
2024 Shire of Richmond Community Directory



**An up-to-date community resource for the
Shire of Richmond region**

Updated 28 March 2024



Welcome to the Shire of Richmond Community Directory

This directory has been brought to you by the Shire of Richmond as a community resource to connect everybody in the Richmond Shire .

The information in this Directory Resource is linked to My Community Directory, an Australia-wide online community Directory. Any health or community service can list their information for free on My Community Directory and manage their information to make sure that it is accurate and up to date. The purpose of this resource is to provide you with an easy way to see all of the information listed in the directory in the region. Information in the online version of this document is updated nightly with the latest available information from the My Community Directory Platform.

If you notice information is incorrect, please send an email to support@mycommunitydirectory.com.au or call 1300 762 515. You can also update your own information by logging in to My Community Directory yourself at mycommunitydirectory.com.au/Account/Login.

If you would like to see events that are happening in the area or you are a service provider who would like to list events yourself for free, you can visit mycommunitydiary.com.au. Event and directory information is also available on the **Access My Community App** available for download for free on iOS or Android devices.

We hope that you find this a valuable resource to connect with your local community.



Meet your Council

Cr John Wharton AM (Mayor)
Mobile 0427 777 660
Email crw@richmond.qld.gov.au

Cr June Kuhl (Deputy Mayor)
Mobile 0428 418 606
Email crkuhl@richmond.qld.gov.au

Cr Patsy Fox
Mobile 0409 266 162
Email crfox@richmond.qld.gov.au

Cr Sherreen Johnston
Mobile 0428 546 828
Email crjohnston@richmond.qld.gov.au

Cr Clay Kennedy
Mobile 0428 971 406
07 4741 3891
Email crkennedy@richmond.qld.gov.au

Cr Nick Buick
Mobile 0409 578 473
Email crbuick@richmond.qld.gov.au



Connect with Richmond

PO BOX 18, 65 GOLDRING STREET, RICHMOND QLD 4822

P: (07) 4719 3377

E: enquiries@richmond.qld.gov.au

W: <https://www.richmond.qld.gov.au/>

Facebook: <https://www.facebook.com/richmond.information>

Instagram: Richmond Shire Council [youll_dig_richmond](#)

EMERGENCY CONTACT DETAILS

Chief Executive Officer

P: 0438 685 224

Director of Works

P: 0427 413 277

Water Inspector

P: 0408 601 775

Mayor

P: 0427 777 660



Contents

ABORIGINAL SERVICES	9
ABORIGINAL SUPPORT SERVICES & COUNSELLING.....	9
GENERAL ABORIGINAL SERVICES	9
ACCOMMODATION SERVICES.....	9
GENERAL ACCOMMODATION SERVICES	9
SPECIALIST HOMELESSNESS SERVICES	10
ADVOCACY SERVICES	10
GENERAL ADVOCACY SERVICES	10
LOCAL ADVOCACY SERVICES	11
NATIONAL & INTERNATIONAL ADVOCACY SERVICES	11
AGEING SERVICES.....	12
AGEING INFORMATION & COUNSELLING.....	12
AGEING RESPITE & ACTIVITY CENTRES	12
GENERAL AGEING SERVICES	12
HOME CARE & SAFETY SERVICES	13
SENIORS CLUBS & SOCIAL GROUPS	14
ANIMAL SERVICES	14
ANIMAL SHELTERS.....	14
GENERAL ANIMAL SERVICES	14
ARTS & CREATIVES	15
LITERARY ARTS	15
PERFORMING ARTS & MUSIC.....	15
CHILD SERVICES.....	15
CHILD (AND PARENT) INFORMATION & COUNSELLING.....	15
CHILD PROTECTION SERVICES	16
GENERAL CHILD SERVICES.....	17
PLAY GROUPS & CHILDCARE	17
COMMUNICATION & INFORMATION.....	18
COMMUNITY INFORMATION & REFERRAL SERVICES	18
GENERAL COMMUNICATION & INFORMATION	18
COMMUNITY CENTRES, HALLS & FACILITIES	19
COMMUNITY HALLS	19
COMMUNITY CLUBS & INTEREST GROUPS.....	20
CHILDREN & YOUTH CLUBS.....	20
COMMUNITY SERVICE CLUBS.....	20
GENERAL COMMUNITY CLUBS	21
SES, RURAL FIRE, LIFESAVERS, SEARCH & RESCUE	22
CRISIS & EMERGENCY SERVICES	22
ABUSE & ASSAULT SERVICES	22
CRISIS COUNSELLING & INTERVENTION SERVICES	22
GENERAL CRISIS AND EMERGENCY SERVICES.....	23

WELFARE ASSISTANCE & SUPPORT SERVICES.....	23
CULTURAL AND MIGRANT SERVICES.....	24
GENERAL CULTURAL GROUPS.....	24
MIGRANT SERVICES.....	24
DISABILITY SERVICES.....	24
CARER INFORMATION.....	24
DISABILITY ACCOMMODATION SERVICES.....	24
DISABILITY INFORMATION & COUNSELLING.....	25
DISABILITY RESPITE AND ACTIVITY CENTRES.....	25
GENERAL DISABILITY SERVICES.....	25
EDUCATION.....	32
ADULT EDUCATION.....	32
GENERAL EDUCATION PROGRAMS.....	33
LITERACY & NUMERACY PROGRAMS.....	35
PARENTS & CITIZENS ASSOCIATIONS.....	35
SPECIAL EDUCATION PROGRAMS.....	35
STATE (PRIMARY AND HIGH SCHOOLS).....	36
EMPLOYMENT & TRAINING.....	36
DISABILITY EMPLOYMENT & TRAINING SERVICES.....	36
EMPLOYMENT INFORMATION & ASSISTANCE.....	36
GENERAL EMPLOYMENT & TRAINING SERVICES.....	37
ENVIRONMENT & CONSERVATION.....	38
ENVIRONMENT & CONSERVATION LOCAL HISTORY.....	38
ENVIRONMENTAL ACTION & CONSERVATION.....	38
HEALTH SERVICES.....	38
ADULT HEALTH SERVICES.....	38
AGEING HEALTH SERVICES.....	38
ALLIED HEALTH.....	38
CHILD YOUTH & FAMILY HEALTH.....	42
COMMUNITY HEALTH & MEDICAL.....	42
DENTAL & ORAL HEALTH.....	42
DRUG & ALCOHOL SERVICES.....	43
EMERGENCY DEPARTMENTS.....	44
GENERAL HEALTH SERVICES.....	44
GENERAL PRACTICE/DOCTOR.....	46
HEALTH REHABILITATION SERVICES.....	46
HEALTH SCREENING SERVICES.....	47
HEARING SERVICES.....	47
HOME CARE & SAFETY SERVICES.....	47
HOSPITALS.....	48
MENTAL HEALTH SERVICES.....	48
PALLIATIVE CARE.....	52
PSYCHIATRIC SERVICES.....	52
SEXUAL SUPPORT SERVICES & COUNSELLING.....	52
SPECIALIST OUTPATIENT CLINICS.....	53
SPECIALISTS.....	53
INFORMATION & COUNSELLING.....	54
CARER INFORMATION.....	54
DISABILITY INFORMATION & COUNSELLING.....	54
FINANCIAL & GAMBLING MANAGEMENT & BUDGETING.....	54

GENERAL SUPPORT SERVICES & COUNSELLING	55
LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBTQIA+)	59
LOSS & GRIEF SUPPORT SERVICES & COUNSELLING	59
MATERNITY SUPPORT SERVICES & COUNSELLING	59
SUICIDE & SELF HARM INFORMATION	60
LEGAL ASSISTANCE & INFORMATION SERVICES	60
GENERAL LEGAL ASSISTANCE & INFORMATION	60
LOCAL ADVOCACY SERVICES	61
MEDIATION & OMBUDSMAN SUPPORT	61
PEAK, INDUSTRY AND FUNDING BODIES	62
PEAK BODIES	62
SKILLS ALLIANCES	63
RECREATION & LEISURE.....	63
FITNESS ACTIVITIES.....	63
GENERAL RECREATION AND LEISURE	64
OUTDOOR RECREATION AND LEISURE	65
RELIGION & PHILOSOPHY	65
CHURCHES AND PLACES OF WORSHIP	65
GENERAL RELIGION & PHILOSOPHY	65
SELF HELP	66
GENERAL SELF HELP SERVICES	66
SPORT	67
AQUATIC SPORTS	67
INDOOR SPORTS	67
OUTDOOR SPORTS	67
SPORTS CLUBS.....	68
TRANSPORT SERVICES	69
COMMUNITY TRANSPORT	69
GENERAL TRANSPORT SERVICES	69
VOLUNTEERING.....	69
GENERAL VOLUNTEERING SERVICES	69
WELFARE ASSISTANCE & SERVICES	70
GENERAL WELFARE & SUPPORT SERVICES	70
MEALS ON WHEELS.....	70
SECOND HAND SHOPS	70
YOUTH SERVICES	70
GENERAL YOUTH SERVICES	70
YOUTH INFORMATION & COUNSELLING.....	71
INDEX.....	72



A-Z Guide

Aboriginal Services

Aboriginal Support Services & Counselling

ADIS

W metronorth.health.qld.gov.au

P 1800 177 833

Adis has operated for over 30 years as Queensland's first port of call for anyone with alcohol and drug concerns. We are a 24 hour, 7 day a week confidential support service offering support for people in Queensland with alcohol and other drug concerns, their loved ones and health professionals.

General Aboriginal Services

Tiddas In Business - FREE Business Workshops

E info@murawin.com.au

W dev.murawin.com.au

P 0400 294 331

The Tiddas in Business program is a series of culturally appropriate business activities that introduce entrepreneurship, business, & leadership skills. The activities are led by Indigenous Businesswomen who provide insights, strategies, tools & resources for starting and growing business.

Aboriginal and Torres Strait Islander Partnerships

E businessMKY@dsdsatsip.qld.gov.au

W dsdsatsip.qld.gov.au

P (07) 4862 7001

Aboriginal and Torres Strait Islander Partnerships provide whole-of-government strategies to improve business and economic participation outcomes for Aboriginal and Torres Strait Islander Queenslanders.

Accommodation Services

General Accommodation Services

Big Wheel Inn Richmond

72 Simpson Street, RICHMOND QLD 4822

E hampstead@skymesh.com.au

P 0456 917 505

12 Fully Self Contained Rooms3 Doubles9 SinglesFully Air ConditionedOnsite ParkingRoom Serviced DailyVery Friendly StaffNo Pets Allowed

Entriaken's Pioneer Motel

82 Goldring Street, RICHMOND QLD 4822

P (07) 4741 3188

16 Units Accommodation

Lakeview Caravan Park

109 Goldring Street, RICHMOND QLD 4822

E rscp@richmond.qld.gov.au

W richmondlakeviewcaravanpark.com.au

P (07) 4741 3772

Our caravan park has a range of accommodation to suit all budget.

Midway Motel and Roadhouse

120 Goldring Street, RICHMOND QLD 4822

E richmond@libertyretail.com.au

P (07) 4741 3192

Midway Motel & Roadhouse is a service station situated in Queensland's Flinders region. We offer friendly customer service and our facilities include a motel and restaurant.

Mud Hut Hotel

72 Goldring Street, RICHMOND QLD 4822

E mudhuthotel@gmail.com

P (07) 4741 3223

Accommodation, 36 ensuite rooms Meals, TAB, POKIES, bottle shop. Cold Beer on tap

Specialist Homelessness Services

Homeless Hotline

W qld.gov.au

P 1800 474 753

Homeless Hotline is a phone information and referral service for people who are experiencing homelessness.

Advocacy Services

General Advocacy Services

ADA Australia

E info@adaaustralia.com.au

W adaaustralia.com.au

P 1800 818 338

ADA Australia offers free, confidential, client directed advocacy support to people with issues around services in residential aged care or those living at home receiving aged care services.

Elder Abuse Prevention Unit Help Line

E eapu@uccommunity.org.au

W eapu.com.au

P 1300 651 192

The Elder Abuse Helpline promotes the right of older people to live free from abuse.

Mental Health Court registry

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing..

Office Of The Public Guardian

E publicguardian@publicguardian.qld.gov.au

W publicguardian.qld.gov.au

P 1300 653 187

Involuntary guardianship agency for persons identified as having limited decision making capacity.

QE11 Courts of Law Complex

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing..

QIFVLS - Townsville Office

E help@qifvls.com.au

W qifvls.com.au

P (07) 4721 0600

We are a free legal service, for Aboriginal and/ or Torres Strait Islander people, affected by family violence and/ or sexual assault. Our organisation was established to deliver culturally appropriate legal services including community education and community legal education.

Advocacy on behalf of our Members

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

The Queensland Alliance for Mental Health advocates on behalf of the Community Mental Health and Wellbeing Sector for better recognition within the State.

Registry of Births, Deaths and Marriages

E bdm-mail@justice.qld.gov.au

W qld.gov.au

P 13 74 68

The Registry of Births, Deaths & Marriages is responsible for registering births, deaths, marriages, change of name & adoptions in Queensland. Family historians can access historical birth, death & marriage records through the registry's family history website.

Local Advocacy Services

Independent Advocacy NQ

E reception@ianq.org.au

P (07) 4725 2505

Certified Disability Advocacy Organisation under the National Standards for Disability Services to provide solutions through the application of advocacy principles, to enable people with disability to redress unjust circumstances, and to make positive and equitable changes for a quality life.

Office Of The Public Guardian

E publicguardian@publicguardian.qld.gov.au

W publicguardian.qld.gov.au

P 1300 653 187

Involuntary guardianship agency for persons identified as having limited decision making capacity

Stigma and Discrimination Program

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

This service aims to improve the legal literacy of PLHIV through the provision of education, information and time limited advocacy to those PLHIV who experience stigma, discrimination or other HIV related legal problems affecting their quality of life.

Women's Legal Service - Annerley

E admin@wlsq.org.au

W wlsq.org.au

P (07) 3392 0644

Free legal help for women in Queensland with domestic violence, complex family law and sexual assault notes counselling privilege matters.

National & International Advocacy Services

Australian Sickle Cell Advocacy Inc

E mail@aussicklecelladvocacy.org

W aussicklecelladvocacy.org

P 0414 309 995

Australian Sickle Cell Advocacy Inc (ASCA) Inc is an independent not for profit organisation dedicated to supporting and representing those affected by Sickle Cell Disease (SCD) in Australia. ASCA offers support to families and individuals of African and other culturally diverse backgrounds that are affected by SCD in Australia. We have chapters / representatives Australia wide.

Cataract Kids Australia

E info@cataractkids.org.au

W cataractkids.org.au

P 0407 885 580

Our goal is ultimately to improve the visual outcomes of children affected by cataract. We aim to enhance the support and information provided to families, work with clinicians to optimise treatment outcomes and link with researchers to improve the flow of information.

Good Beginnings and Save the Children join forces - Vincent

E qld.info@savethechildren.org.au

W savethechildren.org.au

P (07) 3199 0500

We run programs for children, young people and adults in Australia and overseas. We stand up for children's rights. We're here because we want all children to be educated, healthy and live a life free from violence.

Older Persons Advocacy Network

E enquiries@opan.com.au

W opan.org.au

P 1800 700 600

Older Persons Advocacy Network offer free, independent and confidential services that focus on supporting older people and their representatives to raise and address issues relating to accessing and interacting with Commonwealth funded aged care services.

Parkinson's Australia

E ceo@parkinsons.org.au

W parkinsons.org.au

P 0419 770 010

Parkinson's Australia is the national peak body and charity representing more than 70,000 Australians living with Parkinson's. We advocate for the needs of people living with Parkinson's, and for their families and carers. Parkinson's Australia represents, at the national level, the interests of its federation of state and territory members on all matters relating to Parkinson's and carer issues.

Ageing Services

Ageing Information & Counselling

Elder Abuse Prevention Unit

E eapu@uccommunity.org.au

W eapu.com.au

P 1300 651 192

The Elder Abuse Prevention Unit (EAPU) is a Queensland wide program provided by UnitingCare Community and funded by the Department of Communities, Child Safety & Disability Services.

LiveUp

E general@ilaustralia.org.au

W liveup.org.au

P 1800 951 971

LiveUp is a free and confidential service that provides expert advice, personalised support, and community connections to help you age your way. LiveUp is a national platform designed to help you reimagine, reset and reconnect with living your life to its fullest.

Ageing Respite & Activity Centres

Richmond Shire Council Aged Care

2 Carter Street, RICHMOND QLD 4822

E rac@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4719 3380

Richmond Aged Care service offers day respite to carers and reduces social isolation for those experiencing, ageing and/or life-limiting conditions and their carers.

General Ageing Services

Acorn Stairlifts

E info@acornstairlifts.com.au

W acornstairlifts.com.au

P (08) 6161 4571

We supply and install stairlifts in private residences and commercial properties to enable the user to safely navigate the staircase. We are the only direct manufacturers in Australia and can install with 7 - 10 days. Our stairlift is the slimmest on the market, we have everything in stock in our warehouse in O'Connor and have a number of demonstration lifts to view.

Council On The Ageing Queensland

E info@cotaqld.org.au

W cotaqld.org.au

P 1300 738 348

A statewide not for profit organisation advancing the rights, needs and futures of people as we age.

National Dementia Help Line

E nsw.midnorthcoast@dementia.org.au

W dementia.org.au

P 1800 100 500

The National Dementia Helpline is a free telephone service that provides information and advice to: people living with dementia. people concerned about changes to memory and thinking. people living with Mild Cognitive Impairment (MCI)

Focused Health Care

E info@focusedhealthcare.com.au

W focusedhealthcare.com.au

P 0499 487 728

Here at Focused Health Care we offer a wide range of services to make your home comfortable and manageable again. We aim to do so by providing you with the personalised home care you deserve.

FoodSt

E hello@foodst.com.au

W foodst.com.au

FoodSt provides a wide range of easy to reheate, home cooked meals made by our community of local, accredited cooks. Over 100 meal options from 26 cuisines, all handmade by our cooks in small batches and to traditional family recipes. Meals are pre-made, frozen and delivered to your door.

Inclusee Ltd

E connect@inclusee.org.au

W inclusee.org.au

P 1800 287 687

Our mission is to use the power of connection to reduce isolation and loneliness for Australians. At Inclusee connection is at the core of everything we do. We connect people to friends, family, interests, cultures and events. Our cutting-edge programs are delivered by our specially trained volunteers to provide companionship and comfort to our community participants.

SALT Directory - Senior and Aged care Living Transition Directory

E info@saltdirectory.com.au

W saltdirectory.com.au

P 0417 757 977

SALT (Senior & Aged care Living Transition) Directory provides a central location to easily find businesses and services that help support families and their loved ones to transition to retirement villages or aged care. The Directory members are vetted to ensure they operate with the right intent and provide services with care, compassion and empathy.

Community Visitors Scheme

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

The St John Community Visitors Scheme is about building companionship and friendship for older people who may be socially isolated, lonely, or unable to get out and about often.

Home Visiting Services

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

Enjoy the company of others and improve your social connections.

Tech help for seniors - Life skills for youngsters!

E info@youngster.co

W youngster.co

P 1300 774 711

We provide digital education for seniors and create jobs for youngsters. We bring generations together!

Home Care & Safety Services

Brightsky Australia

E orders@brightsky.com.au

W brightsky.com.au

P 1300 886 601

BrightSky Australia is your one-stop-shop for specialist healthcare products. BrightSky offers Australia-wide home delivery of an extensive range of everyday and "hard-to-find" healthcare products

Daily Safety Check-in Call

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

Most people have a parent or grandparents. Are you one of them? Our clients are children like you who are WORRIED about a Loved One, Help I've fallen & can't get up. WE HELP people know that all is well we check-in with a care call every day

Daily Welfare Check by Phone to Check they are OKAY

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

We help busy people with older family members, that may be at risk, living at home alone, who want to know for certain that they are OKAY. Many people will remember "Help I've Fallen & I Can't Get UP!" When will you know?

Caredirect

E townsville@caredirectservices.com.au

W caredirect.com.au

P (07) 4426 1924

Home Care Services Would you like to continue living in your home and maintain your independence as you age? Care Direct has a dedicated and passionate team of professionals to provide you with a wide range of in-home care services to help you retain your independence. If you need to stay at home longer, we can create an individual care plan together with you and your carer to support you to stay

InteliCare

W intelicare.com.au

P 1300 001 145

Live independently safely with InteliCare smart home sensors and intelligent mobile phone app. InteliCare turns any home into a smart home using non-invasive smart sensors (no cameras). No buttons to press, no devices to wear. InteliCare works silently in the background gathering information from the household and alerting through the mobile phone app if behaviours change.

Seniors Clubs & Social Groups

Connected au

W connectedau.com.au

P 0437 570 585

Connected AU was born out of this concern, with a focus on helping people who might be isolated, vulnerable and lonely. Mea built a free online platform to connect and engage people, and The Letterbox Project became the foundation of this platform.

Queensland Community Care Network

E kieran@qccn.org.au

W qccn.org.au

P (07) 3379 7200

The 100+ Club connects centenarians, advocating for the positive promotion of the elderly and celebrates the lives of our members.

Animal Services

Animal Shelters

DV Connect Pets in Crisis

E mail@dvconnect.org

W dvconnect.org

P 1800 811 811

Pets in Crisis is a foster care program to help facilitate safe refuge for animals at risk until they can be reunited with their families

General Animal Services

Assistance with Domestic Duties for NDIS Pet Owners

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud's national service offers 1. Animal Assisted Mentoring in the Community, 2. Pet Care during Hospital Treatment or Rehabilitation, 3. Assistance with Pet related Household tasks

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud is Australia's most trusted Pet Care Services booking website to book Pet Sitting, Home Visits, House Sitting, Dog Walking, Day Care, Pet Taxis, Grooming, Washing and Brushing, 24hr supervision, and Dog Training. To connect with a Pet Sitter, Post a Job, and available Pet Sitters in your area will apply <https://www.petcloud.com.au>

Arts & Creatives

Literary Arts

Jen Robe Writes

E jenrobewrites@gmail.com

W organizablelife.com

I write memoirs and biographies based on people's lives. I will interview you or your loved one in a conversational style and write your life story. It is a perfect way to preserve your family's history. I can also work to record the stories of those unable to speak, due to injury, illness, or death. I have a background in elder and disability care.

Performing Arts & Music

Attaboi Music Magazine

E info@wildoatsrecords.net

P 0467 955 772

Attaboi is a community music organisation working to push minority voices and issues currently affecting the Australian music industry.

Choirs4Kids

E sing@choirs4kids.com

W choirs4kids.com

P 0414 205 919

Choirs4Kids is an online singing program for ages 4 to 15, fostering creativity, building confidence, and forming friendships. Our expert-led sessions empower young voices to shine, creating a joyful and supportive musical community. Join us on a remarkable journey where the magic of singing transforms lives. We also offer a kids choir in Manjimup, WA.

Rock n Roll Dancing DVDs FULL COURSE \$60

E ctocrocknroll@dodo.com.au

P (07) 5529 6244

THE WORLD HAS CHANGED and we have changed with it. Purchase both DVD's and learn at home with costs you a total of \$60 with FREE postage. And you have the entire set to go over any time you like.

Cooloola Community Orchestra

E coolcommorch@gmail.com

P (07) 5482 8467

The Cooloola Community Orchestra is a not-for-profit organisation. Based in Gympie Queensland, it provides an outlet for musicians of all ages, professional and amateur, to practise together and perform at local events and concerts. New members are welcome.

Gympie Country Music Club Inc

P (07) 5486 6161

Gympie Country Music Club Inc is listed in Performing Arts, Culture and Music in Gympie

Child Services

Child (and Parent) Information & Counselling

Camp Quality Queensland

E reception@campquality.org.au

W campquality.org.au

P (07) 3216 0299

Our Purpose is to give kids impacted by cancer the chance to be kids again in a safe, fun and supportive environment. We do this through positively changing a child's cancer experience, with entertaining, play-based education and recreational camps and retreats that strengthen the mental wellbeing and improve the quality of life of children and their family.

**Children By Choice Association
Incorporated**

E advocacy@childrenbychoice.org.au

W childrenbychoice.org.au

P (07) 3357 5377

Children by Choice provide a Queensland-wide telephone counselling, information and referral service on all unplanned pregnancy options - abortion, adoption and parenting. Face to face counselling services are available in the Brisbane region by appointment.

Pregnancy Birth and Baby

E info@nhccn.com.au

W pregnancybirthbaby.org.au

P 1800 882 436

Pregnancy, Birth and Baby is a national Australian Government service providing support and information for expecting parents and parents of children, from birth to 5 years of age.

Magic Coat for Kids Pty Ltd

E admin@themagiccoat.com

W themagiccoat.com

P 0477 997 661

A social/emotional wellbeing program, designed for young children and their primary carers to learn preventative mental health strategies together. Based on the analogy of putting on an imaginary coat with memorable characters inside the pockets, representing various strategies children can use to take control & responsibility for their own world & to create positive relationships with others.

yourtown Parentline

E support@nqphn.com.au

W yourtown.com.au

P (07) 3369 1588

Parentline is a service for parents and caregivers residing in Queensland and the Northern Territory.

Parentline

E admin@parentline.com.au

W parentline.com.au

P 1300 301 300

Parentline offers free confidential phone and WebChat counselling and support for parents and carers of children in Queensland and the Northern Territory.

Reachout Australia

E info@reachout.com

W about.au.reachout.com

P (02) 8029 7777

ReachOut Parents Coaching is for any Australian parent with teenagers aged between 12–18 years, with access to a computer. If you're worried or want to build on your relationship with your teenager, we provide a free one-on-one online coaching program. ReachOut Parents Coaching is a free service with sessions that are personalised to suit your individual needs and concerns. With coaches from

Red Nose

E info@rednose.com.au

W rednose.org.au

P 1300 998 698

Safe Sleeping Public Health Campaign

The Aussie Hands Foundation Inc

E info@aussiehands.org

W aussiehands.org

To raise awareness of hand differences in the community and support families who have a child living with a hand difference and connecting them to other families in a similar situation and also to adults living with a hand difference.

**Child Protection
Services**

K.I.N. Care Services (Qld) Pty Ltd

E dee@kincareservices.com.au

W kincareservices.com.au

We work closely with the Department of Child Safety, Youth and Women to support families and do so in a way which supports their long-term safety and happiness. We are also registered NDIS providers. We have a team of highly skilled professionals to support families and participants in ensuring each individual is provided the supports they need to meet their full potential.

Mount Isa-Gulf Child Safety Service Centre

W dcssds.qld.gov.au

P (07) 4437 4300

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

Out of Home Care Program

E townsville.admin@lwb.org.au

W lwb.org.au

P (07) 4755 7400

Foster Care ~ Family Contact ~ Case Management
~ Clinical Services ~ Cultural Planning ~ Family
Support ~ Transition Support ~ Respite

North Queensland Region Child Safety

W dcssds.qld.gov.au

P (07) 4255 7154

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

Office Of The Public Guardian

E publicguardian@publicguardian.qld.gov.au

W publicguardian.qld.gov.au

P 1300 653 187

The OPG administers the Community Visitor Program for children and young people which plays an important role in supporting children and young people in the child protection system.

General Child Services

NQ RAFS – UnitingCare Community

E nq.rafs@uccommunity.org.au

W unitingcareqld.com.au

P (07) 4092 4318

• Mobile Early Childhood Service • Provision of educational/developmental activities for children • Networking with parents and creating links between families • Provision of resources to families •

Raising Connected Kids

E karen@connectededucation.com.au

W raisingconnectedkids.com.au

P 0430 306 111

Teaching school-aged children skills and strategies to build self-confidence and emotional resilience. Online courses and ongoing weekly coaching for children to support emotional development facilitated by Children's Emotional Well-being coaches qualified and experienced in Education and Psychology. Specialising in support for highly sensitive children.

Play Groups & Childcare

Me and My Mum Hub

2/76 Goldring Street, RICHMOND QLD 4822

E admin@meandmymumhub.com

W meandmymumhub.com

P 0488 057 861

The Me and My Mum Hub runs educational programs to support the parents and caregivers of children 0-8 years old. We run weekly programs in Richmond and Julia Creek and a fortnightly program in Hughenden.

Richmond Early Education Centre

98 Crawford Street, RICHMOND QLD 4822

E reec7@bigpond.com

W acecqa.gov.au

P (07) 4741 3099

This service is approved to provide education and care to children from birth up to and including over preschool age.

Communication & Information

Community Information & Referral Services

Health Workforce Queensland

E admin@healthworkforce.com.au

W healthworkforce.com.au

P (07) 3105 7800

Health Workforce Queensland

Immigration Services Australia (ISA)

E contact@immi-sa.com

Partner visas, work visa, overseas recruitment for sponsors looking to fill skill shortage, student visas, family visas, visa refusals and appeals.

Community Mental Health and Wellbeing Sector information

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

QAMH represents more than 100 Queensland organisations and individual Members involved in the quality delivery of community mental health and wellbeing services across the state. As the peak body for the Community Mental Health and Wellbeing Sector, our role is to reform, promote and drive community mental health and wellbeing service delivery, through our influence and collaboration with Members.

Queensland Ombudsman

E ombudsman@ombudsman.qld.gov.au

W ombudsman.qld.gov.au

P (07) 3005 7000

We investigate complaints about state government departments and agencies, local councils and public universities. Our complaints assessment and investigation service is free and independent. Contact us between 9.30am-4.00pm, Monday-Friday, or use the online complaint form anytime.

Statewide information and referral service for seniors

E sel@uccommunity.org.au

W seniorsenquiryline.com.au

P 1300 135 500

Seniors Enquiry Line is a statewide information and referral service for Queensland seniors, families, friends, grandparents and carers.

Volunteering Queensland Inc

E reception@volunteeringqld.org.au

W volunteeringqld.org.au

P (07) 3002 7600

Information and referral about volunteering, including referral to volunteering opportunities and information about rights and responsibilities.

General Communication & Information

Australian Bureau of Statistics

W abs.gov.au

P 1300 135 070

Providing statistical information and resources to the Australian public

Department of Transport and Main Roads Maritime Safety Queensland

E mackaymarine@msq.qld.gov.au

W msq.qld.gov.au

P 13 23 80

IWe've committed \$3.9 million to upgrade the maritime aids to navigation network in the Torres Strait to ensure safe passage in the region. The waters of the Torres Strait are used daily as a workplace and commuter routes as well as for cultural and recreational activities, with maritime aids crucial to making sure those using these waters return home safely.

Department of Transport and Main Roads

W tmr.qld.gov.au

P 13 19 40

To report traffic signal faults on state-controlled declared roads, please call the Department of Transport and Main Roads on 131 940 any time.

GIVIT

E info@givit.org.au

W givit.org.au

GIVIT (givit.org.au) is a national online not-for-profit matching generosity with genuine need.

Kronosaurus Korner

91-93 Goldring Street, RICHMOND QLD 4822

E enquiries@kronosauruskorner.com.au

W kronosauruskorner.com.au

P 1300 576 665

Kronosaurus Korner is an accredited Visitor Information Centre offering a one stop shop for all your travel information including maps, brochures and itineraries. Staffed by skilled and knowledgeable locals that can provide advice on the things to see, things to do and where to eat. Discuss with the friendly staff your travel plans or make a booking.

North Queensland Region Centre - Mackay

E businessMKY@dsdsatsip.qld.gov.au

W dsdsatsip.qld.gov.au

P (07) 4862 7001

Aboriginal and Torres Strait Islander Partnerships Mackay share information through our Murri network mailing lists of events and services that are available within our community.

Yourtown

E support@nqphn.com.au

W torres-cape.health.qld.gov.au

P (07) 4034 0300

It's our mission to help and encourage young people to find their place. We take the time to listen, understand and guide young people in the right direction. We deliver services that help to tackle the issues faced by at-risk youth in our community. These services include crisis care, employment, parenting help, counselling, social development, mentoring and more.

Yourtown - Milton

E support@nqphn.com.au

W torres-cape.health.qld.gov.au

P (07) 4034 0300

Our services and offices are located across New South Wales, Queensland, South Australia and Tasmania. Kids Helpline is a national service and Parentline operates in Queensland and the Northern Territory.

Residential Tenancies Authority

W rta.qld.gov.au

P 1300 366 311

The RTA is the Queensland Government statutory authority that administers the Residential Tenancies and Rooming Accommodation Act 2008 (the Act). The RTA is responsible to the Minister for Communities and Housing, Minister for Digital Economy and Minister for the Arts.

Richmond Shire Council

65 Goldring Street, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4719 3377

The Shire of Richmond is a local government area in north western Queensland, Australia. It covers an area of 26,602.3 square kilometres (10,271.2 sq mi), and has existed as a local government entity since 1916.

Community Centres, Halls & Facilities

Community Halls

Richmond Civic Centre

50 Goldring Street, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4719 3377

Hall & Supper Room - Civic Centre is available for hire.

Community Clubs & Interest Groups

Children & Youth Clubs

Edmund Rice Camps Queensland

E ercqld@edmundrice.org

W ercampsqld.org

P 0409 878 442

Edmund Rice Camps Queensland is a community based not - for - profit organisation, providing recreational activities for children, youth and families who may not otherwise have the opportunity. We deliver peer - mentoring programs supported by committed and passionate young adult volunteers with children who are referred to us by other community support organisations.

Community Service Clubs

Australia Nova Romana

E australia.novaroma@outlook.com

W austnovaroma.wixsite.com

A national Roman living-history and education organisation providing a central community for the study of Latin language, exploration of ancient Roman politics and a safe network for members to explore and learn about the 'cultus deorum romanum', the religion of ancient Rome.

Braille House

E coordinator@qbwa.org.au

W braillehouse.org.au

P (07) 3848 5257

Free lending Braille library. Braille House is a Not-for-profit organisation that transforms the lives of vision impaired people with by producing and giving access to reading material and other tactual resources through our extensive library of books, and much, much more.

Goomeri Lions Club Inc

P 1800 655 201

Goomeri Lions Club is listed in Community Service Clubs in Gympie

Gympie Lions Club

P (07) 5483 8145

Gympie Lions Club is listed in Community Service Clubs in Gympie

Lions Club Of Rainbow Beach

P (07) 5486 3089

Rainbow Beach Lions Club is listed in Community Service Clubs in Gympie

Qcwa Cedar Pocket Branch

P (07) 5484 1083

QCWA Cedar Pocket Branch is listed in Community Service Clubs in Gympie

Qcwa Gympie Branch

E noelanlois@spiderweb.com.au

P (07) 5486 6174

QCWA Gympie Branch is listed in Community Service Clubs in Gympie

Richmond Lions Club

3 Larsen Street, RICHMOND QLD 4822

E richmond4822lions@gmail.com

W lionsclubs.org.au

The Lions Club of Richmond Inc.

Richmond Queensland Country Women's Association

QCWA Richmond House, 76 Goldring Street, RICHMOND QLD 4822

E qcwarichmond@gmail.com

W qcwa.org.au

P (07) 4741 3216

We are an active community of women who, together, improve the lives of people living in regional, rural and remote Queensland.

General Community Clubs

Cooloola Carriage Club Inc

E psincadam@tpg.com.au

P (07) 5484 3210

Cooloola Carriage Club is listed in General Community Clubs in Gympie

Goomeri and District Garden Club

P (07) 4168 4327

Goomeri and District Garden Club is listed in General Community Clubs in Gympie

Gympie Branch Australian Stock Horse Society

P (07) 5484 1154

Gympie Branch Australia Stock Horse Society is listed in General Community Clubs in Gympie

Gympie Cage Bird Club

E gympiecagebirdclub@gmail.com

P (07) 5483 3523

Gympie Caged Bird Club is listed in General Community Clubs in Gympie

Gympie Camera Club Inc

E gympie.camera.club@gmail.com

W gympiecameraclub.wixsite.com

P (07) 5482 2299

Gympie Camera Club is listed in General Community Clubs in Gympie

Gympie Chamber Of Commerce Inc

E ben@ellingsenpartners.com.au

W gympiechamber.com.au

P (07) 5370 2229

Gympie Chamber of Commerce Inc is listed in General Community Clubs in Gympie

Historical Motorcycle Club - Gympie

P (07) 5482 8269

Historical Motorcycle Club - Gympie is listed in General Community Clubs in Gympie

Older Womens Network Qld Inc Gympie

W ownqld.org.au

P 0409 256 603

Older Womens Network is listed in General Community Clubs in Gympie

Richmond Golf Club

Hillier Street, RICHMOND QLD 4822

P (07) 4741 3496

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

Richmond Pistol Club Inc

E richmondpistolclubinc@gmail.com

Pistol Shooting Queensland (PSQ) is the state's peak body for the sport of target pistol shooting accountable for the growth and development of the safe and challenging sport of Pistol Shooting.

Richmond Pony Club Inc

Racecourse Road, RICHMOND QLD 4822

E enquiries@richmondfielddays.com.au

W richmondracecourse.com.au

P 0400 282 995

Richmond Pony Club is a member of the Pony Club Association of Queensland (PCAQ) and encourages members of all ages to participate in horse sports.

Richmond Racecourse

Racecourse Road, RICHMOND QLD 4822

E enquiries@richmondfielddays.com.au

W richmondracecourse.com.au

P 0400 282 995

Richmond Turf Club holds 4 race meetings a year, the first of which runs concurrently with Richmond Field Days. We provide on course stabling and facilities in support of our local racing industry and are pleased to continue to ensure that Richmond is considered the hub of racing the North West Queensland.

Save The Mary River Coordinating Group

E savethemaryriver@gmail.com

P (07) 5488 4800

Save the Mary Coordinating Group is listed in General Community Clubs in Gympie

SES, Rural Fire, Lifesavers, Search & Rescue

Kandanga / Dagun Rural Fire Brigade

P (07) 5484 3191

Kandanga / Dagun Rural Fire Brigade is listed in SES, Rural Fire, Lifesavers, Search & Rescue in Gympie

Royal Life Saving Society Queensland Inc.

E admin@rlssq.com.au

W rlssq.com.au

P (07) 3823 2823

The Royal Life Saving Society Queensland Inc. provides training in CPR, First Aid, Bronze Medallion and Pool Lifeguard. They are the first step in attaining employment in the aquatic industry.

Crisis & Emergency Services

Abuse & Assault Services

Full Stop Australia

W fullstop.org.au

P 1800 424 017

Full Stop Australia offers free confidential, trauma specialist counselling for people of all genders who are impacted by violence and abuse, as well as their friends, colleagues and family members.

National Disability Abuse and Neglect Hotline

E hotline@workfocus.com

W jobaccess.gov.au

P 1800 880 052

Hotline to report concerns about abuse or neglect of a person with a disability.

Crisis Counselling & Intervention Services

Domestic and Family Violence Mensline

E mail@dvconnect.org

W dvconnect.org

P 1800 600 636

Mensline is a free, confidential telephone, counselling, referral and support service especially set up for men.

Domestic and Family Violence**Womensline**

E mail@dvconnect.org

W dvconnect.org

P 1800 811 811

Telephone counselling and refuge referral 24/7 Queensland wide DVConnect, Womensline.

Family Drug Support Australia

W fds.org.au

P 1300 368 186

Information, help and support for families affected by drug use.

Lifeline - National phone service

W lifeline.org.au

P 13 11 14

Lifeline connects people with care by providing Crisis Support; Suicide Prevention; Mental Health Support.

National Cannabis Prevention and Information Centre

P 1800 304 050

The Helpline is a confidential information and support line for cannabis users and friends and family who are concerned about cannabis use by those close to them. We provide counselling, information and referrals that will assist you in your current situation. We will link you to the most appropriate support services and resources for your situation in your area.

Needle Clean Up Helpline

E info@thealbioncentre.org.au

P 1800 633 353

24 hour phone safe needle disposal advice.

Parents Beyond Breakup

E enquiries@parentsbeyondbreakup.com

W parentsbeyondbreakup.com

P 1300 853 437

Helping parents deal with the trauma of separation; a major cause of suicide in Australia. Support is available by phone, LiveChat & email & website.

Suicide Call Back - National Phone Service

W suicidecallbackservice.org.au

P 1300 659 467

The Suicide Call Back Service is a 24-hour, nationwide service that provides telephone and online counselling to people 15 years and over who fit one of the following categories: People who are suicidal, people who are caring for someone who is suicidal, people bereaved by suicide or health professionals supporting people affected by suicide.

General Crisis and Emergency Services

Police Link

W police.qld.gov.au

P 13 14 44

Every day the Queensland Police Service, your police service, works tirelessly to ensure the safety and security of the community.

Richmond Fire Station

120 Crawford Street, RICHMOND QLD 4822

W qfes.qld.gov.au

P (07) 4768 7801

Queensland Fire and Emergency Services (QFES) is the primary provider of fire and rescue, emergency management, and disaster mitigation programs and services throughout Queensland. We deliver this through our Fire and Rescue Service (FRS), Rural Fire Service (RFS) and State Emergency Service (SES).

Richmond Police Station

Goldring Street and Clayton Street

Goldring Street, RICHMOND QLD 4822

E Richmond.Station@police.qld.gov.au

W police.qld.gov.au

P (07) 4741 3220

Every day the Queensland Police Service, your police service, works tirelessly to ensure the safety and security of the community.

Team Rubicon Australia

E info@disasterreliefaus.org

W disasterreliefaus.org

P (02) 8815 8113

Team Rubicon Australia unites the skills and experiences of Australian Defence Force veterans with first responders to rapidly deploy emergency response teams around the globe.

Welfare Assistance & Support Services

Centrelink Access Point - Richmond

50 Goldring Street, RICHMOND QLD 4822

W servicesaustralia.gov.au

P 13 24 68

Access Points provide free self-help facilities where customers can conduct their government-related business including information products and forms, access to a telephone to call the department, Medicare claiming facilities and a fax/photocopier. Access Point staff can also sight and photocopy Proof of Identity documents for Centrelink.

Cultural and Migrant Services

General Cultural Groups

Australian-Filipino Organization Of Wide Bay

P (07) 5483 8978

Australian Filipino Organisation of Wide Bay Inc is listed in General Cultural Groups in Gympie

Sager Consultants

E Info@sagerconsultants.com

P 0413 098 571

Torres Strait Islander Organisation providing culturally appropriate and language specific training, resources and community development and engagement. Open every day 9am-4pm.

Tamil Association Queensland Inc

E nahila99@optusnet.com.au

P 0432 168 310

General Information about community members, worship places and government and council support services information are provided.

Migrant Services

National Resource Centre For Migrant Empowerment

E enquiries@nationalresourcecentre.org.au

W nationalresourcecentre.org.au

P 0478 054 020

NRCME is dedicated to improving the lives of vulnerable and precarious immigrants, with a focus on newly arrived immigrants in Australia. We offer an extensive set of services, community organization, and leadership development programs. Including job seeking support, acquiring safe and affordable housing, education and legal aid, health advice, and demonstrating services.

Disability Services

Carer Information

Kindship

E hello@kindship.co

W kindship.com.au

Kindship is a free digital social network for parents raising children with disabilities and specific needs. Meet, chat, and learn from like-minded parents on similar journeys. Download the Kindship app from the App and Google Play stores.

People With Disability Australia - Qantas Carer Concession Card

E qccc@pwd.org.au

W pwd.org.au

P 1800 806 769

Qantas Carer Concession Card is issued to people with significant support requirements who through a physical, sensory, intellectual, cognitive or psychosocial disability are unable to travel on the aircraft without the full time assistance of a carer. A person is eligible if they need to have one-on-one support when seated on the aircraft for assistance. <http://pwd.org.au/services/qantas-card/>

Disability Accommodation Services

Queensland Disability Housing Coalition

P (07) 3391 3433

QDHC provides information about housing options available to people with a disability, but it is not a housing provider.

Disability Information & Counselling

NDIS Plan Management

E info@completemoney.com.au

W completemoney.au

P 1300 161 489

At Complete Money Management we are your local NDIS Plan Manager, we are a registered provider who is here to assist in all your plan budget needs and to help you navigate the complex system.

Limbs 4 Life

E info@limbs4life.org.au

W limbs4life.org.au

P 1300 782 231

Limbs 4 Life is the peak body for amputees in Australia and was founded as an incorporated charity in 2004. Limbs 4 Life provides services to thousands of amputees and their care givers, who rely on the programs and services for assistance prior to, or after a limb amputation.

My Virtual Support Coordinator

E info@myvirtualsc.com.au

W myvirtualsc.com.au

P (03) 9077 1448

My Virtual Support Coordinator works as an online service provider. Our mission is to change the way Support Coordination is managed by creating a simple, clear and manageable plan for NDIS Participants. No travel costs. Direct access to online tools. Simple billing options to suit your needs. Access to experienced staff.

Queenslanders with Disability Network

E qdn@qdn.org.au

W qdn.org.au

P (07) 3252 8566

Queenslanders with Disability Network is an organisation of, for, and with people with disability. Our motto is "nothing about us without us."

Therapy Connect

E clientservices@therapyconnect.com.au

W therapyconnect.com.au

P 1300 757 806

Therapy Connect provides flexible, person-centred allied health supports via telepractice for people who experience disability or delay in development that affects their participation at home, in the community, in childcare, education or the workplace.

Your Story Disability Legal Support

E yourstorydisability@legalaid.qld.gov.au

W yourstorydisabilitylegal.org.au

P 1800 771 800

Your Story Disability Legal Support empowers people with disability to safely share their story with the Disability Royal Commission and connect with local support services. We work in partnership with communities to deliver a person centred, trauma-informed and culturally safe legal service.

Disability Respite and Activity Centres

Yadah Care Services

W yadahcareservices.com.au

P 0466 986 761

General Disability Services, Respite Care, Disability services for SIL and MTA under the NDIS. Open from 8am -4pm.

General Disability Services

Ability Consultants

E info@abilityconsultants.com.au

W abilityconsultants.com.au

P 1300 694 625

We create freedom and social connection for people with disability through easy access to Positive Behaviour Support. We support NDIS participants throughout Australia, including Sydney, Brisbane, Melbourne, Perth, Adelaide, Hobart and regional Australia.

Acorn Stairlifts - All Queensland**E** adoherty@acornstairlifts.com.au**W** acornstairlifts.com.au**P** 1800 158 676

An Acorn Stairlift gives you a safe, comfortable and simple way to get up and down your stairs. Each Acorn Stairlift is tailor-made to suit your individual home and lifestyle. Suitable for Permanently Injured, Aged, Disabled, Adults and Children. If stairs are difficult - we can assist. Stay in your home, your community, with your adored carers. Available under NDIS, My Aged Care, CHSP, DVA.

Aussie Life Care Australia**E** connect@aussielifecare.com.au**W** aussielifecare.com.au**P** 1800 252 435

ALC provides a wide range of disability services. The prime aim of our service to make positive impact to the people who lives with disability. With the help of ALC, the participants can achieve better quality of daily life by improving their social skills through community participation.

Boomaroo Plan Management**E** admin@boomarooplans.com.au**W** boomarooplans.com.au**P** 0492 853 012

Assisting Others Inspires Us We ensure your needs and preferences are understood and respected whilst managing the quick processing of payments so that your Service Providers can focus on YOU! We make you our Sole focus and assist you in embarking on your NDIS Journey and are always happy to answer any of your questions. Give Boomaroo Plans a call today !

Capital Guardians Plan Management**W** capitalguardians.com**P** (03) 9008 9992

Capital Guardians is a Plan Manager throughout Australia.

Care Squared**E** info@caresquared.com.au**W** caresquared.com.au**P** 1300 632 639

Allied Health Supports, Employment Supports and Group Therapies

Complex Support Coordination**E** sam@complexsupport.com.au**W** complexsupport.com.au**P** (08) 9467 7333

High quality, results oriented NDIS Support Coordination and Psychosocial Recovery Coaching services. I get the NDIS to work for you!

Confidence Club**W** confidenceclub.com.au**P** 1800 861 199

Australian-owned NDIS approved direct supplier of products for managing incontinence - and an award winning customer support team. We have bladder leakage pads, pull-up pants and nappies for youth and adult that are more sustainably made in our European factories, perform reliably and great value. Trusted by many thousands of Australians for fast and discreet delivery to their doors everywhere.

Disability Enquiry Hotline**E** disability@online.telstra.com.au**W** telstra.com.au**P** 1800 068 424

Telstra Disability Services Centre offers a free advisory service for persons who have difficulty using their telephone, such as difficulties hearing the telephone ring, hearing the caller, holding the receiver, voice projection or reading the dial.

Disability Health Support Australia**E** dorothy@disabilityhealthsupport.com.au**W** disabilityhealthsupport.com.au

Excellent medical and hospital care are everyone's right. NDIS, mental health and aged patients often find that their disability means they experience problems getting the healthcare they need. We case manage your healthcare.

National Disability Health Support Australia**E** dorothy@disabilityhealthsupport.com.au**W** disabilityhealthsupport.com.au**P** 0421 011 430

Support for NDIS participants whose health or healthcare is limiting their independence or capacity.

Personal Care (Disability Service Provider)

E prakash@dtccare.com.au

W dtccare.com.au

P 0426 803 524

Core Supports that enable participants to complete activities of daily living. We assist participants by assisting them to achieve their goal of completing daily personal activities, and Assistance with Travel/Transport Arrangements. Assistance in participation in community, social and civic activities.

Epilepsy Action Australia

E epilepsy@epilepsy.org.au

W epilepsy.org.au

P 1300 374 537

Epilepsy Action Australia provides support, information and innovative services to those living with and affected by epilepsy across Australia. We offer world-class education and support services nationally, with a determined commitment to deliver equitable and consistent services to all Australians regardless of where they live.

Focused Health Care

E info@focusedhealthcare.com.au

W focusedhealthcare.com.au

P 0499 487 728

Focused Health Care is a Registered NDIS Provider and proudly provides Community Nursing Services throughout Queensland.

Grow Your Impact

E growyourimpact@outlook.com

W meaningfulbehaviour.com

P 0432 315 939

Registered NDIS Provider of Positive Behaviour Support for people with behaviours of concern. Services are available from Brisbane to Far North Queensland and the Northern Territory and include positive behaviour support plan creation and implementation for NDIS participants and clients of residential aged care.

HiCom Care - NDIS Plan Manager

E Admin@hicomcare.com.au

W hicomcare.com.au

P 0480 305 919

HiCom Care is Australia's most dynamic NDIS registered Financial Plan Management service provider for people from CALD backgrounds. We are an enthusiastic, young, and friendly team passionate about delivering A-Grade services to our clients nationwide. We handle the day-to-day financial tasks that come with our participants' plans and help them to keep track of their funding balance.

Holistic Home Care - Caring with Compassion

E info@holistichomecare.com.au

W holistichomecare.com.au

P 1300 942 008

Holistic Home Care is a registered NDIS provider which means you can use your NDIS funding to access your services and supports from us. We listen to you, allow you to have more choice and control and provide flexible care. Our main goal is to maintain independence and enhancement of well-being

I Hate Cooking

E info@ih8cooking.com.au

W ih8cooking.com.au

P 0410 526 477

As an NDIS registered provider around the country, we are proud to be able to provide a viable option to the many food delivery services available to participants. Our cooks are chosen because they have a heart to serve in the community. We look forward to making healthy nutritious food in your kitchen

NDIS Kickstart your plan

E support@ndism.com.au

W ndism.com.au

P 1800 954 559

Working with ISM, we can help you Kickstart Your Plan and your NDIS journey so you get the most out of your funding.

NDIS Plan Management

E mailbn@justbettercare.com

W justbettercare.com

P (07) 3056 0777

Local & Collaborative Plan Management - choosing Just Better Care Brisbane North & CBD as your NDIS Plan Manager can save you hours of time and endless admin. We help manage your funding found in your NDIS plan and pay service providers who give you supports.

Leap In! Australia (National Service)

E crew@leapin.com.au

W leapin.com.au

P 1300 057 878

A Not-For-Profit financial intermediary service that provides both participants and disability supports providers with a wide range of additional benefits and support.

LifeTec Australia - Townsville

E mail@lifetec.org.au

W lifetec.org.au

P 1300 885 886

LifeTec is a social enterprise that provides dedicated assistive technology (AT) services. Our aim is to enable people of all ages and abilities to actively engage in home, work, school and community.

Manage It

E info@manageit.com.au

W manageit.com.au

P (08) 9380 0271

We provide specialist services and innovative online tools for the management of individualised funding in the disability, community, and mental health care sectors.

Me Plus More

E hello@meplusmore.com.au

W meplusmore.com.au

P 0405 905 610

Me Plus More is an online platform specifically designed to inspire and empower people with intellectual disability or cognitive impairment to take those much-needed steps towards reaching their goals and independence. It has been designed in both English and easy read English to give members the tools and resources to assist in learning independent living skills.

My Mobile Plan Manager

E mymobileplanmanager@gmail.com

P 1800 519 716

Registered NDIS Plan Management Service Provider and Fellow Certified Practising Accounting (FCPA) with over 25 years experience in accounting and bookkeeping to assist participants with managing their NDIS funds.

My Plan Assist

E info@myplanassist.com.au

W myplanassist.com.au

P (07) 5641 2277

The simple solution to managing your NDIS Funding. My Plan Assist is a registered provider of plan management services for children, young people & adults with disabilities under the NDIS. They offer caring & personalised support to simplify NDIS plan management, offering more flexibility and control with less stress. Get the support you need so you have more time to focus on your NDIS goals.

My Plan Manager

E enquiry@myplanmanager.com.au

W myplanmanager.com.au

P 1800 934 170

My Plan Manager is Australia's largest plan management service – we take the stress out of the NDIS. We can process your NDIS invoices, reduce time-consuming paperwork, and support you to quickly and simply track your NDIS plan spending. We can also work with you to maximise your NDIS plan and ensure it includes the important items that really make a difference to achieving your goals.

MyCareSpace

W mycarespace.com.au

P 1300 288 893

An online connections service helping NDIS participants to connect with verified local service providers with immediate appointments available.

MyIntegra Plan Management - QLD**E** engagement@myintegra.com.au**W** myintegra.com.au**P** 1800 696 347

Let us guide you on your NDIS journey with plan management in Queensland (QLD) • Pay providers fast • Claim funds from NDIA • Track your budget online, 24/7 • Advice to maximise your plan • Choice and control • Reserve funds for chosen providers • Quick online sign up • Registered Plan Manager

MyIntegra Support Coordination - QLD**E** enquiries@myintegra.com.au**W** myintegra.com.au**P** 1300 937 187

Get value from your NDIS plan with expert help to connect you with local supports in Queensland (QLD) • Help to understand your plan • Registered Support Coordinator • Build your independence • All levels of disability including complex needs • Prepare for plan reviews • Navigate the NDIS

National Relay Disability Phone Service**E** helpdesk@relayservice.com.au**W** accesshub.gov.au**P** 1800 555 660

The National Relay Service is a national telephone system for people who have difficulty hearing or speaking on a regular telephone. Information, training and referral is available locally or via the

NDSP Plan Managers - QLD**E** info@ndsp.com.au**W** ndsp.com.au**P** 1800 636 377

As an NDIS Plan Manager we assist you on your NDIS journey by paying your supports to providers from your NDIS funds. NDSP allows you to live your life while we manage your claims, payments and administration of your NDIS budget.

Oak Tree Alliance Support Coordination and Specialist Support Coordination**E** admin@oaktreealliance.com.au**W** oaktreealliance.com.au**P** 0498 498 405

Oak Tree Alliance offers expert support coordination services, ensuring seamless access to NDIS support. Our specialists empower individuals with tailored plans, advocate for their needs, and enhance overall well-being. Trust us to navigate the complexities and optimize your NDIS journey.

Pacify Plan Management**E** hello@pacify.com.au**W** pacify.com.au**P** 1800 959 344

Pacify Plan Management is registered by the NDIS to provide plan management services to participants Australia-wide.

NDIS Plan Management**W** pathwaystocare.com.au**P** 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you. We love getting to know you to help you achieve your goals and connect you to your community!

Peak Plan Management**E** info@peakplan.com.au**W** peakplanmanagement.com.au**P** 1300 732 324

We offer you the assistance of a team of experienced accountants and NDIS experts to help you maximise the value of your plan whilst removing the stress and administrative burden. All with the benefit of a local person you can talk to anytime who knows your personal story and is focused on helping you maintain choice and control.

Plan Partners

E rollie.pontigon@planpartners.com.au

W planpartners.com.au

As Australia's leading provider of services that support NDIS participants, we will maintain our passion and commitment to helping people with disabilities to get the most out of their NDIS plans and realise their goals in life. Lives will be changed because of the services we provide.

Plan Partners - QLD

E info@planpartners.com.au

W planpartners.com.au

P 1300 333 700

Plan Partners assist people navigate accessing NDIS, pre-planning for NDIS Meeting, community education, Plan Management and Support Coordination.

Provider Choice Plan Management

E hello@providerchoice.com.au

W providerchoice.com.au

P 1300 776 246

With all your NDIS in the one place, you can achieve your goals, budget easily, and take control of your plan.

Queensland Support Services and Solutions

E admin@qsss.com.au

W qsss.com.au

P (07) 5543 6757

Promoting Independence and Quality of Life by Providing In-Home and Community based supports to people with physical disabilities throughout Qld QSSS provides its In-Home and Community Access supports to people who have a physical disability from ages 10 - 100 and registered with the National Disability Insurance Scheme (NDIS)

Recovery Plus Support

E referral@recoveryplussupport.com.au

W recoveryplussupport.com.au

P 1800 512 281

Recovery Plus Support is a registered NDIS provider specialising in services for participants with a Psychosocial Disability. We are best known for our Recovery Coaching service and also specialise in: - Social and Community Participation - Support Coordination - Capacity Building - In-home Care We are an Australian company and provide our services Australia-wide.

Reel Keen Powerchair Fishing

E robert@reelkeen.com

W reelkeen.com

P 0418 128 749

NDIS registered suppliers of Power Wheelchair fishing rod holders and camera attachments. Turn Your Power Wheelchair into a game fishing chair, in just minutes !!!

Shine Home Support

E admin@shinehomesupport.com.au

W shinehomesupport.com.au

P 0420 282 832

Shine Home Support offers tailored Level 1 and Level 2 NDIS Support Coordination to Self and Plan Managed NDIS Participants

Sky Plan Management

E info@skyplanmanagement.com.au

W skyplanmanagement.com.au

P 1300 103 787

Are you looking for a highly responsive and personalised service from your NDIS Plan Manager? We offer a budget Dashboard for real-time info on your budget balances, quick and accurate payments to your providers, and our friendly team are highly responsive to your queries. Call us today on 1300 103 787.

Specialised Plan Management

E Intake@specialisedplanmanagement.com.au

W specialisedplanmanagement.com.au

P (07) 3317 8344

Specialised Plan Management aim to take the financial burden of managing the payment and the necessary tracking of Plan Management Expenses against the NDIS budget. Simply put "It's like having a book keeper for your NDIS Plan". We not only have the financial accounting experience but can also draw upon over 20 years of experience within the Disability Sector.

The Aquaponics Lady

E ask@theaquaponicslady.com

W theaquaponicslady.com

Empowering independence for those living with disabilities with an interest in gardening and fish, where you don't need to dig. This online, self paced program created by an NDIS participant with lived experience with autism, PTSD and anxiety for other participants to improve life skills and build capacity in your own safe space. Develop your skills at your own pace. Self & plan managed

The Aussie Hands Foundation Inc - Melbourne

E info@aussiehands.org

W aussiehands.org

Aussie Hands (ii) supports children and adults who have been born with a hand difference or have an acquired hand injury; (ii) provides opportunities for networking and exchange of information; and (iii) supports research initiatives focussing on hand differences

The Good Meal Co

E agedcare@goodmeal.com.au

W goodmeal.com.au

P 1800 155 255

The Good Meal Co is dedicated to spreading the joy of food across Australia to those in need of the tastiest care meals, home delivered so they can eat, feel and live better.

The Happy Giraffe

E claire@thehappygiraffe.com.au

W thehappygiraffe.com.au

P 0409 026 230

* Offers a wide range of Sensory Products - Autism, ADHD, Sensory Processing, Anxiety.... * A safe space for people to look, touch and feel products to suit their sensory needs. * Committed to supporting our Neurodivergent and wider Community

The Kids Coach - National

W thekidscoach.tv

P 0478 437 368

The Kids Coach is an on-demand channel developed by an Occupational Therapist and Personal Trainer to get your child up and moving with fun, regular fitness programming in the comfort of your own home.

Thinkwise Disability

P 0478 254 112

THINKWISE Disability offers valuable disability support services all across Australia. Our mission is to empower people with disability and long-term health conditions to unlock their potential through engagement, education and employment to become self-sufficient and participate in their communities.

Unique Quality Care

E admin@uniquequalitycare.com

P (07) 4972 3300

Unique Quality Care offers affordable, tailored support for people with disabilities

XYX Syndrome Association of Australia Inc.

E xyyaustralia@gmail.com

W xyyaustralia.org

P 0427 064 157

Mission Creating awareness for XYY Syndrome by obtaining and providing the latest research for XYY families and the community. Networking with government services, medical specialists, general practitioners and educators to create a better understanding for XYY Syndrome. Our focus is helping the community have a positive understanding of XYY Syndrome and give support to those who need it.

**Standard and High Intensity Level
Support Worker Services - In Home**

E info@youfirstservices.com.au

W youfirstservices.com.au

P 1300 525 656

Standard & High Intensity Level Support Worker
Services - In Home

Your Plan Manager

E plan@ypm.com.au

W yourplanmanager.com.au

P 1800 968 775

We provide Registered NDIS Plan Management
Services Australia-wide. Our passion is offering
you, your family, carers and providers with an
access to expert and personal advice for the life of
your NDIS plan.

E d u c a t i o n

Adult Education

Australian Training Institute

E admin@atiaustralia.edu.au

W atiaustralia.edu.au

P (07) 3269 5005

The "Australian Training Institute (ATI) Pty Ltd"
specialises in First Aid; Security; Working at
Heights/Confined Space; Safety (WHS); Fire;
Mining; and Business. Our honesty, integrity and
professionalism along with our broad expertise
and technical training have positioned the
company as one of the top providers in Australia.

Mental Health First Aid Training

E futuretraining4u@gmail.com

W stepbystep.training

P 0488 171 500

Mental Health First Aid - Training - Support - Fully
Accredited & Professional Courses - Available to
suit Individuals, Groups, Organisations,
Companies, Government Departments, Military &
Civil Emergency Agencies, Business Management
& Employees, Volunteers.

Lifelong Learning Council Queensland

E secretary@llcq.org

P (07) 3844 8400

Lifelong Learning Council Queensland supports
and promotes Adult Community Education across
Queensland and offers professional development
for ACE providers, adult educators, tutors,
mentors, coordinators, etc.

Parentshop

E info@parentshop.com.au

W parentshop.com.au

P (02) 6680 8910

At Parentshop we provide challenging, engaging
and action-based professional development and
training events that deliver effective behaviour
change solutions for all ages. We guide and
support professionals and parents through the
provision of training to parents, school staff,
community sector employees and child and family
specialists in behaviour management and
managing childhood anxiety.

**Suicide Programs Calm Conversations
Can Save Lives**

E admin@suicideprograms.com.au

W suicideprograms.com.au

P (07) 3077 6536

We offer many evidence based, Australian training
programs that empowers you to "have a CALM
conversation" about suicide - to reduce stigma,
promote help seeking and save lives. Learn face-
to-face, virtually or online.

TAFE Open Learning

W tafeql.edu.au

P 13 12 48

TAFE Queensland's distance and online programs
bring you quality short courses that address your
immediate needs, whether it be for career
progression or, lifestyle enhancement.

General Education Programs

A Team Tuition - HEAD OFFICE

W ateamtuition.com

P (07) 5226 0351

A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

Tutoring North Queensland

W ateamtuition.com

P (07) 4426 1818

No matter where you are across Australia, A Team Tuition can help your child reach their academic goals. A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

Australian Cervical Cancer Foundation

E info@accf.org.au

W accf.org.au

P 1300 727 630

ACCF raises awareness in schools & community groups across Australia through our FREE Cervical Cancer Awareness Program. CCAPs covers HPV and the vaccine, cervical cancer and it's prevention.

Australian School Of Entrepreneurship

E group@ase.edu.au

W ase.edu.au

P 1300 336 095

The ASE Group is a community-led and purpose driven business for good that delivers education, entrepreneurship and employment programs to Australians of all ages.

Balance Minder

E leanne@balanceminder.com.au

W balanceminder.com.au

P 0428 181 824

Providing training in wellness skills including exercise, healthy eating and financial literacy. Balance Minder aims to provide the tools and support to all Australians to improve their physical, mental and social wellbeing. Deeply grounded in Tai Chi; We offer online and face to face courses which allows participants the opportunity to become the best version of themselves.

be informed.

E beinformedaus@gmail.com

be informed. helps people make good decisions. We offer free Seminars on important topics of interest so people are educated with information about what matters to them.

Cooloola Schools Chaplaincy

E admin@cooloolachappy.org.au

W cooloolachappy.org.au

Cooloola Schools Chaplaincy is listed in General Education Programs in Gympie

Education Queensland Early Childhood Development Program

E eap@qed.qld.gov.au

W education.qld.gov.au

P (07) 3634 0539

ECDPs aim to support children's early learning and help develop valuable skills children need to be successful learners now and as they transition to school. For more information about accessing an ECDP, contact your local Department of Education regional office or your local ECDP.

Emmaus Correspondence School

E office@ecsaust.com.au

W emmausqld.org

P (07) 4635 7227

ECS Ministries is part of the world-wide Emmaus Correspondence School that is evangelical, non-denominational in outreach, which provides correspondence Bible study courses published for the purpose of encouraging and enlightening people of all ages.

FORTRESS LEARNING

E info@fortresslearning.com.au

W fortresslearning.edu.au

P 1300 141 994

Fortress Learning is one of Australia's premier RTOs, delivering nationally accredited courses in both Training & Assessment and Business. Learning team can help.

Pathways to Resilience Trust

E info@pathwaystoresilience.org

W pathwaystoresilience.org

P (07) 3169 2400

Social and Emotional Learning Education

Queensland Fire And Rescue Service

E QFESenquiries@qfes.qld.gov.au

W qfes.qld.gov.au

P (07) 3635 1949

The Fight Fire Fascination (FFF) program is an initiative of Queensland Fire and Emergency Services designed to support parents and guardians with their efforts to educate their children about fire.

RCS

E info@rcsaustralia.com.au

W rcsaustralia.com.au

P (07) 4939 5255

Provides funded and fee-based agricultural training programs, community information and advisory services specialising in farm, business and people management for the agricultural industry.

Stroke Foundation: StrokeSafe Volunteer Speaker Program

E strokesafe@strokefoundation.com.au

W strokefoundation.org.au

P (03) 9670 1000

Our StrokeSafe volunteer speakers are trained in public speaking and experienced in delivering life-saving messages about stroke. Our volunteers cover a range of issues that will help your organisation or group better understand stroke and how it can be prevented including; what a stroke is, how to recognise the signs of stroke, what to do if someone is having a stroke, how to prevent stroke.

Substance Abuse and Mental Health (Dual Diagnosis) Training

E george@dualdiagnosistraining.com.au

W dualdiagnosistraining.com.au

P 0408 332 765

George Patriki provides both LIVE and ONLINE training for all people, including professional development for the health care, welfare and social service industries on the Gold Coast, throughout Australia and the globe... We also offers free and subsidised services to the general public; Free family support; <https://www.dualdiagnosistraining.com.au/family-support/>

Tenancy Skills Institute

E info@tenancyskills.com.au

W tenancyskills.com.au

P (07) 3413 6997

The Tenancy Skills Institute aims to create "Tenants of Choice" by equipping communities with the skills and knowledge needed to create solid foundations for successful tenancies. The Tenancy Skills Institute, delivers a competency-based training program which up-skills people who are wanting to rent successfully in the private market. It is available across the entire state of Queensland.

Anger Management and Conflict Resolution Program

E transformationministries@gmail.com

W anger.org.au

P 0408 332 765

Have you experienced problems with anger & rage that has caused harm to yourself and those you love? Anger is a normal human emotion when we feel we are being threatened, or those we love. If you prefer to do the 24/7 ONLINE course, click on the green button on website. If we don't deal with what causes us to get angry, then it turns into rage. Anger Management & Conflict Resolution Program

Walya Productions

W walya.com.au

P 0401 203 654

Walya Productions provides a National Aboriginal Cultural & Community e-learning (online at walya.com.au) course. Walya Productions is registered as an Accredited training organisation with the Royal College of General Practitioners and Supply Nation. The course is low cost and is designed to introduce the broader community to Aboriginal Culture & Community, in an affordable and informative way.

Literacy & Numeracy Programs

Accelerated Learning Tutoring Centre

E info@perthtutor.com.au

W acceleratedlearning.com.au

P (08) 9471 9036

> Tutoring centre providing personalised tuition for maths, physics and chemistry students in school or university. Open 6 days a week. > Small group tutorials or one-to-one tuition available.

Reading Writing Hotline

E enquiries@readingwritinghotline.edu.au

W readingwritinghotline.edu.au

P 1300 655 506

The Hotline is a free anonymous phone referral service for adults wishing to improve their reading writing, maths or computing skills. The Hotline teachers will help callers find appropriate classes or resources to assist them. The Hotline is available to anyone in Australia and is funded by the Commonwealth Department of Education and Training.

Parents & Citizens Associations

Gunalda Primary PandC Association

E admin@gunaldass.eq.edu.au

Gunalda State School P&C Association is listed in Parents & Citizens Associations in Gympie

James Nash High PandC Association

P (07) 5480 6333

James Nash State High School P&C Association is listed in Parents & Citizens Associations in Gympie

Rainbow Beach State School Parents and Citizens Association

E admin@rainbeacss.eq.edu.au

P (07) 5486 3256

Rainbow Beach State School Parents and Citizens Association is listed in Parents & Citizens Associations in Gympie

Tin Can Bay State School PandC Association

E pandc@tincanbass.eq.edu.au

P (07) 5488 1222

Tin Can Bay State School P&C Association is listed in Parents & Citizens Associations in Gympie

Victory College PandC Association

P (07) 5482 8206

Victory College P&C Association is listed in Parents & Citizens Associations in Gympie

Widgee Primary PandC Association

E the.principal@widgeess.eq.edu.au

W widgeess.eq.edu.au

P (07) 5484 0888

Widgee State School P&C Association is listed in Parents & Citizens Associations in Gympie

Woolooga State School

W wooloogass.eq.edu.au

P (07) 5484 7341

Woolooga State School P&C Association is listed in Parents & Citizens Associations in Gympie

Special Education Programs

ALANNAH and MADELINE FOUNDATION

W alannahandmadeline.org.au

P 1300 720 747

The Alannah & Madeline Foundation is the leading national not-for-profit organisation working to protect children from the effects of violence and bullying.

SPELD Qld**E** speld@speld.org.au**W** speld.org.au**P** (07) 3391 7900

The services that Speld Qld Inc provide include an educational advisory and referral service, a library borrowing service, a tutor and assessment service, an assistive technology service, information workshops and seminars for parents, teachers and other professionals and a conference every two years. We promote actively throughout the community an awareness of the impact of specific learning ...

State (Primary and High Schools)

Isolated Children's Parents' Association

Goldring Street Larsen Street, RICHMOND
QLD 4822

E icparichmond@gmail.com**W** icpa.com.au

Students unable to access these schools have studied by Distance Education [initially the Primary Correspondence School and now through both Mt Isa and Charters Towers SDE's] and those continuing to Senior Secondary have used boarding schools and private board to meet their educational needs.

Richmond State School

88 Crawford Street, RICHMOND QLD 4822

E admin@richmondss.eq.edu.au**W** richmondss.eq.edu.au**P** (07) 4768 6333

Richmond State School provides a quality education in a caring and supportive environment. The delivery of quality curriculum is a driving force at Richmond State School and is achieved through the foundation of a developmental approach to literacy and numeracy.

Employment & Training

Disability Employment & Training Services

Pet Cloud**E** support@petcloud.com.au**W** petcloud.com.au**P** 1300 667 785

If NDIS Participants are reliable for bookings they choose to take on, can communicate well, can use a smartphone, can control and care for a pet, then they could potentially become a Pet Sitter through PetCloud. Learn more here:

<https://www.petcloud.com.au/d/blog/ndis-goal-creation-for-pet-lovers/>

Employment Information & Assistance

Jenny Gleeson Coaching and Consulting**E** jenny@jennygleeson.com.au**W** jennygleeson.com.au**P** 0433 884 847

I am a qualified Career Coach and English Teacher. I offer extremely low and cost effective services as I am very community minded and person centred. I also assist Not for Profit organisations with writing tenders, funding applications, business plans plus much more.

General Employment & Training Services

Approach Services

E info@approach-services.com

W approach-services.com

P (08) 6171 3833

Approach Services is a Western Australian business on a mission to shape the way we lead and implement change around the world. We are here to empower communities, organisations and leaders to recover fast from challenges and grow through transformation. Facing change? Talk to us about how we can help you thrive.

Electrician Jobs

P (02) 8005 8225

Electricianjobs.com.au is your online source to find jobs in the Australian Electrical Industry, assisting jobseekers by providing a platform to search and apply directly for the latest jobs or register to receive new job opportunities.?

Fair Work Infoline

W fairwork.gov.au

P 13 13 94

Provide information on awards and agreements including your entitlements as an employee. Also for enquiries re wages and employment conditions in the private sector. Information can still be obtained from the Department of Justice and Attorney-General.

Learning Network Queensland

W tafeqld.edu.au

P (07) 4632 2188

Learning Network Queensland offers over 200 courses across a wide range of interest areas including computing, book keeping, small business, professional development, Aboriginal and Torres Strait Islander training, languages and more. Mobile delivery is not new to Learning Network Queensland as we successfully deliver vocational programs to rural and remote locations in Queensland.

Neami National - THRIVE

E livingandlearning@neaminational.org.au

W neaminational.org.au

P (07) 3493 6780

THRIVE focuses on improving job readiness and workplace inclusivity for people that experience mental health challenges or psychosocial disability. THRIVE includes a suite of e-learning modules and workshops that guide participants and employers toward inclusive recruitment and inclusive workplace practices. Eligibility: Ages of 18-65; reside in WA, VIC, SA, QLD or NSW;

Queensland Association of School Tuckshops

E chris@qast.org.au

W qast.org.au

P (07) 3324 1511

Queensland Association of School Tuckshops provides Food Safety Supervisor Certificates, tailored to School Canteen Convenors.

TAFE Open Learning

W tafeqld.edu.au

P 13 12 48

TAFE Queensland's distance and online programs bring you quality short courses that address your immediate needs, whether it be for career progression or lifestyle enhancement.

U3a Network Queensland

E rhondaj17@bigpond.com

P (07) 4613 6559

U3A provides learning programs including academic, cultural, physical and social. These programs offer stimulation and development to people in their 3rd age.

Environment & Conservation

Environment & Conservation Local History

Tuggeranong Homestead

E info@tuggeranonghomestead.com.au

W canberrahomestead.com

P (02) 6292 8888

Provides a heritage-listed homestead on 70 acres. A private secluded venue catering for weddings, functions, conference and training workshops. We are open by prior arranged appointment or function only.

Environmental Action & Conservation

Palm and Cycad Societies of Australia Inc

E martin.lack@mlaa.com.au

W pacsoa.org.au

P (07) 3878 2974

Encourage conservation of Palms and Cycads

Health Services

Adult Health Services

e-Consultant Build Back Better Initiative

W materresearch.org.au

P (07) 3365 5379

To ensure that Northern Queensland General Practitioners have timely access to rapid communication with specialist doctors NQPHN has developed a two-part approach.

Ageing Health Services

Aged Care

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Residential aged care is for senior Australians who can no longer live in their own home. It includes accommodation and personal care 24 hours a day, as well as access to nursing and general health care services. You may be eligible for subsidy so check with your doctor.

Allied Health

Active Nutrition

E viviennesalu@ozemail.com.au

W activenutrition.net.au

P 0407 373 002

'Offering Telehealth Only' Dietitian/Nutritionist private practice providing telehealth (video and telephone) support, information and motivation in the areas of health and nutrition. Rebates available from Medicare and Private Health.

Avicenna Health and Wellness

E health@avicenna-hw.com

W avicenna-hw.com

P 0493 210 327

Good health is not a luxury, it is what you deserve. Blending science and traditional knowledge, we support you on your journey to optimal health with natural, holistic, and personalised solutions.

Axis Health Psychology

E info@axispsychology.org

W axispsychology.org

P 0455 398 354

Health focused, evidence-based psychological therapy and hypnotherapy for anxiety, depression and stress; gut health; disordered eating and disturbed sleep.

Cairns Occupational Therapy

E mail@cairnsot.com

W cairnsot.com

P (07) 4051 5504

Your centre for • Hand, wrist and arm therapy • Scar, swelling and lymphoedema management • Pain management therapy • Work rehabilitation services

Chrysalis Wellbeing

E chrissy.ortner@zohomail.com.au

W chrysaliswellbeing.com.au

P 0430 322 711

Online and face to face support, Mt Evelyn, for people experiencing Anxiety, Overwhelm, PTSD, Post Natal Depression or Chronic Ill health. Hypnotherapy is an evidence based therapy for deep relaxation, addressing the causes of Anxiety and Depression and supporting you to feel calm and in control. Quit Smoking Hypnosis and Weight Loss Programs available. NDIS support for Self Managed Clients.

ClearConvo

E support@clearconvo.com

W clearconvo.com

P (07) 3703 1812

ClearConvo is a registered provider with the National Disability Insurance Scheme. We provide speech therapy services to NDIS participants in the Brisbane region and Queensland or anywhere in Australia via online speech therapy sessions (Telehealth). Call us today on (07) 3703 1812.

Communicate Speech Pathology

E info@communicatespeech.com.au

W communicatespeech.com.au

P (02) 9328 3444

Founded in 2004, Communicate Speech Pathology provides speech and language mobile, community and school-based and telehealth services to clients of all ages. Our trained speech therapists are practicing members of Speech Pathology Australia and work with clients of all ages to achieve their communication goals.

Connect2Care - ACT

E info@connect2care.com.au

W connect2care.com.au

P 1800 950 288

Connect2Care was founded by health professionals with a shared passion for helping people with a disability reach their highest potential. We offer predominantly mobile services throughout Australia, and our therapists have extensive experience working in homes, schools, and other community-based settings.

Continence Aids Payment Scheme

W health.gov.au

P 1800 330 066

The National Continence Helpline is staffed by a team of continence nurse advisers and is available to anyone in Australia. It operates from 8am to 8pm (AEST) Monday to Friday.

Crystal Clear Psychology Solutions

E reception.ccpsychsolutions@gmail.com

W crystalclearpsychologysolutions.com

P 0476 758 096

Welcome to Crystal Clear Psychology Solutions, a warm and supportive environment that enables you to start living a meaningful and balanced lifestyle. We are passionate about supporting you to be the best version of yourself! We have individual therapy, group programs, return to work support, and job seeking services available to help you reach your goals and maximise your potential.

My Health for Life

E info@myhealthforlife.com.au

W myhealthforlife.com.au

P 13 74 75

My health for life is a free Queensland Government-funded program delivered by the Healthier Queensland Alliance designed to help Queenslanders stay well and lessen their risk of developing conditions such as type 2 diabetes, heart disease and stroke.

Jacqueline Conroy Talking Therapies

E jacquelinemconroy@gmail.com

W jacqueline-conroy.com

P 0413 085 406

I work in a face-to-face setting and the practice also provides telephone and online counselling and therapy.

Julie Pratt - IBS and FODMAP Dietitian

E julie@naturalbalancenutrition.com.au

W natural-balance-nutrition-dietitian.business.site

P 0420 994 870

Natural Balance Nutrition is a virtual nutrition practice specialising IBS management and the low FODMAP diet. We help clients with a range of digestive issues including: - Irritable bowel syndrome (IBS) - Fructose malabsorption - Lactose intolerance - Coeliac disease - Reflux - Chronic constipation / diarrhoea - Small intestinal bacterial overgrowth (SIBO)

Lavender Sleep and Wellness

E hello@lavendersleepandwellness.com

W lavendersleepandwellness.com

P 0435 784 209

Empowers families to remove obstacles and restore optimal sleep, health and wellness so that they and their children - from infants to teens - can flourish. Integrative sleep support for newborns to seniors.

Nutrition Counselling

E hello@nutritionwithmari.com

W nutritionwithmari.com

P 0478 599 770

Online nutrition counselling services for adults: Eating disorders & disordered eating; Eating well after Bariatric Surgery; and Diabetes

More Than Able

E info@morethanable.com.au

W morethanable.com.au

P (07) 5228 0469

More Than Able is a growing allied health service on the beautiful Sunshine Coast offering paediatric therapy.

NWRH - East Coast and Corporate Office (Townsville)

E accountsreceivable@nwrh.com.au

W nwrh.com.au

P (07) 4781 9300

Provides Dietetics, Diabetes Education, Exercise Physiology, Podiatry, Physiotherapy and Speech Pathology across various regions of Queensland.

On The Line Australia

E enquiries@ontheline.org.au

W lifeline.org.au

P (03) 8371 2800

On the Line is a social health business, supporting and counselling people, anywhere and anytime. We listen and encourage people to feel better: building resilience, fostering healthy relationships, and connecting people with community support.

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au

W phoenixhypnotherapy.com.au

P 0438 411 551

Imagine what it will be like to finally quieten that inner-voice and to discover how incredible you can actually be. Imagine what it would be like to finally discover how to become stress and anxiety free in your life... or to be that 'non-smoker'... or to look in the mirror and feel fabulous! I will help you rid yourself of that useless stress and worry and feel the peace you so deserve.

Queensland Spinal Cord Injuries Service - Spinal Outreach Team (SPOT)

W health.qld.gov.au

P (07) 3176 9507

The Spinal Outreach Team (SPOT) provides allied health and nursing consultancy and early intervention service for people with spinal cord injuries, their families and other health professionals.

Dietetics

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Dietitians provide expert nutrition and diet advice for clients, their families, and carers across all age groups. Dietetic supports the management of diets and nutrition for clients who may be affected by health conditions and to also assist clients to change their diet so that they can become healthier and stay healthy.

Occupational Therapy

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

Optometry

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Optometrists are experts in eye health, trained to prescribe spectacles (glasses) and contact lenses and treat a range of eye conditions such as dry eye, allergies, and infections.

Physiotherapy

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

Podiatry (Foot health)

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Podiatrists are experts in foot, ankle, and lower limb health. They assist with foot problems, education, and management of foot complications, fall prevention and self-management of foot conditions, prescription of orthotics and insoles. They can help to prevent, diagnose, and treat a wide range of conditions.

Speech Therapy/Pathology

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice. They often work with children helping a child's speech develop. Speech pathology can also help if you have problems swallowing food or drinking safely.

Podiatry - Towers Podiatry

65 Goldring Street, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W checkup.org.au

P 0427628637

Provides Podiatry across various regions of Queensland.(Provided by Towers Podiatry)

Tropic Kids Physiotherapy

E hello@tropickidsphysiotherapy.com

W tropickidsphysiotherapy.com

P 0409 620 415

Tropic Kids Physiotherapy is a passionate small business providing family-focused, evidence-based paediatric physiotherapy to North Queensland. Based in Townsville, we provide outreach clinics to Ingham, Magnetic Island, Charters Towers & Hughenden. We strive to deliver individualised therapy with a multidisciplinary approach.

Wellness Nutrition Solutions

E dorelle@wellnessnutritionsolutions.com.au

W wellnessnutritionsolutions.com.au

P (07) 3117 9244

We provide dietetic and nutrition services for adults via Telehealth or in-person appointments. Our focus areas include digestive health (IBS, food intolerances, FODMAP diets, constipation, reflux), weight concerns (both under and over), eating behaviours and emotional eating, type 2 diabetes, and heart health and the Mediterranean diet.

Child Youth & Family Health

Leukodystrophy Resource and Research organisation

E bobwyborn@bigpond.com

W leukodystrophyresourceresearch.org

P (07) 4627 1092

Leukodystrophy is a group of some 50 to 60 genetic progressive neurodegenerative disorders that are terminal. We support families, scientists, clinicians and allied health.

school-based youth health nurse

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

School Based Youth Health Nurses offer individual health consultations to provide assessment, support, health information and referrals for young people. School Based Youth Health Nurses also work with the school community on issues that may affect the health and wellbeing of individual young people and the broader school community.

Community Health & Medical

Asbestos Related Diseases

E inquiries@adss.org.au

W adss.org.au

P 1800 776 412

We provide telephone support to people with an asbestos related disease, their families and carers. We also aim to prevent exposure to asbestos containing materials.

Caredirect

E townsville@caredirectservices.com.au

W caredirect.com.au

P (07) 4426 1924

Community Nursing and personal care services

Peer Navigation

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

The HIV Peer Navigation Program supports people diagnosed with HIV to navigate the complex environment of HIV treatment & care.

Queensland Positive People - Mackay

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

Case Management services for people living with HIV

Community Nurse

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Community Nurses connect older persons, their families and carers with in-home support services and support during the transition to higher-level care. Community Health Nurses provide advice, information, and links to community services.

Dental & Oral Health

Dental Service

E maryann@projectoutbackdental.com.au

W projectoutbackdental.com.au

P 0427 298 698

Project Outback Dental is a private mobile dental practice servicing Northwest Outback Queensland.

Dentistry

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Dentistry service is the professional care of teeth and gums, including professional oral hygiene and dental surgery. Dentistry services also provide general dental care and emergency dental care to all eligible children and young people including check-ups, preventive care, fillings and toothaches or accidents or emergencies.

School oral health

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

The mobile dental van service offers dental services to school children through a purpose-built semi-trailer to communities living in regional, rural and remote areas. The service offers preventive care and treatment for a range of oral health conditions.

Drug & Alcohol Services

Alcohol And Drug Foundation - Queensland

E adf@adf.org.au

W adf.org.au

P (07) 3565 3700

Our Purpose: To prevent and minimise the harm caused by alcohol and other drugs in Australia.

Lived Experience education and support

E admin@australianantiicecampaign.org.au

W australianantiicecampaign.org.au

P (07) 5665 6063

Prevention Education Advocacy Intervention Peer support Relapse prevention Group therapy

Family Drug Support

E general@fds.ngo.org.au

W fds.org.au

P 1300 368 186

FDS provides up to date information on all aspects of alcohol and drug use relative to the families and friends of people who use substances. FDS also operates a National 24 hr, 7 day a week telephone support service for families and friends affected by alcohol and other drug issues.

Lives Lived Well Head Office

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 727 957

Lives Lived Well provides support for people in Queensland, New South Wales and South Australia who are being impacted by alcohol or drugs or problems with mental health. We aim to take a holistic, compassionate and harm minimisation approach to help people live their lives well. Our community supports are free to access, and we also provide low-cost live-in services.

Townsville Recovery Services Centre

E support@nqphn.com.au

W salvationarmy.org.au

P (07) 4772 3607

Townsville Recovery Services seeks to bring hope, healing and wholeness to all people adversely affected by alcohol, other drugs and gambling by providing a range of services and support to addicts, families and significant others whose lives have been affected by addiction.

SMART Recovery

E smartrecovery@srau.org.au

W smartrecoveryaustralia.com.au

P (02) 9373 5100

Smart Recovery For all addictive behaviours

Teen Challenge - New Life Centre - QLD

E tcqld@teenchallenge.org.au

W teenchallengeqld.org.au

P (07) 3422 1500

Teen Challenge provides a residential rehabilitation program for men and women who struggle with drug and/or alcohol addiction and other life controlling issues.

Drug and Alcohol Rehabilitation

E tcqld@teenchallenge.org.au

W teenchallengeqld.org.au

P (07) 3422 1500

We provide rehabilitation services to men and women to help them overcome drug, alcohol and other life controlling addictions. Our New Life Men's Centre can take those between the ages of 18 and 45, and the New Life Women's Centre is for those between the ages of 18 and 40.

Emergency Departments

Emergency Department

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

General Health Services

13 HEALTH

W qld.gov.au

P 13 43 25 84

It's not an emergency but it could be serious. 24 hour health line. Qualified staff will give you advice on who to talk to and how quickly to do it.

Asthma Australia - Brisbane

W asthma.org.au

P (07) 3252 7677

Most of the time we take our breathing for granted. Inhale, exhale, inhale, exhale. But for people with asthma, the simple act of breathing can be a difficult and terrifying experience. At Asthma Australia we help people to breathe so they can live freely.

Australian Primary Health Care Nurses Association (APNA)

E admin@apna.asn.au

W apna.asn.au

P (03) 9322 9500

APNA champions the role of primary health care nurses; to advance professional recognition, ensure workforce sustainability, nurture leadership in health, and optimise the role of nurses in patient centered care.

Cancer Council 13 11 20 - Statewide

E helpline@cancerqld.org.au

W cancerqld.org.au

P 13 11 20

The Cancer Helpline is the specialised telephone information and support service of the Cancer Council Queensland

Epilepsy QLD

E epilepsy@epilepsyqueensland.com.au

W epilepsyqueensland.com.au

P (07) 3435 5000

Epilepsy Qld provides a wide range of information and support services to help people with epilepsy and their families. Community education services, staff training and advocacy services are also offered. Epilepsy Queensland has a specialist children's program and a family support program.

Healthdirect Helpline

E info@nhccn.com.au

W healthdirect.gov.au

P 1800 022 222

The healthdirect helpline is a 24-hour telephone health advice line that operates seven days a week. It is staffed by registered nurses who provide expert health advice. You can call for advice if you or a member of your family are feeling ill and are unsure what to do, or for health information on a particular condition.

Herbalife Independent Distributor

E info@herbsforhealth.com.au

W herbsforhealth.goherbalife.com

P 0417 544 349

Community Weight Loss Challenge

HiBar Nutrition and Fitness

W hibar.com.au

P 0428 202 832

A nutrition coaching service to help people lose weight and become healthy. Providing ongoing counselling to help people improve their diet and live long and happy lives.

Lung Foundation

E kelcieh@lungfoundation.com.au

W lungfoundation.com.au

P 1800 654 301

Patient resources can be downloaded or ordered on the website, along with information on Pulmonary rehabilitation and support group locations.

Mable Direct store

E info@mable.com.au

W orders.pmcdirect.com.au

P 1300 736 573

Mable Direct provides independent support workers, clients and coordinators direct access to affordable consumables, equipment and wearables to support your everyday needs. Mable Direct can help you maximise NDIS or HCP funding

Aboriginal and Torres Strait Islander Health Worker and Practitioner Workforce Uplift

E info@naatsihwp.org.au

W naatsihwp.org.au

P 1800 983 984

National Association of Aboriginal and Torres Strait Islander Health Workers and Practitioners (NAATSIHWP) - Aboriginal & Torres Strait Islander Health Worker & Practitioner Workforce Uplift. A collaborative partnership with NAATSIHWP and Queensland Aboriginal and Islander Health Council (QAIHC) to review the role of the Aboriginal and Torres Strait Islander Health Worker and Practitioner.

Poisons Information Centre

E poisons.info@health.qld.gov.au

W childrens.health.qld.gov.au

P 13 11 26

The Queensland Poisons Information Centre offers 24 hours advice to public and health Professionals of Queensland on poisonings (or suspected poisonings), bites and stings.

Precedence Health Care

E support@precedencehealthcare.com

W precedencehealthcare.com

P (03) 9023 0800

Precedence Health Care is a Digital Health Solutions for Integrated Care - A better, healthier life for everyone.

Registered Nurse - Womens Health - Multiple Providers

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P 07 3105 8300

Provides Registered Nurse - Womens Health across various regions of Queensland. (Multiple Providers)

Scad Research

E info@scadresearch.com.au

W scadresearch.com.au

P 0413 486 833

SCAD Research Australia is a registered not for profit health charity which generates awareness and raises money for life saving medical research to beat SCAD Heart Attacks. Spontaneous Coronary Artery Dissection (SCAD) is the leading cause of heart attacks in women under 50, new mums and pregnant women and cause of heart attacks in healthy, fit adults with no risk factors for heart disease.

Stephen Island Primary Health Centre

Lot 10, Orankie Street, STEPHEN ISLAND QLD 4875

W checkup.org.au

P 0427 225 574

Provides Optometry, and Optometry Assistance across various regions of Queensland. (Provided by Altitude Eyewear)

North Queensland Persistent Pain Management Service

W townsville.health.qld.gov.au

P (07) 4433 1111

Our team helps people to manage their ongoing pain through a holistic approach, including medical, lifestyle, exercise and psychological treatments. We focus on helping people make sense of their pain conditions, and supporting them to improve the quality of life and get back to doing what they care about.

General Practice/Doctor

After Hours Clinic

E clinic@hhds.com.au

W afterhoursclinic.au

P (07) 3073 3933

The After Hours Clinic specialises in urgent after hours medical care. We are not an emergency service. Our service offers urgent after hours medical assistance for non-life-threatening illness and injuries. Established in 2022, the After Hours Clinic aims to ease the pressure off Emergency Departments. This is a walk in after hours clinic. After Hours Clinic is open seven days a week.

NQ Virtual Integrated Practice (VIP) Partnership Program

W materresearch.org.au

P (07) 3365 5379

The Virtual Integrated Practice (VIP) Program involves, an urban/regional General Practitioner (GP) joining a rural general practice and provides ongoing care to patients remotely via telehealth. The model of care was designed to address those issues most important to long-term practice sustainability and population health outcomes.

General Practitioner - Womens Health - True Relationships and Reproductive Health

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P 07 3105 8300

Provides General Practitioner - Womens Health across various regions of Queensland.(Provided by True Relationships & Reproductive Health)

Richmond Medical Surgery

58 Crawford Street, RICHMOND QLD 4822

E richmondsurgery@bigpond.com

P (07) 4741 3390

All normal GP Services

Telehealth Dr

E admin@telehealthdr.com.au

W telehealthdr.com.au

P 1300 998 808

We are Telehealth Doctors. A Digital Telehealth Agency proudly provides a patient portal for Telehealth Care all across Australia, where efforts are carried out by our highly trained and RACGP licensed professionals to restore and maintain patients' physical, mental and emotional health. Our Telehealth Consultants are ready to provide you electronic prescriptions according to your ailments at ...

True Relationships and Reproductive Health - Richmond

Gallaghers Drive, RICHMOND QLD 4822

E checkup.admin@true.org.au

W true.org.au

P 0437 300 226

True's Outreach Clinics provide reproductive and sexual health services by expert clinicians to all people in rural, remote, and regional locations in Queensland.

Health Rehabilitation Services

STEPS Program

E abios@health.qld.gov.au

W health.qld.gov.au

P (07) 3176 9506

The Skills To Enable People and Communities (STEPS) Program is a Queensland-wide information and skills program for adults aged 18-65 years with Acquired Brain Injury (ABI), including stroke, and their families and friends.

Activ8 Health Club

E trent@activ8.club

W activ8.club

P (02) 8544 0487

A registered provider under the National Disability Insurance Scheme (NDIS)

Performance Physio and Rehab

E info@rehabphysio.com.au

W rehabphysio.com.au

P (07) 5444 0394

Physiotherapy services including sports, necks and backs, persistent pain, lymphodema and vocal dysfunction. Rehab in pools and gyms Online services available - exercise advice, assessments and PSYCHOLOGY inclusive clinic

Health Screening Services

Diversa Health - Richmond

P 1300 100 560

We are a unique dietitian-led coaching service for NDIS participants. Accessibility is our priority - our services are entirely remote enabling us to work with participants Australia-wide, from the comfort of their own home. Diversa specialises in low carbohydrate nutrition, weight loss & type 2 diabetes, as well as helping NDIS participants to reduce pain and fatigue, improve mood, promote opt

National Bowel Cancer Screening Program (NBCSP)

W health.gov.au

P 1800 627 701

The National Bowel Cancer Screening Program aims to reduce deaths from bowel cancer by detecting the early signs of the disease. Eligible Australians from 50 to 74 years of age are sent a free, simple test that is done at home. Find out how the program works and how to do the test.

Hearing Services

Auslan services

W auslanservices.com

P 1300 287 526

Auslan Services is a nationally recognised, multi-award winning agency and employer of choice that provides a one-stop shop with the most affordable suite of packages of support to Deaf Australians. Auslan Services have been a regular source of contact via many reputable organisations, agencies, businesses and Government departments at local, state and national levels.

Clarity Hearing Solutions - Richmond

W clarityhearingsolutions.com.au

P (07) 4779 1566

Independent Hearing Loss and Audiology Experts | Advanced, Invisible, Rechargeable and BlueTooth Hearing Aids | Free Services and Aids for Eligible Pensioners and Veterans | Comprehensive Hearing Assessments for Adults and Children | Balance and Vestibular Testing and Rehabilitation | Tinnitus Assessment and Treatment | Ethical, Evidence-based, Clinical Practice Methods

Home Care & Safety Services

Hospital in Your Home

E info@hiyh.com.au

W hiyh.com.au

P 1300 004 495

The Hospital In Your Home service provides you with high-level care in your own home or location of choice so you don't have to stay in hospital. The service is organised for an agreed period of time to help you during your recovery. For the duration of your care you will remain a patient of the hospital.

Trilogy Care

E info@trilogycare.com.au

W trilogycare.com.au

P 1300 459 190

Trilogy Care is a nationally registered Home Care Package Provider offering Self-Managed Home Care Services. Contact us for a free consultation today! Unlike traditional providers, our innovative self-management model empowers consumers to spend less on management fees so they can spend home care funds on the things that matter...better care and services.

Hospitals

Richmond Health Service

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

The Richmond Health Service is an acute facility that provides an accident and emergency service, a general medical/surgical ward, long-stay elder care and daily outpatient session.

Mental Health Services

1300 MH CALL

W metrosouth.health.qld.gov.au

P 1300 642 255

1300 MH CALL (1300 642 255) is a confidential mental health telephone triage service that provides the first point of contact to public mental health services to Queenslanders.

Beyond Blue Helpline and Online Chat

W beyondblue.org.au

P 1300 224 636

Beyond Blue Webchat provides one-on-one mental health support for people in Australia who are concerned about anxiety, depression or suicide.

BluePages Depression Information

E ehub@ehubhealth.com

W bluepages.anu.edu.au

BluePages Depression Information provides evidence-based information about depression - what it feels like, how it is diagnosed, how you can seek help and which treatments work. The website includes reviews of the available scientific evidence for a large number of potential depression treatments, so that individuals can make informed decisions about which treatments might be best for them.

E - Hub Health

E ehub@ehubhealth.com

W ehubhealth.com

We provide automated, online mental health programs which are available free to all Australians thanks to funding from the Australian Department of Health.

e-couch self-help

E ehub@ehubhealth.com

W ecouch.anu.edu.au

e-couch is an online, interactive self-help program for common mental health problems. - Free, evidence-based information and self-help training - Program modules for depression, anxiety & worry, social anxiety, bereavement & loss, divorce & separation. - Access anonymously, at your own pace, at any time.

moodgym

E ehub@ehubhealth.com

W moodgym.com.au

moodgym is like an online interactive self-help book which helps you to learn and practise skills which can help to prevent and manage symptoms of depression and anxiety. - Free for all Australians - Over 1 millions users worldwide - Anonymous and confidential - Secure handling of your data - Access anytime, at your own pace - Scientifically evaluated

Galcom**E** support@sentient.global**W** sentientpsych.com**P** 1300 187 448

Sentient Professional Wellbeing is a mental wellbeing, professional wellbeing and research organisation. Our specialised team of clinical psychologists, counsellors, executive coaches and researchers are highly skilled and experienced in working with stress, anxiety, relationships, depression, life transitions, grief & trauma/ PTSD. We welcome all forms of diversity to our clinic.

Healthspot Ot**E** admin@healthspotot.com.au**W** linktr.ee**P** 0481 301 965

Healthspot Occupational Therapy is an online integrative occupational therapy service focussing on mental health and well-being.

Isa Psychology**E** caitlin@cgpsych.com**W** isapsychology.com.au**P** (07) 3129 0196

Psychology services - assessment/intervention, counselling, self exploration. Rebates available, make an enquiry, visit website isapsychology.com.au to find out more, or to book an appointment online. All ages welcome.

Life Transitions Coaching Counselling And Therapy Services**E** stormtograce@gmail.com

Confidential Personal Counselling and Family Therapy provided by a fully qualified Therapist in a safe, relaxed, welcoming environment. Services available by appointment locally on site, online and mobile. Call 0438 708 550.

Mental Health First Aide Interntional**E** mhfainternational@mhfa.com.au**W** mhfa.com.au**P** (03) 9079 0200

Mental Health First Aid (MHFA) Australia is a national not-for-profit health promotion charity focused on mental health training and research. MHFA Australia operates under the governance of a Board of Directors and derives funding from government and philanthropic grants, public donations and through its training programs.

Mentoring Men**W** mentoringmen.org.au**P** 1300 583 925

Mentoring Men provide free long-term one-to-one life mentoring programs for men Australia-wide. We focus on a proactive approach, engaging with Australian men who need help before they spiral into crisis.

Neami Nationals**E** support@nqphn.com.au**W** neaminational.org.au**P** (07) 4034 0300

Neami is a values-based, not-for-profit organisation providing mental health, homelessness and suicide prevention services.

Peaceful Mind Counselling**E** admin@pmcounselling.com.au**W** pmcounselling.com.au**P** 0426 191 010

Jayani Jayatilake is a Counsellor / Accredited Mental Health Social Worker and a member of Australian Association of Social Workers (AASW). Assisting client who experience; Depression, bipolar and other mood disorders, Anxiety Disorder, Eating Disorders, Trauma including Post Traumatic Stress Disorder, Personality disorders, Suicidal thoughts and self-harming behaviors, Domestic violence & etc.

Phoenix Hypnotherapy**E** lynne@phoenixhypnotherapy.com.au**W** phoenixhypnotherapy.com.au**P** 0438 411 551

Psychotherapy, Clinical Hypnotherapy, NLP, EMDR, CBT to transform anxiety and depression, quit smoking and weight loss, Phobia and PTSD. Creating change for clients to access true emotional ease with Nationally accredited Psychotherapist, Lynne Lumley. Natural

Positive Families PSYCHOLOGY CLINIC**E** info@positivefamilies.com.au**W** positivefamilies.com.au**P** (07) 3096 0450

Positive Families is a boutique positive psychology clinic conveniently located in the inner Brisbane suburb of Ashgrove. We provide a comprehensive range of specialised counselling for children, teenagers, adults and families. We support our clients across the broad spectrum of mental health – from individual therapy and treatment of mental health issues to building resilience.

**Psychcare Services Telehealth and
Psychcare Psychology****E** pm@psychcareservices.com.au**W** psychcareservices.com.au**P** (07) 3812 9001

PsychCare Services is an independent healthcare provider, specialising in the delivery of community based psychiatric assessment and treatment services for clients of all ages. We specialise in providing telepsychiatry services across Australia and have a practice in Ipswich, Qld that offers face to face psychiatry and psychology services.

PsychHelp**W** psychhelp.com.au**P** 1300 144 357

PsychHelp offers a full range of telehealth based online psychological services across Australia. Our Psychologists are all qualified and registered with a broad range of expertise. We provide a convenient, affordable, and confidential service for all clients with bulk billing also available. Please visit our website for more information and the ability to book an appointment online today.

**PsychOrium Forensic and Clinical
Psychology Service****E** info@psychorium.com**W** psychorium.com**P** (02) 8772 9559

PsychOrium takes a positive psychology and humanistic approach, we fundamentally believe that every person has a unique strength and we strive to maximise and build upon that strength. Our experienced team provides clinical and forensic assessments and interventions, court and legal aid reports, group therapy, consultancy and training.

**Queensland Health Victim Support
Service****E** victim.support@health.qld.gov.au**W** health.qld.gov.au**P** 1800 208 005

Queensland Health Victim Support Service provides information, support and counselling for victims of serious offences committed by a person with a mental illness.

Reimagine**E** reimagine@mhcc.org.au**W** reimagine.today**P** (02) 9555 8388

Supporting people living with mental health conditions to navigate the NDIS

**ATODS (Alcohol, Tobacco and Other
Drugs)**

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au**P** (07) 4741 6100

Alcohol and other drugs (AOD) services provide people with a range of interventions that influence and support the decision to reduce or cease harmful substance use.

**Royal Flying Doctor Service Of Australia
Queensland Section - Richmond****E** outback@rfdsqld.com.au**W** flyingdoctor.org.au**P** 1300 010 174

Our Outback Mental Health Services provide early intervention mental health services across Outback Queensland. Offering free face to face and telephone counselling; and tailored presentations and workshops. For further information about RFDS Outback Mental Health Services in your area, click on the Contact Us link on the right.

Skills4LifePsychology**E** admin@skills4lifepsychology.com.au**W** skills4lifepsychology.com.au**P** 0477 187 768

Timely (no-waiting list) psychological support for anxiety, depression, grief, loss, pain management, panic attacks, self-esteem, anger management, insomnia, couples counselling, and workplace issues. Our life transition therapies are grounded in empathy, trust, and cultural sensitivity. Check our website for available dates and times or contact us.

Talked**E** info@talked.com.au**W** talked.com.au**P** 0466 439 787

Talked provides affordable and Medicare-rebated, NDIS-rebated or private health rebated mental health services.

The ADHD Psychology Clinic**E** admin@adhdpsychiatryclinic.com.au**W** adhdpsychiatryclinic.com.au**P** 1300 517 614

Our psychologists provide Adult ADHD diagnostic assessments. Telehealth consultations Australia wide.

The Psychology Talk**E** admin@thepsychologytalk.com.au**W** thepsychologytalk.com.au

The Psychology Talk offers a modern, personalised, and kind approach to treating your mental health.

Toxic Thinking - Mental Wellness Apps**W** toxicthinking.info**P** 0417 906 000

Mental Health Awareness and Prevention. How to build resilience. How to recognise the indicators. What action is appropriate. Who to involve.. Free community resource developed by Boulton's Multimedia

Unwind Psychology**E** unwindpsychology@gmail.com**W** unwindpsychology.com.au**P** 0493 083 161

Unwind Psychology is a telehealth based online private Psychology practice, providing high-quality psychological treatment and support services to adults across Australia. Offering a range of counselling and psychology treatment options tailored to your needs. You are the expert in your life, and we have the psychology knowledge and training, and together we can help you live your best life.

EMERALD: proactive mental wellbeing program**E** psychologyclinic@usc.edu.au**W** usc.edu.au**P** (07) 5430 1234

EMERALD is an evidence-based program for people experiencing early signs that their mental wellbeing needs proactive attention. This could be due to the impacts of COVID-19 or other life changes that have left you feeling 'not quite yourself'. Through personalised coaching and learning modules, our expert practitioners will help you regain your wellbeing early, before longer-term problems develop.

Vivid Mental Health - Mackay**E** sylvia@vividmentalhealth.com.au**W** vividmentalhealth.com.au**P** (07) 4863 1461

Vivid Mental Health offers a range of psychological therapy, in-person from our Mackay based Private Practice and Teletherapy (Phone and Video-chat) all across Australia. For the Mackay region we are able to offer certain programs on locations such as corporate organisations, schools and universities.

Working4Recovery

E info@working4recovery.com

W working4recovery.com

P 0420 355 374

working4recovery facilitates recovery focused counselling and psychotherapy for people over the age of 12. working4recovery will match the right kind or mix of therapy to your needs. We have particular expertise in trauma informed care including EMDR and assisting professionals with vicarious or work associated trauma. Free services may be available under a stepped care referral.

Thrive FNQ

E admin@worklink.org.au

W worklink.org.au

P (07) 4031 0877

We believe that recovery is possible for everyone and that people have the right to choose what is best for them. We walk alongside the person to help them thrive with their NDIS supports

Young Veterans

E admin@youngveterans.com.au

W youngveterans.com.au

P 0401 793 560

Young Veterans has one goal, enrich the lives of Australian veterans, empowering them to progress and succeed in life after service. Young Veterans was born from a necessity of support that wasn't available. This support is one that inspires Veterans to think outside the box of what is possible, re-engage with civilian society and participate in positive events that challenge and rehabilitate.

Palliative Care

Palliative Care Queensland

E hello@palliativecareqld.org.au

W palliativecareqld.org.au

P (07) 3842 3242

Palliative Care QLD (PCQ) is a charity peak body working to improve the quality of palliative care throughout the state, with a focus on awareness, equity and access. Palliative Care QLD provides and/or promotes: * Education and support for members; * Community awareness and a point of contact for palliative patients, their families, ...

Psychiatric Services

Call to Mind

E info@calltomind.com.au

W calltomind.com.au

P (03) 9099 0453

Call to Mind is a telepsychiatry service that allows people across Australia to access quality mental health care. We have a team of psychiatrists and psychologists ranging in availability and speciality to best meet your needs. Consults are held on a video-conferencing platform so you can attend your appointment from anywhere.

Sexual Support Services & Counselling

1800RESPECT

W 1800respect.org.au

P 1800 737 732

Are you experiencing sexual assault or domestic and family violence? Seeking to support someone who is? Qualified, experienced counsellors are available 24/7 to provide support, information and referral. Call 000 if in danger.

Breaking Free Healing Centre

E dianne.spencer@outlook.com.au

P 0403 142 326

Breaking Free Healing Centre Inc. is dedicated to offering affordable and effective hope, healing and specialised recovery to all those suffering from the effects of Emotional, Verbal, Physical, Sexual Abuse and Family Dysfunction.

Brisbane Rape and Incest Survivors Support Centre

E admin@brissc.org.au

W brissc.org.au

P (07) 3391 0004

BRISSC provides free support and counselling services to women (over the age of 15 years) who have experienced sexual violence at any time in their lives.

DV Connect Sexual Assault Helpline

E mail@dvconnect.org

W dvconnect.org

P 1800 010 120

The State-wide Sexual Assault Line offers telephone support and counselling to anyone – women, men and young people – who has been sexually assaulted or abused and for anyone who is concerned or suspects someone they care about might have been assaulted or abused.

Sexual Health

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Sexual Health and Women's Health services are specially trained women's health nurses who provide confidential service to in cervical screening, sexual health and Blood Borne Virus testing and treatment, reproductive health, information about menopause and hormone replacement and information and support on women's health issues.

Specialist Outpatient Clinics

Deafblind Information Australia

E info@deafblindinformation.org.au

W deafblindinformation.org.au

Deafblind Information Australia is a consortium of Senses Australia, Able Australia and Deafblind Australia.

Outpatients

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

When you still need support, but you have not been admitted for treatment at the hospital, you are known as an outpatient. A specialist outpatient are services that are provided from a range of specialist medical and surgical services depending on the size of the hospital and community.

Specialists

Calm Nights Sleep Consultancy

E hayley@calmnights.com.au

W calmnights.com.au

P 0456 682 531

Calm Nights Sleep Consultancy provides sleep services for expectant parents and children from birth to 10 years. As a certified paediatric sleep consultant, I work co-operatively with families to assist them in gently teaching their child to sleep through the night.

Docto

E team@docto.com.au

W docto.com.au

P 1300 336 286

Australia's first online hospital providing medical specialist video-consultations by appointment. Referred patients are matched to the most appropriate specialist in our national database.

Dubberley, Stacey Louise

E ndisnursecontinencespecialist@gmail.com

Continence Assessments for NDIS - Telehealth only (Australia Wide) Online referral and service agreement

<https://form.jotform.com/222121943144850>

Heart of Australia

E reception@heartofaustralia.com

W heartofaustralia.com

P (07) 3162 5310

Providing specialist healthcare services for Australians living in rural and remote communities nationwide.

Queensland Health Spectacle Supply Scheme

W health.qld.gov.au

P 13 74 68

The Spectacle Supply Scheme (SSS) provides eligible Queensland residents with a pair of basic prescription spectacles, once every two years.

Paediatrics

Gallagher Drive, RICHMOND QLD 4822

W townsville.health.qld.gov.au

P (07) 4741 6100

Paediatricians are medical specialists who diagnose, treat, and provide medical care for babies, children, and teenagers. They deal with illnesses and the child's physical, mental, and behavioural development.

Wound Specialist Services

E info@woundservice.com.au

W woundservice.com.au

P 0404 046 301

Our vision is to create a better life for people with or at risk for wounds and those caring for them. Wound Specialist Services uses digital solutions to give as many people as possible access to wound knowledge anytime and anywhere to improve patient and health service outcomes. We enable the delivery of best practice wound care through our comprehensive range of services.

Information & Counselling

Carer Information

Breakthrough for Families Qld

E intake@drugarm.com.au

W drugarm.com.au

P (07) 3620 8880

Breakthrough for Families Qld is an information, referral and support program for family members, significant others and loved ones of people who are experiencing alcohol or other drug issues. Book an appointment by calling the Central Intake Service on (07) 3620 8880.

XLH Australia Incorporated

E xlhaustralia@gmail.com

W xlhaustralia.com

XLH Australia is a patient support and advocacy group for people living with, and people caring for others with, X-linked Hypophosphatemia (XLH).

Disability Information & Counselling

Assistive Technology Australia

E help@at-aust.org

P 1300 452 679

We provide information and advice to people with disabilities, older people, carers, service providers, allied health professionals and the general community on assistive technology solutions for independent living. We run group tours, community talks and workshops to spread awareness about Assistive Technology and its role in aiding independent living.

Beyond Blue Ltd

W beyondblue.org.au

P 1300 224 636

We all have good days and bad days. Then there are those days when something isn't quite right, you've got something on your mind, or things just seem too much.

Financial & Gambling Management & Budgeting

Fair Entitlements Guarantee (FEG)

W ag.gov.au

P 1300 135 040

The Australian Government provides assistance to people owed certain outstanding employee entitlements following the liquidation or bankruptcy of employers, this help is available through the Fair Entitlements Guarantee (FEG).

Gambling Help - National Phone Service

W gamblinghelponline.org.au

P 1800 858 858

Sometimes thinking about a gambling issue is hard. Making a decision on what to do next can be as difficult as knowing when to walk away. Our counsellors know about gambling. 'Talk' to someone online

RFCSNQ

W rfcsnq.com.au

P (07) 4652 5669

The Rural Financial Counselling Service North Queensland (RFCSNQ) provides North Queensland-based farmers/primary producers and small rural businesses with free, confidential and independent planning and support services.

Rural Financial Counselling Service North Queensland

E rfcsnq@rfcsnq.com.au

W rfcsnq.com.au

P (07) 4652 5669

We offer free, local financial counselling that will help your agribusiness or small business to plan for the future and pull through adversity.

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is Australia's largest and longest running financial education and matched savings program. Build financial skills, develop life-long savings habits, and receive up to \$500 to assist with education costs. To participate, you must be 18+ years, be studying or have children at school, have a health care or pensioner concession card, Centrelink payment plus some income from work.

Seeds Of Hope No Interest Loan Scheme (NILS)

E nils@seedsofhope.com.au

W seedsofhope.com.au

P 0490 332 108

We provide fee and interest free loans up to \$1500 to people on Centrelink - depending on benefit received for the purchase of furniture, white goods, electrical appliances, education expenses, medical and dental expenses, car repairs, tyres and registrations.

General Support Services & Counselling

Amputees Queensland

E admin@afsg.org.au

W amputeesqld.org.au

P (07) 3290 4293

Amputees and Families Support Group offers individual and family peer support, hospital visitation, advocacy, social activities, information and referral. Medical aids to new amputees are also provided.

Anchoring Your Life Counselling

E debra@anchoringyourlife.com

W anchoringyourlife.com

P 0490 061 761

I provide counselling support to couples, adults and teenagers. These services can be provided both in my private practice or online for those who may have mobility issues or prefer the sanctity of their own home. I am a private healthcare provider and work with NDIS participants who are self or plan managed.

Counselling and Coaching with Astuteology

W astuteology.com

P 0426 952 757

As your qualified registered ACA counsellor and coach, I will work with you to help you overcome your problems, and grow your strengths and talents, so you enjoy better relationships and achieve your lifetime goals. All your counselling and coaching needs will be met, either by phone, Skype or Zoom no matter where you are in the world. Let's work on a plan to build a happier more contented you!

Counselling Services Hervey Bay

E patriciaf20101@outlook.com

W counsellingsservicesherveybay.com.au

P 0458 431 919

NDIS Provider- Counselling Individuals, Children and Couples, Clinical Family Therapy, Energy Psychology-Kinesiology and Theta Healing- By Appointments Saturdays. Passionate about helping people to achieve their goals and having a happier healthier life.

**Diverse Communities and Social Services
(DCSS Australia Inc.) Indigenous and
LGBTIQA+ Community Justice and Social
Services Charity / Not-For-Profit and
Charity Community Consultants (NFPCCC)
Indigenous DGR PBI Charities**

E Info@dcssaustralia.org

W dcss.org.au

P (03) 6185 0292

This program enables us to assist people who are disadvantaged and who genuinely want to change their lives. Clients can complete a WDP through our organisation, for more information please visit: <https://www.dcssaustralia.org/services> or email Justice@dcssaustralia.org

Dr Julie-May Brown

E jmbpsychology@hushmail.com

W jmbpsychology.com.au

P 0421 778 204

Dr Julie-May Brown is an EMDRAA Accredited Clinical Psychologist - specializing in ONLINE treatment for trauma and mental health issues.

Eating Disorders Assoc

E admin@edq.org.au

W eatingdisordersqueensland.org.au

P (07) 3844 6055

Providing information, individual and group programs, and referrals to individuals with eating disorders, their carers and health professionals.

Family Relationship Advice Line

W familyrelationships.gov.au

P 1800 050 321

For those seeking help, information, support and referral to a range of services that can prevent family breakdown or ease the difficulties associated with separation and divorce.

Healing Beyond Discovery

E info@healingbeyonddiscovery.org

W healingbeyonddiscovery.org

Our group focuses on providing confidential support and information to heterosexual people who discover their partner is gay, lesbian, bisexual or transgender. Our private peer to peer support group offers a safe space to share your story and for you to gain support from people who understand.

Holistic Lifestyle Practice

E admin@holisticlifestylepractice.com.au

P 0459 946 832

Kellie Hansen is an Accredited Mental Health Social Worker, Somatic Experiencing Practitioner and Credentialed Eating Disorder Clinician who provides evidence based psychological therapy for mental health and wellbeing for adolescents and adults in person or via telehealth (phone or video link) with rebates under Medicare and NDIS funding (where eligible).

Make It Happen Hypnotherapy

E sandy@make-it-happen-hypnotherapy.com

W mihh.com.au

P 0475 159 415

Sandy is a Registered Clinical Hypnotherapist Psychotherapist. She helps people to find and fulfill their magnificent purpose in life, as she believes that everyone has been given the unique gifts and live their life to the fullest. She promotes brain education, helping people to eliminate blockages in their subconscious mind that limit them, and reinvent the life that they want.

MensLine Australia

W mensline.org.au

P 1300 789 978

MensLine Australia is the nationwide telephone and online support, information and referral service. MensLine Australia offers a safe and confidential 24/7 phone and video counselling service. 1300 78 99 78
<http://www.mensline.org.au/>

Nicole Ivens Holistic Counselling

E info@nicoleivens.com

W nicoleivens.com

P 0400 280 475

Counselling Service for Women. Specialising in: Anxiety, Stress, Self-care, Improving Self-confidence, Relationships, Grief & Loss, and Trauma

**Northern Frontiers Mediation and
Counselling Mediation and Counselling**

E reception@northernfrontiers.com.au

W northernfrontiers.com.au

P 1300 908 170

Our counsellors, mediators and psychologists assist with issues such as relationship difficulties, family separation parenting, grief and loss, peer pressure, behaviour management thoughts of suicide/self-harm, conflict at work and many more. Based in Cairns, Queensland, we provide professional services across Australia via phone, or in-person at our Cairns city offices.

Not My Closet

E karen@notmycloset.com

W notmycloset.com

Counselling and coaching throughout Australia for straight spouses who've discovered their partner is a closeted lesbian, gay, bisexual or transgender person.

Nova Psychology

E hello@novapsychology.com.au

W novapsychology.com.au

P 0418 936 120

We are a diverse team of experienced therapists offering support for a broad range of mental health and life concerns. We are able to book clients an appointment for a telehealth consultation anywhere in Australia within one to two weeks. So we provide convenience, flexibility and accessibility with no long wait times. We welcome you to get in touch. Let's have a chat about how we can help (:

Open Arms

E OpenArms.SouthQLD@dva.gov.au

W openarms.gov.au

P 1800 011 046

Veterans and families phone counselling and support line.

**Pregnancy Counselling and Education
Services Inc.**

E info@pcl.org.au

W pcl.org.au

P 1800 777 690

All pregnancy options, pregnancy loss & post abortion issues. Professional, non-directive counselling.

Quitline - Statewide

E 13quit@health.qld.gov.au

W quithq.initiatives.qld.gov.au

P 13 78 48

Provides assistance to smokers interested in changing their smoking behaviour. Trained Quitline advisors are available to provide individually tailored support, encouragement and resources to smokers. Focus is on why people smoke.

Rural Health Connect

E megan@ruralhealthconnect.com.au

W ruralhealthconnect.com.au

P 0427 692 377

A telehealth platform to access bulk billed psychology sessions. No waitlists. Referral from GP and Mental Health Care Plan needed. Committed to supporting rural and remote Australians in their own home. Book an appointment on our website or ask your GP to refer.

**Sallyanne Keevers - TalkWise Counselling
and Psychotherapy**

E sal@talkwise.com.au

W talkwise.com.au

P 0401 045 995

Professional Counselling provided by a registered member of the Australian Counselling Association. Professional Supervision provided by a registered member of the Australian Counselling Association College of Supervisors.

Salt Counselling

E counsellingatsalt@gmail.com

W saltcounselling.com

P 0411 940 665

Compassionate and professional counselling for Individuals aged 13years to adult. Issues covered include: stress, anxiety, grief and loss, parents and families of children with special needs, trauma, depression workplace stresses, relationship issues. Call or email for a free 15 minute discovery chat today. Kathryn is an accredited mental health Social Worker with over 20 years experience.

Start from Within

E admin@startfromwithin.com.au

W startfromwithin.com.au

P (02) 8971 7392

Counselling and Grief Peer Support Groups

Suicide Prevention Pathways Inc.

E info@talksuicide.org.au

W suicidepreventionpathways.org.au

P 1800 008 255

The TALK SUICIDE Support Service offers FREE australia wide telephone support and face to face support in the Brisbane region to those at risk of suicide and their family and friends.

talklink

E hey@talklink.com.au

W talklink.com.au

P (03) 7064 9528

An online mental health directory connecting Australians with mental health support. We have available psychologists, counsellors, and psychotherapists available nationwide to help people with mental health concerns. All of our mental health practitioners are available online.

The Butterfly Foundation National Helpline

E support@thebutterflyfoundation.org.au

W butterfly.org.au

P 1800 334 673

The Butterfly Foundation operates a National Helpline that includes support over the phone, via email and online, reaching 20,000 people each year. The Helpline is staffed by trained counsellors experienced in assisting with eating disorders and body image issues. We also provide a wide range of programs for service providers and recovery groups.

Toowoomba Psychology And Counselling

E james.ising@gmail.com

W jamesisingcounselling.com.au

P 0412 742 927

Specialist psychology and counselling to individuals, couples and families. Sessions on anger, depression and anxiety, marriage and relationships, parenting, and work/life balance. James Ising is a down to earth Psychologist and Counsellor with extensive professional experience working in the non-profit, Government and health sectors. Confidential specialist service.

Transformative Place Counselling Service

E counsellortpcs@gmail.com

W transformativeplace.com.au

P 0418 961 475

Online counselling service for Australians 18 years and over

UnitingCare Country Callback

W unitingcareqld.com.au

P (07) 3253 4000

Country Callback is a 24/7 telephone support service for drought affected and isolated communities within rural Queensland. The service offers targeted emotional support to rural Queenslanders and the ability to call you back for additional support and check-ins.

Walking Life's Path Counselling Service

E walkinglifesp@liferestored.me

W liferestored.me

P 0411 513 430

Seek to: identify goals & potential solutions to problems causing emotional turmoil; improve communication & coping skills; strengthen self-esteem; & promote behaviour change & optimal mental health.

Lesbian, Gay, Bisexual and Transgender (LGBTQIA+)

Diverse Voices

E yvonne@diversevoices.org.au

W diversevoices.org.au

P 1800 184 527

Diverse Voices is a Queensland based non-profit organisation with a focus on the well being of the diverse voices that make up our community. Our focus is on the operation of a LGBTQIA+ peer to peer telephone, web chat and referral service.

LGBTI Legal Service Inc

E mail@lgbtilegalservice.org

W lgbtilegalservice.org.au

P (07) 3124 7160

We offer free and confidential legal advice to Queensland residents who identify as members of the diverse LGBTQIA+ community. Bookings essential. Please call our Client Services team to reserve an appointment with our solicitors. Open weekdays from 9.00 am - 5.00 pm, plus evening advice sessions on Wednesdays until 7.00 pm.

QLife

E ask@qlife.org.au

W qlife.org.au

P 1800 184 527

QLife is Australia's first nationally-oriented peer support and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI).

Trans Wellbeing

E info@transwellbeing.com

W transwellbeing.com

P 0481 360 427

An online group program for parents of transgender and gender diverse people. Compassionate and evidence-based information and support.

Loss & Grief Support Services & Counselling

Ladybird Care Foundation

E mentoring@ladybirdcare.org.au

W ladybirdcare.org.au

P 1800 954 224

We offer hope and help for grieving parents and families who have lost a child through a peer support mentoring model with parents who have real life experience. These mentors are trained, supervised and mentored by the leading Bereavement Care Specialist in Australia, Dr Leigh Donovan.

Maternity Support Services & Counselling

National Perinatal Anxiety and Depression Helpline

E info@panda.org.au

W panda.org.au

P 1300 726 306

PANDA National Helpline Monday - Friday 9am to 7.30pm AEST/AEDT confidential Australia-wide counselling, support, information and referrals to local services. Tel: Support 1300 726 306, Admin 03 9926 9090

Pregnancy Counselling Australia

E admin@pregnancycounselling.com.au

W pregnancyhelpaustralia.org.au

P 1300 737 732

An Australia-wide telephone support service for concerns associated with: - An unexpected or difficult or challenging pregnancy. - Grief or anxiety following termination or other pregnancy loss We understand that it often takes courage to seek assistance. Our telephone support workers will listen to your concerns and respond to your request for information, support or counselling.

Suicide & Self Harm Information

ConNetica Consulting

W connetica.com.au

P (07) 5491 5456

ConNetica is recognised and awarded in Australia and internationally for our thought leadership in mental health and suicide prevention, comprehensive approach to service mapping, collaboration and integration, stakeholder engagement, suicide prevention training programs, advocacy and research.

Suicide Prevention Training

E council@kentish.tas.gov.au

W kentish.tas.gov.au

P (03) 6491 0200

The CORES (Community Response to Eliminating Suicide) program delivers suicide prevention education providing individuals and organisations with skills and resources required to identify and respond to people at risk of suicide including recognising the warning signs of suicide, intervening before a potential crisis occurs, and supporting the person at risk to access appropriate services.

LivingWorks Education Australia

E info@livingworks.com.au

W livingworks.com.au

P 1300 738 382

LivingWorks is the world's leading provider of suicide intervention training. For more than thirty years, we have developed and delivered programs of the highest quality with the goal of saving lives from suicide. Praised by the international community and supported by numerous studies, our workshops help people become more willing, ready, and able to intervene with someone at risk.

Marcus Mission

E contactus@wmq.org.au

W wmq.org.au

P 0419 750 607

Suicide is the leading cause of death for Australian men aged 18-44 years. Marcus Mission aims to reduce the risk of suicide for young men in this age group.

Legal Assistance & Information Services

General Legal Assistance & Information

Anti Discrimination Commission QLD - Brisbane

E info@qhrc.qld.gov.au

W qhrc.qld.gov.au

P 1300 130 670

The Queensland Human Rights Commission works to promote equal opportunity and protect people from unreasonable limitations on their human rights, unlawful discrimination, vilification and sexual harassment. The QHRC manages complaints and assists parties to resolve through conciliation. The Commission also conducts training to raise awareness about human rights and rights and responsibilities.

Mental Health Court registry

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing.

QE11 Courts of Law Complex

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing.

Queensland Public Interest Law Clearing House - Brisbane

E admin@lawright.org.au

W lawright.org.au

P (07) 3846 6317

LawRight is an independent not-for-profit community legal centre. LawRight improves the lives of vulnerable people by increasing access to justice through various services including the: Pro Bono Connect, Court and Tribunal Services, Duty Lawyer Services, Outreach Legal Clinics and Health Justice Partnerships.

Women's Legal Service - Rural, Regional and Remote Legal Advice

E admin@wlsq.org.au

W wlsq.org.au

P (07) 3392 0644

Rural, Regional & Remote Legal Advice Line 1800 457 117 Tuesday: 9.30am - 1.30pm Women's Legal Service is a specialist community legal centre providing free legal and social work services to Queensland women. We assist women in the areas of family law, child support, domestic violence and child protection, as well as providing community legal education.

Local Advocacy Services

Queensland Council of Civil Liberties

E forum.qccl@gmail.com

W qccl.org.au

P 0409 574 318

The Queensland Council for Civil Liberties (QCCL) is a voluntary organisation concerned with the protection of individual rights and civil liberties. It was founded in 1966 in order to protect and promote the human rights and freedoms of Queensland citizens.

Mediation & Ombudsman Support

Australian Financial Complaints Authority

E info@afca.org.au

W afca.org.au

P 1800 931 678

The Australian Financial Complaints Authority (AFCA) helps individuals to resolve complaints about financial products and services. It's free to the public and you don't need to pay someone to help you lodge a complaint.

Crime And Corruption Commission

E mailbox@ccc.qld.gov.au

W ccc.qld.gov.au

P 1800 061 611

Open Mon-Fri 8am-5pm with after hours emergency service. Look after complaints against police, councils, public service etc. Operate to combat major crime, raise public sector integrity and protect witnesses.

Peak, Industry and Funding Bodies

Peak Bodies

CheckUP

E info@checkup.org.au

W checkup.org.au

P (07) 3105 8300

CheckUP Australia fosters innovation and integration, working collaboratively to deliver practical solutions focused on best practice outcomes—for a better primary health care sector and better health

Council On The Ageing Queensland

E info@cotaqld.org.au

W cotaqld.org.au

P (07) 3316 2999

COTA Queensland, a member of the COTA Federation is a for purpose registered charity committed to advancing the rights, needs, interests and futures of people as we age. Our vision is that ageing in Queensland is a time of possibility, opportunity and influence.

Diabetes Queensland

E info@diabetesqld.org.au

W diabetesaustralia.com.au

P 1800 177 055

Diabetes Queensland is the peak body for people with diabetes in Queensland, providing a powerful voice for people living with or at risk of diabetes.

Disability Advocacy Network Australia (DANA)

E info@dana.org.au

W dana.org.au

Disability Advocacy Network Australia (DANA) is a national peak body for Disability Advocacy Services - It does not provide direct services to the community.

Hepatitis Queensland

E info@hepqld.asn.au

W hepqld.asn.au

P 1800 437 222

Hepatitis Queensland is the peak body for the hepatitis and liver health sector in Queensland. We are a community based, non-government organisation providing a range of initiatives, projects and programs to address stigma, improve the lives of those affected by viral hepatitis and meet emerging liver health challenges.

Indigenous Allied Health Australia

E admin@iaha.com.au

W iaha.com.au

P (02) 6285 1010

Indigenous Allied Health Australia is a national, member-based Aboriginal and Torres Strait Islander allied health organisation. IAHA leads sector workforce development and support to improve the health and wellbeing of Aboriginal and Torres Strait Islander peoples.

Kidney Health Australia

E Kidney.Helpline@kidney.org.au

W kidney.org.au

P 1800 454 363

We are the peak body for kidney health in Australia. For over 50 years, we have connected people to the vital information, education and support services they need to preserve their kidney health and live a better quality of life if they are diagnosed with kidney disease.

Northern Queensland Primary Health Network (NQPHN) - Cairns

E support@nqphn.com.au

W torres-cape.health.qld.gov.au

P (07) 4034 0300

Northern Queensland Primary Health Network (NQPHN) is working to make health better for all people in North Queensland. We have a focus on improving health for populations that are most at risk, such as Aboriginal and Torres Strait Islander people and older Australians. We are actively engaging people in communities through our Community Advisory Groups.

NQPHN - Mackay

E support@nqphn.com.au

W nqphn.com.au

P (07) 4963 4400

Northern Queensland Primary Health Network (NQPHN) is working to make health better for all people in North Queensland. We have a focus on improving health for populations that are most at risks, such as Aboriginal and Torres Strait Islander people and older Australians. We are actively engaging people in communities through our Community Advisory Groups.

Pharmacy Guild of Australia - Queensland

E enquiries@qldguild.org.au

W guild.org.au

P (07) 3831 3788

The Pharmacy Guild of Australia is the national peak body representing community pharmacy.

Peak Body for Queensland's Community Mental Health Sector

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

The Queensland Alliance For Mental Health reforms, promotes and drive community mental health and wellbeing services for all Queenslanders, through its influence and collaboration with its Members and strategic partners.

Psychosocial Peak Body

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

As the Psychosocial Peak Body in Queensland, QAMH provides information about services in your area, training to boost inclusion and advocates directly to Government on issues affecting people experiencing psychosocial difficulties.

Queensland Youth Housing Coalition

E admin@qyhc.org.au

W qyhc.org.au

P 0448 073 463

The QYHC provides information to young people throughout Queensland who are homeless or at risk of homelessness.

Skills Alliances

Australian Women In Agriculture (AWiA)

E administration@awia.org.au

W awia.org.au

P 0490 346 195

Australia's peak organisation for women across all areas in agriculture since 1994. We are a network of women across Australian agriculture and beyond. Together, we are a stronger voice and a voice that can make a difference.

Recreation & Leisure

Fitness Activities

Basalt Bodies Fitness

E nicolalillyman@gmail.com

P 0437 620 385

Personal Training face to face & online, 1 on 1 and group sessions, Indoor & Outdoor Training, Health and Fitness motivation/ support, Weight loss/ fat loss, lean muscle gain

Live online Yoga and Pilates Classes

E info@kevalahealth.com.au

W kevalahealth.com.au

Live Stream Online Yoga and Pilates classes. Private personal training NDIS registered. General yoga, pilates, mixed yoga-pilates, meditation, fitness, rehab

Maks' Boxing Gym

Simpson Street, RICHMOND QLD 4822

P (07) 4719 3377

Family run boxing gym! Everyone welcome kids and adults of all fitness levels. If you are wanting to challenge yourself and try the sport of boxing, come and join the fun.

The Yoga Partnership

E theyogapartnership@gmail.com

W theyogapartnership.com.au

P 0411 628 417

The Yoga Partnership is designed to increase the capacity and reach of yoga in Australia. At The Yoga Partnership we are passionate about providing the benefits of yoga and mindfulness to people who do not have access to a regular class by providing yoga online. Classes possible in lounge rooms, work sheds and back verandas of people living outside QLD's major cities. We are a NFP

General Recreation and Leisure

Bobby Murray Memorial Park

Goldring Street, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4719 3377

Located in Goldring street adjacent to Kronosaurus Korner Bobby Murrall Memorial Park has clean amenities, BBQ, picnic tables, ample shade and a large Play Gym for children.

Charlie Wehlow Oval

65 Goldring Street, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4719 3377

Charlie Wehlow Oval is home to the Richmond Tigers Junior and Senior Rugby League Teams and provides a great venue for school athletics carnivals and community sports. The facility boasts a canteen, bar and toilet facilities.

ClassBento

E hi@classbento.com.au

W classbento.com.au

ClassBento is all about the fun and stimulation that comes with learning (or teaching) a skill and being present in the moment. Be inspired by our experienced teachers, and give your brain a chance to stretch those creative wings. Join our mission and let's bring more healthy arty fun into our communities.

Jack Brown Lions Park

Goldring Street, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4719 3377

Jack Brown Lions Park houses the Richmond War Memorial, and is where the town celebrates Anzac Day services every year. The park has extensive lawns, clean amenities and shady trees, overlooking the Flinders River.

Lake Fred Tritton

Gallaghers Drive, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4719 3377

The national award winning Lake Fred Tritton provides locals and visitors alike with the opportunity to enjoy freshwater based activities such as swimming, skiing, canoeing, sailing, fishing, jet skiing and even snorkelling – activities not normally available in inland towns.

Richmond Swimming Pool

Goldring Street Flinders Highway & Carter Street, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4741 3396

Richmond has a 25 metre public swimming pool, which is a popular spot for fun and fitness throughout the warmer months of the year. Swimming lessons available during the season, as is swim squad coaching.

Skate Park

Crawford Street, RICHMOND QLD 4822

E enquiries@richmond.qld.gov.au

W richmond.qld.gov.au

P (07) 4719 3377

Skate Park and Bike Safety Path

Ulysses Club Incorporated

E administration@ulysses.org.au

P (07) 5482 5149

Ulysses Club is listed in General Recreation and Leisure in Gympie

Outdoor Recreation and Leisure

Gympie Pistol Club

E president@gympiepistolclub.com

P 0408 833 938

Gympie Pistol Club is listed in Outdoor Recreation and Leisure in Gympie

Kilkivan Great Horseride Association

E kilkivangreathorseride@gmail.com

W kilkivangreathorseride.com.au

P 0407 699 620

Kilkivan Great Horse Ride Association is listed in Outdoor Recreation and Leisure in Gympie

Palm and Cycad Societies of Australia Inc

E martin.lack@mlaa.com.au

W pacsoa.org.au

P (07) 3878 2974

We hold meetings, publish newsletters, books and magazines, and have an annual show to further the conservation and cultivation of Palms and Cycads

Religion & Philosophy

Churches and Places of Worship

Cooloola Bible Fellowship

E gje01@bigpond.com

P (07) 5482 1084

Cooloola Bible Fellowship - Gympie is listed in Churches and Places of Worship in Gympie

Catholic Diocese of Townsville

117 Goldring Street, RICHMOND QLD 4822

E richmondparish@tsv.catholic.org.au

W tsv.catholic.org.au

P (07) 4741 1436

St. Brigid's Parish - Richmond is committed to supporting the Safeguarding strategies of the Townsville Diocese. Mass Times- Sunday 9:00am

St John the Baptist Anglican Church

55 Crawford Street, RICHMOND QLD 4822

W anglicannq.org

P (07) 4741 3768

This Ministry Unit includes the worshipping community at St John the Baptist (Richmond)

Sunshine Coast Christian Fellowship

P (07) 5442 3444

Gympie Christian Fellowship is listed in Churches and Places of Worship in Gympie

General Religion & Philosophy

Mary MacKillop House

113 Goldring Street, RICHMOND QLD 4822

E CPattinson@goodsams.org.au

P (07) 4741 3369

A place of tranquillity & welcome offering individuals & groups opportunities for rest, respite, relaxation, renewal, & spiritual nourishment.

Self Help

General Self Help Services

Leaders Step Up

E leadersstepup@gmail.com

P 0433 606 536

PSL Academy is based in Wanneroo our Vision is to: Allow our members to become prestigious speakers with a message! All the while teaching the world to communicate and To become great leader's. Developing the most trusted & respected community based organisation in the world. We operate every Thursday online via Zoom at 7pm till 9.30pm. check our Facebook page for more

National Continence Helpline

W continence.org.au

P 1800 330 066

The National Continence Helpline is a free telephone advisory service.

PRETERM INFANTS' PARENTS' ASSOCIATION INC (PIPA)

E contactus@pipa.org.au

W pipa.org.au

P 1300 773 672

Our goal is to raise awareness of premature birth and to provide understanding, support, information, encouragement and friendship to parents of premature infants.

Preterm Infants Parents Association Inc. (P I P A)

E contactus@pipa.org.au

W pipa.org.au

P 1300 773 672

Practical and emotional support to families of infants born premature. Raise awareness of premature birth and provide support, information, encouragement and friendship to parents of preterm infants.

QENDO Inc

E info@qendo.org.au

W qendo.org.au

P (07) 3321 4408

QENDO is the peak body for people affected by endometriosis and other pelvic health related conditions. Our work assists in advising and advocating for improved services and quality of life for our members. We support anyone affected by endometriosis, adenomyosis, PCOS, infertility or pelvic pain, by offering them the tools, services and programs to understand and take control of their health.

Heart-Based Living

W realtimeheart-based.com

P 0409 676 857

We provide a pathway to support people on their unique path to happiness and vitality, for each stage, change and challenge in life; to discover all that they are; become more aware; feel more present in their moments for lasting wellbeing and contentment in their lives. This is done through: public events, personal sessions, an online discovery journey, projects and online events, workplaces.

Sahaja Yoga Queensland

E peter.hewitson1@gmail.com

W sahajayogaqld.com

P 0438 781 413

Sahaja Yoga provides free meditation programs for the community all around Australia.

The NAKED Soul

E admin@thenaked soul.com.au

W thenaked soul.com.au

P 1300 625 331

The purpose of The NAKED Soul (our WHY) is to ... Inspire Humanity to Love. Experience more joy, gratitude, kindness and well-being in your day-to-day life, through our wellbeing programs, private coaching & transformational life workshops.

Life coaching

E your.listener.coaching@gmail.com

W yourlistener.wixsite.com

P 0402 333 950

John Cuturilo is Your Listener, a new type of life coach in Australia who helps people to overcome challenges and make changes in their lives.

Drawing on a rich base of knowledge and experience, John eschews extravagance, vague claims, and expensive packages for tested strategies based on real experience in demanding situations.

S p o r t

Aquatic Sports

Gympie South Amateur Swimming Club Inc

P (07) 5482 4865

Gympie South Amateur Swimming Club is listed in Aquatic Sports in Gympie

Imbil and District Community Swimming Club Inc

P (07) 5484 5109

Imbil and District Community Swimming Club Inc is listed in Aquatic Sports in Gympie

Richmond Amateur Swimming Club

E richmondswimclub@gmail.com

Richmond Swimming Club holds weekly club nights for people of all ages and an annual carnival against other western clubs in November each year.

Indoor Sports

Gympie Junior Basketball League

E admin@gympiebasketball.com.au

P 0422 050 375

Gympie Junior Basketball League is listed in Indoor Sports in Gympie

Outdoor Sports

Cooloola Range Complex Association Inc

P (07) 4125 5228

Cooloola Range Complex Association Inc is listed in Outdoor Sports in Gympie

Football Gympie Inc.

P (07) 5482 1801

Football Gympie Inc is listed in Outdoor Sports in Gympie

Gympie And Districts Netball Association Inc

E gympienetball@hotmail.com

P (07) 5482 5020

Gympie and District Netball Association Inc is listed in Outdoor Sports in Gympie

Gympie Athletics Club

E contactus@gympieathletics.com

P 0438 722 909

Gympie Athletics Club is listed in Outdoor Sports in Gympie

Gympie Cricket Association Inc.

E gympiecricket@gmail.com

P 0409 424 577

Gympie Cricket Association Inc is listed in Outdoor Sports in Gympie

Gympie Junior Cricket Association Inc

P 0418 715 852

Gympie Junior Cricket Association Inc. is listed in Outdoor Sports in Gympie

Gympie Junior Tennis Club

P (07) 5482 6970

Gympie Junior Tennis Club is listed in Outdoor Sports in Gympie

Gympie Rugby Union Club Inc

P (07) 5488 6023

Gympie Rugby Union Club Inc is listed in Outdoor Sports in Gympie

Gympie Valleys Cricket Club Inc**P** (07) 5483 8484

Gympie Valleys Cricket Club is listed in Outdoor Sports in Gympie

Gympie Volleyball Association**P** 0422 478 607

Gympie Volleyball Association is listed in Outdoor Sports in Gympie

Last Frontier Shooting Club**P** (07) 5486 4248

Last Frontier Shooting Club is listed in Outdoor Sports in Gympie

Tansey Polocrosse Club Inc**E** justinhafey@burnett.net.au**P** 0417 794 036

Tansey Polocrosse Club Inc. is listed in Outdoor Sports in Gympie

Tin Can Bay Ladies Bowls Club**E** reception@tcbcc.com.au**P** (07) 5486 4231

Tin Can Bay Bowls Club is listed in Outdoor Sports in Gympie

Valley Rangers Soccer Club**E** valleyrangersfc@gmail.com

Valley Rangers Soccer Club Inc. is listed in Outdoor Sports in Gympie

Sports Clubs

Maxwelton Race Club

Maxwelton Kynuna Road, RICHMOND QLD 4822

E maxiraces@gmail.com**W** racingqueensland.com.au**P** 0427 132 322

The iconic Maxi Races has been racing in the tiny town of Maxwelton, NW QLD for 71 years. Maxi's next race meeting is 10 April 2021. Join us for a true outback experience or racing, novelty events and a great family race meet.

Richmond Bowling Club

87 Crawford Street, RICHMOND QLD 4822

P (07) 4741 3171

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

Richmond Bush Sprints**E** richmondbushsprints@outlook.com**W** richmondbushsprints.com**P** (07) 4741 3390

Bush Sprints were born from the cuts by Racing Queensland to country thoroughbred racing. Horse racing enthusiasts have developed horse races that do not require registered race horses or registered jockeys and they have become a great crowd-pleaser.

Richmond Dirt Bike Club Inc**E** richmonddirtbikeclub1@hotmail.com

Richmond Dirt Bike Club Inc is a Motorcycling Queensland affiliated club which offers Moto Cross, Enduro, coaching clinics and trail rides to riders of all levels.

Richmond Tennis Club

63 Crawford Street, RICHMOND QLD 4822

E richmondtennisnwq@outlook.com

Richmond Tennis Club is located in the historic town of Richmond. The 2 courts have lighting for play at night, there is a clubhouse, and humble garden surroundings. Our members are inclusive and welcoming, and always ready for a hit of tennis with new members.

Richmond Tigers Junior Rugby League

Charlie Wehlow Oval, Simpson Street, RICHMOND QLD 4822

E richmondjrl@outlook.com

Richmond Tigers Junior Rugby League gives children aged 12 years and under the chance to play rugby league between the months of March to September

Richmond Turf Club

Racecourse Road, RICHMOND QLD 4822

E enquiries@richmondfielddays.com.au

W richmondracecourse.com.au

P 0400 282 995

The Richmond Turf Club organises all four professional race meetings held at the Richmond Racecourse and is a part of Racing Queensland.

Transport Services

Community Transport

Taxi Subsidy Scheme

E TSSU@translink.com.au

W qld.gov.au

P 1300 134 755

People unable to travel alone: Blind or severely vision impaired; epilepsy; physical disability; intellectual impairment; behaviour disorders etc. Must be permanent resident of Queensland.

General Transport Services

Department of Child Safety, Disability Services and Seniors, Child Safety and Disability Services – Companion Card - Brisbane

W qld.gov.au

P 13 74 68

For those who have a significant lifelong need for attendant care support in order to attend activities and venues in their community.

Department of Veterans Affairs - Travel Reimbursement Scheme - Brisbane

W dva.gov.au

P 13 32 54

Reimbursement of travelling expenses to receive medical treatment. Travel may include the use of private vehicles, taxis, community transport, public transport, air transport, ferries, meals and accommodation.

Volunteering

General Volunteering Services

St John Qld - Volunteer Services

E volunteer@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

By volunteering for St John Ambulance Queensland you are actively taking part in enhancing the lives of Queenslanders and their families. Join our diverse team to gain real life experiences while having fun and making friends.

Volunteer mentor to a child in foster care - Brisbane

E admin@thepyjamafoundation.com

W thepyjamafoundation.com

P (07) 3256 8802

At The Pyjama Foundation, we provide young people in foster care the opportunity to change the direction of their lives with learning, life skills and confidence. Since 2004, we have supported 11,000 young people across Queensland, New South Wales and Victoria.

The Trustee For Freddy Bear Foundation

E hello@freddymatch.org

W freddymatch.org

P 1300 737 090

At FreddyMatch, we drive social change through technology, using our unique algorithm to match people with great opportunities, increasing volunteer participation rates and building stronger communities.

Volunteering Queensland Inc

E reception@volunteeringqld.org.au

W volunteeringqld.org.au

P (07) 3002 7600

Volunteering Queensland (VQ) is the state's peak body for volunteering. It represents the interests of volunteers, and community organisations who utilise the services of volunteers.

Welfare Assistance & Services

General Welfare & Support Services

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is a 10-month matched savings program that helps people to build their financial skills, establish a savings goal and develop long term saving habits. When finished, participants receive up to \$500 in matched savings which can be used for education costs such as computers and tablets, text books and uniforms.

St John Qld Telephone Services

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

Our Community Calls service (previously known as Silver Cord) is a Queensland wide telephone reassurance service aimed at improving social connections. If you or a loved one are feeling lonely or isolated, or would just appreciate an extra check-in or chat during the week, our telephone services can help.

National Perinatal Support Program

E info@thebabesproject.com

W thebabesproject.com.au

P 1300 140 212

The Babes Project works with women who are seeking additional support during pregnancy. We run a National support service providing our Perinatal Support Program via phone and video calls for pregnant and early parenting women across Australia, who cannot access one of the Centres.

Meals on Wheels

Mary Valley Meals on Wheels

P (07) 5488 6064

Mary Valley Meals on Wheels is listed in Meals on Wheels in Gympie

Second Hand Shops

Red Cross Branch Operated Store - Richmond

48 , Goldring Street, RICHMOND QLD 4822

W redcross.org.au

P (07) 4741 3905

We sell recycled and new goods to raise funds for the everyday work of Australian Red Cross.

Youth Services

General Youth Services

Brave Foundation

E info@bravefoundation.org.au

W bravefoundation.org.au

P 0448 088 380

The Brave Foundation is a national charity which runs a program supporting expecting and parenting teens and young people up to age 25 face to face and virtually in Cairns and surrounding areas, by providing mentoring and connecting them to the services and resources they need and supporting that ongoing engagement.

Little Dreamers Australia**E** info@littledreamers.org.au**W** littledreamers.org.au**P** 1800 717 515

As Australia's leading Young Carer organisation, Little Dreamers works with young people who provide unpaid care for a family member with a disability, illness or addiction. Across a range of direct support programs, we're improving the quality of life for Young Carers across Australia, with a vision that every single Young Carer around the world is supported by someone or something by 2030.

Salvation Army - Forest Lake (Youth Service)**W** salvationarmy.org.au**P** (07) 3714 0705

The Lake Youth Service aims to provide 'Pathways to hope' for at risk young people in the Forest Lake and surrounding areas. providing essential services through relationships, program delivery, case management, spiritual discovery and strong networking with other service providers to ensure positive outcomes for young people

Youth Information & Counselling**eheadspace****W** headspace.org.au**P** 1800 650 890

eheadspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends. If you're based in Australia and going through a tough time, eheadspace can help. You can talk 1-on-1 with an eheadspace clinician via an online chat, email or over the phone.

Youth In Motion**E** caitlin.tanaka@youthinmotion.org.au**W** youthinmotion.org.au

The Learning Project provides free 1-1 tutoring to students who might be having a hard time. Our students experience disadvantage in many ways – from learning and attention difficulties to mental health issues. We make sure no student is left behind.

Youth Insearch**E** admin@youthinsearch.org.au**W** youthinsearch.org.au**P** 1800 805 635

Australia's leading peer-led youth trauma recovery organisation, dedicated to supporting at-risk youth aged 12-25. We run Weekend Workshops, Weekly Support Groups and Individual Support for young people to connect and develop life skills. Our programs are delivered with youth, supported by expert adults.

Index

Department of Child Safety, Disability
Services and Seniors, Child Safety and
Disability Services – Companion Card -
Brisbane 69

13 HEALTH 44

1300 MH CALL 48

1800RESPECT 52

A Team Tuition - HEAD OFFICE 33

Ability Consultants 25

Aboriginal and Torres Strait Islander
Health Worker and Practitioner
Workforce Uplift 45

Aboriginal and Torres Strait Islander
Partnerships 9

Accelerated Learning Tutoring Centre 35

Acorn Stairlifts 12

Acorn Stairlifts - All Queensland 26

Activ8 Health Club 47

Active Nutrition 38

ADA Australia 10

ADIS 9

Advocacy on behalf of our Members 10

After Hours Clinic 46

Aged Care 38

ALANNAH and MADELINE FOUNDATION
35

Alcohol And Drug Foundation -
Queensland 43

Amputees Queensland 55

Anchoring Your Life Counselling 55

Anger Management and Conflict
Resolution Program 34

Anti Discrimination Commission QLD -
Brisbane 60

Approach Services 37

Asbestos Related Diseases 42

Assistance with Domestic Duties for NDIS
Pet Owners 14

Assistive Technology Australia 54

Asthma Australia - Brisbane 44

ATODS (Alcohol, Tobacco and Other
Drugs) 50

Attaboi Music Magazine 15

Auslan services 47

Aussie Life Care Australia 26

Australia Nova Romana 20

Australian-Filipino Organization Of Wide
Bay 24

Australian Bureau of Statistics 18

Australian Cervical Cancer Foundation 33

Australian Financial Complaints Authority
61

Australian Primary Health Care Nurses
Association (APNA) 44

Australian School Of Entrepreneurship 33

Australian Sickle Cell Advocacy Inc 11

Australian Training Institute 32

Australian Women In Agriculture (AWiA)
63

Avicenna Health and Wellness 38

Axis Health Psychology 38

Balance Minder 33

Basalt Bodies Fitness 63

be informed. 33

Beyond Blue Helpline and Online Chat 48

Beyond Blue Ltd 54

Big Wheel Inn Richmond 9

BluePages Depression Information 48

Bobby Murray Memorial Park 64

Boomaroo Plan Management 26

Braille House 20

Brave Foundation 70

Breaking Free Healing Centre 52

Breakthrough for Families Qld 54

Brightsky Australia 13

Brisbane Rape and Incest Survivors
Support Centre 52

Cairns Occupational Therapy 39

Call to Mind 52

Calm Nights Sleep Consultancy 53

Camp Quality Queensland 15

Cancer Council 13 11 20 - Statewide 44

Capital Gaurdians Plan Management 26

Care Squared 26

Caredirect 14, 42

Cataract Kids Australia 11

Catholic Diocese of Townsville 65

Centrelink Access Point - Richmond 23

Charlie Wehlow Oval 64
 CheckUP 62
 Children By Choice Association
 Incorporated 16
 Choirs4Kids 15
 Chrysalis Wellbeing 39
 Clarity Hearing Solutions - Richmond 47
 ClassBento 64
 ClearConvo 39
 Communicate Speech Pathology 39
 Community Mental Health and Wellbeing
 Sector information 18
 Community Nurse 42
 Community Visitors Scheme 13
 Complex Support Coordination 26
 Confidence Club 26
 Connect2Care - ACT 39
 Connected au 14
 ConNetica Consulting 60
 Continence Aids Payment Scheme 39
 Cooloola Bible Fellowship 65
 Cooloola Carriage Club Inc 21
 Cooloola Community Orchestra 15
 Cooloola Range Complex Association Inc
 67
 Cooloola Schools Chaplaincy 33
 Council On The Ageing Queensland 12, 62
 Counselling and Coaching with
 Astuteology 55
 Counselling Services Hervey Bay 55
 Crime And Corruption Commission 61
 Crystal Clear Psychology Solutions 39
 Daily Safety Check-in Call 13
 Daily Welfare Check by Phone to Check
 they are OKAY 14
 Deafblind Information Australia 53
 Dental Service 42
 Dentistry 42
 Department of Transport and Main
 Roads 18
 Department of Transport and Main
 Roads Maritime Safety Queensland 18
 Department of Veterans Affairs - Travel
 Reimbursement Scheme - Brisbane 69
 Diabetes Queensland 62
 Dietetics 40

Disability Advocacy Network Australia
 (DANA) 62
 Disability Enquiry Hotline 26
 Disability Health Support Australia 26
 Diversa Health - Richmond 47
 Diverse Communities and Social Services
 (DCSS Australia Inc.) Indigenous and
 LGBTIQA+ Community Justice and
 Social Services Charity / Not-For-Profit
 and Charity Community Consultants
 (NFPCCC) Indigenous DGR PBI Charities
 56
 Diverse Voices 59
 Docto 53
 Domestic and Family Violence Mensline
 22
 Domestic and Family Violence
 Womensline 22
 Dr Julie-May Brown 56
 Drug and Alcohol Rehabilitation 43
 Dubberley, Stacey Louise 53
 DV Connect Pets in Crisis 14
 DV Connect Sexual Assault Helpline 53
 e-Consultant Build Back Better Initiative
 38
 e-couch self-help 48
 E - Hub Health 48
 Eating Disorders Assoc 56
 Edmund Rice Camps Queensland 20
 Education Queensland Early Childhood
 Development Program 33
 eheadspace 71
 Elder Abuse Prevention Unit 12
 Elder Abuse Prevention Unit Help Line 10
 Electrician Jobs 37
 EMERALD: proactive mental wellbeing
 program 51
 Emergency Department 44
 Emmaus Correspondence School 33
 Entriiken's Pioneer Motel 9
 Epilepsy Action Australia 27
 Epilepsy QLD 44
 Fair Entitlements Guarantee (FEG) 54
 Fair Work Infoline 37
 Family Drug Support 43
 Family Drug Support Australia 22
 Family Relationship Advice Line 56

Focused Health Care 13, 27
FoodSt 13
Football Gympie Inc. 67
FORTRESS LEARNING 34
Full Stop Australia 22
Galcom 49
Gambling Help - National Phone Service 54
General Practitioner - Womens Health - True Relationships and Reproductive Health 46
GIVIT 19
Good Beginnings and Save the Children join forces - Vincent 11
Goomeri and District Garden Club 21
Goomeri Lions Club Inc 20
Grow Your Impact 27
Gunalda Primary PandC Association 35
Gympie And Districts Netball Association Inc 67
Gympie Athletics Club 67
Gympie Branch Australian Stock Horse Society 21
Gympie Cage Bird Club 21
Gympie Camera Club Inc 21
Gympie Chamber Of Commerce Inc 21
Gympie Country Music Club Inc 15
Gympie Cricket Association Inc. 67
Gympie Junior Basketball League 67
Gympie Junior Cricket Association Inc 67
Gympie Junior Tennis Club 67
Gympie Lions Club 20
Gympie Pistol Club 65
Gympie Rugby Union Club Inc 67
Gympie South Amateur Swimming Club Inc 67
Gympie Valleys Cricket Club Inc 68
Gympie Volleyball Association 68
Healing Beyond Discovery 56
Health Workforce Queensland 18
Healthdirect Helpline 44
Healthspot Ot 49
Heart-Based Living 66
Heart of Australia 53
Hepatitis Queensland 62
Herbalife Independent Distributor 44
HiBar Nutrition and Fitness 44
HiCom Care - NDIS Plan Manager 27
Historical Motorcycle Club - Gympie 21
Holistic Home Care - Caring with Compassion 27
Holistic Lifestyle Practice 56
Home Visiting Services 13
Homeless Hotline 10
Hospital in Your Home 47
I Hate Cooking 27
Imbil and District Community Swimming Club Inc 67
Immigration Services Australia (ISA) 18
Inclusee Ltd 13
Independent Advocacy NQ 11
Indigenous Allied Health Australia 62
InteliCare 14
Isa Psychology 49
Isolated Children's Parents' Association 36
Jack Brown Lions Park 64
Jacqueline Conroy Talking Therapies 39
James Nash High PandC Association 35
Jen Robe Writes 15
Jenny Gleeson Coaching and Consulting 36
Julie Pratt - IBS and FODMAP Dietitian 40
K.I.N. Care Services (Qld) Pty Ltd 16
Kandanga / Dagon Rural Fire Brigade 22
Kidney Health Australia 62
Kilkivan Great Horseride Association 65
Kindship 24
Kronosaurus Korner 19
Ladybird Care Foundation 59
Lake Fred Tritton 64
Lakeview Caravan Park 9
Last Frontier Shooting Club 68
Lavender Sleep and Wellness 40
Leaders Step Up 66
Leap In! Australia (National Service) 28
Learning Network Queensland 37
Leukodystrophy Resource and Research organisation 42
LGBTI Legal Service Inc 59
Life coaching 67
Life Transitions Coaching Counselling And Therapy Services 49
Lifeline - National phone service 22

Lifelong Learning Council Queensland 32
 LifeTec Australia - Townsville 28
 Limbs 4 Life 25
 Lions Club Of Rainbow Beach 20
 Little Dreamers Australia 71
 Live online Yoga and Pilates Classes 63
 Lived Experience education and support 43
 Lives Lived Well Head Office 43
 LiveUp 12
 LivingWorks Education Australia 60
 Lung Foundation 45
 Mable Direct store 45
 Magic Coat for Kids Pty Ltd 16
 Make It Happen Hypnotherapy 56
 Maks' Boxing Gym 63
 Manage It 28
 Marcus Mission 60
 Mary MacKillop House 65
 Mary Valley Meals on Wheels 70
 Maxwellton Race Club 68
 Me and My Mum Hub 17
 Me Plus More 28
 MensLine Australia 56
 Mental Health Court registry 10, 61
 Mental Health First Aid Training 32
 Mental Health First Aide Interntional 49
 Mentoring Men 49
 Midway Motel and Roadhouse 9
 moodgym 48
 More Than Able 40
 Mount Isa-Gulf Child Safety Service Centre 17
 Mud Hut Hotel 9
 My Health for Life 39
 My Mobile Plan Manager 28
 My Plan Assist 28
 My Plan Manager 28
 My Virtual Support Coordinator 25
 MyCareSpace 28
 MyIntegra Plan Management - QLD 29
 MyIntegra Support Coordination - QLD 29
 National Bowel Cancer Screening Program (NBCSP) 47
 National Cannabis Prevention and Information Centre 23
 National Continence Helpline 66

National Dementia Help Line 12
 National Disability Abuse and Neglect Hotline 22
 National Disability Health Support Australia 26
 National Perinatal Anxiety and Depression Helpline 59
 National Perinatal Support Program 70
 National Relay Disability Phone Service 29
 National Resource Centre For Migrant Empowerment 24
 NDIS Kickstart your plan 27
 NDIS Plan Management 25, 28, 29
 NDSP Plan Managers - QLD 29
 Neami National - THRIVE 37
 Neami Nationals 49
 Needle Clean Up Helpline 23
 Nicole Ivens Holistic Counselling 56
 North Queensland Persistent Pain Management Service 46
 North Queensland Region Centre - Mackay 19
 North Queensland Region Child Safety 17
 Northern Frontiers Mediation and Counselling Mediation and Counselling 57
 Northern Queensland Primary Health Network (NQPHN) - Cairns 62
 Not My Closet 57
 Nova Psychology 57
 NQ RAFS – UnitingCare Community 17
 NQ Virtual Integrated Practice (VIP) Partnership Program 46
 NQPHN - Mackay 63
 Nutrition Counselling 40
 NWRH - East Coast and Corporate Office (Townsville) 40
 Oak Tree Alliance Support Coordination and Specialist Support Coordination 29
 Occupational Therapy 41
 Office Of The Public Guardian 10, 11, 17
 Older Persons Advocacy Network 11
 Older Womens Network Qld Inc Gympie 21
 On The Line Australia 40
 Open Arms 57


Optometry 41
 Out of Home Care Program 17
 Outpatients 53
 Pacify Plan Management 29
 Paediatrics 54
 Palliative Care Queensland 52
 Palm and Cycad Societies of Australia Inc 38, 65
 Parentline 16
 Parents Beyond Breakup 23
 ParentsShop 32
 Parkinson's Australia 12
 Pathways to Resilience Trust 34
 Peaceful Mind Counselling 49
 Peak Body for Queensland's Community Mental Health Sector 63
 Peak Plan Management 29
 Peer Navigation 42
 People With Disability Australia - Qantas Carer Concession Card 24
 Performance Physio and Rehab 47
 Personal Care (Disability Service Provider) 27
 Pet Cloud 14, 36
 Pharmacy Guild of Australia - Queensland 63
 Phoenix Hypnotherapy 40, 49
 Physiotherapy 41
 Plan Partners 30
 Plan Partners - QLD 30
 Podiatry - Towers Podiatry 41
 Podiatry (Foot health) 41
 Poisons Information Centre 45
 Police Link 23
 Positive Families PSYCHOLOGY CLINIC 50
 Precedence Health Care 45
 Pregnancy Birth and Baby 16
 Pregnancy Counselling and Education Services Inc. 57
 Pregnancy Counselling Australia 60
 PRETERM INFANTS' PARENTS' ASSOCIATION INC (PIPA) 66
 Preterm Infants Parents Association Inc. (P I P A) 66
 Provider Choice Plan Management 30
 Psychcare Services Telehealth and Psychcare Psychology 50
 PsychHelp 50
 PsychOrium Forensic and Clinical Psychology Service 50
 Psychosocial Peak Body 63
 Qcwa Cedar Pocket Branch 20
 Qcwa Gympie Branch 20
 QE11 Courts of Law Complex 10, 61
 QENDO Inc 66
 QIFVLS - Townsville Office 10
 QLife 59
 Queensland Association of School Tuckshops 37
 Queensland Community Care Network 14
 Queensland Council of Civil Liberties 61
 Queensland Disability Housing Coalition 24
 Queensland Fire And Rescue Service 34
 Queensland Health Spectacle Supply Scheme 53
 Queensland Health Victim Support Service 50
 Queensland Ombudsman 18
 Queensland Positive People - Mackay 42
 Queensland Public Interest Law Clearing House - Brisbane 61
 Queensland Spinal Cord Injuries Service - Spinal Outreach Team (SPOT) 40
 Queensland Support Services and Solutions 30
 Queensland Youth Housing Coalition 63
 Queenslanders with Disability Network 25
 Quitline - Statewide 57
 Rainbow Beach State School Parents and Citizens Association 35
 Raising Connected Kids 17
 RCS 34
 Reachout Australia 16
 Reading Writing Hotline 35
 Recovery Plus Support 30
 Red Cross Branch Operated Store - Richmond 70
 Red Nose 16
 Reel Keen Powerchair Fishing 30
 Registered Nurse - Womens Health - Multiple Providers 45

Registry of Births, Deaths and Marriages 10
 Reimagine 50
 Residential Tenancies Authority 19
 RFCSNQ 55
 Richmond Amateur Swimming Club 67
 Richmond Bowling Club 68
 Richmond Bush Sprints 68
 Richmond Civic Centre 19
 Richmond Dirt Bike Club Inc 68
 Richmond Early Education Centre 17
 Richmond Fire Station 23
 Richmond Golf Club 21
 Richmond Health Service 48
 Richmond Lions Club 20
 Richmond Medical Surgery 46
 Richmond Pistol Club Inc 21
 Richmond Police Station 23
 Richmond Pony Club Inc 21
 Richmond Queensland Country Women's Association 20
 Richmond Racecourse 21
 Richmond Shire Council 19
 Richmond Shire Council Aged Care 12
 Richmond State School 36
 Richmond Swimming Pool 64
 Richmond Tennis Club 68
 Richmond Tigers Junior Rugby League 68
 Richmond Turf Club 69
 Rock n Roll Dancing DVDs FULL COURSE \$60 15
 Royal Flying Doctor Service Of Australia Queensland Section - Richmond 50
 Royal Life Saving Society Queensland Inc. 22
 Rural Financial Counselling Service North Queensland 55
 Rural Health Connect 57
 Sager Consultants 24
 Sahaja Yoga Queensland 66
 Sallyanne Keevers - TalkWise Counselling and Psychotherapy 57
 Salt Counselling 58
 SALT Directory - Senior and Aged care Living Transition Directory 13
 Salvation Army - Forest Lake (Youth Service) 71

Save The Mary River Coordinating Group 22
 Saver Plus 55, 70
 Scad Research 45
 school-based youth health nurse 42
 School oral health 43
 Seeds Of Hope No Interest Loan Scheme (NILS) 55
 Sexual Health 53
 Shine Home Support 30
 Skate Park 64
 Skills4LifePsychology 51
 Sky Plan Management 30
 SMART Recovery 43
 Specialised Plan Management 31
 Speech Therapy/Pathology 41
 SPELD Qld 36
 St John Qld - Volunteer Services 69
 St John Qld Telephone Services 70
 St John the Baptist Anglican Church 65
 Standard and High Intensity Level Support Worker Services - In Home 32
 Start from Within 58
 Statewide information and referral service for seniors 18
 Stephen Island Primary Health Centre 45
 STEPS Program 46
 Stigma and Discrimination Program 11
 Stroke Foundation: StrokeSafe Volunteer Speaker Program 34
 Substance Abuse and Mental Health (Dual Diagnosis) Training 34
 Suicide Call Back - National Phone Service 23
 Suicide Prevention Pathways Inc. 58
 Suicide Prevention Training 60
 Suicide Programs Calm Conversations Can Save Lives 32
 Sunshine Coast Christian Fellowship 65
 TAFE Open Learning 32, 37
 Talked 51
 talklink 58
 Tamil Association Queensland Inc 24
 Tansey Polocrosse Club Inc 68
 Taxi Subsidy Scheme 69
 Team Rubicon Australia 23

Tech help for seniors - Life skills for youngsters! 13	True Relationships and Reproductive Health - Richmond 46
Teen Challenge - New Life Centre - QLD 43	Tuggeranong Homestead 38
Telehealth Dr 46	Tutoring North Queensland 33
Tenancy Skills Institute 34	U3a Network Queensland 37
The ADHD Psychology Clinic 51	Ulysses Club Incorporated 64
The Aquaponics Lady 31	Unique Quality Care 31
The Aussie Hands Foundation Inc 16	UnitingCare Country Callback 58
The Aussie Hands Foundation Inc - Melbourne 31	Unwind Psychology 51
The Butterfly Foundation National Helpline 58	Valley Rangers Soccer Club 68
The Good Meal Co 31	Victory College PandC Association 35
The Happy Giraffe 31	Vivid Mental Health - Mackay 51
The Kids Coach - National 31	Volunteer mentor to a child in foster care - Brisbane 69
The NAKED Soul 66	Volunteering Queensland Inc 18, 69
The Psychology Talk 51	Walking Life's Path Counselling Service 59
The Trustee For Freddy Bear Foundation 69	Walya Productions 35
The Yoga Partnership 64	Wellness Nutrition Solutions 41
Therapy Connect 25	Widgee Primary PandC Association 35
Thinkwise Disability 31	Women's Legal Service - Annerley 11
Thrive FNQ 52	Women's Legal Service - Rural, Regional and Remote Legal Advice 61
Tiddas In Business - FREE Business Workshops 9	Woolooga State School 35
Tin Can Bay Ladies Bowls Club 68	Working4Recovery 52
Tin Can Bay State School PandC Association 35	Wound Specialist Services 54
Toowoomba Psychology And Counselling 58	XLH Australia Incorporated 54
Townsville Recovery Services Centre 43	XXX Syndrome Association of Australia Inc. 31
Toxic Thinking - Mental Wellness Apps 51	Yadah Care Services 25
Trans Wellbeing 59	Young Veterans 52
Transformative Place Counselling Service 58	Your Plan Manager 32
Trilogy Care 48	Your Story Disability Legal Support 25
Tropic Kids Physiotherapy 41	Yourtown 19
	Yourtown - Milton 19
	yourtown Parentline 16
	Youth In Motion 71
	Youth Insearch 71

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