Sport - Indoor Sports - Indoor Sports.

### **Mackay Karate Centre**

12 Carl Court, RURAL VIEW QLD 4740

**E** luanmky@bigpond.net.au

**P** 0410 696 157

MARTIAL CLASSES. TRADITIONAL KARATE FOR ALL AGES AND LEVELS

### **Phoenix Fury Roller Girls Roller Derby**

95 Broadsound Road, PAGET QLD 4740

**E** president.pfrg@gmail.com

**P** 0466 820 028

Phoenix Fury Roller Girls is a non-profit organisation run by the members, for the members. As a non-profit organisation, no member of the Phoenix Fury Roller Girls receives any payment for the services they provide in managing the Phoenix Fury Roller Girls. Phoenix Fury Roller Girls are dedicated to promoting the sport of short track roller derby.

### **Queensland Taekwondo Academy**

Mackay Central State School, 251 Alfred Street, MACKAY QLD 4740

**E** jeff.dieben@hotmail.com

**W** queenslandtaekwondo.com.au

**P** 0437 438 196

ITF Taekwon-Do is a Martial Art that caters for individuals and families. Students aged 7 years and up will benefit from this Martial Art, which focuses on strong community values, and incorporates practical self defense in each class. Free introductory lesson. We hope to see you soon. Classes every Tuesday and Thursday evening.

### **Sporting Wheelies and Disabled Sport And Recreation Assn Of Qld - Mackay**

78 Bridge Road, SOUTH MACKAY QLD 4740

**E** mackay@sportingwheelies.org.au

**W** sportingwheelies.org.au

**P** (07) 4953 1991

Sport - Indoor Sports - Indoor Sports.

### **World Shimjang Taekwondo Academy**

**E** shimjangtkdmackay@gmail.com

**W** shimjang.com

**P** 0457 178 407

Sport - Indoor Sports - Indoor Sports.

## **Outdoor Sports**

### **Mackay and District BMX Club Inc**

6 Snow Wright Court, ANDERGROVE QLD 4740

**E** secretary@madbmx.com.au

BMX Club offering Coaching and racing opportunities for riders of all ages.

### **MACKAY ATHLETICS CLUB INCORPORATED**

Mackay Aquatic & Recreation Complex, 193 Boundary Road, OORALEA QLD 4740

**E** mail@mackayathletics.com.au

**W** mackayathletics.com.au

**P** 0466 383 190

The Mackay Athletics Club Inc. is an association providing participation in the sport of track & field. We aim to provide athletes of all ages with the opportunity to grow and develop through the sport of athletics. The club has its home base from the athletics facilities at Mackay Aquatic & Recreation Complex (MARC).

### **Mackay Bowling Club**

27 Nebo Road, WEST MACKAY QLD 4740

**E** mkybowls@hotmail.com

**W** mackay.bowls.com.au

**P** (07) 4957 3571

A lawn bowling club which conducts bowling activities most days of the week and provides a venue for members of the wider community to play social bowls on request. Attendance at the club does not require membership. The club also provides a small dining area, licensed bar, Keno and gaming room.

### **Mackay Golf Club Inc - Beaconsfield**

373 Mackay Bucasia Road, RICHMOND QLD 4740

**E** functions@mackaygolf.com.au

**W** mackaygolf.com.au

**P** (07) 4942 1521

Mackay Golf Club - Sporting Ground

### **Mackay Kart Club**

Palmyra Dragway, 21 Grants Road, PALMYRA QLD 4751

**E** [secretary@mackaykartclub.com](mailto:secretary@mackaykartclub.com)

**P** 0427 002 604

A purpose built karting facility that provides its members an opportunity to participate in a community focused karting club in a safe, friendly and family-orientated environment. We cater for true budget racers with our unique offering for J racers, beginner junior classes and competitive racers. Hire karts also visit monthly for those who want to taste racing.

### **Mackay Netball Association Inc**

Casey Avenue, MACKAY QLD 4740

**E** [operations@mackaynetball.com](mailto:operations@mackaynetball.com)

**W** [mackaynetball.com](http://mackaynetball.com)

**P** 0418 406 122

Sports - Netball - suitable for ages 5 to 105

### **Mackay Walking Soccer Association Incorporation**

Casey Avenue, SOUTH MACKAY QLD 4740

**E** [mackaywalkingsoccer69@outlook.com](mailto:mackaywalkingsoccer69@outlook.com)

**P** 0437 157 995

Walking Soccer is a fun way to keep active and outdoors with no real strain on your body. No running just walking and kicking a soccer ball. Open to all ages from the young through to the elderly and all types of abilities.

### **Mackay-Whitsunday Cricket Inc.**

89 Juliet Street, SOUTH MACKAY QLD 4740

**E** [lindseyperry@bigpond.com](mailto:lindseyperry@bigpond.com)

**P** 0428 573 577

Sport - Outdoor Sports - Outdoor Sports.

### **Palmyra Drag Racing Club**

29 Bells Road, PALMYRA QLD 4751

**E** [web@palmyradragway.com.au](mailto:web@palmyradragway.com.au)

**W** [palmyradragway.com.au](http://palmyradragway.com.au)

Drag Racing club established in 1958. We hold regular racing events to encourage Motorsport enthusiasts a safe and controlled environment to race there mates. Also facility hosts local cycle club events and learn to drive/ride areas.

### **River 2 Reef Ride**

76 Gordon Street, MACKAY QLD 4740

**E** [info@river2reefride.com.au](mailto:info@river2reefride.com.au)

The River 2 Reef Ride is a mass participation charity ride, not a race, to raise funds for two local charities - RACQ CQ Rescue and Disability Support Recreation Mackay (DSRM) and to encourage more people to become active and involved in cycling. There are THREE ride distances to choose from: 30km, 60km or 100km Gran Fondo. We start and finish from the Mackay Botanic Gardens Amphitheatre.

### **Sporting Shooters Association Australia Mackay Branch**

**E** [president@ssaamackay.org.au](mailto:president@ssaamackay.org.au)

**W** [ssaamackay.org.au](http://ssaamackay.org.au)

**P** 0439 308 499

Sport - Outdoor Sports - Outdoor Sports.

### **Festival of STEM**

Penn Street, SOUTH MACKAY QLD 4740

**E** [l.c.williams@cqu.edu.au](mailto:l.c.williams@cqu.edu.au)

**W** [whitsundaystemchallenge.com.au](http://whitsundaystemchallenge.com.au)

**P** 0409 053 989

Whitsunday STEM Challenge committee runs events in STEM. These activities are to engage our students in the Central & North Queensland area and these activities are for Primary, Secondary and University students.

## **Sports Clubs**

### **Alligator Creek Tae Kwon-Do**

50 Grasstree Road, ALLIGATOR CREEK QLD 4740

**E** [alligatorcreektkd@gmail.com](mailto:alligatorcreektkd@gmail.com)

**P** 0417 748 606

Est 27th April 2005 - Training in the Alligator Creek State School Hall - Mon & Wed 5:30-6:30pm It is our aim to promote the true art and values of Tae Kwon-Do. We accept students from age 4 to adult, beginners to advanced and with any physical or mental ability.

### **Arsenal Hockey Club**

2 Harney Street, SOUTH MACKAY QLD 4740

**E** [arsenalhockeymackay@hotmail.com](mailto:arsenalhockeymackay@hotmail.com)

**P** (07) 4942 6163

Sport - Sports Clubs - Sports Clubs.

### **Bakers Creek Australian Football Club**

Etwell Park, 39 Pattinsons Lane, BAKERS  
CREEK QLD 4740

**E** [bakerscreektigers@live.com.au](mailto:bakerscreektigers@live.com.au)

**W** [bakerscreektigers.com.au](http://bakerscreektigers.com.au)

**P** 0428 627 688

Welcome to the home of the Bakers Creek Tigers!  
We here at the Tiger Den hold the title of the oldest  
Club in the Mackay region and something we are  
very proud of. We boast a full schedule of teams  
from little future Superstars U6 right through to our  
Senior Mens and Senior Women's who which we  
might add are officially the current back to back  
Premiers for 2018 & 2019 seasons. We are a very fami

#### **Breakaway Horse Riders Club Inc.**

21 Florence St., EIMEO QLD 4740

**E** [breakaway.sec@gmail.com](mailto:breakaway.sec@gmail.com)

**W** [athra.com.au](http://athra.com.au)

**P** 0408 712 851

Sport - Sports Clubs - Sports Clubs.

#### **Brothers Cricket Club**

**E** [mgi02253@bigpond.net.au](mailto:mgi02253@bigpond.net.au)

**P** (07) 4952 1757

We are a cricket club competing in the Mackay  
Cricket Association competition. We have three  
men grades, a womens team and field junior teams  
in all grades.

#### **Brothers Netball Club**

2 Tolcher St, MOUNT PLEASANT QLD 4740

**E** [brothersnetball@gmail.com](mailto:brothersnetball@gmail.com)

**P** 0499 997 170

Sport - Sports Club - Netball for under 7s through to  
open ladies. We encourage all players to join.

#### **Brothers Rugby Union Club - Mackay**

**P** 0416 125 069

Sport - Sports Clubs - Sports Clubs.

#### **Central Queensland Blokart Club**

**E** [CQBlokart@gmail.com](mailto:CQBlokart@gmail.com)

**W** [cqblokart.club](http://cqblokart.club)

**P** 0427 316 534

Blokart® was invented in 1999 by New Zealander  
Paul Beckett. A background in hang gliding and land  
sailing inspired Paul to build a serious wind-  
powered toy that was fun, fast and compact. We  
sail on Cape Hillsborough beach Saturdays, and  
Bucasia Beach (Northern end) on Sundays when  
the tides are low around midday. We run an annual  
regatta in September with visiting clubs from other  
areas.

#### **City Brothers Football Club Inc**

**E** [info@citybrothersfc.com.au](mailto:info@citybrothersfc.com.au)

**W** [citybrothersfc.com.au](http://citybrothersfc.com.au)

**P** 0409 531 428

Sport - Sports Clubs - Sports Clubs.

#### **Country United Soccer Club Inc**

**E** [deangross@bigpond.com](mailto:deangross@bigpond.com)

**W** [countryunited.org.au](http://countryunited.org.au)

**P** 0400 996 618

Sport - Sports Clubs - Sports Clubs.

#### **Dolphins Soccer Club**

Wallace Street, BUCASIA QLD 4740

**E** [president.dolphinsfc@gmail.com](mailto:president.dolphinsfc@gmail.com)

**P** (07) 4954 8313

Sport - Sports Clubs - Sports Clubs.

#### **LRC Running Club - Mackay - Mackay**

**E** [lrcrunningclub@gmail.com](mailto:lrcrunningclub@gmail.com)

**P** 0417 747 712

Group located in MACKAY, QLD. If you want to learn  
to run 5Km in a social setting of like-minded people  
of all ages. NO membership fees, NO pressure.  
Everyone welcome.

#### **Mackay and District Bowmen Inc**

2283 Yakapari-Seaforth Rd., SEAFORTH  
QLD 4741

**E** [mackayandistrictbowmen@gmail.com](mailto:mackayandistrictbowmen@gmail.com)

**P** 0407 022 906

Sport - Sports Clubs

#### **Mackay and District Rugby Referees Association**

15 Casey Avenue, SOUTH MACKAY QLD  
4740

**E** [secretary@mdrlra.com.au](mailto:secretary@mdrlra.com.au)

**W** [mdrlra.com.au](http://mdrlra.com.au)

**P** 0427 710 972

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Sport - Sports Clubs - Sports Clubs.

**Mackay Boxing Club**

17 Carl Murray Street, BEACONSFIELD  
QLD 4740

E [r.e.dhealthandfitness@hotmail.com](mailto:r.e.dhealthandfitness@hotmail.com)

P (07) 4954 8569

Sport - Sports Clubs - Sports Clubs.

**Mackay City Hawks Junior Australian Football Club**

89 Juliet Street, SOUTH MACKAY QLD  
4740

E [mackayhawksjnrs@live.com.au](mailto:mackayhawksjnrs@live.com.au)

W [websites.mygameday.app](http://websites.mygameday.app)

P 0417 078 454

Sport - Sports Clubs - Sports Clubs.

**Mackay City Rugby Union Club**

Quarry Street, NORTH MACKAY QLD 4740

E [mackaycityredmen@hotmail.com](mailto:mackaycityredmen@hotmail.com)

P 0420 774 000

Sport - Sports Clubs - Sports Clubs.

**Mackay Croquet Club**

105 Juliet Street, SOUTH MACKAY QLD  
4740

E [mackay@croquetqld.org](mailto:mackay@croquetqld.org)

P 0413 500 897

This is the official grounds of Mackay Croquet.

**MACKAY DRAGON BOAT CLUB INC**

9-19 Breakwater Access Road, MACKAY  
MARINA QLD 4740

E [mackaystingers@gmail.com](mailto:mackaystingers@gmail.com)

W [mackaydragonboat.weebly.com](http://mackaydragonboat.weebly.com)

P 0413 804 688

Sport - Sports Clubs - Sports Clubs.

**Mackay Golf Club Inc.**

E [manager@mackaygolf.com.au](mailto:manager@mackaygolf.com.au)

W [mackaygolf.com.au](http://mackaygolf.com.au)

P (07) 4942 1521

Sport - Sports Clubs - Sports Clubs.

**Mackay Junior Motocross**

1 Hume Street West Mackay, Hume Street,  
WEST MACKAY QLD 4740

E [mackayjmx@gmail.com](mailto:mackayjmx@gmail.com)

P 0429 699 360

Mackay Junior Motocross Club is predominately focused on attracting more Junior riders to the club, boosting the profile of the sport of Motocross in a safe and controlled riding environment.

**Mackay Kodokan Judo Club**

6 Swayne Street North, NORTH MACKAY  
QLD 4740

E [mackaykodokanjudoclub@hotmail.com](mailto:mackaykodokanjudoclub@hotmail.com)

P (07) 4942 9492

Sport - Sports Clubs - Sports Clubs.

**Mackay Lions Soccer Club**

Cnr Glenpark St & Beaconsfield Rd,  
ANDERGROVE QLD 4740

E [mkylions.soccer@gmail.com](mailto:mkylions.soccer@gmail.com)

W [mackaylionssc.com.au](http://mackaylionssc.com.au)

P (07) 4955 2317

Sport - Sports Clubs - Sports Clubs.

**Mackay Power boat club inc**

E [race2rescueqld@gmail.com](mailto:race2rescueqld@gmail.com)

W [mackaypowerboatclub.com](http://mackaypowerboatclub.com)

P 0401 839 809

We are a not for profit organisation whose primary focus is on club growth and development of Powerboat racing in the Mackay region while supporting local charities. The Club utilises local facilities – Kinchant Dam and supports local businesses and communities. We are a predominantly local member base with some southern and northern Queensland members who travel to race with us.

**Mackay Power boat club inc - North Eton**

Kinchant Dam Road, NORTH ETON QLD  
4741

E [rnkelly26@gmail.com](mailto:rnkelly26@gmail.com)

W [mackaypowerboatclub.com](http://mackaypowerboatclub.com)

P 0401 839 809

Mackay Powerboat Club was founded in 2018 by local members Brad Nelson and Families. Mackay Power Boats Club has continued to run and grow in the last three years. We are a not for profit organisation whose primary focus is on club growth and development of Powerboat racing in the Mackay region while supporting local charities.

**Mackay Rangers Football Club**

Riverside Drive, CREMORE QLD 4740

E secretary.rangersfc@gmail.com

W websites.mygameday.app

P 0450 964 554

Sport - Sports Clubs - Sports Clubs.

### **Mackay Redbacks Inline Hockey Club**

Mackay Leisure Centre, Broadsound Rd,  
MACKAY QLD 4740

E mackayredbacksinlinehockey@gmail.com

P (07) 4944 4000

Sport - Sports Clubs - Sports Clubs.

### **MACKAY SURF LIFE SAVING CLUB INC**

E admin@mackayslsc.com.au

W mackayslsc.com.au

P (07) 4955 5630

Sport - Sports Clubs - Sports Clubs.

### **MACKAY SWIMMING ACADEMY INC**

8 Lawson Street, MACKAY QLD 4740

E enquiries@patwrightswimschool.com.au

W patwrightswimschool.com.au

P (07) 4953 1744

Sport - Sports Clubs - Sports Clubs.

### **MACKAY TABLE TENNIS ASSOCIATION INC**

76 Bridge Rd, SOUTH MACKAY QLD 4740

E mackaytennis@hotmail.com

W mackaytennis.com

P (07) 4957 6103

Sport - Sports Clubs - Sports Clubs.

### **MACKAY TENNIS ASSOCIATION INC**

125 Kippen Street, MACKAY QLD 4740

E mackaytennis@hotmail.com

W mackaytennis.com

P (07) 4953 2022

Sport - Sports Clubs - Sports Clubs.

### **Mackay Touch Association**

76 Norris Rd, MACKAY QLD 4740

E admin@mackaytouch.com.au

W mackaytouch.com.au

P 0409 050 554

Sport - Sports Clubs - Sports Clubs.

### **Mackay Ultimate Frisbee League**

E mmelissa.spalding@gmail.com

W mackay.ultimatecentral.com

P 0437 430 378

Ultimate Frisbee is a non-contact team sport that is played on local, national and international levels. Ultimate is one of the fastest growing team sports in the country...because it is easy to play.

### **Mackay Wanderers Football Club**

Ben Nevis Street, BEACONSFIELD QLD  
4740

E mackaywanderersfc@gmail.com

P 0407 733 501

Sport - Sports Clubs - Sports Clubs.

### **MAD Mountain Bike Club**

Glendaragh Road, FARLEIGH QLD 4741

E communications@madmtbc.net

W madmtbc.net

P 0488 054 061

Sport - Sports Clubs - Sports Clubs.

### **Magpies Senior Rugby League Football Club.**

E BJones@suncrest.com.au

P 0411 703 643

Sport - Sports Clubs - Sports Clubs.

### **Magpies Sporting Club**

1 Glenella Road, GLENELLA QLD 4740

E marketing@magpiesmackay.com.au

W magpiesmackay.com.au

P (07) 4965 6100

Magpies is the home of Centro Restaurant, Hub Café, Keno and Magpies Sportsbar, Skys Function Venue and Mackay's most modern gaming room open until 2am

### **Marian Bowls Club**

Chivers Street, MARIAN QLD 4753

E marianbowlsclub@gmail.com

W marionbowls.com.au

P (07) 4954 3262

Sport - Sports Clubs - Sports Clubs.

### **Marian State School**

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137 Anzac Avenue, MARIAN QLD 4753

**E** pioneerpower2012@gmail.com

**W** pioneerpower.wixsite.com

**P** 0488 911 272

Sport - Sports Clubs - Sports Clubs.

**North Mackay Sinkers Masters Swimming Club**

Mackay North High School Pool, Valley St,  
NORTH MACKAY QLD 4740

**E** admin@mastersswimmingqld.org.au

**W** mastersswimmingqld.org.au

**P** 0413 805 156

Sport - Sports Clubs - Sports Clubs.

**Norths Hockey Club Inc.**

16 Ennio Court, MACKAY QLD 4740

**E** Northshockeymackay@hotmail.com

**P** (07) 4952 3461

Sport - Sports Clubs - Sports Clubs.

**Norths Netball Club Inc**

**E** northsnetball@hotmail.com

**P** 0400 246 900

Sport - Sports Clubs - Sports Clubs.

**Pinnacle Cricket Club**

5 Child st Pinnacle QLD 4741, PINNACLE  
QLD 4741

**E** Des.jbb@gmail.com

**P** 0488 716 055

Sport - Sports Clubs - Sports Clubs.

**Pioneer Clay Target Club Inc.**

**E** pioneerclaytargetclub@hotmail.com

**P** 0418 643 851

Sport - Sports Clubs - Sports Clubs.

**Pioneer Swimming Club**

Pioneer Swimming Centre, Maclomson St,  
NORTH MACKAY QLD 4740

**E** secretary@pioneerswimclub.com.au

**P** 0417 602 203

Sport - Sports Clubs - Sports Clubs.

**Pioneer Valley Cricket Club**

**E** Pvcricquet1@gmail.com

**P** 0439 021 397

Sport - Sports Clubs - Sports Clubs.

**Pioneer Valley Golf Club**

247 Leichhardt Road, MIRANI QLD 4754

**E** accounts@pioneervalleygolf.com.au

**W** pioneervalleygolf.com

**P** (07) 4959 1277

Sport - Sports Clubs - Golf Club

**Sarina and District BMX Club**

**E** sarinabmx@gmail.com

**P** 0499 083 449

Sport - Sports Clubs - Sports Clubs.

**Sarina and District Amateur Athletics Club**

**E** ruthcliffe2@gmail.com

**P** (07) 4943 0036

Sport - Sports Clubs - Sports Clubs.

**SARINA AND DISTRICT TENNIS ASSOCIATION INCORPORATED**

Hoey St, SARINA QLD 4737

**E** sarinatennisclub@gmail.com

**W** play.tennis.com.au

**P** (07) 4943 0191

Sport - Sports Clubs - Sports Clubs.

**Sarina Bowls Club**

Beach Rd, SARINA QLD 4737

**E** sarbowls@mackay.net.au

**W** sarinabowlsclub.com

**P** (07) 4956 1612

Sport - Sports Clubs - Sports Clubs.

**Sarina Demons J AFC**

**E** ian.rix@ergon.com.au

**W** websites.mygameday.app

**P** 0429 727 301

Sport - Sports Clubs - Sports Clubs.

**Sarina Golf Club**

72 Golf Course Road, SARINA QLD 4737

**E** info@sarinagolfclub.com.au

**W** sarinagolfclub.com.au

**P** (07) 4956 1761

Sport - Sports Clubs - Sports Clubs.

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**Sarina Senior Rugby League Football Club Inc**

Ray Edwards Oval, Hoey Street, SARINA QLD 4737

**E** rphardwick@hotmail.com

**W** playrugbyleague.com

**P** (07) 4956 1229

Sport - Sports Clubs - Sports Clubs.

**Sarina Surf Lifesaving Club**

**E** lifesaving@sarinasurfclub.com.au

**W** sarinasurfclub.com.au

**P** (07) 4956 6476

Our Club along is built on a fundamental principle: to save lives. Our organisation encompasses several diverse arms – lifesaving services, community education, membership services, surf sports, fundraising and commercial training – but they all contribute to one overarching purpose.

**Slade Point Athletics Club Inc**

**E** gdixon6@bigpond.net.au

**P** (07) 4955 2376

Sport - Sports Clubs - Sports Clubs.

**Souths Cricket Club**

**E** southscricketmackay@gmail.com

**P** (07) 4952 6108

Sport - Sports Clubs - Sports Clubs.

**Sporting Wheelies and Disabled Sport And Recreation Assn Of Qld - Mackay**

78 Bridge Road, SOUTH MACKAY QLD 4740

**E** mackay@sportingwheelies.org.au

**W** sportingwheelies.org.au

**P** (07) 4953 1991

Social sport programs for fun and fitness for people with a disability, family and friends, and competitive sport opportunities and support.

**Sunset Bay Outrigger Canoe Club Inc**

Eimeo Esplanade, EIMEO QLD 4740

**E** sunsetbayoutriggers@gmail.com

**P** 0466 262 001

We are individuals who love to have fun, enjoy keeping healthy and revel in the pleasure and excitement that is outrigger paddling.

**West United Football Club Inc.**

**E** westunitedfootball@hotmail.com

**P** 0429 983 201

Sport - Sports Clubs - Sports Clubs.

**Whitsunday Anglican School Football Club**

**E** football@was.qld.edu.au

**W** was.qld.edu.au

**P** (07) 4969 2000

Sport - Sports Clubs - Sports Clubs.

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## **T r a n s p o r t S e r v i c e s**

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### **Community Transport**

**Comlink Australia - Fitzroy (Gladstone and Rockhampton)**

10/70 Connors Road, PAGET QLD 4740

**E** marketing@comlinkaustralia.com.au

**W** comlinkaustralia.com.au

**P** 1300 785 054

Comlink Australia Transport Services.

**Htm Community Transport Inc.**

9 Loughnane Court, MACKAY QLD 4740

**E** operationsmanager@htmcommunitytransport.com.au

**P** (07) 4957 5922

Community transportation

**Kidney Support Network**

Shakespeare Street, EAST MACKAY QLD 4740

**E** operationsmanager@ksn.org.au

**W** ksn.org.au

**P** 0480 244 730

Kidney Support Network (KSN) provides a non-urgent patient transport service for renal patients to and from hospital for kidney dialysis. The service is a QLD approved community transport service that operates six days week from 6am to 9 pm.

**Transport**

1 Marryatt Street, MACKAY QLD 4740

**E** mkyvisitors@bigpond.com

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**W** [communityvisitorsmackay.org.au](http://communityvisitorsmackay.org.au)

**P** (07) 4953 4878

A friendly, reliable door to door service which is available Monday - Friday for eligible clients. Eligibility is younger people with a psychological and/or physical disability, the elderly and carers. Registration is required before being able to utilise the service. This can be done by telephoning 49 531623 Monday -Friday 8 am - 4 pm.

## General Transport Services

### Red Hot Couriers

**E** [admin@rhcmackay.com.au](mailto:admin@rhcmackay.com.au)

**W** [redhotcouriersgroup.com.au](http://redhotcouriersgroup.com.au)

**P** (07) 4952 1127

We are Urgent Freight Couriers that can get what you want, to where it needs to be as safely and quickly as possible.

## Volunteering

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### General Volunteering Services

#### Fauna Rescue Whitsundays

**E** [frwsecretary@gmail.com](mailto:frwsecretary@gmail.com)

**W** [frw.org.au](http://frw.org.au)

**P** (07) 4947 3389

We are a Volunteer Organisation caring for our sick, injured and orphaned native wildlife

#### Mackay Community Visitors Association

1 Marryatt Street, MACKAY QLD 4740

**E** [mkyvisitors@bigpond.com](mailto:mkyvisitors@bigpond.com)

**W** [communityvisitorsmackay.org.au](http://communityvisitorsmackay.org.au)

**P** (07) 4953 4878

Volunteers provide social support and one on one friendship to socially isolated clients in aged care homes and also to clients who are still living in their own homes with the assistance of government agencies.

#### Rotary Club of Sarina

6 Sarina Beach Road, SARINA QLD 4737

**E** [sarina@rotary9560.org](mailto:sarina@rotary9560.org)

**W** [rotary9560.org](http://rotary9560.org)

**P** 0428 211 847

The Rotary Club of Sarina is a service club for the Sarina community servicing our area as needed, as able. Rotary Clubs are for the benefit and well-being of communities locally and worldwide. The Rotary Club is an international organisation and known and respected for their club's volunteer efforts to improve their own community and world, for e.g. End Polio now, program. New members welcome.

#### Volunteer mentor to a child in Foster Care - Mackay

**E** [admin@thepyjamafoundation.com](mailto:admin@thepyjamafoundation.com)

**W** [thepyjamafoundation.com](http://thepyjamafoundation.com)

**P** (07) 3256 8802

At The Pyjama Foundation, we provide young people in foster care the opportunity to change the direction of their lives with learning, life skills and confidence. Since 2004, we have supported 11,000 young people across Queensland, New South Wales and Victoria.

## Welfare Assistance & Services

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### General Welfare & Support Services

#### CatholicCare Central Queensland - Mackay

58 Sydney Street, MACKAY QLD 4740

**E** [mackay@catholiccarecq.com](mailto:mackay@catholiccarecq.com)

**W** [schoolsavvycq.com](http://schoolsavvycq.com)

**P** 1300 523 985

School Savvy CQ is an annual back-to-school resources program that offers extremely low-cost school uniforms and stationery to families struggling with the rising back-to-school costs. School Savvy CQ pop-up shops are held in January of each year.

#### Mackay Street Chaplaincy

**E** [mackaystreetchaplaincy@gmail.com](mailto:mackaystreetchaplaincy@gmail.com)

**W** [mackaystreetchaplaincy.com](http://mackaystreetchaplaincy.com)

**P** 0476 120 400

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We are on the streets Friday nights between 11pm & 2:30am and Saturdays -10:00pm - 3:30am (Sundays), offering a friendly caring presence, a listening ear, water, lollipops, first aid and practical assistance to stay safe.

### **Mind Centre for Mental Health and Wellbeing**

**E** mindconnect@mindaustralia.org.au

**W** mindaustralia.org.au

**P** (07) 4852 0220

Individual Recovery Support Program (IRSP) provides recovery focused outreach support to people who have recently experienced serious mental illness, and who currently access mental health services through the Mackay Hospital and Health service. Consumers who are accessing the IRSP are also eligible to access the Group Based Recovery Support Program (GBRSP).

### **Newhaven Funerals (North Queensland)**

218 Harbour Road, 218 Harbour Road,  
MACKAY HARBOUR QLD 4740

**E** mackay@newhavenfuneralsnq.com.au

**W** newhavenfuneralsnq.com.au

**P** (07) 4953 1200

Newhaven Funerals NQ offer thoughtful & unique cremation & funerals in Mackay and surrounding regions. We also offer 24/7 support & assistance.

### **Orange Sky Australia - Mackay**

**W** orangesky.org.au

**P** (07) 3067 5800

We have a simple formula; we provide a platform for every day Australians to connect through a regular laundry and shower service.

### **RSLQld Mackay Pensions and Welfare**

10 Prospect Street, MACKAY QLD 4740

**E** Tracey.Victor@rslqld.org

**W** rslqld.org

**P** (03) 3128 3275

The Mackay Sub Branch is part of the Pioneer Fitzroy Highlands District of RSL Queensland.

## **Meals on Wheels**

### **Mackay Meals on Wheels Assn Inc**

428 Shakespeare St, MACKAY QLD 4740

**E** admin@mackaymow.org.au

### **W qmow.org**

**P** (07) 4957 6522

Welfare Assistance & Services - Meals on Wheels - Meals on Wheels.

## **Second Hand Shops**

### **Lifeline Shop - Fourways**

118 Nebo Rd, WEST MACKAY QLD 4740

**W** unitingcareqld.com.au

**P** (07) 4951 3828

This outlet is part of a network of more than 200 Lifeline retail outlets around the country, that sell a variety of quality used goods.

### **Lifeline Shop - Mackay**

287 Shakespeare St, MACKAY QLD 4740

**W** unitingcareqld.com.au

**P** (07) 4944 2304

This outlet is part of a network of more than 200 Lifeline retail outlets around the country, that sell a variety of quality used goods.

### **Lifeline Shop - Mirani**

Victoria Street, MIRANI QLD 4754

**W** unitingcareqld.com.au

**P** (07) 4959 1795

This outlet is part of a network of more than 200 Lifeline retail outlets around the country, that sell a variety of quality used goods.

### **Lifeline Shop - North Mackay**

18 Creek St, North Mackay 4740, NORTH  
MACKAY QLD 4740

**E** julie.myers@uccommunity.org.au

**W** unitingcareqld.com.au

**P** (07) 4944 2313

This outlet is part of a network of more than 200 Lifeline retail outlets around the country, that sell a variety of quality used goods.

### **Lifeline Shop - Sarina**

Broad St, SARINA QLD 4737

**W** unitingcareqld.com.au

**P** (07) 4956 2795

This outlet is part of a network of more than 200 Lifeline retail outlets around the country, that sell a variety of quality used goods.

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# Youth Services

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## General Youth Services

### 54 Reasons

72 Victoria Street, MACKAY QLD 4740

**E** [bailsupportmackay@54reasons.org.au](mailto:bailsupportmackay@54reasons.org.au)

**W** [54reasons.org.au](http://54reasons.org.au)

**P** 0455 352 571

If you are under the age of 18 and in contact with the criminal justice system, then our Bail Support Services might be right for you. Our youth specialists will listen and provide you with safe, non-judgemental support that focuses your strengths and what goals you want to set for yourself in the future.

### Mackay Youth Connections Network

**E** [nikki.hughes@mackay.qld.gov.au](mailto:nikki.hughes@mackay.qld.gov.au)

**P** (07) 4961 9436

Since the networks inception members have worked on increasing collaborative work practice while supporting the youth sector, leading to enhanced services for young people, improving access and opportunities for them to enhance their inclusion and equity.

### Police-Citizens Youth Club (PCYC) - Mackay

Norris Road, NORTH MACKAY QLD 4740

**W** [pcyc.org.au](http://pcyc.org.au)

**P** (07) 4942 3296

PCYC Queensland's core mission is to build safer and healthier communities through youth development. Staff here at PCYC Mackay, are sure to live up to this mission by serving the entire Mackay community with providing activities to all. PCYC Mackay has many facilities on offer to our local community. We have a variety of activities available from archery to facility hire for events.

### Sarina Youth Centre

Cnr of Anzac Street and Broad Streets,  
SARINA QLD 4737

**E** [sarinayouthcentre@mackay.qld.gov.au](mailto:sarinayouthcentre@mackay.qld.gov.au)

**W** [mackay.qld.gov.au](http://mackay.qld.gov.au)

**P** (07) 4961 9277

The Youth centre provides services to Youth at Risk , including information and access, case management, activities afterschool and school Holiday's. WE are here to listen and support young people in our Community.

### Teen Shed Mackay Inc

**E** [teenshedmackay@gmail.com](mailto:teenshedmackay@gmail.com)

**P** 0429 226 932

Teen Shed Mackay Inc is a space for all teenagers to come and make new friends, spend time with old ones, be apart of workshops, programs and activities, to learn life skills and for them to just be in their own safe space.

### The Smith Family - Mackay

15 Evans Avenue, NORTH MACKAY QLD  
4740

**W** [thesmithfamily.com.au](http://thesmithfamily.com.au)

**P** 0411 652 201

Helps disadvantaged Australians to get the most of their education, so they can create better futures for themselves.

### YIRS One Stop Youth Shop Inc.

72 Victoria Street, MACKAY QLD 4740

**E** [admin@yirs.org.au](mailto:admin@yirs.org.au)

**W** [yirs.org.au](http://yirs.org.au)

**P** (07) 4957 7949

YIRS One Stop Youth Shop Inc. provides a youth centre that improves access to services and information for young people in Mackay.

## Youth Information & Counselling

### headspace - Mackay

**E** [Mackayheadspace@nwrh.com.au](mailto:Mackayheadspace@nwrh.com.au)

**W** [headspace.org.au](http://headspace.org.au)

**P** (07) 4898 2200

headspace Mackay offers FREE confidential counselling services for young people aged 12 - 25 across Mackay region.

### Headspace - Sarina

71 Broad Street, SARINA QLD 4737

**E** [sarinaheadspace@nwrh.com.au](mailto:sarinaheadspace@nwrh.com.au)

**W** [headspace.org.au](http://headspace.org.au)

**P** (07) 4842 6750

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headspace Sarina provides FREE confidential health services for young people aged 12 - 25 across the Sarina region.

**Mackay Youth Support Service**

Act for Kids Office, 15 Peel Street,  
MACKAY QLD 4740

**E** [u-nite@myss.org.au](mailto:u-nite@myss.org.au)

**W** [myss.org.au](http://myss.org.au)

**P** (07) 4865 1255

Counselling and support for young people aged 10-18 years and their families.

**Mackay Youth Support Services Inc**

Act for Kids Office, 15 Peel Street,  
MACKAY QLD 4740

**E** [u-nite@myss.org.au](mailto:u-nite@myss.org.au)

**W** [myss.org.au](http://myss.org.au)

**P** (07) 4865 1255

MYSS is aware of the problems that families and young people face in everyday life. Most teenagers and families will experience conflict at some time. Mackay Youth Support Service provides counselling, mediation and a parenting skills program to parents and young people aged 10 - 18 who require assistance at these times.

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