

WESTERN DOWNS

Local Community Directory

Updated 25 April 2024

**A COMPREHENSIVE DIRECTORY OF
LOCAL SERVICES WHICH CAN ALSO
BE VIEWED ONLINE.**



**My Community
Directory+Diary**



WELCOME TO THE WESTERN DOWNS LOCAL COMMUNITY DIRECTORY

This directory has been brought to you by Western Downs Regional Council as a community resource to connect the community in the Western Downs area.

My Community Directory is an Australia-wide online searchable directory for everything from hobbies to health, education and environment.

Community groups, organisations, clubs, not-for-profits and essential services providers can list their information and submit events for FREE. Once registered, organisations will be able to manage their listings, ensuring they are accurate and up to date with detailed descriptions of what their organisation does, provide links to their website and social media platforms, list upcoming events and advertise for volunteers.

The purpose of this resource is to provide you with an easy way to see all of the information listed in the directory for the Western Downs Community. The online version of this document is updated each night with the latest up to date information available from the My Community Directory platform.

You can also update your own information by logging in to My Community Directory yourself at mycommunitydirectory.com.au/Account/Login.

If you would like to see events that are happening in the area or you are an organisation who would like to list events yourself for free, visit **My Community Diary** to create your listing.

Event and directory information is also available on the *Access My Community App* available for download for free on iOS or Android devices.

We hope that you find this a valuable resource to connect with your local community.





A MESSAGE FROM THE MAYOR



We are a region built on community pride and volunteerism, with everyone working together to make the Western Downs a wonderful place to live and work.

Our community groups, sporting clubs and not-for-profits are vital in ensuring our region remains connected, with energy and ideas that support our vibrant, active communities.

This free Community Directory is an important resource to help residents and visitors gain access to the services important to them - in one convenient location. It's also an opportunity for our groups to stay connected and share new and exciting initiatives for our region.

Our community members are the loudest advocates for what's great about the Western

Downs and I encourage you to get involved in your local town and be a part of our vibrant, country lifestyle.

To our volunteers and not-for-profits, I thank you for your ongoing contribution to our community and I trust you will find this resource beneficial and engaging.

To view the online directory, visit the Western Downs Regional Council website wdrc.qld.gov.au/living-here/our-community/my-community-directory

PAUL MCVEIGH
MAYOR



CONTACT WESTERN DOWNS REGIONAL COUNCIL



General Enquiries

P 1300 COUNCIL (1300 268 624)
or (07) 4679 4000



Postal Address

PO Box 551
DALBY QLD 4405



Website

www.wdrc.qld.gov.au



Email

info@wdrc.qld.gov.au



Facebook

[@wdrc.info](https://www.facebook.com/wdrc.info)



Twitter

[@WesternDownsRC](https://twitter.com/WesternDownsRC)



Instagram

[@WesternDownsRC](https://www.instagram.com/WesternDownsRC)



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WESTERN DOWNS REGION COUNCILLORS



Your Councillors are elected to represent the needs of the community on the issues that matter most to you and your family. Our Councillors work closely with community groups and organisations to make the Western Downs an even better place to live and work, and are on hand to listen to your ideas, suggestions and feedback about our region and your Council.

If there's an issue that's important to you, your Councillors are here to represent you. Our region is represented by nine individuals sharing a wealth of experience and local knowledge.



CONNECT WITH YOUR COUNCILLORS



Cr Paul McVeigh
MAYOR
Portfolio: Executive Services
P: 07 4679 4004
M: 0408 700 392
E: paul.mcveigh@wdrc.qld.gov.au



Cr Andrew Smith
DEPUTY MAYOR
Portfolio: Planning, Environment and Agribusiness
P: 07 4679 4004
M: 0438 755 896
E: andrew.smith@wdrc.qld.gov.au



Cr Megan James
Portfolio: Strategic Communications and Council Facilities
P: 07 4679 4004
M: 0419 946 545
E: megan.james@wdrc.qld.gov.au



Cr Kylie Bourne
Portfolio: Tourism, Events and Regional Promotion
P: 07 4679 4004
M: 0467 171 225
E: kylie.bourne@wdrc.qld.gov.au



Cr George Moore
Portfolio: Works and Technical Services
P: 07 4679 4004
M: 0437 536 990
E: george.moore@wdrc.qld.gov.au



Cr Carolyn Tillman
Portfolio: Recreational Spaces and Cemeteries
P: 07 4679 4004
M: 0401 662 352
E: carolyn.tillman@wdrc.qld.gov.au



Cr Kaye Maguire
Portfolio: Community and Cultural Development
P: 07 4679 4004
M: 0475 007 555
E: kaye.maguire@wdrc.qld.gov.au



Cr Ian Rasmussen
Portfolio: Finance, Corporate Services and Business Strategy
P: 07 4679 4004
M: 0477 977 085
E: ian.rasmussen@wdrc.qld.gov.au



Cr Peter Saxelby
Portfolio: Utilities
P: 07 4679 4004
M: 0475 007 554
E: peter.saxelby@wdrc.qld.gov.au

A-Z Guide



Aboriginal Services

Aboriginal Support Services & Counselling

ADIS

W metronorth.health.qld.gov.au

P 1800 177 833

Adis has operated for over 30 years as Queensland's first port of call for anyone with alcohol and drug concerns. We are a 24 hour, 7 day a week confidential support service offering support for people in Queensland with alcohol and other drug concerns, their loved ones and health professionals.

Aboriginal Health Services

CRAICCHS

E customerservice@craicchs.org

W craicchs.org

P 1800 698 600

CRAICCHS is a comprehensive health care service for the people of the South Burnett

Goondir Health Services - Chinchilla

75 Middle Street, CHINCHILLA QLD 4413

E info@goondir.org.au

W goondir.org.au

P (07) 4573 6841

The clinic in Chinchilla is conveniently located at 75 Middle St, Chinchilla, QLD 4413, close to the High School and Pathology. While servicing the area for a long time from the Mobile Medical Van, the first clients were seen at the new clinic in March 2022.

715 Health Checks

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

A full health check (715) involves a comprehensive Health Assessment by a qualified Aboriginal Health Worker or Registered Nurse.

Integrating Team Care

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

The program aims to support better access to Specialists, GP and Allied Health Services for Aboriginal and Torres Strait Islander people identified as needing more complex chronic disease management.

Mobile Health Promotion Van

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P 0427 000 912

Our Mobile Medical Clinic is funded by Queensland Health as part of the multi-disciplinary funding initiative to combat chronic disease among Indigenous people improvements in preventions, early intervention, and management of chronic conditions.

Indigenous Respiratory Outreach Care (IROC)

W metronorth.health.qld.gov.au

P (07) 3139 4000

We aim to raise awareness of respiratory diseases through community engagement, lung health promotion, education, partnerships with local health providers, training and research.

General Aboriginal Services

Aboriginal and Torres Strait Islander Legal Service Queensland - Chinchilla

E info@atsils.org.au

W atsils.org.au

P (07) 4662 8418

South East Queensland Aboriginal Legal Services offers assistance and support to any indigenous person with an issue requiring legal opinion or representation. The Service engages the services of solicitors and barristers, provides court support, assists with transport to and from court and supervises court orders.

EMPOWERING COMMUNITY STRATEGY LIMITED - Chinchilla

P (07) 5474 4970

Empowering Community Strategy can assist Community and Industry in developing mechanisms to cooperate more fully, establishing stronger linkages

Tiddas In Business - FREE Business Workshops

E info@murawin.com.au

W dev.murawin.com.au

P 0400 294 331

The Tiddas in Business program is a series of culturally appropriate business activities that introduce entrepreneurship, business, & leadership skills. The activities are led by Indigenous Businesswomen who provide insights, strategies, tools & resources for starting and growing business.

Murrumba Aboriginal Housing Co Ltd

34 Mary Street, DALBY QLD 4405

E t.mckeen@goolburri.com.au

P (07) 4669 8865

Murrumba Aboriginal Housing Co Ltd

Aboriginal and Torres Strait Islander Partnerships

E businessMKY@dsdsatsip.qld.gov.au

W dsdsatsip.qld.gov.au

P (07) 4862 7001

Aboriginal and Torres Strait Islander Partnerships provide whole-of-government strategies to improve business and economic participation outcomes for Aboriginal and Torres Strait Islander Queenslanders.

Accommodation Services

Aged Care Accommodation Services

Karingal Nursing Home

Hospital Road, DALBY QLD 4405

E anita_bolton@health.qld.gov.au

P (07) 4669 0557

Karingal Nursing Home

Meandarra Home Nursing Service

33 Osler Street, MEANDARRA QLD 4421

E hacc.meandarra@wdrc.qld.gov.au

P (07) 4665 6105

We Provide aged care

Ningana Retirement Village

25 Horace Street, DALBY QLD 4405

E admin@ningana.org.au

W ningana.org.au

P (07) 4669 0100

Ningana is situated on 2.2 hectares in Horace Street, Dalby. With this site surrounded by residential development, Ningana is well integrated into the Dalby community in a physical sense. Ningana takes pride in the well kept, beautifully landscaped grounds and has won many awards for our high standard of the gardens.

Southern Cross Care (QLD) - Illoura Chinchilla

24 Zeller Street, CHINCHILLA QLD 4413

E enquiries@sccqld.com.au

W sccqld.com.au

P (07) 4662 7182

At Southern Cross Care Illoura Village we have a real commitment to providing quality care in a homely environment, complimented by professional and caring staff in comfortable surroundings. We also host to 4 independent living units at this location, called Jacaranda Lodge. These units are offered for rent at a low cost, enquire for more information.

Taralga Retirement Village

93 High Street, JANDOWAE QLD 4410

E facility.manager@taralgarv.com.au

P (07) 4668 5433

22 bed aged care facility, with 14 independent living units attached.

Crisis & Emergency Accommodation

Accommodation Support For Homeless Families

Myall Youth & Community Network Centre, Nicholson Street & Drayton Street, DALBY QLD 4405

E reception@svdpqld.org.au

W qld.vinnies.org.au

P 1800 846 643

St Vincent de Paul Society QLD - ACCOMMODATION FOR HOMELESS FAMILIES - If you are a family that doesn't have a home in Toowoomba, Dalby, Ipswich, Gold Coast, Cairns or Townsville, we can help you with accommodation and support to find permanent accommodation.

Disability Accommodation Services

Mcarthur (Qld)

E communitycare.qld@mcARTHUR.com.au

W mcARTHURcommunitycare.com.au

P (07) 3211 9700

Daily activities including personal care, high needs and complex care Community participation Community nursing respite availability SIL Vacancies - Ipswich, Caboolture . Willing to search for other locations for funded participants

General Accommodation Services

Bell Housing Association

71 Maxwell Street, BELL QLD 4408

E bellvet@bigpond.com

W bellcommunitycentre.com.au

P (07) 4663 1263

Bell Housing Association

Goolburri Regional Housing Company Ltd

Cnr Mary Street & Alice Street, DALBY QLD 4405

E g.white@goolburri.com.au

P (07) 4669 8865

Goolburri Regional Housing Company Ltd

Specialist Homelessness Services

Homeless Hotline

W qld.gov.au

P 1800 474 753

Homeless Hotline is a phone information and referral service for people who are experiencing homelessness.

Youth Accommodation Services

Leichhardt House Student Accomodation

23 Leichhardt Street, CHINCHILLA QLD 4413

E admin-hostel@bigpond.com

P (07) 4668 9571

Leichhardt House is a comfortable and secure facility that allows boarders not only the opportunity to attend the highly reputable Chinchilla State High School and Chinchilla Christian College, but also to participate in school extra-curricular activities and social functions as well as community based sport, music tuition and dance etc.

Advocacy Services

General Advocacy Services

ADA Australia

E info@adaaustralia.com.au

W adaaustralia.com.au

P 1800 818 338

ADA Australia offers free, confidential, client directed advocacy support to people with issues around services in residential aged care or those living at home receiving aged care services.

Elder Abuse Prevention Unit Help Line

E epu@ucommunity.org.au

W epu.com.au

P 1300 651 192

The Elder Abuse Helpline promotes the right of older people to live free from abuse.

Mental Health Court registry

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing..

Office Of The Public Guardian

E publicguardian@publicguardian.qld.gov.au

W publicguardian.qld.gov.au

P 1300 653 187

Involuntary guardianship agency for persons identified as having limited decision making capacity.

QE11 Courts of Law Complex

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing..

Advocacy on behalf of our Members

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

The Queensland Alliance for Mental Health advocates on behalf of the Community Mental Health and Wellbeing Sector for better recognition within the State.

Registry of Births, Deaths and Marriages

E bdm-mail@justice.qld.gov.au

W qld.gov.au

P 13 74 68

The Registry of Births, Deaths & Marriages is responsible for registering births, deaths, marriages, change of name & adoptions in Queensland. Family historians can access historical birth, death & marriage records through the registry's family history website.

Local Advocacy Services**Office Of The Public Guardian**

E publicguardian@publicguardian.qld.gov.au

W publicguardian.qld.gov.au

P 1300 653 187

Involuntary guardianship agency for persons identified as having limited decision making capacity

Stigma and Discrimination Program

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

This service aims to improve the legal literacy of PLHIV through the provision of education, information and time limited advocacy to those PLHIV who experience stigma, discrimination or other HIV related legal problems affecting their quality of life.

Women's Legal Service - Annerley

E admin@wlsq.org.au

W wlsq.org.au

P (07) 3392 0644

Free legal help for women in Queensland with domestic violence, complex family law and sexual assault notes counselling privilege matters.

National & International Advocacy Services**Australian Sickle Cell Advocacy Inc**

E mail@aussicklecelladvocacy.org

W aussicklecelladvocacy.org

P 0414 309 995

Australian Sickle Cell Advocacy Inc (ASCA) Inc is an independent not for profit organisation dedicated to supporting and representing those affected by Sickle Cell Disease (SCD) in Australia. ASCA offers support to families and individuals of African and other culturally diverse backgrounds that are affected by SCD in Australia. We have chapters / representatives Australia wide.

Cataract Kids Australia

E info@cataractkids.org.au

W cataractkids.org.au

P 0407 885 580

Our goal is ultimately to improve the visual outcomes of children affected by cataract. We aim to enhance the support and information provided to families, work with clinicians to optimise treatment outcomes and link with researchers to improve the flow of information.

Good Beginnings and Save the Children join forces - Vincent

E qld.info@savethechildren.org.au

W savethechildren.org.au

P (07) 3199 0500

We run programs for children, young people and adults in Australia and overseas. We stand up for children's rights. We're here because we want all children to be educated, healthy and live a life free from violence.

Older Persons Advocacy Network

E enquiries@opan.com.au

W opan.org.au

P 1800 700 600

Older Persons Advocacy Network offer free, independent and confidential services that focus on supporting older people and their representatives to raise and address issues relating to accessing and interacting with Commonwealth funded aged care services.

Parkinson's Australia

E ceo@parkinsons.org.au

W parkinsons.org.au

P 0419 770 010

Parkinson's Australia is the national peak body and charity representing more than 70,000 Australians living with Parkinson's. We advocate for the needs of people living with Parkinson's, and for their families and carers. Parkinson's Australia represents, at the national level, the interests of its federation of state and territory members on all matters relating to Parkinson's and carer issues.

Ageing Services

Ageing Information & Counselling

Elder Abuse Prevention Unit

E eapu@uccommunity.org.au

W eapu.com.au

P 1300 651 192

The Elder Abuse Prevention Unit (EAPU) is a Queensland wide program provided by UnitingCare Community and funded by the Department of Communities, Child Safety & Disability Services.

LiveUp

E general@ilaustralia.org.au

W liveup.org.au

P 1800 951 971

LiveUp is a free and confidential service that provides expert advice, personalised support, and community connections to help you age your way. LiveUp is a national platform designed to help you reimagine, reset and reconnect with living your life to its fullest.

Ageing Respite & Activity Centres

Focused on Care Pty Ltd - Roma

E info@focusedoncare.com.au

W focusedoncare.com.au

P 1300 144 422

We deliver services in and around the Roma region under the National Disability Insurance Scheme (NDIS), National Injury Insurance Scheme Queensland (NIISQ) and Commonwealth Home Support Program (CHSP).

Tara 50 and Better Program

Tara Neighbourhood Centre, 49 Day Street, TARA QLD 4421

E centre@taranc.com.au

W taranc.com.au

P (07) 4665 3508

The Tara 50 and Better Program is a healthy ageing program that aims to provide older people throughout the Shire with information and support relevant to their needs.

General Ageing Services

Acorn Stairlifts

E info@acornstairlifts.com.au

W acornstairlifts.com.au

P 1800 158 676

We supply and install stairlifts in private residences and commercial properties to enable the user to safely navigate the staircase. We are the only direct manufacturers in Australia and can install with 7 - 10 days. Our stairlift is the slimmest on the market, we have everything in stock in our warehouse in O'Connor and have a number of demonstration lifts to view.

Chinchilla and Miles Community Centre

15 Windmill Road, CHINCHILLA QLD 4413

E Chinchilla.CC@bluecare.org.au

W bluecare.org.au

P (07) 4669 1945

Our experienced team will work with you, your family or carer to develop a personalised care plan that is suited to your exact needs and your lifestyle goals; whether it be long term care or just until you're back on your feet again.

Council On The Ageing Queensland

E info@cotaqld.org.au

W cotaqld.org.au

P 1300 738 348

A statewide not for profit organisation advancing the rights, needs and futures of people as we age.

Dalby Community Centre

58 Pratten Street, DALBY QLD 4405

E customerservice@bluecare.org.au

W bluecare.org.au

P 1300 258 322

Our experienced team will work with you, your family or carer to develop a personalised care plan that is suited to your exact needs and your lifestyle goals; whether it be long term care or just until you're back on your feet again.

Dalby Meals On Wheels

Worthington House, 9 North Street, DALBY
QLD 4405

E mowdalby@bigpond.com

W qmow.org

P (07) 4662 5230

DMOW is a not-for-profit, community based volunteer organisation. DMOW have been helping the elderly, disabled and infirm to live independently in their own homes by delivering nutritional meals.

National Dementia Help Line

E nsw.midnorthcoast@dementia.org.au

W dementia.org.au

P 1800 100 500

The National Dementia Helpline is a free telephone service that provides information and advice to: people living with dementia. people concerned about changes to memory and thinking. people living with Mild Cognitive Impairment (MCI)

FoodSt

E hello@foodst.com.au

W foodst.com.au

FoodSt provides a wide range of easy to reheat, home cooked meals made by our community of local, accredited cooks. Over 100 meal options from 26 cuisines, all handmade by our cooks in small batches and to traditional family recipes. Meals are pre-made, frozen and delivered to your door.

Home Instead - Dalby

E admin@homeinsteadtwb.com.au

W homeinstead.com.au

P (07) 4613 0574

In home care to enhance the lives of ageing adults and their families. Everything we do at Home Instead is driven by our universal mission to enhance the lives of ageing adults and their families.

Inclusee Ltd

E connect@inclusee.org.au

W inclusee.org.au

P 1800 287 687

Our mission is to use the power of connection to reduce isolation and loneliness for Australians. At Inclusee connection is at the core of everything we do. We connect people to friends, family, interests, cultures and events. Our cutting-edge programs are delivered by our specially trained volunteers to provide companionship and comfort to our community participants.

Queensland Community Care Network

E kieran@qccn.org.au

W qccn.org.au

P (07) 3379 7200

At QCCN we manage the Community Visitors Scheme, a volunteer program of people visiting elderly people.

SALT Directory - Senior and Aged care Living Transition Directory

E info@saltdirectory.com.au

W saltdirectory.com.au

P 0417 757 977

SALT (Senior & Aged care Living Transition) Directory provides a central location to easily find businesses and services that help support families and their loved ones to transition to retirement villages or aged care. The Directory members are vetted to ensure they operate with the right intent and provide services with care, compassion and empathy.

Community Visitors Scheme

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

The St John Community Visitors Scheme is about building companionship and friendship for older people who may be socially isolated, lonely, or unable to get out and about often.

Home Visiting Services

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

Enjoy the company of others and improve your social connections.

Wandoan Senior Citizens Association

E jdsmjames@gmail.com

P (07) 4627 4365

Not for profit organisation, representing Australians aged 50 plus. It has members and branch meetings Australia wide, and is a powerful lobby force at all levels of government on issues affecting the over-50's.

Tech help for seniors - Life skills for youngsters!

E info@youngster.co

W youngster.co

P 1300 774 711

We provide digital education for seniors and create jobs for youngsters. We bring generations together!

Home Care & Safety Services

Brightsky Australia

E orders@brightsky.com.au

W brightsky.com.au

P 1300 886 601

BrightSky Australia is your one-stop-shop for specialist healthcare products. BrightSky offers Australia-wide home delivery of an extensive range of everyday and "hard-to-find" healthcare products

Daily Safety Check-in Call

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

Most people have a parent or grandparents. Are you one of them? Our clients are children like you who are WORRIED about a Loved One, Help I've fallen & can't get up. WE HELP people know that all is well we check-in with a care call every day

Daily Welfare Check by Phone to Check they are OKAY

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

We help busy people with older family members, that may be at risk, living at home alone, who want to know for certain that they are OKAY. Many people will remember "Help I've Fallen & I Can't Get UP!" When will you know?

Home Help

E admin@homeinsteadwb.com.au

W homeinstead.com.au

P (07) 4613 0574

Professional, caring help. All from the comfort of home. As we get older, everyday tasks can start feeling a little more strenuous. But that doesn't mean you'll need to leave your home behind. Home Instead can help you manage living at home; supporting you however is needed.

InteliCare

W intelicare.com.au

P 1300 001 145

Live independently safely with InteliCare smart home sensors and intelligent mobile phone app. InteliCare turns any home into a smart home using non-invasive smart sensors (no cameras). No buttons to press, no devices to wear. InteliCare works silently in the background gathering information from the household and alerting through the mobile phone app if behaviours change.

Seniors Clubs & Social Groups

Connected au

W connectedau.com.au

P 0437 570 585

Connected AU was born out of this concern, with a focus on helping people who might be isolated, vulnerable and lonely. Mea built a free online platform to connect and engage people, and The Letterbox Project became the foundation of this platform.

National Seniors Australia - Chinchilla Branch

RSL Memorial Club, Heeney Street,
CHINCHILLA QLD 4413

E general@nationalseniors.com.au

W nationalseniors.com.au

P 1300 765 050

National Seniors Australia was established in 1976. Since that time, we have consolidated our national footprint and have sharpened our focus around advocacy and research. We are strongly positioned as the pre-eminent consumer lobby for older Australians. We fight hard for the rights and better outcomes for all seniors.

National Seniors Australia - Dalby and District Branch

Windsor Hotel/Motel, Cnr Patrick &
Condamine Sts (Entry is on Patrick St), 32
Patrick Street, DALBY QLD 4405

E general@nationalseniors.com.au

W nationalseniors.com.au

P 1300 765 050

National Seniors is a membership based, not for profit organisation, representing all older Australians. It has members and branch meetings Australia wide, and is a powerful lobby force at all levels of government on issues affecting older Australians.

Queensland Community Care Network

E kieran@qccn.org.au

W qccn.org.au

P (07) 3379 7200

The 100+ Club connects centenarians, advocating for the positive promotion of the elderly and celebrates the lives of our members.

Animal Services

Animal Clubs & Hobbies

Bell Pony Club

Bell Racecourse, Wallace Street, DALBY QLD 4405

E jess@cassidyhomes.com.au

P 0434 405 254

Bell Pony Club welcomes new members. For more info call Club Secretary Jess Cassidy 0434 405 254.

Dalby and District Pony and Hack Club Inc
Dalby Showgrounds, Nicholson Street, DALBY QLD 4405

E dalby@ponyclubqld.com.au

P (07) 4662 3248

Dalby and District Hack and Pony Club is affiliated with Pony Club Queensland. We welcome members from around the area of all ages and abilities. Our first rally is in Feb/March and memberships are open for renewal from January each year.

Darling Downs Branch Australian Stockhorse Society

E secretary@darlingdownsashs.com.au

W darlingdownsashs.com.au

P 0407 350 884

The Darling Downs Branch of the Australian Stock Horse Society is a not for profit member based organisation which coordinates events that promote the versatility of the great Australian Stock Horse - the "Breed for Every Need".

Tara Polocrosse Club Inc

1 Showgrounds Road, TARA QLD 4406

E ronnie.stephens@cecpl.com.au

P 0429 623 531

Tara Polocrosse Club Inc

Tara Pony Club Inc

Tara Showgrounds, TARA QLD 4406

E jarvnlizzy@gmail.com

P 0427 460 642

The development of the knowledge and ability of riders was the concern of Pony Club from its foundation. The emphasis has always been, in order of importance: The safety of the rider, The comfort of the horse, The enjoyment of the rider, The progress of the rider

Tara Working Sheepdog Association

141 Western Road, TARA QLD 4406

E petelyn1@outlook.com

P 0499 900 549

Tara Working Sheepdog Association

Animal Shelters

DV Connect Pets in Crisis

E mail@dvconnect.org

W dvconnect.org

P 1800 811 811

Pets in Crisis is a foster care program to help facilitate safe refuge for animals at risk until they can be reunited with their families

General Animal Services

Assistance with Domestic Duties for NDIS Pet Owners

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud's national service offers 1. Animal Assisted Mentoring in the Community, 2. Pet Care during Hospital Treatment or Rehabilitation, 3. Assistance with Pet related Household tasks

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud is Australia's most trusted Pet Care Services booking website to book Pet Sitting, Home Visits, House Sitting, Dog Walking, Day Care, Pet Taxis, Grooming, Washing and Brushing, 24hr supervision, and Dog Training. To connect with a Pet Sitter, Post a Job, and available Pet Sitters in your area will apply <https://www.petcloud.com.au>

Arts & Creatives

Crafts

Chinchilla Patches and Piecemakers

Chinchilla Creative Centre, 9 Mutch Street,
CHINCHILLA QLD 4413

E chinchillapatchworkers@gmail.com

W koolkatquilting.com

P (07) 4696 8746

Chinchilla Patches & Piecemakers

Chinchilla Potters and Painters

Chinchilla Creative Centre, 9 Mutch Street,
CHINCHILLA QLD 4413

E chinchillapottersandpainters@gmail.com

P 0431 218 624

The Potters and Painters meet every Friday at the Chinchilla Creative Centre, 9 Mutch Street from 9am - 12 noon. We start the morning off with a cuppa and chat and then go on to work on our own individual art works. Pottery Days are held on the second Saturday of each month from 9am until 3pm.

Chinchilla Woodcrafters

Mutch Street, CHINCHILLA QLD 4413

E vsava3@eq.edu.au

P 0438 656 444

We are small club that enjoy a common interest in woodworking. Club meetings are held on the 3rd Wednesday of the month. Club workshop is held on the 3rd Saturday of the month. Anyone is welcome to attend the workshop.

Dalby Quilting and Applique Club Inc

E dalbyquiltingandapplique@gmail.com

P (07) 4662 3670

Dalby Quilting & Applique Club Inc

Dalby Spinners and Weavers and Dyers Group

P (07) 4662 1986

Dalby Spinners and Weavers and Dyers Group

GIRA Indigenous Women's Sewing Groups

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

Goondir provides a sewing group to Indigenous women.

Jandowae Yarners Craft Group

E renjea@hotmail.com

P (07) 4668 5688

A free social group to enjoy crafts of all kinds, from knitting & crochet to art & writing, Bring your own project or just come and join us for a cuppa. We meet Monday mornings at Jandowae Library 9:00am - 12

Literary Arts

Jen Robe Writes

E jenrobewrites@gmail.com

W organizabelife.com

I write memoirs and biographies based on people's lives. I will interview you or your loved one in a conversational style and write your life story. It is a perfect way to preserve your family's history. I can also work to record the stories of those unable to speak, due to injury, illness, or death. I have a background in elder and disability care.

Performing Arts & Music

Attaboi Music Magazine

E info@wildoatsrecords.net

P 0467 955 772

Attaboi is a community music organisation working to push minority voices and issues currently affecting the Australian music industry.

Bell Theatre Group Inc

71 Maxwell Street, BELL QLD 4408

E bellbunyacommunitycentre@gmail.com

W bellcommunitycentre.com.au

P (07) 4663 1087

The Bell Theatre Group has been giving patrons great enjoyment for 20 years.

Chinchilla Concert Band

Langlands Hall, Chinchilla Historical Museum,
3 Villiers Street, CHINCHILLA QLD 4413

E jessicarnolan@hotmail.com

P 0415 836 751

The Chinchilla Concert Band offers a place for people to practice their musical instruments no matter their age. The Concert Band also provides entertainment at many community events.

Chinchilla Country Music Club

P 0428 714 262

Chinchilla Country Music Club

Chinchilla Entertainment, Piano and Singing Lessons

E yvilor@gmail.com

W chinchillaqueensland.wixsite.com

P 0477 684 755

Yvette Bracefield (DipABRSM, DipATCL, DipArts) is a singing, piano, and theory tutor as well as a fantasy fiction author who offers English tutelage privately. She has been teaching music since 2011, and enjoys making lessons fun as well as informative. Her students have done music exams from initial to grade eight through AMEB, ABRSM, and Trinity College London.

Choirs4Kids

E sing@choirs4kids.com

W choirs4kids.com

P 0414 205 919

Choirs4Kids is an online singing program for ages 4 to 15, fostering creativity, building confidence, and forming friendships. Our expert-led sessions empower young voices to shine, creating a joyful and supportive musical community. Join us on a remarkable journey where the magic of singing transforms lives. We also offer a kids choir in Manjimup, WA.

Rock n Roll Dancing DVDs FULL COURSE \$60

E ctocrocknroll@dodo.com.au

P (07) 5529 6244

THE WORLD HAS CHANGED and we have changed with it. Purchase both DVD's and learn at home with costs you a total of \$60 with FREE postage. And you have the entire set to go over any time you like.

Dalby Singers Community Choir

Cnr Condamine Street & Roche Street,
DALBY QLD 4405

P 0401 662 352

Dalby Singers Community Choir is always welcoming new members and anyone who enjoys singing can join the choir.

Dalby Thistle Pipe Band Inc

E secretary@pipebandsqld.org

P (07) 4662 4390

ONE of the oldest country pipe bands in Queensland

Regional Arts Council Dalby

E enquiry@dalbyartscouncil.com.au

W dalbyartscouncil.com.au

P (07) 4669 7590

We are a not-for-profit community based organisation aiming to ensure that those living in our region have access to first class music, entertainment, theatrical performances and exhibitions.

Southern Star Academy of Dance

15 Iringdale Road, DALBY QLD 4405

E southernstardance@gmail.com

W southernstardance.com.au

P (07) 4669 7758

The Southern Star Academy of Dance was founded in 2008 by owner and principal Mrs Danielle Small. Her vision was to create a safe, warm and encouraging dance space for the dancers of Dalby. A place where they can learn, grow and explore the magic of dance.

Wandoan Arts Council

6, Henderson Road, WANDOAN QLD 4419

E wandoanartscouncil@gmail.com

The Wandoan Arts Council Inc. main aim is to promote art and cultural development in this region. In recent years we have many functions from a diverse range - including the Wandoan Arts Escape, Small Halls festival, live shows including a children's show, drone photography workshops, metal sculpture workshops and many more.

Western Downs Winds

E bmcph61@eq.edu.au

P 0413 433 208

Western Downs Winds is a community concert band in Dalby.

Visual Arts

Bell and District Art Group

71 Maxwell Street, BELL QLD 4408

E bellbunyacommunitycentre@gmail.com

W bellcommunitycentre.com.au

P (07) 4663 1087

The first committee meeting to form the then Bell & District Art Group was held on Thursday 25th March 1965 in the Bell QCWA rooms.

Chinchilla Arts Council

58 Bell Street, CHINCHILLA QLD 4413

E sallen6@bigpond.com

P (07) 4662 8114

Chinchilla Arts Council - bringing live musical performances to the community

Gallery 107 @ Dalby

107 Drayton Street, DALBY QLD 4405

E info@gallery107dalby.com.au

P 0490 087 540

Gallery 107 is a vibrant volunteer managed gallery with an interactive community focus. We are inclusive to all cultures and skill levels. We mentor artists, facilitate workshops, sell art supplies.

Lapunyah Art Gallery

Lapunyah Art Gallery, 80-86 Heeney Street, CHINCHILLA QLD 4413

E lapunyah@outlook.com

P (07) 4668 9908

Lapunyah Art Gallery is located in the Chinchilla Cultural Precinct. A warm and welcoming space for exhibiting artists and visitors, it has a changing program of local and touring exhibitions.

Moonie Visual Arts Group

E arlie02@bigpond.com

P (07) 4662 9124

We are a creative and supporting group who meet at the Moonie Sports Club to create and enjoy arts & crafts including sewing, patchwork, quilting, painting and other visual arts. Everyone is welcome to be part of it.

Child Services

Child (and Parent) Information & Counselling

Camp Quality Queensland

E reception@campquality.org.au

W campquality.org.au

P (07) 3216 0299

Our Purpose is to give kids impacted by cancer the chance to be kids again in a safe, fun and supportive environment. We do this through positively changing a child's cancer experience, with entertaining, play-based education and recreational camps and retreats that strengthen the mental wellbeing and improve the quality of life of children and their family.

Children By Choice Association Incorporated

E advocacy@childrenbychoice.org.au

W childrenbychoice.org.au

P (07) 3357 5377

Children by Choice provide a Queensland-wide telephone counselling, information and referral service on all unplanned pregnancy options - abortion, adoption and parenting. Face to face counselling services are available in the Brisbane region by appointment.

Eva's Place Pregnancy and Early Parenting Support Inc. - Dalby

14A , Cunningham Street, DALBY QLD 4405

E dalby@evasplace.org.au

W evasplace.com.au

P 0490 046 332

A unique opportunity for men and women who have a baby on the way or have a child under the age of one to gain friendship, life skills, pregnancy care knowledge and parenting skills through regular meetings with a mentor. You can meet as often as you need to empower you to learn, grow and be a good parent to your child.

Pregnancy Birth and Baby

E info@nhccn.com.au

W pregnancybirthbaby.org.au

P 1800 882 436

Pregnancy, Birth and Baby is a national Australian Government service providing support and information for expecting parents and parents of children, from birth to 5 years of age.

Magic Coat for Kids Pty Ltd

E admin@themagiccoat.com

W themagiccoat.com

P 0477 997 661

A social/emotional wellbeing program, designed for young children and their primary carers to learn preventative mental health strategies together. Based on the analogy of putting on an imaginary coat with memorable characters inside the pockets, representing various strategies children can use to take control & responsibility for their own world & to create positive relationships with others.

Parentline

E admin@parentline.com.au

W parentline.com.au

P 1300 301 300

Parentline offers free confidential phone and WebChat counselling and support for parents and carers of children in Queensland and the Northern Territory.

Reachout Australia**E** info@reachout.com**W** about.au.reachout.com**P** (02) 8029 7777

ReachOut Parents Coaching is for any Australian parent with teenagers aged between 12–18 years, with access to a computer. If you're worried or want to build on your relationship with your teenager, we provide a free one-on-one online coaching program. ReachOut Parents Coaching is a free service with sessions that are personalised to suit your individual needs and concerns. With coaches from

Red Nose**E** info@rednose.com.au**W** rednose.org.au**P** 1300 998 698

Safe Sleeping Public Health Campaign

The Aussie Hands Foundation Inc**E** info@aussiehands.org**W** aussiehands.org

To raise awareness of hand differences in the community and support families who have a child living with a hand difference and connecting them to other families in a similar situation and also to adults living with a hand difference.

Child Protection Services

ACT for Kids - Labrador**E** mail@actforkids.com.au**W** actforkids.com.au**P** (07) 5656 8600

Act for Kids is an Australian charity providing free therapy and support services to children and families who have experienced, or are at risk of child abuse and neglect.

K.I.N. Care Services (Qld) Pty Ltd**E** dee@kincareservices.com.au**W** kincareservices.com.au

We work closely with the Department of Child Safety, Youth and Women to support families and do so in a way which supports their long-term safety and happiness. We are also registered NDIS providers. We have a team of highly skilled professionals to support families and participants in ensuring each individual is provided the supports they need to meet their full potential.

Office Of The Public Guardian**E** publicguardian@publicguardian.qld.gov.au**W** publicguardian.qld.gov.au**P** 1300 653 187

The OPG administers the Community Visitor Program for children and young people which plays an important role in supporting children and young people in the child protection system.

Roma Child Safety Service Centre**W** dcssds.qld.gov.au**P** (07) 4578 8300

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

South West Region Child Safety**W** dsdsatsip.qld.gov.au**P** (07) 3432 1400

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

Toowoomba South Child Safety Service Centre**W** dcssds.qld.gov.au**P** (07) 4614 8900

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

General Child Services

Raising Connected Kids**E** karen@connectededucation.com.au**W** raisingconnectedkids.com.au**P** 0430 306 111

Teaching school-aged children skills and strategies to build self-confidence and emotional resilience. Online courses and ongoing weekly coaching for children to support emotional development facilitated by Children's Emotional Well-being coaches qualified and experienced in Education and Psychology. Specialising in support for highly sensitive children.

Save the Children - Tara

E members@savethechildren.org.au

W 54reasons.org.au

P 1800 760 011

Save the Children runs education and child protection programs in urban, regional and remote locations right around Australia. We are dedicated to supporting Australian children to reach their full potential.

Play Groups & Childcare

Busy Bees - Chinchilla

3 Braithwaite Street, CHINCHILLA QLD 4413

E manager@chinchilla.busybees.edu.au

W busybees.edu.au

P (07) 4668 9366

Busy Bees at Chinchilla is a fun and vibrant space where every child can thrive. Located on a quiet street with paddocks and Charley's Creek behind us, our Chinchilla Service offers spacious outdoor play areas and even a Barnyard!

C and K Jandowae Kindergarten

Warra St, JANDOWAE QLD 4410

E jandowaekindergarten@outlook.com

W candk.asn.au

P (07) 4668 5665

Our early childhood educators acknowledge that their work with children, families, staff and communities is driven by a desire and passion to support children in their learning and development.

CandK Glenmorgan Community Kindergarten

Clive St, GLENMORGAN QLD 4423

E glenmorgan@candk.asn.au

W candk.asn.au

P (07) 4665 6890

The first five years of a child's life are vital in helping form who they will be as adults. C&K knows and understands this very well having played a part in the lives of more than a million children

CandK Meandarra Community Kindergarten

16 Dillon Street, MEANDARRA QLD 4422

E meandarra@candk.asn.au

W candk.asn.au

P (07) 4665 6197

The first five years of a child's life are vital in helping form who they will be as adults. C&K knows and understands this very well having played a part in the lives of more than a million children

CandK Tara and District Kindergarten

23 Fry Street, TARA QLD 4421

E tara@candk.asn.au

W candk.asn.au

P (07) 4665 3376

The first five years of a child's life are vital in helping form who they will be as adults. C&K knows and understands this very well having played a part in the lives of more than a million children

Chinchilla Christian College

88 Oak Street, CHINCHILLA QLD 4413

E admin@chinchillacs.qld.edu.au

W chinchillacc.qld.edu.au

P (07) 4668 9777

Chinchilla Christian College run a weekly Playgroup on Thursdays from 9:30am - 11:00am

Dalby Beck Street Kindergarten

7 Beck Street, DALBY QLD 4405

E beckst.kindy@bigpond.com

W beckstkindy.com.au

P (07) 4662 3586

Servicing the Western Downs Region.

Dalby Christian College Early Learning Centre

2a Mary Street, DALBY QLD 4405

E elc@dalbycc.qld.edu.au

W dalbycc.qld.edu.au

P (07) 4672 4229

Dalby Christian College Early Learning Centre's philosophy is based on a Biblical Christian perspective integrated with a commitment to excellence when it comes to delivering early childhood education.

Dalby Daycare Centre

5-7 Stuart Street, DALBY QLD 4405

E dalbydaynursery@bigpond.com

W ddssk.com.au

P (07) 4662 3372

We are a not for profit, community association, that is managed by a dedicated volunteer committee of parents who help manage the day-to-day affairs and running of both centres in close consultation with the Directors and staff.

Dalby South State School - KindyLinQ
Cnr Owen and Bunya Streets, DALBY QLD 4405

E principal@dalbsoutss.eq.edu.au

W dalbsoutss.eq.edu.au

P (07) 4672 3888

Our KindyLinQ program gives all children a great start by helping develop their skills as a confident learner. The play-based nature of KindyLinQ is perfect for young children.

Families with three year olds will be welcome to register for KindyLinQ. The program will be available for 3 hours each Tuesday and Thursday from 9.00am—12.00 noon. Please bring along a hat, water bottle and morning tea.

Goodstart Early Learning Dalby

56 Condamine Street, DALBY QLD 4405

E dal@childcare.com.au

W goodstart.org.au

P (07) 4662 5227

Goodstart Early Learning Dalby is a Child Care Centre in Dalby.

Wandir Gunde Playgroup

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P 0499 078 016

Wandir Gunde (meaning Little Stars) Playgroup is a free playgroup that meets each week during school term offering a friendly place for parents to share time with other families in the Dalby area.

Kath Dickson Kindergarten

129 Bunya Street, DALBY QLD 4405

E info@kdfc.com.au

P (07) 4662 1078

Kath Dickson Kindergarten Dalby South, formerly known as Snow White Kindergarten, is a community kindergarten that has given generations of Dalby's children the best start to their schooling life.

Kids Club Dalby

144 Bunya Street, DALBY QLD 4405

E admin@kidsclubdalby.com.au

W kidsclubdalby.com.au

P (07) 4669 8416

Kids Club is here to nurture your children's desire to learn and to help parents with the important work of guiding your child's intellectual, emotional and physical development.

Milestones Early Learning Dalby

62 Bunya Street, DALBY QLD 4405

E dalby@milestones.com.au

W milestones.com.au

P (07) 4669 6366

Milestone Early Learning Dalby provides early education programs for children aged 6 weeks to 5 years.

Murilla Kindergarten Association

Marian Street, MILES QLD 4415

E murillakindy@hotmail.com

W candk.asn.au

P (07) 4627 1340

Hours of operation are 8.20 am until 2.30 pm. Days of operation are Tuesdays, Thursdays and alternating Friday's. Operate during school terms.

Murilla Long Day Care

131-133 Murilla Street, MILES QLD 4415

E longdaycare@bigpond.com

W mccm.org.au

P (07) 4627 2108

The Murilla Long Day Care Centre offers quality child care at affordable prices that caters for all children with any need from ages birth to 12 years.

Stuart Street Kindergarten

Marble Street, DALBY QLD 4405

E stuartstreetkindy@bigpond.com

W ddssk.com.au

P (07) 4662 1739

The Stuart Street Kindergarten offers two kindergarten groups. One group attends Monday, Tuesday and an alternate Wednesday. The second group attends Thursday, Friday and an alternate Wednesday. We operate between the hours of 8.45am – 2.45pm.

Tara Community Playgroup

Milne Street, TARA QLD 4421

E gaildicks23@gmail.com

Play Group is a great way for both parents and children to socialize. It is a well known fact that children learn through play, so what's a better idea than play Group. It costs \$2 per child but your first 2 visits are FREE! So come along and have some fun.

The Chinchilla Community Kindergarten

24-26 Colamba Street, CHINCHILLA QLD 4413

E chinchillakindy@bigpond.com

W candk.asn.au

P (07) 4662 7028

Chinchilla Kindergarten is housed in our newly opened premises on Colamba Street. The children enjoy a fun and stimulating learning environment where they engage with materials and ideas, they enjoy visual and performing art spaces that encourages a spirit of exploration and learning through play.

Communication & Information

Community Information & Referral Services

Business Navigator Western Downs

Suite 19, 81 Heeney Street, CHINCHILLA QLD 4413

E suzie@navigatorwesterndowns.com.au

W navigatorwesterndowns.com.au

P 0419 775 905

The Business Navigator team provide advice, hands on assistance and training to help you develop and grow your idea or business in the Western Downs. We partner with clients to accelerate growth, working together to achieve results.

CatholicCare - Maranoa

E hello@catholiccare.services

W catholiccare.services

P 1300 477 433

Our Community Service Facilitators are based throughout SW Queensland and focus on sharing information to empower communities to be aware of available services and pathways.

Dalby Family Support Assn

166 Cunningham Street, DALBY QLD 4405

E info@dalbyfamilysupport.org.au

W dalbyfamilysupport.org.au

P (07) 4669 8499

Dalby Crisis Support has been established and improving the wellbeing and safety of Children, young people and their families since 1989

Health Workforce Queensland

E admin@healthworkforce.com.au

W healthworkforce.com.au

P (07) 3105 7800

Health Workforce Queensland

Immigration Services Australia (ISA)

E contact@immi-sa.com

Partner visas, work visa, overseas recruitment for sponsors looking to fill skill shortage, student visas, family visas, visa refusals and appeals.

Gambling Help Toowoomba and South West Qld

E tcsadmin@tranquillitycareservices.org.au

W lifelinedarlingdowns.org.au

P 1800 975 252

Community education about problem gambling. We speak to community groups, service providers, gambling venues and schools to raise awareness about preventing and treating gambling addiction.

Community Mental Health and Wellbeing Sector information

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

QAMH represents more than 100 Queensland organisations and individual Members involved in the quality delivery of community mental health and wellbeing services across the state. As the peak body for the Community Mental Health and Wellbeing Sector, our role is to reform, promote and drive community mental health and wellbeing service delivery, through our influence and collaboration with Members.

Queensland Ombudsman

E ombudsman@ombudsman.qld.gov.au

W ombudsman.qld.gov.au

P (07) 3005 7000

We investigate complaints about state government departments and agencies, local councils and public universities. Our complaints assessment and investigation service is free and independent. Contact us between 9.30am-4.00pm, Monday-Friday, or use the online complaint form anytime.

Statewide information and referral service for seniors

E sel@uccommunity.org.au
W seniorsenquiryline.com.au
P 1300 135 500

Seniors Enquiry Line is a statewide information and referral service for Queensland seniors, families, friends, grandparents and carers.

Volunteering Queensland Inc

E reception@volunteeringqld.org.au
W volunteeringqld.org.au
P (07) 3002 7600
Information and referral about volunteering, including referral to volunteering opportunities and information about rights and responsibilities.

Community Media

4ddd Community Radio(Originally Dalby Broadcasting Association Inc.)

107 Drayton Street, DALBY QLD 4405
E info@radio4ddd.com.au
W radio4ddd.com.au
P (07) 4662 5391
4DDD Community Radio is a wholly volunteer run community radio station in the Western Downs.

Wandoan Community, Commerce and Industry Inc

E wandoansurfclub@bigpond.com
P (07) 4627 5200
The Wandoan Community Commerce and Industry Inc. is a community based voluntary group who work to further the economic and community development of Wandoan and surrounding districts.

General Communication & Information

Aerodrome - Chinchilla

Aerodrome Road, CHINCHILLA QLD 4413
E chinmilairport@amsaustralia.com
W wdrc.qld.gov.au
P 0419 981 960
Chinchilla Airport is an airport serving Chinchilla, Queensland, Australia. The airport is served by 2-3 weekday charter flights to Taroom and Brisbane operated by Skytrans Airlines using their Dash-8-100 aircraft.

Aerodrome - Dalby

Aerodrome Road, DALBY QLD 4405
E info@wdrc.qld.gov.au
W wdrc.qld.gov.au
P 0409 487 617
Dalby Airport is a small airport located 1.2 km north of the town of Dalby, Queensland Australia. The airport is mostly used for small private light aircraft, as well as occasional emergency aircraft including those of the Royal Flying Doctors Service.

Aerodrome - Meandarra

Surat Development Road, MEANDARRA QLD 4422
E info@wdrc.qld.gov.au
W wdrc.qld.gov.au
P 0400 656 190
Meandarra Aerodrome, located on Surat Developmental Road, Meandarra

Aerodrome - Miles

Miles Aerodrome Terminal, 40605 Leichhardt Highway, MILES QLD 4415
E chinmilairport@amsaustralia.com
W wdrc.qld.gov.au
P 0419 981 960
Miles Airport or Aerodrome is an airport serving the small towns of Miles and Condamine, and surrounding rural residents in Queensland, Australia

Aerodrome - Moonie

E info@wdrc.qld.gov.au
W wdrc.qld.gov.au
P 0400 656 190
Moonie Aerodrome was established to serve the community developed around Moonie Township. The aerodrome is primarily utilised by the Royal Flying Doctor Service (RFDS) and local aircraft. The aerodrome is officially classified as an Aerodrome Landing Area.

Aerodrome - Tara

Chinchilla-Tara Road, TARA QLD 4421
E info@wdrc.qld.gov.au
W wdrc.qld.gov.au
P 0409 487 617
Tara Aerodrome, located on Chinchilla Tara Road, Tara

Australian Bureau of Statistics

W abs.gov.au
P 1300 135 070
Providing statistical information and resources to the Australian public

Boomerang Alliance - Dalby

Orpen Street, DALBY QLD 4405

E tanja.schueler@boomerangalliance.org.au

W boomerangalliance.org.au

We provide information to community groups on the ban of certain single-use plastics that has been introduced in Qld. As many community groups provide disposable items in their fundraising activities, you can learn how your organisation can comply with the new ban, and what some of the available alternative products and practises are. Forum to be held in Dalby on Wednesday 6th October at 5.30pm

Customer Service Centre - Chinchilla

80-86 Heeney Street, CHINCHILLA QLD 4413

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

Western Downs Regional Council provides a wide range of services for residents, business and visitors. You can contact Council in a variety of ways – over the phone, face to face or online. For after-hours emergencies, such as a broken water main, call 1300 COUNCIL to access Council's after-hours emergency messaging service.

Customer Service Centre - Jandowae

22 George Street, JANDOWAE QLD 4410

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

Western Downs Regional Council provides a wide range of services for residents, business and visitors. You can contact Council in a variety of ways – over the phone, face to face or online. For after-hours emergencies, such as a broken water main, call 1300 COUNCIL to access Council's after-hours emergency messaging service.

Customer Service Centre - Tara

19 Fry Street, TARA QLD 4421

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

Western Downs Regional Council Tara
Customer Service Centre

Customer Service Centre - Wandoan

6 Henderson Road, WANDOAN QLD 4419

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

Western Downs Regional Council Wandoan
Customer Service Centre

Dalby Family History Society Inc

17 Black Street, DALBY QLD 4405

E dalbyfamilyhistory@hotmail.com

W dfhs.com.au

P 0429 890 284

The Dalby Family History Society Inc. promotes family and local history of Dalby and its surrounding districts in Queensland, Australia.

**Department of Transport and Main Roads
Maritime Safety Queensland**

E mackaymarine@msq.qld.gov.au

W msq.qld.gov.au

P 13 23 80

IWe've committed \$3.9 million to upgrade the maritime aids to navigation network in the Torres Strait to ensure safe passage in the region. The waters of the Torres Strait are used daily as a workplace and commuter routes as well as for cultural and recreational activities, with maritime aids crucial to making sure those using these waters return home safely.

Department of Transport and Main Roads

W tmr.qld.gov.au

P 13 19 40

To report traffic signal faults on state-controlled declared roads, please call the Department of Transport and Main Roads on 131 940 any time.

Dogwood Crossing

81 Murilla Street, MILES QLD 4415

E dogwood.crossing@wdrc.qld.gov.au

W dogwoodcrossing.com

P (07) 4628 5330

Dogwood Crossing, Miles presents a stimulating and varied exhibition program, to interest both residents and visitors, over two inviting exhibition spaces.

GIVIT

E info@givit.org.au

W givit.org.au

GIVIT (givit.org.au) is a national online not-for-profit matching generosity with genuine need.

Jandowae Neighbourhood Watch

219 Jinghi Gully Road, JANDOWAE QLD 4410

E nhwq@police.qld.gov.au

W nhwq.org

P (07) 4668 5320

Encouraging individuals, families, businesses and neighbourhoods to work together to strengthen and connect our communities for a safe and secure Queensland.

North Queensland Region Centre - Mackay

E businessMKY@dsdsatsip.qld.gov.au

W dsdsatsip.qld.gov.au

P (07) 4862 7001

Aboriginal and Torres Strait Islander Partnerships Mackay share information through our Murri network mailing lists of events and services that are available within our community.

Yourtown

E support@nqphn.com.au

W torres-cape.health.qld.gov.au

P (07) 4034 0300

It's our mission to help and encourage young people to find their place. We take the time to listen, understand and guide young people in the right direction. We deliver services that help to tackle the issues faced by at-risk youth in our community. These services include crisis care, employment, parenting help, counselling, social development, mentoring and more.

Yourtown - Milton

E support@nqphn.com.au

W torres-cape.health.qld.gov.au

P (07) 4034 0300

Our services and offices are located across New South Wales, Queensland, South Australia and Tasmania. Kids Helpline is a national service and Parentline operates in Queensland and the Northern Territory.

P T Weir MP, LNP Member Condamine

E Condamine@parliament.qld.gov.au

P (07) 4570 4100

Member for Condamine. LNP Member.

Residential Tenancies Authority

W rta.qld.gov.au

P 1300 366 311

The RTA is the Queensland Government statutory authority that administers the Residential Tenancies and Rooming Accommodation Act 2008 (the Act). The RTA is responsible to the Minister for Communities and Housing, Minister for Digital Economy and Minister for the Arts.

Visitor Information Centre - Bell

Bell Bunya Community Centre, 71 Maxwell Street, BELL QLD 4408

E bellbunyacommunitycentre@gmail.com

W westerndownsqueensland.com.au

P (07) 4663 1087

Ask a local - Our Visitor Information Centres can help you travel around our region. Drop in for friendly advice on where to stay, what to do or chat to one of our Tourism Ambassadors. We hope you enjoy your stay.

Visitor Information Centre - Chinchilla

Warrego Highway, CHINCHILLA QLD 4413

E chinchilla.vic@wdrc.qld.gov.au

W westerndownsqueensland.com.au

P (07) 4660 7291

Ask a local - Our Visitor Information Centres can help you travel around our region. Drop in for friendly advice on where to stay, what to do or chat to one of our Tourism Ambassadors. We hope you enjoy your stay.

Visitor Information Centre - Dalby

Thomas Jack Park, Warrego Highway, DALBY QLD 4405

E dalby.vic@wdrc.qld.gov.au

W westerndownsqueensland.com.au

P (07) 4679 4461

Ask a local - Our Visitor Information Centres can help you travel around our region. Drop in for friendly advice on where to stay, what to do or chat to one of our Tourism Ambassadors. We hope you enjoy your stay.

Visitor Information Centre - Jandowae

Community and Cultural Centre, Corner of George and High Streets, JANDOWAE QLD 4410

E jandowae.ccc@wdrc.qld.gov.au

W westerndownsqueensland.com.au

P (07) 4668 4480

Ask a local - Our Visitor Information Centres can help you travel around our region. Drop in for friendly advice on where to stay, what to do or chat to one of our Tourism Ambassadors. We hope you enjoy your stay.

Visitor Information Centre - Miles

Miles Historical Village Museum, Murilla Street, MILES QLD 4415

E miles.vic@wdrc.qld.gov.au

W westerndownsqueensland.com.au

P (07) 4627 1492

Ask a local - Our Visitor Information Centres can help you travel around our region. Drop in for friendly advice on where to stay, what to do or chat to one of our Tourism Ambassadors. We hope you enjoy your stay.

Visitor Information Centre - Moonie

Rural Transaction Centre, Corner of Moonie and Leichhardt Highways, MOONIE QLD 4406

E moonie.rtc@wdrc.qld.gov.au

W westerndownsqueensland.com.au

P (07) 4665 0189

Ask a local - Our Visitor Information Centres can help you travel around our region. Drop in for friendly advice on where to stay, what to do or chat to one of our Tourism Ambassadors. We hope you enjoy your stay.

Visitor Information Centre - Tara

Customer Service Centre - Tara, 19 Fry Street, TARA QLD 4421

E info@wdrc.qld.gov.au

W westerndownsqueensland.com.au

P (07) 4678 7804

Ask a local - Our Visitor Information Centres can help you travel around our region. Drop in for friendly advice on where to stay, what to do or chat to one of our Tourism Ambassadors. We hope you enjoy your stay.

Visitor Information Centre - Wandoan

O'Sullivan Park, Zupp Road, WANDOAN QLD 4419

E info@wdrc.qld.gov.au

W westerndownsqueensland.com.au

P (07) 4627 5227

Ask a local - Our Visitor Information Centres can help you travel around our region. Drop in for friendly advice on where to stay, what to do or chat to one of our Tourism Ambassadors. We hope you enjoy your stay.

Wandoan Surf Club Print Shop

32 Royd Street, WANDOAN QLD 4419

E wandoansurfclub@bigpond.com

W wandoansurfclub.com.au

P (07) 4627 5200

We advocate for Wandoan with all keystone holders in this region. It is not only a business cluster but a community based group. The Wandoan Community Commerce and Industry Inc. is a community based voluntary group of members and friends who work together. Wandoan Surf Club services provide a wide range of internet, printing and copying services as well as other office services.

Western Downs Libraries - Bell

71 Maxwell Street, BELL QLD 4408

E bell.library@wdrc.qld.gov.au

W westerndownslibraries.com

P (07) 4663 1113

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Western Downs Libraries - Chinchilla

80-86 Heeney Street, CHINCHILLA QLD 4413

E chinchilla.library@wdrc.qld.gov.au

W westerndownslibraries.com

P (07) 4660 7270

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Western Downs Libraries - Dalby

Level 1/ 69 Drayton St Dalby QLD 4405, 69 Drayton Street, DALBY QLD 4405

E info@wdrc.qld.gov.au

W westerndownslibraries.com

P 1300 268 624

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Western Downs Libraries - Jandowae

22 George Street, JANDOWAE QLD 4410

E jandowae.library@wdrc.qld.gov.au

W westerndownslibraries.com

P (07) 4668 4480

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Western Downs Libraries - Meandarra

Sara Street, MEANDARRA QLD 4422

E meandarra.library@wdrc.qld.gov.au

W westerndownslibraries.com

P (07) 4665 6147

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Western Downs Libraries - Miles

E miles.library@wdrc.qld.gov.au

W westerndownslibraries.com

P (07) 4628 5330

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Western Downs Libraries - Moonie
Leichhardt Highway, MOONIE QLD 4406
E Moonie.RTC@wdrc.qld.gov.au
W westerndownslibraries.com
P (07) 4665 0189

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Western Downs Libraries - Tara
31 Day Street, TARA QLD 4421
E tara.library@wdrc.qld.gov.au
W westerndownslibraries.com
P (07) 4678 7881

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Western Downs Libraries - Wandoan
6 Henderson Road, WANDOAN QLD 4419
E wandoan.library@wdrc.qld.gov.au
W westerndownslibraries.com
P (07) 4558 3045

Western Downs Regional Council libraries are a vital and progressive part of our townships and provide a wide range of resources and services to meet the needs of residents.

Customer Service Centre - Miles
Dalby Corporate Office, 30 Marble Street, DALBY QLD 4405
E info@wdrc.qld.gov.au
W wdrc.qld.gov.au
P (07) 4679 4000

Western Downs Regional Council provides a wide range of services for residents, business and visitors. You can contact Council in a variety of ways – over the phone, face to face or online. For after-hours emergencies, such as a broken water main, call 1300 COUNCIL to access Council's after-hours emergency messaging service.

Western Downs Regional Council - Dalby Corporate Office
30 Marble Street, DALBY QLD 4405
E info@wdrc.qld.gov.au
W wdrc.qld.gov.au
P 1300 268 624

The region's diverse economy, vibrant active communities and the extensive infrastructure and multi-billion dollar energy investments are ensuring that the Western Downs continues to go from strength-to-strength.

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Chinchilla Community Centre
67-71 Middle Street, CHINCHILLA QLD 4413
E info@cfsc.org.au
W chinchillacommunitycentre.org
P (07) 4662 8528

The purpose of the Chinchilla Family Support Centre (CFSC) is to develop the potential in the community, through being a knowledge, resource & referral hub.

Chinchilla Community Connexions
71 Middle Street, CHINCHILLA QLD 4413
E info@cfsc.org.au
W chinchillacommunitycentre.org
P (07) 4662 8528

Chinchilla Community Centre's mission is to facilitate the opportunity for positive change within Chinchilla and surrounds through the provision of facilities, services and any other assistance designed to aid and support all members of the community, to promote improved socio-economic status and well-being within the population.

Chinchilla Cultural Centre
80-86 Heeney Street, CHINCHILLA QLD 4413
E sarah.mccrackan@wdrc.qld.gov.au
W wdrc.qld.gov.au
P (07) 4679 4000

For Cultural Centre bookings please contact Western Downs Regional Council, Chinchilla Customer Service Centre during business hours. For Cinema screening times please phone the Cinema Info Line 07 4662 7633

Dalby Family Support Assn
166 Cunningham Street, DALBY QLD 4405
E info@dalbyfamilysupport.org.au
W dalbyfamilysupport.org.au
P (07) 4669 8499
Dalby Family Support Association Inc is a free service funded by the Queensland Government Department of Child Safety, youth and Women to provide an accessible, confidential service to families in the Dalby community who find themselves in vulnerable situations and need immediate support. We pride ourselves in the long term support service we provide to the community.

Myall Youth and Community Network Centre

Cnr of Drayton St & Nicholson St, DALBY QLD 4405

E admin@mycnc.com.au

W mycnc.com.au

P (07) 4662 0152

A not-for-profit independent organisation which has been established by dedicated community leaders wanting to provide a one-stop range of services for social wellbeing within our community.

Tara Neighbourhood Centre

Tara Neighbourhood Centre, 49 Day Street, TARA QLD 4421

E centre@taranc.com.au

W taranc.au

P (07) 4665 3508

The front counter reception is provided by volunteers. These people give their time and expertise to assist the clients who access the numerous services that operate from and provided by the Neighbour

Community Halls**Bell Memorial Hall**

59 Wallace Street, BELL QLD 4408

E bellbunyacommunitycentre@gmail.com

W bellcommunitycentre.com.au

P (07) 4663 1087

The Bell Memorial Public Hall was established in 1917 and is located on the Bunya Highway in Bell. The hall is operated by the Bell Memorial Hall Inc Committee.

Brigalow Community Hall

Warrego Highway, BRIGALOW QLD 4412

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P 0427 652 176

The Brigalow Public Hall is located on the Warrego Highway in Brigalow and is managed by the Brigalow Public Hall Committee Inc.

Brigalow Public Hall Committee

Warrego Highway, BRIGALOW QLD 4412

E anros@bigpond.com.au

W wdrc.qld.gov.au

P (07) 4665 2195

The Brigalow Public Hall is located on the Warrego Highway in Brigalow and is managed by the Brigalow Public Hall Committee Inc.

Burncluith Community Hall

Burncluith School Road, RED HILL QLD 4413

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P 0428 220 897

This small rural hall is situated at 1038 Burncluith Road, which is approximately 22km north of Chinchilla and is operated by the Burncluith Memorial Hall Committee Inc. The hall has been used for many functions and meetings and is an ideal venue for anyone wanting to host a function in a quiet rural setting.

Burncluith Memorial Hall Committee

1038 Burncluith Hall Road, BURNCLUITH QLD 4413

E rbrahays@gmail.com

P 0428 220 897

This small rural hall is the ideal venue for anyone wanting to host a function in a quiet rural setting.

Cameby Community Hall

613 Cameby Road, CAMEBY QLD 4413

E camebyhall@gmail.com

W wdrc.qld.gov.au

P 0423 301 958

Cameby Hall is located on Cameby Road approximately 12km from Chinchilla and is run by the Cameby Hall Committee. It features Dining Space and a kitchen.

Chinchilla Creative Centre

9 Mutch Street, CHINCHILLA QLD 4413

E chinchillacreatives@gmail.com

P 0427 658 132

Currently Potters and Painters, Patchworkers and fibre art utilise the Facility on a regular basis.

Cooranga North Hall

43 Cooranga North Niagara Road, COORANGA QLD 4408

E cooranganorth@outlook.com

P 0400 336 472

The Cooranga North Memorial Hall is located on Niagara Road, Cooranga North and it has served its rural community for more than 100 years. Nestled in the foothills of the Bunya Mountains, the hall can easily accommodate up to 200 people.

Dalby Senior Citizens Hall

Cnr Condamine Street & Roche Street,
DALBY QLD 4405

E info@wdrc.qld.gov.au

P 0448 744 168

The Dalby Senior Citizens Hall is located on the corner of Roche and Condamine Streets and is managed by the U3A Dalby Inc. The hall is wheelchair & disabled accessible and has a serviceable kitchen with crockery and cutlery. There is a large air conditioned dance floor and two other air conditioned rooms suitable for exercise, meetings and parties.

Drillham Hall and Recreation Committee

E dandmmoore@hotmail.com

W wdrc.qld.gov.au

P (07) 4627 6264

The Drillham Hall is located at 20 Coates Street, Drillham and is managed by the Drillham Hall & Recreation Association Inc.

Dulacca Pioneers Memorial Hall

36 Glynn Avenue, DULACCA QLD 4425

E dulaccahall@outlook.com

P 0414 253 936

The Dulacca Pioneer's Memorial Hall is operated by the Dulacca Pioneer's Memorial Hall & Progress Association Inc.

Flinton Digger Memorial Hall

Grills Road, FLINTON QLD 4422

E info@wdrc.qld.gov.au

P (07) 4663 0804

A community hall

Glenmorgan RSL Hall

6 Godfrey Street, GLENMORGAN QLD 4423

E info@wdrc.qld.gov.au

P 0407 955 665

The Glenmorgan Returned Soldiers Memorial Hall is located in Godfrey Street, Glenmorgan and is managed by the Glenmorgan Returned Soldiers Memorial Hall Inc.

Hannaford Club

344 Hannaford Road, HANNAFORD QLD 4406

E hannafordclubsecretary@gmail.com

P (07) 4665 9225

Community Club hosting tennis, horse sports, pony club, patchwork and more!

Jimbour War Memorial Hall

2413 Dalby Jandowae Road, JIMBOUR EAST QLD 4405

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P 0429 954 892

Jimbour War Memorial Hall was erected in memory of those who served in conflicts in which Australia has been involved. The original Jimbour War Memorial Hall which was built to honour those who served in World War One was destroyed by a storm in 1949 and a new hall was built on the site.

Kaimkillenbun Hall

Sunnyvale, Delacy Street, KAIMKILLENBUN QLD 4406

E info@wdrc.qld.gov.au

P 0438 860 554

Community Centres, Halls & Facilities -
Community Halls - Community Halls.
Kaimkillenbun Hall

Kogan Memorial Hall

High Street, KOGAN QLD 4406

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P 0447 010 971

Kogan Memorial Hall is located in High Street Kogan on the Condamine Highway. The hall is managed by the Kogan and District Progress Association. Hall available for hire.

Lake Broadwater Hall

E rasmussenbroadwater@gmail.com

P (07) 4663 3555

Lake Broadwater Hall is located within the Lake Broadwater Conservation Park approximately 30km south west of Dalby and is managed by the Lake Broadwater Association.

Marble Street Arts Centre

Marble Street, DALBY QLD 4405

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

We provide services in the region.

Meandarra School of Arts Hall

Sara Street, MEANDARRA QLD 4422

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P 0488 776 400

Community Hall in Meandarra available for hire. Contains a Hall Space, a stage, a kitchen, a dining area and disabled access.

Miles Senior Citizens Hall

Murilla Street, MILES QLD 4415

E info@wdrc.qld.gov.au

P (07) 4627 1427

The Miles Senior Citizens Hall is located on the corner of Murilla Street and Corbett Drive, Miles and is managed by the Miles Senior Citizens Committee.

St Ruth Public Hall

Dalby Cecil Plains Road, SAINT RUTH QLD 4405

E struthhall@outlook.com

W wdrc.qld.gov.au

P (07) 4662 1710

The St Ruth Public Hall is located on the Dalby-Cecil Plains Road at St Ruth and is managed by the St Ruth Hall Committee. The hall has a supper room that will seat 60 people for meals around rectangular tables. The main hall has a superb dance floor that will accommodate up to 100 people. There are ceiling fans to keep the patrons cool. There is disabled access to the building.

Warra Public Memorial Hall

Warrego Highway, WARRA QLD 4411

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4668 1220

The Warra Memorial Hall is located on the Warrego Highway at Warra. The hall has a kitchen equipped with a dishwasher, crockery and cutlery, rectangular tables and chairs and seats approximately 300 people. There are ceiling fans and the building is wheelchair accessible and has a disabled toilet in the main body of the hall.

Yamsion Hall

Bunya Highway, YAMISON QLD 4406

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4663 4733

The Yamsion Hall is located on the Bunya Highway at Yamsion and is managed by the Yamsion Hall Recreation Grounds Association Inc. The hall has a kitchen with crockery and cutlery, square table and chairs to seat 100 people. There are ceiling fans and wheelchair access via a ramp and one disabled toilet in the female toilets.

General Community Facilities

Bell Bunya Community Centre

71 Maxwell Street, BELL QLD 4408

E bellbunyacommunitycentre@gmail.com

W bellcommunitycentre.com.au

P (07) 4663 1087

The Bell Bunya Community Centre is a multi purpose community facility providing community services such as health, tourism, culture, arts & crafts, hospitality, education and social services.

Community Lounge - Western Downs**Outreach Project Inc - Dalby**

Hunter Street, DALBY QLD 4405

E community@wdop.net.au

P 1800 990 364

Available upon request by calling 1800 990 364 or visiting us at 4 Alice St, Dalby

Dalby Post Office

130 Cunningham Street, DALBY QLD 4405

E customerservice@auspost.com.au

W auspost.com.au

P 13 13 18

Post office in Dalby, Queensland

Jandowae Post Office

31 George Street, JANDOWAE QLD 4410

E customerservice@auspost.com.au

W auspost.com.au

P (07) 4668 5110

Post office in Jandowae, Queensland

Jimbour Post Office

2434 Dalby-Jandowae Road, JIMBOUR QLD 4405

E customerservice@auspost.com.au

W auspost.com.au

P 0477 141 166

Post office in Jimbour, Queensland

Tara Hospital Auxiliary

15 Bilton Street, TARA QLD 4422

E jnlharristhegums9@gmail.com

P (07) 4665 3187

Tara Hospital Auxiliary

Warra Post Office

23 Thorn Street, WARRA QLD 4411

E customerservice@auspost.com.au

W auspost.com.au

P 0422 200 892

Post office in Warra, Queensland

Community Clubs & Interest Groups

Children & Youth Clubs

Blue Light - Chinchilla Branch

E chinchillabluelight@gmail.com

P 0402 266 536

Blue Light is a police youth program that promotes better relations between police, young people, their parents, and the community. The Blue Light - Chinchilla Branch delivers fitness and recreational activities, programs, and events in the local community and surrounding district.

Combined Churches Youth Group

3 Burbank Street, CHINCHILLA QLD 4413

E youthpastorkcofc@gmail.com

P (07) 4162 1358

CCYG (Combined Churches Youth Group) is a group for students in 7th-12th Grade. We want to connect with the youth of Kingaroy and the surrounding area through our love for God and unforgettable times. Combined Churches Youth Group in Kingaroy () Pure Awesomeness

Dalby Yumborra Scouts

15 Beck Street, DALBY QLD 4405

E dalbyyumborra@gmail.com

P 0428 777 967

Make new friends, have lots of fun. Games, camping, great outdoor activities

Edmund Rice Camps Queensland

E ercqld@edmundrice.org

W ercampsqld.org

P 0409 878 442

Edmund Rice Camps Queensland is a community based not - for - profit organisation, providing recreational activities for children, youth and families who may not otherwise have the opportunity. We deliver peer - mentoring programs supported by committed and passionate young adult volunteers with children who are referred to us by other community support organisations.

Police-Citizens Youth Club (PCYC) - Dalby

Cooper Street, DALBY QLD 4405

E dalby@pcyc.org.au

W pcyc.org.au

P (07) 4672 2400

The Queensland Police-Citizens Youth Welfare Association has made a valuable and positive contribution to the future of countless young people since it first began activities in 1948. Through the hard work of Police Officers, staff and thousands of caring volunteers and members of the community a tradition has developed that is unique to Australia.

Community Service Clubs

Australia Nova Romana

E australia.novaroma@outlook.com

W austnovaroma.wixsite.com

A national Roman living-history and education organisation providing a central community for the study of Latin language, exploration of ancient Roman politics and a safe network for members to explore and learn about the 'cultus deorum romanum', the religion of ancient Rome.

Bell RSL Sub Branch

4 Ensor Street, BELL QLD 4408

E pnhwattlegrove@gmail.com

W rslqld.org

P 0488 008 910

RSL Queensland is the largest ex-service organisation in Queensland, with 240 Sub Branches across 10 Districts, offering advice, support and camaraderie to all current and former Australian Defence Force members and their families.

Braille House

E coordinator@qbwa.org.au

W braillehouse.org.au

P (07) 3848 5257

Free lending Braille library. Braille House is a Not-for-profit organisation that transforms the lives of vision impaired people with by producing and giving access to reading material and other tactual resources through our extensive library of books, and much, much more.

Chinchilla RSL Sub Branch

61 Heeny Street, CHINCHILLA QLD 4413

E chinchillarslsb@bigpond.com

W rslqld.org

P (07) 4669 1111

Chinchilla RSL Sub Branch is a community based organisation supporting Veterans and their families.

Dalby Indoor Bowls Club

Uniting Church hall, 71 Condamine street, DALBY QLD 4405

E Johncasey@bigpond.com

P (07) 4662 2220

Indoor bowls is a game for all ages. It's a cheap fun night out. We play on a Tuesday night starting at 7:25pm at the uniting church hall in Condamine street.

Dalby Salvation Army

7 Alfred Street, DALBY QLD 4405

E dalby.corps@aue.salvationarmy.org

W salvationarmy.org.au

P (07) 4669 6393

The Salvation Army Australia is an international Christian movement, united by faith and giving hope where it's needed most.

Elders Jandowae

Stewart Street, JANDOWAE QLD 4410

E dg_jandowae@elders.com.au

W elders.com.au

P (07) 4565 4100

Elders has been a leading agribusiness in rural Australia since 1839 with a focus on helping people find success with their agricultural business.

Happy Snappers of the Downs

E wombat998@bigpond.com

P 0457 877 150

Happy Snappers of the Downs is a purpose founded group for people who are interested in photography. The group is joined by local photographers to love their photography as well as share images and information. The group is organizing outings and workshops for members and non-members within the community to learn the basic of photography and also to improve their skills.

Helping Hands Outreach Project

48 Cooper Street, DALBY QLD 4405

E helpinghandsdalby@gmail.com

P 0428 730 366

I saw a need in my community not met by others. Coming from a similar experience I knew how hard it was for single parents to make ends meet. My vision and that of the other mums that came on board was to provide help where needed most. A year down the track we can now provide them with emergency food boxes, clothing, baby essentials like nappies, food, lotions etc

Jandowae Lions Club

High Street, JANDOWAE QLD 4410

P 0447 414 907

When caring people join together, roll up their sleeves and take action to make their community better, it's a beautiful thing—and an incredible feeling for everyone involved. That's Lions.

Jandowae RSL Sub Branch

High Street, JANDOWAE QLD 4410

W rslwesterndistrict.org

P (07) 4668 5405

The Jandowae Sub Branch is part of the Western District of RSL Queensland.

Lions Club Chinchilla

E chinchilla@lionsq3.org.au

P 0407 053 317

We are about giving back to the community. We have fundraising functions and the money raised goes to local charities, helping those in need and supporting our youth.

Lions Club Of Dalby

11 North Street, DALBY QLD 4405

E dalbybrown53@gmail.com

P 0467 539 025

Lions Club of Dalby was chartered in 1959 and is a part of Lions Clubs International, the largest community service group in the world. We serve not only our local community but the wider national & international communities. Our 5 main pillars of service are to Disaster Relief, Sight Services, Environment, Hunger Relief & Youth Services. We meet twice monthly for fun & fellowship.

Miles and District Hospital Auxiliary

5-11 Colamba Street, MILES QLD 4415

E ailsagilmour@bigpond.com

P (07) 4628 5600

The Miles Hospital Auxiliary Inc. raises funds for the Miles Health Service & Milton House. In the last 60 years we have donated over \$590,000 worth of equipment & supplies.

Miles Local Ambulance Committee

48 Murilla Street, MILES QLD 4415

E kenton_5@bigpond.net.au

P (07) 4627 1344

LACs are an important part of our service and they perform a variety of functions, including raising awareness of ambulance services through community engagement activities; and fundraising to enhance QAS services such as funding further education or research opportunities for operational staff.

Miles QCWA

E qcwamiles@gmail.com

W qcwa.org.au

P 0438 274 291

Since 1922, the QCWA has been about women from all over Queensland coming together for many different reasons, whether it is about meeting new people, making new friends, learning new skills or getting involved in the community.

Miles R.S.L Sub-Branch

26 Marian St, MILES QLD 4415

E daveson5@bigpond.com

W rslqld.org

P 0427 695 140

RSL Queensland is the largest ex-service organisation in Queensland, with 240 Sub Branches across 10 Districts, offering advice, support and camaraderie to all current and former Australian Defence Force members and their families.

Tara Futures Group

19 Fry Street, TARA QLD 4421

E admin@tarafutures.com.au

P (07) 4665 3465

Tara Futures Group is a non profit organisation that works for the people of Tara to help the community. We are the voice of Tara to the Western Downs Regional Council.

Tara RSL (Qld) Sub Branch

26 Porter Street, TARA QLD 4421

E lauboa0@gmail.com

W rslqld.org

P 0418 899 819

The Returned and Services League of Australia (RSL) is a national network, comprising State Branches, District Branches and Sub Branches in each state and territory.

Wandoan Lions Club

E jter@bigpond.com

P (07) 4627 4938

Lions Clubs are a community service organisation where Lions volunteers work to serve the community through humanitarian projects. Lions raise funds for projects, or carry out hands-on projects when needed. Lions give back 100% of all funds raised to community projects.

Wandoan RSL

E pat.devlin@wandoan.rslqld.net.au

W rslqld.org

P (07) 4627 4475

We are the largest ex-service organisation in Queensland, providing practical support, assistance, advice and camaraderie to current and former Australian Defence Force members and their families across the state. We are able to do this through the funds generated by the world's most successful prize home lottery, RSL Art Union.

Employment Services

7, 8 Stuart Street, DALBY QLD 4405

E cathyy@ywcadswqld.org.au

P (07) 4662 3214

YWCA Australia is a leading national feminist organisation working towards a future where all women, young women and girls are equal, safe and respected. We advocate for women leading change, and fight for gender equality and women's rights.

Zonta Club of Dalby Area Inc

Orpen Street, DALBY QLD 4405

E zontadalby@gmail.com

W zontadistrict22.org

P 0408 877 464

The Zonta Club of Dalby Inc, Chartered in 1991, is active in the local community. The Club meets on the first Tuesday of each month at the Dalby Leagues Club at 6.00 pm for dinner at 6.15pm.

General Community Clubs

Apex Club Of Dalby

E dalby@apex.org.au
P 0429 966 872

Apex is a volunteer community service organisation that offers active Australians aged 18+ an opportunity to learn more about themselves, gain new skills, make new friends and help those in need.

Apex Club of Tara

Commercial Hotel, 35 Day Street, TARA QLD 4421

E tara@apex.org.au
W apex.org.au
P (07) 4697 5303

Apex is a volunteer community service organisation that offers active Australians aged 18 to 45 an opportunity to learn more about themselves, gain new skills, make new friends and help those in need.

Apex Club Of Wandoan

Juandah Hotel, Lawton Street, WONDOAN QLD 4419

E wandoan@apex.org.au
P (07) 4697 5303

Apex is a volunteer community service organisation that offers active Australians aged 18 to 45 an opportunity to learn more about themselves, gain new skills, make new friends and help those in need.

Bell Recreation Reserve Committee

Unit 4, 42 Cassidy Street, BELL QLD 4408

E info@wdrc.qld.gov.au
P 0408 827 436

Bell Recreation Reserve Committee

Bell Show Society Inc

Bell Showgrounds, Wallace Street, BELL QLD 4408

E bellshowsociety@gmail.com
W bellshowandrodeo.com.au
P 0407 321 871

Bell Show, Rodeo, and Ute show, cattle and horse events. Live entertainment.

Bunya Mts and District AmCom Inc.

15 Bunya Street, DALBY QLD 4405

E vk4bad@wia.org.au
W bunyaamcom.org.au

We are the local Western Downs Amateur Radio Club. If you're interested in radio communication and associated technology, please enquire! We are eager to share our knowledge with you and welcome you to join our Club. We are more than happy to assist you in getting licensed to talk on the air! We run a meeting every 3 months at MYCNC Dalby. Please check our website for more details!

Chinchilla Aero Club

Chinchilla Airport, Aerodome Road, CHINCHILLA QLD 4413

E theteam@chinchillaaeroclub.com
P 0408 193 337

We invite anyone with an interest in flying to contact us to become a member and enjoy discounted fuel prices at our registered and well equipped Chinchilla Aerodrome

Chinchilla Apex Club

Club Hotel, Railway Street, CHINCHILLA QLD 4413

E chinchilla@apex.org.au
W apex.org.au
P 0408 150 680

Chinchilla Apex Club is a fun loving social group of men and women aged 18 to 60 dedicated to serving the community whilst having fun, developing ourselves, and building life-long friendships.

Chinchilla Auto and Motor Group

17-33 Villiers Street, CHINCHILLA QLD 4413

E enquiries@critchautomotivegroup.com.au
P (07) 4669 1312

Catering for anyone with an interest in cars, bikes, engines, planes, trains and automobiles, drags, shows, rallying, speedway, circuit racing, hill-climb, drifting, whatever... We meet the first Wednesday of each month at the Chinchilla Museum at 7:00pm.

Chinchilla Floral Art Group

198 Cameby Road, CHINCHILLA QLD 4413

E ck.jack@bigpond.com
P (07) 4665 8119

Chinchilla Floral Art Group

Chinchilla Horticultural Society

22 Boonarga Inverai Road, CHINCHILLA QLD 4413

P (07) 4665 5555

Chinchilla Horticultural Society

Chinchilla Local and Family History Group

E gp6.taylor@gmail.com

P (07) 4668 9082

The ultimate aim of the group is to set up a Family History Centre in Chinchilla where researchers can access local archival material and have internet access to family history websites.

Chinchilla Probus Club Inc

E chinchillaprobust@gmail.com

P (07) 4662 7650

Fun, food and fellowship group for active retirees.

Chinchilla Sporting Shooters Association

E msm40060@bigpond.net.au

W ssaaqld.org.au

P (07) 4669 1149

Range Location: Approximately 2km east of Chinchilla on the Warrego Highway; turn right just past the Chinchilla Sports Centre.

Cooranga North QCWA

41 Cooranga North Niagara Road,
COORANGA QLD 4408

E g.mcl@live.com.au

P (07) 4668 0720

Since 1922, the QCWA has been about women from all over Queensland coming together for many different reasons, whether it is about meeting new people, making new friends, learning new skills or getting involved in the community.

Dalby and District Horticultural Society

164 Cunningham St, DALBY QLD 4405

E tonymcilveen00@gmail.com

P (07) 4662 4248

Dalby & District Horticultural Society

Dalby Aero Club Inc.

743 Cecil Plains Road, DALBY QLD 4405

E bruce.macdougall@commgroup.com.au

W dalbymodelaeroclub.com

P (07) 4663 7787

The DMAC is renowned in the aero modelling community as a club with excellent facilities and friendly atmosphere. Testament to this is the continued growth of events hosted by the Club.

Dalby Area Historical Motor Cycle Club of Queensland Inc

Windsor Hotel, Cnr Condamine Street & Patrick Street, DALBY QLD 4405

W hmccq.org.au

P (07) 4662 3339

The Historic Motor Cycle Club of Queensland (HMCCQ) is an enthusiasts' Club of more than 1200 members who take pride in keeping old motorcycles on the road.

Dalby Bowls Club

58F Patrick Street, DALBY QLD 4405

E dalbybowls@hotmail.com

W dalbybowls.bowls.com.au

P (07) 4662 2243

For the complete newcomer to lawn bowls, looking for a sporting activity that promises much in fun and enjoyment with a competitive element, then the friendly, welcoming atmosphere of Our Bowling Club will be the place to be.

Dalby Bridge Club

Bunya Street, DALBY QLD 4405

P (07) 4669 7371

Our club meets for social bridge twice a week on Tuesday nights and Friday mornings. We have players coming in each week from Chinchilla and Jandowae to play in our club, and we are always happy to welcome visitors who are passing through our town providing partners for them if needed.

Dalby Country Music Club Inc

Cnr Condamine Street & Roche Street,
DALBY QLD 4405

E blweier1@bigpond.com

P 0418 622 551

Dalby Country Music Club promotes country music and provides entertainment for the people of Dalby and district.

Dalby CWA Springvale

52 Cunningham Street, DALBY QLD 4405

E glenskirstenfeldt@bigpond.com

W qcwa.org.au

P 0488 288 959

Since 1922, the QCWA has been about women from all over Queensland coming together for many different reasons, whether it is about meeting new people, making new friends, learning new skills or getting involved in the community.

Dalby Feather Club

235 Blaxland Road, DALBY QLD 4405

E marionwanka@bigpond.com

P 0446 697 101

Community Clubs & Interest Groups - General
Community Clubs - General Community
Clubs. Dalby Feather Club

Dalby Indoor Bowling Association

24 Drury Street, DALBY QLD 4405

P (07) 4662 2220

Dalby Indoor Bowling Association

Dalby Leagues Club

Orpen Street, DALBY QLD 4405

E admin@dalbyleaguesclub.com.au

W dalbyleaguesclub.com.au

P (07) 4662 1433

The Dalby Leagues Club provides a modern and spacious venue with bar, dining, gaming and function facilities as well as a children's play area the benefit of members and their guests. We are committed, through the success of the Leagues Club, to foster the development of Rugby League and play an integral part in junior sports development in the Dalby region.

Dalby Masonic Lodge

24 Roche St, DALBY QLD 4405

E dcarline@bigpond.net.au

W uglq.org.au

P (07) 4662 2307

Freemasons are a diverse group of men from all walks of life, from many religions and many backgrounds. Becoming a Freemason is a commitment to develop your own potential, to values that see all humankind as equal, and to helping others in our community.

Dalby Mens Shed

17 Black Street, DALBY QLD 4405

E dalbymenshed@gmail.com

W mensshed.org

P 0458 447 124

The modern Men's Shed is an updated version of the shed in the backyard that has long been a part of Australian culture. Men's Sheds are found in many cities and towns around Australia and continue to spring up internationally.

Dalby Probus Club

8 Homebush Street, DALBY QLD 4405

E probusdalbyinc@hotmail.com

P (07) 4662 1036

Probus Clubs are clubs for retired or semi-retired people from all walks of life and may include business or professional people.

Dalby RSL Sub Branch

Shop 13, 10 Archibald Street, DALBY QLD 4405

E dalbyrslsubbranch@bigpond.com

W rslwesterndistrict.org

P (07) 4669 7992

Since its beginning in 1916, RSL Queensland has stood shoulder to shoulder with Queensland's Defence family. Over these past 103 years, we have proudly upheld our Objects. We are veterans helping veterans, united in our desire to champion the rights of all veterans.

Dalby Toastmasters

Myall Youth and Community Network Centre, 28c Nicholson Street, DALBY QLD 4405

E dalbytoastmasters2622@gmail.com

W toastmasters.org

P 0479 042 650

Increase self-confidence, gain leadership skills, learn public speaking, meet new people and have fun in a low-pressure environment at a pace that suits you. Feel free to just turn up or you can contact us by email at dalbytoastmasters2622@gmail.com

Dalby Welcoming Community Committee

Sydney Street, DALBY QLD 4405

E headstwo@bigpond.com

W dalbywcc.wordpress.com

P 0419 645 671

We do many things to make Dalby a welcoming community

Dogwood Motor and Auto Club

73 Murilla Street, MILES QLD 4415

E leskirby@bigpond.com

P 0427 272 129

Dogwood Motor and Auto Club is where you find out what is happening in the automotive or engine world in the Miles and District area.

Ingelstone Country Women's Association

E cwainglestone704@gmail.com

W qcwa.org.au

P (07) 3236 6419

The CWA is the largest women's organisation in Australia. Its aims are to improve the conditions for country women and children and to try to make life better for women and their families, especially in rural and remote areas.

Jandowae Bowls Club

94 High Street, JANDOWAE QLD 4410

E jbc107@bigpond.com

P (07) 4668 5207

Friendly club, visitors always welcome. Social mixed bowls Saturday afternoon. Ladies bowls Wednesday morning. Social mixed bowls Thursday Morning?

Juandah Rodeo Association Wandoan

E juandahrodeo@outlook.com

An action-packed day for the whole family watching some of Australia's best cowboys try and ride time. A licensed bar, food and stalls available. Evening entertainment Come and join in the fun!

Kaimkillenbun Indoor Bowls Club

P (07) 4663 4141

Kaimkillenbun Indoor Bowls Club

Miles and District Show Society

E milesshow@hotmail.com

W showday.online

P (07) 4627 1243

We are a small group of dedicated volunteers working tirelessly to make our local show great. If you would like to participate in the planning of the show, please feel free to join us at our regular meetings held on LAST THURSDAY OF EVERY MONTH at 7pm in Walsh Pavilion or volunteer on the FIRST SUNDAY of each month from 8am for our working bees.

Miles Bowls Club

Corner of Eleanor Street and Pine Street, MILES QLD 4415

E milesbowlsclub@gmail.com

P (07) 4627 1101

Miles Bowls Club offers a relaxed and friendly atmosphere that welcomes both bowlers and non bowlers.

Miles Regional Arts Council

E milesregionalartscouncil@gmail.com

W milesrac.org.au

P 0429 436 705

Miles Regional Arts Council Inc is committed to promoting the Arts in the Miles District in particular and the Western Downs Region in general.

Murilla Garden Group

E kate@kabosh.com.au

P 0418 528 432

The Murilla Garden Club was established in 1991 by a group of local ladies who shared a love and passion of gardening. It is a chance to share your knowledge and creativity with others and learn about gardening in our harsh climate. It's also about men and women, of all ages, coming together and socialising whilst also getting away, in many cases, from the stresses of farming and day to day life.

North Dalby Bowls Club

13 Eagle Street, DALBY QLD 4405

E nbdc@bigpond.com

P (07) 4662 3716

Family Friendly Club - Lawn Bowls - social Thursday Saturday & Sunday afternoons Friday night meals Poker Machines Members draw and multi draw raffle

Pelican Hall Association

Cow Pat Flats, Burra Burri Creek Road, PELICAN QLD 4413

E alanandelena@skymesh.com.au

P (07) 4517 1291

Pelican Hall Association

QCWA Chinchilla Branch

53-55 Heeney Street, CHINCHILLA QLD 4413

E qcwachinchilla@gmail.com

W qcwa.org.au

P (07) 3026 1220

Women from all walks of life are members of the QCWA and they join for a variety of reasons. The QCWA means something different to everyone and that's the way we like it. What bonds us is friendship and a strong desire to help others.

QCWA Condamine-Arubial Branch

4 Foster Street, CONDAMINE QLD 4416

E qcwacondaminearubial@gmail.com

W qcwa.org.au

P (07) 3236 6419

QCWA aims to improve the welfare of women and children especially in the country. Condamine-Arubial branch gets together monthly for meetings, craft and socialising. We support the local school through bursaries, donations and activities. Our small, well appointed hall in Condamine is available for hire.

Qcwa Jinghi Valley Branch

High Street, JANDOWAE QLD 4410

E sallymaunder@yahoo.com.au

W qcwa.org.au

P 0439 613 977

Since 1922, the QCWA has been about women from all over Queensland coming together for many different reasons, whether it is about meeting new people, making new friends, learning new skills or getting involved in the community.

Queensland Meals on Wheels Services Association Inc

E mowdalby@bigpond.com

W qmow.org

P (07) 4662 5230

We provide services in the Toowoomba Regional region.

Roma Historical Motor Club Inc.

E hello@rhmc.org.au

W romahistoricalmotorclub.com.au

P 0429 442 286

Our club is for those who are interested in historical motoring. We are an active and friendly club and support many community events with displays. We also organise social runs and other events for club members.

Rotary Club of Chinchilla

61 Heeney Street, CHINCHILLA QLD 4413

E johnno56@tpg.com.au

P 0439 703 476

The Rotary Club of Chinchilla is part of the Rotary Foundation and Rotary International. We meet most Tuesdays in each month at RSL Chinchilla. Contact 0439703476

Rotary Club Of Dalby

32 Patrick Street, DALBY QLD 4405

E dalbyrotary9620@gmail.com

W dalbyrotary.org

P 0428 696 176

Dalby Club has been helping the Dalby community for 83 years

Steaming On The Downs

E steamingonthedowns@gmail.com

P 0429 330 805

• A social organisation to encourage the preservation, restoration, promotion and displaying of steam engines and steam powered machinery; • To provide encouragement, support and education to the youth and the general public o Steam engine, steam powered machinery operation. o Model Engineering • To promote and provide support to other like-minded community groups and associations

Tara Bowls Club

1 Fry St, TARA QLD 4421

E tarabowl@bigpond.net.au

P (07) 4665 3329

The ideal venue for all types of functions & events with great rates, in-house catering, PA system & more

Tara Country Chatters Toastmaster

Masonic Lodge, Fry Street, TARA QLD 4421

E bluegrasstara1@bigpond.com

W toastmasters.org

P (07) 4669 2221

Country Chatters Toastmasters club is the only approved Toastmasters International club servicing the township of Tara and surrounding areas. Our members get together on the 2nd and 4th Thursdays of each month at the Masonic Hall in Fry Street. Our meetings help us to learn, improve and practice our speaking, management, leadership and meeting skills.

Tara Lioness Club

Tara Hotel Motel, 1 Baddleys Lane, TARA QLD 4421

P (07) 4655 3215

We are a group of community minded women (and men) working together alongside a Lions Club. Whilst the primary aim of Lionesses is to help others, it is not just about raising funds and providing community service, it is also about making new and lifelong friends, having FUN and being a member of a vibrant club.

Tara Masonic Lodge

54 Smallcombe Street, TARA QLD 4421

E tarahardware@hotmail.com

P (07) 4665 3216

Freemasons are a diverse group of men from all walks of life, from many religions and many backgrounds. Becoming a Freemason is a commitment to develop your own potential, to values that see all humankind as equal, and to helping others in our community.

Tara Pastoral Agricultural And Horticultural Show Society

Tara Showgrounds, Showgrounds Rd, TARA QLD 4421

E tarashowsec@gmail.com

P 0429 032 218

Annual Show and community related activities Show Society -runs annual show and at times activities that are community related Main activities relate to Other recreation and social club activity.

Tara Women's Show Auxilliary

6 Day Street, TARA QLD 4421

E thedeep@bigpond.com

P (07) 4665 3590

Tara Women's Show Auxilliary

Wandoan Golf Club

Golf Club Road, WANDOAN QLD 4419

P (07) 4627 5094

Wandoan Golf Club located at the Wandoan Golf Course

Wandoan Show Society Inc

E secretary@wandoanshow.com.au

W wandoanshow.com.au

P 0448 274 387

The Wandoan Show is an exciting two-day event, filled with fun for the entire family. The Wandoan Show has been proudly exhibiting the best of the area's people, produce, and creativity since 1951 . With competitions, rides and entertainment for all ages, the 2022 Wandoan Show will be an event not to be missed. We'll see you on April 1 & 2 for the 67th Wandoan Show!

Warra Race Club

161 Warra Kogan Road, WARRA QLD 4411

E warraraceclub@gmail.com

P 0488 222 982

Local Horse Racing Club holding annual events for patrons and horse races for the wider community.

Western Downs Friends Of The Library Association

23 Curtis St, DALBY QLD 4405

E president.westerndownsfolia@gmail.com

P (07) 4662 3489

The aims of the Friends of the Library are:-
- To serve as a link between the library and the community;
- To promote appreciation and awareness of the library's services and collections;
- To sponsor events and literacy activities to stimulate community awareness of the role of the library in the community;
- To provide support for Western Downs Libraries through practical assistance;

Wieambilla South Country Club

21 Billabong Lane, TARA QLD 4421

E WSCCclub@live.com.au

P (07) 4665 3166

The Wieambilla South Country Club is situated between Tara (25 Klm) and Chinchilla (50 Klm) off the Tara & Chinchilla Road. We have a Courtesy Bus that we require a fuel donation of \$10/head pick up and return. On Friday nights we have a pool comp and names in by 1830hrs on the night. On Saturday nights we have a members draw and every so often we have Theme nights, with Karaoke.

SES, Rural Fire, Lifesavers, Search & Rescue

Chinchilla Fire Station

20 Villiers Street, CHINCHILLA QLD 4413

E hayley_amber21@hotmail.com

P (07) 4596 9400

Chinchilla Fire & Rescue Station - Queensland Fire and Emergency Services (QFES)

Chinchilla SES

6 Bell Street, CHINCHILLA QLD 4413

E kevin.mizen@wdrc.qld.gov.au

W qfes.qld.gov.au

P 0427 768 278

Our local SES groups are a valued part of our community offering assistance during weather events as well as support for community initiatives and events.

Dalby Local Ambulance Committee

31 Geisel St, DALBY QLD 4405

W ambulance.qld.gov.au

P (07) 4698 5916

Do not call this number if you require medical assistance. In the case of an emergency, please dial 000.

Jandowae Fire Station

55 High St, JANDOWAE QLD 4410

P (07) 4662 5137

The SWR RFS supports over 7,300 volunteer firefighters in a geographically large area of approximately 400,000 square kilometres. The Region manages over 350 Rural Fire Brigades, with nearly 600 Fire Wardens through two Area Offices located at Toowoomba and Roma.

Jandowae SES

E SES.Jandowae@wdrc.qld.gov.au

P 0408 457 100

The Queensland State Emergency Service (SES) is a "not-for-profit, community, volunteer, emergency service organisation that is enabled by both State and local governments.

Meandarra Local Ambulance Committee

W ambulance.qld.gov.au

P (07) 4698 5916

Do not call this number if you require medical assistance. In the case of an emergency, please dial 000.

Miles Fire Brigade

46 Marian St, MILES QLD 4415

E Ray.Duncombe@wdrc.qld.gov.au

P (07) 4596 9400

The SWR RFS supports over 7,300 volunteer firefighters in a geographically large area of approximately 400,000 square kilometres. The Region manages over 350 Rural Fire Brigades, with nearly 600 Fire Wardens through two Area Offices located at Toowoomba and Roma.

Pelican Rural Fire Brigade

Cow Pat Flats, Burra Burri Creek Road,
PELICAN QLD 4413

E alanandelena@skymesh.com.au

P (07) 4517 1291

Pelican Rural Fire Brigade

Royal Life Saving Society Queensland Inc.

E admin@rlssq.com.au

W rlssq.com.au

P (07) 3823 2823

The Royal Life Saving Society Queensland Inc. provides training in CPR, First Aid, Bronze Medallion and Pool Lifeguard. They are the first step in attaining employment in the aquatic industry.

Tara Local Ambulance Committee

W ambulance.qld.gov.au

P (07) 4698 5916

Do not call this number if you require medical assistance. In the case of an emergency, please dial 000.

Tara SES

16 Fry Street, TARA QLD 4422

E SES.Tara@wdrc.qld.gov.au

W qfes.qld.gov.au

P 0488 443 563

The Queensland State Emergency Service (SES) is a "not-for-profit, community, volunteer, emergency service organisation that is enabled by both State and local governments. It shares its highly recognised name with States and Territory State Emergency Service (SES) organisations throughout Australia.

Crisis & Emergency Services

Abuse & Assault Services

Full Stop Australia

W fullstop.org.au

P 1800 424 017

Full Stop Australia offers free confidential, trauma specialist counselling for people of all genders who are impacted by violence and abuse, as well as their friends, colleagues and family members.

National Disability Abuse and Neglect Hotline

E hotline@workfocus.com

W jobaccess.gov.au

P 1800 880 052

Hotline to report concerns about abuse or neglect of a person with a disability.

Crisis Counselling & Intervention Services

Domestic and Family Violence Mensline

E mail@dvconnect.org

W dvconnect.org

P 1800 600 636

Mensline is a free, confidential telephone, counselling, referral and support service especially set up for men.

Domestic and Family Violence Womensline

E mail@dvconnect.org

W dvconnect.org

P 1800 811 811

Telephone counselling and refuge referral 24/7
Queensland wide DVConnect, Womensline.

Family Drug Support Australia

W fds.org.au

P 1300 368 186

Information, help and support for families
affected by drug use.

Healing Worlds

E healingworlds@aol.com

W quora.com

P 0432 985 981

Contact by SMS, or, make appointment online
via Facebook. First session free.

Lifeline - National phone service

W lifeline.org.au

P 13 11 14

Lifeline connects people with care by providing
Crisis Support; Suicide Prevention; Mental
Health Support.

Lifeline Gambling Help Toowoomba and South West Qld

E tcsadmin@tranquillitycareservices.org.au

W lifelinedarlingdowns.org.au

P 1800 975 252

1. Counselling for problem gamblers and/or
those impacted by the gambling of others.
Individual counselling, workshops, groups 2.
Community education: service providers,
community, venues.

National Cannabis Prevention and Information Centre

P 1800 304 050

The Helpline is a confidential information and
support line for cannabis users and friends
and family who are concerned about cannabis
use by those close to them. . We provide
counselling, information and referrals that will
assist you in your current situation. We will link
you to the most appropriate support services
and resources for your situation in your area.

Needle Clean Up Helpline

E info@thealbioncentre.org.au

P 1800 633 353

24 hour phone safe needle disposal advice.

Parents Beyond Breakup

E enquiries@parentsbeyondbreakup.com

W parentsbeyondbreakup.com

P 1300 853 437

Helping parents deal with the trauma of
separation; a major cause of suicide in
Australia. Support is available by phone,
LiveChat & email & website.

Suicide Call Back - National Phone Service

W suicidecallbackservice.org.au

P 1300 659 467

The Suicide Call Back Service is a 24-hour,
nationwide service that provides telephone
and online counselling to people 15 years and
over who fit one of the following categories:
People who are suicidal, people who are
caring for someone who is suicidal, people
bereaved by suicide or health professionals
supporting people affected by suicide.

**General Crisis and
Emergency Services**

Chinchilla Ambulance Station

68 Heeney Street, CHINCHILLA QLD 4413

P (07) 4698 5916

The QAS operates as a statewide service
within Queensland Health, and is accountable
for the delivery of pre-hospital ambulance
response services, emergency and non-
emergency pre-hospital patient care and
transport services, inter-facility ambulance
transport, casualty room services, and
planning and coordination of multi-casualty
incidents and disasters.

Chinchilla Police Station

Corner of Heeney Street and Bell Street,
CHINCHILLA QLD 4413

W police.qld.gov.au

P (07) 4672 9666

Every day the Queensland Police Service,
your police service, works tirelessly to ensure
the safety and security of the community.

Crime Stoppers Dalby Branch

E gracadge@bigpond.com

W crimestoppersqld.com.au

P (07) 4669 8664

Crime Stoppers Queensland Limited is a
registered charity and community volunteer
organisation that assists the general public to
help make a difference in solving and
preventing crime.

Dalby Family Support Assn

166 Cunningham Street, DALBY QLD 4405

E info@dalbyfamilysupport.org.au

W dalbyfamilysupport.org.au

P (07) 4669 8499

Family support service for families with children up to 18 years: general service information, advice and referral crisis information and referral personal and individual support - general personal, social and living skills development household management skills development family capacity building parenting skills development.

Dalby Neighbourhood Watch

Drayton Street, DALBY QLD 4405

W nhwq.org

P (07) 4669 9219

Encouraging individuals, families, businesses and neighbourhoods to work together to strengthen and connect our communities for a safe and secure Queensland.

Drought Angels

29 Malduf Street, CHINCHILLA QLD 4413

E admin@droughtangels.org.au

W droughtangels.org.au

P (07) 4662 7371

Drought Angels Ltd are a registered charity who support Australian farming families impacted by natural disasters such as drought, fire, flood, plague & cyclones. We provided financial assistance, hampers, care packs and support to farmers to ease their immediate financial stress and allow them to care for their families with dignity, allowing them to concentrate on their farming business.

Food Hamper Support Dalby - WDOP

4 Alice Street, DALBY QLD 4405

E shop@wdop.net.au

P 1800 990 364

Food Hamper Support - Food hampers Monday to Friday 10am - 2:30pm

Emergency Relief

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

Emergency Relief is available to provide financial support to clients.

Jandowae Ambulance Station

26- 28 Gerge St, JANDOWAE QLD 4410

P (07) 4668 5635

The Queensland Ambulance Service (QAS) is an integral part of the primary healthcare sector in Queensland through the delivery of timely, patient-focussed ambulance services.

Jandowae Police Station

34 George St, JANDOWAE QLD 4410

W police.qld.gov.au

P (07) 4668 5320

Every day the Queensland Police Service, your police service, works tirelessly to ensure the safety and security of the community.

LifeFlight Australia

E info@lifeflight.org.au

W lifeflight.org.au

P (07) 3037 2299

For more than forty years, RACQ LifeFlight Rescue has been Queensland's leading community helicopter rescue service delivering emergency response, critical medical care and hospital airlifts to seriously ill and injured people.

Lifeline Darling Downs And South West QLD Office

1 Patrick Street Dalby Qld 4405, 38B Patrick Street, DALBY QLD 4405

W lifelinedarlingdowns.org.au

P 1300 991 443

We provide services in the Toowoomba Regional region.

Miles Ambulance Station

48 Murilla Street, MILES QLD 4415

E qas.oicmiles@ambulance.qld.gov.au

P (07) 4627 1037

The Queensland Ambulance Service (QAS) is an integral part of the primary healthcare sector in Queensland through the delivery of timely, patient-focussed ambulance services.

Miles Police

32 Constance Street, MILES QLD 4415

E Pogan.ScottD@police.qld.gov.au

W police.qld.gov.au

P (07) 4627 1222

Every day the Queensland Police Service, your police service, works tirelessly to ensure the safety and security of the community.

Police Link

W police.qld.gov.au

P 13 14 44

Every day the Queensland Police Service, your police service, works tirelessly to ensure the safety and security of the community.

State Emergency Service (SES) - Dalby

Aerodrome Road, DALBY QLD 4405

W qfes.qld.gov.au

P 1300 369 003

The SES is a volunteer based organisation that is designed to empower people to help themselves and others in their community in times of emergency and disaster. EMQ (Emergency Management Queensland)

Tara Police Station

Sara Street, TARA QLD 4421

W police.qld.gov.au

P (07) 4665 3200

The Queensland Police Service (QPS) is always looking for better ways to serve the community and to keep the community safe. In an emergency please call 000.

Team Rubicon Australia

E info@disasterrelief.org

W disasterrelief.org

P (02) 8815 8113

Team Rubicon Australia unites the skills and experiences of Australian Defence Force veterans with first responders to rapidly deploy emergency response teams around the globe.

Welfare Assistance & Support Services

Centrelink Customer Service Centre - Dalby

34-36 Patrick Street, DALBY QLD 4405

W servicesaustralia.gov.au

P 13 24 68

Customer Service Centres See a Customer Service Adviser to help you with advice and assistance on the payments and services most suited to your needs.

Cultural and Migrant Services

General Cultural Groups

Dalby Filipino-Australian Community Association Inc. - Dalby

E DF_ACAI2014@yahoo.com.au

P 0417 469 132

The Dalby Filipino-Australian Community Association Inc. is a non-profit organization, established for the purpose of unity and directing its efforts towards attaining its objects.

Lapunyah Art Gallery

Lapunyah Art Gallery, 80-86 Heeney Street, CHINCHILLA QLD 4413

E lapunyah@outlook.com

P (07) 4668 9908

The Chinchilla White Gum (eucalyptus argophloia) was first identified in the Burncluth area. The Chinchilla Woodworkers have made 4 beautiful bench seats for the Art Gallery from the wood. The Art Gallery was opened 12th December 1999. It is managed by the Lapunyah Art Gallery Inc. Committee and is maintained by Volunteers. No paid workers.

Moonie Rural Transaction Centre

Lot 37, Leichhardt Highway, MOONIE QLD 4406

E moonie.rtc@wdrc.qld.gov.au

P (07) 4665 0189

Transforming Tindale is a thought-provoking journey into the Tindale collection, what it means to Aboriginal people and its place in Queensland's history.

Pioneer Park Museum

17 Black Street, DALBY QLD 4405

E pioneerparkmuseum@gmail.com

P (07) 4662 4760

Another exhibit well worth viewing is the very interesting collection of Aboriginal & Islander Artefacts, donated to the Museum by Mr Harold Hall.

Sager Consultants

E Info@sagerconsultants.com

P 0413 098 571

Torres Strait Islander Organisation providing culturally appropriate and language specific training, resources and community development and engagement. Open every day 9am-4pm.

Surat Aboriginal Corporation

E admin@suratabcorp.com.au

P (07) 4626 5288

The Surat Aboriginal Corporation (SAC) provides Indigenous communities in the Maranoa with programs in Culture and Capability, Safety and Well-being and School Readiness for children.

Tamil Association Queensland Inc

E nahila99@optusnet.com.au

P 0432 168 310

General Information about community members, worships places and governemnt and council support servcies information are provided.

Tara and District Historical Museum

3 Milne Street, TARA QLD 4421

E hreardon77@hotmail.com

P (07) 4665 3274

The Tara Historical Society houses much of our heritage ranging from a 1929 fire engine, to shearing memorabilia, Blue Moon picture theatre projection equipment and our authentic 1912 "Brauers" slab hut. It also contains Tara's original police station jailhouse and furniture from the original court house.

Toowoomba Tamil Association Inc

E twmba.tamil.association@gmail.com

W twmbatamil.com

P 0432 995 540

Toowoomba Tamil Association represents Tamil speaking people migrated from India, Sri Lanka, Malaysia and other parts of the world to promote language and build and maintain intercultural connections. We are also committed to provide community support such as community development, employment assistance and emergency relief programs. We also offer general and local advocacy services.

Wandoan Cultural Centre

6 Henderson Road, WANDOAN QLD 4419

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

The Wandoan Cultural Centre provides two fully air conditioned venue choices to cater to your event needs.

Migrant Services

Conversations in English - Chinchilla

86 Heeney Street, CHINCHILLA QLD 4413

E stark.zita.1@gmail.com

W westerndownslibraries.com

P 1300 268 624

An award-winner free charity program helping migrants integrate into the local communities of Dalby, Chinchilla, Miles & Tara. Holds regular meetings. Check WDRC Libraries website for more details.

Conversations in English Dalby

107 Drayton Street, DALBY QLD 4405

E dalby.library@wdrc.qld.gov.au

P 1300 268 624

An award-winner free charity program helping migrants integrate into the local communities of Dalby, Chinchilla, Miles & Tara. Holds regular meetings. Visit westerndownslibraries.com for more details.

National Resource Centre For Migrant Empowerment

E enquiries@nationalresourcecentre.org.au

W nationalresourcecentre.org.au

P 0478 054 020

NRCME is dedicated to improving the lives of vulnerable and precarious immigrants, with a focus on newly arrived immigrants in Australia. We offer an extensive set of services, community organization, and leadership development programs. Including job seeking support, acquiring safe and affordable housing, education and legal aid, health advice, and demonstrating services.

Disability Services

Carer Information

Kindship

E hello@kindship.co

W kindship.com.au

Kindship is a free digital social network for parents raising children with disabilities and specific needs. Meet, chat, and learn from like-minded parents on similar journeys. Download the Kindship app from the App and Google Play stores.

People With Disability Australia - Qantas Carer Concession Card

E qccc@pwd.org.au

W pwd.org.au

P 1800 806 769

Qantas Carer Concession Card is issued to people with significant support requirements who through a physical, sensory, intellectual, cognitive or psychosocial disability are unable to travel on the aircraft without the full time assistance of a carer. A person is eligible if they need to have one-on-one support when seated on the aircraft for assistance.

<http://pwd.org.au/services/qantas-card/>

Disability Accommodation Services

Link Community Services

E admin@linkcommunityservices.com.au

W linkcommunityservices.com.au

P 0406 565 251

Our NDIS Registered Disability Supports Services are here to help you achieve your GOALS! Our outstanding team of disability support professionals are ready listen and make sure you receive the disability supports and services you deserve. You can count on us to be beside you every step of the way. Call us today!

Queensland Disability Housing Coalition

P (07) 3391 3433

QDHC provides information about housing options available to people with a disability, but it is not a housing provider.

Shine Health Services - Chermside

E customerservice@shinehs.com.au

P (07) 3416 9704

Shine Health Services is a registered NDIS provider. We offer some of the best-personalized health and support care to our participants. Our team works closely with the family and the participant to design a care plan and deliver the support with respect, empathy, and compassion.

Vera Living

E jade.hayward@veraliving.com.au

W veraliving.com.au

P 0480 546 642

Vera Living are a luxury Specialist Disability Accommodation provider. Our friendly team are here to support you with every part of your SDA journey. From providing advice, to finding your home, helping you move and giving ongoing support in your Vera home, we are here throughout. Contact us to start your journey to luxury SDA today.

Disability Employment & Training Services

APM Disability Employment Services

88 Cunningham Street, DALBY QLD 4405

E dalby.es@apm.net.au

W apm.net.au

P 1800 276 276

APM's Disability Employment Services helps people with an injury, illness or disability find a job with a local Dalby employer. We also provide workplace modification, assessment, school leaver, and ongoing support services.

APM Disability Employment Services

67-71 Middle Street, CHINCHILLA QLD 4413

E dalby.es@apm.net.au

W apm.net.au

P 1800 276 276

APM's Disability Employment Services helps people with an injury, illness or disability find a job with a local Chinchilla employer. We also provide workplace modification, assessment, school leaver, and ongoing support services.

Max Solutions - Dalby

12/119 Cunningham Street, DALBY QLD 4405

W maxsolutions.com.au

P 1800 603 503

AALL Who's Eligible: All Job Seekers. MAX Employment has established a reputation for being a highly effective placement focused employment services provider. MAX utilises an integrated model of highly trained Placement Consultants Allied Health Professionals and Trainers to ensure our clients are provided with the best possible support to achieve sustainable employment outcomes.

Disability Information & Counselling

NDIS Plan Management

E info@completemoney.com.au

W completemoney.au

P 1300 161 489

At Complete Money Management we are your local NDIS Plan Manager, we are a registered provider who is here to assist in all your plan budget needs and to help you navigate the complex system.

Early Intervention Advisory and Planning

E healingworlds@aol.com

W amazon.com

P 0432 985 980

Early Intervention from Autism Advisory service for families and mothers groups embarking on early intervention planning.

Kristalee's Counselling For You

E counselling4u@mail.com

P 0421 695 062

Autism specialist counselling and support
Autism specialist in home support, and community access support workers.
Professional social skill's programs Behaviour consultancy NDIS participants welcomed

Limbs 4 Life

E info@limbs4life.org.au

W limbs4life.org.au

P 1300 782 231

Limbs 4 Life is the peak body for amputees in Australia and was founded as an incorporated charity in 2004. Limbs 4 Life provides services to thousands of amputees and their care givers, who rely on the programs and services for assistance prior to, or after a limb amputation.

My Virtual Support Coordinator

E info@myvirtualsc.com.au

W myvirtualsc.com.au

P (03) 9077 1448

My Virtual Support Coordinator works as an online service provider. Our mission is to change the way Support Coordination is managed by creating a simple, clear and manageable plan for NDIS Participants. No travel costs. Direct access to online tools. Simple billing options to suit your needs. Access to experienced staff.

Queenslanders with Disability Network

E qdn@qdn.org.au

W qdn.org.au

P (07) 3252 8566

Queenslanders with Disability Network is an organisation of, for, and with people with disability. Our motto is "nothing about us without us."

Therapy Connect

E clientservices@therapyconnect.com.au

W therapyconnect.com.au

P 1300 757 806

Therapy Connect provides flexible, person-centred allied health supports via telepractice for people who experience disability or delay in development that affects their participation at home, in the community, in childcare, education or the workplace.

Your Story Disability Legal Support

E yourstorydisability@legalaid.qld.gov.au

W yourstorydisabilitylegal.org.au

P 1800 771 800

Your Story Disability Legal Support empowers people with disability to safely share their story with the Disability Royal Commission and connect with local support services. We work in partnership with communities to deliver a person centred, trauma-informed and culturally safe legal service.

Disability Respite and Activity Centres

Yadah Care Services

W yadahcareservices.com.au

P 0466 986 761

General Disability Services, Respite Care, Disability services for SIL and MTA under the NDIS. Open from 8am -4pm.

General Disability Services

Ability Consultants

E info@abilityconsultants.com.au

W abilityconsultants.com.au

P 1300 694 625

We create freedom and social connection for people with disability through easy access to Positive Behaviour Support. We support NDIS participants throughout Australia, including Sydney, Brisbane, Melbourne, Perth, Adelaide, Hobart and regional Australia.

Abito Care and Support Services Pty Ltd

E info@abitocare.com.au

W abitocare.com.au

P 0476 027 987

Abito Care and Support Services Pty Ltd currently trade as an unregistered NDIS provider and our NDIS registration application is underway. We provide NDIS services to self-managed and plan-managed NDIS providers of all ages as well as private in-home care services to aged (65+ years) customers across Dalby, Toowoomba/Darling Downs, Ipswich/Brisbane, and Gold Coast/Sunshine Coast.

Acorn Stairlifts - All Queensland

E adoherty@acornstairlifts.com.au

W acornstairlifts.com.au

P 1800 158 676

An Acorn Stairlift gives you a safe, comfortable and simple way to get up and down your stairs. Each Acorn Stairlift is tailor-made to suit your individual home and lifestyle. Suitable for Permanently Injured, Aged, Disabled, Adults and Children. If stairs are difficult - we can assist. Stay in your home, your community, with your adored carers. Available under NDIS, My Aged Care, CHSP, DVA.

Aussie Life Care Australia

E connect@aussielifecare.com.au

W aussielifecare.com.au

P 1800 252 435

ALC provides a wide range of disability services. The prime aim of our service to make positive impact to the people who lives with disability. With the help of ALC, the participants can achieve better quality of daily life by improving their social skills through community participation.

Blue Iris Support Services

E enquiries@blue-iris.com.au

W blue-iris.com.au

P (07) 4602 0728

Blue Iris is able to deliver a wide range of disability services to suit your needs.

Boomaroo Plan Management

E admin@boomarooplans.com.au

W boomarooplans.com.au

P 0492 853 012

Assisting Others Inspires Us We ensure your needs and preferences are understood and respected whilst managing the quick processing of payments so that your Service Providers can focus on YOU! We make you our Sole focus and assist you in embarking on your NDIS Journey and are always happy to answer any of your questions. Give Boomaroo Plans a call today !

Capital Gaurdians Plan Management

W capitalguardians.com

P (03) 9008 9992

Capital Guardians is a Plan Manager throughout Australia.

Care Squared

E info@caresquared.com.au

W caresquared.com.au

P 1300 632 639

Allied Health Supports, Employment Supports and Group Therapies

Carefree Solutions

E kylie@carefreesolutions.com.au

P 0400 870 281

Carefree Solutions provides in home services both NDIS and home care package participants in the South Burnett Region. Nursing services: wound care, continence assessment , catheter insertion and care. Diabetes management. Palliative care, and comprehensive nursing assessments and care planning. Domestic, shopping and hygiene assistance with meal preparation

Complex Support Coordination

E sam@complexsupport.com.au

W complexsupport.com.au

P (08) 9467 7333

High quality, results oriented NDIS Support Coordination and Psychosocial Recovery Coaching services. I get the NDIS to work for you!

Confidence Club

W confidenceclub.com.au

P 1800 861 199

Australian-owned NDIS approved direct supplier of products for managing incontinence - and an award winning customer support team. We have bladder leakage pads, pull-up pants and nappies for youth and adult that are more sustainably made in our European factories, perform reliably and great value. Trusted by many thousands of Australians for fast and discreet delivery to their doors everywhere.

Connect Direct Care And Coordination

E Cameron@connectdirectcare.com.au

W connectdirectcare.com.au

P 0493 655 415

Support Coordination Mental Health Recovery Coach Community Access Supports Daily activities Capacity Building supports Support to connect with the NDIS Transport Respite support Short a term Accommodation Case Management Support

Disability Enquiry Hotline

E disability@online.telstra.com.au

W telstra.com.au

P 1800 068 424

Telstra Disability Services Centre offers a free advisory service for persons who have difficulty using their telephone, such as difficulties hearing the telephone ring, hearing the caller, holding the receiver, voice projection or reading the dial.

Disability Health Support Australia

E doroathy@disabilityhealthsupport.com.au

W disabilityhealthsupport.com.au

Excellent medical and hospital care are everyone's right. NDIS, mental health and aged patients often find that their disability means they experience problems getting the healthcare they need. We case manage your healthcare.

National Disability Health Support Australia

E doroathy@disabilityhealthsupport.com.au

W disabilityhealthsupport.com.au

P 0421 011 430

Support for NDIS participants whose health or healthcare is limiting their independence or capacity.

Personal Care (Disability Service Provider)

E prakash@dtccare.com.au

W dtccare.com.au

P 0426 803 524

Core Supports that enable participants to complete activities of daily living. We assist participants by assisting them to achieve their goal of completing daily personal activities, and Assistance with Travel/Transport Arrangements. Assistance in participation in community, social and civic activities.

Epilepsy Action Australia

E epilepsy@epilepsy.org.au

W epilepsy.org.au

P 1300 374 537

Epilepsy Action Australia provides support, information and innovative services to those living with and affected by epilepsy across Australia. We offer world-class education and support services nationally, with a determined commitment to deliver equitable and consistent services to all Australians regardless of where they live.

Ethical Caring Group - Laidley

E hello@ethicalcaringgroup.com.au

W ethicalcaringgroup.com.au

P (07) 4580 1290

ECG is an NDIS registered provider. We provide Support Coordination and Recovery Coaching support under the NDIS. Our staff are highly experienced and we are committed to providing high level, person-centred supports that focus on your individual needs. We specialise in complex mental health, ASD, ABI, Intellectual and Physical disability. We look forward to hearing from you.

Grow Your Impact

E growyourimpact@outlook.com

W meaningfulbehaviour.com

P 0432 315 939

Registered NDIS Provider of Positive Behaviour Support for people with behaviours of concern. Services are available from Brisbane to Far North Queensland and the Northern Territory and include positive behaviour support plan creation and implementation for NDIS participants and clients of residential aged care.

HiCom Care - NDIS Plan Manager

E Admin@hicomcare.com.au

W hicomcare.com.au

P 0480 305 919

HiCom Care is Australia's most dynamic NDIS registered Financial Plan Management service provider for people from CALD backgrounds. We are an enthusiastic, young, and friendly team passionate about delivering A-Grade services to our clients nationwide. We handle the day-to-day financial tasks that come with our participants' plans and help them to keep track of their funding balance.

Holistic Home Care - Caring with Compassion

E info@holistichomecare.com.au

W holistichomecare.com.au

P 1300 942 008

Holistic Home Care is a registered NDIS provider which means you can use your NDIS funding to access your services and supports from us. We listen to you, allow you to have more choice and control and provide flexible care. Our main goal is to maintain independence and enhancement of well-being

Hub Community Network Inc

E hub@burnett.net.au

W hubdisabilitysupport.org.au

P (07) 4168 3255

Hub Community Network's goal is to provide a responsive, flexible and effective service that enhances the quality of life for people with disabilities and their families.

I Hate Cooking

E info@ih8cooking.com.au

W ih8cooking.com.au

P 0410 526 477

As an NDIS registered provider around the country, we are proud to be able to provide a viable option to the many food delivery services available to participants. Our cooks are chosen because they have a heart to serve in the community. We look forward to making healthy nutritious food in your kitchen

Impact Career Counselling and Personal Development

E alison@impactcareer counselling.com.au

W impactcareer counselling.com.au

P 0405 179 479

NDIS Registered service provider of therapeutic support, improved daily living skills, and individual counselling. Personal development areas including interpersonal communication; overcoming social isolation; developing decision making skills; coping with life changes; self awareness and confidence building; support and mentoring for living independently.

NDIS Kickstart your plan

E support@ndism.com.au

W ndism.com.au

P 1800 954 559

Working with ISM, we can help you Kickstart Your Plan and your NDIS journey so you get the most out of your funding.

Interactive Support Services

E wendycheney@interactivesupportservices.com.au

Independent Support Coordinators - NDIS Registered Provider

NDIS Plan Management

E mailbn@justbettercare.com

W justbettercare.com

P (07) 3056 0777

Local & Collaborative Plan Management - choosing Just Better Care Brisbane North & CBD as your NDIS Plan Manager can save you hours of time and endless admin. We help manage your funding found in your NDIS plan and pay service providers who give you supports.

Leap In! Australia (National Service)

E crew@leapin.com.au

W leapin.com.au

P 1300 057 878

A Not-For-Profit financial intermediary service that provides both participants and disability supports providers with a wide range of additional benefits and support.

Linq Support LTD and Amazing ProCare**E** manager@linqsupport.com.au**W** amazingprocare.com.au**P** 0400 277 257

Linq Support Limited and Amazing ProCare QLD, have extensive experience in the disability and aged care industry, are committed to providing exceptional care tailored to the unique needs of NDIS and Home Care Package participants and their families. They operate within the NDIS Practice Standards and Code of Conduct, ensuring every client is treated with respect and dignity.

Love 2 Live Disability Services**E** info@love2livedisability.com.au**W** love2livedisability.com.au**P** (07) 4163 6808

Love 2 Live Disability Service offer a wide range of services for people living with disability. Services include: SIL, Community Access, Assistance with Transport, In home support, STA and Support Coordination. We have an amazing team of support workers that will help you achieve your goals and live your life to its fullest potential.

Manage It**E** info@manageit.com.au**W** manageit.com.au**P** (08) 9380 0271

We provide specialist services and innovative online tools for the management of individualised funding in the disability, community, and mental health care sectors.

Me Plus More**E** hello@meplusmore.com.au**W** meplusmore.com.au**P** 0405 905 610

Me Plus More is an online platform specifically designed to inspire and empower people with intellectual disability or cognitive impairment to take those much-needed steps towards reaching their goals and independence. It has been designed in both English and easy read English to give members the tools and resources to assist in learning independent living skills.

Multicap**E** customerservice@multicap.org.au**W** multicap.org.au**P** 1300 135 886

Multicap is a not-for-profit organisation supporting individuals of all ages living with disability. Operating for almost 60 years, Multicap is one of the most highly regarded disability service providers in Queensland and northern New South Wales offering individual and group day programs, supported employment, short-term accommodation (respite), social support and much more.

My Mobile Plan Manager**E** mymobileplanmanager@gmail.com**P** 1800 519 716

Registered NDIS Plan Management Service Provider and Fellow Certified Practising Accounting (FCPA) with over 25 years experience in accounting and bookkeeping to assist participants with managing their NDIS funds.

My Plan Assist**E** info@myplanassist.com.au**W** myplanassist.com.au**P** (07) 5641 2277

The simple solution to managing your NDIS Funding. My Plan Assist is a registered provider of plan management services for children, young people & adults with disabilities under the NDIS. They offer caring & personalised support to simplify NDIS plan management, offering more flexibility and control with less stress. Get the support you need so you have more time to focus on your NDIS goals.

My Plan Manager**E** enquiry@myplanmanager.com.au**W** myplanmanager.com.au**P** 1800 934 170

My Plan Manager is Australia's largest plan management service – we take the stress out of the NDIS. We can process your NDIS invoices, reduce time-consuming paperwork, and support you to quickly and simply track your NDIS plan spending. We can also work with you to maximise your NDIS plan and ensure it includes the important items that really make a difference to achieving your goals.

MyCareSpace**W** mycarespace.com.au**P** 1300 288 893

An online connections service helping NDIS participants to connect with verified local service providers with immediate appointments available.

MyIntegra Plan Management - QLD**E** engagement@myintegra.com.au**W** myintegra.com.au**P** 1800 696 347

Let us guide you on your NDIS journey with plan management in Queensland (QLD) • Pay providers fast • Claim funds from NDIA • Track your budget online, 24/7 • Advice to maximise your plan • Choice and control • Reserve funds for chosen providers • Quick online sign up • Registered Plan Manager

MyIntegra Support Coordination - QLD**E** enquiries@myintegra.com.au**W** myintegra.com.au**P** 1300 937 187

Get value from your NDIS plan with expert help to connect you with local supports in Queensland (QLD) • Help to understand your plan • Registered Support Coordinator • Build your independence • All levels of disability including complex needs • Prepare for plan reviews • Navigate the NDIS

National Relay Disability Phone Service**E** helpdesk@relayservice.com.au**W** accesshub.gov.au**P** 1800 555 660

The National Relay Service is a national telephone system for people who have difficulty hearing or speaking on a regular telephone. Information, training and referral is available locally or via the

NDSP Plan Managers - QLD**E** info@ndsp.com.au**W** ndsp.com.au**P** 1800 636 377

As an NDIS Plan Manager we assist you on your NDIS journey by paying your supports to providers from your NDIS funds. NDSP allows you to live your life while we manage your claims, payments and administration of your NDIS budget.

Oak Tree Alliance Support Coordination and Specialist Support Coordination**E** admin@oaktreealliance.com.au**W** oaktreealliance.com.au**P** 0498 498 405

Oak Tree Alliance offers expert support coordination services, ensuring seamless access to NDIS support. Our specialists empower individuals with tailored plans, advocate for their needs, and enhance overall well-being. Trust us to navigate the complexities and optimize your NDIS journey.

Pacify Plan Management**E** hello@pacify.com.au**W** pacify.com.au**P** 1800 959 344

Pacify Plan Management is registered by the NDIS to provide plan management services to participants Australia-wide.

NDIS Plan Management**W** pathwaystocare.com.au**P** 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you. We love getting to know you to help you achieve your goals and connect you to your community!

Peak Plan Management**E** info@peakplan.com.au**W** peakplanmanagement.com.au**P** 1300 732 324

We offer you the assistance of a team of experienced accountants and NDIS experts to help you maximise the value of your plan whilst removing the stress and administrative burden. All with the benefit of a local person you can talk to anytime who knows your personal story and is focused on helping you maintain choice and control.

Plan Partners**E** rollie.pontigon@planpartners.com.au**W** planpartners.com.au

As Australia's leading provider of services that support NDIS participants, we will maintain our passion and commitment to helping people with disabilities to get the most out of their NDIS plans and realise their goals in life. Lives will be changed because of the services we provide.

Plan Partners - QLD

E info@planpartners.com.au

W planpartners.com.au

P 1300 333 700

Plan Partners assist people navigate accessing NDIS, pre-planning for NDIS Meeting, community education, Plan Management and Support Coordination.

Provider Choice Plan Management

E hello@providerchoice.com.au

W providerchoice.com.au

P 1300 776 246

With all your NDIS in the one place, you can achieve your goals, budget easily, and take control of your plan.

Quality Lifestyle Support Pty Ltd

E admin@qualitylifestylesupport.com

W qualitylifestylesupport.com

P (07) 4659 5476

At Quality Lifestyle Support we value each individual's needs and so have implemented a list of services that will provide support, with a greater quality lifestyle.

Queensland Support Services and Solutions

E admin@qsss.com.au

W qsss.com.au

P (07) 5543 6757

Promoting Independence and Quality of Life by Providing In-Home and Community based supports to people with physical disabilities throughout Qld QSSS provides its In-Home and Community Access supports to people who have a physical disability from ages 10 - 100 and registered with the National Disability Insurance Scheme (NDIS)

RAWR Support Services

E admin@rawrss.com.au

W rawrss.net.au

P (07) 4600 0611

RAWR Support Services are a Registered NDIS Provider based in Toowoomba and Warwick, also servicing surrounding areas including; Allora, Clifton, Dalby, Chinchilla, Miles, Roma, Stanthorpe, Wallangara, Tenterfield, Goondiwindi & Moree. We provide: Support Coordination, Support Services, Supported Independent Living, Home & Garden Maintenance, Interpreting, Auslan & Home Care Packages.

Recovery Plus Support

E referral@recoveryplussupport.com.au

W recoveryplussupport.com.au

P 1800 512 281

Recovery Plus Support is a registered NDIS provider specialising in services for participants with a Psychosocial Disability. We are best known for our Recovery Coaching service and also specialise in: - Social and Community Participation - Support Coordination - Capacity Building - In-home Care We are an Australian company and provide our services Australia-wide.

Reel Keen Powerchair Fishing

E robert@reelkeen.com

W reelkeen.com

P 0418 128 749

NDIS registered suppliers of Power Wheelchair fishing rod holders and camera attachments. Turn Your Power Wheelchair into a game fishing chair, in just minutes !!!

Shine Home Support

E admin@shinehomesupport.com.au

W shinehomesupport.com.au

P 0420 282 832

Shine Home Support offers tailored Level 1 and Level 2 NDIS Support Coordination to Self and Plan Managed NDIS Participants

Sky Plan Management

E info@skyplanmanagement.com.au

W skyplanmanagement.com.au

P 1300 103 787

Are you looking for a highly responsive and personalised service from your NDIS Plan Manager? We offer a budget Dashboard for real-time info on your budget balances, quick and accurate payments to your providers, and our friendly team are highly responsive to your queries. Call us today on 1300 103 787.

Specialised Plan Management

E Intake@specialisedplanmanagement.com.au

W specialisedplanmanagement.com.au

P (07) 3317 8344

Specialised Plan Management aim to take the financial burden of managing the payment and the necessary tracking of Plan Management Expenses against the NDIS budget. Simply put "It's like having a book keeper for your NDIS Plan". We not only have the financial accounting experience but can also draw upon over 20 years of experience within the Disability Sector.

**Specialist Support Coordination
Queensland**

E lyddia@grayssupportservices.com.au
P 0460 641 714

Providing Specialist Support Coordination for participants with complex needs. Highly experienced in health, justice, challenging behaviors, service provision breakdown.

The Aquaponics Lady

E ask@theaquaponicslady.com
W theaquaponicslady.com

Empowering independence for those living with disabilities with an interest in gardening and fish, where you don't need to dig. This online, self paced program created by an NDIS participant with lived experience with autism, PTSD and anxiety for other participants to improve life skills and build capacity in your own safe space. Develop your skills at your own pace. Self & plan managed

**The Aussie Hands Foundation Inc -
Melbourne**

E info@aussiehands.org
W aussiehands.org

Aussie Hands (ii) supports children and adults who have been born with a hand difference or have an acquired hand injury; (ii) provides opportunities for networking and exchange of information; and (iii) supports research initiatives focussing on hand differences

The Good Meal Co

E agedcare@goodmeal.com.au
W goodmeal.com.au
P 1800 155 255

The Good Meal Co is dedicated to spreading the joy of food across Australia to those in need of the tastiest care meals, home delivered so they can eat, feel and live better.

The Happy Giraffe

E claire@thehappygiraffe.com.au
W thehappygiraffe.com.au
P 0409 026 230

* Offers a wide range of Sensory Products - Autism, ADHD, Sensory Processing, Anxiety.... * A safe space for people to look, touch and feel products to suit their sensory needs. * Committed to supporting our Neurodivergent and wider Community

The Kids Coach - National

W thekidscoach.tv
P 0478 437 368

The Kids Coach is an on-demand channel developed by an Occupational Therapist and Personal Trainer to get your child up and moving with fun, regular fitness programming in the comfort of your own home.

Busy Bees Support Coordination

E admin@busybeessupport.com.au
P 1800 934 155

Welcome to Busy Bees Support Coordination. We can inspire more NDIS participants to build better futures and we are available in Toowoomba, Ipswich, Robina

Thinkwise Disability

P 0478 254 112

THINKWISE Disability offers valuable disability support services all across Australia. Our mission is to empower people with disability and long-term health conditions to unlock their potential through engagement, education and employment to become self-sufficient and participate in their communities.

Total Support Services (QLD)

E info@totalsupportservices.com.au
W totalsupportservices.com.au
P 1800 800 877

At Total Support Services, we deliver personalised support services for over 700 people with disability nationwide. We recognise that everyone is unique, so your support should be too. We offer SUPPORT COORDINATION, IN-HOME SUPPORT, PLAN MANAGEMENT, RESPITE + MORE! Everything tailored to your wants and needs, with 24-hour response available to all clients, so you can always count on us.

Unique Quality Care

E admin@uniquequalitycare.com
P (07) 4972 3300

Unique Quality Care offers affordable, tailored support for people with disabilities

Wacol Disability Services

W dcssds.qld.gov.au
P 13 74 68

The Department of Communities, Child Safety and Disability Services helps people with a disability and their families to access a range of supports and services they need as they move through the diff

Waminda - Dalby

19 Patrick Street, DALBY QLD 4405

E services@wamindaservices.org.au

P (07) 4662 1434

Specialists in disability services for people of all ages, from babies through to adults. We provide services including respite, accommodation and employment placement as required by individual clients.

XYX Syndrome Association of Australia Inc.

E xyyaustralia@gmail.com

W xyyaustralia.org

P 0427 064 157

Mission Creating awareness for XYX Syndrome by obtaining and providing the latest research for XYX families and the community. Networking with government services, medical specialists, general practitioners and educators to create a better understanding for XYX Syndrome. Our focus is helping the community have a positive understanding of XYX Syndrome and give support to those who need it.

Standard and High Intensity Level Support Worker Services - In Home

E info@youfirstservices.com.au

W youfirstservices.com.au

P 1300 525 656

Standard & High Intensity Level Support Worker Services - In Home

Your Plan Manager

E plan@ypm.com.au

W yourplanmanager.com.au

P 1800 968 775

We provide Registered NDIS Plan Management Services Australia-wide. Our passion is offering you, your family, carers and providers with an access to expert and personal advice for the life of your NDIS plan.

ZAFU support coordinators

E hello@zafu-liza.com

P 0427 944 465

NDIS support coordination Service in the darling downs area.

Special Education Programs

Chinchilla State School

34-40 Bell Street, CHINCHILLA QLD 4413

E principal@chinchilss.eq.edu.au

W chinchilss.eq.edu.au

P (07) 4672 9222

A special Education Unit known as the Adjusted Curriculum Extension and Support Unit (ACES) caters for a wide range of special needs and disabilities.

Dalby South State School

Cnr Owen and Bunya Streets, DALBY QLD 4405

E principal@dalbsoutss.eq.edu.au

W dalbsoutss.eq.edu.au

P (07) 4672 3888

Our special education program (SEP) caters for children from birth to year 6 who have a diagnosis of low incidence disabilities including: intellectual, physical, hearing, visual and speech language impairments as well as students in the Autistic spectrum range including Aspergers syndrome or Pervasive Developmental Delay.

Miles State School

Corner of Pine and Constance Streets, MILES QLD 4415

E principal@milesss.eq.edu.au

W milesss.eq.edu.au

P (07) 4628 0333

We provide support services to students identified with disabilities and provide modified educational plans, developed in conjunction with both parents and teachers, to help these students access the curriculum to the best of their ability.

Red Hill SPEC S - Early Childhood Development Program

W education.qld.gov.au

P (07) 3291 9333

A Special Education Program for Birth to Prep. Information provided by the Queensland Government Open Data Initiative.

Education

Adult Education

Australian Training Institute

E admin@atiaustralia.edu.au

W atiaustralia.edu.au

P (07) 3269 5005

The "Australian Training Institute (ATI) Pty Ltd" specialises in First Aid; Security; Working at Heights/Confined Space; Safety (WHS); Fire; Mining; and Business. Our honesty, integrity and professionalism along with our broad expertise and technical training have positioned the company as one of the top providers in Australia.

Mental Health First Aid Training

E futuretraining4u@gmail.com

W stepbystep.training

P 0488 171 500

Mental Health First Aid - Training - Support - Fully Accredited & Professional Courses - Available to suit Individuals, Groups, Organisations, Companies, Government Departments, Military & Civil Emergency Agencies, Business Management & Employees, Volunteers.

Lifelong Learning Council Queensland

E secretary@llcq.org

P (07) 3844 8400

Lifelong Learning Council Queensland supports and promotes Adult Community Education across Queensland and offers professional development for ACE providers, adult educators, tutors, mentors, coordinators, etc.

Parentshop

E info@parentshop.com.au

W parentshop.com.au

P (02) 6680 8910

At Parentshop we provide challenging, engaging and action-based professional development and training events that deliver effective behaviour change solutions for all ages. We guide and support professionals and parents through the provision of training to parents, school staff, community sector employees and child and family specialists in behaviour management and managing childhood anxiety.

Suicide Programs Calm Conversations Can Save Lives

E admin@suicideprograms.com.au

W suicideprograms.com.au

P (07) 3077 6536

We offer many evidence based, Australian training programs that empowers you to "have a CALM conversation" about suicide - to reduce stigma, promote help seeking and save lives. Learn face-to-face, virtually or online.

TAFE Open Learning

W tafeqld.edu.au

P 13 12 48

TAFE Queensland's distance and online programs bring you quality short courses that address your immediate needs, whether it be for career progression or, lifestyle enhancement.

TAFE Queensland Chinchilla Campus

9 Zeller Street, CHINCHILLA QLD 4413

E tells@tafe.qld.edu.au

W tafeqld.edu.au

P (07) 3244 5488

TAFE Queensland Chinchilla offers the Adult Migrant English Program (AMEP) designed to assist newly arrived migrants, refugees, humanitarian entrants and unemployed Australians from English speaking and diverse cultural and linguistic backgrounds.

U.3.a Dalby

E u3adalby1@bigpond.com

W u3aonline.org.au

P (07) 4662 2733

U3A Online is the world-first virtual University of the Third Age delivering online learning via the Internet.

General Education Programs

A Team Tuition - HEAD OFFICE

W ateamtuition.com

P (07) 5226 0351

A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

A Team Tuition - Toowoomba**W** ateamtuition.com**P** (07) 4595 1753

A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

Tutoring Darling Downs Queensland**W** ateamtuition.com**P** (07) 4595 1753

No matter where you are across Australia, A Team Tuition can help your child reach their academic goals. A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

Australian Cervical Cancer Foundation**E** info@accf.org.au**W** accf.org.au**P** 1300 727 630

ACCF raises awareness in schools & community groups across Australia through our FREE Cervical Cancer Awareness Program. CCAPs covers HPV and the vaccine, cervical cancer and it's prevention.

Australian School Of Entrepreneurship**E** group@ase.edu.au**W** ase.edu.au**P** 1300 336 095

The ASE Group is a community-led and purpose driven business for good that delivers education, entrepreneurship and employment programs to Australians of all ages.

Balance Minder**E** leanne@balanceminder.com.au**P** 0428 181 824

Providing training in wellness skills including exercise, healthy eating and financial literacy. Balance Minder aims to provide the tools and support to all Australians to improve their physical, mental and social wellbeing. Deeply grounded in Tai Chi; We offer online and face to face courses which allows participants the opportunity to become the best version of themselves.

be informed.**E** beinformedaus@gmail.com

be informed. helps people make good decisions. We offer free Seminars on important topics of interest so people are educated with information about what matters to them.

Columboola Environmental Education Centre

25 Boort-Koi Road, CUMBOOLA QLD 4415

E principal@columboolaeec.eq.edu.au**W** columboolaeec.eq.edu.au**P** (07) 4665 8166

At Columboola Environmental Education Centre we aim to provide quality environmental education experiences for a wide range of client groups. Experiences offered to visiting groups are aimed at enhancing visitors knowledge, skills and appreciation of the natural and social environment, both here at Columboola and the wider community.

Education Queensland Early Childhood Development Program**E** eap@qed.qld.gov.au**W** education.qld.gov.au**P** (07) 3634 0539

ECDPs aim to support children's early learning and help develop valuable skills children need to be successful learners now and as they transition to school. For more information about accessing an ECDP, contact your local Department of Education regional office or your local ECDP.

Emmaus Correspondence School**E** office@ecsaust.com.au**W** emmausqld.org**P** (07) 4635 7227

ECS Ministries is part of the world-wide Emmaus Correspondence School that is evangelical, non-denominational in outreach, which provides correspondence Bible study courses published for the purpose of encouraging and enlightening people of all ages.

FORTRESS LEARNING**E** info@fortresslearning.com.au**W** fortresslearning.edu.au**P** 1300 141 994

Fortress Learning is one of Australia's premier RTOs, delivering nationally accredited courses in both Training & Assessment and Business. Learning team can help.

Pathways to Resilience Trust**E** info@pathwaystoresilience.org**W** pathwaystoresilience.org**P** (07) 3169 2400

Social and Emotional Learning Education

Queensland Fire And Rescue Service**E** QFESenquiries@qfes.qld.gov.au**W** qfes.qld.gov.au**P** (07) 3635 1949

The Fight Fire Fascination (FFF) program is an initiative of Queensland Fire and Emergency Services designed to support parents and guardians with their efforts to educate their children about fire.

RCS**E** info@rcsaustralia.com.au**W** rcsaustralia.com.au**P** (07) 4939 5255

Provides funded and fee-based agricultural training programs, community information and advisory services specialising in farm, business and people management for the agricultural industry.

Stroke Foundation: StrokeSafe Volunteer Speaker Program**E** strokesafe@strokefoundation.com.au**W** strokefoundation.org.au**P** (03) 9670 1000

Our StrokeSafe volunteer speakers are trained in public speaking and experienced in delivering life-saving messages about stroke. Our volunteers cover a range of issues that will help your organisation or group better understand stroke and how it can be prevented including; what a stroke is, how to recognise the signs of stroke, what to do if someone is having a stroke, how to prevent stroke.

Substance Abuse and Mental Health (Dual Diagnosis) Training**E** george@dualdiagnosistraining.com.au**W** dualdiagnosistraining.com.au**P** 0408 332 765

George Patriki provides both LIVE and ONLINE training for all people, including professional development for the health care, welfare and social service industries on the Gold Coast, throughout Australia and the globe... We also offers free and subsidised services to the general public; Free family support;
<https://www.dualdiagnosistraining.com.au/family-support/>

Tenancy Skills Institute**E** info@tenancyskills.com.au**W** tenancyskills.com.au**P** (07) 3413 6997

The Tenancy Skills Institute aims to create "Tenants of Choice" by equipping communities with the skills and knowledge needed to create solid foundations for successful tenancies. The Tenancy Skills Institute, delivers a competency-based training program which up-skills people who are wanting to rent successfully in the private market. It is available across the entire state of Queensland.

Anger Management and Conflict Resolution Program**E** transformationministries@gmail.com**W** anger.org.au**P** 0408 332 765

Have you experienced problems with anger & rage that has caused harm to yourself and those you love? Anger is a normal human emotion when we feel we are being threatened, or those we love. If you prefer to do the 24/7 ONLINE course, click on the green button on website. If we don't deal with what causes us to get angry, then it turns into rage. Anger Management & Conflict Resolution Program

University of the Third Age - Dalby

Corner of Condamine St., 26 Roche Street,
DALBY QLD 4405

E u3adalby1@bigpond.com**W** u3aonline.org.au**P** (07) 4662 4194

U3A is a self help education movement which caters for persons in the 'third age' and for those who have retired, promoting the concept of studying simply for the joy of learning. It is not a formal University, and does not offer formal qualifications nor set academic qualifications as a prerequisite for entry. Classes are held in many areas and also in private homes.

Walya Productions

W walya.com.au

P 0401 203 654

Walya Productions provides a National Aboriginal Cultural & Community e-learning (online at walya.com.au) course. Walya Productions is registered as an Accredited training organisation with the Royal College of General Practitioners and Supply Nation. The course is low cost and is designed to introduce the broader community to Aboriginal Culture & Community, in an affordable and informative way.

Literacy & Numeracy Programs

Accelerated Learning Tutoring Centre

E info@perthtutor.com.au

W acceleratedlearning.com.au

P (08) 9471 9036

> Tutoring centre providing personalised tuition for maths, physics and chemistry students in school or university. Open 6 days a week. > Small group tutorials or one-to-one tuition available.

Reading Writing Hotline

E enquiries@readingwritinghotline.edu.au

W readingwritinghotline.edu.au

P 1300 655 506

The Hotline is a free anonymous phone referral service for adults wishing to improve their reading writing, maths or computing skills. The Hotline teachers will help callers find appropriate classes or resources to assist them. The Hotline is available to anyone in Australia and is funded by the Commonwealth Department of Education and Training.

Parents & Citizens Associations

Brigalow State School PandC

Limevale, Warrego Highway, BRIGALOW QLD 4412

E the.principal@brigalowss.eq.edu.au

P (07) 4665 2107

Brigalow State School P&C

Chinchilla State High School PandC

7 Tara Road, CHINCHILLA QLD 4413

E 2087_PandC@eq.edu.au

W chinchillashs.eq.edu.au

P (07) 4669 1168

The P&C Association also undertakes a wide range of fundraising activities which include catering events and community activities associated with the Melon Festival and Show Society, as well as local community clubs and organisations. These additional activities can only be undertaken with the support of family involvement.

Drillham Primary PandC Association

13 Jardine Street, DRILLHAM QLD 4424

E drillhampandc@gmail.com

W drillhamss.eq.edu.au

P 0427 133 807

At the heart of the small vibrant Drillham community, the P&C attempts to foster a spirit of social cohesion and community connectedness whilst stimulating and caring for the children of the area. The P&C is very active and committed to various fundraising and social functions to keep the school well equipped and the community engaged.

Drillham State School

13 Jardine Street, DRILLHAM QLD 4424

E principal@drillhamss.eq.edu.au

W drillhamss.eq.edu.au

P (07) 4627 6289

At Drillham, parents and community members are valued members of our school. Parents and community members are actively involved in the school through our P&C (Parents and Citizens Association), morning reading, sporting events and other school activities.

Dulacca Primary PandC Association

North Road, DULACCA QLD 4425

E the.principal@dulaccass.eq.edu.au

W dulaccass.eq.edu.au

P (07) 4627 6155

Dulacca State School has an active Parents and Citizens Association. The association is a voluntary body fostering community interest in educational matters.

Grosmont Primary PandC Association

2524 Grosmont Road, GROSMONT QLD 4419

E the.principal@grosmontss.eq.edu.au

W grosmontss.eq.edu.au

P (07) 4627 4978

Grosmont Primary P&C Association

Guluguba Primary PandC Association

Fosters Road, GULUGUBA QLD 4418

E principal@gulugubass.eq.edu.au

W gulugubass.eq.edu.au

P (07) 4628 2141

Parents and community members are valued members of our school, and share our dedication to improving student outcomes. They are actively involved in raising funds for school improvement, resources and supporting extra-curricular activities such as camps and sporting events.?

Jandowae State School P and C

44 George St, JANDOWAE QLD 4410

E pandc@jandowaess.eq.edu.au

W jandowaess.eq.edu.au

P 0400 336 419

The Jandowae P-10 State School Parents and Citizens Association are dedicated to improving the school's educational facilities and resources.

Miles State School PandC Association

Corner of Pine and Constance Street, MILES QLD 4415

E admin@milesess.eq.edu.au

W milesess.eq.edu.au

P (07) 4628 0333

Miles State School P&C Association

St Joseph's School P and F Association

3 Fry Street, TARA QLD 4421

E tara@twb.catholic.edu.au

W tara.catholic.edu.au

P (07) 4665 3259

P&F Meetings are generally held each school month. January, December, July and September usually do not host P & F meetings. Notice of meeting is given via the Newsletter.

The Gums State School PandC Association

E pandc@thegumsss.eq.edu.au

P (07) 4665 9170

The Gums State School P&C is run by parents and volunteers who raise money to provide valuable resources for the school and children in our small communities.

TSSC PandC Association

22 Binnie Street, TARA QLD 4421

E pandc@tarashiresc.eq.edu.au

W tarashiresc.eq.edu.au

P (07) 4678 7333

The Tara Shire State College P&C committee are a group of parents, citizens and school staff who meet regularly to discuss how they can assist the students and College to continue to grow.

Wandoan Primary and Secondary PandC

49 North Street, WANDOAN QLD 4419

E wandoansspc@outlook.com

W wandoanss.eq.edu.au

P (07) 4628 8888

Wandoan P-10 State School P&C Association

Private (Primary and High Schools)

Chinchilla Christian College

88 Oak Street, CHINCHILLA QLD 4413

E admin@chinchillacs.qld.edu.au

W chinchillacc.qld.edu.au

P (07) 4668 9777

Chinchilla Christian College is an independent, co-educational school that offers a quality, affordable education from Kindergarten to Year 12 on the one campus.

Chinchilla Christian College PandF

88 Oak Street, CHINCHILLA QLD 4413

E audreymmc@hotmail.com

W chinchillacc.qld.edu.au

P (07) 4668 9668

Servicing the Western Downs Region.

Dalby Christian College

Mary Street, DALBY QLD 4405

E office@dalbycc.qld.edu.au

W dalbycc.qld.edu.au

P (07) 4672 4222

Dalby Christian College offers co-educational Prep - Year 12 education with secondary boarding taught from a biblical Christian perspective.

Our Lady of the Southern Cross College (Dalby)

2 Nicholson Street, DALBY QLD 4405

E dalby@twb.catholic.edu.au

W dalby.catholic.edu.au

P (07) 4672 4111

A Catholic Prep to Year 12 College in Dalby
Our motto "Journey through Faith and Knowledge"

St Joseph's Primary School

74 Middle Street, CHINCHILLA QLD 4413

E chinchilla@twb.catholic.edu.au

W chinchilla.catholic.edu.au

P (07) 4662 7850

A Non-State School for Prep to Grade 7.

Information provided by the Queensland

Government Open Data Initiative.

Special Education Programs

ALANNAH and MADELINE FOUNDATION

W alannahandmadeline.org.au

P 1300 720 747

The Alannah & Madeline Foundation is the leading national not-for-profit organisation working to protect children from the effects of violence and bullying.

SPELD Qld

E speld@speld.org.au

W speld.org.au

P (07) 3391 7900

The services that Speld Qld Inc provide include an educational advisory and referral service, a library borrowing service, a tutor and assessment service, an assistive technology service, information workshops and seminars for parents, teachers and other professionals and a conference every two years. We promote actively throughout the community an awareness of the impact of specific learning ...

State (Primary and High Schools)

Bell State School

90 Dennis Street, BELL QLD 4408

E principal@bellss.eq.edu.au

W bellss.eq.edu.au

P (07) 4679 2333

Many opportunities are available to help students develop their interests and abilities, for example, our school achieved a 5 star rating in the Cleaner Greener Schools through our School Environmental Management Plan, Cross Country carnivals are hosted by our school, an enjoyable, informative playgroup is well supported and an active P&C reflects the strong partnership of rural school experiences ...

Brigalow State School

Warrego Highway, BRIGALOW QLD 4412

E principal@brigalowss.eq.edu.au

W brigalowss.eq.edu.au

P (07) 4665 2107

We wish the Brigalow State School to be an open, friendly community of learners, where students develop a love of learning, engage positively with their peers and teachers.

Burra Burri State School

3173 Burra Burri Creek Road, BURRA BURRI QLD 4410

E principal@burrburris.eq.edu.au

W burrburris.eq.edu.au

P (07) 4668 8718

At Burra Burri State School, we value parent input and encourage all parents to be part of their child's educational journey.

Chinchilla State High School

7 Tara Road, CHINCHILLA QLD 4413

E principal@chinchillashs.eq.edu.au

W chinchillashs.eq.edu.au

P (07) 4672 9333

Chinchilla State High School is an integral part of the community and its traditions and history is firmly embedded in the culture of the area. Generations of the same family have attended the school and they value education and community involvement in the school.

Chinchilla State School

34-40 Bell Street, CHINCHILLA QLD 4413

E principal@chinchilss.eq.edu.au

W chinchilss.eq.edu.au

P (07) 4672 9222

Chinchilla State School continues to experience significant enrolment growth and a marked increase in the transience of families within the community. Chinchilla State School's diversity is evident across a range of social, economic and cultural aspects.

Condamine State School

Kennedy Street, CONDAMINE QLD 4416

E principal@condaminess.eq.edu.au

W condaminess.eq.edu.au

P (07) 4627 7147

Condamine State School has a strong tradition of excellence in academic, sporting and cultural activities. The school boasts an exciting and dynamic group of students, staff and parents who work together to achieve the best possible outcomes.

Dalby South State School

Cnr Owen and Bunya Streets, DALBY QLD 4405

E principal@dalbsoutss.eq.edu.au

W dalbsoutss.eq.edu.au

P (07) 4672 3888

Our School has long been recognised as a school that consistently delivers exceptional academic, cultural and sporting opportunities. At Dalby South State School we are proud of this reputation and are continually striving to further enhance this achievement through focusing on each individual student.

Dalby State High School

26 Nicholson Street, DALBY QLD 4405

E principal@dalbyshs.eq.edu.au

W dalbyshs.eq.edu.au

P (07) 4669 0900

The staff of Dalby State High School is committed to providing the best educational opportunity for our students, essential for life in the twenty-first century.

Dalby State High School - Bunya Campus

463 Bunya Highway, DALBY QLD 4405

E admin@dalbyshsbunya.eq.edu.au

W dalbyshs.eq.edu.au

P (07) 4660 0333

Boarding at Dalby State High School Bunya Campus, located approximately one hour west of Toowoomba, provides families the opportunity to attend one of the regions most successful state schools as a residential student.

Dalby State School

155 Cunningham Street, DALBY QLD 4405

E principal@dalbyss.eq.edu.au

W dalbyss.eq.edu.au

P (07) 4672 3666

Dalby State School, also known locally as Dalby Central, is a school rich in history and it is one of the oldest public schools in Queensland. Dalby State School is a learning organisation in which "shared leadership is the business of everyone". This belief has trickled down from administration to our teaching staff, non-teaching staff and over to our students.

Drillham State School

13 Jardine Street, DRILLHAM QLD 4424

E principal@drillhamss.eq.edu.au

W drillhamss.eq.edu.au

P (07) 4627 6289

At Drillham State school our vision is to provide an exceptional education that meets the differentiated needs of every child; empowering them with confidence, skills, knowledge and resilience to be the best they can be in their future endeavours. We are passionate about your child and strive to provide a nurturing and supportive environment in which all children can grow.

Dulacca State School

North Street, DULACCA QLD 4425

E principal@dulaccass.eq.edu.au

W dulaccass.eq.edu.au

P (07) 4627 6155

The school consists of a main building block that accommodates two classrooms, a computer room, staffroom, two offices and a resource room. Downstairs under the building there is a covered play area, a cleaner's room and store room and a sports room with an array of sporting equipment for all students.

Glenmorgan State School

Clive Street, GLENMORGAN QLD 4423

E principal@glenmorganss.eq.edu.au

W glenmorganss.eq.edu.au

P (07) 4665 6757

'Learning today for tomorrow'. Glenmorgan State School, opened July 1933 and situated in Western Darling Downs, provides a safe and supportive environment for about 30 primary aged students from Prep to Year 7. They receive an equitable, inclusive, creative and challenging education, setting them on a life-long journey of enrichment - cognisant of the past and looking to the future.

Guluguba State School

Fosters Road, GULUGUBA QLD 4418

E principal@gulugubass.eq.edu.au

W gulugubass.eq.edu.au

P (07) 4628 2141

Respectful of the past, but firmly focused on the future, our vision is to provide quality education that meets the differentiated needs of every child, empowering them with confidence, knowledge, skills and resilience necessary to participate in our changing society.

Hannaford State School

344 Hannaford Road, HANNAFORD QLD 4406

E principal@hannafordss.eq.edu.au

W hannafordss.eq.edu.au

P (07) 4665 9239

We are a one-class school with a current enrolment of 12 students. Hannaford State School has a full-time teaching Principal who is supported by a dedicated team of staff. Hannaford State School is committed to providing students with a quality education in a supportive and caring environment. Our school motto is "Strive to succeed" and "Make learning a life experience".

Jandowae Prep-10 State School

44 George Street, JANDOWAE QLD 4410

E principal@jandowaess.eq.edu.au

W jandowaess.eq.edu.au

P (07) 4668 4333

The inclusive and compassionate community of students, staff and parents provides the ideal environment for fostering individual strengths, meeting individual needs and challenging the abilities of each student in a supportive, positive and vibrant learning community.

Jimbour State School

2421 Dalby Jandowae Road, JIMBOUR EAST QLD 4405

E principal@jimbourss.eq.edu.au

W jimbourss.eq.edu.au

P (07) 4663 6120

We, the community of Jimbour State School is committed to creating a climate of co-operation and encouraging students to be safe, respectful, learners who make every day count.

Kaimkillenbun State School

Messenger Street, KAIMKILLENBUN QLD 4406

E principal@kaimkillenbunss.eq.edu.au

W kaimkillenbunss.eq.edu.au

P (07) 4663 4155

Students are taught in two large multi-age classes; an early years class (prep to year 3) and middle years class (years 4-6). We have two full time teachers, one of whom is a teaching Principal, one part time teachers and three teacher aides, all of whom are highly skilled and committed to providing a safe and supportive learning environment for our students.

Kogan State School

High Street, KOGAN QLD 4406

E principal@koganss.eq.edu.au

W koganss.eq.edu.au

P (07) 4668 1721

Kogan State School prides itself on providing and facilitating quality education for all students at our school. At Kogan State School we work as a team within the school context and the wider community to assist students to achieve personal goals and academic outcomes.

Meandarra State School

Sara Street, MEANDARRA QLD 4422

E principal@meandarrass.eq.edu.au

W meandarrass.eq.edu.au

P (07) 4678 5333

Meandarra State School is a co-educational, prep - year 6 school situated 400 kilometres south west of Brisbane, Queensland. We are a small rural school servicing our community which is primarily employed in agricultural professions. Our school motto is 'Striving for Excellence'.

Miles State High School

Pine Street, MILES QLD 4415

E principal@milesshs.eq.edu.au

W milesshs.eq.edu.au

P (07) 4628 5111

Miles State High School proudly provides its students with many and varied learning opportunities and effective resources to engage in a curriculum that supports technology, sports, sciences, humanities and the arts.

Miles State School

Corner of Pine and Constance Streets, MILES QLD 4415

E principal@milesss.eq.edu.au

W milesss.eq.edu.au

P (07) 4628 0333

Our school motto of 'Strive to achieve' is pertinent to our curriculum which has been designed to enhance both the needs of the community and the individual student.

Moonie State School

11305 Moonie Highway, MOONIE QLD 4406

E principal@mooniess.eq.edu.au

W mooniess.eq.edu.au

P (07) 4665 0133

Moonie State School is a K-6 co-educational primary school located in the Darling Downs South West Region and is part of the Tara and District Cluster.

Tara Shire State College

22 Binnie Street, TARA QLD 4421

E principal@tarashiresc.eq.edu.au

W tarashiresc.eq.edu.au

P (07) 4678 7333

The school has embraced the ethos of School-wide Positive Behaviour Support and emphasises values with a weekly focus which is taught in every primary, junior secondary and senior secondary classroom. All students benefit from a range of extra-curricular activities, including sport, instrumental music, agriculture, camps and eisteddfods.

The Gums State School

E principal@thegumsss.eq.edu.au

W thegumsss.eq.edu.au

P (07) 4665 9170

The Gums State School provides a supportive learning environment that allows students to prosper academically and socially. The school emphasis is focused on self-discipline within a framework of high behavioural expectations.

Wandoan And District Kindergarten Assoc

19 Waterloo St, WANDOAN QLD 4419

E wandoankindy1@bigpond.com

P (07) 4627 4102

The Wandoan & District Kindergarten's early education program is a vital service within our community, the only offering for children under school age, but as it relies on fundraising by a voluntary parent committee, we are facing an uncertain future. Therefore, a decision was made to host the Wandoan Camel Races as a bi-annual fundraising event to support the running costs of the Kindergarten.

Wandoan State School P-10

49 North Street, WANDOAN QLD 4419

E the.principal@wandoanss.eq.edu.au

W wandoanss.eq.edu.au

P (07) 4628 8888

Wandoan State School P-10 is located in Wandoan on the Leichhardt Highway between Miles and Taroom. We aim to provide high quality, seamless education from Prep to Year 10 that assists all students to love learning, develop judgment and a sense of responsibility, understand the past and prepare to embrace the future.

Warra State School

Robinson Street, WARRA QLD 4411

E principal@warrass.eq.edu.au

W warrass.eq.edu.au

P (07) 4668 1144

Warra has a full time teaching principal, two teacher aides (part time) and a part time specialist Languages Other Than English (LOTE) teacher on staff. Warra has access to speech pathologists, advisory visiting teachers and guidance officers. We have a full time cleaner and casual grounds person.

Westmar State School

18425 Moonie Highway, WESTMAR QLD 4422

E principal@westmarss.eq.edu.au

W westmarss.eq.edu.au

P (07) 4663 0777

Westmar State School is located in the northwestern region of Darling Downs South West Region and services the area of Westmar. Westmar is located on the Moonie Highway 74 km west of Moonie and 120 km east of St George. The school has been established for 51 years and serves a farming and grazing community.

Employment & Training

Disability Employment & Training Services

APM Disability Employment Services

49 Day Street, TARA QLD 4421

W apm.net.au

P 1800 276 276

APM's Disability Employment Services helps people with an injury, illness or disability find a job with a local Tara employer. We also provide workplace modification, assessment, school leaver, and ongoing support services.

BUSY At Work - Dalby Apprenticeship Services

1, 106 Cunningham Street, DALBY QLD 4405

E busy@busyatwork.com.au

W busyatwork.com.au

P 0437 199 061

BUSY At Work is a not for profit organisation providing apprenticeship, employment and community programs. With 35 years of experience we have established various programs across Australia and increased our footprint throughout regional and metropolitan locations in Queensland and Victoria.

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

If NDIS Participants are reliable for bookings they choose to take on, can communicate well, can use a smartphone, can control and care for a pet, then they could potentially become a Pet Sitter through PetCloud. Learn more here: <https://www.petcloud.com.au/d/blog/ndis-goal-creation-for-pet-lovers/>

Employment Information & Assistance

Jenny Gleeson Coaching and Consulting

E jenny@jennygleeson.com.au

W jennygleeson.com.au

P 0433 884 847

I am a qualified Career Coach and English Teacher. I offer extremely low and cost effective services as I am very community minded and person centred. I also assist Not for Profit organisations with writing tenders, funding applications, business plans plus much more.

General Employment & Training Services

Approach Services

E info@approach-services.com

W approach-services.com

P (08) 6171 3833

Approach Services is a Western Australian business on a mission to shape the way we lead and implement change around the world. We are here to empower communities, organisations and leaders to recover fast from challenges and grow through transformation. Facing change? Talk to us about how we can help you thrive.

Electrician Jobs

P (02) 8005 8225

Electricianjobs.com.au is your online source to find jobs in the Australian Electrical Industry, assisting jobseekers by providing a platform to search and apply directly for the latest jobs or register to receive new job opportunities.?

Fair Work Infoline

W fairwork.gov.au

P 13 13 94

Provide information on awards and agreements including your entitlements as an employee. Also for enquiries re wages and employment conditions in the private sector. Information can still be obtained from the Department of Justice and Attorney-General.

Golden West Apprenticeships

10 Cunningham Street, DALBY QLD 4405

E dalby@goldenwest.org.au

W goldenwest.org.au

P (07) 4596 9500

Golden West Apprenticeships is a community based, non-profit organisation that specialises in the 'group employment' of apprentices and trainees in a wide range of industries.

Learning Network Queensland

W tafeqld.edu.au

P (07) 4632 2188

Learning Network Queensland offers over 200 courses across a wide range of interest areas including computing, book keeping, small business, professional development, Aboriginal and Torres Strait Islander training, languages and more. Mobile delivery is not new to Learning Network Queensland as we successfully deliver vocational programs to rural and remote locations in Queensland.

Neami National - THRIVE

E livingandlearning@neaminational.org.au

W neaminational.org.au

P (07) 3493 6780

THRIVE focuses on improving job readiness and workplace inclusivity for people that experience mental health challenges or psychosocial disability. THRIVE includes a suite of e-learning modules and workshops that guide participants and employers toward inclusive recruitment and inclusive workplace practices. Eligibility: Ages of 18-65; reside in WA, VIC, SA, QLD or NSW;

Queensland Association of School Tuckshops

E chris@qast.org.au

W qast.org.au

P (07) 3324 1511

Queensland Association of School Tuckshops provides Food Safety Supervisor Certificates, tailored to School Canteen Convenors.

Romafire and First Aid

E admin@romafire.com.au

W romafire.com.au

P (07) 4622 6999

We can provide for you and your staff training in: First Response Instruction in accordance with the Qld Building Fire Safety Regulation, Provide First Aid (HLTAID011), Provide Cardio Pulmonary Resuscitation (HLTAID009), Perform Rescue from a Live LV Panel (UETTDRRF06), Childcare - Provide First Aid in an Education and Care Setting (HLTAID012).

Sally's place Learning Center

E sally@sallysplace.net.au

W sallysplace.net.au

P 0404 569 380

We help people with barriers move forward in their lives at their own pace. We are able to offer training services in a wide range of areas and run classes in hospitality and foundation skills. We are very unique in the way we train and very hands on. No one gets left behind but you have got to want to move forward and be prepared to succeed.

SkillCentred - Dalby

117 Cunningham Street, DALBY QLD 4405

W skillcentred.com

P (07) 4660 8400

SkillCentred has operated as a not-for-profit organisation across Queensland for over 30 years, providing support through a range of community services.

TAFE Open Learning

W tafeqld.edu.au

P 13 12 48

TAFE Queensland's distance and online programs bring you quality short courses that address your immediate needs, whether it be for career progression or lifestyle enhancement.

U3a Network Queensland

E rhondaj17@bigpond.com

P (07) 4613 6559

U3A provides learning programs including academic, cultural, physical and social. These programs offer stimulation and development to people in their 3rd age.

Environment & Conservation

Environment & Conservation Local History

Bell Progress and Heritage Association Inc

71 Maxwell Street, BELL QLD 4408

E bellbunyacommunitycentre@gmail.com

W bellcommunitycentre.com.au

P (07) 4663 1087

Bell Progress & Heritage Association Inc

Chinchilla Field Naturalists' Club Inc - Chinchilla

E mongrove@bigpond.com

P (07) 4668 9054

CFNC is a group of people who are interested in the natural history of the Western Downs. Interests include bird watching, botany and local fauna.

Chinchilla Historical Museum

17-33 Villiers St, CHINCHILLA QLD 4413

E chinchillamuseum@bigpond.com

P (07) 4662 7014

The Chinchilla Historical Museum houses a collection of objects representing the history of Chinchilla and surrounding districts in a variety of historical buildings. Among the buildings are Langlands Hall, the original Chinchilla State School and of course Goombi Hall known for its local dance hall reputation and the local Police Lockup that caused a drama during the night.

Inverai Hall

Warra-Canaga Creek Road, INVERAI QLD 4411

E kellywaddell@bigpond.com

W wdrc.qld.gov.au

P (07) 4665 7125

Inverai Pioneer Memorial Hall was erected in memory of the pioneers of the district.

Jandowae Memorial Hall

Cnr of George St & State Route 82, JANDOWAE QLD 4410

E info@wdrc.qld.gov.au

W wdrc.qld.gov.au

P 1300 268 624

Jandowae Memorial Hall is located in George Street, Jandowae and is currently managed by Western Downs Regional Council.

Jimbour Memorial Hall

Dalby-Jandowae Road, JIMBOUR QLD 4406

E info@wdrc.qld.gov.au

P 0429 954 892

Jimbour War Memorial Hall was erected in memory of those who served in conflicts in which Australia has been involved.

Juandah Historical Society

E dinahhf@bigpond.com

P (07) 4627 4191

The Society maintains the Juandah Historical Site - the place of first European settlement locally where it provides museum services to the community.

Miles Historical Village and Museum

E enquiries@mhv.org.au

P (07) 4627 1492

Miles Historical Village Museum has been operating since 1971 and is one of the finest in Australia.

Pioneer Park Museum

17 Black Street, DALBY QLD 4405

E pioneerparkmuseum@gmail.com

W dalby.info

P (07) 4662 4760

A historical museum in Dalby.

Tara And District Historical Society

3 Milne Street, TARA QLD 4421

P (07) 4665 3274

local history & memorabilia

Tuggeranong Homestead

E info@tuggeranonghomestead.com.au

W canberrahomestead.com

P (02) 6292 8888

Provides a heritage-listed homestead on 70 acres. A private secluded venue catering for weddings, functions, conference and training workshops. We are open by prior arranged appointment or function only.

Warra Progress and Heritage Society Inc.

Old Railway Building, Warrego Highway,
WARRA QLD 4411

E warra.progress@gmail.com

P 0429 457 775

Our Motto : Preserving Today, Warra's
Yesterdays, For Tomorrow.

Environmental Action & Conservation

Bunya Peoples Aboriginal Corporation

30 Tolmie Street, BUNYA MOUNTAINS QLD 4405

E paul@bpac.org.au

W bpac.org.au

Bunya Peoples Aboriginal Corporation (BPAC) - Is a registered corporation through the Corporations (Aboriginal and Torres Strait Islander) Act 2006. BPAC have seven Directors forming their Board, with wide-ranging skills and experiences in governance, community engagement, fiscal management and Aboriginals caring for Country.

Chinchilla Container Cash

19 Malduf Street, CHINCHILLA QLD 4413

E shop@wdop.net.au

W wdop.net.au

P 1800 696 140

NOT FOR PROFIT Containers for change Container Refund Point. Open 10am til 4pm 7 days a week Promoting environmentalism, providing employment for youth (long term unemployed)

Dawson Catchment Coordinating Association

E admin@dcca.net.au

W dawsoncatchment.org

P 0749 931 004

The DCCA plays a major role in facilitating community, industry and government partnerships, prioritising issues and promoting and implementing the adoption of catchment management strategies.

Palm and Cycad Societies of Australia Inc

E martin.lack@mlaa.com.au

W pacsoa.org.au

P (07) 3878 2974

Encourage conservation of Palms and Cycads

Health Services

Aboriginal Health Services

Aboriginal and Torres Strait Islander Health

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au

P (07) 4678 7900

Aboriginal and Torres Strait Islander Liaison Officers and Health Workers advocate on behalf of and provide support to Aboriginal and Torres Strait Islander clients, their families and carers throughout their healthcare journey including liaising with clinical staff to ensure culturally appropriate communication and services are provided.

Ageing Health Services

Home and Community Care (HACC)

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Most people want to live in their own home, but some frail older people and people with a disability can find this difficult without support. Help can be provided by carers (family and friends) and by HACC and other services. HACC can provide basic support services so that frail older people and people with a disability can continue to live in their community.

Aged Care

Hospital Road, DALBY QLD 4405

E DDHSDalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Residential aged care is for senior Australians who can no longer live in their own home. It includes accommodation and personal care 24 hours a day, as well as access to nursing and general health care services. You may be eligible for subsidy so check with your doctor.

Aged Care

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

Residential aged care is for senior Australians who can no longer live in their own home. It includes accommodation and personal care 24 hours a day, as well as access to nursing and general health care services. You may be eligible for subsidy so check with your doctor.

Aged Care Assessment

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

The Aged Care Assessment Team (ACAT), conduct comprehensive assessments of the care needs of older people with complex needs and help them access the most suitable types of care, including approval for Commonwealth subsidised aged care.

Meals on Wheels

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

Helping frail older people and younger people with a disability and their carers stay in their homes where most are happiest, is at the heart of what we do. Meals on Wheels provides meals to suit a client's personal requirements and can accommodate special dietary needs and taste preferences.

Respite Care

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

Respite care provides an organised, temporary break both for carers and the person they care for. Letting someone else do the caring for a few hours or days has benefits for both of you.

Aged Care

Marian Street, MILES QLD 4415

W darlingdowns.health.qld.gov.au

P (07) 4628 5600

Residential aged care is for senior Australians who can no longer live in their own home. It includes accommodation and personal care 24 hours a day, as well as access to nursing and general health care services. You may be eligible for subsidy so check with your doctor.

Aged Care Assessment

Marian Street, MILES QLD 4415

W darlingdowns.health.qld.gov.au

P (07) 4628 5600

The Aged Care Assessment Team (ACAT), conduct comprehensive assessments of the care needs of older people with complex needs and help them access the most suitable types of care, including approval for Commonwealth subsidised aged care.

Home Care

Marian Street, MILES QLD 4415
W darlingdowns.health.qld.gov.au
P (07) 4628 5600

Home Care services provides community-based services to assist clients over 65 years of age or First Nations peoples over 50 years of age to receive support and care in their home and their community.

Meals on Wheels

Marian Street, MILES QLD 4415
W darlingdowns.health.qld.gov.au
P (07) 4628 5600

Helping frail older people and younger people with a disability and their carers stay in their homes where most are happiest, is at the heart of what we do. Meals on Wheels provides meals to suit a client's personal requirements and can accommodate special dietary needs and taste preferences.

Respite Care

Marian Street, MILES QLD 4415
W darlingdowns.health.qld.gov.au
P (07) 4628 5600

Respite care provides an organised, temporary break both for carers and the person they care for. Letting someone else do the caring for a few hours or days has benefits for both of you.

Respite Care

15 Bilton Street, TARA QLD 4421
W darlingdowns.health.qld.gov.au
P (07) 4678 7900

Respite care provides an organised, temporary break both for carers and the person they care for. Letting someone else do the caring for a few hours or days has benefits for both of you.

Allied Health

Active Nutrition

E viviennesalu@ozemail.com.au
W activenutrition.net.au
P 0407 373 002

'Offering Telehealth Only' Dietitian/Nutritionist private practice providing telehealth (video and telephone) support, information and motivation in the areas of health and nutrition. Rebates available from Medicare and Private Health.

Active Physiotherapy Dalby

48 Archibald Street, DALBY QLD 4405
E admin@activephysiodalby.com.au
W activephysiodalby.com.au
P (07) 4662 3422

Active Physiotherapy enjoys helping people find better health through manual therapy, exercise, education, strapping and classes. We cater to people who have injuries, need rehabilitation, suffer from aches and pains or want to live a healthier life.

Avicenna Health and Wellness

E health@avicenna-hw.com
W avicenna-hw.com
P 0493 210 327

Good health is not a luxury, it is what you deserve. Blending science and traditional knowledge, we support you on your journey to optimal health with natural, holistic, and personalised solutions.

Axis Health Psychology

E info@axispsychology.org
W axispsychology.org
P 0455 398 354

Health focused, evidence-based psychological therapy and hypnotherapy for anxiety, depression and stress; gut health; disordered eating and disturbed sleep.

Better Movement Clinic

E admin@bettermovementclinic.com.au
W bettermovement.com.au
P (07) 4632 6074

Exercise Physiology clinic supplying exercise & lifestyle programs & advice for those with chronic disease & chronic injury Toowoomba and Dalby

Better Movement Clinic

16, 16 Eileen Street, DALBY QLD 4405
E admin@bettermovementclinic.com.au
W bettermovement.com.au
P (07) 4662 2855

Exercise Physiology clinic supplying exercise programs & lifestyle programs & advice to those with chronic diseases & chronic injuries

Occupational Therapy

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

Physiotherapy

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

Social Work

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Social Work services provide clients and their families with individual and group consultation advice and support for emotional, social, environmental, and holistic wellbeing. Social Work services are provided in collaboration with other allied health services to ensure the client achieve and maintain optimum health so the client can function in their daily lives.

Speech Pathology

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice.

Chrysalis Wellbeing

E chrissy.ortner@zohomail.com.au

W chrysaliswellbeing.com.au

P 0430 322 711

Online and face to face support, Mt Evelyn, for people experiencing Anxiety, Overwhelm, PTSD, Post Natal Depression or Chronic Ill health. Hypnotherapy is an evidence based therapy for deep relaxation, addressing the causes of Anxiety and Depression and supporting you to feel calm and in control. Quit Smoking Hypnosis and Weight Loss Programs available. NDIS support for Self Managed Clients.

ClearConvo

E support@clearconvo.com

W clearconvo.com

P (07) 3703 1812

ClearConvo is a registered provider with the National Disability Insurance Scheme. We provide speech therapy services to NDIS participants in the Brisbane region and Queensland or anywhere in Australia via online speech therapy sessions (Telehealth). Call us today on (07) 3703 1812.

Communicate Speech Pathology

E info@communicatespeech.com.au

W communicatespeech.com.au

P (02) 9328 3444

Founded in 2004, Communicate Speech Pathology provides speech and language mobile, community and school-based and telehealth services to clients of all ages. Our trained speech therapists are practicing members of Speech Pathology Australia and work with clients of all ages to achieve their communication goals.

Connect2Care - ACT

E info@connect2care.com.au

W connect2care.com.au

P 1800 950 288

Connect2Care was founded by health professionals with a shared passion for helping people with a disability reach their highest potential. We offer predominantly mobile services throughout Australia, and our therapists have extensive experience working in homes, schools, and other community-based settings.

Continence Aids Payment Scheme

W health.gov.au

P 1800 330 066

The National Continence Helpline is staffed by a team of continence nurse advisers and is available to anyone in Australia. It operates from 8am to 8pm (AEST) Monday to Friday.

Crystal Clear Psychology Solutions

E reception.ccpsychsolutions@gmail.com

W crystalclearpsychologysolutions.com

P 0476 758 096

Welcome to Crystal Clear Psychology Solutions, a warm and supportive environment that enables you to start living a meaningful and balanced lifestyle. We are passionate about supporting you to be the best version of yourself! We have individual therapy, group programs, return to work support, and job seeking services available to help you reach your goals and maximise your potential.

Currawong Music Therapy

E hello@currawongmt.com

W currawongmt.com

P 0408 013 091

A Toowoomba based Music Therapy service, covering the Darling, Southern, and Western Downs. Clientele include adults and children, targeting a range of needs from mental health and disability, to aged care and rehabilitation.

Dalby Diagnostic Imaging

2/37 North Street, DALBY QLD 4405

E dalbydi@alpenglow.com.au

W alpenglow.com.au

P (07) 4662 3766

Alpenglow is a radiology service specialising in regional, rural and remote areas, utilising the latest technology to provide a metropolitan level service to our communities.

Dietitian

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Dietitians provide expert nutrition and diet advice for clients, their families, and carers across all age groups. Dietetic supports the management of diets and nutrition for clients who may be affected by health conditions and to also assist clients to change their diet so that they can become healthier and stay healthy.

Occupational Therapy

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

Physiotherapy

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

Social Work

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Social Work services provide clients and their families with individual and group consultation advice and support for emotional, social, environmental, and holistic wellbeing. Social Work services are provided in collaboration with other allied health services to ensure the client achieve and maintain optimum health so the client can function in their daily lives.

Speech Pathology

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice.

Eyecare Eyewear - Dalby

Dalby Shoppingworld, Shop 21 17-67
Cunningham Street, DALBY QLD 4405

E support@ecew.com.au

W ecew.com.au

P (07) 4669 7072

Established in 2006, we are a locally owned and operated optometry practice renowned for professional eyecare and innovation in eyewear. Providing an, extensive, professional and evidence based optometry service to the regional communities of the Darling & Southern Downs.

Diabetes

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

The Diabetes Program aims to improve the health of Aboriginal and Torres Strait Islander people with diabetes (and their families) through education and training based on the improvement and management of diet, physical activities, and weight management.

Hearing Health

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

Hearing health screenings are carried out at our Goondir clinics and selected schools in the region.

My Health for Life

E info@myhealthforlife.com.au

W myhealthforlife.com.au

P 13 74 75

My health for life is a free Queensland Government-funded program delivered by the Healthier Queensland Alliance designed to help Queenslanders stay well and lessen their risk of developing conditions such as type 2 diabetes, heart disease and stroke.

Julie Pratt - IBS and FODMAP Dietitian

E julie@naturalbalancenutrition.com.au

W natural-balance-nutrition-dietitian.business.site

P 0420 994 870

Natural Balance Nutrition is a virtual nutrition practice specialising IBS management and the low FODMAP diet. We help clients with a range of digestive issues including: - Irritable bowel syndrome (IBS) - Fructose malabsorption - Lactose intolerance - Coeliac disease - Reflux - Chronic constipation / diarrhoea - Small intestinal bacterial overgrowth (SIBO)

Lavender Sleep and Wellness

E hello@lavendersleepandwellness.com

W lavendersleepandwellness.com

P 0435 784 209

Empowers families to remove obstacles and restore optimal sleep, health and wellness so that they and their children - from infants to teens - can flourish. Integrative sleep support for newborns to seniors.

Nutrition Counselling

E hello@nutritionwithmari.com

W nutritionwithmari.com

P 0478 599 770

Online nutrition counselling services for adults: Eating disorders & disordered eating; Eating well after Bariatric Surgery; and Diabetes

Dietitian

Marian Street, MILES QLD 4415

W darlingdowns.health.qld.gov.au

P (07) 4628 5600

Dietitians provide expert nutrition and diet advice for clients, their families, and carers across all age groups. Dietetic supports the management of diets and nutrition for clients who may be affected by health conditions and to also assist clients to change their diet so that they can become healthier and stay healthy.

Occupational Therapy

Marian Street, MILES QLD 4415

W darlingdowns.health.qld.gov.au

P (07) 4628 5600

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

Physiotherapy

Marian Street, MILES QLD 4415
W darlingdowns.health.qld.gov.au
P (07) 4628 5600

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

Podiatry

Marian Street, MILES QLD 4415
W darlingdowns.health.qld.gov.au
P (07) 4628 5600

Podiatrists are experts in foot, ankle, and lower limb health. They assist with foot problems, education, and management of foot complications, fall prevention and self-management of foot conditions, prescription of orthotics and insoles.

Speech Pathology

Marian Street, MILES QLD 4415
W darlingdowns.health.qld.gov.au
P (07) 4628 5600

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice. They often work with children helping a child's speech develop.

Diabetes Education - Sugarmates

79 Marian Street, MILES QLD 4415
E info@milesmedicalcentre.com.au
W bettermovement.com.au
P 07 4632 6074

Provides Dietetics, and Physiotherapy across various regions of Queensland. (Provided by Better Movement Clinic)

More Than Able

E info@morethanable.com.au
W morethanable.com.au
P (07) 5228 0469

More Than Able is a growing allied health service on the beautiful Sunshine Coast offering paediatric therapy.

Noelle Nevin Occupational Therapy

Suite 2, 12 Canaga Street, CHINCHILLA QLD 4413

E receptionnnot@outlook.com
W noellenevinoccupationaltherapy.com
P (07) 4662 7664

Noelle Nevin Occupational Therapy provides a comprehensive range of occupational therapy services. This service was established in Chinchilla in 2004 and continues to provide a high-quality professional service to the Western Darling Downs and Maranoa region.

On The Line Australia

E enquiries@ontheline.org.au
W lifeline.org.au
P (03) 8371 2800

On the Line is a social health business, supporting and counselling people, anywhere and anytime. We listen and encourage people to feel better: building resilience, fostering healthy relationships, and connecting people with community support.

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au
W phoenixhypnotherapy.com.au
P 0438 411 551

Imagine what it will be like to finally quieten that inner-voice and to discover how incredible you can actually be. Imagine what it would be like to finally discover how to become stress and anxiety free in your life... or to be that 'non-smoker'... or to look in the mirror and feel fabulous! I will help you rid yourself of that useless stress and worry and feel the peace you so deserve.

Queensland Spinal Cord Injuries Service - Spinal Outreach Team (SPOT)

W health.qld.gov.au
P (07) 3176 9507

The Spinal Outreach Team (SPOT) provides allied health and nursing consultancy and early intervention service for people with spinal cord injuries, their families and other health professionals.

Sutton, Christian Alexander

E conquerest2015@outlook.com
W conquer.net.au
P 0408 768 105

We offer Occupational Therapy, Exercise Physiology, Dietetics & Continence Nurse. We also have Therapy Assistants, 3 x 24/7 Fully Accessible and functional gymnasiums across the South Burnett. All Team can travel to North Burnett, Brisbane and Sunshine Coast Regions.

Talkers and Eaters Speech Pathology

E eleanor@tesp.au

W tesp.au

P 0499 807 220

Talkers and Eaters Speech Pathology (TESP) is dedicated to providing quality speech pathology services to rural Australian adults and children who have difficulty communicating and/or swallowing.

Dietitian

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au

P (07) 4678 7900

Dietitians provide expert nutrition and diet advice for clients, their families, and carers across all age groups. Dietetic supports the management of diets and nutrition for clients who may be affected by health conditions and to also assist clients to change their diet so that they can become healthier and stay healthy.

Occupational Therapy

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au

P (07) 4678 7900

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

Physiotherapy

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au

P (07) 4678 7900

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

Social Work

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au

P (07) 4678 7900

Social Work services provide clients and their families with individual and group consultation advice and support for emotional, social, environmental, and holistic wellbeing. Social Work services are provided in collaboration with other allied health services to ensure the client achieve and maintain optimum health so the client can function in their daily lives.

Speech Pathology

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au

P (07) 4678 7900

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice. They often work with children helping a child's speech develop.

Living With Dementia and Driving Study

E donna.rooney@uq.edu.au

W uq.edu.au

P (07) 3365 6392

This is an NHMRC funded study investigating ways to support people with memory loss or dementia to maintain community access and quality of life when retiring from driving. Participants in the study and their carer(s) will have an opportunity to participate in the FREE community-based support and education telehealth program, 'CarFreeMe.' Sessions are run by allied health professionals.

Therapy Pro Pty Ltd

E info@therapypro.com.au

W therapypro.com.au

P 1300 004 414

Inspired by the vision of 'choice and control' developed by the National Disability Insurance Scheme (NDIS), Therapy Pro has reimaged the world of service delivery with you, the client, central to the planning and delivery of your services.

Allied Health Assistance

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalby@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Allied Health Assistants local support workers who are clinically trained to help Allied Health Professionals (Physiotherapists, Occupational Therapists, Speech Pathologists, Dietitians and Exercise Physiologists) with delivery of services.

Dietetics

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalby@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Dietitians assess, diagnose and treat dietary and nutritional conditions by providing education and support around individuals' dietary choices. Our local dietitian's aim is to promote good health and prevent disease in our rural and regional communities.

Exercise Physiology

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalby@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Exercise Physiologists help to improve and maintain their patients overall health and wellbeing through education and personalised exercise programs. They also assist with conditions that require adaptive exercise as treatment such as obesity, chronic disease, injuries and more.

Occupational Therapy

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalby@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Occupational Therapists assist both adults and children with their health and wellbeing by enabling their performance and independence in activities of everyday life. They use a variety of assessment and treatment method to help people overcome barriers that have been created by various health issues.

Physiotherapy

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalby@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Physiotherapists provide experienced, multi-faceted approach to chronic disease and/or pain management, women's health, rehabilitation and injury prevention.

Psychology

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalby@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Psychologists are trained to work with individuals of different ages with behavioural, emotional and/or psychological distress which disrupts their everyday functioning and well-being. They aim to reduce distress and to enhance and promote psychological well-being, minimise exclusion and inequalities, and provide support for on-going mental illness.

Speech Pathology

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalby@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Speech Pathologists assist adults and children who have difficulty communicating and/or swallowing due to stroke, brain injuries, intellectual disability, cerebral palsy, dementia and hearing loss, as well as other problems that affect speech and language.

Vital HealthDalby

3/117 Cunningham Street, DALBY QLD 4405

E manager@vitalhealthqld.com.au

W vitalhealthqld.com.au

P 07 4622 4322

Provides Speech Pathology across various regions of Queensland. (Provided by Vital Health Qld)

Vital HealthDalby

3/117 Cunningham Street, DALBY QLD 4405

E manager@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Provides Dietetics and Occupational Therapy and Podiatry and Speech Pathology across various regions of Queensland.

Diagnostic Sleep Studies

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalbyreception@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Diagnostic sleep studies are another service offered by Vital Health for those suffering from snoring, sleep apnoea & restless sleep. Through a partnership with specialist Respiratory Physicians and local GPs, we offer cutting edge diagnostic tools and treatments (CPAP).

Dietetics

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalbyreception@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Dietitians assess, diagnose and treat dietary and nutritional conditions by providing education and support around individuals' dietary choices. Our local dietitian's aim is to promote good health and prevent disease in our rural and regional communities.

Occupational Therapy

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalbyreception@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Occupational Therapists assist both adults and children with their health and wellbeing by enabling their performance and independence in activities of everyday life. They use a variety of assessment and treatment method to help people overcome barriers that have been created by various health issues.

Physiotherapy

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalbyreception@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Physiotherapists provide experienced, multi-facetted approach to chronic disease and/or pain management, women's health, rehabilitation and injury prevention.

Psychology

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalbyreception@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Psychologists are trained to work with individuals of different ages with behavioural, emotional and/or psychological distress which disrupts their everyday functioning and well-being. They aim to reduce distress and to enhance and promote psychological well-being, minimise exclusion and inequalities, and provide support for on-going mental illness.

Speech Pathology

Shop 1, 33 Archibald Street, DALBY QLD 4405

E dalbyreception@vitalhealthqld.com.au

W vitalhealthqld.com.au

P (07) 4662 6640

Speech Pathologists assist adults and children who have difficulty communicating and/or swallowing due to stroke, brain injuries, intellectual disability, cerebral palsy, dementia and hearing loss, as well as other problems that affect speech and language.

Wellness Nutrition Solutions

E dorelle@wellnessnutritionsolutions.com.au

W wellnessnutritionsolutions.com.au

P (07) 3117 9244

We provide dietetic and nutrition services for adults via Telehealth or in-person appointments. Our focus areas include digestive health (IBS, food intolerances, FODMAP diets, constipation, reflux), weight concerns (both under and over), eating behaviours and emotional eating, type 2 diabetes, and heart health and the Mediterranean diet.

Western Downs Speech Pathology

Better Movement Clinic, 16 Eileen Street, DALBY QLD 4405

E team@tagclinic.com.au

W tagclinic.com.au

P (07) 4669 1579

Providing Speech Pathology services to Dalby and surrounds.

Western Downs Speech Pathology

Tara Neighbourhood Centre, 41 Day Street, TARA QLD 4421

E team@tagclinic.com.au

W tagclinic.com.au

P (07) 4669 1579

Providing Speech Pathology services to Tara.

Child Youth & Family Health

BUSHkids - Dalby

33B Archibald Street, DALBY QLD 4405

E dalby@bushkids.org.au

W bushkids.org.au

P (07) 4662 2729

BUSHkids is a not-for-profit organisation providing free preventative and early intervention allied health care to children and their families in regional, rural and remote Queensland communities.

Child Health

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Provides information and education to parents and carers for children from birth to 18 years of age.

Paediatrics

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Paediatricians are medical specialists who diagnose, treat, and provide medical care for babies, children, and teenagers. They deal with illnesses and the child's physical, mental, and behavioural development.

School-based Health Nurse

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

School Based Youth Health Nurses work in Queensland state secondary schools. They provide a wide range of health and wellbeing services to young people. They also work with the school community, including parents and teachers to develop a healthy school environment. School Based Youth Health Nurses also look to connect young people and their families with any support services they need.

Maternity

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Antenatal care is the care you receive during pregnancy.

School-based Health Nurse

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

School Based Youth Health Nurse offer individual health consultations to provide assessment, support, health information and referrals for young people. School Based Youth Health Nurses also work with the school community on issues that may affect the health and wellbeing of individual young people and the broader school community.

Maternal and Child Health

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

The Maternal and Child Health Program is a regional program that provides free services available to all clients with children from birth to school age.

Leukodystrophy Resource and Research organisation

22 Pine Street, MILES QLD 4415

E bobwyborn@bigpond.com

W leukodystrophyresourceresearch.org

P (07) 4627 1092

Leukodystrophy is group of some 50 to 60 genetic progressive neurodegenerative disorders that are terminal. We support families, scientists, clinicians and allied health.

Community Health & Medical

Asbestos Related Diseases

E inquiries@adss.org.au

W adss.org.au

P 1800 776 412

We provide telephone support to people with an asbestos related disease, their families and carers. We also aim to prevent exposure to asbestos containing materials.

Peer Navigation

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

The HIV Peer Navigation Program supports people diagnosed with HIV to navigate the complex environment of HIV treatment & care.

Queensland Positive People - Mackay

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

Case Management services for people living with HIV

Dental & Oral Health**Chinchilla Dental Practice**

50 Middle Street, CHINCHILLA QLD 4413

E pmchinchilla@1300smiles.com.au

P (07) 4662 8311

CDP offers modern technology with great country service. We have 5 up-to-date treatment rooms, digital x-rays including OPG, Cerec on-site CAD-CAM technology (which allows same-day crown construction by scanning the prepared tooth) and rotary endodontics.

Oral Health

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Dentistry service is the professional care of teeth and gums, including professional oral hygiene and dental surgery. Dentistry services also provides general dental care and emergency dental care to all eligible children and young people including check-ups, preventive care, fillings and toothaches or accidents or emergencies.

Dental

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Dentistry service is the professional care of teeth and gums, including professional oral hygiene and dental surgery. Dentistry services also provides general dental care and emergency dental care to all eligible children and young people including check-ups, preventive care, fillings and toothaches or accidents or emergencies.

Dental Care

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4669 7378

Goondir Health Services has partnered with The University of Queensland School of Dentistry to provide a five-chair dental clinic with in-house digital x-ray equipment in Dalby.

Dental

E RomaMainReception@health.qld.gov.au

W southwest.health.qld.gov.au

P (07) 4624 2700

Dentistry service is the professional care of teeth and gums, including professional oral hygiene and dental surgery.

Drug & Alcohol Services**Alcohol And Drug Foundation - Queensland**

E adf@adf.org.au

W adf.org.au

P (07) 3565 3700

Our Purpose: To prevent and minimise the harm caused by alcohol and other drugs in Australia.

Alcohol and Drug Service - Northern Downs Health District

Chinchilla Health Service, 49 Slessar Street, CHINCHILLA QLD 4413

P 0467 707 672

The Alcohol Tobacco and Other Drug Service (ATODS) is a community focused service for anyone affected by alcohol, tobacco, cannabis, opiates, amphetamines, inhalants and prescription drugs.

Alcoholics Anonymous

E stopdrinkingaa@gmail.com

W aa.org.au

P 1300 222 222

Aims: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from ...

Lived Experience education and support

E admin@australianantiicecampaign.org.au

W australianantiicecampaign.org.au

P (07) 5665 6063

Prevention Education Advocacy Intervention
Peer support Relapse prevention Group therapy

Breakthrough for Families Qld

E intake@drugarm.com.au

W drugarm.com.au

P (07) 3620 8880

Breakthrough for Families Qld provides an ongoing series of free public information sessions and individual support for family members of people who are using alcohol or other drugs. The sessions provide families with accurate information, equip them with the skills and knowledge to navigate the treatment system and address barriers to seeking help.

Creating Options

E intake@drugarm.com.au

W drugarm.com.au

P (07) 3620 8880

Creating Options is an up to twelve week treatment program for people who want help to address issues related to their alcohol or other drug use. Book an appointment by calling the Central Intake Service on (07) 3620 8880.

Family Drug Support

E general@fds.ngo.org.au

W fds.org.au

P 1300 368 186

FDS provides up to date information on all aspects of alcohol and drug use relative to the families and friends of people who use substances. FDS also operates a National 24 hr, 7 day a week telephone support service for families and friends affected by alcohol and other drug issues.

Lives Lived Well Head Office

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 727 957

Lives Lived Well provides support for people in Queensland, New South Wales and South Australia who are being impacted by alcohol or drugs or problems with mental health. We aim to take a holistic, compassionate and harm minimisation approach to help people live their lives well. Our community supports are free to access, and we also provide low-cost live-in services.

Lives Lived Well - Dalby

Myall Youth and Community Centre, Corner Drayton and Nicholson Sts, DALBY QLD 4405

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 727 957

Alcohol and drug counselling services are provided from our Dalby office.

Lives Lived Well - Chinchilla

71 Middle Street, CHINCHILLA QLD 4413

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 727 957

Alcohol and drug counselling services are provided from our Chinchilla office. Phone counselling is available to all Queensland areas during normal office hours, Monday to Friday, on 1300 727 957. You can find our Chinchilla office within the Chinchilla Family Support Centre at: 67-71 Middle Street, Chinchilla, QLD 4413

Narcotics Anonymous

E shop@fso.com.au

W na.org.au

P 1300 652 820

Servicing the Western Downs Region.

Salvation Army - Red Hill (Moonyah)

W salvationarmy.org.au

P (07) 3369 0922

Moonyah is the Brisbane centre for the Salvation Army Bridge Program, which provides treatment for alcohol, drug and gambling addictions. Sixteen bed detoxification unit and thirty two long term rehabilitation programs are offered. The program assists clients to deal with the causes of their addictions. Life skills, work therapy and recreation are integrated into the program. Assessment for ...

SMART Recovery

E smartrecovery@srau.org.au

W smartrecoveryaustralia.com.au

P (02) 9373 5100

Smart Recovery For all addictive behaviours

Teen Challenge - New Life Centre - QLD

E tcqld@teenchallenge.org.au

W teenchallengeqld.org.au

P (07) 3422 1500

Teen Challenge provides a residential rehabilitation program for men and women who struggle with drug and/or alcohol addiction and other life controlling issues.

Drug and Alcohol Rehabilitation

E tcqld@teenchallenge.org.au

W teenchallengeqld.org.au

P (07) 3422 1500

We provide rehabilitation services to men and women to help them overcome drug, alcohol and other life controlling addictions. Our New Life Men's Centre can take those between the ages of 18 and 45, and the New Life Women's Centre is for those between the ages of 18 and 40.

Emergency Departments

Emergency Department

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

Accident and Emergency

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

Emergency Department

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

Emergency Department

Marian Street, MILES QLD 4415

W darlingdowns.health.qld.gov.au

P (07) 4628 5600

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

Emergency Department

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au

P (07) 4678 7900

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

General Health Services

13 HEALTH

W qld.gov.au

P 13 43 25 84

It's not an emergency but it could be serious. 24 hour health line. Qualified staff will give you advice on who to talk to and how quickly to do it.

Asthma Australia - Brisbane

W asthma.org.au

P (07) 3252 7677

Most of the time we take our breathing for granted. Inhale, exhale, inhale, exhale. But for people with asthma, the simple act of breathing can be a difficult and terrifying experience. At Asthma Australia we help people to breathe so they can live freely.

Australian Primary Health Care Nurses Association (APNA)

E admin@apna.asn.au

W apna.asn.au

P (03) 9322 9500

APNA champions the role of primary health care nurses; to advance professional recognition, ensure workforce sustainability, nurture leadership in health, and optimise the role of nurses in patient centered care.

Cancer Council 13 11 20 - Statewide

E helpline@cancerqld.org.au

W cancerqld.org.au

P 13 11 20

The Cancer Helpline is the specialised telephone information and support service of the Cancer Council Queensland

Chinchilla Medical Practice

58 Middle Street, CHINCHILLA QLD 4413

E reception@chinmedi.com.au

W ahdiabetes

P 0746462530

Provides Diabetes Education across various regions of Queensland.(Provided by Sugarmates)

Dalby Ambulance Station

154 Cunningham Street, DALBY QLD 4405

P (07) 4616 1521

The QAS operates as a statewide service within Queensland Health, and is accountable for the delivery of pre-hospital ambulance response services, emergency and non-emergency pre-hospital patient care and transport services, inter-facility ambulance transport, casualty room services, and planning and coordination of multi-casualty incidents and disasters.

Epilepsy QLD

E epilepsy@epilepsyqueensland.com.au

W epilepsyqueensland.com.au

P (07) 3435 5000

Epilepsy Qld provides a wide range of information and support services to help people with epilepsy and their families. Community education services, staff training and advocacy services are also offered. Epilepsy Queensland has a specialist children's program and a family support program.

Pharmacy - Multiple Providers

75 Middle Street, CHINCHILLA QLD 4413

E info@goondir.org.au

W checkup.org.au

P 07 3105 8300

Provides Optometry across various regions of Queensland.(Provided by Joanne Stower)

Registered Nurse - Respiratory - Multiple Providers

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W checkup.org.au

P 07 3105 8300

Provides Optometry, Registered Nurse - Respiratory, Scientist - Respiratory, and Diabetes Education across various regions of Queensland. (Multiple Providers)

Healthdirect Helpline

E info@nhccn.com.au

W healthdirect.gov.au

P 1800 022 222

The healthdirect helpline is a 24-hour telephone health advice line that operates seven days a week. It is staffed by registered nurses who provide expert health advice. You can call for advice if you or a member of your family are feeling ill and are unsure what to do, or for health information on a particular condition.

Sonography - Heart of Australia

Jimbour Street, DALBY QLD 4405

E reception@heartofaustralia.com

W heartofaustralia.com

P 07 3162 5310

Provides Sonography across various regions of Queensland.(Provided by Heart of Australia)

Herbalife Independent Distributor

E info@herbsforhealth.com.au

W herbsforhealth.goherbalife.com

P 0417 544 349

Community Weight Loss Challenge

HiBar Nutrition and Fitness

W hibar.com.au

P 0428 202 832

A nutrition coaching service to help people lose weight and become healthy. Providing ongoing counselling to help people improve their diet and live long and happy lives.

Lung Foundation

E kelcieh@lungfoundation.com.au

W lungfoundation.com.au

P 1800 654 301

Patient resources can be downloaded or ordered on the website, along with information on Pulmonary rehabilitation and support group locations.

Mable Direct store**E** info@mable.com.au**W** orders.pmcdirect.com.au**P** 1300 736 573

Mable Direct provides independent support workers, clients and coordinators direct access to affordable consumables, equipment and wearables to support your everyday needs. Mable Direct can help you maximise NDIS or HCP funding

Medicare - Dalby

34-36 Patrick Street, DALBY QLD 4405

W servicesaustralia.gov.au**P** 13 20 11

Medicare See a Customer Service Officer to help you with your Medicare claim in person, or use our convenient Medicare drop box.

Miles Medical Centre

79 Marian Street, MILES QLD 4415

E info@milesmedicalcentre.com.au**W** milesmedicalcentre.com.au**P** (07) 4627 1388

Miles Medical Centre is committed to providing the community of Miles and Western Downs District with holistic and comprehensive health care that is evidence-based and current best practice to ensure the optimum health status of our clients.

Poisons Information Centre**E** poisons.info@health.qld.gov.au**W** childrens.health.qld.gov.au**P** 13 11 26

The Queensland Poisons Information Centre offers 24 hours advice to public and health Professionals of Queensland on poisonings (or suspected poisonings), bites and stings.

Precedence Health Care**E** support@precedencehealthcare.com**W** precedencehealthcare.com**P** (03) 9023 0800

Precedence Health Care is a Digital Health Solutions for Integrated Care - A better, healthier life for everyone.

Scad Research**E** info@scadresearch.com.au**W** scadresearch.com.au**P** 0413 486 833

SCAD Research Australia is a registered not for profit health charity which generates awareness and raises money for life saving medical research to beat SCAD Heart Attacks. Spontaneous Coronary Artery Dissection (SCAD) is the leading cause of heart attacks in women under 50, new mums and pregnant women and cause of heart attacks in healthy, fit adults with no risk factors for heart disease.

Exercise Physiology - Better Movement Clinic

15 Bilton Street, TARA QLD 4421

W bettermovement.com.au**P** 07 4632 6074

Provides Exercise Physiology across various regions of Queensland.(Provided by Better Movement Clinic)

Vital HealthDalby

3/117 Cunningham Street, DALBY QLD 4405

E manager@vitalhealthqld.com.au**W** vitalhealthqld.com.au**P** (07) 4662 6640

Supports health and well-being in the local community.

Wambo Medical Centre

52 High Street, JANDOWAE QLD 4410

W ahdiabetes**P** 0746462530

Provides Diabetes Education across various regions of Queensland.(Provided by Sugarmates)

Wandoan Health Auxiliary**E** wandoanhealth@live.com.au**P** 0413 108 734

Educating and creating a healthier community by providing information nights and raising awareness of prominent health issues

Optometry - Michael Young Optometrist

14 Henderson Road, WANDOAN QLD 4419

W youngoptom.com.au**P** 1800122006

Provides Optometry across various regions of Queensland.(Provided by Michael H & Lynette G Young)

General Practice/Doctor

After Hours Clinic

E clinic@hhds.com.au

W afterhoursclinic.au

P (07) 3073 3933

The After Hours Clinic specialises in urgent after hours medical care. We are not an emergency service. Our service offers urgent after hours medical assistance for non-life-threatening illness and injuries. Established in 2022, the After Hours Clinic aims to ease the pressure off Emergency Departments. This is a walk in after hours clinic. After Hours Clinic is open seven days a week.

General Medicine

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

A general practitioner (or doctor) manages types of illness which may require intervention. They have specific skills in treating people with multiple health issues and can treat patients of any age and gender.

Chinchilla Medical Practice

58 Middle Street, CHINCHILLA QLD 4413

E reception@chinmedi.com.au

W chinchillamedicalpractice.com.au

P (07) 4662 7188

Our focus is to be remembered within our community for delivering exceptional healthcare to our patients. Our courteous and knowledgeable doctors and staff are dedicated to our patients and their needs.

Medical

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

A general practitioner (or doctor) manages types of illness which may require intervention. They have specific skills in treating people with multiple health issues and can treat patients of any age and gender.

General Practice

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

The Dalby General Practice services are delivered by a dedicated team coordinated by a Clinic Manager and comprises of 3 General Practitioners (GPs) and 1 GP Registrars; Registered Nurses (3), Aboriginal Health Workers (3) and Medical Receptionists (3).

Physician - General - Heart of Australia

Jimbour Street, DALBY QLD 4405

E reception@heartofaustralia.com

W heartofaustralia.com

P 07 3162 5310

Provides Physician - Obstetrics & Gynaecology, Physician - Cardiology, and Physician - General across various regions of Queensland. (Provided by Heart of Australia)

Myall Medical Practice

37 North Street, DALBY QLD 4405

E myallmedical@myallmed.com.au

W myallmed.com.au

P (07) 4662 2433

Myall Medical Practice strives to provide the highest quality general practice services to the Dalby community. We do this by our commitment to teaching and training the future medical workforce in our rural community, continuing the professional development of our existing health professionals.

Sullivan Nicolaides Pathology Pathology - Chinchilla

58 Middle Street, CHINCHILLA QLD 4413

W snp.com.au

P (07) 4662 7033

Sullivan Nicolaides Pathology is one of Australia's largest and most respected diagnostic testing laboratories, regarded for our expertise in esoteric as much as routine testing.

Telehealth Dr

E admin@telehealthdr.com.au

W telehealthdr.com.au

P 1300 998 808

We are Telehealth Doctors. A Digital Telehealth Agency proudly provides a patient portal for Telehealth Care all across Australia, where efforts are carried out by our highly trained and RACGP licensed professionals to restore and maintain patients' physical, mental and emotional health. Our Telehealth Consultants are ready to provide you electronic prescriptions according to your ailments at ...

Wambo Medical Centre

52 High Street, JANDOWAE QLD 4410

W wambomedical.com.au

P (07) 4668 5188

General Practice in Jandowae

Western Downs Health Centre

171C Cunningham Street, DALBY QLD 4405

W westerndownshealthcentre.com.au

P (07) 4669 6663

General Practice with Australian trained Doctors. Dr O'Reilly has a special Interest in Skin Cancer Management. Also we have Live Life Physio five days a week.

Health Rehabilitation Services

STEPS Program

E abios@health.qld.gov.au

W health.qld.gov.au

P (07) 3176 9506

The Skills To Enable People and Communities (STEPS) Program is a Queensland-wide information and skills program for adults aged 18-65 years with Acquired Brain Injury (ABI), including stroke, and their families and friends.

Activ8 Health Club

E trent@activ8.club

W activ8.club

P (02) 8544 0487

A registered provider under the National Disability Insurance Scheme (NDIS)

Performance Physio and Rehab

E info@rehabphysio.com.au

W rehabphysio.com.au

P (07) 5444 0394

Physiotherapy services including sports, necks and backs, persistent pain, lymphodema and vocal dysfunction. Rehab in pools and gyms Online services available - exercise advice, assessments and PSYCHOLOGY inclusive clinic

Health Screening Services

BreastScreen - Toowoomba

E bsq_toowoomba@health.qld.gov.au

W breastscreen.qld.gov.au

P 13 20 50

BreastScreen Queensland Toowoomba Service is a FREE Breast Cancer Screening Service located at 661 Ruthven St, Toowoomba. All women aged 40 years and over are encouraged to attend the service.

Diversa Health - Richmond

P 1300 100 560

We are a unique dietitian-led coaching service for NDIS participants. Accessibility is our priority - our services are entirely remote enabling us to work with participants Australia-wide, from the comfort of their own home. Diversa specialises in low carbohydrate nutrition, weight loss & type 2 diabetes, as well as helping NDIS participants to reduce pain and fatigue, improve mood, promote opt

National Bowel Cancer Screening Program (NBCSP)

W health.gov.au

P 1800 627 701

The National Bowel Cancer Screening Program aims to reduce deaths from bowel cancer by detecting the early signs of the disease. Eligible Australians from 50 to 74 years of age are sent a free, simple test that is done at home. Find out how the program works and how to do the test.

Rural Ultrasound Services Chinchilla

Chinchilla Medical Practice, 58 Middle Street, CHINCHILLA QLD 4413

E rural.ultrasound@gmail.com

W rural-ultrasound.com.au

P (07) 4662 7188

Our Sonographer Practitioner visits one day a week on Monday. To make a booking phone 4662 7188 , fax- 4662 7177. All General, Obstetric, Musculoskeletal, small parts and Vascular scans are available.

Hearing Services

Amplifon - Dalby

52 Cunningham Street, DALBY QLD 4405

E dalby@amplifon.com

W amplifon.com

P 1800 705 262

National Hearing Care Dalby provides hearing services and testing for the community of Dalby. We provide Hearing Aids and assistance for aged hearing care.

Auslan services

W auslanservices.com

P 1300 287 526

Auslan Services is a nationally recognised, multi-award winning agency and employer of choice that provides a one-stop shop with the most affordable suite of packages of support to Deaf Australians. Auslan Services have been a regular source of contact via many reputable organisations, agencies, businesses and Government departments at local, state and national levels.

bloom hearing specialists Chinchilla

Chinchilla Medical Centre, 58 Middle Street, CHINCHILLA QLD 4413

W bloomhearing.com.au

P (07) 4659 9688

At bloom™, we make living with hearing loss more comfortable by empowering our clients to make the right decisions about their hearing solutions.

Hearing Australia - Chinchilla

58 Middle Street, CHINCHILLA QLD 4413

W hearing.com.au

P (07) 4694 1000

With over 600 locations across Australia, we'll work with you to deliver on our promise to offer world-leading hearing solutions anyone can access— to make a difference to you, your family as well as the communities we serve.

Hearing Australia - Dalby

34-36 Patrick Street, DALBY QLD 4405

W hearing.com.au

P (07) 4694 1000

With a dedicated team, we are the nation's largest provider of government-funded hearing services for children, young adults under 26, Aboriginal and Torres Strait Islanders, pensioners and veterans.

Home Care & Safety Services

Home Care Service

Cnr Heeney and Hypatia Streets, CHINCHILLA QLD 4413

P (07) 4662 7711

the Home Care Service provides domestic assistance to HACC eligible clients in the Chinchilla and Tara Shires. The service assists people to maintain their independence in their own home by assisting with basic domestic tasks which may include, vacuuming, mopping washing or hanging out or bringing in clothes. Other household domestic tasks can be negotiated with clients. Clients include frail, ...

Southern Cross Care (QLD) - Home Care Packages

E centralroster@sccqld.com.au

W sccqld.com.au

P 1300 306 442

Southern Cross Care offers home care packages, aiming to support their clients to exercise greater control over the care they receive, the type of service, who will deliver the service and when.

Trilogy Care

E info@trilogycare.com.au

W trilogycare.com.au

P 1300 459 190

Trilogy Care supports you to confidently manage your Home Care Package so you can continue to live comfortably in the home you love. Our experienced team provides personalised care planning and budget administration, as well as the option for coordination of supports, to help you maximise your care hours and wellbeing.

Hospitals

Chinchilla Hospital

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Queensland Public Hospital. Please contact hospital staff for more information on the services available at this location. In any emergency situation involving sudden illness or injury, it is essential

General Surgery

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

General surgery is the treatment of injury, deformity, and disease using operative procedures. Areas of the body treated by general surgery include the stomach, liver, intestines, appendix, breasts, thyroid gland, salivary glands, some arteries and veins, and the skin. The brain, heart, eyes, and feet, to name only a few, are areas that require specialized surgical repair.

High Dependency Care

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

Is an intensity of patient care and monitoring, below intensive care, which is intended for early detection of serious problems, detailed monitoring, and control of symptoms

Dalby Hospital

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Queensland Public Hospital. Please contact hospital staff for more information on the services available at this location. In any emergency situation involving sudden illness or injury, it is essential that an ambulance is called immediately. Call Triple Zero (000) immediately to contact emergency services. This information is provided by the Queensland Government Open Data Initiative.

Medical Imaging

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Medical imaging, also known as radiology, is the field of medicine in which medical professionals recreate various images of parts of the body for diagnostic or treatment purposes. Medical imaging procedures include non-invasive tests that allow doctors to diagnose injuries and diseases without being intrusive.

Pathology

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Pathology tests can help your doctor understand many health issues you face. This page will allow you to have a good discussion with your doctor about the results.

Jandowae Hospital

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

Queensland Public Hospital. Please contact hospital staff for more information on the services available at this location. In any emergency situation involving sudden illness or injury, it is essential that an ambulance is called immediately. Call Triple Zero (000) immediately to contact emergency services. This information is provided by the Queensland Government Open Data Initiative.

Outpatient

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

When you still need support, but you have not been admitted for treatment at the hospital, you are known as an outpatient. A specialist outpatient are services that are provided from a range of specialist medical and surgical services depending on the size of the hospital and community.

Miles Hospital

Marian Street, MILES QLD 4415

W darlingdowns.health.qld.gov.au

P (07) 4628 5600

Queensland Public Hospital. Please contact hospital staff for more information on the services available at this location. In any emergency situation involving sudden illness or injury, it is essential that an ambulance is called immediately. Call Triple Zero (000) immediately to contact emergency services. This information is provided by the Queensland Government Open Data Initiative.

Outpatient

Marian Street, MILES QLD 4415
W darlingdowns.health.qld.gov.au
P (07) 4628 5600

When you still need support, but you have not been admitted for treatment at the hospital, you are known as an outpatient. A specialist outpatient are services that are provided from a range of specialist medical and surgical services depending on the size of the hospital and community.

Chronic Disease Nurse

E RomaMainReception@health.qld.gov.au
W southwest.health.qld.gov.au
P (07) 4624 2700

Chronic Disease Nurses supports clients, their families, and carers with increasing health literacy to empower clients to proactively plan and manage their chronic disease condition.

Medical Imaging

15 Bilton Street, TARA QLD 4421
W darlingdowns.health.qld.gov.au
P (07) 4678 7900

Medical imaging, also known as radiology, is the field of medicine in which medical professionals recreate various images of parts of the body for diagnostic or treatment purposes. Medical imaging procedures include non-invasive tests that allow doctors to diagnose injuries and diseases without being intrusive.

Tara Hospital

15 Bilton Street, TARA QLD 4421
W darlingdowns.health.qld.gov.au
P (07) 4678 7900

Queensland Public Hospital. Please contact hospital staff for more information on the services available at this location. In any emergency situation involving sudden illness or injury, it is essential that an ambulance is called immediately. Call Triple Zero (000) immediately to contact emergency services. This information is provided by the Queensland Government Open Data Initiative.

Mental Health Services

1300 MH CALL

W metrosouth.health.qld.gov.au
P 1300 642 255

1300 MH CALL (1300 642 255) is a confidential mental health telephone triage service that provides the first point of contact to public mental health services to Queenslanders.

Anna Rees Counselling Services

E annarees@outlook.com.au
P 0422 762 006

Providing individual, relationship and family counselling, EAP counselling, pre-marriage education (FOCCUS) and professional supervision services. To book a session, please call, text or email, and I will get in touch as soon as possible.

TRAIC Program

E TRAICDDHHS@health.qld.gov.au
W darlingdowns.health.qld.gov.au
P 0439 740 783

Tackling Regional Adversity through Integrated Care Program (TRAIC Program) - Mental Health/Suicide Prevention Program, covering all of the DDHHS catchment area. Main Office: AMHU Toowoomba Hospital, Pechy Street, TOOWOOMBA 4350.

Beyond Blue Helpline and Online Chat

W beyondblue.org.au
P 1300 224 636

Beyond Blue Webchat provides one-on-one mental health support for people in Australia who are concerned about anxiety, depression or suicide.

Mental Health

Slessar Street, CHINCHILLA QLD 4413
E chinchilla-admin@health.qld.gov.au
W darlingdowns.health.qld.gov.au
P (07) 4662 8888

Mental Health service delivers specialised assessment, clinical treatment, and rehabilitation services to reduce symptoms of mental illness and facilitate recovery across all age groups. Mental Health services are focused on providing care to clients who experience the most severe forms of mental illness and behavioural disturbances.

Mental Health

Hospital Road, DALBY QLD 4405
E DDHHSdalbydental@health.qld.gov.au
W darlingdowns.health.qld.gov.au
P 1300 082 662

Mental Health service delivers specialised assessment, clinical treatment, and rehabilitation services to reduce symptoms of mental illness and facilitate recovery across all age groups. Mental Health services are focused on providing care to clients who experience the most severe forms of mental illness and behavioural disturbances.

BluePages Depression Information

E ehub@ehubhealth.com

W bluepages.anu.edu.au

BluePages Depression Information provides evidence-based information about depression - what it feels like, how it is diagnosed, how you can seek help and which treatments work. The website includes reviews of the available scientific evidence for a large number of potential depression treatments, so that individuals can make informed decisions about which treatments might be best for them.

E - Hub Health

E ehub@ehubhealth.com

W ehubhealth.com

We provide automated, online mental health programs which are available free to all Australians thanks to funding from the Australian Department of Health.

e-couch self-help

E ehub@ehubhealth.com

W ecouch.anu.edu.au

e-couch is an online, interactive self-help program for common mental health problems. - Free, evidence-based information and self-help training - Program modules for depression, anxiety & worry, social anxiety, bereavement & loss, divorce & separation. - Access anonymously, at your own pace, at any time.

moodgym

E ehub@ehubhealth.com

W moodgym.com.au

moodgym is like an online interactive self-help book which helps you to learn and practise skills which can help to prevent and manage symptoms of depression and anxiety. - Free for all Australians - Over 1 millions users worldwide - Anonymous and confidential - Secure handling of your data - Access anytime, at your own pace - Scientifically evaluated

Galcom

E support@sentient.global

W sentientpsych.com

P 1300 187 448

Sentient Professional Wellbeing is a mental wellbeing, professional wellbeing and research organisation. Our specialised team of clinical psychologists, counsellors, executive coaches and researchers are highly skilled and experienced in working with stress, anxiety, relationships, depression, life transitions, grief & trauma/ PTSD. We welcome all forms of diversity to our clinic.

Social and Emotional Wellbeing

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

Goondir has Counsellors who are able to address a full range of emotional and social problems endured by survivors of the Stolen Generation and their families.

Healthspot Ot

E admin@healthspotot.com.au

W linktr.ee

P 0481 301 965

Healthspot Occupational Therapy is an online integrative occupational therapy service focussing on mental health and well-being.

Isa Psychology

E caitlin@cgpsych.com

W isapsychology.com.au

P (07) 3129 0196

Psychology services - assessment/intervention, counselling, self exploration. Rebates available, make an enquiry, visit website isapsychology.com.au to find out more, or to book an appointment online. All ages welcome.

Alcohol and Other Drugs

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

Alcohol and other drugs (AOD) services provide people with a range of interventions that influence and support the decision to reduce or cease harmful substance use.

Mental Health

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

Mental Health service delivers specialised assessment, clinical treatment, and rehabilitation services to reduce symptoms of mental illness and facilitate recovery across all age groups. Mental Health services are focused on providing care to clients who experience the most severe forms of mental illness and behavioural disturbances.

Life Transitions Coaching Counselling And Therapy Services

E stormtograce@gmail.com

Confidential Personal Counselling and Family Therapy provided by a fully qualified Therapist in a safe, relaxed, welcoming environment. Services available by appointment locally on site, online and mobile. Call 0438 708 550.

Mental Health First Aid International

E mhfainternational@mhfa.com.au

W mhfa.com.au

P (03) 9079 0200

Mental Health First Aid (MHFA) Australia is a national not-for-profit health promotion charity focused on mental health training and research. MHFA Australia operates under the governance of a Board of Directors and derives funding from government and philanthropic grants, public donations and through its training programs.

Mentoring Men

W mentoringmen.org.au

P 1300 583 925

Mentoring Men provide free long-term one-to-one life mentoring programs for men Australia-wide. We focus on a proactive approach, engaging with Australian men who need help before they spiral into crisis.

Mental Health

Marian Street, MILES QLD 4415

W darlingdowns.health.qld.gov.au

P (07) 4628 5600

Mental Health service delivers specialised assessment, clinical treatment, and rehabilitation services to reduce symptoms of mental illness and facilitate recovery across all age groups. Mental Health services are focused on providing care to clients who experience the most severe forms of mental illness and behavioural disturbances.

Neami Nationals

E support@nqphn.com.au

W neaminational.org.au

P (07) 4034 0300

Neami is a values-based, not-for-profit organisation providing mental health, homelessness and suicide prevention services.

Peaceful Mind Counselling

E admin@pmcounselling.com.au

W pmcounselling.com.au

P 0426 191 010

Jayani Jayatilake is a Counsellor / Accredited Mental Health Social Worker and a member of Australian Association of Social Workers (AASW). Assisting client who experience; Depression, bipolar and other mood disorders, Anxiety Disorder, Eating Disorders, Trauma including Post Traumatic Stress Disorder, Personality disorders, Suicidal thoughts and self-harming behaviors, Domestic violence & etc.

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au

W phoenixhypnotherapy.com.au

P 0438 411 551

Psychotherapy, Clinical Hypnotherapy, NLP, EMDR, CBT to transform anxiety and depression, quit smoking and weight loss, Phobia and PTSD. Creating change for clients to access true emotional ease with Nationally accredited Psychotherapist, Lynne Lumley. Natural

Positive Families PSYCHOLOGY CLINIC

E info@positivefamilies.com.au

W positivefamilies.com.au

P (07) 3096 0450

Positive Families is a boutique positive psychology clinic conveniently located in the inner Brisbane suburb of Ashgrove. We provide a comprehensive range of specialised counselling for children, teenagers, adults and families. We support our clients across the broad spectrum of mental health – from individual therapy and treatment of mental health issues to building resilience.

Psychcare Services Telehealth and Psychcare Psychology

E pm@psychcareservices.com.au

W psychcareservices.com.au

P (07) 3812 9001

PsychCare Services is an independent healthcare provider, specialising in the delivery of community based psychiatric assessment and treatment services for clients of all ages. We specialise in providing telepsychiatry services across Australia and have a practice in Ipswich, Qld that offers face to face psychiatry and psychology services.

PsychHelp

W psychhelp.com.au

P 1300 144 357

PsychHelp offers a full range of telehealth based online psychological services across Australia. Our Psychologists are all qualified and registered with a broad range of expertise. We provide a convenient, affordable, and confidential service for all clients with bulk billing also available. Please visit our website for more information and the ability to book an appointment online today.

PsychOrium Forensic and Clinical Psychology Service**E** info@psychorium.com**W** psychorium.com**P** (02) 8772 9559

PsychOrium takes a positive psychology and humanistic approach, we fundamentally believe that every person has a unique strength and we strive to maximise and build upon that strength. Our experienced team provides clinical and forensic assessments and interventions, court and legal aid reports, group therapy, consultancy and training.

Queensland Health Victim Support Service**E** victim.support@health.qld.gov.au**W** health.qld.gov.au**P** 1800 208 005

Queensland Health Victim Support Service provides information, support and counselling for victims of serious offences committed by a person with a mental illness.

Reimagine**E** reimagine@mhcc.org.au**W** reimagine.today**P** (02) 9555 8388

Supporting people living with mental health conditions to navigate the NDIS

RHealth Ltd - Toowoomba (Head Office)**E** admin@rhealth.com.au**W** rhealth.com.au**P** (07) 4638 1377

Head to Health is a free and confidential mental health navigation support service funded by the Australian Government. Support is available over the phone via free call on 1800 595 212, for advice and connection to the local mental health supports that are best for consumers. Visit <https://www.headtohealth.gov.au/> for digital mental health services.

Richmond Fellowship Queensland - Dalby

Myall Youth & Community Centre, 28a
Nicholson Street, DALBY QLD 4405

E twba@rfq.com.au**W** rfq.com.au**P** (07) 4634 0983

RFQ provides professional recovery-oriented psychosocial services throughout Queensland, and nationally via telehealth services. For more information about services available near you, contact your local RFQ office.

Skills4LifePsychology**E** admin@skills4lifepsychology.com.au**W** skills4lifepsychology.com.au**P** 0477 187 768

Timely (no-waiting list) psychological support for anxiety, depression, grief, loss, pain management, panic attacks, self-esteem, anger management, insomnia, couples counselling, and workplace issues. Our life transition therapies are grounded in empathy, trust, and cultural sensitivity. Check our website for available dates and times or contact us.

Supported Care**E** care@supported.care**W** supported.care**P** (07) 3189 4877

A specialist community care and support provider for those living with mental health issues and ABIs (acquired brain injury)

Talked**E** info@talked.com.au**W** talked.com.au**P** 0466 439 787

Talked provides affordable and Medicare-rebated, NDIS-rebated or private health rebated mental health services.

Youth and Adult Mental Health Worker

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au**P** (07) 4678 7900

Mental Health service delivers specialised assessment, clinical treatment, and rehabilitation services to reduce symptoms of mental illness and facilitate recovery across all age groups. Mental Health services are focused on providing care to clients who experience the most severe forms of mental illness and behavioural disturbances.

The ADHD Psychology Clinic**E** admin@adhdpsychiatryclinic.com.au**W** adhdpsychiatryclinic.com.au**P** 1300 517 614

Our psychologists provide Adult ADHD diagnostic assessments. Telehealth consultations Australia wide.

The Psychology Talk**E** admin@thepsychologytalk.com.au**W** thepsychologytalk.com.au

The Psychology Talk offers a modern, personalised, and kind approach to treating your mental health.

Toxic Thinking - Mental Wellness Apps**W** toxicthinking.info**P** 0417 906 000

Mental Health Awareness and Prevention.
How to build resilience. How to recognise the indicators. What action is appropriate. Who to involve.. Free community resource developed by Boultons Multimedia

Unwind Psychology**E** unwindpsychology@gmail.com**W** unwindpsychology.com.au**P** 0493 083 161

Unwind Psychology is a telehealth based online private Psychology practice, providing high-quality psychological treatment and support services to adults across Australia. Offering a range of counselling and psychology treatment options tailored to your needs. You are the expert in your life, and we have the psychology knowledge and training, and together we can help you live your best life.

EMERALD: proactive mental wellbeing program**E** psychologyclinic@usc.edu.au**W** usc.edu.au**P** (07) 5430 1234

EMERALD is an evidence-based program for people experiencing early signs that their mental wellbeing needs proactive attention. This could be due to the impacts of COVID-19 or other life changes that have left you feeling 'not quite yourself'. Through personalised coaching and learning modules, our expert practitioners will help you regain your wellbeing early, before longer-term problems develop.

Vivid Mental Health - Mackay**E** sylvia@vividmentalhealth.com.au**W** vividmentalhealth.com.au**P** (07) 4863 1461

Vivid Mental Health offers a range of psychological therapy, in-person from our Mackay based Private Practice and Teletherapy (Phone and Video-chat) all across Australia. For the Mackay region we are able to offer certain programs on locations such as corporate organisations, schools and universities.

Working4Recovery**E** info@working4recovery.com**W** working4recovery.com**P** 0420 355 374

working4recovery facilitates recovery focused counselling and psychotherapy for people over the age of 12. working4recovery will match the right kind or mix of therapy to your needs. We have particular expertise in trauma informed care including EMDR and assisting professionals with vicarious or work associated trauma. Free services may be available under a stepped care referral.

Thrive FNQ**E** admin@worklink.org.au**W** worklink.org.au**P** (07) 4031 0877

We believe that recovery is possible for everyone and that people have the right to choose what is best for them. We walk alongside the person to help them thrive with their NDIS supports

Young Veterans**E** admin@youngveterans.com.au**W** youngveterans.com.au**P** 0401 793 560

Young Veterans has one goal, enrich the lives of Australian veterans, empowering them to progress and succeed in life after service. Young Veterans was born from a necessity of support that wasn't available. This support is one that inspires Veterans to think outside the box of what is possible, re-engage with civilian society and participate in positive events that challenge and rehabilitate.

Palliative Care

Palliative Care

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au**W** darlingdowns.health.qld.gov.au**P** (07) 4662 8888

Palliative care aims to give the best possible quality of life to someone living with a life-limiting or terminal illness. It helps people live their life as fully and as comfortably as possible. It is not the same as end-of-life care, which is care given during the last few weeks of life. Palliative care can be helpful at any stage of an illness. Some people receive palliative care for years.

Palliative Care

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Palliative care aims to give the best possible quality of life to someone living with a life-limiting or terminal illness. It helps people live their life as fully and as comfortably as possible. It is not the same as end-of-life care, which is care given during the last few weeks of life. Palliative care can be helpful at any stage of an illness. Some people receive palliative care for years.

Palliative Care

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

Palliative care aims to give the best possible quality of life to someone living with a life-limiting or terminal illness. It helps people live their life as fully and as comfortably as possible. It is not the same as end-of-life care, which is care given during the last few weeks of life. Palliative care can be helpful at any stage of an illness. Some people receive palliative care for years.

Palliative Care

Marian Street, MILES QLD 4415

W darlingdowns.health.qld.gov.au

P (07) 4628 5600

Palliative care aims to give the best possible quality of life to someone living with a life-limiting or terminal illness. It helps people live their life as fully and as comfortably as possible. It is not the same as end-of-life care, which is care given during the last few weeks of life. Palliative care can be helpful at any stage of an illness. Some people receive palliative care for years.

Palliative Care Queensland

E hello@palliativecareqld.org.au

W palliativecareqld.org.au

P (07) 3842 3242

Palliative Care QLD (PCQ) is a charity peak body working to improve the quality of palliative care throughout the state, with a focus on awareness, equity and access.

Palliative Care QLD provides and/or promotes:

* Education and support for members; *

Community awareness and a point of contact for palliative patients, their families, ...

Palliative Care

15 Bilton Street, TARA QLD 4421

W darlingdowns.health.qld.gov.au

P (07) 4678 7900

Palliative care aims to give the best possible quality of life to someone living with a life-limiting or terminal illness. It helps people live their life as fully and as comfortably as possible. It is not the same as end-of-life care, which is care given during the last few weeks of life. Palliative care can be helpful at any stage of an illness. Some people receive palliative care for years.

Pharmacies

Acton Health Pharmacy

58 Middle Street, CHINCHILLA QLD 4413

E chinchilla@actonhealth.com.au

W actonhealth.com.au

P (07) 4662 7162

Acton Health Pharmacy (AHP) is a family-run business providing a health hub for services and advice in the Western Downs Region. Our family-oriented approach in-store ensures our customers feel welcomed and confident that our team are focused on providing the best service with the customer's needs at the forefront.

Dalby and District Friendly Society Dispensary

52 Cunningham Street, DALBY QLD 4405

E dalbyfsd@nunet.com.au

P (07) 4662 5333

We have been proudly serving Dalby and the surrounding area for over 90 years. We're here to answer all your health care questions.

Pharmacy

Hospital Road, DALBY QLD 4405

E DDHHSdalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

A pharmacist can offer quite a wide range of health services for free or at a low cost, to save you the hassle of a trip to the doctor for things that pharmacists are perfectly well trained to do.

Jandowae Pharmacy

36 High St, JANDOWAE QLD 4410

E info@jandowaepharmacy.com.au

W jandowaepharmacy.com.au

P (07) 4668 5342

Jandowae pharmacy is a full service pharmacy carrying a full range of pharmaceuticals and OTC (over the counter) medications. In addition Jandowae Pharmacy carries a large range of gifts.

Wandoan Pharmacy

36 Royd Street, WANDOAN QLD 4419

E wandoanpharmacy@gmail.com

W wandoanpharmacy.com.au

P (07) 4627 4191

We are proud to offer you our expert service across a variety of health areas. Our highly trained and caring pharmacists work with you and your doctor to help you and your family reach the best possible health outcomes.

Your Pharmacy

32 Middle Street, CHINCHILLA QLD 4413

E admin@arfam.com.au

P (07) 4662 8588

Your Pharmacy Chinchilla provides your complete Health Care and Beauty solutions

Pregnancy, Maternity & Newborn Health

Obstetrics

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

The Gynaecology service provides services for women during pregnancy and childbirth and in the diagnosis and treatment of diseases of the female reproductive organs. Referrals will be clinically reviewed, and appointments booked according to clinical categorisation.

Red Gate Bowen and Breast Feeding Clinic

E sue@redgateclinic.com.au

P 0418 183 050

Red Gate offers two separate services -Bowen therapy for wellbeing and pain relief for all ages and specializing in Pre conception, Pregnancy and Baby Bowen . Lactation Consultation with Sue Barford IBCLC pre birth and post birth specializing in tongue tie assessment. 2 clinic locations in Highfields & Ravensbourne . Secure online breastfeeding consultation available within Australia

Psychiatric Services

Call to Mind

E info@calltomind.com.au

W calltomind.com.au

P (03) 9099 0453

Call to Mind is a telepsychiatry service that allows people across Australia to access quality mental health care. We have a team of psychiatrists and psychologists ranging in availability and speciality to best meet your needs. Consults are held on a video-conferencing platform so you can attend your appointment from anywhere.

Psychology - Barry Sheehan Psychology

15 Windmill Road, CHINCHILLA QLD 4413

E Chinchilla.CCare@bluecare.org.au

W barrysheehan.com.au

P 07 4632 4049

Provides Psychology across various regions of Queensland.(Provided by Barry Sheehan Psychology)

Psychology - Barry Sheehan Psychology

79 Marian Street, MILES QLD 4415

E info@milesmedicalcentre.com.au

W checkup.org.au

P 07 4632 4049

Provides Psychology across various regions of Queensland.(Provided by Barry Sheehan Psychology)

Psychology - Barry Sheehan Psychology

Cnr of Drayton St & Nicholson St, DALBY QLD 4405

E admin@mycnc.com.au

W checkup.org.au

P 07 4632 4049

Provides Psychology across various regions of Queensland.(Provided by Barry Sheehan Psychology)

Psychology - Barry Sheehan Psychology

Tara Neighbourhood Centre, 49 Day Street, TARA QLD 4421

E centre@taranc.com.au

W taranc.au

P 07 3105 8300

Provides Psychology across various regions of Queensland.(Provided by Barry Sheehan Psychology)

Psychology - Barry Sheehan Psychology

52 High Street, JANDOWAE QLD 4410

W checkup.org.au

P 07 4632 4049

Provides Psychology across various regions of Queensland. (Provided by Barry Sheehan Psychology)

Sexual Support Services & Counselling

1800RESPECT

W 1800respect.org.au

P 1800 737 732

Are you experiencing sexual assault or domestic and family violence? Seeking to support someone who is? Qualified, experienced counsellors are available 24/7 to provide support, information and referral. Call 000 if in danger.

Breaking Free Healing Centre

E dianne.spencer@outlook.com.au

P 0403 142 326

Breaking Free Healing Centre Inc. is dedicated to offering affordable and effective hope, healing and specialised recovery to all those suffering from the effects of Emotional, Verbal, Physical, Sexual Abuse and Family Dysfunction.

Brisbane Rape and Incest Survivors Support Centre

E admin@brissc.org.au

W brissc.org.au

P (07) 3391 0004

BRISSC provides free support and counselling services to women (over the age of 15 years) who have experienced sexual violence at any time in their lives.

DV Connect Sexual Assault Helpline

E mail@dvconnect.org

W dvconnect.org

P 1800 010 120

The State-wide Sexual Assault Line offers telephone support and counselling to anyone – women, men and young people – who has been sexually assaulted or abused and for anyone who is concerned or suspects someone they care about might have been assaulted or abused.

Sexual and Reproductive Health

4 Jimbour Street, DALBY QLD 4405

E info@goondir.org.au

W goondir.org.au

P (07) 4679 5900

The Sexual and Reproductive Health Program aims to provide education, awareness, health promotion, prevention and intervention strategies to clients and the community regarding sexual and reproductive health

Women's Health

13 Dalby Street, JANDOWAE QLD 4410

W darlingdowns.health.qld.gov.au

P (07) 4668 4555

Is a network of specially trained women's health workers who deliver care to those in their community.

Specialist Outpatient Clinics

Outpatient

Slessar Street, CHINCHILLA QLD 4413

E chinchilla-admin@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P (07) 4662 8888

When you still need support, but you have not been admitted for treatment at the hospital, you are known as an outpatient. A specialist outpatient are services that are provided from a range of specialist medical and surgical services depending on the size of the hospital and community.

Mobile Women's Health

Hospital Road, DALBY QLD 4405

E DDHSDalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Mobile Women's Health Service: is a network of specially trained women's health workers who deliver care to those in their community.

Deafblind Information Australia

E info@deafblindinformation.org.au

W deafblindinformation.org.au

Deafblind Information Australia is a consortium of Senses Australia, Able Australia and Deafblind Australia.

Wandoan Outpatients Clinic

14 Henderson Road, WANDOAN QLD 4419

W darlingdowns.health.qld.gov.au

P (07) 4627 4444

Queensland Public Hospital. Please contact hospital staff for more information on the services available at this location. In any emergency situation involving sudden illness or injury, it is essential that an ambulance is called immediately. Call Triple Zero (000) immediately to contact emergency services. This information is provided by the Queensland Government Open Data Initiative.

Specialists

Calm Nights Sleep Consultancy

E hayley@calmnights.com.au

W calmnights.com.au

P 0456 682 531

Calm Nights Sleep Consultancy provides sleep services for expectant parents and children from birth to 10 years. As a certified paediatric sleep consultant, I work co-operatively with families to assist them in gently teaching their child to sleep through the night.

Chinchilla Physiotherapy

58 Middle Street, CHINCHILLA QLD 4413

P (07) 4662 7980

Chinchilla Physiotherapy

Paediatrician

Hospital Road, DALBY QLD 4405

E DDHSDalbydental@health.qld.gov.au

W darlingdowns.health.qld.gov.au

P 1300 082 662

Paediatricians are medical specialists who diagnose, treat, and provide medical care for babies, children, and teenagers. They deal with illnesses and the child's physical, mental, and behavioural development.

Docto

E team@docto.com.au

W docto.com.au

P 1300 336 286

Australia's first online hospital providing medical specialist video-consultations by appointment. Referred patients are matched to the most appropriate specialist in our national database.

Dubberley, Stacey Louise

E ndisnursecontinencespecialist@gmail.com

Continence Assessments for NDIS -

Telehealth only (Australia Wide) Online

referral and service agreement

<https://form.jotform.com/222121943144850>

Eyecare Eyewear - Chinchilla

Shop 3, Chinchilla Central, 44 Middle Street, CHINCHILLA QLD 4413

E support@ecew.com.au

W ecew.com.au

P (07) 4668 9888

The Eyecare Eyewear Team ensure that every patient is provided with comprehensive personalised advice regarding their current and future visual needs, ocular health status and visual efficiency profile. Our combination of a highly qualified optometry team and state-of-the-art computerised eye testing equipment enables the provision of the highest level in vision care and ocular disease management.

Heart of Australia

E reception@heartofaustralia.com

W heartofaustralia.com

P (07) 3162 5310

Providing specialist healthcare services for Australians living in rural and remote communities nationwide.

Heart Of Australia Van Clinic - Dalby

Jimbour Street, DALBY QLD 4405

E reception@heartofaustralia.com

W heartofaustralia.com.au

P (07) 3162 5310

Heart of Australia brings specialist services to rural communities on three custom-designed clinic-on-wheels.

Queensland Health Spectacle Supply Scheme

W health.qld.gov.au

P 13 74 68

The Spectacle Supply Scheme (SSS) provides eligible Queensland residents with a pair of basic prescription spectacles, once every two years.

Western Downs Speech Pathology

E info@wdsp.com.au

Chinchilla-based Speech Pathologist offering face-to-face therapy & outreach services for all ages.

Wound Specialist Services

E info@woundservice.com.au

W woundservice.com.au

P (07) 3289 3102

Our vision is to create a better life for people with or at risk for wounds and those caring for them. Wound Specialist Services uses digital solutions to give as many people as possible access to wound knowledge anytime and anywhere to improve patient and health service outcomes. We enable the delivery of best practice wound care through our comprehensive range of services.

Information & Counselling

Carer Information

Breakthrough for Families Qld

E intake@drugarm.com.au

W drugarm.com.au

P (07) 3620 8850

Breakthrough for Families Qld is an information, referral and support program for family members, significant others and loved ones of people who are experiencing alcohol or other drug issues. Book an appointment by calling the Central Intake Service on (07) 3620 8880.

Wellways Toowoomba

W wellways.org

P (07) 3720 8155

We provide free services for Carers such as Counselling, In Person Peer Support Program, Financial Support to provide temporary Respite Care/ Disability support and equipment for the improvement of the Carers mental health. Carers can register for our services by phoning 1800 422 737.

XLH Australia Incorporated

E xlhaustralia@gmail.com

XLH Australia is a patient support and advocacy group for people living with, and people caring for others with, X-linked Hypophosphatemia (XLH).

Disability Information & Counselling

Assistive Technology Australia

E help@at-aust.org

P 1300 452 679

We provide information and advice to people with disabilities, older people, carers, service providers, allied health professionals and the general community on assistive technology solutions for independent living. We run group tours, community talks and workshops to spread awareness about Assistive Technology and its role in aiding independent living.

Beyond Blue Ltd

W beyondblue.org.au

P 1300 224 636

We all have good days and bad days. Then there are those days when something isn't quite right, you've got something on your mind, or things just seem too much.

Financial & Gambling Management & Budgeting

Fair Entitlements Guarantee (FEG)

W ag.gov.au

P 1300 135 040

The Australian Government provides assistance to people owed certain outstanding employee entitlements following the liquidation or bankruptcy of employers, this help is available through the Fair Entitlements Guarantee (FEG).

Gambling Help - National Phone Service

W gamblinghelponline.org.au

P 1800 858 858

Sometimes thinking about a gambling issue is hard. Making a decision on what to do next can be as difficult as knowing when to walk away. Our counsellors know about gambling. 'Talk' to someone online

Rural Financial Counselling Service - Southern Queensland - Miles

C/- Murilla Community Centre, 73A Murilla Street, MILES QLD 4415

E hilary.weedon@rfcssq.org.au

W rfcssq.org.au

P 0491 259 861

The Rural Financial Counselling Service provides free, confidential and impartial rural financial counselling to primary producers, fishers and small rural businesses

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is Australia's largest and longest running financial education and matched savings program. Build financial skills, develop life-long savings habits, and receive up to \$500 to assist with education costs. To participate, you must be 18+ years, be studying or have children at school, have a health care or pensioner concession card, Centrelink payment plus some income from work.

Seeds Of Hope No Interest Loan Scheme (NILS)

E nils@seedsofhope.com.au

W seedsofhope.com.au

P 0490 332 108

We provide fee and interest free loans up to \$1500 to people on Centrelink - depending on benefit recieved for the purchase of furniture, white goods, electrical appliances, education expenses, medical and dental expenses, car repairs, tyres and registrations.

General Support Services & Counselling

Amputees Queensland

E admin@afsg.org.au

W amputeesqld.org.au

P (07) 3290 4293

Amputees and Families Support Group offers individual and family peer support, hospital visitation, advocacy, social activities, information and referral. Medical aids to new amputees are also provided.

Anchoring Your Life Counselling

E debra@anchoringyourlife.com

W anchoringyourlife.com

P 0490 061 761

I provide counselling support to couples, adults and teenagers. These services can be provided both in my private practice or online for those who may have mobility issues or prefer the sanctity of their own home. I am a private healthcare provider and work with NDIS participants who are self or plan managed.

Centacare New England North West Toowoomba (Chinchilla)

67 - 71 Middle Street, CHINCHILLA QLD 4413

W catholiccare.services

P 1300 477 433

Locally based staff in South West Queensland provide a range of services including counselling, family and relationship programs and domestic violence support.

Counselling and Coaching with Astuteology

W astuteology.com

P 0426 952 757

As your qualified registered ACA counsellor and coach, I will work with you to help you overcome your problems, and grow your strengths and talents, so you enjoy better relationships and achieve your lifetime goals. All your counselling and coaching needs will be met, either by phone, Skype or Zoom no matter where you are in the world. Let's work on a plan to build a happier more contented you!

Counselling Services Hervey Bay

E patriciaf20101@outlook.com

W counsellingsservicesherveybay.com.au

P 0458 431 919

NDIS Provider- Counselling Individuals, Children and Couples, Clinical Family Therapy, Energy Psychology-Kinesiology and Theta Healing- By Appointments Saturdays. Passionate about helping people to achieve their goals and having a happier healthier life.

Dalby Family Support Assn

166 Cunningham Street, DALBY QLD 4405

E info@dalbyfamilysupport.org.au

W dalbyfamilysupport.org.au

P (07) 4669 8499

Dalby Crisis Support Association Inc is a free service which aims to support families who are in need, to help families identify needs and support families with meeting those needs, to get all Services needed from government and non-government agencies to work within a team structure for referral and to provide a service that ensures confidentiality and non-judgemental support. Services ...

**Diverse Communities and Social Services
(DCSS Australia Inc.) Indigenous and
LGBTIQA+ Community Justice and Social
Services Charity / Not-For-Profit and
Charity Community Consultants (NFPCCC)
Indigenous DGR PBI Charities**

E Info@dcssaaustralia.org

W dcss.org.au

P (03) 6185 0292

This program enables us to assist people who are disadvantaged and who genuinely want to change their lives. Clients can complete a WDP through our organisation, for more information please visit:

<https://www.dcssaustralia.org/services> or
email Justice@dcssaaustralia.org

Dr Julie-May Brown

E jmbpsychology@hushmail.com

W jmbpsychology.com.au

P 0421 778 204

Dr Julie-May Brown is an EMDRAA Accredited Clinical Psychologist - specializing in ONLINE treatment for trauma and mental health issues.

Eating Disorders Assoc

E admin@edq.org.au

W eatingdisordersqueensland.org.au

P (07) 3844 6055

Providing information, individual and group programs, and referrals to individuals with eating disorders, their carers and health professionals.

Family Relationship Advice Line

W familyrelationships.gov.au

P 1800 050 321

For those seeking help, information, support and referral to a range of services that can prevent family breakdown or ease the difficulties associated with separation and divorce.

Healing Beyond Discovery

E info@healingbeyonddiscovery.org

W healingbeyonddiscovery.org

Our group focuses on providing confidential support and information to heterosexual people who discover their partner is gay, lesbian, bisexual or transgender. Our private peer to peer support group offers a safe space to share your story and for you to gain support from people who understand.

Holistic Lifestyle Practice

E admin@holisticlifestylepractice.com.au

P 0459 946 832

Kellie Hansen is an Accredited Mental Health Social Worker, Somatic Experiencing Practitioner and Credentialed Eating Disorder Clinician who provides evidence based psychological therapy for mental health and wellbeing for adolescents and adults in person or via telehealth (phone or video link) with rebates under Medicare and NDIS funding (where eligible).

**Jo Stevenson Relationship Counselling
Toowoomba**

E hello@nourishedforlife.com.au

W jostevenson.com.au

P 0438 760 995

Relationship Counselling for couples and individuals, available in person and online.

**Gambling Help - Counselling, Community
Education and Financial Counselling**

E tcsadmin@tranquillitycareservices.org.au

W lifelinedarlingdowns.org.au

P 1800 975 252

Free, confidential counselling for anyone affected by problem gambling. Covering the whole South West of Queensland.

Appointments during office hours Monday to Friday. No referral needed. Free training, information and education. Also 24/7 support is available by telephoning 1800858858.

NewAccess

Myall Youth and Community Centre, Corner Drayton and Nicholson Sts, DALBY QLD 4405

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 971 309

The NewAccess Program is designed to provide easily accessible, free and quality services for people experiencing depression and/or anxiety. Trained NewAccess Coaches deliver six sessions of self-guided therapy face-to-face and over the phone. Self-referral is available by calling 1300 971 309 or visiting liveslivedwell.org.au/newaccess

Lives Lived Well - Dalby

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 727 957

NewAccess is an early intervention program designed to provide easily accessible, free and quality services for people with mild to moderate depression and/or anxiety. The program aims to assist people who are not currently accessing mental health services through Low Intensity Cognitive Behaviour Therapy (LiCBT). Developed by beyondblue, the program has been commissioned by the DQWMPHN.

**Lives Lived Well - New Access Program
Tara**

E info@llw.org.au

W liveslivedwell.org.au

P 1300 971 309

NewAccess was developed by Beyond Blue to help people tackle life pressures. This service may be for you if you're feeling low or stressed, experiencing such life pressures as:

- anxiety or uncertainty
- health problems
- work stress
- relationship or family issues
- long-term isolation or loneliness
- financial worries
- or sleep deprivation.

**Lives Lived Well - NewAccess Program
Jandowae**

E info@llw.org.au

W liveslivedwell.org.au

P 1300 727 957

NewAccess was developed by Beyond Blue to help people tackle life pressures. This service may be for you if you're feeling low or stressed, experiencing such life pressures as:

- anxiety or uncertainty
- health problems
- work stress
- relationship or family issues
- long-term isolation or loneliness
- financial worries
- or sleep deprivation.

**Lives Lived Well - NewAccess Program
Miles**

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 971 309

NewAccess was developed by Beyond Blue to help people tackle life pressures. This service may be for you if you're feeling low or stressed, experiencing such life pressures as:

- anxiety or uncertainty
- health problems
- work stress
- relationship or family issues
- long-term isolation or loneliness
- financial worries
- or sleep deprivation.

**Lives Lived Well - NewAccess Program
Wandoan**

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 971 309

NewAccess was developed by Beyond Blue to help people tackle life pressures. This service may be for you if you're feeling low or stressed, experiencing such life pressures as:

- anxiety or uncertainty
- health problems
- work stress
- relationship or family issues
- long-term isolation or loneliness
- financial worries
- or sleep deprivation.

Lives Lived Well (New Access) - Chinchilla

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 0447 193 939

NewAccess is a free Beyond Blue program designed for people experiencing symptoms of mild to moderate anxiety and or depression. Lives Lived Well delivers the NewAccess Program to people aged 12+ years and over in Tara, Chinchilla, Dalby, Miles, Wandoan, Taroom and surrounds. There are no waitlists to access the program and you can refer yourself.

Make It Happen Hypnotherapy

E sandy@make-it-happen-hypnotherapy.com

W mihh.com.au

P 0475 159 415

Sandy is a Registered Clinical Hypnotherapist Psychotherapist. She helps people to find and fulfill their magnificent purpose in life, as she believes that everyone has been given the unique gifts and live their life to the fullest. She promotes brain education, helping people to eliminate blockages in their subconscious mind that limit them, and reinvent the life that they want.

MensLine Australia

W mensline.org.au

P 1300 789 978

MensLine Australia is the nationwide telephone and online support, information and referral service. MensLine Australia offers a safe and confidential 24/7 phone and video counselling service. 1300 78 99 78
<http://www.mensline.org.au/>

Murilla Community Centre - Miles

73a Murilla Street, MILES QLD 4415

E mccm@bigpond.com

W mccm.org.au

P (07) 4627 2027

The Murilla Community Centre provides information and family support, a rural family support program, respite care for the frail aged and younger disabled, a rural business advisor, limited hours child care, outside school hours care, long day care and vacation care.

Nicole Ivens Holistic Counselling

E info@nicoleivens.com

W nicoleivens.com

P 0400 280 475

Counselling Service for Women. Specialising in: Anxiety, Stress, Self-care, Improving Self-confidence, Relationships, Grief & Loss, and Trauma

Northern Frontiers Mediation and Counselling Mediation and Counselling

E reception@northernfrontiers.com.au

W northernfrontiers.com.au

P 1300 908 170

Our counsellors, mediators and psychologists assist with issues such as relationship difficulties, family separation parenting, grief and loss, peer pressure, behaviour management thoughts of suicide/self-harm, conflict at work and many more. Based in Cairns, Queensland, we provide professional services across Australia via phone, or in-person at our Cairns city offices.

Not My Closet

E karen@notmycloset.com

W notmycloset.com

Counselling and coaching throughout Australia for straight spouses who've discovered their partner is a closeted lesbian, gay, bisexual or transgender person.

Nova Psychology

E hello@novapsychology.com.au

W novapsychology.com.au

P 0418 936 120

We are a diverse team of experienced therapists offering support for a broad range of mental health and life concerns. We are able to book clients an appointment for a telehealth consultation anywhere in Australia within one to two weeks. So we provide convenience, flexibility and accessibility with no long wait times. We welcome you to get in touch. Let's have a chat about how we can help (:

Open Arms

E OpenArms.SouthQLD@dva.gov.au

W openarms.gov.au

P 1800 011 046

Veterans and families phone counselling and support line.

Pregnancy Counselling and Education Services Inc.

E info@pcl.org.au

W pcl.org.au

P 1800 777 690

All pregnancy options, pregnancy loss & post abortion issues. Professional, non-directive counselling.

Quitline - Statewide

E 13quit@health.qld.gov.au

W quithq.initiatives.qld.gov.au

P 13 78 48

Provides assistance to smokers interested in changing their smoking behaviour. Trained Quitline advisors are available to provide individually tailored support, encouragement and resources to smokers. Focus is on why people smoke.

Rural Health Connect

E megan@ruralhealthconnect.com.au

W ruralhealthconnect.com.au

P 0427 692 377

A telehealth platform to access bulk billed psychology sessions. No waitlists. Referral from GP and Mental Health Care Plan needed. Committed to supporting rural and remote Australians in their own home. Book an appointment on our website or ask your GP to refer.

Sallyanne Keevers - TalkWise Counselling and Psychotherapy

E sal@talkwise.com.au

W talkwise.com.au

P 0401 045 995

Professional Counselling provided by a registered member of the Australian Counselling Association. Professional Supervision provided by a registered member of the Australian Counselling Association College of Supervisors.

Salt Counselling

E counsellingatsalt@gmail.com

W saltcounselling.com

P 0411 940 665

Compassionate and professional counselling for Individuals aged 13years to adult. Issues covered include: stress, anxiety, grief and loss, parents and families of children with special needs, trauma, depression workplace stresses, relationship issues. Call or email for a free 15 minute discovery chat today. Kathryn is an accredited mental health Social Worker with over 20 years experience.

Start from Within

E admin@startfromwithin.com.au

W startfromwithin.com.au

P (02) 8971 7392

Counselling and Grief Peer Support Groups

Suicide Prevention Pathways Inc.

E info@talksuicide.org.au

W suicidepreventionpathways.org.au

P 1800 008 255

The TALK SUICIDE Support Service offers FREE australia wide telephone support and face to face support in the Brisbane region to those at risk of suicide and their family and friends.

talklink

E hey@talklink.com.au

W talklink.com.au

P (03) 7064 9528

An online mental health directory connecting Australians with mental health support. We have available psychologists, counsellors, and psychotherapists available nationwide to help people with mental health concerns. All of our mental health practitioners are available online.

Tara Neighbourhood Centre

Tara Neighbourhood Centre, 49 Day Street, TARA QLD 4421

E centre@taranc.com.au

W taranc.au

P (07) 4665 3508

Tara NHC provides free services to Tara & wider district including Centrelink Agency, information advice & referral, Family Support, 60 & Better Program, Emergency Relief, No Interest Loans, Community Development & group support, Community Bus, contact point for Meals on Wheels and auspice Tara Crafters, Tara Music Group.

The Butterfly Foundation National Helpline

E support@thebutterflyfoundation.org.au

W butterfly.org.au

P 1800 334 673

The Butterfly Foundation operates a National Helpline that includes support over the phone, via email and online, reaching 20,000 people each year. The Helpline is staffed by trained counsellors experienced in assisting with eating disorders and body image issues. We also provide a wide range of programs for service providers and recovery groups.

Toowoomba Psychology And Counselling

E james.ising@gmail.com

W jamesisingcounselling.com.au

P 0412 742 927

Specialist psychology and counselling to individuals, couples and families. Sessions on anger, depression and anxiety, marriage and relationships, parenting, and work/life balance. James Ising is a down to earth Psychologist and Counsellor with extensive professional experience working in the non-profit, Government and health sectors. Confidential specialist service.

Transformative Place Counselling Service

E counsellortpcs@gmail.com

W transformativeplace.com.au

P 0418 961 475

Online counselling service for Australians 18 years and over

UnitingCare Country Callback

W unitingcareqld.com.au

P (07) 3253 4000

Country Callback is a 24/7 telephone support service for drought affected and isolated communities within rural Queensland. The service offers targeted emotional support to rural Queenslanders and the ability to call you back for additional support and check-ins.

Walking Life's Path Counselling Service

E walkinglifesp@liferestored.me

W liferestored.me

P 0411 513 430

Seek to: identify goals & potential solutions to problems causing emotional turmoil; improve communication & coping skills; strengthen self-esteem; & promote behaviour change & optimal mental health.

Lesbian, Gay, Bisexual and Transgender (LGBTQIA+)

AltSpace Therapies

E natalia@altspacetherapies.com.au

W altspacetherapies.com.au

P 0402 305 300

AltSpace Therapies is a queer owned and operated, inclusive trauma-informed counselling, coaching, and somatic therapy practice dedicated to serving the diverse needs of the queer, gender non-conforming, and CNM communities. Our practice is founded on the principles of respect, acceptance, inclusion, and understanding, providing a safe and affirming space for individuals and relationships.

Diverse Voices

E yvonne@diversevoices.org.au

W diversevoices.org.au

P 1800 184 527

Diverse Voices is a Queensland based non-profit organisation with a focus on the well being of the diverse voices that make up our community. Our focus is on the operation of a LGBTQIA+ peer to peer telephone, web chat and referral service.

LGBTI Legal Service Inc

E mail@lgbtilegalservice.org

W lgbtilegalservice.org.au

P (07) 3124 7160

We offer free and confidential legal advice to Queensland residents who identify as members of the diverse LGBTQIA+ community. Bookings essential. Please call our Client Services team to reserve an appointment with our solicitors. Open weekdays from 9.00 am - 5.00 pm, plus evening advice sessions on Wednesdays until 7.00 pm.

QLife

E ask@qlife.org.au

W qlife.org.au

P 1800 184 527

QLife is Australia's first nationally-oriented peer support and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI).

Trans Wellbeing

E info@transwellbeing.com

W transwellbeing.com

P 0481 360 427

An online group program for parents of transgender and gender diverse people.

Compassionate and evidence-based information and support.

Loss & Grief Support Services & Counselling

Dalby Grief Support Group

Myall Youth and Community Network Centre, Drayton Rd, DALBY QLD 4405

W supportgroups.org.au

P 0427 635 167

The purpose of the group is to help people who are experiencing grief by giving them the tools to help during the different stages.

Eva's Place Pregnancy and Early Parenting Support Inc. - Dalby

14A , Cunningham Street, DALBY QLD 4405

E dalby@evasplace.org.au

W evasplace.com.au

P 0490 046 332

Including post abortion and miscarriage. Have you noticed feelings of anger, rage, guilt, depression, hurt, shame or sorrow that just won't go away? It might be soon after or many years later. We're here for you in your pregnancy loss.

Ladybird Care Foundation

E mentoring@ladybirdcare.org.au

W ladybirdcare.org.au

P 1800 954 224

Ladybird Care Foundation exists to ensure that every bereaved parent who wants and needs care from a Peer Mentor, with lived experience, receives it. We believe that no bereaved parent should have to walk this journey alone.

Maternity Support Services & Counselling

Eva's Place Pregnancy and Early Parenting Support Inc. - Dalby

14A , Cunningham Street, DALBY QLD 4405

E dalby@evasplace.org.au

W evasplace.com.au

P 0490 046 332

Eva's Place provides support, mentoring & material assistance to girls & women with unexpected or unsupported pregnancies, up until a year after birth.

National Perinatal Anxiety and Depression Helpline

E info@panda.org.au

W panda.org.au

P 1300 726 306

PANDA National Helpline Monday - Friday 9am to 7.30pm AEST/AEDT confidential Australia-wide counselling, support, information and referrals to local services. Tel: Support 1300 726 306, Admin 03 9926 9090

Pregnancy Counselling Australia

E admin@pregnancycounselling.com.au

W pregnancyhelpaustralia.org.au

P 1300 737 732

An Australia-wide telephone support service for concerns associated with: - An unexpected or difficult or challenging pregnancy. - Grief or anxiety following termination or other pregnancy loss We understand that it often takes courage to seek assistance. Our telephone support workers will listen to your concerns and respond to your request for information, support or counselling.

Suicide & Self Harm Information

ConNetica Consulting

W connetica.com.au

P (07) 5491 5456

ConNetica is recognised and awarded in Australia and internationally for our thought leadership in mental health and suicide prevention, comprehensive approach to service mapping, collaboration and integration, stakeholder engagement, suicide prevention training programs, advocacy and research.

LivingWorks Education Australia

E info@livingworks.com.au

W livingworks.com.au

P 1300 738 382

LivingWorks is the world's leading provider of suicide intervention training. For more than thirty years, we have developed and delivered programs of the highest quality with the goal of saving lives from suicide. Praised by the international community and supported by numerous studies, our workshops help people become more willing, ready, and able to intervene with someone at risk.

Marcus Mission

E contactus@wmq.org.au

W wmq.org.au

P 0419 750 607

Suicide is the leading cause of death for Australian men aged 18-44 years. Marcus Mission aims to reduce the risk of suicide for young men in this age group.

Legal Assistance & Information Services

General Legal Assistance & Information

Anti Discrimination Commission QLD - Brisbane

E info@qhrc.qld.gov.au

W qhrc.qld.gov.au

P 1300 130 670

The Queensland Human Rights Commission works to promote equal opportunity and protect people from unreasonable limitations on their human rights, unlawful discrimination, vilification and sexual harassment. The QHRC manages complaints and assists parties to resolve through conciliation. The Commission also conducts training to raise awareness about human rights and rights and responsibilities.

Jandowae QGAP

Jandowae Community and Cultural Centre, Cnr of George St & High St, JANDOWAE QLD 4410

E jandowae.qgap@qld.gov.au

W qld.gov.au

P (07) 4668 5488

Jandowae Queensland Government Agent Program (QGAP) - Bringing Government Services Closer To You. You can find government services in locations across Queensland.

Mental Health Court registry

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing.

QE11 Courts of Law Complex

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing.

Queensland Public Interest Law Clearing House - Brisbane

E admin@lawright.org.au

W lawright.org.au

P (07) 3846 6317

LawRight is an independent not-for-profit community legal centre. LawRight improves the lives of vulnerable people by increasing access to justice through various services including the: Pro Bono Connect, Court and Tribunal Services, Duty Lawyer Services, Outreach Legal Clinics and Health Justice Partnerships.

Women's Legal Service - Rural, Regional and Remote Legal Advice

E admin@wlsq.org.au

W wlsq.org.au

P (07) 3392 0644

Rural, Regional & Remote Legal Advice Line 1800 457 117 Tuesday: 9.30am - 1.30pm
Women's Legal Service is a specialist community legal centre providing free legal and social work services to Queensland women. We assist women in the areas of family law, child support, domestic violence and child protection, as well as providing community legal education.

Local Advocacy Services**Queensland Council of Civil Liberties**

E forum.qccl@gmail.com

W qccl.org.au

P 0409 574 318

The Queensland Council for Civil Liberties (QCCL) is a voluntary organisation concerned with the protection of individual rights and civil liberties. It was founded in 1966 in order to protect and promote the human rights and freedoms of Queensland citizens.

Mediation & Ombudsman Support**Australian Financial Complaints Authority**

E info@afca.org.au

W afca.org.au

P 1800 931 678

The Australian Financial Complaints Authority (AFCA) helps individuals to resolve complaints about financial products and services. It's free to the public and you don't need to pay someone to help you lodge a complaint.

Crime And Corruption Commission

E mailbox@ccc.qld.gov.au

W ccc.qld.gov.au

P 1800 061 611

Open Mon-Fri 8am-5pm with after hours emergency service. Look after complaints against police, councils, public service etc. Operate to combat major crime, raise public sector integrity and protect witnesses.

Family Dispute Resolution

E admin@familymediationdirect.com.au

W familymediationdirect.com.au

P 1300 559 459

We provide family dispute resolution (mediation) services to separated people who need to reach agreement on children & property matters. We start the process within 2 business days and guarantee our availability for mediation within 5 business days after individual intake sessions are completed.

Family Mediation Direct

E admin@familymediationdirect.com.au

W familymediationdirect.com.au

P 1300 559 459

We assist parent going through separation to reach agreements about their children and property.

Mediation

E admin@familymediationdirect.com.au
W familymediationdirect.com.au
P 1300 559 459

We provide mediation services to separated people who need to reach agreement on children & property matters. We start the process within 2 business days and guarantee our availability for mediation within 5 business days after individual intake sessions are completed.

Peak, Industry and Funding Bodies

Industry Bodies

Chinchilla Community Commerce and Industry Inc.

Dorney Building, 97 Chinchilla Street,
CHINCHILLA QLD 4413

E manager@chinchilla.org.au
W chinchilla.com.au
P (07) 4566 9172

Chinchilla Community Commerce & Industry Inc. was formed in 2009 with the amalgamation of the Chinchilla Chamber of Commerce and the Chinchilla Economic and Tourism Development Association. The initiatives CCCI currently provide to the community and members include; advocacy and business connection, business information and Liveability projects.

Peak Bodies

CheckUP

E info@checkup.org.au
W checkup.org.au
P (07) 3105 8300

CheckUP Australia fosters innovation and integration, working collaboratively to deliver practical solutions focused on best practice outcomes—for a better primary health care sector and better health

Chinchilla Community Commerce and Industry Inc.

Dorney Building, 97 Chinchilla Street,
CHINCHILLA QLD 4413

E manager@chinchilla.org.au
W chinchilla.com.au
P (07) 4566 9172

The principal function of Chinchilla Community, Commerce & Industry Inc. is to maintain and improve the liveability of Chinchilla and to maintain and improve its prosperity.

Council On The Ageing Queensland

E info@cotaqld.org.au
W cotaqld.org.au
P (07) 3316 2999

COTA Queensland, a member of the COTA Federation is a for purpose registered charity committed to advancing the rights, needs, interests and futures of people as we age. Our vision is that ageing in Queensland is a time of possibility, opportunity and influence.

Darling Downs PHN

E info@ddwmpn.com.au
W ddwmpn.com.au
P (07) 4615 0900

Darling Downs and West Moreton phn aims to increase the efficiency and effectiveness of medical services for patients, particularly those at risk of poor health outcomes.

Diabetes Queensland

E info@diabetesqld.org.au
W diabetesaustralia.com.au
P 1800 177 055

Diabetes Queensland is the peak body for people with diabetes in Queensland, providing a powerful voice for people living with or at risk of diabetes.

Disability Advocacy Network Australia (DANA)

E info@dana.org.au
W dana.org.au

Disability Advocacy Network Australia (DANA) is a national peak body for Disability Advocacy Services - It does not provide direct services to the community.

Hepatitis Queensland

E info@hepqld.asn.au

W hepqlld.asn.au

P 1800 437 222

Hepatitis Queensland is the peak body for the hepatitis and liver health sector in Queensland. We are a community based, non-government organisation providing a range of initiatives, projects and programs to address stigma, improve the lives of those affected by viral hepatitis and meet emerging liver health challenges.

Indigenous Allied Health Australia

E admin@iaha.com.au

W iaaha.com.au

P (02) 6285 1010

Indigenous Allied Health Australia is a national, member-based Aboriginal and Torres Strait Islander allied health organisation. IAHA leads sector workforce development and support to improve the health and wellbeing of Aboriginal and Torres Strait Islander peoples.

Kidney Health Australia

E Kidney.Helpline@kidney.org.au

W kidney.org.au

P 1800 454 363

We are the peak body for kidney health in Australia. For over 50 years, we have connected people to the vital information, education and support services they need to preserve their kidney health and live a better quality of life if they are diagnosed with kidney disease.

Pharmacy Guild of Australia - Queensland

E enquiries@qldguild.org.au

W guild.org.au

P (07) 3831 3788

The Pharmacy Guild of Australia is the national peak body representing community pharmacy.

Peak Body for Queensland's Community Mental Health Sector

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

The Queensland Alliance For Mental Health reforms, promotes and drive community mental health and wellbeing services for all Queenslanders, through its influence and collaboration with its Members and strategic partners.

Psychosocial Peak Body

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

As the Psychosocial Peak Body in Queensland, QAMH provides information about services in your area, training to boost inclusion and advocates directly to Government on issues affecting people experiencing psychosocial difficulties.

Queensland Youth Housing Coalition

E admin@qyhc.org.au

W qyhc.org.au

P 0448 073 463

The QYHC provides information to young people throughout Queensland who are homeless or at risk of homelessness.

Skills Alliances

Australian Women In Agriculture (AWiA)

E administration@awia.org.au

W awia.org.au

P 0490 346 195

Australia's peak organisation for women across all areas in agriculture since 1994. We are a network of women across Australian agriculture and beyond. Together, we are a stronger voice and a voice that can make a difference.

Recreation & Leisure

Crafts

Roma Patchwork and Crafters Inc

E romapatchwork.craft@gmail.com

P 0417 198 991

A social organisation who join together to celebrate the art of patchwork and other crafts.

Thursday Night Markets

17-67 Cunningham Street, DALBY QLD 4405

P (07) 4662 2577

Thursday Night Markets are held at Dalby Shoppingworld (inside) on the last Thursday of each month. They invite local residents who hand make items, sell plants, create art or sell it to attend the markets. The purpose is to show the community what market stalls are available and continue to shop locally.

Fitness Activities

Live online Yoga and Pilates Classes

E info@kevalahealth.com.au

W kevalahealth.com.au

Live Stream Online Yoga and Pilates classes.

Private personal training NDIS registered.

General yoga, pilates, mixed yoga-pilates, meditation, fitness, rehab

Mel's Complete Fitness

E melscompletefitness@icloud.com

W melscompletefitness.teamapp.com

P 0439 894 461

Mels Complete Fitness offering services in:

Personal Training - 1 on 1 or small groups,

Bootcamp style group sessions, Qualified

Metafit instructor

parkrun - Dalby

E dalby@parkrun.com

W parkrun.com.au

Dalby parkrun is a fun, free event organised by volunteers for the benefit of everyone. This event starts Saturday morning at 7:00am.

parkrun - Charleys Creek

1 Chinchilla Street, CHINCHILLA QLD 4413

E charleyscreek@parkrun.com

W parkrun.com.au

Charleys Creek parkrun is a walk or run for free every Saturday at 7am

parkrun - Miles

Moraby Park, Warrego Highway, MILES QLD 4415

E miles@parkrun.com

W parkrun.com.au

parkrun organise free, weekly, 5km timed runs around the world. They are open to everyone, free, and are safe and easy to take part in.

The Yoga Partnership

E theyogapartnership@gmail.com

W theyogapartnership.com.au

P 0411 628 417

The Yoga Partnership is designed to increase the capacity and reach of yoga in Australia. At The Yoga Partnership we are passionate about providing the benefits of yoga and mindfulness to people who do not have access to a regular class by providing yoga online. Classes possible in lounge rooms, work sheds and back verandas of people living outside QLD's major cities. We are a NFP

General Recreation and Leisure

Bell and District Memorial Bowls Club

Wallace Street, BELL QLD 4408

E marilyncaldwell@bigpond.com

P (07) 4663 1352

Bell & District Memorial Bowls Club

Chinchilla Aquatic and Fitness Centre

97 Middle Street, CHINCHILLA QLD 4413

E chlts@swimfit.com.au

P (07) 4662 7516

The Chinchilla Aquatic and Fitness Centre is open throughout the day, 7 days a week. We are a friendly, community orientated facility with a heated indoor 25m pool and a lovely outdoor 50m pool. We have a shaded children's play pool and a poolside cafe where you can relax after doing your laps.

ClassBento

E hi@classbento.com.au

W classbento.com.au

ClassBento is all about the fun and stimulation that comes with learning (or teaching) a skill and being present in the moment. Be inspired by our experienced teachers, and give your brain a chance to stretch those creative wings. Join our mission and let's bring more healthy arty fun into our communities.

Garden Club

Tartha Cottage, 7778 Old Moonie Road, MOONIE QLD 4406

E hannaforrg64@gmail.com

P 0409 065 184

A local garden club who meet the second Tuesday of the month from March to October in various gardens around the district. The club was started in 1964.

Miles Back To The Bush Festival Inc

141 Murilla Street, MILES QLD 4415

E sharon.cruickshank@wdrc.qld.gov.au

W backtothebushfestival.com.au

P 0447 910 000

Since the 1950s, the Western Downs Regional community of Miles and the smaller towns that surround it come together biannually in September to celebrate everything we love about living in the bush. The festival spans four days with an eclectic mix of authentic and interactive bush experiences.

Tai Chi For Health

Market Street, JANDOWAE QLD 4410

P (07) 4168 0106

Tai Chi for Arthritis is a safe and enjoyable program that is easy for people to learn, no matter what their age or physical condition.

Tarawera Recreation Club Inc.

P (07) 4677 1196

Recreation Club 35kms South of Westmar.
Contact for more details.

Indoor Recreation and Leisure

Westen Downs Cinema - Dalby

Myall 107, 107 Drayton Street, DALBY QLD 4405

E Cinema.Dalby@wdrc.qld.gov.au

W westerndownscinemas.com.au

P (07) 4679 4500

Western Downs Cinemas provides space to host a private movie screening for your club, school or charity event. Contact us for more information email

Cinema.Dalby@wdrc.qld.gov.au. There is EFTPOS, disabled access, full air conditioning, a Candy Bar with popcorn, drinks and snacks available for purchase as well as ample parking on site.

Western Downs Cinema - Chinchilla

Community & Cultural Centre, 80-86 Heeney Street, CHINCHILLA QLD 4413

E Cinema.Chinchilla@wdrc.qld.gov.au

W westerndownscinemas.com.au

P (07) 4660 7220

Western Downs Cinemas provides space to host a private movie screening for your club, school or charity event. Contact us for more information email

Cinema.Chinchilla@wdrc.qld.gov.au. There is EFTPOS, disabled access, full air conditioning, a Candy Bar with popcorn, drinks and snacks available for purchase as well as ample parking on site.

Outdoor Recreation and Leisure

Bell and District Golf Club

76 Maxwell Street, BELL QLD 4408

E bontim@bigpond.com

P (07) 4663 1198

Bell and District Golf Club is a 9 hole public golf course, located in Bell, QLD. It has bar and locker room facilities, as well as a Pro Shop, and has a Par of 72.

Chinchilla Motocross Club

Brigalow Recreation Reserve, 212 Healys Crossing Road, BRIGALOW QLD 4412

E chinchillamxclub@gmail.com

W websites.mygameday.app

P 0407 118 718

Chinchilla Motocross Club

Condamine Gun Club Inc

Condamine Sports Club, Leichhardt Highway, CONDAMINE QLD 4416

E condaminegunclub@gmail.com

Clay Target Shooting Club, Monthly shoots open to anyone wanting to have a go. Located at the Condamine Sports Ground.

Dalby Events Centre

Nicholson Street, DALBY QLD 4405

E Facilities.wdrc@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

The Dalby Event Centre is a unique facility within the Dalby Region, ideal for hosting a diverse range of events including weddings, awards, conferences, formals, community events and much more.

Dalby Regional Saleyards

Yumborra Road, DALBY QLD 4405

E info@wdrc.qld.gov.au

W dalbyregionalsaleyards.com.au

P 0408 063 865

Dalby Regional Saleyards @ Western Downs is a regional facility run by Western Downs Regional Council.

Going Bush Toowoomba

E goingbushtooowomba@gmail.com

W stephtred.wixsite.com

Your local guide to bushwalking in Toowoomba and our neighbouring Southern Queensland Country regions. Visit the Going Bush Toowoomba website or Facebook Page (facebook.com/goingbushtooowomba) for bushwalking tips, trail guides & photos, plus access links to community organisations with an interest in promoting and conserving Toowoomba's natural environment.

Myall Park Botanic Garden

1 Myall Park Road, GLENMORGAN QLD 4423

E myallparkbotanic@gmail.com

W myallparkbotanicgarden.org.au

P 0497 215 226

Myall Park Botanic Garden is more just than a beautiful place where people can find respite and inspiration. It is a safe place for biological treasures from all around Australia, an outdoor classroom where people can acquire knowledge and motivation to become stewards of the plants and animals in our communities.

Palm and Cycad Societies of Australia Inc

E martin.lack@mlaa.com.au

W pacsoa.org.au

P (07) 3878 2974

We hold meetings, publish newsletters, books and magazines, and have an annual show to further the conservation and cultivation of Palms and Cycads

Showgrounds - Bell

Wallace Street, BELL QLD 4408

W wdrc.qld.gov.au

P 0408 827 436

The Showgrounds is part of the Bell Recreation Reserve Grounds and is managed by the Bell Recreation Reserve Management Committee

Showgrounds - Chinchilla

Gaske Lane, CHINCHILLA QLD 4413

E secretary@chinchillashowsociety.com.au

W wdrc.qld.gov.au

P (07) 4662 7194

The Chinchilla A & P Association promotes the development of Agricultural, Horticultural, Pastoral and Industrial and Mining resource sectors of the Chinchilla district. We host the annual Chinchilla Show and the bi-annual Melon Fest Rodeo.

Showgrounds - Dalby

Nicholson Street, DALBY QLD 4405

E Facilities.wdrc@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

The diverse event centre can accommodate several events simultaneously or the facility can be hired as a whole. There are a variety of buildings and areas available for hire, each with basic facilities within the grounds. The Dalby Showgrounds are situated within close proximity to Dalby CBD and a variety of accommodation.

Showgrounds - Jandowae

Warra Street, JANDOWAE QLD 4410

E lilliankrog@bigpond.com

W wdrc.qld.gov.au

P 0458 595 796

The showgrounds is home to Jandowae Kindergarten, Jandowae Show Society, Jandowae Pony Club and Landcare Group. Enquiries for the showgrounds can be made by contacting Jandowae Show Committee representative Lillian Krog.

Showgrounds - Miles

Hawkins Street, MILES QLD 4415

E david.g.smith6@bigpond.com

W wdrc.qld.gov.au

P 0419 028 905

The Miles showgrounds welcomes camping, casual and event hire. For further information and any applicable fees contact the caretaker.

Showgrounds - Tara

Showgrounds Road, TARA QLD 4421

E Facilities.wdrc@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4000

Tara Showgrounds are located on the edge of town on Showgrounds Road next to the Tara Lagoon Camping Area. The Showgrounds is a venue well facilitated with a choice of areas and buildings within the grounds that are well maintained and available for hire.

Showgrounds - Wandoan

Roche Creek Road, WANDOAN QLD 4419

E Facilities.wdrc@wdrc.qld.gov.au

W wdrc.qld.gov.au

P (07) 4679 4001

The Wandoan Showgrounds is located on Roche Creek Road approximately 5kms from the Wandoan town centre. The Showgrounds provides a venue that is well facilitated with a choice of areas and buildings within the grounds that are well maintained and landscaped.

Sporting Shooters Association of Australia

Dalby-Ningi Rd, DALBY QLD 4405

E dalby@ssaaqld.org.au

W ssaaqld.org.au

P 0458 510 122

THE Sporting Shooters Association of Australia (SSAA) Queensland is the Sunshine State's largest and pre-eminent shooting organisation and the state's peak body for the sport.

Personal Development Activities

Chinchilla Army Cadets

Tara Road, CHINCHILLA QLD 4413

E 141ACU-Chinchilla@armycadets.gov.au

P (07) 4662 7295

The AAC is a community-based youth development organisation focused on Defence customs, traditions and values.

Ithaca Hall

E marketing@rostrum.com.au

W rostrum.com.au

P (07) 3366 2328

Rostrum has clubs all around Australia offering you a friendly, enjoyable way to learn and improve your public speaking skills with experienced coaches in a supportive environment.

Religion & Philosophy

Churches and Places of Worship

Anglican Parish Center

33 Market Street, JANDOWAE QLD 4410

E j Anglican@dodo.com.au

P (07) 4668 5383

OUR MISSION IS TO FOSTER
CHRISTIANITY IN JANDOWAE PARISH

Chinchilla Baptist Church

27 Heeney Street, CHINCHILLA QLD 4413

E kvalier@bigpond.com

P (07) 4669 1124

Through faith-filled prayer and proactive servant leadership, to be a multiplying, collaborative movement of healthy, autonomous churches that inspire and assist each other to disciple intentionally and mission effectively, so that we can be used by God to impact Queensland and beyond for Jesus.

Christian Outreach Centre

117 Cemetery Road, CHINCHILLA QLD 4413

E cocchinchilla@bigpond.com

P (07) 4669 1083

Chinchilla Christian Outreach Centre

Church Of Christ

P (07) 5483 2719

Servicing the Western Downs Region.

Church of Christ

16 Villiers Street, CHINCHILLA QLD 4413

E chinchillacofc@hotmail.com

P (07) 4668 9522

Chinchilla Church of Christ. A group of people simply living out our faith in Jesus Christ through Worship, Prayer, Study, Fellowship, and Service.

Dalby Baptist Church

Cnr Winton & Hayden Streets, DALBY QLD 4405

E office@dalbybaptist.org

W dalbybaptist.org

P (07) 4662 3717

Dalby Baptist Church is situated just 200 kilometres west of Brisbane on the prime agricultural farmland of the Darling Downs

Dalby Christian Family

101 Pratten Street, DALBY QLD 4405

E dalbyaog@bigpond.com

W dalbychristianfamilychurch.com

P (07) 4669 6211

Dalby Christian Family Church is a part of the Australian Christian Churches (formerly Assemblies of God) movement world-wide. Here in Australia we have over 1200 congregations with some 250,000 people worshipping each Sunday.

Dalby Christian Outreach Centre

44 Orpen Street, DALBY QLD 4405

E dalbysoc@live.com.au

P (07) 4662 1133

Dalby Christian Outreach Centre

Dalby Church of Christ

49 Morton Street, DALBY QLD 4405

E bhallam11@optusnet.com.au

W cofc.com.au

P (07) 4662 2795

We exist to bring the light of Christ into communities; this is our mission. Through our local churches and care and support services we positively impact tens of thousands of lives each year. Find us.

Dalby Gospel Chapel

38 Pratten Street, DALBY QLD 4405

E lamp119@clearmail.com.au

P (07) 4668 2147

Religion & Philosophy - Churches and Places of Worship - Churches and Places of Worship.
Dalby Gospel Chapel

Dalby Kingdom Hall of Jehovah's Witnesses

97 Spring Creek Drive, DALBY QLD 4405

P (07) 4642 1402

Dalby Kingdom Hall of Jehovah's Witnesses

Dalby Uniting Church

71 Condamine Street, DALBY QLD 4405

E dalbyuniting@gmail.comW dalbyuniting.org.au

P (07) 4662 2306

At Dalby Uniting Church, we embrace Jesus' vision for building a 'different' kind of community; a community that is grounded in love, faith and hope.

Jandowae Catholic Church

49 Hickey Street, JANDOWAE QLD 4410

P (07) 4663 6132

Jandowae Catholic Church

Jandowae Uniting Church

11 George Street, JANDOWAE QLD 4410

E janduc@protonmail.com

P (07) 4668 5396

We seek to live out God's love in our local community and share the good news of Jesus Christ.

Jehovah's Witness

54 King Street, CHINCHILLA QLD 4413

E petercampbell9@hotmail.com

P (07) 4662 8551

Chinchilla Congregation of Jehovah's Witnesses

Macalister Lutheran Church

20647 Warrego Highway, MACALISTER QLD 4406

W macalister.lutheran.org.au

P (07) 4662 2226

We're part of a bigger church family, the Lutheran Church of Australia. Together we want to be a place where love comes to life.

Miles Local Chaplaincy CommitteeE avalon378@bigpond.com

P (07) 4627 6633

Miles Local Chaplaincy Committee - Servicing the Western Downs Region.

Our Lady Help of Christians Chinchilla Catholic Church Chinchilla

8 Villiers Street, CHINCHILLA QLD 4413

E olhcchinchilla@bigpond.com

P (07) 4662 7031

Ours is a parish in the Diocese of Toowoomba. We extend a warm welcome to you to join us in the expression of our faith and minister to the needs of others.

Seventh Day Adventist - Dalby

Cnr Wood and Jimbour Street, DALBY QLD 4405

E dalby.sda@gmail.comW sq.adventist.org.au

P (07) 4662 5401

Adventists believe life is more than just the accumulation of "stuff". It's about more than just surviving.

St Cecilia's Chinchilla Parish

56 Middle Street, CHINCHILLA QLD 4413

E angchin8@bigpond.comW anglicanchurchsq.org.au

P (07) 4668 9001

We are a warm and welcoming community who strive to put our Christian beliefs into action. Some of the groups active within the parish include: MU, Guild, regular Bible Study Groups and a Singing Group.

St Johns Anglican

153 Cunningham Street, DALBY QLD 4405

E admin@anglicandalby.org.auW anglicandalby.org.au

P (07) 4662 2071

Our mission at St John's is "To know Christ and to make Christ known through worship, education, outreach and caring."

St Josephs Church

142 Cunningham Street, DALBY QLD 4405

E dalbyparish@twb.catholic.edu.auW twb.catholic.org.au

P (07) 4662 4011

Religion & Philosophy - Churches and Places of Worship - Churches and Places of Worship.
St Josephs Church

St Marks Lutheran Church

68 Condamine Street, DALBY QLD 4405

E stmarksdalby@internode.on.net

P (07) 4662 2364

We are a family-friendly intergenerational Lutheran congregation located in the regional town of Dalby.

St Mark's Lutheran Church - Dalby
58A Condamine St, DALBY QLD 4405
E stmarksdalby@intermode.on.net
W stmarksdalby.com.au
P (07) 4662 2364

In the words of the classic Lutheran summary of faith, we believe that we are saved 'by grace, for Christ's sake, through faith'. Lutherans believe that worship is not so much about what we do, but about what God does for us. We simply respond in prayer and praise to the God who comes down to our level.

Uca - Chinchilla
31 Middle Street, CHINCHILLA QLD 4413
E chinchillaunitingchurch@gmail.com
P (07) 4662 7318

A friendly, rural church with a heart for our district. We strive to be a caring Christian community that encourages others through love, lives by faith and is a voice of strength for all.

Wandoan Presbyterian Church
Moore St, WANDOAN QLD 4419
E lg.peake@bigpond.com
W pcq.org.au
P (07) 4627 4157

We seek to support the Church in its commitment to making known the good news of Jesus Christ and His claim on our lives, encouraging one another to grow as His followers.

General Religion & Philosophy

Kingdom Hall of Jehovah's Witnesses
P 0407 582 474

Meet Tuesdays at 7.30pm Book Study,
Thursdays at 7.00pm Ministry School and
Service meeting and Sundays 9.30am Bible
Discourse and Watchtower Study.

Self Help

General Self Help Services

Alcoholics Anonymous Australia
W aa.org.au
P 1300 222 222

Alcoholics anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

National Continence Helpline
W continence.org.au
P 1800 330 066
The National Continence Helpline is a free telephone advisory service.

PRETERM INFANTS' PARENTS' ASSOCIATION INC (PIPA)

E contactus@pipa.org.au
W pipa.org.au
P 1300 773 672

Our goal is to raise awareness of premature birth and to provide understanding, support, information, encouragement and friendship to parents of premature infants.

Preterm Infants Parents Association Inc. (PIP A)

E contactus@pipa.org.au
W pipa.org.au
P 1300 773 672

Practical and emotional support to families of infants born premature. Raise awareness of premature birth and provide support, information, encouragement and friendship to parents of preterm infants.

QENDO Inc

E info@qendo.org.au
W qendo.org.au
P (07) 3321 4408

QENDO is the peak body for people affected by endometriosis and other pelvic health related conditions. Our work assists in advising and advocating for improved services and quality of life for our members. We support anyone affected by endometriosis, adenomyosis, PCOS, infertility or pelvic pain, by offering them the tools, services and programs to understand and take control of their health.

Heart-Based Living

W realtimeheart-based.com
P 0409 676 857

We provide a pathway to support people on their unique path to happiness and vitality, for each stage, change and challenge in life; to discover all that they are; become more aware; feel more present in their moments for lasting wellbeing and contentment in their lives. This is done through: public events, personal sessions, an online discovery journey, projects and online events, workplaces.

Refinding You - Tania Leanne Earle**E** refindingyou@tanialeanne.com.au**P** 0408 419 437

ReFinding You Professional organising - helping people ReGain order in their homes. Creating structure and space while we declutter. Organising living spaces and/or decluttering. Deceased estates. NDIS clients. Veterans. Private

Sahaja Yoga Queensland**E** peter.hewitson1@gmail.com**W** sahajayogaqld.com**P** 0438 781 413

Sahaja Yoga provides free meditation programs for the community all around Australia.

The NAKED Soul**E** admin@thenaked soul.com.au**W** thenaked soul.com.au**P** 1300 625 331

The purpose of The NAKED Soul (our WHY) is to ... Inspire Humanity to Love. Experience more joy, gratitude, kindness and well-being in your day-to-day life, through our wellbeing programs, private coaching & transformational life workshops.

Life coaching**E** your.listener.coaching@gmail.com**W** yourlistener.wixsite.com**P** 0402 333 950

John Cuturilo is Your Listener, a new type of life coach in Australia who helps people to overcome challenges and make changes in their lives. Drawing on a rich base of knowledge and experience, John eschews extravagance, vague claims, and expensive packages for tested strategies based on real experience in demanding situations.

Sport

Aquatic Sports

Bell State School PandC Swimming Club

90 Dennis Street, BELL QLD 4408

W bellss.eq.edu.au**P** (07) 4679 2333

Bell State School P & C Swimming Club is open to school-age members for swimming lessons, squad training and club swim from October to April.

Chinchilla Sharks Swimming Club

97 Middle Street, CHINCHILLA QLD 4413

E jk.bannister@bigpond.com**P** 0427 689 789

Chinchilla Sharks Swimming Club

Dalby and District Swimming Club

Patrick Street, DALBY QLD 4405

E dalbyswimmingclub@live.com.au**P** (07) 4662 2039

Dalby Dolphins Club night is held every Thursday night during the season. Arrival time 5:45pm. Events start at 6:00pm.

Dalby Aquatic Centre - Swim Fit

58 Patrick Street, DALBY QLD 4405

E dbmgr@swimfit.com.au**W** wdrc.qld.gov.au**P** (07) 4662 2039

Dalby Aquatic Centre boasts a friendly, community orientated environment and well maintained pool and facilities. There is a heated 6 lane indoor 25 metre swimming pool as well as an 8 lane 50m pool (open during summer). Swimming lessons are held in the heated indoor pool morning and afternoons for all ages from 3 months till... well you're never too old!

Jandowae Amateur Swimming Club

110 High Street, JANDOWAE QLD 4410

E jandowaeswimmingclub@gmail.com**P** (07) 4668 5264

The Jandowae Swimming Club meets every monday evening at 5:30pm at the Jandowae Swimming Pool throughout terms 4 and 1 of school. New members always welcome!

Tara Amateur Swimming Club Inc

46 Smallacombe Street, TARA QLD 4421

E taraswimclub@gmail.com

Tara Amateur Swimming Club Inc

Tara Memorial Swimming Pool - Swim Fit**E** tara@swimfit.com.au**W** wdrc.qld.gov.au**P** (07) 4665 3151

The Tara Swimming Pool is now open for the season. Opening Times Monday 6am – 8am, 12noon – 6pm Tuesday 6am – 8am, 10am – 6pm Wednesday 6am – 8am, 10am – 5pm (Swimming Club from 5pm) Thursday 6am – 8am, 10am – 6pm Friday 6am – 8am, 10am – 6pm Saturday and Sunday 10am – 6pm

Field Team Sports

Chinchilla and District Cricket Association

Chinchilla Recreation Grounds, 15 Park Street, CHINCHILLA QLD 4413

E craig.scutchings@fyfe.com.au

P 0438 841 292

Chinchilla & District Cricket Association

Chinchilla Junior Touch Association

3 Windmill Road, CHINCHILLA QLD 4413

E foodworkschinchilla@bigpond.com

P (07) 4662 7027

Chinchilla Junior Touch Association

Chinchilla Rugby League Football Club

103 Slessar Street, CHINCHILLA QLD 4413

E mangymutt@bigpond.com

P (07) 4662 7144

The Chinchilla Rugby League Football Club "The Bulldogs" represents the small Western Downs town of Chinchilla in the Roma and District Rugby League Competition. Our club and grounds are located on Slessar Street on the outskirts of town. Our club operates on a voluntary basis with the committee and players running the club and home games.

Chinchilla Senior Touch Association

103 Slessar Street, CHINCHILLA QLD 4413

E chinchillatouch@hotmail.com

P 0438 678 115

Adult fixtures played every Wednesday night at Bulldog Park.

Chinchilla United Soccer Club

E Ross.Cardillo@ergon.com.au

W chinchillaafc.com

P 0417 627 046

Football Chinchilla .

Condamine Cods Rugby Club

99 Tierreyboo Street, CONDAMINE QLD 4416

E codsrugbyclub@gmail.com

P 0439 275 794

The Condamine Cods Rugby Club was founded in 1999 and now boasts three teams (A & B Grade Mens and Women's Rugby 7s) and a bevy of loyal supporters who are the envy of the Darling Downs rugby competition.

Dalby Australian Football Club Inc

Owen Street, DALBY QLD 4405

E dalbyswansafc@gmail.com

W websites.mygameday.app

P 0427 582 964

Dalby Swans AFC is a local sporting club from U8's through to Senior and Women's teams.

Dalby Devils Junior Rugby League

Cnr Orpen Street and Drayton Street, DALBY QLD 4405

E admin@DalbyLeaguesClub.com.au

W dalbyleaguesclub.com.au

P (07) 4662 1433

We are committed, through the success of the Leagues Club, to foster the development of Rugby League and play an integral part in junior sports development in the Dalby region. The Dalby Leagues club is an active participant in many community events and willingly contributes to a variety of charities.

Dalby Football Inc

Cooper Street, DALBY QLD 4405

E footballdalbyregistrar@gmail.com

W websites.mygameday.app

P 0459 713 388

Football Dalby is the home of the Dalby Tigers (Soccer) and is situated at the Dalby PCYC off Cooper Street. Football Dalby comes under the affiliation of Football Federation Australia, Football Queensland and Football Queensland South West.

Dalby Rugby Union Grounds

Orpen Street, DALBY QLD 4405

E admin@dalbyrugbyunion.com.au

W dalbyrugbyunion.com.au

P 0437 799 747

Rugby Union is a game of speed, strength and stamina and the Dalby Wheatmen have been displaying their prowess since 1964. With over 300 registered junior, teenage, senior and womens players.

Tara and District Junior Rugby League

E carissaandmatthew@outlook.com

P (07) 4665 3080

Tara & District Junior Rugby League

Tara Touch Football

75 Day Street, TARA QLD 4406

P (07) 4669 4668

Tara Touch Football Club. Contact us for more details.

Indoor Sports

Chinchilla Gymnastics Club - Chinchilla

Back of Family Sport Centre, Warrego Highway, CHINCHILLA QLD 4413

E chinchillagymnastics@outlook.com

P 0477 689 668

Offering recreational and competitive gymnastics to children 2 years and up.

Chinchilla Indoor Netball Association
25997 Warrego Highway, CHINCHILLA QLD 4413

E chinchillaindoornetball@outlook.com.au
P 0429 627 801

Chinchilla Indoor Netball is an exciting way to have fun, get fit and meet new people. We have Mixed Monday and Ladies Thursday!

Chinchilla Squash Club
6 Wheeler Street, CHINCHILLA QLD 4413
E squashchinchilla@gmail.com
P 0419 658 630

Squash - for fun and fitness! Available to all ages and levels. Visitors are welcome. Fixtures Monday and Tuesday nights. Junior coaching - Monday afternoons.

Tara Social Squash Club
75 Day Street, TARA QLD 4406
E jandmmoran@bigpond.com
P (07) 4678 7903
Tara Social Squash Club

Outdoor Sports

Chinchilla Polocrosse Club
Racecourse Road, CHINCHILLA QLD 4413
E presidentchinchillapolox@outlook.com
Horse sports with multiple teams of 6 of varying abilities

Dalby Cricket Association
Owen Street, DALBY QLD 4405
E ian.monaghan@bigpond.com
P (07) 4662 3768
Dalby Cricket Association

Dalby Trisports
48B Archibald Street, DALBY QLD 4405
E Info@dalbytrisports.com
W dalbytrisports.com
Dalby Triathlon Group - organise and train for triathlon

Glenmorgan Trail Bike Ride Inc
E seangrams@BIGPOND.COM
P 0417 634 174
We organise one Trail Bike Ride at Glenmorgan annually.

Inglestone Golf Club Inc
Meandarra Talwood Road, INGLESTONE QLD 4422
E amarco@westnet.com.au
P (07) 4663 0760
Inglestone Golf Club Inc

Jandowae Ski Club Inc
Old Rosevale Road, JANDOWAE QLD 4410
P (07) 4668 6123
Jandowae Ski Club maintains the local dam, also provides permits for those that ski on the dam!

Miles Golf Club
Lot 128, Leichhardt Highway, MILES QLD 4415
E milesgolfclub@gmail.com
P (07) 4627 1268
18 Hole Sand Green Golf Course over 5 1/2 klm

Miles Tennis Club Incorporated
3 Centenary Avenue, MILES QLD 4415
E milestennisclub@hotmail.com
P (07) 4627 2100
Provide tennis courts for hire and fixture competition. Facility includes 5 hardcourts and club house.

Surat Clay Target Club
P (07) 4626 5566
Clay Target Club

Tara Bowls Club
1 Fry St, TARA QLD 4421
E tarabowl@bigpond.net.au
P (07) 4665 3329
Social Bowls, Competitive Bowls, Saturday Jackpot Bowls not to mention Friday Night Meals & Raffles, 15 Pockies, Cold Beer + More...

Wandoan Diggers' Race Club
E majellaerbacher@outlook.com
W wandoanraces.com
P (07) 4628 2120
Facilitate country racing in Wandoan.

Wandoan Tennis Courts
12 Henderson Road, WANDOAN QLD 4419
E jerba7@hotmail.com
P 0400 930 694
Court hire available at any time - drop into the Wandoan Post Office to get keys. Regular social fixture competitions open to any level!

Sports Clubs

Bell and District Tennis Club
Bell State School, 90 Dennis Street, BELL QLD 4408
P (07) 4663 1090
Bell & District Tennis Club

Chinchilla Bowls Club

67 Boyd Street, CHINCHILLA QLD 4413

E chinchillabowls@bigpond.com

P (07) 4662 7319

Come and see the best barefoot bowls

Chinchilla has to offer.

Chinchilla Boxing Club

12 Barber Street, CHINCHILLA QLD 4413

E nrmcconville@gmail.com

P (07) 4668 9858

Chinchilla Boxing Club

Chinchilla Clay Target Club

115 Racecourse Road, CHINCHILLA QLD 4413

E brendy_bear16@hotmail.com

W claytargetqld.org.au

P 0467 056 928

Welcome to Chinchilla Clay target Club.

Weekly social nights every Wednesday night as well as monthly Shoots. Everyone is welcome, beginners to professionals, individuals to groups!

Chinchilla Golf Club

110-116 Warrego Highway, CHINCHILLA QLD 4413

E Chinchillagolfclub@bigpond.com

W chinchillagolfclub.com.au

P (07) 4662 7438

The Chinchilla Golf Club is a 9 Hole irrigated golf course with 328 grass greens. Play is available everyday on the course. The club has a resident caretaker who can hire all clubs, buggies, carts and sell tees, balls and refreshments. 9 Holes cost \$15.00 per round.

Chinchilla Junior Netball Club

7 Tara Road, CHINCHILLA QLD 4413

E kstatham@bigpond.net.au

P (07) 4668 9021

JUNIOR NETBALL: Tuesday 4.45 - 6pm

Chinchilla Netball

Chinchilla State High School Netball Courts, Rennick Street, CHINCHILLA QLD 4413

E chinchillanetball@gmail.com

Netball Courts in Chinchilla, QLD. 3 high quality syn-paved surface courts outside & 1 wooden sprung floor court inside. Refer to our Facebook page for more info & event details.

Chinchilla Tennis Association

Boyd Street, CHINCHILLA QLD 4413

E farrelltennis@yahoo.com.au

P (07) 4669 1281

Tennis courts in Chinchilla, Queensland 11 outdoor synthetic grass courts.

Dalby and District Tennis Association

Cnr Warrego Highway and Owen Street, DALBY QLD 4405

E dalbytennis@outlook.com

W play.tennis.com.au

P 0409 485 317

The DDTA Club was formed in 1955. The facility consists of 12 courts, clubhouse, sand pit, verandah and associated amenities. There are 3 synthetic grass courts with lighting on the southern end of the centre and 5 Rebound Ace Hard Courts with upgraded lighting. Giving DDTA 8 courts for night play. There are another 4 Hard Courts available for play during the day.

Dalby Croquet Club Inc

58 Patrick Street, DALBY QLD 4405

E dalby@croquetqld.org

P (07) 4662 2087

The Dalby Croquet Club and clubhouse are available to hire for events. Play Golf Croquet on Monday mornings Play Association Croquet on Friday mornings 58 Patrick Street, Dalby

Dalby Diehards Rugby League

Orpen Street, DALBY QLD 4405

E admin@DalbyLeaguesClub.com.au

W toowoombarrugbyleague.com.au

P (07) 4662 1433

Dalby Diehards Rugby League. Stand your Ground! Another exciting season of football is upon us, so come on down to the Dalby Leagues Club and support our local team to victory!

Dalby Golf Club Inc

Moreton Street, DALBY QLD 4405

E admin@dalbygolfclub.com.au

W dalbygolfclub.com.au

P (07) 4662 2259

The clubhouse is available to hire for private functions. With full bar and kitchen facilities, the clubhouse provides indoor table settings and can be utilised as an attractive outdoor venue for evening occasions.

Dalby Gymnastics Club

Cooper Street, DALBY QLD 4405

E dalby@pcyc.org.au

W pcyc.org.au

P (07) 4672 2400

PCYC Dalby currently hosts a very popular and successful gymnastics and KinderGym program for competitors of all ages.

Dalby Junior Golf

P (07) 4662 4622

Dalby Junior Golf. Contact us for more details.

Dalby Kart Club

122 Dennis Street, DALBY QLD 4405

E info@dalbykartclub.com.au

P (07) 4662 3097

We run various classes from kids through to adults. The Club prides its self on being a family club where all karts are not afraid to help one another. Rules are very basic but the safety of all persons and Karters will always be at forefront.

Dalby Little Athletics

E littleathleticsdalby@hotmail.com

P 0432 549 525

Dalby Little Athletics

Dalby Motor Cycle Sporting Club

P 0428 621 211

Dalby Motor Cycling Sporting Club

Dalby Netball Association

Copper Street, DALBY QLD 4405

E dalbynetball@gmail.com

Sport - Sports Clubs - Sports Clubs. Netball in Dalby

Dalby Pistol Club

E ross@butterswarehouse.com.au

P (07) 4662 2876

Dalby Pistol Club. Contact us for more details.

Dalby Squash Centre Social Club

Groom Lane, DALBY QLD 4405

E hedgessport@bigpond.com

P 0455 881 146

Fixtures for all age groups and levels each night Tuesday to Thursday. Court Hire available. School kids squash Friday afternoons.

Dalby Tara Rifle Club

E jan@linsleyguns.com.au

P (07) 4662 1573

The home of long range precision rifle shooting at Dalby on the beautiful Darling Downs, Queensland, Australia.

Dulacca Sports Club

Whatley Park, DULACCA QLD 4425

E dulaccasportsclub@hotmail.com

P (07) 4627 6279

Dulacca Sports Club is a local community group, run by volunteers. We host fabulous local sporting and social events throughout the year. All welcome!

Inglestone Tennis Club

Meandarra-Talwood Road, MEANDARRA QLD 4406

P (07) 4665 6338

Inglestone Tennis Club

Jandowae Tennis Club

82 High Street, JANDOWAE QLD 4410

E Jandowaetennis@gmail.com

P 0428 685 441

Jandowae Tennis Club

Jandowae Golf Club

637 Jandowae Connection Road, JANDOWAE QLD 4410

E jandowaegolf@gmail.com

P (07) 4668 5349

Jandowae Golf Club runs events focused on community and golf.

Jandowae Pony Club

E jandowaeponyclub@hotmail.com

P 0439 555 088

Jandowae Pony Club has events in the Western Downs Region.

Jandowae Race Club

Warra Street, JANDOWAE QLD 4410

E lesleyandnoel@live.com.au

W racingqueensland.com.au

P 0417 685 353

The Jandowae Race Club is a popular horse racing track located in Jandowae, Queensland, Australia, known for its thoroughbred racing events and community engagements.

Jandowae Squash Club

High Street, JANDOWAE QLD 4410

E j.jalexander@bigpond.com

W qld.squash.org.au

P (07) 4668 5353

Whether you're a youngster looking to have some fun on the court, or a seasoned professional, we welcome all 'Squashies' and thank you for your ongoing support in helping keep Squash a great Australian success story!

Jandowae Trail Bike Ride

E jandowaetrailride@yahoo.com.au

P 0439 107 372

Jandowae Trail Bike Ride is held in aid of Jandowae State School P & C, Jandowae Pony Club and Kindergarten.

Kaimkillenbun Tennis Association Inc

P 0427 731 762

Kaimkillenbun Tennis Association

Meandarra Bowls Club

4 Walton St, MEANDARRA QLD 4422

E mbc@aapt.net.au

P 0428 656 182

Social Bowls on Sunday afternoons. Members & Guests Welcome. Social Membership \$25 / Playing Membership \$50

Miles and District Amateur Race Club Inc.

22 Colamba St, MILES QLD 4415

E lance@lkcomms.com.au

P (07) 4627 1283

Miles and District Amateur Picnic Race Club

Miles and District Amateur Swimming Club Inc

127 Marian Street, MILES QLD 4415

E milesswimclub@hotmail.com

We are a local not-for-profit community group. Our passion is to encourage swimming for life from childhood to adulthood.

Miles and District Junior Netball Club

Centenary Avenue, MILES QLD 4415

E lauroy3@bigpond.com

P (07) 4627 1689

Netball Queensland is the state's peak body accountable for the growth and development of Netball and its volunteers throughout Queensland.

Miles Horse and Pony Club

Hawkins Street, MILES QLD 4415

E milesponyclub@outlook.com

P 0427 650 640

Our aim is to encourage young people to ride, learn and enjoy all kinds of horse related sports.

Moonie Sports Club Inc

Cnr Moonie and Leichhardt Highway,
MOONIE QLD 4406

E mooniesportsclub@gmail.com

P (07) 4665 0185

Moonie Sports Club Inc

Dalby PCYC Basketball Association

Cooper Street, DALBY QLD 4405

E dalby@pcyc.org.au

W pcyc.org.au

P (07) 4672 2400

PCYC Dalby currently hosts a very popular and successful gymnastics and KinderGym program for competitors of all ages. Along with this program, the club runs seasonally based basketball, netball, boxing, and fitness sporting programs. These activities cater for mixed teams, senior, junior and social involvement.

Dalby PCYC Netball

Cooper Street, DALBY QLD 4405

E dalby@pcyc.org.au

W pcyc.org.au

P (07) 4672 2400

PCYC Dalby currently hosts a very popular and successful gymnastics and KinderGym program for competitors of all ages. Along with this program, the club runs seasonally based basketball, netball, boxing, and fitness sporting programs. These activities cater for mixed teams, senior, junior and social involvement

Queensland Barrel Racing Association

59 Nicholson Street, DALBY QLD 4405

E QBRAssn@hotmail.com

P 0427 287 278

QBRA was formed in 2015 and has Dalby Indoor Arena is our home base for our finals each year in Sept/Oct. We have minor events throughout the year held also at Dalby Indoor. We have in excess of over 150 riders who bring family and friends to the boost the Dalby economy over period of 2-3 days each couple of months.

Sporting Shooters Association Ofaustralia Qld

P (07) 4992 1541

Servicing the Western Downs Region.

Tara Golf Club

Tara Golf Course, Baddleys Lane, TARA QLD 4421

P (07) 4665 3148

Tara golf club located at the Tara Golf Course

Tara Race Club Inc

Showground Road, TARA QLD 4421

E tararaceclub@gmail.com

P 0472 971 111

The Tara Race Club is run by local volunteers and hold Annual Races on the first Saturday of October.

Tara Tennis Club Inc

6 Day Street, TARA QLD 4406

E majella.hetherington@gmail.com

P (07) 4665 3204

Tara Tennis Club Inc. is a local small town sporting club where all are welcome and encouraged to come and have a game of tennis.

The Dalby Gun Club

P 0428 681 191

The Dalby Gun Club. Contact us for more details.

The Gums Sports Club

Grace Park, Leichhardt Highway, THE GUMS
QLD 4406

E thegumssportsclub@outlook.com

Where sport, friends and family combine for
fun, sports and good times.

Wandoan Bowls Club

E wandoanbowls@bigpond.com

P (07) 4627 4236

Wandoan Bowls Club, Sports Club located in
Wandoan after hours number Pam Hartwig -
0427 274 187

Wandoan Gun Club

North Street, WANDOAN QLD 4419

E elsewhere245@bigpond.com

P (07) 4628 6245

Clay Target Shooting has different disciplines
to try which include: Trap, Skeet, ISSF and
Sporting Clays. Each discipline varies in its
approach and delivery of targets to give a
choice and different experience with Clay
Target Shooting.

Wandoan Junior Rugby League Club

E wandoanjuniorrugbyleague@outlook.com

P 0409 059 845

Providing opportunities for players, Coaches
and Referees to participate in Community
junior rugby league

Wandoan Polocrosse Club

E wandoanpolox@outlook.com

P (07) 4628 2284

Facilitating the sport of Polocrosse in the
Wandoan and district, along with hosting the
QLD State Club Championships in 2016.

Wandoan Touch Football Association

Henderson Road, WANDOAN QLD 4419

E gzilla7@bigpond.com

P (07) 4627 4182

Providing opportunities for players, Coaches
and Referees to participate in Touch Football
Australia

Patient Transport Service

W ambulance.qld.gov.au

P 13 74 68

The QAS operates as a statewide service
within Queensland Health, and is accountable
for the delivery of pre-hospital ambulance
response services, emergency and non-
emergency pre-hospital patient care and
transport services, inter-facility ambulance
transport, casualty room services, and
planning and coordination of multi-casualty
incidents and disasters. In an emergency
always call 000

Taxi Subsidy Scheme

E TSSU@translink.com.au

W qld.gov.au

P 1300 134 755

People unable to travel alone: Blind or
severely vision impaired; epilepsy; physical
disability; intellectual impairment; behaviour
disorders etc. Must be permanent resident of
Queensland.

General Transport Services

**Department of Child Safety, Disability
Services and Seniors, Child Safety and
Disability Services – Companion Card -
Brisbane**

W qld.gov.au

P 13 74 68

For those who have a significant lifelong need
for attendant care support in order to attend
activities and venues in their community.

**Department of Veterans Affairs - Travel
Reimbursement Scheme - Brisbane**

W dva.gov.au

P 13 32 54

Reimbursement of travelling expenses to
receive medical treatment. Travel may include
the use of private vehicles, taxis, community
transport, public transport, air transport,
ferries, meals and accommodation.

Transport Services

Community Transport

Angel Flight

W angelflight.org.au

P 1300 726 567

Provides free air transportation to patients in
need of medical treatment at distant hospitals.

Volunteering

General Volunteering Services

Churches of Christ in Qld Volunteer Services

E volunteers@cofcqld.com.au

W cofc.com.au

P 1300 760 622

Churches of Christ in Qld Care Services engages volunteers within their Care Services across South East Qld.

Jandowae Timbertown Festival

E jandowaetimbertown@outlook.com

W jandowaetimbertown.org.au

P 0428 176 259

The Jandowae Timbertown Festival committee is a group of dedicated local volunteers that deliver the much loved Jandowae Timbertown Festival.

St John Qld - Volunteer Services

E volunteer@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

By volunteering for St John Ambulance Queensland you are actively taking part in enhancing the lives of Queenslanders and their families. Join our diverse team to gain real life experiences while having fun and making friends.

Volunteer mentor to a child in foster care - Brisbane

E admin@thepyjamafoundation.com

W thepyjamafoundation.com

P (07) 3256 8802

At The Pyjama Foundation, we provide young people in foster care the opportunity to change the direction of their lives with learning, life skills and confidence. Since 2004, we have supported 11,000 young people across Queensland, New South Wales and Victoria.

The Trustee For Freddy Bear Foundation

E hello@freddymatch.org

W freddymatch.org

P 1300 737 090

At FreddyMatch, we drive social change through technology, using our unique algorithm to match people with great opportunities, increasing volunteer participation rates and building stronger communities.

Volunteering Queensland Inc

E reception@volunteeringqld.org.au

W volunteeringqld.org.au

P (07) 3002 7600

Volunteering Queensland (VQ) is the state's peak body for volunteering. It represents the interests of volunteers, and community organisations who utilise the services of volunteers.

Welfare Assistance & Services

General Welfare & Support Services

Chinchilla Community Centre

67-71 Middle Street, CHINCHILLA QLD 4413

E info@cfsc.org.au

W chinchillacommunitycentre.org

P (07) 4662 8528

The Chinchilla Community Centre offers emergency relief in the form of food, home maintenance assistance under the Home and Community Care Program, general community information and referral. No referral criteria required. This is a walk-in service. The Centre also acts as a Centrelink agency (8:30am to 1:30pm)

Murilla Community Centre - Miles

73a Murilla Street, MILES QLD 4415

E mccm@bigpond.com

W mccm.org.au

P (07) 4627 2027

The Murilla Community Centre provides information and family support, a rural family support program, respite care for the frail aged and younger disabled, a rural business advisor, limited hours chil

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is a 10-month matched savings program that helps people to build their financial skills, establish a savings goal and develop long term saving habits. When finished, participants receive up to \$500 in matched savings which can be used for education costs such as computers and tablets, text books and uniforms.

St John Qld Telephone Services

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

Our Community Calls service (previously known as Silver Cord) is a Queensland wide telephone reassurance service aimed at improving social connections. If you or a loved one are feeling lonely or isolated, or would just appreciate an extra check-in or chat during the week, our telephone services can help.

National Perinatal Support Program

E info@thebabesproject.com

W thebabesproject.com.au

P 1300 140 212

The Babes Project works with women who are seeking additional support during pregnancy. We run a National support service providing our Perinatal Support Program via phone and video calls for pregnant and early parenting women across Australia, who cannot access one of the Centres.

Meals on Wheels**Dalby Meals On Wheels**

Worthington House, 9 North Street, DALBY QLD 4405

E mowdalby@bigpond.com

W qmow.org

P (07) 4662 5230

Frail aged and younger disabled

Meals on Wheels - Chinchilla

1 Reid Street, CHINCHILLA QLD 4413

E chinchillameals@bigpond.com

W qmow.org

P (07) 4662 8043

Meals on Wheels is an iconic Australian Not for Profit organisation that has been bringing local communities together for more than 60 years. The 15,000 volunteers who make Meals on Wheels possible, deliver 2 million meals a year across Queensland, to more than 10,000 people with a wide variety of support needs, not just meals for seniors.

Miles Meals on Wheels

Miles Hospital, Colamba Street, MILES QLD 4415

E milesmow8@outlook.com

W qmow.org

P (07) 4627 1173

The 15,000 volunteers who make Meals on Wheels possible, deliver 2 million meals a year across Queensland, to more than 10,000 people with a wide variety of support needs, not just meals for seniors. People may be; in their senior years, recovering after hospitalisation, a major illness or surgery, a person with a disability, a carer, or needing assistance due to a special circumstance.

Tara Meals on Wheels

Taroola Retirement Home, Sara Street, TARA QLD 4421

E centre@taranc.com.au

W qmow.org

P (07) 4665 3508

The 15,000 volunteers who make Meals on Wheels possible, deliver 2 million meals a year across Queensland, to more than 10,000 people with a wide variety of support needs, not just meals for seniors.

Wandoan District Meals on Wheels

Hamlyn Street, WANDOAN QLD 4419

E WandoanMOW@hotmail.com

P (07) 4627 4934

The 15,000 volunteers who make Meals on Wheels possible, deliver 2 million meals a year across Queensland, to more than 10,000 people with a wide variety of support needs, not just meals for seniors. People may be; in their senior years, recovering after hospitalisation, a major illness or surgery, a person with a disability, a carer, or needing assistance due to a special circumstance.

Second Hand Shops**Lifeline - Tara**

11 Fry St, TARA QLD 4421

W lifelinedarlingdowns.org.au

P (07) 4665 3858

Lifeline Clothing Store

Salvation Army - Red Hill (Moonyah)

W salvationarmy.org.au

P (07) 3369 0922

It has been said The Salvation Army offers caring support for every problem "from the cradle to the grave." Our services are as wide-ranging and diverse as the areas of need in the community, like an

Salvation Army Family Store and Welfare Office

Marble Street, DALBY QLD 4405

E christine.brooks@salvationarmy.org.au

W salvationarmy.org.au

P (07) 4669 6393

Another Chance is your friendly neighbourhood second-hand store.

St Vincent de Paul Society Queensland - Chinchilla Op Shop

120 Heeney Street, CHINCHILLA QLD 4413

E chinchilla.shop@svdpqld.org.au

W vinnies.org.au

P (07) 4662 7736

We sell second hand donated goods including men's, women's and children's clothing, accessories, bric-a-brac, manchester, toys, books, media, and lots more. We also accept good quality, undamaged and clean donations.

Vinnies Dalby

93-95 Cunningham Street, DALBY QLD 4405

E archibald.shop@svdpqld.org.au

W vinnies.org.au

P (07) 4662 3497

We sell second hand donated goods including men's, women's and children's clothing, accessories, bric-a-brac, furniture, manchester, toys, books, media, and lots more. We also accept good quality, undamaged and clean donations.

Youth Services

General Youth Services

Brave Foundation

E info@bravefoundation.org.au

W bravefoundation.org.au

P 0448 088 380

The Brave Foundation is a national charity which runs a program supporting expecting and parenting teens and young people up to age 25 face to face and virtually in Cairns and surrounding areas, by providing mentoring and connecting them to the services and resources they need and supporting that ongoing engagement.

Eva's Place Pregnancy and Early Parenting Support Inc. - Dalby

14A , Cunningham Street, DALBY QLD 4405

E dalby@evasplace.org.au

W evasplace.com.au

P 0490 046 332

Eva's Place is a not for profit pregnancy and early parenting support centre dedicated to supporting mothers to be their best and nurture their babies. Practical, emotional and material support is given through a variety of services. The centre is open to all women and girls experiencing unintended or crisis pregnancy, with special emphasis on the unique needs of mothers under 18 years of age.

Little Dreamers Australia

E info@littledreamers.org.au

W littledreamers.org.au

P 1800 717 515

As Australia's leading Young Carer organisation, Little Dreamers works with young people who provide unpaid care for a family member with a disability, illness or addiction. Across a range of direct support programs, we're improving the quality of life for Young Carers across Australia, with a vision that every single Young Carer around the world is supported by someone or something by 2030.

Youth Information & Counselling

Chinchilla State High School Chaplain

7 Tara Road, CHINCHILLA QLD 4413

E llet55@eq.edu.au

W chinchillashs.eq.edu.au

P (07) 4672 9333

A School Chaplain is an approachable adult for young people to connect with at school and provides a listening ear, and a caring presence.

Chinchilla State Primary School Chaplain

34-40 Bell Street, CHINCHILLA QLD 4413

E aconr16@eq.edu.au

P 0421 490 146

A School Chaplain is an approachable adult for young people to connect with at school and provides a listening ear, and a caring presence.

**Downs Industry Schools Co-Op Inc.
(DISCO)**

169 Cunningham Street, DALBY QLD 4405

E info@disco.org.au

W disco.org.au

P (07) 4662 2147

The Downs Industry Schools Co-Op ('DISCO') is a specialist not-for-profit youth-services agency. Founded in 1997, the organisation is focussed on providing a range of support services, programs, counselling and career guidance to regional young people aged 15-24 to assist their transition from school into further education, training or employment.

eheadspace

W headspace.org.au

P 1800 650 890

eheadspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends. If you're based in Australia and going through a tough time, eheadspace can help. You can talk 1-on-1 with an eheadspace clinician via an online chat, email or over the phone.

Youth In Motion

E caitlin.tanaka@youthinmotion.org.au

W youthinmotion.org.au

The Learning Project provides free 1-1 tutoring to students who might be having a hard time.

Our students experience disadvantage in many ways – from learning and attention difficulties to mental health issues. We make sure no student is left behind.

Youth Insearch

E admin@youthinsearch.org.au

W youthinsearch.org.au

P 1800 805 635

Australia's leading peer-led youth trauma recovery organisation, dedicated to supporting at-risk youth aged 12-25. We run Weekend Workshops, Weekly Support Groups and Individual Support for young people to connect and develop life skills. Our programs are delivered with youth, supported by expert adults.

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