



My Community Directory



Directory of
Pilbara
Community and
Health Services



WA Primary Health Alliance has partnered with My Community Directory to support the creation of the Pilbara Community and Health Services Directory.

About WA Primary Health Alliance (WAPHA)

WA Primary Health Alliance shapes, strengthens and sustains a health system that works for people.

Our role is to simplify and increase access to primary health care by planning, guiding and directing investment towards important primary healthcare services. We listen to local communities to understand who they are, their unique health needs, and how their world is changing.

We do this as the operator of the state's three Primary Health Networks – Perth North, Perth South and Country WA. By partnering with local communities, service providers, GPs and allied health professionals, **we work to deliver better health, together.**

About this Directory

WA Primary Health Alliance recognises how important it is for service providers and community members to know what services are available to them in their communities. It is often hard to know where to look for this information or be able to find it all in one place.

We believe it is important to help people stay well in their community by connecting them to local services and support. We also think it's important to link people to the things that keep them physically and mentally well – including social groups, sports facilities and GP practices.

This online Directory is free to add listings to, free to update and free to use. This printable version updates each night from the online directory and is free to download for each region in Western Australia. We encourage you to use the features of the online directory to add services, suggest new entries or report anything that is incorrect. My Community Directory works because it is a shared resource that will increase in value as we all contribute to, and use it.

Visit www.wapha.org.au to find out more about WA Primary Health Alliance and how you can contribute to My Community Directory.

Learne Durrington

CEO

WA Primary Health Alliance

Contents

ASHBURTON	7
Communication & Information	7
Community Centres, Halls & Facilities	7
Health Services.....	7
Youth Services.....	9
EAST PILBARA	9
Aboriginal Services	9
Communication & Information	10
Community Centres, Halls & Facilities	10
Health Services.....	10
Sport.....	12
Youth Services.....	12
KARRATHA	12
Aboriginal Services	12
Ageing Services	13
Animal Services	13
Arts & Creatives	13
Communication & Information	13
Community Centres, Halls & Facilities	14
Community Clubs & Interest Groups	14
Crisis & Emergency Services.....	14
Disability Services.....	15
Health Services.....	15
Information & Counselling	19
Peak, Industry and Funding Bodies	19
Religion & Philosophy	20
Volunteering	20
Welfare Assistance & Services	20
Youth Services.....	20
PORT HEDLAND	21
Aboriginal Services	21
Accommodation Services.....	21

Communication & Information	21
Community Clubs & Interest Groups	22
Disability Services.....	22
Education	22
Health Services.....	22
Information & Counselling	26
Peak, Industry and Funding Bodies	26
Recreation & Leisure	26
Self Help	26
Youth Services.....	27
OTHER SERVICES OUTSIDE THE AREA	27
Aboriginal Services	27
Accommodation Services.....	27
Advocacy Services	27
Ageing Services	28
Animal Services	30
Arts & Creatives	30
Child Services	31
Communication & Information	32
Community Clubs & Interest Groups	32
Crisis & Emergency Services.....	32
Cultural and Migrant Services	33
Disability Services.....	34
Education	40
Employment & Training	43
Environment & Conservation.....	43
Health Services.....	44
Information & Counselling	57
Legal Assistance & Information Services.....	62
Peak, Industry and Funding Bodies	62
Recreation & Leisure	63
Self Help	63
Sport.....	64
Volunteering	64
Welfare Assistance & Services	64

Youth Services.....	64
Index	67

A-Z Guide by Local Government Area

ASHBURTON

Communication & Information

General Communication & Information

Shire Of Ashburton

Lot 246 Poinciana Street, TOM PRICE WA 6751

E soa@ashburton.wa.gov.au

W ashburton.wa.gov.au

P (08) 9188 4444

The Shire is governed by nine Councillors elected by the local community. Councillors seek to understand local aspirations and concerns and lead the Shire to ensure the effective delivery of strategic plans.

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Karingal Neighbourhood Centre

1 Ashburton Ave, PARABURDOO WA 6754

E karingalcentre@bigpond.com

P (08) 9189 5579

We are a friendly, informal place where community members can meet for a variety of health and social activities at minimal cost.

Nintirri Neighbourhood Centre

Central Road, TOM PRICE WA 6751

E officemanager@nintirri.org.au

W nintirri.org.au

P 0447 151 031

Nintirri is the Neighbourhood Centre for the people of Tom Price. The facilities are open to residents of all ages. Nintirri provides a range of programs and services designed to meet the needs of an

Health Services

Allied Health

Onslow Health Service - Allied Health

73 Second Avenue, ONSLOW WA 6710

W wacountry.health.wa.gov.au

P (08) 9184 3200

The Pilbara allied health teams deliver a range of services across the region including: Dietetics Occupational therapy Physiotherapy Podiatry Social work Speech pathology Audiology

Tom Price Medical Centre - Allied Health Services

854 Central Road, TOM PRICE WA 6751

E practice.manager@tpmed.com.au

W tompricemedicalcentre.com.au

P (08) 9189 1901

We are dedicated to providing high quality care to the local communities within Tom Price, Paraburdoo and surrounding areas. Pathology and radiology services are available at the Tom Price Hospital. All other allied services can be coordinated through your practitioner at Tom Price Medical Centre.

Community Health & Medical

Nintirri Centre

E officemanager@nintirri.org.au

P (08) 9188 0500

There are 12 funded women's health centres across WA, with seven located within the metropolitan area and five in rural and remote centres. These provide a range of services including health promotion, information, counselling and clinical support to maintain health and prevent and treat diseases affecting women.

General Practice/Doctor

**Pannawonica Medical centre -
Pannawonica**

200 Pannawonica Drive, PANNAWONICA
WA 6716

P (08) 9184 1586

At Pannawonica Central Healthcare, the unifying vision that drives our organisation is very clear. Our vision is the primary guiding force that drives our investment of resources and effort. Pannawonica Central Healthcare understands that social and emotional wellbeing is important to the overall health of our community and we offer holistic healthcare that encompasses the whole person.

Paraburdoo Medical Centre

Rocklea Road, PARABURDOO WA 6754

E pbo.admin@tpmed.com.au

P (08) 9159 8222

At Paraburdoo Medical Centre we promote comprehensive and thoughtful medical care for the whole family.

Tom Price Medical Centre

854 Central Road, TOM PRICE WA 6751

E practice.manager@tpmed.com.au

W tompricemedicalcentre.com.au

P (08) 9189 1901

Our clinic is centrally located in Tom Price where we provide a range of services, including: - Diagnosis and treatment of short term and chronic illness. -Minor operative procedures including Implanon -Travel advice and immunization -Men's and women's health checks -Skin Cancer checks and treatment -Occupational medicine and pre-employment medicals -Childhood vaccinations - Obstetric care.

Hospitals

Onslow Health Service

73 Second Avenue, ONSLOW WA 6710

W wacountry.health.wa.gov.au

P (08) 9184 3200

Onslow Health Service is a comprehensive healthcare facility offering a range of services including an emergency department service.

Paraburdoo Medical Centre

Rocklea Road, PARABURDOO WA 6754

E pbo.admin@tpmed.com.au

P (08) 9159 8222

Paraburdoo Hospital runs a 24/7 emergency department and offers Telehealth Services.

Tom Price Hospital

862 Hospital Drive, TOM PRICE WA 6751

E wachspb_tphadmin@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9159 5222

Tom Price District Hospital, provides a variety of services such as a 24/7 emergency department, telehealth, and other healthcare services to the local community.

Mental Health Services

**Integrated Primary Mental Health Care -
Tom Price**

Unit 3A, Lot 1 Stadium Road, TOM PRICE
WA 6751

E tomprice@missionaustralia.org.au

W missionaustralia.com.au

P 1800 005 579

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

**The Pilbara Mental Health and Drug
Service - Onslow**

73 Second Avenue, ONSLOW WA 6710

W wacountry.health.wa.gov.au

P (08) 9184 3200

The Pilbara Mental Health and Drug Service provides multidisciplinary assessment, treatment and advice to people in the region with moderate to severe mental health or issues with drugs and alcohol. We provide collaborative, consumer focused and recovery orientated services that are flexible and responsive to consumers' needs across all ages, cultures and locations.

**Pilbara Mental Health and Drug and
Alcohol Service - Tom Price**

862 Hospital Drive, TOM PRICE WA 6751

E wachspb_tphadmin@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9174 1240

The Pilbara Mental Health Service provides specialist mental health services to the Pilbara region. The service aims to deliver a comprehensive range of recovery focused, quality, community treatment services to residents and visitors to the region.

Youth Services

General Youth Services

Paraburdoo Youth Centre

W tpysa.org.au

P (08) 9189 5589

Youth Drop in services, Outreach counselling and support

Tom Price Youth Centre

LOT 2 Stadium Road, TOM PRICE WA 6751

E admin@tpysa.org.au

W tpysa.org.au

P (08) 9189 2340

Youth and community support services including drop in services for youth for activities and programs that develop life skills. Other more intensive supports include counselling, case management, advocacy and referral in many areas of inquiry. We are a centrelink Rural Agent linking people to Services Australia and also the coal face support for corrective services (adults and juveniles)

EAST PILBARA

Aboriginal Services

Aboriginal Support Services & Counselling

Newman Social and Emotional Wellbeing and Suicide Prevention

65 Mindarra Drive, NEWMAN WA 6753

E newman.clinic@puntukurnu.com

W puntukurnu.com.au

P (08) 9111 1777

Improves service coordination and accessibility of culturally appropriate mental health services, to Aboriginal people living within the Newman and East Pilbara communities, focusing on early intervention/suicide prevention, community support and Social and Emotional Wellbeing services.

Aboriginal Health Services

Gemini Medical Centre Newman

Mindarra Drive, NEWMAN WA 6753

W karrathahealthcare.org.au

P (08) 9175 1231

The Pilbara Health Network (PHN) is a not for profit community based organisation, which works with General Practice and other primary health care providers to improve the health of the Pilbara communities. PHN is an efficient organisation respected in the community for supporting the delivery of high quality primary health care services to the people living in the Pilbara.

Puntukurnu Aboriginal Medical - Parnngurr Clinic

W healthinonet.ecu.edu.au

P (08) 9176 9057

The Pilbara Health Network (PHN) is a not for profit community based organisation, which works with General Practice and other primary health care providers to improve the health of the Pilbara communities. PHN is an efficient organisation respected in the community for supporting the delivery of high quality primary health care services to the people living in the Pilbara.

Puntukurnu Aboriginal Medical Service - Newman Clinic

65 Mindarra Drive, NEWMAN WA 6753

E newman.clinic@puntukurnu.com

W puntukurnu.com.au

P (08) 9111 1777

Puntukurnu Aboriginal Medical Service (PAMS) provides health services and programs for the Aboriginal and Torres Strait Islander communities of Newman, Jigalong, Parnngurr, Punmu and Kanawarritji in the north of Western Australia.

Integrated Chronic Disease Care - Western Desert

65 Mindarra Drive, NEWMAN WA 6753

E newman.clinic@puntukurnu.com

W puntukurnu.com.au

P (08) 9111 1777

Coordinated, multi-disciplinary team-based approaches to the provision of integrated primary health care services.

General Aboriginal Services

Martu Rangers

P (08) 9176 9009

To provide a full range of support services to the Martu people of Parnngurr Community, including health, education and shop. We also provide food, fuel and accommodation to travelers.

Communication & Information

General Communication & Information

Shire Of East Pilbara

E admin@eastpilbara.wa.gov.au

W eastpilbara.wa.gov.au

P (08) 9175 8000

Local Government Recreation Department provides opportunities for the community's recreational and sporting needs. The Newman Recreation Centre and the Newman Aquatic Centre have wheelchair access. Programs are not specifically for people with disabilities, however, people with disabilities welcome and we try to accommodate their needs.

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Marble Bar Community Resource Centre

16 Francis Street, MARBLE BAR WA 6760

E marblebarcrc@bigpond.com

W marblebarcrc.net

P (08) 9176 1375

The Marble Bar Community Resource Centre is a not for profit, community managed organisation servicing the Pilbara community of Marble Bar. The Marble Bar Community Resource Centre is part of a network of Community Resource Centres (WACRN) located in small rural communities throughout Western Australia.

Newman Neighbourhood Centre

2 Mackay St, NEWMAN WA 6753

E newmanneighbourhood@outlook.com

P (08) 9175 1516

We are a friendly, informal place where community members can meet for a variety of health and social activities at minimal cost.

Health Services

Allied Health

Gemini Medical Centre Newman

Mindarra Drive, NEWMAN WA 6753

W karrathahealthcare.org.au

P (08) 9175 1231

The Pilbara Health Network (PHN) is a not for profit community based organisation, which works with General Practice and other primary health care providers to improve the health of the Pilbara communities. PHN is an efficient organisation respected in the community for supporting the delivery of high quality primary health care services to the people living in the Pilbara.

Newman Health Service - Allied Health

54 Mindarra Drive, NEWMAN WA 6753

W wacountry.health.wa.gov.au

P (08) 9175 8333

The Pilbara allied health teams deliver a range of services across the region including: Dietetics Occupational therapy Physiotherapy Podiatry Social work Speech pathology Audiology

Drug & Alcohol Services

Drug and Alcohol Treatment Service - Pilbara

15 Iron Ore Parade, NEWMAN WA 6753

W missionaustralia.com.au

P 1800 005 579

Service is delivered by face-to-face, over the phone or computer clinical counselling sessions. Clients receive face-to-face counselling, external and internal referrals, client support and case management. These services are delivered by qualified AOD Clinicians in a supportive environment that is tailored to the clients needs.

Emergency Departments

Marble Bar Nursing Post

20 Station Street, MARBLE BAR WA 6760

W wacountry.health.wa.gov.au

P (08) 9174 1900

Staffed by a Senior Registered Nurse. The Centre provides primary and emergency health care and has linkages to the Emergency Telehealth Service. Mon-Fri 8am-4pm This facility is unattended after-hours. For after hours on-call service please call the number listed (available 24x7).

Nullagine Nursing Post

10 Cooke Street, NULLAGINE WA 6758

W wacountry.health.wa.gov.au

P (08) 9174 1920

Appointments are preferred but walk-ins accepted. Mon-Fri 8am-4pm This facility is unattended after-hours. For after hours on-call service please call the number listed (available 24x7).

General Health Services

Ngaanyatjarra Health - Kiwirrkurra Clinic

W nghealth.org.au

P (08) 8956 8618

We are a community-controlled health service that provides professional and culturally appropriate health care to the Ngaanyatjarra people in Western Australia. The NHS was formed in 1985 after the Pitjantjatjara/Ngaanyatjarra Homelands Health Service was recreated as two distinct health services.

Puntuturnu Aboriginal Medical - Kunawarritji Clinic

Canning Stock Route Track, GIBSON

DESERT NORTH WA 0872

W healthinonet.ecu.edu.au

P (08) 9176 9041

The Pilbara Health Network (PHN) is a not for profit community based organisation, which works with General Practice and other primary health care providers to improve the health of the Pilbara communities. PHN is an efficient organisation respected in the community for supporting the delivery of high quality primary health care services to the people living in the Pilbara.

Hospitals

Newman Health Service

54 Mindarra Drive, NEWMAN WA 6753

W wacountry.health.wa.gov.au

P (08) 9175 8333

The Newman Health Service provides comprehensive healthcare services including a 24/7 emergency department, dental care, GP consulting, outpatient clinic, medical imaging, pathology, telehealth, mental health services, and inpatient beds.

Mental Health Services

Integrated Primary Mental Health Care - Newman

15 Iron Ore Parade, NEWMAN WA 6753

W missionaustralia.com.au

P 1800 005 579

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

Pilbara Mental Health and Drug Service - Newman

54 Mindarra Drive, NEWMAN WA 6753

W wacountry.health.wa.gov.au

P (08) 9175 8333

The Pilbara Mental Health and Drug Service provides multidisciplinary assessment, treatment and advice to people in the region with moderate to severe mental health or issues with drugs and alcohol. We provide collaborative, consumer focused and recovery orientated services that are flexible and responsive to consumers' needs across all ages, cultures and locations.

Pilbara Mental Health and Drug Service - Newman

Newman District Hospital, 54 Mindarra Drive, NEWMAN WA 6753

W wacountry.health.wa.gov.au

P (08) 9174 1240

The Pilbara Mental Health Service provides specialist mental health services to the Pilbara region. The service aims to deliver a comprehensive range of recovery focused, quality, community treatment services to residents and visitors to the region.

Sport

Sports Clubs

Newman Youth Services Inc

Lot 1322 Hilditch Ave, NEWMAN WA 6753

W eastpilbara.wa.gov.au

P (08) 9175 1963

The Shire of East Pilbara's Youth Centre offers a range of activities for young people aged 10 to 17 years. This includes an after school drop-in space, school holiday programs and other activities. The Centre provides a safe, comfortable and fun environment where young people can just relax and enjoy the benefits that the Centre has to offer.

Youth Services

General Youth Services

Girl Guide Unit

BP HQ Youth Centre, Hilditch Ave, NEWMAN WA 6753

E info@girlguideswa.org.au

W girlguideswa.org.au

P (08) 9479 9800

Your local Girl Guide Unit.

KARRATHA

Aboriginal Services

Aboriginal Health Services

Integrated Team Care - Pilbara

20 Sholl Street, ROEBOURNE WA 6718

P (08) 9182 0801

Assists Aboriginal and Torres Strait Islander people to obtain primary health care as required. Provides care coordination services to eligible Aboriginal and Torres Strait Islander people with chronic disease/s who require coordinated, multidisciplinary care, and improve access to culturally appropriate mainstream primary care.

Mawarnkarra Health Service Aboriginal - Roebourne

20 Sholl Street, ROEBOURNE WA 6718

E reception@mhs.org.au

W health.wa.gov.au

P (08) 9182 0851

Mawarnkarra Health Service is a community controlled Aboriginal health service providing holistic health care to the Aboriginal communities of West Pilbara.

General Aboriginal Services

NGARLIYARNDU BINDIRRI (CORPORATE CDEP) ABORIGINAL CORPORATION - Roebourne

46 Roe Street, ROEBOURNE WA 6718

E execassist@bindirri.com

P (08) 9185 8800

Ngarliyarndu Bindirri (nar-lee-yarn-doo bin-diddy) is Roebourne's (Ieramagardu's) 49 year strong Aboriginal not-for-profit organisation. Our Board and Membership is 100% local Aboriginal people, from all our family and language groups. NBAC delivers a range of projects to improve the wellbeing of our people, including the 6718 Advantage Plan.

Ageing Services

Ageing Accommodation

Residential Aged Care

58 Hampton Street, 58 Hampton Street,
ROEBOURNE WA 6717

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1365

Yaandina's residential aged care centre seeks to provide an ageing in place centre for local residents who wish to live out their twilight years in familiar surroundings and in close proximity to family and friends

General Ageing Services

Community Care

60 Hampton Street, ROEBOURNE WA
6718

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1143

Yaandina's Community Care provides support services to older people, people with a disability and their carers, to assist them to continue living independently at home. The services provided range from Centre based care through to Personal care and meals on wheels.

Home Care & Safety Services

Karratha Home Care Package services

E CareTeam@silverchain.org.au

W silverchain.org.au

P 1300 650 803

At Silver Chain we have a complete network of in-home health and aged care specialists and can provide all the care you need in the comfort of your own home.

Animal Services

Animal Shelters

Wildlife and stock animals

E info@pwca.org.au

W pwca.org.au

P 0438 924 842

Rescue, Rehabilitated and release of native fauna (wildlife). Rescue and re homing of pet birds.

Rescue of young stock animals

Arts & Creatives

Performing Arts & Music

Pitter Pat Productions

E info@pitterpatproductions.org.au

W pitterpatproductions.org.au

P 0411 087 827

Pitter Pat Productions is a not for profit, community theatre and performing arts company located in Karratha, Western Australia. We provide an outlet for community members to develop & showcase performing arts skills, engage with the arts, make meaningful connections and have fun. We run a range of programs and activities throughout the year and new members are welcome.

Communication & Information

General Communication & Information

City Of Karratha

Welcome Road, KARRATHA WA 6714

E enquiries@karratha.wa.gov.au

W karratha.wa.gov.au

P (08) 9186 8555

Offering plenty of room to move the City of Karratha covers an area of 15,278 Km² - encompassing Karratha, Dampier, Wickham, Roebourne, Pt Samson & Cossack.

Department of Water and Environmental Regulation - Karratha

27 Welcome Road, KARRATHA WA 6714

E julie.chatterton@dwer.wa.gov.au

W wa.gov.au

P (08) 6364 6691

Murujuga Rock Art Community Forum Update from the Murujuga Rock Art Stakeholder Reference Group Date : Friday, 15 November 2019 Time: 2.30 pm Registration : <https://murujugarockartcommunity.eventbrite.com.au> Free entry

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Karratha Family Centre

Searipple Rd, KARRATHA WA 6714

E admin@karrathafamilycentre.com.au

P (08) 9144 1740

We are a friendly, informal place where community members can meet for a variety of health and social activities at minimal cost.

General Community Facilities

Karratha Women's Place Inc.

E karrathawomensplace@outlook.com

P 0459 033 800

The aim of the Karratha Women's Place Inc is to make a positive difference to the health and wellbeing of women living in the City of Karratha by providing a range of programs, activities and services that will empower and enhance the life experience of women of all ages, religions and cultural backgrounds.

Community Clubs & Interest Groups

Children & Youth Clubs

Roeburne PCYC

1 Sholl Street, ROEBOURNE WA 6718

E roebournepcyc@wapcyc.com.au

W wapcyc.com.au

P (08) 9182 1784

Located in the centre of Roebourne, surrounded by the only school, a pool and a basketball court, stands the "50 Cent" Hall, known as Roebourne PCYC.

Crisis & Emergency Services

Crisis Counselling & Intervention Services

Anglicare WA - Karratha

Pam Buchanan Family Centre, 6/51 Gardugarli Drive, BAYNTON WEST WA 6714

E karratha@anglicarewa.org.au

W anglicarewa.org.au

P (08) 9143 1880

Anglicare WA is a not for profit community service organisation. We support people, families and their communities to cope with the challenges of life by building their resilience and capacity. We assist people with relationship issues, financial problems, and housing difficulties. Ultimately, we want our clients to thrive in today's society.

Disability Services

Disability Respite and Activity Centres

Move Your Body Studio - Karratha

51 Gardugarli Drive, BAYNTON WA 6714

P 0412 823 412

The Move Your Body Studio is a Not for profit (NFP) organisation dedicated to empowering families through education, movement & play, to inspire an overall Mental, Emotional & Physical Wellbeing. Move Your Body Studio is the first all abilities health centre that is family friendly, safe, sensory sensitive environment - all inclusive. Health & Wellbeing, Education & Community Support.

General Disability Services

The Inclusive Movement

Unit 2, 25 Balmoral Road, KARRATHA WA 6714

E info@inclusivemovement.com.au

W inclusivemovement.com.au

P 0447 504 509

The Inclusive Movement provides a range of capacity building services that supports people with disability to engage in their community. From Personal Supports to Organisational Consultancy and Educational Workshops, we empower individuals and the wider community to build a world that is more Inclusive.

Health Services

Aboriginal Health Services

outreach mental health services

20 Sholl Street, ROEBOURNE WA 6718

E reception@mhs.org.au

W health.wa.gov.au

P (08) 9182 0851

Mawarnkarra Health Services Mawarnkarra Health Service is a community controlled Aboriginal health service providing holistic health care to the Aboriginal communities of West Pilbara. Provides primary care and outreach services to the Roebourne community and surrounding areas of Western Australia. The service takes an holistic approach to health care delivery and programs are designed ...

Allied Health

Connect Paediatric Therapy Services

Unit 7, 28-32, Degrey Place, KARRATHA WA 6714

E reception@connectpts.com.au

W connectpts.com.au

P (08) 9143 1906

We support the 'whole child' with multidisciplinary services to support every unique child and their family. Through relationship-based intervention models and high-quality evidence-based programs our team strives to make 'real change' for those faced with disabilities and developmental challenges with occupational therapy, speech pathology, continence, dietetics, literacy clinic & mental health.

Embodied Confidence

100 Bajamalu Drive, BAYNTON WA 6714

E admin@embodiedconfidence.com.au

W embodiedconfidence.com

P (08) 9143 1510

A dedicated Continence and Women's Health physiotherapy clinic for Karratha and surrounding communities.

Physiotherapy Karratha

Suite 27, Karratha Shopping Village, 1062

Mooligunn Road, KARRATHA WA 6714

E karratha@healthfirstgroup.com.au

W healthfirstgroup.com.au

P (08) 6370 4260

We are a team of leading allied health experts offering a range of services. Our group of health practitioners are chosen for their inclusive, multi-disciplinary approach to healthcare to ensure all of our clients' needs are met at an exceptional level Our Physios and Exercise Physios service Karratha including the surrounding suburbs.

Karratha Central Healthcare - Karratha

66 Welcome Road, 67 Welcome Road,
KARRATHA WA 6714

E info@karrathahealthcentre.org.au

W karrathahealthcare.org.au

P (08) 9144 6900

Karratha Central Healthcare - Allied Health
Opening Hours: Monday - Friday 8.30AM-5PM

Karratha Health Campus - Allied Health

62 Balmoral Road, KARRATHA WA 6714

W wacountry.health.wa.gov.au

P (08) 9144 7777

The Pilbara allied health teams deliver a range of services across the region including: Dietetics Occupational therapy Physiotherapy Podiatry Social work Speech pathology Audiology

One Central Health - Karratha

4 Veall Close, MILLARS WELL WA 6714

E admin@onecentralhealth.com.au

W onecentralhealth.com.au

P (08) 9344 1318

Provider of a range of allied health and paediatric services to clients of all abilities and ages. Also a registered National Disability Insurance Scheme (NDIS) provider and offer Plan Management and Support Coordination services to approved participants. Allied health services include: psychology, speech pathology, occupational therapy, and behaviour therapy.

Pilbara Health Centre

2 Cockatoo Street, NICKOL WA 6714

E phc@panaceum.com.au

W pilbarahealth.com.au

P (08) 9128 4300

With Podiatry, Dietetics, Psychology, Physiotherapy, Care Coordination and more we pride ourselves on delivering the premium Allied Health service throughout the Pilbara.

Integrated Chronic Disease Care - Pilbara

2 Cockatoo Street, NICKOL WA 6714

E phc@panaceum.com.au

W pilbarahealth.com.au

P (08) 9128 4300

Supports patients who have chronic conditions, to access a multi-disciplinary allied health service, including telehealth and individual care coordination.

Pilbara Physiotherapy

Suite 7, 11 Hedland Place, KARRATHA WA 6714

E pilbaraphysiotherapy@outlook.com

W pilbaratherapyservices.com.au

P 0400 126 445

Physiotherapy services based in Karratha and Wickham to Private, work cover, chronic disease and aboriginal clients. Pilbara Physio services Tom Price, Onslow and Newman on outreach trips

Community Health & Medical

Milk and Kindness - Lactation Consultant

3 High Street, DAMPIER WA 6713

E nat@milkandkindness.com.au

W milkandkindness.com.au

P 0447 092 285

Private lactation consultant providing evidence-based individualised support of breastfeeding, chest feeding, mixed feeding and older infant feeding. Clinic appointments, Telehealth and home visiting available.

Karratha health services

E CareTeam@silverchain.org.au

W silverchain.org.au

P 1300 650 803

Our team of nurses and other support staff have a wealth of experience enabling them to understand the support you need and integrate care services.

Drug & Alcohol Services

Hope Community Services - PCADS

Karratha

Unit 11, 5-15 Sharpe Avenue, KARRATHA WA 6714

E pcads@hopecs.org.au

W hopecommunityservices.org.au

P 1800 948 001

Community Alcohol and Other Drug Counselling, Treatment and Support Services. Offices and counselling available in Karratha, Port Hedland, Newman and Tom Price. All services provided free of charge and are private and confidential.

Drug and Alcohol Treatment Service - Pilbara

1 Sharpe Avenue, KARRATHA WA 6714

W missionaustralia.com.au

P 1800 005 579

Service is delivered by face-to-face, over the phone or computer clinical counselling sessions. Clients receive face-to-face counselling, external and internal referrals, client support and case management. These services are delivered by qualified AOD Clinicians in a supportive environment that is tailored to the clients needs.

Youth Drug and Alcohol Treatment Service

2 Sholl Street, ROEBOURNE WA 6718

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1121

Yaandina's Youth drug & alcohol service is for individuals aged 8-14 years and their families and guardians who are seeking support with substance abuse and related problems. It is a family oriented service based in Roebourne, with a clinical & trauma informed therapeutic approach that may include individual, family, group sessions & counselling.

Pilbara Integrated Drug and Alcohol Service

54 Hampton Street, ROEBOURNE WA 6718

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1121

The primary objective of the Pilbara Integrated Drug & Alcohol Services is to reduce AOD use and related harm to individuals residing in the Pilbara. To enable us to do this effectively, Yaandina utilises our current expertise, networks and experience to offer drug & alcohol treatment services to individuals and communities

Low Medical Detox Service

54 Hampton Street, ROEBOURNE WA 6718

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1121

Yaandina's detox service offers a residential, seven days a week, 24 hours a day, low medical detox service that provides a safe, calm place for people to take time out from their addictions.

Sobering Up Centre - Roebourne

54 Hampton Street, ROEBOURNE WA 6718

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1121

Sobering Up Centres provide a safe environment in which people found intoxicated in public may sober up. Yaandina Community Services manages the Roebourne Sobering Up Centre.

General Health Services

Integrated Chronic Disease Care - Roebourne

20 Sholl Street, ROEBOURNE WA 6718

P (08) 9182 0801

Coordinated, multi-disciplinary team-based approaches to the provision of integrated primary health care services.

Mawarnkarra Health Service Aboriginal - Roebourne

20 Sholl Street, ROEBOURNE WA 6718

E reception@mhs.org.au

W health.wa.gov.au

P (08) 9182 0851

Mawarnkarra Health Service is a community controlled Aboriginal health service providing holistic health care to the Aboriginal communities of West Pilbara

Wickham Primary Health Care

Mulga Way, WICKHAM WA 6720

W karrathahealthcare.org.au

P (08) 9187 1015

The Pilbara Health Network (PHN) is a not for profit community based organisation, which works with General Practice and other primary health care providers to improve the health of the Pilbara communities. PHN is an efficient organisation respected in the community for supporting the delivery of high quality primary health care services to the people living in the Pilbara.

General Practice/Doctor

Karratha GP Super Clinic

66 Welcome Road, KARRATHA WA 6714

E karratha@sonichealthplus.com.au

W sonichealthplus.com.au

P (08) 9159 1800

Our services extend to include family medicine, women's health, men's health, drug and alcohol testing, employment medicals, immunisations, travel medicine and skin cancer screening. Our team consists of five doctors who provide a professional medical service and are experts within their chosen medical field.

Karratha Medical Centre - Karratha

Shop 37, 5 Sharpe Avenue, KARRATHA WA 6714

W karrathamedicalcentre.com.au

P (08) 9185 3555

We are a private billing practice. However, Doctors may use their discretion and Bulk Bill for children under 16. Please call us on 9185 3555 for further information.

Mawarnkarra Health Service

20 Sholl Street, ROEBOURNE WA 6718

P (08) 9182 0801

General Practice

Sonic Health Plus Karratha - Karratha

3 Warambie Rd, KARRATHA WA 6714

E karratha@sonichealthplus.com.au

W sonichealthplus.com.au

P (08) 9159 1800

Welcome to Karratha Experience of a national company, delivered with friendly local service. Now that's a Plus. Sonic HealthPlus Karratha is located in the city of Karratha in the Pilbara region of Western Australia. Situated between Perth and Broome, Karratha's economic division includes mining, export, and is home to Australia's largest natural resource development. Sonic HealthPlus Karratha is

Hearing Services

Hearing Australia - Karratha

Warambie Road, KARRATHA WA 6714

E enquiry@hearing.com.au

W hearing.com.au

P (08) 9226 7100

With over 600 locations across Australia, we'll work with you to deliver on our promise to offer world-leading hearing solutions anyone can access— to make a difference to you, your family as well as the communities we serve.

Hospitals

Karratha Health Campus

62 Balmoral Road, KARRATHA WA 6714

W wacountry.health.wa.gov.au

P (08) 9144 7777

Karrath Health Campus is the largest health infrastructure investment in regional WA's history and heralds a new era in healthcare facility design for the Pilbara region. In an emergency please call 000.

Roebourne Hospital

42-44 Hampton Street, ROEBOURNE WA 6718

W wacountry.health.wa.gov.au

P (08) 9182 0200

Roebourne Hospital runs a 24/7 emergency department and offers Telehealth Services.

Mental Health Services

headspace Karratha

Pam Buchanan Family Centre, 6/51 Gardugarli Drive, BAYNTON WEST WA 6714

E karratha@anglicarewa.org.au

W anglicarewa.org.au

P (08) 9143 1880

Ensuring young people (12-25 year olds) can access expert health workers in a safe, confidential and youth-friendly environment. headspace can help young people with mental health, physical health (including sexual health), alcohol and other drug services, and work and study support.

Pilbara Mental Health and Drug and Alcohol Service - Karratha

62 Balmoral Road, KARRATHA WA 6714

W wacountry.health.wa.gov.au

P (08) 9144 7800

Pilbara Mental Health and Drug Service (PMHDS) provides specialist mental health and drug and alcohol services to the Pilbara region. The service aims to deliver a comprehensive range of recovery focused, quality, community treatment services to residents and visitors to the region.

Mawarnkarra Health Service

20 Sholl Street, ROEBOURNE WA 6718

P (08) 9182 0801

The Pilbara Health Network (PHN) is a not for profit community based organisation, which works with General Practice and other primary health care providers to improve the health of the Pilbara communities. PHN is an efficient organisation respected in the community for supporting the delivery of high quality primary health care services to the people living in the Pilbara.

Integrated Primary Mental Health Care - Karratha

1 Sharpe Avenue, KARRATHA WA 6714

W missionaustralia.com.au

P 1800 005 579

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

Mental Health Workplace Training and Education and Suicide Prevention

E info@ozhelp.org.au

W ozhelp.org.au

P (08) 9185 5769

We have a 15-year track record in delivering evidence-based suicide prevention, physical and mental health workplace training and support programs to a wide variety of Australian workforces nationally.

Pharmacies

Karratha Health Campus - Pharmacy

62 Balmoral Road, KARRATHA WA 6714

W wacountry.health.wa.gov.au

P (08) 9144 7777

The Karratha Health Campus pharmacy service provides inpatient pharmaceutical care, including medication dispensing, patient counseling, drug information, and medication management

Karratha Pharmacy

Sharpe Avenue, KARRATHA WA 6714

E karratha@pharmacy777.com.au

W pharmacy777.com.au

P (08) 9144 4007

Pharmacy 777 Pharmacists are empowered to unlock their potential beyond the dispensary – they engage with their local communities and collaborate with their wider health care network to drive health change to make a positive difference in their patients' lives.

Specialists

Cardiology

66 Welcome Road, KARRATHA WA 6714

E karratha@sonichealthplus.com.au

W sonichealthplus.com.au

P (08) 9159 1800

The team will work with you to improve your heart health and reduce deaths from heart disease and stroke focus on prevention and treat heart disease and stroke and improving overall heart health.

Information & Counselling

Suicide & Self Harm Information

Anglicare WA - Standby Program Pilbara

7 Morse Court, KARRATHA WA 6714

E standby.pilbara@anglicarewa.org.au

W anglicarewa.org.au

P 1300 727 247

The StandBy program is focused on supporting anyone who has been bereaved or impacted by suicide at any stage in their life.

Peak, Industry and Funding Bodies

Peak Bodies

WA Primary Health Alliance - Pilbara
Unit 4, 24 Degrey Place, KARRATHA WA
6714

W wapha.org.au

P 1300 855 702

Part of the Country WA PHN, our mission is to lead an effective and responsive patient centred primary healthcare system. We cover the Pilbara region of WA.

Religion & Philosophy

Churches and Places of Worship

Vanderwoude, Melinda Jane

45, 45 Radley Drive, BAYNTON WA 6714

E Helpify9@gmail.com

W [facebook.com](https://www.facebook.com)

P 0451 793 972

NDIS aged home care, disability home care. WCC Volunteer child teaching aide at POVG and paid child minder through private sites. Domestic cleaner for private and funded residential homes. Registrated Foster Carer. Mary Mckillop. Private work in a Government approved NFP.

Volunteering

General Volunteering Services

Volunteering WA - Pilbara

E kelly@volunteeringwa.org.au

P 0448 882 508

Volunteering WA provides assistance and support in the Pilbara for volunteer-involving organisations, as well as corporate volunteering opportunities with our corporate partners.

Welfare Assistance & Services

General Welfare & Support Services

Family Support Service

2 Sholl Street, ROEBOURNE WA 6718

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1120

The Service provides holistic support services to families through a range of workshops and community opportunities to assist them to develop life skills, reduce social isolation and provide practical assistance and referral to other services when required.

Youth Services

General Youth Services

Roebourne Youth Centre

2 Sholl Street, ROEBOURNE WA 6718

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1566

Roebourne Youth Services provides a safe, comfortable and fun drop in Centre where children and young people (aged 5-18 years) can relax and participate in a range of activities and programs

Karratha Youth Service

2 Sholl Street, ROEBOURNE WA 6718

E info@yaandina.org

W yaandina.org.au

P 0417 249 815

Karratha Youth Services provide outreach programs and individual case management to strengthen the roles of young people (aged 12-18 years) through the development of life skills and experience

Youth Information & Counselling

Yaandina Child and Family Counselling

2 Sholl Street, ROEBOURNE WA 6718

E info@yaandina.org

W yaandina.org.au

P (08) 9182 1566

This service provides counselling and healing support to children, young people (aged 5 – 18 years) and their families primarily affected by childhood sexual abuse in Roebourne and surrounding areas.

PORT HEDLAND

Aboriginal Services

Aboriginal Health Services

Wirraka Maya Health Service Aboriginal Corporation

17 Hamilton Rd, SOUTH HEDLAND WA 6722

E admin@wmhsac.com

W wmhsac.com

P (08) 9172 0400

Wirraka Maya Health Service Aboriginal Corporation (WMHSAC) is an Aboriginal health care service designed to ensure our clients' journey through the health system meets their medical, health, social and cultural needs. As an Aboriginal Health Service we aim to improve the health status of Aboriginal people through access to primary healthcare and well-being services.

General Aboriginal Services

Julyardi Aboriginal Corporation

Unit 11, 4 Rason Link, 36 Bottlebrush Crescent, SOUTH HEDLAND WA 6722

E admin@julyardi.org.au

W julyardi.org.au

• Promote the safety and wellbeing of the people of the Pilbara with a focus on young people. • Increase opportunities for Aboriginal and Torres Strait Islanders. • To assist to build capacity in the community where we work. • To work collaboratively to support community development and engagement. • To work with Traditional Owners

Accommodation Services

Specialist Homelessness Services

THRIVE Pilbara

Unit 4, 3 Brand Street, SOUTH HEDLAND WA 6722

E imhspilbara@missionaustralia.com.au

W missionaustralia.com.au

P (08) 9182 3601

THRIVE supports tenants of Public Housing and Aboriginal Housing who experience difficulties sustaining their tenancy. THRIVE also supports people who may be homeless and those on a housing waitlist THRIVE case managers work with individuals and families to help them develop skills, knowledge and links to community services and resources that will help them to address often complex issue.

Communication & Information

General Communication & Information

Town Of Port Hedland

13 McGregor Street, PORT HEDLAND WA 6721

E council@porthedland.wa.gov.au

W porthedland.wa.gov.au

P (08) 9158 9300

Port Hedland is a dynamic town in Western Australia's beautiful North West located approximately 1,800km north of Perth. We are home to around 16,000 people from diverse cultural backgrounds and cover 11,844 square kilometres of the Pilbara region.

Community Clubs & Interest Groups

SES, Rural Fire, Lifesavers, Search & Rescue

HEDLAND SES - Port Hedland

LOT 2444 Great Northern Highway, PORT HEDLAND WA 6721

E admin@hedlandses.com.au

W hedlandses.com.au

P (08) 9160 1300

Hedland SES carries out a lead role in countering the effects of, and managing the reactions to floods, cyclones, storms, earthquakes and tsunami threats within the Pilbara area of WA

Disability Services

General Disability Services

Companion Mental Health And Disability Services - Port Hedland

35 Sutherland Street, PORT HEDLAND WA 6721

E info@companionhealth.com.au

W companionhealth.com.au

P 0447 023 142

We are here to assist, and our operations are 24/7. Please contact us to find out more about who we are and how we can assist you:

Navi-Choice Support Coordination - Port Hedland

E info@navichoice.com.au

W navichoice.com.au

P 0487 202 414

Delivering Support Coordination (Level 2 & 3) to NDIS participants. Highly skilled, individualised and responsive.

Patches Australia - Port Hedland

3B, 2 Byass Street, SOUTH HEDLAND WA 6722

E enquiries@patches.com.au

W patches.com.au

P (08) 6280 0856

Patches provides assessment and therapy services in regional and remote communities across Australia. We are specialised in diagnosing and supporting a range of developmental disabilities, behavioural conditions and mental health concerns, to help you achieve functional independence. Our multidisciplinary team will assist you with high-quality care, wherever you are and whatever your age.

Education

Special Education Programs

Pilbara Education Partnership

78 Hamilton Road, SOUTH HEDLAND WA 6722

W bhppilbaraeducationpartnership.wa.edu.au

P 0408 822 529

School preparedness Health Assessment Early Literacy intervention Developmental Milestone screening Intervention case management

Health Services

Ageing Health Services

South Hedland home care package services

E CareTeam@silverchain.org.au

W silverchain.org.au

P 1300 650 803

At Silver Chain we have a complete network of in-home health and aged care specialists and can provide all the care you need in the comfort of your own home.

Allied Health

Grow Strong Lactation and Physiotherapy

57 Keesing Street, PORT HEDLAND WA
6721

E info@growstronglcp.com.au

W growstronglcp.com.au

P 0457 600 089

Pregnancy, women's health, continence and paediatric physiotherapy services, as well as breastfeeding support provided by a certified lactation consultant. Antenatal education classes. New parent support including babywearing consults. NDIS physiotherapy services on request. All services provided through a home visiting model.

Hedland Health Campus - Allied Health

Hedland Health Campus, 26 Colebatch Way, SOUTH HEDLAND WA 6721

W wacountry.health.wa.gov.au

P (08) 9174 1256

The Pilbara allied health teams deliver a range of services across the region including: Dietetics Occupational therapy Physiotherapy Podiatry Social work Speech pathology Audiology

Hedland Psychologists - Port Hedland

150 Anderson Street, PORT HEDLAND WA
6721

E admin@hedlandpsychologists.com.au

W hedlandpsychologists.com.au

P 0488 772 300

Hedland Psychologists are a private independent allied health service provider providing psychological support services. Located within 2 of the local medical centres of Sonic Healthplus and Port Hedland Family Practice, providing easy access & central locations, for daytime, evening and weekend appointments.

Hedland Psychologists - South Hedland

10 Hedditch Street,, SOUTH HEDLAND WA
6722

E admin@hedlandpsychologists.com.au

W hedlandpsychologists.com.au

P (08) 9442 9696

Hedland Psychologists are a private independent allied health service provider providing psychological support services. Located within 2 of the local medical centres of Sonic Healthplus and Port Hedland Family Practice, providing easy access & central locations, for daytime, evening and weekend appointments.

Port Hedland Medical Centre - Physiotherapy

7 Edgar Street, PORT HEDLAND WA 6721

E reception@porthedlandmedical.com.au

W porthedlandmedical.com.au

P (08) 9173 3733

Port Hedland Medical Centre provides General Practice, Allied Health, Occupational Health and Specialist - level medical services to support the health and wellbeing of the Pilbara community

Wirraka Maya Health Service Aboriginal Corporation

17 Hamilton Rd, SOUTH HEDLAND WA
6722

E admin@wmhsac.com

W wmhsac.com

P (08) 9172 0400

Wirraka Maya Health Service Aboriginal Corporation [ICN 1855] (WMHSAC) is an Aboriginal health care service designed to ensure our clients' journey through the health system meets their medical, health, social and cultural needs.

Community Health & Medical

Hedland Well Women's Centre

E info@wellwomens.com.au

W wellwomens.com.au

P (08) 9140 1124

The Well Women's Centre provides a range of health promotion, prevention and clinical services in the area of women's health in Hedland and surrounding areas. We aim to enhance women's lives positively through a range of health and wellbeing programs.

Drug & Alcohol Services

Bloodwood Tree Association

19 Hamilton Road, SOUTH HEDLAND WA 6722

E ceo@bloodwoodtree.org.au

P (08) 9138 3000

Bloodwood Tree Association provides services for the homeless, unemployed, those affected by alcohol and other drug use, and people in need.

Sobering Up Centre - Port Hedland

14 Forrest Circle, SOUTH HEDLAND WA 6722

E coordinator@bloodwoodtree.org.au

P (08) 9138 3041

Sobering Up Centres provide a safe environment in which people found intoxicated in public may sober up. Bloodwood Tree Association manages the Port Hedland Wapa Maya Sobering Up Centre.

Drug and Alcohol Treatment Service - Pilbara

Unit 4, 3 Brand Street, SOUTH HEDLAND WA 6722

E imhspilbara@missionaustralia.com.au

W missionaustralia.com.au

P (08) 9174 4801

The Drug and Alcohol Treatment Service, located in South Hedland and Newman, is a community-based alcohol and other drug treatment service for young people ages 8-14 in the Pilbara.

Turner River Rehabilitation Centre

Great Northern Highway, BOODARIE WA 6722

E info@yaandina.org

W yaandina.org.au

P (08) 9172 4490

Yaandina's Turner River Rehabilitation Centre is a 24 bed facility that uses the Therapeutic Community (TC) model for treatment and addiction recovery that includes mental and physical healing. This centre provides a facility in the Pilbara that allows individuals who have successfully completed a detoxification process from drugs and/or alcohol to recover from their addictions.

General Health Services

Integrated Chronic Disease Care - Port Hedland

17 Hamilton Rd, SOUTH HEDLAND WA 6722

E admin@wmhsac.com

W wmhsac.com

P (08) 9172 0400

Coordinated, multi-disciplinary team-based approaches to the provision of integrated primary health care services. Delivered in partnership with other Aboriginal Medical Services, WA Country Health Services and Pilbara Population Health and other identified providers.

General Practice/Doctor

Port Hedland Medical Centre

7 Edgar Street, PORT HEDLAND WA 6721

E reception@porthedlandmedical.com.au

W porthedlandmedical.com.au

P (08) 9173 3733

Port Hedland Medical Centre (PHMC) is a private mixed billing General Practice. PHMC is conveniently located in Edgar Street, Port Hedland, with ample free parking available at front of the building. We are proud to offer modern equipment, high quality treatment facilities and on-site pathology (supported by Western Diagnostic Pathology).

RFDS Port Hedland Royal Flying Doctor Service

P (08) 9417 6300

General Practice

Hospitals

Hedland Health Campus

Hedland Health Campus, 26 Colebatch Way, SOUTH HEDLAND WA 6721

W wacountry.health.wa.gov.au

P (08) 9174 1256

Hedland Health Campus is a comprehensive healthcare facility, offering a variety of services including a 24/7 emergency department, ambulatory care, and day surgery unit.

Mental Health Services

headspace Hedland

Unit 1, 20 - 21 Lawson Street, SOUTH HEDLAND WA 6722

E info@headspacehedland.org.au

W headspace.org.au

P 1800 290 626

Ensuring young people (12-25 year olds) can access expert health workers in a safe, confidential and youth-friendly environment. headspace can help young people with mental health, physical health (including sexual health), alcohol and other drug services, and work and study support.

Pilbara Mental Health and Drug Service - Hedland

Hedland Health Campus, 26 Colebatch Way, SOUTH HEDLAND WA 6721

W wacountry.health.wa.gov.au

P (08) 9174 1240

The Pilbara Mental Health and Drug Service provides assessment, counselling, referral and support to people who are experiencing problems as a result of alcohol or drug use or mental health. Ongoing treatment is voluntary and there is no legislative mandate for people unwilling to engage to be coerced to do so.

Hedland Psychologists - Port Hedland

150 Anderson Street, PORT HEDLAND WA 6721

E admin@hedlandpsychologists.com.au

W hedlandpsychologists.com.au

P 0488 772 300

Provides Health Services - Mental Health Services in the Port Hedland area

Mental Health Carer Support

4 Rason Link, SOUTH HEDLAND WA 6722

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Support services for the family and friends of people living with mental health challenges, including:

- Free and confidential support
- Individual in-person counselling for adults across WA
- Phone counselling for adults in regional and rural WA via 1800 811 747
- Support groups and workshops
- Peer support

Young Carers Support Services

4 Rason Link, SOUTH HEDLAND WA 6722

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Growing up around mental illness can have a big impact on young people. It can be confusing, scary and frustrating when a family member lives with mental-ill health. To help young people understand what's going on around them and how best to cope with the challenges, HelpingMinds offers a variety of free support that is fun, informative, and empowering.

Early Intervention Support Services

4 Rason Link, SOUTH HEDLAND WA 6722

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

We offer a range of workshops for young people who experience emotional or social difficulties and are at risk of developing a mental health concern. Our workshops are designed to equip them with tools and techniques for making new friends, dealing with difficult situations at home and at school, expressing themselves, learning ways to relax, discovering what they are passionate about.

Carer Gateway

4 Rason Link, SOUTH HEDLAND WA 6722

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Australia has over 2.65 million unpaid carers who care for a loved one who requires support due to old age, disability, chronic disease, ill-health, mental ill-health, substance misuse or palliative care. Carer Gateway is a new service aimed to help support carers by improving emotional, physical, and overall health and wellbeing of Australians carers.

Integrated Primary Mental Health Care

Unit 4, 3 Brand Street, SOUTH HEDLAND WA 6722

E imhspilbara@missionaustralia.com.au

W missionaustralia.com.au

P (08) 9182 3626

Mission Australia delivers the Integrated Primary Mental Health Care (IPMHC) service across the Pilbara to people who are experiencing psychological distress, depression, anxiety and other symptoms of distress.

Pharmacies

Hedland Health Service - Pharmacy
Hedland Health Campus, 26 Colebatch
Way, SOUTH HEDLAND WA 6721
W wacountry.health.wa.gov.au
P (08) 9174 1256

The Hedland Health Campus pharmacy service provides inpatient pharmaceutical care, including medication dispensing, patient counseling, drug information, and medication management.

Information & Counselling

General Support Services & Counselling

Relationships Australia - South Hedland
Lotteries House, Unit 12/2 4 Rason Link,
SOUTH HEDLAND WA 6722
E southhedland@relationshipsaustralia.org.au
W relationshipsaustralia.org.au
P (08) 6164 0520

For more than 70 years Relationships Australia WA has been providing relationship support services for individuals, couples, families and communities. We are a non-profit community service organisation with no religious affiliations.

Peak, Industry and Funding Bodies

Peak Bodies

Pilbara For Purpose
E pilbara4purpose@gmail.com
W pilbaraforpurpose.org.au

Local peak membership body for the Community Services Sector in the Pilbara. Our mission is to help build a sustainable, informed, connected and trusted Community Services Sector by: -
Connecting people and organisations - Providing information, training and support service -
Celebrating and promoting success - Advocating and aligning solutions

Recreation & Leisure

Personal Development Activities

514 ACU Australian Army Cadets
67 Wilson Street, PORT HEDLAND WA
6721
E 514acu@armycadets.gov.au
P 0418 937 391

Army Cadets is available for youth from 13 - 18 years of age. It is an outdoor activity orientated youth development group. Open to all youth and parading on Mondays from 1800 - 2100h. Self development training as well as life skill and outdoor activities. Non gender based. Weekend and week duration activities are available as part of the cadet system

Self Help

General Self Help Services

StandBy - Support After Suicide
1 Lawson Street, SOUTH HEDLAND WA
6722
E standby.pilbara@anglicarewa.org.au
W standbysupport.com.au
P 1300 727 247

We help people, families and communities who have lost loved ones, friends or colleagues to suicide or a critical incident resulting in death. StandBy supports people and communities affected by suicide recently and in the past. Therapeutic, psychosocial education and other activities are provided to strengthen individual and community capabilities, wellbeing and resilience.

Youth Services

Youth Information & Counselling

Anglicare WA - South Hedland
Unit 1, 20 - 21 Lawson Street, SOUTH
HEDLAND WA 6722
E info@headspacehedland.org.au
W anglicarewa.org.au
P 1800 290 626

Free and confidential support for young people experiencing an early episode of psychosis or at risk of developing psychosis.

OTHER SERVICES OUTSIDE THE AREA

Aboriginal Services

General Aboriginal Services

Tiddas In Business - FREE Business Workshops

E info@murawin.com.au
W dev.murawin.com.au
P 0400 294 331

The Tiddas in Business program is a series of culturally appropriate business activities that introduce entrepreneurship, business, & leadership skills. The activities are led by Indigenous Businesswomen who provide insights, strategies, tools & resources for starting and growing business.

Accommodation Services

Crisis & Emergency Accommodation

Crisis Care Helpline

W wa.gov.au
P 1800 199 008

Accommodation Services - Crisis & Emergency
Accommodation - Crisis & Emergency
Accommodation.

South West Refuge Bunbury

W swrefuge.com.au
P (08) 9791 2894

South West Refuge provides safe and secure accommodation, advocacy and support for women, and women with children, escaping Family and Domestic Violence.

Advocacy Services

General Advocacy Services

Consumers of Mental Health WA

E admin@comhwa.org.au
W comhwa.org.au
P (08) 9258 8911

CoMHWA provides: systemic advocacy to improve mental health services and support consumer wellbeing; promotes education and training; provides and facilitates consumer representation; consults with consumers and stakeholders in mental health; provides public education; and provides policy advice on mental health services in WA. Main activities relate to Mental health and crisis intervention.

Mental Health Advocacy Service (MHAS)

E contactus@mhas.wa.gov.au
W wa.gov.au
P (08) 6234 6300

The Mental Health Advocacy Service (MHAS) provides independent advocacy to assist consumers of mental health services protect their rights. The MHAS includes a dedicated youth advocate for children and advocates in Albany, Broome, Bunbury and Kalgoorlie.

PWDWA/Albany

E info@pwdwa.org

W pwdwa.org

P (08) 9420 7279

Our advocacy services are available to any person with a disability. You do not have to be a member to access advocacy. All of the advocacy work that PWDWA does follows the principals of the National Disability Strategy

National & International Advocacy Services

Australian Sickle Cell Advocacy Inc

E mail@aussicklecelladvocacy.org

W aussicklecelladvocacy.org

P 0414 309 995

Australian Sickle Cell Advocacy Inc (ASCA) Inc is an independent not for profit organisation dedicated to supporting and representing those affected by Sickle Cell Disease (SCD) in Australia. ASCA offers support to families and individuals of African and other culturally diverse backgrounds that are affected by SCD in Australia. We have chapters / representatives Australia wide.

Cataract Kids Australia

E info@cataractkids.org.au

W cataractkids.org.au

P 0407 885 580

Our goal is ultimately to improve the visual outcomes of children affected by cataract. We aim to enhance the support and information provided to families, work with clinicians to optimise treatment outcomes and link with researchers to improve the flow of information.

Older Persons Advocacy Network

E enquiries@opan.com.au

W opan.org.au

P 1800 700 600

Older Persons Advocacy Network offer free, independent and confidential services that focus on supporting older people and their representatives to raise and address issues relating to accessing and interacting with Commonwealth funded aged care services.

Parkinson's Australia

E ceo@parkinsons.org.au

W parkinsons.org.au

P 0419 770 010

Parkinson's Australia is the national peak body and charity representing more than 70,000 Australians living with Parkinson's. We advocate for the needs of people living with Parkinson's, and for their families and carers. Parkinson's Australia represents, at the national level, the interests of its federation of state and territory members on all matters relating to Parkinson's and carer issues.

Ageing Services

Ageing Information & Counselling

Advocare care finder program

E rights@advocare.org.au

W advocare.org.au

P (08) 9479 7566

care finder program - Perth North, Perth South, South West and Central/Western Wheatlbelt.

LiveUp

E general@ilaustralia.org.au

W liveup.org.au

P 1800 951 971

LiveUp is a free and confidential service that provides expert advice, personalised support, and community connections to help you age your way. LiveUp is a national platform designed to help you reimagine, reset and reconnect with living your life to its fullest.

General Ageing Services

Acorn Stairlifts

E info@acornstairlifts.com.au

W acornstairlifts.com.au

P 1800 158 676

We supply and install stairlifts in private residences and commercial properties to enable the user to safely navigate the staircase. We are the only direct manufacturers in Australia and can install with 7 - 10 days. Our stairlift is the slimmest on the market, we have everything in stock in our warehouse in O'Connor and have a number of demonstration lifts to view.

Council On The Ageing WA

E admin@cotawa.org.au

W cotawa.org.au

P (08) 9472 0104

Working towards an equitable, just and inclusive society in which older people can flourish.

National Dementia Help Line

E nsw.midnorthcoast@dementia.org.au

W dementia.org.au

P 1800 100 500

The National Dementia Helpline is a free telephone service that provides information and advice to: people living with dementia, people concerned about changes to memory and thinking, people living with Mild Cognitive Impairment (MCI)

Hendercare - West Perth

E hello@hendercare.com.au

W hendercare.com.au

P 1300 764 433

We've been supporting older Australians since 2004. We provide care in your home, in hospitals and in aged care facilities. It's our job to find the right person to come and work with you. And it's a job we take very seriously. Get in touch with our friendly team today.

SALT Directory - Senior and Aged care

Living Transition Directory

E info@saltdirectory.com.au

W saltdirectory.com.au

P 0417 757 977

SALT (Senior & Aged care Living Transition) Directory provides a central location to easily find businesses and services that help support families and their loved ones to transition to retirement villages or aged care. The Directory members are vetted to ensure they operate with the right intent and provide services with care, compassion and empathy.

Tech help for seniors - Life skills for youngsters!

E info@youngster.co

W youngster.co

P 1300 774 711

We provide digital education for seniors and create jobs for youngsters. We bring generations together!

Home Care & Safety Services

Brightsky Australia

E orders@brightsky.com.au

W brightsky.com.au

P 1300 886 601

BrightSky Australia is your one-stop-shop for specialist healthcare products. BrightSky offers Australia-wide home delivery of an extensive range of everyday and "hard-to-find" healthcare products

Daily Safety Check-in Call

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

Most people have a parent or grandparents. Are you one of them? Our clients are children like you who are WORRIED about a Loved One, Help I've fallen & can't get up. WE HELP people know that all is well we check-in with a care call every day

Daily Welfare Check by Phone to Check they are OKAY

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

We help busy people with older family members, that may be at risk, living at home alone, who want to know for certain that they are OKAY. Many people will remember "Help I've Fallen & I Can't Get UP!" When will you know?

InteliCare

W intelicare.com.au

P 1300 001 145

Live independently safely with IntelliCare smart home sensors and intelligent mobile phone app. IntelliCare turns any home into a smart home using non-invasive smart sensors (no cameras). No buttons to press, no devices to wear. IntelliCare works silently in the background gathering information from the household and alerting through the mobile phone app if behaviours change.

My Companionship

E admin@mycompanionship.com.au

W mycompanionship.com.au

P (08) 6245 2319

Home Care provider delivering consistent care to Perth residents.

Seniors Clubs & Social Groups

Connected au

W connectedau.com.au

P 0437 570 585

Connected AU was born out of this concern, with a focus on helping people who might be isolated, vulnerable and lonely. Mea built a free online platform to connect and engage people, and The Letterbox Project became the foundation of this platform.

Animal Services

General Animal Services

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud is Australia's most trusted Pet Care Services booking website to book Pet Sitting, Home Visits, House Sitting, Dog Walking, Day Care, Pet Taxis, Grooming, Washing and Brushing, 24hr supervision, and Dog Training. To connect with a Pet Sitter, Post a Job, and available Pet Sitters in your area will apply <https://www.petcloud.com.au>

Assistance with Domestic Duties for NDIS Pet Owners

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud's national service offers 1. Animal Assisted Mentoring in the Community, 2. Pet Care during Hospital Treatment or Rehabilitation, 3. Assistance with Pet related Household tasks

Arts & Creatives

Literary Arts

Jen Robe Writes

E jenrobewrites@gmail.com

W organizablelife.com

I write memoirs and biographies based on people's lives. I will interview you or your loved one in a conversational style and write your life story. It is a perfect way to preserve your family's history. I can also work to record the stories of those unable to speak, due to injury, illness, or death. I have a background in elder and disability care.

Performing Arts & Music

Attaboi Music Magazine

E info@wildoatsrecords.net

P 0467 955 772

Attaboi is a community music organisation working to push minority voices and issues currently affecting the Australian music industry.

Choirs4Kids

E sing@choirs4kids.com

W choirs4kids.com

P 0414 205 919

Choirs4Kids is an online singing program for ages 4 to 15, fostering creativity, building confidence, and forming friendships. Our expert-led sessions empower young voices to shine, creating a joyful and supportive musical community. Join us on a remarkable journey where the magic of singing transforms lives. We also offer a kids choir in Manjimup, WA.

Fremantle Fairground Association

E info@fairgroundproductions.com

P 0437 807 329

The Fremantle Fairground Assoc. Inc was formed in 2007 to nurture positive social outcomes through the provision of arts, education and cultural exchange. The fairground production house provides best practice arts performers, trainers, events and programs.

Child Services

Child (and Parent) Information & Counselling

Pregnancy Birth and Baby

E info@nhccn.com.au

W pregnancybirthbaby.org.au

P 1800 882 436

Pregnancy, Birth and Baby is a national Australian Government service providing support and information for expecting parents and parents of children, from birth to 5 years of age.

Free Counselling for Separated Parents and Children

E reception@lifelinewa.org.au

W wa.lifeline.org.au

P (08) 9261 4498

Lifeline WA is committed to supporting separated parents throughout WA. We offer FREE individual counselling for family members before, during and after separation. Our counsellors provide one-on-one support to develop strategies to manage conflict and identify options and solutions. To find out more visit our website, complete our online referral form and email counselling@lifelinewa.org.au

Magic Coat for Kids Pty Ltd

E admin@themagiccoat.com

W themagiccoat.com

P 0477 997 661

A social/emotional wellbeing program, designed for young children and their primary carers to learn preventative mental health strategies together. Based on the analogy of putting on an imaginary coat with memorable characters inside the pockets, representing various strategies children can use to take control & responsibility for their own world & to create positive relationships with others.

Reachout Australia

E info@reachout.com

W about.au.reachout.com

P (02) 8029 7777

ReachOut Parents Coaching is for any Australian parent with teenagers aged between 12–18 years, with access to a computer. If you're worried or want to build on your relationship with your teenager, we provide a free one-on-one online coaching program. ReachOut Parents Coaching is a free service with sessions that are personalised to suit your individual needs and concerns. With coaches from

The Aussie Hands Foundation Inc

E info@aussiehands.org

W aussiehands.org

To raise awareness of hand differences in the community and support families who have a child living with a hand difference and connecting them to other families in a similar situation and also to adults living with a hand difference.

WA Child Safety Services- Bunbury – Collie – Busselton

E admin@childsafetyservices.com

W wacss.com.au

P 1300 310 083

WACSS is a not-for-profit provider of abuse prevention programs and resources. They deliver a tailored Protective Behaviours program for families in home and other areas around WA. Their Child Safety Trainers will organise a time to visit your family at your home, school or other safe location to conduct the session after following the instructions on their site.

General Child Services

Raising Connected Kids

E karen@connectededucation.com.au

W raisingconnectedkids.com.au

P 0430 306 111

Teaching school-aged children skills and strategies to build self-confidence and emotional resilience. Online courses and ongoing weekly coaching for children to support emotional development facilitated by Children's Emotional Well-being coaches qualified and experienced in Education and Psychology. Specialising in support for highly sensitive children.

Communication & Information

Community Information & Referral Services

Department of Communities - Women's Information Service

E info@dlgc.wa.gov.au

P 1800 199 174

A confidential telephone information referral service for women on any issue, referring to non-profit community organisations and government agencies.

Wageline

E wageline@dmirs.wa.gov.au

W commerce.wa.gov.au

P 1300 655 266

Wageline is a free confidential employment information service.

General Communication & Information

GIVIT

E info@givit.org.au

W givit.org.au

GIVIT (givit.org.au) is a national online not-for-profit matching generosity with genuine need.

Community Clubs & Interest Groups

Community Service Clubs

Australia Nova Romana

E australia.novaroma@outlook.com

W austnovaroma.wixsite.com

A national Roman living-history and education organisation providing a central community for the study of Latin language, exploration of ancient Roman politics and a safe network for members to explore and learn about the 'cultus deorum romanum', the religion of ancient Rome.

Braille House

E coordinator@qbwa.org.au

W braillehouse.org.au

P (07) 3848 5257

Free lending Braille library. Braille House is a Not-for-profit organisation that transforms the lives of vision impaired people with by producing and giving access to reading material and other tactual resources through our extensive library of books, and much, much more.

Crisis & Emergency Services

Abuse & Assault Services

Dv Assist

E info@dvassist.org.au

W dvassist.org.au

P 1800 080 083

DVassist provides single or multi session counselling via telephone or webchat, information and resources for people experiencing family and domestic violence who live in regional, rural and remote WA.

Full Stop Australia

W fullstop.org.au

P 1800 424 017

Full Stop Australia offers free confidential, trauma specialist counselling for people of all genders who are impacted by violence and abuse, as well as their friends, colleagues and family members.

Crisis Counselling & Intervention Services

Domestic and Family Violence Mensline

E mail@dvconnect.org

W dvconnect.org

P 1800 600 636

Mensline is a free, confidential telephone, counselling, referral and support service especially set up for men.

Domestic and Family Violence

Womensline

E mail@dvconnect.org

W dvconnect.org

P 1800 811 811

Telephone counselling and refuge referral 24/7
Queensland wide DVConnect, Womensline.

Parents Beyond Breakup

E enquiries@parentsbeyondbreakup.com

W parentsbeyondbreakup.com

P 1300 853 437

Helping parents deal with the trauma of separation; a major cause of suicide in Australia. Support is available by phone, LiveChat & email & website.

Suicide Call Back - National Phone Service

W suicidecallbackservice.org.au

P 1300 659 467

The Suicide Call Back Service is a 24-hour, nationwide service that provides telephone and online counselling to people 15 years and over who fit one of the following categories: People who are suicidal, people who are caring for someone who is suicidal, people bereaved by suicide or health professionals supporting people affected by suicide.

General Crisis and Emergency Services

Team Rubicon Australia

E info@disasterreliefaus.org

W disasterreliefaus.org

P (02) 8815 8113

Team Rubicon Australia unites the skills and experiences of Australian Defence Force veterans with first responders to rapidly deploy emergency response teams around the globe.

Women's Domestic Violence Helpline

W wa.gov.au

P 1800 007 339

The Women's Domestic Violence Helpline is a state wide 24 hour service. This service provides support and counselling for women experiencing family and domestic violence. This includes phone counselling, information and advice, referral to local advocacy and support services, liaison with police if necessary and support in escaping situations of family and domestic violence.

Welfare Assistance & Support Services

Linked Cleaning Service -

E info@linkedcleaningservices.com.au

W linkedcleaningservices.com.au

P 0413 739 854

A cleaning service that assists people who experience hoarding disorder. Linked Cleaning Services will work swiftly and discretely to remedy the situation and restore the property to a liveable home

The Claddagh Association (Inc)

E admin@claddagh.org.au

W claddagh.org.au

P (08) 9249 9213

Since 1997 The Claddagh Association has been a family away from home, supporting the Irish community in WA through the ups and downs of life.

Cultural and Migrant Services

Migrant Services

National Resource Centre For Migrant Empowerment

E enquiries@nationalresourcecentre.org.au

W nationalresourcecentre.org.au

P 0478 054 020

NRCME is dedicated to improving the lives of vulnerable and precarious immigrants, with a focus on newly arrived immigrants in Australia. We offer an extensive set of services, community organization, and leadership development programs. Including job seeking support, acquiring safe and affordable housing, education and legal aid, health advice, and demonstrating services.

Peak Ethnic Umbrella Organisation

E admin@eccwa.org.au

P (08) 9227 5322

The ECCWA is the State's peak ethnic umbrella organisation. It is a non-government, non-profit community based organisation which takes an active interest in all aspects of multiculturalism and Culturally and Linguistically Diverse (CaLD) affairs and acts on behalf of all ethnic communities in Western Australia.

Disability Services

Carer Information

Kindship

E hello@kindship.co

W kindship.com.au

Kindship is a free digital social network for parents raising children with disabilities and specific needs. Meet, chat, and learn from like-minded parents on similar journeys. Download the Kindship app from the App and Google Play stores.

People With Disability Australia - Qantas Carer Concession Card

E qccc@pwd.org.au

W pwd.org.au

P 1800 806 769

Qantas Carer Concession Card is issued to people with significant support requirements who through a physical, sensory, intellectual, cognitive or psychosocial disability are unable to travel on the aircraft without the full time assistance of a carer. A person is eligible if they need to have one-on-one support when seated on the aircraft for assistance. <http://pwd.org.au/services/qantas-card/>

Disability Accommodation Services

Vera Living

E jade.hayward@veraliving.com.au

W veraliving.com.au

P 0480 546 642

Vera Living are a luxury Specialist Disability Accommodation provider. Our friendly team are here to support you with every part of your SDA journey. From providing advice, to finding your home, helping you move and giving ongoing support in your Vera home, we are here throughout. Contact us to start your journey to luxury SDA today.

Disability Information & Counselling

NDIS Plan Management

E info@completemoney.com.au

W completemoney.au

P 1300 161 489

At Complete Money Management we are your local NDIS Plan Manager, we are a registered provider who is here to assist in all your plan budget needs and to help you navigate the complex system.

Limbs 4 Life

E info@limbs4life.org.au

W limbs4life.org.au

P 1300 782 231

Limbs 4 Life is the peak body for amputees in Australia and was founded as an incorporated charity in 2004. Limbs 4 Life provides services to thousands of amputees and their care givers, who rely on the programs and services for assistance prior to, or after a limb amputation.

My Virtual Support Coordinator

E info@myvirtualsc.com.au

W myvirtualsc.com.au

P (03) 9077 1448

My Virtual Support Coordinator works as an online service provider. Our mission is to change the way Support Coordination is managed by creating a simple, clear and manageable plan for NDIS Participants. No travel costs. Direct access to online tools. Simple billing options to suit your needs. Access to experienced staff.

People With disabilities WA - West Perth

E info@pwdwa.org

W pwdwa.org

P (08) 9420 7279

PWdWA provide non-legal advocacy to people with disabilities. Advocacy is the process of standing alongside individuals to ensure that people are able to speak out, to express their views and uphold their rights. Our advocacy services are available to any person with a disability. You do not have to be a member to access advocacy.

Therapy Connect

E clientservices@therapyconnect.com.au

W therapyconnect.com.au

P 1300 757 806

Therapy Connect provides flexible, person-centred allied health supports via telepractice for people who experience disability or delay in development that affects their participation at home, in the community, in childcare, education or the workplace.

Your Story Disability Legal Support

E yourstorydisability@legalaid.qld.gov.au

W yourstorydisabilitylegal.org.au

P 1800 771 800

Your Story Disability Legal Support empowers people with disability to safely share their story with the Disability Royal Commission and connect with local support services. We work in partnership with communities to deliver a person centred, trauma-informed and culturally safe legal service.

Disability Respite and Activity Centres

Cahoots

E volunteer@cahoots.org.au

W cahoots.org.au

P 1300 103 880

We are a registered NDIS provider, running a variety of inclusive programs and camps throughout the year, catering to children and young people of all abilities aged 5+.

Yadah Care Services

W yadahcareservices.com.au

P 0466 986 761

General Disability Services, Respite Care, Disability services for SIL and MTA under the NDIS. Open from 8am -4pm.

General Disability Services

Achieve Disability Care

E info@achievedisabilitycare.com.au

W achievedisabilitycare.com.au

P (08) 6150 0175

Our service is completely focused on (person centered plan) the needs of the person with disability and their families. Along with delivering high quality services for NDIS participant, Achieve Disability Care been active in research for more than a year and this helps us to deliver the positive outcome.

Australian disability support services

E Support@a-dss.com

W a-dss.com

P 1800 943 718

Psycho social supports OT, psychologist, speech therapist

Boomaroo Plan Management

E admin@boomarooplans.com.au

W boomarooplans.com.au

P 0492 853 012

Assisting Others Inspires Us We ensure your needs and preferences are understood and respected whilst managing the quick processing of payments so that your Service Providers can focus on YOU! We make you our Sole focus and assist you in embarking on your NDIS Journey and are always happy to answer any of your questions. Give Boomaroo Plans a call today !

Capital Gaurdians Plan Management

W capitalguardians.com

P (03) 9008 9992

Capital Guardians is a Plan Manager throughout Australia.

Care Squared

E info@caresquared.com.au

W caresquared.com.au

P 1300 632 639

Allied Health Supports, Employment Supports and Group Therapies

Complex Support Coordination

E sam@complexsupport.com.au

W complexsupport.com.au

P (08) 9467 7333

High quality, results oriented NDIS Support Coordination and Psychosocial Recovery Coaching services. I get the NDIS to work for you!

Confidence Club

W confidenceclub.com.au

P 1800 861 199

Australian-owned NDIS approved direct supplier of products for managing incontinence - and an award winning customer support team. We have bladder leakage pads, pull-up pants and nappies for youth and adult that are more sustainably made in our European factories, perform reliably and great value. Trusted by many thousands of Australians for fast and discreet delivery to their doors everywhere.

Dineamic

E team@dineamic.com.au

W dineamic.com.au

P (03) 8669 0587

Dineamic is a registered NDIS & HCP provider of chef-prepared and nutritionist approved ready to eat meals - delivered fresh to your door.

Dineamic's range provides options to suit every dietary or lifestyle group; gluten free, dairy free, vegan, vegetarian and low FODMAP. Everyone should have the opportunity to enjoy high quality affordable meals.

Disability Enquiry Hotline

E disability@online.telstra.com.au

W telstra.com.au

P 1800 068 424

Telstra Disability Services Centre offers a free advisory service for persons who have difficulty using their telephone, such as difficulties hearing the telephone ring, hearing the caller, holding the receiver, voice projection or reading the dial.

Disability Health Support Australia

E dorothy@disabilityhealthsupport.com.au

W disabilityhealthsupport.com.au

Excellent medical and hospital care are everyone's right. NDIS, mental health and aged patients often find that their disability means they experience problems getting the healthcare they need. We case manage your healthcare.

National Disability Health Support Australia

E dorothy@disabilityhealthsupport.com.au

W disabilityhealthsupport.com.au

P 0421 011 430

Support for NDIS participants whose health or healthcare is limiting their independence or capacity.

Personal Care (Disability Service Provider)

E prakash@dtccare.com.au

W dtccare.com.au

P 0426 803 524

Core Supports that enable participants to complete activities of daily living. We assist participants by assisting them to achieve their goal of completing daily personal activities, and Assistance with Travel/Transport Arrangements. Assistance in participation in community, social and civic activities.

Epilepsy Action Australia

E epilepsy@epilepsy.org.au

W epilepsy.org.au

P 1300 374 537

Epilepsy Action Australia provides support, information and innovative services to those living with and affected by epilepsy across Australia. We offer world-class education and support services nationally, with a determined commitment to deliver equitable and consistent services to all Australians regardless of where they live.

Epilepsy WA

E community@epilepsywa.asn.au

W epilepsywa.asn.au

P 1300 660 880

Epilepsy WA was founded in 1963 and provides a wide array of services to support the WA community, including an information and support phone line, a network of support groups, a free seizure alert bed mat loan program for members, epilepsy training, patient/carer seminars, a compassionate ear listening service, a seizure technology display and awareness raising activities.

Grow Your Impact

E growyourimpact@outlook.com

W meaningfulbehaviour.com

P 0432 315 939

Registered NDIS Provider of Positive Behaviour Support for people with behaviours of concern. Services are available from Brisbane to Far North Queensland and the Northern Territory and include positive behaviour support plan creation and implementation for NDIS participants and clients of residential aged care.

GS Assist

E bjdeutsch@icloud.com

P 0466 641 799

SUPPORT COORDINATION with extensive experience working within the NDIS - intensive support - setting up your own home - starting and leaving school - employment support - later years support >Support to get your NDIS plan working properly with regular check-ins > Help preparing for your Plan Review > Assistance changing your plan when life changes > Connecting you with your supports

Hendercare - West Perth

E hello@hendercare.com.au

W hendercare.com.au

P 1300 764 433

Working with people with a disability and their support network is a crucial part of what we do at HenderCare. The NDIS has changed the way people access disability care, and as a registered NDIS provider, we can help you meet your goals.

Heyhubble

E hello@heyhubble.com.au

W heyhubble.com.au

P 1300 776 246

Our team at HeyHubble connects NDIS participants with: - Behaviour support - Exercise physiology - NDIS Plan management - Occupational therapy - Physiotherapy - Psychology, counselling, social work - Psychosocial recovery coach - Speech therapy - Support worker

HiCom Care - NDIS Plan Manager

E Admin@hicomcare.com.au

W hicomcare.com.au

P 0480 305 919

HiCom Care is Australia's most dynamic NDIS registered Financial Plan Management service provider for people from CALD backgrounds. We are an enthusiastic, young, and friendly team passionate about delivering A-Grade services to our clients nationwide. We handle the day-to-day financial tasks that come with our participants' plans and help them to keep track of their funding balance.

I Hate Cooking

E info@ih8cooking.com.au

W ih8cooking.com.au

P 0410 526 477

As an NDIS registered provider around the country, we are proud to be able to provide a viable option to the many food delivery services available to participants. Our cooks are chosen because they have a heart to serve in the community. We look forward to making healthy nutritious food in your kitchen

Manage It

E info@manageit.com.au

W manageit.com.au

P (08) 9380 0271

We provide specialist services and innovative online tools for the management of individualised funding in the disability, community, and mental health care sectors.

Me Plus More

E hello@meplusmore.com.au

W meplusmore.com.au

P 0405 905 610

Me Plus More is an online platform specifically designed to inspire and empower people with intellectual disability or cognitive impairment to take those much-needed steps towards reaching their goals and independence. It has been designed in both English and easy read English to give members the tools and resources to assist in learning independent living skills.

My Plan Assist

E info@myplanassist.com.au

W myplanassist.com.au

P (07) 5641 2277

The simple solution to managing your NDIS Funding. My Plan Assist is a registered provider of plan management services for children, young people & adults with disabilities under the NDIS. They offer caring & personalised support to simplify NDIS plan management, offering more flexibility and control with less stress. Get the support you need so you have more time to focus on your NDIS goals.

My Plan Manager

E enquiry@myplanmanager.com.au

W myplanmanager.com.au

P 1800 934 170

My Plan Manager is Australia's largest plan management service – we take the stress out of the NDIS. We can process your NDIS invoices, reduce time-consuming paperwork, and support you to quickly and simply track your NDIS plan spending. We can also work with you to maximise your NDIS plan and ensure it includes the important items that really make a difference to achieving your goals.

MyCareSpace

W mycarespace.com.au

P 1300 288 893

An online connections service helping NDIS participants to connect with verified local service providers with immediate appointments available.

Plan Management - MyIntegra Perth, Western Australia

E engagement@myintegra.com.au

W myintegra.com.au

P 1800 696 347

Let us guide you on your NDIS journey with plan management in Western Australia (WA) • Pay providers fast • Claim funds from NDIA • Track your budget online, 24/7 • Advice to maximise your plan • Choice and control • Reserve funds for chosen providers • Quick online sign up • Registered Plan Manager

Support Coordination - MyIntegra Perth, Western Australia

E enquiries@myintegra.com.au

W myintegra.com.au

P 1300 937 187

Get value from your NDIS plan with expert help to connect you with local supports in Western Australia (WA) • Help to understand your plan • Registered Support Coordinator • Build your independence • All levels of disability including complex needs • Prepare for plan reviews • Navigate the NDIS

National Relay Disability Phone Service

E helpdesk@relayservice.com.au

W accesshub.gov.au

P 1800 555 660

The National Relay Service is a national telephone system for people who have difficulty hearing or speaking on a regular telephone. Information, training and referral is available locally or via the

Navi-Choice Support Coordination - Ravensthorpe

E info@navichoice.com.au

W navichoice.com.au

P 0487 202 414

Delivering Support Coordination (Level 2 & 3) and Psychosocial Recovery Coaching to NDIS participants. Highly skilled, individualised and responsive.

NDSP Plan Managers - WA

E info@ndsp.com.au

W ndsp.com.au

P (08) 6146 3707

As an NDIS Plan Manager we assist you on your NDIS journey by paying your supports to providers from your NDIS funds. NDSP allows you to live your life while we manage your claims, payments and administration of your NDIS budget.

Pacify Plan Management

E hello@pacify.com.au

W pacify.com.au

P 1800 959 344

Pacify Plan Management is registered by the NDIS to provide plan management services to participants Australia-wide.

NDIS Plan Management

W pathwaystocare.com.au

P 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you. We love getting to know you to help you achieve your goals and connect you to your community!

Pathways To Care

W pathwaystocare.com.au

P 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you.

Peak Plan Management

E info@peakplan.com.au

W peakplanmanagement.com.au

P 1300 732 324

We offer you the assistance of a team of experienced accountants and NDIS experts to help you maximise the value of your plan whilst removing the stress and administrative burden. All with the benefit of a local person you can talk to anytime who knows your personal story and is focused on helping you maintain choice and control.

Plan Partners

E rollie.pontigon@planpartners.com.au

W planpartners.com.au

As Australia's leading provider of services that support NDIS participants, we will maintain our passion and commitment to helping people with disabilities to get the most out of their NDIS plans and realise their goals in life. Lives will be changed because of the services we provide.

Plan Partners - WA

E admin@planpartners.com.au

W planpartners.com.au

P 1300 333 700

Plan Partners is a national independent disability provider specialising in NDIS Plan Management and Support Coordination for NDIS participants. They service NDIS participants Australia wide including remote and regional WA.

Provider Choice Plan Management - Perth

E hello@providerchoice.com.au

W providerchoice.com.au

P 1300 776 246

Provider Choice offer plan management services to families across Western Australia. We provide you with your very own personal plan manager who remembers your story, pays your invoices, and answers your questions - you don't just deal with someone in a call centre. We also have an online portal where you can keep track of your budget in real time.

Recovery Plus Support

E referral@recoveryplussupport.com.au

W recoveryplussupport.com.au

P 1800 512 281

Recovery Plus Support is a registered NDIS provider specialising in services for participants with a Psychosocial Disability. We are best known for our Recovery Coaching service and also specialise in: - Social and Community Participation - Support Coordination - Capacity Building - In-home Care We are an Australian company and provide our services Australia-wide.

Reel Keen Powerchair Fishing

E robert@reelkeen.com

W reelkeen.com

P 0418 128 749

NDIS registered suppliers of Power Wheelchair fishing rod holders and camera attachments. Turn Your Power Wheelchair into a game fishing chair, in just minutes !!!

Support Coordination to Avenues Australia

E hello@avenuesaustralia.com

W avenuesaustralia.com

P 1300 208 594

Avenues Australia is a registered NDIS provider, providing leading disability services in Perth Western Australia. We provide quality Support Coordination, Psychosocial Recovery Coach and NDIS Advice services for people with a disability. We act as your primary NDIS Service Provider, by helping you get the supports you need, activate your Plan, connect you to services from other providers.

The Aussie Hands Foundation Inc - Melbourne

E info@aussiehands.org

W aussiehands.org

Aussie Hands (ii) supports children and adults who have been born with a hand difference or have an acquired hand injury; (ii) provides opportunities for networking and exchange of information; and (iii) supports research initiatives focussing on hand differences

The Good Meal Co

E agedcare@goodmeal.com.au

W goodmeal.com.au

P 1800 155 255

The Good Meal Co is dedicated to spreading the joy of food across Australia to those in need of the tastiest care meals, home delivered so they can eat, feel and live better.

The Happy Giraffe

E claire@thehappygiraffe.com.au

W thehappygiraffe.com.au

P 0409 026 230

* Offers a wide range of Sensory Products - Autism, ADHD, Sensory Processing, Anxiety.... * A safe space for people to look, touch and feel products to suit their sensory needs. * Committed to supporting our Neurodivergent and wider Community

The Kids Coach - National

W thekidscoach.tv

P 0478 437 368

The Kids Coach is an on-demand channel developed by an Occupational Therapist and Personal Trainer to get your child up and moving with fun, regular fitness programming in the comfort of your own home.

Thinkwise Disability

P 0478 254 112

THINKWISE Disability offers valuable disability support services all across Australia. Our mission is to empower people with disability and long-term health conditions to unlock their potential through engagement, education and employment to become self-sufficient and participate in their communities.

XYY Syndrome Association of Australia Inc.

E xyyaustralia@gmail.com

W xyyaustralia.org

P 0427 064 157

Mission Creating awareness for XYY Syndrome by obtaining and providing the latest research for XYY families and the community. Networking with government services, medical specialists, general practitioners and educators to create a better understanding for XYY Syndrome. Our focus is helping the community have a positive understanding of XYY Syndrome and give support to those who need it.

Standard and High Intensity Level Support Worker Services - In Home

E info@youfirstservices.com.au

W youfirstservices.com.au

P 1300 525 656

Standard & High Intensity Level Support Worker Services - In Home

Your Plan Manager

E plan@ypm.com.au

W yourplanmanager.com.au

P 1800 968 775

We provide Registered NDIS Plan Management Services Australia-wide. Our passion is offering you, your family, carers and providers with an access to expert and personal advice for the life of your NDIS plan.

Education

Adult Education

Australian Training Institute

E admin@atiaustralia.edu.au

W atiaustralia.edu.au

P (07) 3269 5005

The "Australian Training Institute (ATI) Pty Ltd" specialises in First Aid; Security; Working at Heights/Confined Space; Safety (WHS); Fire; Mining; and Business. Our honesty, integrity and professionalism along with our broad expertise and technical training have positioned the company as one of the top providers in Australia.

Parentshop

E info@parentshop.com.au

W parentshop.com.au

P (02) 6680 8910

At Parentshop we provide challenging, engaging and action-based professional development and training events that deliver effective behaviour change solutions for all ages. We guide and support professionals and parents through the provision of training to parents, school staff, community sector employees and child and family specialists in behaviour management and managing childhood anxiety.

Suicide Programs Calm Conversations Can Save Lives

E admin@suicideprograms.com.au

W suicideprograms.com.au

P (07) 3077 6536

We offer many evidence based, Australian training programs that empowers you to "have a CALM conversation" about suicide - to reduce stigma, promote help seeking and save lives. Learn face-to-face, virtually or online.

General Education Programs

A Team Tuition - HEAD OFFICE

W ateamtuition.com

P (07) 5226 0351

A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

Australian Cervical Cancer Foundation

E info@accf.org.au

W accf.org.au

P 1300 727 630

ACCF raises awareness in schools & community groups across Australia through our FREE Cervical Cancer Awareness Program. CCAPs covers HPV and the vaccine, cervical cancer and it's prevention.

Australian School Of Entrepreneurship

E group@ase.edu.au

W ase.edu.au

P 1300 336 095

The ASE Group is a community-led and purpose driven business for good that delivers education, entrepreneurship and employment programs to Australians of all ages.

Balance Minder

E leanne@balanceminder.com.au

P 0428 181 824

Providing training in wellness skills including exercise, healthy eating and financial literacy. Balance Minder aims to provide the tools and support to all Australians to improve their physical, mental and social wellbeing. Deeply grounded in Tai Chi; We offer online and face to face courses which allows participants the opportunity to become the best version of themselves.

be informed.

E beinformedaus@gmail.com

be informed. helps people make good decisions. We offer free Seminars on important topics of interest so people are educated with information about what matters to them.

FORTRESS LEARNING

E info@fortresslearning.com.au

W fortresslearning.edu.au

P 1300 141 994

Fortress Learning is one of Australia's premier RTOs, delivering nationally accredited courses in both Training & Assessment and Business. Learning team can help.

Language Trainers Australia - Western Australia

E australia@languagetrainers.com

W languagetrainers.com.au

P (08) 6118 2835

Language Trainers, a no-nonsense approach to language classes, operating in Perth since 2004. Language Trainers specialises in one-on-one and small group language courses for business people and busy individuals who need language skills for work, study, travel, family and relationship needs.

Stroke Foundation: StrokeSafe Volunteer Speaker Program

E strokesafe@strokefoundation.com.au
W strokefoundation.org.au
P (03) 9670 1000

Our StrokeSafe volunteer speakers are trained in public speaking and experienced in delivering life-saving messages about stroke. Our volunteers cover a range of issues that will help your organisation or group better understand stroke and how it can be prevented including; what a stroke is, how to recognise the signs of stroke, what to do if someone is having a stroke, how to prevent stroke.

Substance Abuse and Mental Health (Dual Diagnosis) Training

E george@dualdiagnosisstraining.com.au
W dualdiagnosisstraining.com.au
P 0408 332 765

George Patriki provides both LIVE and ONLINE training for all people, including professional development for the health care, welfare and social service industries on the Gold Coast, throughout Australia and the globe... We also offers free and subsidised services to the general public; Free family support;
<https://www.dualdiagnosisstraining.com.au/family-support/>

Anger Management and Conflict Resolution Program

E transformationministries@gmail.com
W anger.org.au
P 0408 332 765

Have you experienced problems with anger & rage that has caused harm to yourself and those you love? Anger is a normal human emotion when we feel we are being threatened, or those we love. If you prefer to do the 24/7 ONLINE course, click on the green button on website. If we don't deal with what causes us to get angry, then it turns into rage. Anger Management & Conflict Resolution Program

Walya Productions

W walya.com.au
P 0401 203 654

Walya Productions provides a National Aboriginal Cultural & Community e-learning (online at walya.com.au) course. Walya Productions is registered as an Accredited training organisation with the Royal College of General Practitioners and Supply Nation. The course is low cost and is designed to introduce the broader community to Aboriginal Culture & Community, in an affordable and informative way.

Literacy & Numeracy Programs

Accelerated Learning Tutoring Centre

E info@perthtutor.com.au
W acceleratedlearning.com.au
P (08) 9471 9036

> Tutoring centre providing personalised tuition for maths, physics and chemistry students in school or university. Open 6 days a week. > Small group tutorials or one-to-one tuition available.

Reading Writing Hotline

E enquiries@readingwritinghotline.edu.au
W readingwritinghotline.edu.au
P 1300 655 506

The Hotline is a free anonymous phone referral service for adults wishing to improve their reading writing, maths or computing skills. The Hotline teachers will help callers find appropriate classes or resources to assist them. The Hotline is available to anyone in Australia and is funded by the Commonwealth Department of Education and Training.

Special Education Programs

ALANNAH and MADELINE FOUNDATION

W alannahandmadeline.org.au
P 1300 720 747

The Alannah & Madeline Foundation is the leading national not-for-profit organisation working to protect children from the effects of violence and bullying.

Employment & Training

Disability Employment & Training Services

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

If NDIS Participants are reliable for bookings they choose to take on, can communicate well, can use a smartphone, can control and care for a pet, then they could potentially become a Pet Sitter through PetCloud. Learn more here:

<https://www.petcloud.com.au/d/blog/ndis-goal-creation-for-pet-lovers/>

Employment Information & Assistance

Jenny Gleeson Coaching and Consulting

E jenny@jennygleeson.com.au

W jennygleeson.com.au

P 0433 884 847

I am a qualified Career Coach and English Teacher. I offer extremely low and cost effective services as I am very community minded and person centred. I also assist Not for Profit organisations with writing tenders, funding applications, business plans plus much more.

General Employment & Training Services

Approach Services

E info@approach-services.com

W approach-services.com

P (08) 6171 3833

Approach Services is a Western Australian business on a mission to shape the way we lead and implement change around the world. We are here to empower communities, organisations and leaders to recover fast from challenges and grow through transformation. Facing change? Talk to us about how we can help you thrive.

Curtin University of Technology

E a.nicholas@curtin.edu.au

W curtin.edu.au

P (08) 9266 1709

The WA Data Science Innovation Hub aims to: • Enable the development of data science capability to promote job creation • Support the growth and innovation of local businesses through the application of data science • Provide upskilling, advisory services and Design Thinking training for startups and SMEs

Electrician Jobs

P (02) 8005 8225

Electricianjobs.com.au is your online source to find jobs in the Australian Electrical Industry, assisting jobseekers by providing a platform to search and apply directly for the latest jobs or register to receive new job opportunities.?

Fair Work Infoline

W fairwork.gov.au

P 13 13 94

Provide information on awards and agreements including your entitlements as an employee. Also for enquiries re wages and employment conditions in the private sector. Information can still be obtained from the Department of Justice and Attorney-General.

Neami National Joondalup

E joondalup@neaminational.org.au

W neaminational.org.au

P (08) 9301 1227

THRIVE focuses on improving job readiness and workplace inclusivity for people that experience mental health challenges or psychosocial disability. THRIVE includes a suite of e-learning modules and workshops that guide participants and employers toward inclusive recruitment and inclusive workplace practices. Eligibility: Ages of 18-65; reside in WA, VIC, SA, QLD or NSW;

Environment & Conservation

Environment & Conservation Local History

Tuggeranong Homestead

E info@tuggeranonghomestead.com.au

W canberrahomestead.com

P (02) 6292 8888

Provides a heritage-listed homestead on 70 acres. A private secluded venue catering for weddings, functions, conference and training workshops. We are open by prior arranged appointment or function only.

Health Services

Adult Health Services

Diabetes WA

E info@diabeteswa.com.au

W diabeteswa.com.au

P 1300 001 880

No matter what stage you are at on your health journey, Diabetes WA is here for you. We work in the community to educate, inform and support people at risk of, living with and affected by diabetes.

Ageing Health Services

Stay On Your Feet WA

E info@injurymatters.org.au

W injurymatters.org.au

P (08) 6166 7688

This is a community awareness-raising program, which aims to promote healthy, active ageing in WA to reduce falls and the severity of fall-related injuries among seniors. The program aims to achieve this by raising awareness that falls are preventable and not an inevitable consequence of ageing, through the promotion of 'Move Improve Remove.'

My Companionship

E admin@mycompanionship.com.au

W mycompanionship.com.au

P (08) 6245 2319

- Companion Care - Domestic Cleaning - Personal Care - Transportation - Live-in Care - Overnight Care

Allied Health

Absolute Care Therapy - Allied Health

E absolutecare@iinet.net.au

W absolutecaretherapy.com.au

P 0491 948 871

Home visiting physiotherapy and dementia education to people living with dementia in the Perth South Metro region. Allied health professional with 22 years' experience. Services include: holistic functional assessments, physiotherapy, pain management, dementia education, carer support, and care plan recommendations. Services can be fully covered through NDIS and Home Care Package funds.

Active Nutrition

E viviennesalu@ozemail.com.au

W activenutrition.net.au

P 0407 373 002

'Offering Telehealth Only' Dietitian/Nutritionist private practice providing telehealth (video and telephone) support, information and motivation in the areas of health and nutrition. Rebates available from Medicare and Private Health.

Avicenna Health and Wellness

E health@avicenna-hw.com

W avicenna-hw.com

P 0493 210 327

Good health is not a luxury, it is what you deserve. Blending science and traditional knowledge, we support you on your journey to optimal health with natural, holistic, and personalised solutions.

Axis Health Psychology

E info@axispsychology.org

W axispsychology.org

P 0455 398 354

Health focused, evidence-based psychological therapy and hypnotherapy for anxiety, depression and stress; gut health; disordered eating and disturbed sleep.

Chrysalis Wellbeing

E chrissy.ortner@zohomail.com.au

W chrysaliswellbeing.com.au

P 0430 322 711

Online and face to face support, Mt Evelyn, for people experiencing Anxiety, Overwhelm, PTSD, Post Natal Depression or Chronic Ill health. Hypnotherapy is an evidence based therapy for deep relaxation, addressing the causes of Anxiety and Depression and supporting you to feel calm and in control. Quit Smoking Hypnosis and Weight Loss Programs available. NDIS support for Self Managed Clients.

ClearConvo

E support@clearconvo.com

W clearconvo.com

P (07) 3703 1812

ClearConvo is a registered provider with the National Disability Insurance Scheme. We provide speech therapy services to NDIS participants in the Brisbane region and Queensland or anywhere in Australia via online speech therapy sessions (Telehealth). Call us today on (07) 3703 1812.

Communicate Speech Pathology

E info@communicatespeech.com.au

W communicatespeech.com.au

P (02) 9328 3444

Founded in 2004, Communicate Speech Pathology provides speech and language mobile, community and school-based and telehealth services to clients of all ages. Our trained speech therapists are practicing members of Speech Pathology Australia and work with clients of all ages to achieve their communication goals.

Connect2Care - ACT

E info@connect2care.com.au

W connect2care.com.au

P 1800 950 288

Connect2Care was founded by health professionals with a shared passion for helping people with a disability reach their highest potential. We offer predominantly mobile services throughout Australia, and our therapists have extensive experience working in homes, schools, and other community-based settings.

Continance Aids Payment Scheme

W health.gov.au

P 1800 330 066

The National Continance Helpline is staffed by a team of continence nurse advisers and is available to anyone in Australia. It operates from 8am to 8pm (AEST) Monday to Friday.

Crystal Clear Psychology Solutions

E reception.ccpsychsolutions@gmail.com

W crystalclearpsychologysolutions.com

P 0476 758 096

Welcome to Crystal Clear Psychology Solutions, a warm and supportive environment that enables you to start living a meaningful and balanced lifestyle. We are passionate about supporting you to be the best version of yourself! We have individual therapy, group programs, return to work support, and job seeking services available to help you reach your goals and maximise your potential.

Julie Pratt - IBS and FODMAP Dietitian

E julie@naturalbalancenutrition.com.au

W natural-balance-nutrition-dietitian.business.site

P 0420 994 870

Natural Balance Nutrition is a virtual nutrition practice specialising IBS management and the low FODMAP diet. We help clients with a range of digestive issues including: - Irritable bowel syndrome (IBS) - Fructose malabsorption - Lactose intolerance - Coeliac disease - Reflux - Chronic constipation / diarrhoea - Small intestinal bacterial overgrowth (SIBO)

Lavender Sleep and Wellness

E hello@lavendersleepandwellness.com

W lavendersleepandwellness.com

P 0435 784 209

Empowers families to remove obstacles and restore optimal sleep, health and wellness so that they and their children - from infants to teens - can flourish. Integrative sleep support for newborns to seniors.

On The Line Australia

E enquiries@ontheline.org.au

W lifeline.org.au

P (03) 8371 2800

On the Line is a social health business, supporting and counselling people, anywhere and anytime. We listen and encourage people to feel better: building resilience, fostering healthy relationships, and connecting people with community support.

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au

W phoenixhypnotherapy.com.au

P 0438 411 551

Imagine what it will be like to finally quieten that inner-voice and to discover how incredible you can actually be. Imagine what it would be like to finally discover how to become stress and anxiety free in your life... or to be that 'non-smoker'... or to look in the mirror and feel fabulous! I will help you rid yourself of that useless stress and worry and feel the peace you so deserve.

Therapy Pro Pty Ltd

E info@therapypro.com.au

W therapypro.com.au

P 1300 004 414

Inspired by the vision of 'choice and control' developed by the National Disability Insurance Scheme (NDIS), Therapy Pro has reimagined the world of service delivery with you, the client, central to the planning and delivery of your services.

Child Youth & Family Health

School-Based Immunisation Program

E healthywa@health.wa.gov.au

W healthywa.wa.gov.au

P (08) 9222 4222

WA's school-based immunisation program provides free recommended vaccines to WA high school students in year 7 and 10.

Kidsafe WA

E kidsafe@kidsafewa.com.au

W kidsafewa.com.au

P (08) 6244 4880

Kidsafe WA is the leading independent not-for-profit organisation dedicated to promoting safety and preventing childhood injuries and accidents in Western Australia. Kidsafe WA works in the community to educate and inform parents and children on staying safe at home, at play and on the road.

Leukodystrophy Resource and Research organisation

E bobwyborn@bigpond.com

W leukodystrophyresourceresearch.org

P (07) 4627 1092

Leukodystrophy is group of some 50 to 60 genetic progressive neurodegenerative disorders that are terminal. We support families, scientists, clinicians and allied health.

Swim and Survive

E info@royallifesavingwa.com.au

W royallifesavingwa.com.au

P (08) 9383 8200

This is a swimming and water safety program that is aligned to the National Swimming and Water Safety Framework.

Community Health & Medical

Food Sensations for Adults

E wa.info@foodbankwa.org.au

W foodbankwa.org.au

P (08) 9258 9277

Food Sensations® for Adults is a free nutrition and cooking program that is hands on, fun and provides a safe environment to try new recipes and develop skills.

Peer Pathways

E info@peerpathways.org.au

W peerpathways.org.au

P (08) 9477 2809

Peer Pathways is a West Australian, Statewide helpline for people with mental health challenges to find the supports needed to promote health and wellbeing. Our Peer Navigators will assist you, your family and your carers to navigate services across the State.

Drug & Alcohol Services

Lived Experience education and support

E admin@australianantiicecampaign.org.au

W australianantiicecampaign.org.au

P (07) 5665 6063

Prevention Education Advocacy Intervention Peer support Relapse prevention Group therapy

Make Smoking History

E onlinecommunity@nswcc.org.au

W makesmokinghistory.org.au

P (08) 9212 4333

The Make Smoking History campaign, run by the Cancer Council of Western Australia with funding from the WA Department of Health, provides information on media campaigns, smoking cessation services and other relevant activities to key CaLD publications and media outlets, working through key bodies such as Ethnic Communities Council of Western Australia and the Office of Multicultural Interests.

Quitline - Western Australia

E onlinecommunity@nswcc.org.au

W quit.org.au

P 13 78 48

Highly skilled, friendly Quitline counsellors deliver behavioural interventions to help people stop smoking.

Community Alcohol and Drug Service - Carnarvon Health Campus

E CES.WACHS-
Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9941 0555

The Midwest Community Alcohol and Drug Services provide help to people experiencing issues with their, or someone else's, alcohol or other drug use.

Family Drug Support

E general@fds.ngo.org.au

W fds.org.au

P 1300 368 186

FDS provides up to date information on all aspects of alcohol and drug use relative to the families and friends of people who use substances. FDS also operates a National 24 hr, 7 day a week telephone support service for families and friends affected by alcohol and other drug issues.

Holyoake Wheatbelt Community Alcohol and Drug Service - Northam

E adminnortham@holyoake.org.au

W holyoake.org.au

P (08) 9621 1055

Counselling and Support - assisting people who may be experiencing problems with their own or someone else's substance use. Individual counselling is available, with specially designed programs to assist individuals and their families coping with the consequences of alcohol and other drug use.

<https://holyoake.org.au/home/programs-in-the-wheatbelt/>

Kimberley Mental Health and Drug Service - Halls Creek

E kmhdsclinic.reception@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9166 4688

The Kimberley Mental Health and Drug Service provides specialist mental health, alcohol and drug services to the Kimberley region.

Community Alcohol and Drug Service - Broome

W wacountry.health.wa.gov.au

P (08) 9194 2640

The Kimberley Community Alcohol and Drug Service provides community-based treatment services to people experiencing problems as a result of their, or someone they know's alcohol or other drug use. It also provides outreach services across the Kimberley region.

Kununurra District Hospital - Kimberley Mental Health and Drug Service

E kmhdsclinic.reception@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9166 4350

The Kimberley Mental Health and Drug Service provides specialist mental health services to the Kimberley for all age groups. It also provides the Community Alcohol and Drug Service, which provides assessment, counselling and referral and support to people who are experiencing problems as a result of their own, or someone else's alcohol or drug use.

24hr Alcohol and Drug Support Line

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P (08) 9442 5000

The Alcohol and Drug Support Line is a 24/7 non-judgemental and confidential telephone counselling, information, referral and support line for alcohol and drug use.

24hr Parent and Family Drug Support Line

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P (08) 9442 5050

The Parent and Family Drug Support Line provides confidential counselling, information and referral by professional counsellors as well as support by Parent Peer Volunteers to parents and families in Western Australia who are concerned about a family members' alcohol or other drug use.

24hr Meth Helpline

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P 1800 874 878

The Meth Helpline is a confidential, non-judgemental telephone counselling, information and referral service for anyone seeking help for their own or another person's meth use.

Alcohol and Drug Treatment and Rehabilitation Program

E andrew@milliya.com.au

W milliya.com.au

P (08) 9192 1699

Milliya Rumurra is a non-government residential centre in Broome that provides treatment and rehabilitation to Aboriginal people wishing to address their drug and alcohol use. The centre's rehabilitation program is for a minimum of 12 weeks with the possibility of extension. A sobering-up shelter is also available.

SMART Recovery

E smartrecovery@srau.org.au

W smartrecoveryaustralia.com.au

P (02) 9373 5100

Smart Recovery For all addictive behaviours

Wa Network Of Alcohol and Other Drug Agencies

E drugpeak@wanada.org.au

W wanada.org.au

P (08) 6557 9400

The Western Australian Network of Alcohol and other Drug Agencies (WANADA) is the peak body for the alcohol and other drug sector in Western Australia.

General Health Services

Arthritis And Osteoporosis Wa

E general@arthritiswa.org.au

W arthritiswa.org.au

P (08) 9388 2199

The objective of Arthritis & Osteoporosis WA is to reduce the incidence and disabling effects of arthritis, osteoporosis and related conditions in the people of WA.

Australian Primary Health Care Nurses Association (APNA)

E admin@apna.asn.au

W apna.asn.au

P (03) 9322 9500

APNA champions the role of primary health care nurses; to advance professional recognition, ensure workforce sustainability, nurture leadership in health, and optimise the role of nurses in patient centered care.

Diabetes WA

E info@diabeteswa.com.au

W diabeteswa.com.au

P 1300 001 880

Our mission is to improve the lives of those at risk of, living with or affected by diabetes. This takes in thousands of Western Australians and their families and we do our best to make sure we provide them with the all of the information and support they need to enjoy a full life.

Healthdirect Helpline

E info@nhccn.com.au

W healthdirect.gov.au

P 1800 022 222

The healthdirect helpline is a 24-hour telephone health advice line that operates seven days a week. It is staffed by registered nurses who provide expert health advice. You can call for advice if you or a member of your family are feeling ill and are unsure what to do, or for health information on a particular condition.

LiveLighter

E kathleen.O'connor@health.wa.gov.au

W livelighter.com.au

P (08) 9388 3343

LiveLighter® encourages all Western Australian adults to lead healthier lifestyles - to make changes to what they eat and drink, and to be more active. It also encourages public debate about obesity and the need for changes in the community to support healthy eating and physical activity.

Herbalife Independent Distributor

E info@herbsforhealth.com.au

W herbsforhealth.goherbalife.com

P 0417 544 349

Community Weight Loss Challenge

HiBar Nutrition and Fitness

W hibar.com.au

P 0428 202 832

A nutrition coaching service to help people lose weight and become healthy. Providing ongoing counselling to help people improve their diet and live long and happy lives.

Lung Foundation

E kelcieh@lungfoundation.com.au

W lungfoundation.com.au

P 1800 654 301

Patient resources can be downloaded or ordered on the website, along with information on Pulmonary rehabilitation and support group locations.

Mable Direct store

E info@mable.com.au

W orders.pmcdirect.com.au

P 1300 736 573

Mable Direct provides independent support workers, clients and coordinators direct access to affordable consumables, equipment and wearables to support your everyday needs. Mable Direct can help you maximise NDIS or HCP funding

Motor Neurone Disease

E admin@mndawa.asn.au

W mndawa.asn.au

P (08) 6186 4133

The Motor Neurone Disease Association of WA (MNDAWA) is committed to providing specialised care and support services for people living with MND, their carers and families in Western Australia. MNDWA provides care coordination and emotional support through our MND Advisory Service, connecting those living with MND to the services that they require.

Precedence Health Care

E support@precedencehealthcare.com

W precedencehealthcare.com

P (03) 9023 0800

Precedence Health Care is a Digital Health Solutions for Integrated Care - A better, healthier life for everyone.

Scad Research

E info@scadresearch.com.au

W scadresearch.com.au

P 0413 486 833

SCAD Research Australia is a registered not for profit health charity which generates awareness and raises money for life saving medical research to beat SCAD Heart Attacks. Spontaneous Coronary Artery Dissection (SCAD) is the leading cause of heart attacks in women under 50, new mums and pregnant women and cause of heart attacks in healthy, fit adults with no risk factors for heart disease.

General Practice/Doctor

Dr Foster and Associates

P (08) 9792 2666

General Practice

Noranda Medical Centre - Noranda

E noranda@ipnet.com.au

W ipn.com.au

P (08) 9442 5111

What makes Noranda Medical Centre so different? Noranda Medical Centre is located on Benara Road in Noranda. We have a pharmacy and pathology onsite. We are conveniently located in the shoppers car park of the Noranda Palms Shopping Centre which offers ample parking. We have both male and female doctors. New appointments are welcome.

Piara Waters Medical Centre - Piara Waters

E reception@piarawatersmedical.com.au

W piarawatersmedical.com.au

P (08) 9397 2866

CY O'Connor Village Medical Centre offers GP services to the local community

Telehealth Dr

E admin@telehealthdr.com.au

W telehealthdr.com.au

P 1300 998 808

We are Telehealth Doctors. A Digital Telehealth Agency proudly provides a patient portal for Telehealth Care all across Australia, where efforts are carried out by our highly trained and RACGP licensed professionals to restore and maintain patients' physical, mental and emotional health. Our Telehealth Consultants are ready to provide you electronic prescriptions according to your ailments at ...

Health Rehabilitation Services

Activ8 Health Club

E trent@activ8.club

W activ8.club

P (02) 8544 0487

A registered provider under the National Disability Insurance Scheme (NDIS)

Health Screening Services

Diversa Health - Richmond

P 1300 100 560

We are a unique dietitian-led coaching service for NDIS participants. Accessibility is our priority - our services are entirely remote enabling us to work with participants Australia-wide, from the comfort of their own home. Diversa specialises in low carbohydrate nutrition, weight loss & type 2 diabetes, as well as helping NDIS participants to reduce pain and fatigue, improve mood, promote opt

National Bowel Cancer Screening Program (NBCSP)

W health.gov.au

P 1800 627 701

The National Bowel Cancer Screening Program aims to reduce deaths from bowel cancer by detecting the early signs of the disease. Eligible Australians from 50 to 74 years of age are sent a free, simple test that is done at home. Find out how the program works and how to do the test.

Hearing Services

Auslan services

W auslanservices.com

P 1300 287 526

Auslan Services is a nationally recognised, multi-award winning agency and employer of choice that provides a one-stop shop with the most affordable suite of packages of support to Deaf Australians. Auslan Services have been a regular source of contact via many reputable organisations, agencies, businesses and Government departments at local, state and national levels.

Home Care & Safety Services

Trilogy Care

E info@trilogycare.com.au

W trilogycare.com.au

P 1300 459 190

Trilogy Care supports you to confidently manage your Home Care Package so you can continue to live comfortably in the home you love. Our experienced team provides personalised care planning and budget administration, as well as the option for coordination of supports, to help you maximise your care hours and wellbeing.

Mental Health Services

Amanda Giudice Clinical Psychology

E amanda@amandagiudice.com.au

P 0411 910 224

Psychological assessment and treatment of adult and youth psychological disorders

Individual Community Living Strategy

E hello@avimo.org.au

W avimo.org.au

P 1300 428 486

The Individual Community Living Strategy is for people with severe and persistent mental illness, who have been in specialist hospital inpatient facilities for an extended period, or those who have a severe functional limitation resulting from a severe mental illness, who are isolated.

Touchstone

E CAMHS.correspondence@health.wa.gov.au

W cahs.health.wa.gov.au

P (08) 9416 3746

Touchstone is a structured day service for young people aged 12-17 years and their families. The multi-disciplinary team comprises of a consultant child and adolescent psychiatrist, service manager, and an experienced therapy team of nurses, psychologists, social workers, occupational, art and creative therapists. The service is funded by the WA Government.

Beyond Blue Helpline and Online Chat

W beyondblue.org.au

P 1300 224 636

Beyond Blue Webchat provides one-on-one mental health support for people in Australia who are concerned about anxiety, depression or suicide.

Community Mental Health Service - Carnarvon Health Campus

E CES.WACHS-Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9941 0555

Provide confidential assessment, treatment and management of people with mental health problems.

E - Hub Health

E ehub@ehubhealth.com

W ehubhealth.com

We provide automated, online mental health programs which are available free to all Australians thanks to funding from the Australian Department of Health.

moodgym

E ehub@ehubhealth.com

W moodgym.com.au

moodgym is like an online interactive self-help book which helps you to learn and practise skills which can help to prevent and manage symptoms of depression and anxiety. - Free for all Australians - Over 1 millions users worldwide - Anonymous and confidential - Secure handling of your data - Access anytime, at your own pace - Scientifically evaluated

e-couch self-help

E ehub@ehubhealth.com

W ecouch.anu.edu.au

e-couch is an online, interactive self-help program for common mental health problems. - Free, evidence-based information and self-help training - Program modules for depression, anxiety & worry, social anxiety, bereavement & loss, divorce & separation. - Access anonymously, at your own pace, at any time.

BluePages Depression Information

E ehub@ehubhealth.com

W bluepages.anu.edu.au

BluePages Depression Information provides evidence-based information about depression - what it feels like, how it is diagnosed, how you can seek help and which treatments work. The website includes reviews of the available scientific evidence for a large number of potential depression treatments, so that individuals can make informed decisions about which treatments might be best for them.

Community Mental Health Service - Exmouth Health Service

W wacountry.health.wa.gov.au

P (08) 9949 3666

Confidential assessment, treatment, and management for people with a mental health problem. Priority is given to those with a major mental illness or those at risk due to their mental state. Psychiatric crisis and ongoing case management are provided. Liaison and consultation with other services and agencies is also offered.

Fiona Stanley Hospital - telepsychiatry

W fsfhg.health.wa.gov.au

P (08) 6152 7999

Fiona Stanley Hospital provides specialist psychiatry services to remote and regional areas via telepsychiatry.

Galcom

E support@sentient.global

W sentientpsych.com

P 1300 187 448

Sentient Professional Wellbeing is a mental wellbeing, professional wellbeing and research organisation. Our specialised team of clinical psychologists, counsellors, executive coaches and researchers are highly skilled and experienced in working with stress, anxiety, relationships, depression, life transitions, grief & trauma/ PTSD. We welcome all forms of diversity to our clinic.

Healthspot Ot

E admin@healthspotot.com.au

W linktr.ee

P 0481 301 965

HealthspOT Occupational Therapy is an online integrative occupational therapy service focussing on mental health and well-being.

Mental Health Inpatient Unit - Kalgoorlie

W wacountry.health.wa.gov.au

P (08) 9080 5888

This specialist-designed and built unit has 7 inpatient beds including a secure observation room. The unit is managed by mental health trained nurses and medical staff and has both resident and visiting psychiatrists.

Broome Community Recovery Centre

W wacountry.health.wa.gov.au

P (08) 9192 5296

Broome Community Recovery Centre provides programs, support, training and employment opportunities for people recovering from mental health issues. It works in collaboration with other services providers in Broome. It has two social enterprise programs as well as many other groups and activities.

Community Mental Health, Drug and Alcohol Services - Fitzroy Crossing

E kmhdsclinic.reception@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9194 2867

The Kimberley Mental Health and Drug Service provides specialist mental health services to the Kimberley for all age groups. It also provides the Community Alcohol and Drug Service, which provides assessment, counselling and referral and support to people who are experiencing problems as a result of their own, or someone else's alcohol or drug use.

Community Mental Health Service - Broome

W wacountry.health.wa.gov.au

P (08) 9194 2640

The Kimberley Mental Health and Drug Service provides specialist mental health, alcohol and drug services to the Kimberley region. Doors open 8am-4pm Monday to Friday, phones answered until 4:30pm.

Lifeline - 13 11 14 - Phone Support

E reception@lifelinewa.org.au

W wa.lifeline.org.au

P 13 11 14

Lifeline WA provides Western Australians experiencing a personal crisis or thinking about suicide with access to 24 hour crisis support and suicide prevention services. Our 13 11 14 service is a nationally-routed crisis support number, available every day of the year, from any location in Australia.

Head to Health Assessment and Referral Phone Service

E regional.enquiry@medibank.com.au

W headtohealth.gov.au

P 1800 595 212

The Head to Health Assessment and Referral Phone Service provides state-wide access to telephone-based assessment and referral to match people to services to meet their mental health needs. The service undertakes a standardised assessment to identify an individual's required level of care and facilitates referral to an appropriate community-based and/or digital mental health service.

Meekatharra Community Mental Health Service

W wacountry.health.wa.gov.au

P (08) 9981 0625

This outreach service provides comprehensive assessment and treatment for people with mental health problems, covering the portion of WA which spans a coastal area from Onslow in the north to Leeman/Green Head in the south.

**Mental Health Advocacy Service (MHAS)
- Youth Advocate**

E contactus@mhas.wa.gov.au
W wa.gov.au
P (08) 6234 6300

The Mental Health Advocacy Service (MHAS) provides a specialised independent advocacy for young people accessing mental health services (in certain circumstances) to assist them enforce their rights and resolve issues.

Here For You

E contactus@mhc.wa.gov.au
W mhc.wa.gov.au
P 1800 437 348

Here For You is a statewide confidential, non-judgemental, telephone service for anyone concerned about their own or another person's alcohol and other drug use and/or mental health issues.

**Mental Health Emergency Response Line
(1300 555 788) and RuralLink (1800 552
002)**

W emhs.health.wa.gov.au
P 1300 555 788

Anyone experiencing or dealing with others experiencing mental health distress or crisis across Metropolitan WA can call the Mental Health Emergency Response Line, 24 hrs a day, 7 days a week. Regional and remote callers can reach RuralLink after 4:30pm Monday to Friday or 24/7 over the weekend.

Mental Health First Aid International

E mhfainternational@mhfa.com.au
W mhfa.com.au
P (03) 9079 0200

Mental Health First Aid (MHFA) Australia is a national not-for-profit health promotion charity focused on mental health training and research. MHFA Australia operates under the governance of a Board of Directors and derives funding from government and philanthropic grants, public donations and through its training programs.

Mental Health Journey Australia

E info@mhja.net.au
W mhja.net.au
P 0480 307 637

We support you on your road to recovery with the guidance of our Support Coordination and Recovery Coach Team. Our staff are highly experienced in working with Psychosocial disability and our aim is to help you achieve your goals by understanding your specific wants, needs, and challenges.

**Mental Illness Fellowship of Western
Australia - Midland**

E info@mifwa.org.au
W mifwa.org.au
P (08) 9237 8900

MIFWA is a not for profit organisation dedicated to providing information and a comprehensive and integrated range of support services to people with mental illness as well as their carers, families and friends who have an interest in caring for a person with a mental illness.

Mentoring Men

W mentoringmen.org.au
P 1300 583 925

Mentoring Men provide free long-term one-to-one life mentoring programs for men Australia-wide. We focus on a proactive approach, engaging with Australian men who need help before they spiral into crisis.

Mindspot - WA

E contact@mindspot.org.au
W mindspot.org.au
P 1800 614 434

A free, web-based service, Mindspot is designed to help people with high prevalence mental health conditions such as anxiety and depression. The service offers cognitive behavioural therapy with health professionals either online or by telephone. People can access the service without a doctor's referral from the comfort of their home in their own time.

Neami Nationals

E support@nqphn.com.au
W neaminational.org.au
P (07) 4034 0300

Neami is a values-based, not-for-profit organisation providing mental health, homelessness and suicide prevention services.

Pathways

W cahs.health.wa.gov.au

P (08) 9382 0731

Pathways is an evidence-based Tier 4 service providing intensive therapeutic day services in addition to educational support to children with complex social, behavioural, mental health and developmental issues. Pathways is suitable for children aged 0-12. Referrals are accepted from Tier 3 services such as CAHS Mental Health, Child Development Services and other specialised services for children

Peaceful Mind Counselling

E admin@pmcounselling.com.au

W pmcounselling.com.au

P 0426 191 010

Jayani Jayatilake is a Counsellor / Accredited Mental Health Social Worker and a member of Australian Association of Social Workers (AASW). Assisting client who experience; Depression, bipolar and other mood disorders, Anxiety Disorder, Eating Disorders, Trauma including Post Traumatic Stress Disorder, Personality disorders, Suicidal thoughts and self-harming behaviors, Domestic violence & etc.

Paediatric Consultation Liaison

W cahs.health.wa.gov.au

P (08) 6456 2222

Paediatric Consultation Liaison is a multidisciplinary team that engages with children and adolescents who are current, ongoing or regular Perth Children's Hospital patients, and have mental health issues related to their medical conditions or central to their treatment plan. This service is provided by the WA Government.

Gender Diversity Service

W cahs.health.wa.gov.au

P (08) 6456 0202

The Gender Diversity Service (GDS) offers a multidisciplinary approach to the assessment, care and treatment of gender diversity. It is provided by the WA Government.

Eating Disorders Program

W cahs.health.wa.gov.au

P (08) 6456 2222

The Eating Disorders Program provides outpatient, day treatment and inpatient management of children and adolescents with eating disorders. It is provided by the WA Government.

Complex Attention and Hyperactivity Disorders Service

W cahs.health.wa.gov.au

P (08) 6456 0214

The Complex Attention and Hyperactivity Disorders Service is a specialist assessment and consultation service for children aged up to 17, and their families, who have persistent complex attention difficulties and related conditions. It is provided by the WA Government.

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au

W phoenixhypnotherapy.com.au

P 0438 411 551

Psychotherapy, Clinical Hypnotherapy, NLP, EMDR, CBT to transform anxiety and depression, quit smoking and weight loss, Phobia and PTSD. Creating change for clients to access true emotional ease with Nationally accredited Psychotherapist, Lynne Lumley. Natural

Positive Families PSYCHOLOGY CLINIC

E info@positivefamilies.com.au

W positivefamilies.com.au

P (07) 3096 0450

Positive Families is a boutique positive psychology clinic conveniently located in the inner Brisbane suburb of Ashgrove. We provide a comprehensive range of specialised counselling for children, teenagers, adults and families. We support our clients across the broad spectrum of mental health – from individual therapy and treatment of mental health issues to building resilience.

Psychcare Services Telehealth and Psychcare Psychology

E pm@psychcareservices.com.au

W psychcareservices.com.au

P (07) 3812 9001

PsychCare Services is an independent healthcare provider, specialising in the delivery of community based psychiatric assessment and treatment services for clients of all ages. We specialise in providing telepsychiatry services across Australia and have a practice in Ipswich, Qld that offers face to face psychiatry and psychology services.

PsychHelp

W psychhelp.com.au

P 1300 144 357

PsychHelp offers a full range of telehealth based online psychological services across Australia. Our Psychologists are all qualified and registered with a broad range of expertise. We provide a convenient, affordable, and confidential service for all clients with bulk billing also available. Please visit our website for more information and the ability to book an appointment online today.

PsychOrium Forensic and Clinical Psychology Service

E info@psychorium.com

W psychorium.com

P (02) 8772 9559

PsychOrium takes a positive psychology and humanistic approach, we fundamentally believe that every person has a unique strength and we strive to maximise and build upon that strength. Our experienced team provides clinical and forensic assessments and interventions, court and legal aid reports, group therapy, consultancy and training.

Reimagine

E reimagine@mhcc.org.au

W reimagine.today

P (02) 9555 8388

Supporting people living with mental health conditions to navigate the NDIS

Eating Disorders Outreach and Consultation Service

W scgh.health.wa.gov.au

P 1300 620 208

The WA Eating Disorders Outreach and Consultation Service is a Statewide Service that aims to ensure youth and adults in WA with an eating disorder can access optimal best practice care. We provide consultation liaison, mentoring and support to help clinicians to manage their patients, as well as resources and clinical education.

Talked

E info@talked.com.au

W talked.com.au

P 0466 439 787

Talked provides affordable and Medicare-rebated, NDIS-rebated or private health rebated mental health services.

The ADHD Psychology Clinic

E admin@adhdpsychiatryclinic.com.au

W adhdpsychiatryclinic.com.au

P 1300 517 614

Our psychologists provide Adult ADHD diagnostic assessments. Telehealth consultations Australia wide.

The Regional Men's Health Initiative

E menshealth@4blokes.com.au

W regionalmenshealth.org.au

P (08) 9690 2277

The Regional Men's Health Initiative acts as a bridge of support and education to regional men, communities and health services throughout Western Australia. Our team achieves this through the support for grass roots organisations and attending their functions when requested.

Unwind Psychology

E unwindpsychology@gmail.com

W unwindpsychology.com.au

P 0493 083 161

Unwind Psychology is a telehealth based online private Psychology practice, providing high-quality psychological treatment and support services to adults across Australia. Offering a range of counselling and psychology treatment options tailored to your needs. You are the expert in your life, and we have the psychology knowledge and training, and together we can help you live your best life.

Mental health promotion

E waac@waaid.com

W waaid.com

P (08) 9482 0000

Mental health promotion

Young Veterans

E admin@youngveterans.com.au

W youngveterans.com.au

P 0401 793 560

Young Veterans has one goal, enrich the lives of Australian veterans, empowering them to progress and succeed in life after service. Young Veterans was born from a necessity of support that wasn't available. This support is one that inspires Veterans to think outside the box of what is possible, re-engage with civilian society and participate in positive events that challenge and rehabilitate.

YoungMinds Albany

E brooke@youngmindsalbany.com

W youngmindsalbany.com

P 0408 415 776

Providing evidence based, psychological services to children, young people and their families. Registered with Medicare and Employee Assistance Programs.

Psychiatric Services

Call to Mind

E info@calltomind.com.au

W calltomind.com.au

P (03) 9099 0453

Call to Mind is a telepsychiatry service that allows people across Australia to access quality mental health care. We have a team of psychiatrists and psychologists ranging in availability and speciality to best meet your needs. Consults are held on a video-conferencing platform so you can attend your appointment from anywhere.

Christina Petz Clinical Psychologist

E christina.petz@bigpond.com

P (08) 9022 2666

Clinical Psychology service, provision of specialised mental health treatment, face to face or via onsite telehealth. Open every day 9am-4pm.

Sexual Support Services & Counselling

1800RESPECT

W 1800respect.org.au

P 1800 737 732

Are you experiencing sexual assault or domestic and family violence? Seeking to support someone who is? Qualified, experienced counsellors are available 24/7 to provide support, information and referral. Call 000 if in danger.

Sexual Health Helpline

E info@shq.org.au

W shq.org.au

P (08) 9227 6178

A confidential telephone information and referral service provided by SHQ, staffed by advanced practice nurses who can respond to clinical and general sexual and reproductive health queries.

Specialist Outpatient Clinics

Deafblind Information Australia

E info@deafblindinformation.org.au

W deafblindinformation.org.au

Deafblind Information Australia is a consortium of Senses Australia, Able Australia and Deafblind Australia.

Specialists

Calm Nights Sleep Consultancy

E hayley@calmnights.com.au

W calmnights.com.au

P 0456 682 531

Calm Nights Sleep Consultancy provides sleep services for expectant parents and children from birth to 10 years. As a certified paediatric sleep consultant, I work co-operatively with families to assist them in gently teaching their child to sleep through the night.

Docto

E team@docto.com.au

W docto.com.au

P 1300 336 286

Australia's first online hospital providing medical specialist video-consultations by appointment. Referred patients are matched to the most appropriate specialist in our national database.

Dubberley, Stacey Louise

E ndisnursecontinencespecialist@gmail.com

Continence Assessments for NDIS - Telehealth only
(Australia Wide) Online referral and service
agreement
<https://form.jotform.com/222121943144850>

TENS Hire Perth

E tenshireperth@gmail.com

W tenshireperth.com.au

P 0413 852 643

TENS Machine Hire for labour Childbirth Education

Wound Specialist Services

E info@woundservice.com.au

W woundservice.com.au

P (07) 3289 3102

Our vision is to create a better life for people with or at risk for wounds and those caring for them. Wound Specialist Services uses digital solutions to give as many people as possible access to wound knowledge anytime and anywhere to improve patient and health service outcomes. We enable the delivery of best practice wound care through our comprehensive range of services.

Information & Counselling

Carer Information

XLH Australia Incorporated

E xlhaustralia@gmail.com

XLH Australia is a patient support and advocacy group for people living with, and people caring for others with, X-linked Hypophosphatemia (XLH).

Disability Information & Counselling

Assistive Technology Australia

E help@at-aust.org

P 1300 452 679

We provide information and advice to people with disabilities, older people, carers, service providers, allied health professionals and the general community on assistive technology solutions for independent living. We run group tours, community talks and workshops to spread awareness about Assistive Technology and its role in aiding independent living.

Financial & Gambling Management & Budgeting

Fair Entitlements Guarantee (FEG)

W ag.gov.au

P 1300 135 040

The Australian Government provides assistance to people owed certain outstanding employee entitlements following the liquidation or bankruptcy of employers, this help is available through the Fair Entitlements Guarantee (FEG).

Manage Mode NDIS Plan Managers

E info@managemode.com.au

W managemode.com.au

P (08) 6115 6388

Western Australian based NDIS Plan Manager with capacity to manage plans and payments for NDIS approved participants and their nominees. We understand the challenges, frustrations and victories that are experienced by participants and their carers on a daily basis and we take a very personal interest in positive outcomes.

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is Australia's largest and longest running financial education and matched savings program. Build financial skills, develop life-long savings habits, and receive up to \$500 to assist with education costs. To participate, you must be 18+ years, be studying or have children at school, have a health care or pensioner concession card, Centrelink payment plus some income from work.

General Support Services & Counselling

Anchoring Your Life Counselling

E debra@anchoringyourlife.com

W anchoringyourlife.com

P 0490 061 761

I provide counselling support to couples, adults and teenagers. These services can be provided both in my private practice or online for those who may have mobility issues or prefer the sanctity of their own home. I am a private healthcare provider and work with NDIS participants who are self or plan managed.

Connecting Dots Counselling

E theresa@connectingdotscounselling.au

W connectingdotscounselling.au

Hello, my name is Theresa. Whatever has brought you to the session is what is important to you and what matters to me. No matter what your age, we will work together to empower you, bring clarity, learn new skills, build on your strengths and discover your best self to live your best life.

Counselling and Coaching with Astuteology

W astuteology.com

P 0426 952 757

As your qualified registered ACA counsellor and coach, I will work with you to help you overcome your problems, and grow your strengths and talents, so you enjoy better relationships and achieve your lifetime goals. All your counselling and coaching needs will be met, either by phone, Skype or Zoom no matter where you are in the world. Let's work on a plan to build a happier more contented you!

Counselling Services Hervey Bay

E patriciaf20101@outlook.com

W counsellingservicesherveybay.com.au

P 0458 431 919

NDIS Provider- Counselling Individuals, Children and Couples, Clinical Family Therapy, Energy Psychology-Kinesiology and Theta Healing- By Appointments Saturdays. Passionate about helping people to achieve their goals and having a happier healthier life.

Diverse Communities and Social Services (DCSS Australia Inc.) Indigenous and LGBTIQ+ Community Justice and Social Services Charity / Not-For-Profit and Charity Community Consultants (NFPPCC) Indigenous DGR PBI Charities

E Info@dcssaustralia.org

W dcss.org.au

P (03) 6185 0292

This program enables us to assist people who are disadvantaged and who genuinely want to change their lives. Clients can complete a WDP through our organisation, for more information please visit: <https://www.dcssaustralia.org/services> or email Justice@dcssaustralia.org

Dr Julie-May Brown

E jmbpsychology@hushmail.com

W jmbpsychology.com.au

P 0421 778 204

Dr Julie-May Brown is an EMDRAA Accredited Clinical Psychologist - specializing in ONLINE treatment for trauma and mental health issues.

Family Relationship Advice Line

W familyrelationships.gov.au

P 1800 050 321

For those seeking help, information, support and referral to a range of services that can prevent family breakdown or ease the difficulties associated with separation and divorce.

Healing Beyond Discovery

E info@healingbeyonddiscovery.org

W healingbeyonddiscovery.org

Our group focuses on providing confidential support and information to heterosexual people who discover their partner is gay, lesbian, bisexual or transgender. Our private peer to peer support group offers a safe space to share your story and for you to gain support from people who understand.

Holistic Lifestyle Practice

E admin@holisticlifestylepractice.com.au

P 0459 946 832

Kellie Hansen is an Accredited Mental Health Social Worker, Somatic Experiencing Practitioner and Credentialed Eating Disorder Clinician who provides evidence based psychological therapy for mental health and wellbeing for adolescents and adults in person or via telehealth (phone or video link) with rebates under Medicare and NDIS funding (where eligible).

Huntington's WA

E admin@huntingtonswa.org.au

W huntingtonswa.org.au

P (08) 6457 7599

For people affected by Huntington's disease HWA provides one to one support, support groups, outings, retreats, advocacy, a Day Centre Program, crisis referrals, education and information services.

Inkblot Psychology Clinic

E reception@inkblotclinic.com.au

W inkblotclinic.com.au

P (08) 6245 0130

a boutique psychology clinic offering a range of psychological services to children, adolescents, and adults. Our clinicians are highly trained and experienced and bring with them specialist skills in a number of areas including psychoeducational assessments, mood disorders, ADHD, LGBTQIA+ issues, trauma/PTSD and neurodiversity. We see clients 6 years and above. Open weekdays 9.30am - 5pm

JPS Counselling

E JPSCounsellingSW@gmail.com

P 0493 523 322

A dedicated Counselling service, ready to provide counselling for many issues including Loss & Grief support, disability support, suicide & Self harm, PTSD, Anxiety, depression, family therapy, sexual support, LGBTQIA+ support, couples counselling and much more. Our dedicated, highly trained staff are here to help. We are a registered NDIS provider.

Make It Happen Hypnotherapy

E sandy@make-it-happen-hypnotherapy.com

W mihh.com.au

P 0475 159 415

Sandy is a Registered Clinical Hypnotherapist Psychotherapist. She helps people to find and fulfill their magnificent purpose in life, as she believes that everyone has been given the unique gifts and live their life to the fullest. She promotes brain education, helping people to eliminate blockages in their subconscious mind that limit them, and reinvent the life that they want.

MensLine Australia

W mensline.org.au

P 1300 789 978

MensLine Australia is the nationwide telephone and online support, information and referral service. MensLine Australia offers a safe and confidential 24/7 phone and video counselling service. 1300 78 99 78

<http://www.mensline.org.au/>

Nicole Ivens Holistic Counselling

E info@nicoleivens.com

W nicoleivens.com

P 0400 280 475

Counselling Service for Women. Specialising in: Anxiety, Stress, Self-care, Improving Self-confidence, Relationships, Grief & Loss, and Trauma

Northern Frontiers Mediation and Counselling Mediation and Counselling

E reception@northernfrontiers.com.au

W northernfrontiers.com.au

P 1300 908 170

Our counsellors, mediators and psychologists assist with issues such as relationship difficulties, family separation parenting, grief and loss, peer pressure, behaviour management thoughts of suicide/self-harm, conflict at work and many more. Based in Cairns, Queensland, we provide professional services across Australia via phone, or in-person at our Cairns city offices.

Not My Closet

E karen@notmycloset.com

W notmycloset.com

Counselling and coaching throughout Australia for straight spouses who've discovered their partner is a closeted lesbian, gay, bisexual or transgender person.

Nova Psychology

E hello@novapsychology.com.au

W novapsychology.com.au

P 0418 936 120

We are a diverse team of experienced therapists offering support for a broad range of mental health and life concerns. we are able to book clients an appointment for a telehealth consultation anywhere in Australia within one to two weeks. So we provide convenience, flexibility and accessibility with no long wait times. We welcome you to get in touch. Let's have a chat about how we can help (:

Open Arms

E OpenArms.SouthQLD@dva.gov.au

W openarms.gov.au

P 1800 011 046

Veterans and families phone counselling and support line.

Counselling, Career and Consultancy Services

E morehope@iinet.net.au

W counsellingcareerandconsultancyservices.com.au

P 0408 890 887

Experienced Counsellor/Social Worker (AMHSW) specialising in relationship, anxiety/depression, and trauma counselling. In private practice from 1999. Previously managed a branch of Relationships Australia and a school service. Worked 5 years as a case manager (adult community and inpatient at Armadale Mental Health Service) If Christian counselling is desired ask Owen when you make contact.

Start from Within

E admin@startfromwithin.com.au

W startfromwithin.com.au

P (02) 8971 7392

Counselling and Grief Peer Support Groups

talklink

E hey@talklink.com.au

W talklink.com.au

P (03) 7064 9528

An online mental health directory connecting Australians with mental health support. We have available psychologists, counsellors, and psychotherapists available nationwide to help people with mental health concerns. All of our mental health practitioners are available online.

The Butterfly Foundation National Helpline

E support@thebutterflyfoundation.org.au

W butterfly.org.au

P 1800 334 673

The Butterfly Foundation operates a National Helpline that includes support over the phone, via email and online, reaching 20,000 people each year. The Helpline is staffed by trained counsellors experienced in assisting with eating disorders and body image issues. We also provide a wide range of programs for service providers and recovery groups.

Toowoomba Psychology And Counselling

E james.ising@gmail.com

W jamesisingcounselling.com.au

P 0412 742 927

Specialist psychology and counselling to individuals, couples and families. Sessions on anger, depression and anxiety, marriage and relationships, parenting, and work/life balance. James Ising is a down to earth Psychologist and Counsellor with extensive professional experience working in the non-profit, Government and health sectors. Confidential specialist service.

Touching Hearts Counselling

E touchingheartscounselling@gmail.com

P 0402 916 861

Accredited and Professional Counsellor with the Australian Counselling Association. Working Face2Face, Zoom and Mobile to your door. Deep listening and exploring issues through Sandtray and EFT (Emotional Freedom Technique) Picture Tapping Lego Therapy for children Focus on Anxiety and stress, Emotional challenges, Feeling stuck, difficulty making decisions and exploring strengths

Transformative Place Counselling Service

E counsellortpcs@gmail.com

W transformativeplace.com.au

P 0418 961 475

Online counselling service for Australians 18 years and over

Walking Life's Path Counselling Service

E walkinglifepath@liferestored.me

W liferestored.me

P 0411 513 430

Seek to: identify goals & potential solutions to problems causing emotional turmoil; improve communication & coping skills; strengthen self-esteem; & promote behaviour change & optimal mental health.

Lesbian, Gay, Bisexual and Transgender (LGBTQIA+)

QLife

E ask@qlife.org.au

W qlife.org.au

P 1800 184 527

QLife is Australia's first nationally-oriented peer support and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI).

Trans Wellbeing

E info@transwellbeing.com

W transwellbeing.com

P 0481 360 427

An online group program for parents of transgender and gender diverse people. Compassionate and evidence-based information and support.

Transfolk of WA

E admin@transfolkofwa.org

W transfolkofwa.org

A support network for trans people and their families in WA. Provides a range of peer led support and services for gender diverse individuals and their families. Safe and inclusive spaces, social events and personal development opportunities for gender diverse people. Communicates and collaborates with political, government, community to increase visibility and awareness of gender diversity.

Loss & Grief Support Services & Counselling

My Counselling and Me

E mycounsellingandme@gmail.com

W mycounsellingandme.com.au

P 0401 596 497

Kim is an experienced NDIS registered counsellor, membership with the Australian Counselling Association. Kim has extensive experience in caring for people with life-limiting illnesses and conditions. Kim also has extensive experience in providing community advice and support in palliative care, advance care planning, including supporting LGBTIQ clients.

Maternity Support Services & Counselling

National Perinatal Anxiety and Depression Helpline

E info@panda.org.au

W panda.org.au

P 1300 726 306

PANDA National Helpline Monday - Friday 9am to 7.30pm AEST/AEDT confidential Australia-wide counselling, support, information and referrals to local services. Tel: Support 1300 726 306, Admin 03 9926 9090

Pregnancy Counselling Australia

E admin@pregnancycounselling.com.au

W pregnancyhelpaustralia.org.au

P 1300 737 732

An Australia-wide telephone support service for concerns associated with: - An unexpected or difficult or challenging pregnancy. - Grief or anxiety following termination or other pregnancy loss We understand that it often takes courage to seek assistance. Our telephone support workers will listen to your concerns and respond to your request for information, support or counselling.

Suicide & Self Harm Information

ConNetica Consulting

W connetica.com.au

P (07) 5491 5456

ConNetica is recognised and awarded in Australia and internationally for our thought leadership in mental health and suicide prevention, comprehensive approach to service mapping, collaboration and integration, stakeholder engagement, suicide prevention training programs, advocacy and research.

LivingWorks Education Australia

E info@livingworks.com.au

W livingworks.com.au

P 1300 738 382

LivingWorks is the world's leading provider of suicide intervention training. For more than thirty years, we have developed and delivered programs of the highest quality with the goal of saving lives from suicide. Praised by the international community and supported by numerous studies, our workshops help people become more willing, ready, and able to intervene with someone at risk.

The Samaritans Emotional Support Line

E info@thesamaritans.org.au

W thesamaritans.org.au

P 13 52 47

The Samaritans provide non-judgemental, emotional support to those experiencing distress and despair including those who may be at risk of suicide.

Legal Assistance & Information Services

Mediation & Ombudsman Support

Australian Financial Complaints Authority

E info@afca.org.au

W afca.org.au

P 1800 931 678

The Australian Financial Complaints Authority (AFCA) helps individuals to resolve complaints about financial products and services. It's free to the public and you don't need to pay someone to help you lodge a complaint.

Family Mediation Direct

E admin@familymediationdirect.com.au

W familymediationdirect.com.au

P 1300 559 459

We assist parent going through separation to reach agreements about their children and property.

Peak, Industry and Funding Bodies

Foundations

Sock it to Sarcoma!

E admin@sockittosarcoma.org.au

W sockittosarcoma.org.au

P (08) 6285 0744

We fund research into and provide peer support, financial assistance, information and community networks for people who have been diagnosed with sarcoma and their families. Contact us through our website for more information about services.

Industry Bodies

Industrial Hemp Western Australia Association Inc. Inc.

E admin@ihempwa.org

W ihempwa.org

iHempWA is a public not-for-profit incorporated entity formed to be a trusted industry voice to connect, guide and builds the Western Australian Industrial Hemp community and industry.

Peak Bodies

Country WA PHN

W wapha.org.au

P (08) 6272 4900

WA Primary Health Alliance commissions a range of community-based treatment and support services, delivered across Western Australia.

Disability Advocacy Network Australia (DANA)

E info@dana.org.au

W dana.org.au

Disability Advocacy Network Australia (DANA) is a national peak body for Disability Advocacy Services - It does not provide direct services to the community.

Indigenous Allied Health Australia

E admin@iaha.com.au

W iaha.com.au

P (02) 6285 1010

Indigenous Allied Health Australia is a national, member-based Aboriginal and Torres Strait Islander allied health organisation. IAHA leads sector workforce development and support to improve the health and wellbeing of Aboriginal and Torres Strait Islander peoples.

Kidney Health Australia

E Kidney.Helpline@kidney.org.au

W kidney.org.au

P 1800 454 363

We are the peak body for kidney health in Australia. For over 50 years, we have connected people to the vital information, education and support services they need to preserve their kidney health and live a better quality of life if they are diagnosed with kidney disease.

Mental Health Commission of Western Australia

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P (08) 6553 0600

The Mental Health Commission is responsible for planning, commissioning and providing mental health, alcohol and drug services in Western Australia on behalf of the State Government. Visit our website for more information.

Skills Alliances

Australian Women In Agriculture (AWiA)

E administration@awia.org.au

W awia.org.au

P 0490 346 195

Australia's peak organisation for women across all areas in agriculture since 1994. We are a network of women across Australian agriculture and beyond. Together, we are a stronger voice and a voice that can make a difference.

Recreation & Leisure

Crafts

Australian Lace Guild W A Branch

E walacesec@gmail.com

W australianlaceguild.com.au

This Guild promotes and teaches all forms of lace making. Some of the styles of lace making available are bobbin, needle, tatted, knitted, crochet, knotted.

Fitness Activities

Live online Yoga and Pilates Classes

E info@kevalahealth.com.au

W kevalahealth.com.au

Live Stream Online Yoga and Pilates classes. Private personal training NDIS registered. General yoga, pilates, mixed yoga-pilates, meditation, fitness, rehab

General Recreation and Leisure

ClassBento

E hi@classbento.com.au

W classbento.com.au

ClassBento is all about the fun and stimulation that comes with learning (or teaching) a skill and being present in the moment. Be inspired by our experienced teachers, and give your brain a chance to stretch those creative wings. Join our mission and let's bring more healthy arty fun into our communities.

Self Help

General Self Help Services

National Continence Helpline

W continence.org.au

P 1800 330 066

The National Continence Helpline is a free telephone advisory service.

Sahaja Yoga Queensland

E peter.hewitson1@gmail.com

W sahajayogaql.com

P 0438 781 413

Sahaja Yoga provides free meditation programs for the community all around Australia.

The NAKED Soul

E admin@thenaked soul.com.au

W thenaked soul.com.au

P 1300 625 331

The purpose of The NAKED Soul (our WHY) is to ... Inspire Humanity to Love. Experience more joy, gratitude, kindness and well-being in your day-to-day life, through our wellbeing programs, private coaching & transformational life workshops.

Life coaching

E your.listener.coaching@gmail.com

W yourlistener.wixsite.com

P 0402 333 950

John Cuturilo is Your Listener, a new type of life coach in Australia who helps people to overcome challenges and make changes in their lives. Drawing on a rich base of knowledge and experience, John eschews extravagance, vague claims, and expensive packages for tested strategies based on real experience in demanding situations.

Sport

Sports Clubs

KidSport

E kidsport@dlgsc.wa.gov.au

W dlgsc.wa.gov.au

P (08) 9492 9911

KidSport enables eligible Western Australian children aged 5 to 18 years to participate in community sport by offering them financial assistance of up to \$150 per calendar year towards club fees.

Volunteering

General Volunteering Services

The Trustee For Freddy Bear Foundation

E hello@freddymatch.org

W freddymatch.org

P 1300 737 090

At FreddyMatch, we drive social change through technology, using our unique algorithm to match people with great opportunities, increasing volunteer participation rates and building stronger communities.

Welfare Assistance & Services

General Welfare & Support Services

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is a 10-month matched savings program that helps people to build their financial skills, establish a savings goal and develop long term saving habits. When finished, participants receive up to \$500 in matched savings which can be used for education costs such as computers and tablets, text books and uniforms.

National Perinatal Support Program

E info@thebabesproject.com

W thebabesproject.com.au

P 1300 140 212

The Babes Project works with women who are seeking additional support during pregnancy. We run a National support service providing our Perinatal Support Program via phone and video calls for pregnant and early parenting women across Australia, who cannot access one of the Centres.

Youth Services

General Youth Services

Brave Foundation

E info@bravefoundation.org.au

W bravefoundation.org.au

P 0448 088 380

The Brave Foundation is a national charity which runs a program supporting expecting and parenting teens and young people up to age 25 face to face and virtually in Cairns and surrounding areas, by providing mentoring and connecting them to the services and resources they need and supporting that ongoing engagement.

Youth Bail Options Program

E hellohope@hopecs.org.au

W hopecommunityservices.org.au

P (08) 9921 7409

Hope Community Services manage Youth Bail Options Program (YBOP) houses in the Perth Metro, Midwest, Pilbara and Goldfields regions.

Youth Bail Options Program

E info@hopecs.org.au

W hopecommunityservices.org.au

P (08) 9021 3069

Hope Community Services manage Youth Bail Options Program (YBOP) houses in the Perth Metro, Midwest, Pilbara and Goldfields regions.

Little Dreamers Australia

E info@littledreamers.org.au

W littledreamers.org.au

P 1800 717 515

As Australia's leading Young Carer organisation, Little Dreamers works with young people who provide unpaid care for a family member with a disability, illness or addiction. Across a range of direct support programs, we're improving the quality of life for Young Carers across Australia, with a vision that every single Young Carer around the world is supported by someone or something by 2030.

Youth Crisis & Emergency Services

Department of Communities

E enquiries@communities.wa.gov.au

W dcp.wa.gov.au

P 1800 176 888

protects and cares for Western Australian children and young people who are in need, and supports families and individuals who are at risk or in crisis. We work proactively with families to build safety around children, and prevent the need for children to enter the out-of-home-care system. We also support children and young people who are in out-of-home care to thrive by working with ...

Youth Information & Counselling

Beyond Blue - Perth

W beyondblue.org.au

P 1300 224 636

Promotion of help seeking behaviour for young people who are depressed.

ehespace

W headspace.org.au

P 1800 650 890

ehespace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends. If you're based in Australia and going through a tough time, ehespace can help. You can talk 1-on-1 with an ehespace clinician via an online chat, email or over the phone.

Youth Justice Services

E hellohope@hopecs.org.au

W hopecommunityservices.org.au

P (08) 6391 0450

Hope Community Services deliver a range of support for young people aged between 10 and 17 years of age who have become involved with the justice system, in the Kimberley, Perth Metropolitan, Midwest, Pilbara and Goldfields regions. Programs include Bail Services, Youth Transitional Accommodation Program, and Community Programs.

YES! Housing

E yeshousingduty@anglicarewa.org.au

W anglicarewa.org.au

P (08) 9263 2009

Young people who are homeless or at risk of homelessness can be assessed for eligibility for a Department of Housing tenancy, and then supported to develop their independent living and tenancy skills to be able to maintain long term stable housing.

Youth In Motion

E caitlin.tanaka@youthinmotion.org.au

W youthinmotion.org.au

The Learning Project provides free 1-1 tutoring to students who might be having a hard time. Our students experience disadvantage in many ways – from learning and attention difficulties to mental health issues. We make sure no student is left behind.

Youth Insearch

E admin@youthinsearch.org.au

W youthinsearch.org.au

P 1800 805 635

Australia's leading peer-led youth trauma recovery organisation, dedicated to supporting at-risk youth aged 12-25. We run Weekend Workshops, Weekly Support Groups and Individual Support for young people to connect and develop life skills. Our programs are delivered with youth, supported by expert adults.

Index

- 1800RESPECT 56
- 24hr Alcohol and Drug Support Line 47
- 24hr Meth Helpline 48
- 24hr Parent and Family Drug Support Line 48
- 514 ACU Australian Army Cadets 26
- A Team Tuition - HEAD OFFICE 41
- Absolute Care Therapy - Allied Health 44
- Accelerated Learning Tutoring Centre 42
- Achieve Disability Care 35
- Acorn Stairlifts 28
- Activ8 Health Club 50
- Active Nutrition 44
- Advocare care finder program 28
- ALANNAH and MADELINE FOUNDATION 42
- Alcohol and Drug Treatment and Rehabilitation Program 48
- Amanda Giudice Clinical Psychology 50
- Anchoring Your Life Counselling 57
- Anger Management and Conflict Resolution Program 42
- Anglicare WA - Karratha 14
- Anglicare WA - South Hedland 27
- Anglicare WA - Standby Program Pilbara 19
- Approach Services 43
- Arthritis And Osteoporosis Wa 48
- Assistance with Domestic Duties for NDIS Pet Owners 30
- Assistive Technology Australia 57
- Attaboi Music Magazine 30
- Auslan services 50
- Australia Nova Romana 32
- Australian Cervical Cancer Foundation 41
- Australian disability support services 35
- Australian Financial Complaints Authority 62
- Australian Lace Guild W A Branch 63
- Australian Primary Health Care Nurses Association (APNA) 48
- Australian School Of Entrepreneurship 41
- Australian Sickle Cell Advocacy Inc 28
- Australian Training Institute 40
- Australian Women In Agriculture (AWiA) 63
- Avicenna Health and Wellness 44
- Axis Health Psychology 44
- Balance Minder 41
- be informed. 41
- Beyond Blue - Perth 65
- Beyond Blue Helpline and Online Chat 51
- Bloodwood Tree Association 24
- BluePages Depression Information 51
- Boomaroo Plan Management 35
- Braille House 32
- Brave Foundation 64
- Brightsky Australia 29
- Broome Community Recovery Centre 52
- Cahoots 35
- Call to Mind 56
- Calm Nights Sleep Consultancy 56
- Capital Gaurdians Plan Management 35
- Cardiology 19
- Care Squared 35
- Carer Gateway 25
- Cataract Kids Australia 28
- Choirs4Kids 30
- Christina Petz Clinical Psychologist 56
- Chrysalis Wellbeing 44
- City Of Karratha 13
- ClassBento 63
- ClearConvo 45
- Communicate Speech Pathology 45
- Community Alcohol and Drug Service - Broome 47
- Community Alcohol and Drug Service - Carnarvon Health Campus 47
- Community Care 13
- Community Mental Health Service - Broome 52
- Community Mental Health Service - Carnarvon Health Campus 51
- Community Mental Health Service - Exmouth Health Service 51
- Community Mental Health, Drug and Alcohol Services - Fitzroy Crossing 52
- Companion Mental Health And Disability Services - Port Hedland 22
- Complex Attention and Hyperactivity Disorders Service 54
- Complex Support Coordination 36
- Confidence Club 36
- Connect Paediatric Therapy Services 15
- Connect2Care - ACT 45
- Connected au 30
- Connecting Dots Counselling 58
- ConNetica Consulting 61
- Consumers of Mental Health WA 27
- Continance Aids Payment Scheme 45
- Council On The Ageing WA 29
- Counselling and Coaching with Astuteology 58
- Counselling Services Hervey Bay 58
- Counselling, Career and Consultancy Services 60
- Country WA PHN 62
- Crisis Care Helpline 27
- Crystal Clear Psychology Solutions 45
- Curtin University of Technology 43
- Daily Safety Check-in Call 29
- Daily Welfare Check by Phone to Check they are OKAY 29

Deafblind Information Australia 56
 Department Of Communities 65
 Department of Communities - Women's Information Service 32
 Department of Water and Environmental Regulation - Karratha 14
 Diabetes WA 48
 Diabetes WA 44
 Dineamic 36
 Disability Advocacy Network Australia (DANA) 62
 Disability Enquiry Hotline 36
 Disability Health Support Australia 36
 Diversa Health - Richmond 50
 Diverse Communities and Social Services (DCSS Australia Inc.) Indigenous and LGBTIQ+ Community Justice and Social Services Charity / Not-For-Profit and Charity Community Consultants (NFPPCC) Indigenous DGR PBI Charities 58
 Docto 56
 Domestic and Family Violence Mensline 32
 Domestic and Family Violence Womensline 33
 Dr Foster and Associates 49
 Dr Julie-May Brown 58
 Drug and Alcohol Treatment Service - Pilbara 11, 17, 24
 Dubberley, Stacey Louise 56
 Dv Assist 32
 e-couch self-help 51
 E - Hub Health 51
 Early Intervention Support Services 25
 Eating Disorders Outreach and Consultation Service 55
 Eating Disorders Program 54
 eheadspace 65
 Electrician Jobs 43
 Embodied Confidence 15
 Epilepsy Action Australia 36
 Epilepsy WA 36
 Fair Entitlements Guarantee (FEG) 57
 Fair Work Infoline 43
 Family Drug Support 47
 Family Mediation Direct 62
 Family Relationship Advice Line 58
 Family Support Service 20
 Fiona Stanley Hospital - telepsychiatry 51
 Food Sensations for Adults 46
 FORTRESS LEARNING 41
 Free Counselling for Separated Parents and Children 31
 Fremantle Fairground Association 30
 Full Stop Australia 32
 Galcom 52
 Gemini Medical Centre Newman 9, 10
 Gender Diversity Service 54
 Girl Guide Unit 12
 GIVIT 32
 Grow Strong Lactation and Physiotherapy 23
 Grow Your Impact 37
 GS Assist 37
 Head to Health Assessment and Referral Phone Service 52
 headspace Hedland 25
 headspace Karratha 18
 Healing Beyond Discovery 58
 Healthdirect Helpline 48
 Healthspot Ot 52
 Hearing Australia - Karratha 18
 Hedland Health Campus 24
 Hedland Health Campus - Allied Health 23
 Hedland Health Service - Pharmacy 26
 Hedland Psychologists - Port Hedland 23, 25
 Hedland Psychologists - South Hedland 23
 HEDLAND SES - Port Hedland 22
 Hedland Well Women's Centre 23
 Hendercare - West Perth 29, 37
 Herbalife Independent Distributor 49
 Here For You 53
 Heyhubble 37
 HiBar Nutrition and Fitness 49
 HiCom Care - NDIS Plan Manager 37
 Holistic Lifestyle Practice 58
 Holyoake Wheatbelt Community Alcohol and Drug Service - Northam 47
 Hope Community Services - PCADS Karratha 16
 Huntington's WA 58
 I Hate Cooking 37
 Indigenous Allied Health Australia 63
 Individual Community Living Strategy 50
 Industrial Hemp Western Australia Association Inc. Inc. 62
 Inkblot Psychology Clinic 59
 Integrated Chronic Disease Care - Pilbara 16
 Integrated Chronic Disease Care - Port Hedland 24
 Integrated Chronic Disease Care - Roebourne 17
 Integrated Chronic Disease Care - Western Desert 10
 Integrated Primary Mental Health Care 25
 Integrated Primary Mental Health Care - Karratha 19
 Integrated Primary Mental Health Care - Newman 11
 Integrated Primary Mental Health Care - Tom Price 8
 Integrated Team Care - Pilbara 12
 InteliCare 29
 Jen Robe Writes 30
 Jenny Gleeson Coaching and Consulting 43
 JPS Counselling 59
 Julie Pratt - IBS and FODMAP Dietitian 45
 Julyardi Aboriginal Corporation 21
 Karingal Neighbourhood Centre 7
 Karratha Central Healthcare - Karratha 16
 Karratha Family Centre 14

Karratha GP Super Clinic 18
 Karratha Health Campus 18
 Karratha Health Campus - Allied Health 16
 Karratha Health Campus - Pharmacy 19
 Karratha health services 16
 Karratha Home Care Package services 13
 Karratha Medical Centre - Karratha 18
 Karratha Pharmacy 19
 Karratha Women's Place Inc. 14
 Karratha Youth Service 20
 Kidney Health Australia 63
 Kidsafe WA 46
 KidSport 64
 Kimberley Mental Health and Drug Service - Halls
 Creek 47
 Kindship 34
 Kununurra District Hospital - Kimberley Mental
 Health and Drug Service 47
 Language Trainers Australia - Western Australia
 41
 Lavender Sleep and Wellness 45
 Leukodystrophy Resource and Research
 organisation 46
 Life coaching 64
 Lifeline - 13 11 14 - Phone Support 52
 Limbs 4 Life 34
 Linked Cleaning Service - 33
 Little Dreamers Australia 65
 Live online Yoga and Pilates Classes 63
 Lived Experience education and support 46
 LiveLighter 48
 LiveUp 28
 LivingWorks Education Australia 61
 Low Medical Detox Service 17
 Lung Foundation 49
 Mable Direct store 49
 Magic Coat for Kids Pty Ltd 31
 Make It Happen Hypnotherapy 59
 Make Smoking History 46
 Manage It 37
 Manage Mode NDIS Plan Managers 57
 Marble Bar Community Resource Centre 10
 Marble Bar Nursing Post 11
 Martu Rangers 10
 Mawarnkarra Health Service 18, 19
 Mawarnkarra Health Service Aboriginal -
 Roebourne 12, 17
 Me Plus More 37
 Meekatharra Community Mental Health Service
 52
 MensLine Australia 59
 Mental Health Advocacy Service (MHAS) 27
 Mental Health Advocacy Service (MHAS) - Youth
 Advocate 53
 Mental Health Carer Support 25
 Mental Health Commission of Western Australia
 63

Mental Health Emergency Response Line (1300
 555 788) and RuralLink (1800 552 002) 53
 Mental Health First Aide Interntional 53
 Mental Health Inpatient Unit - Kalgoorlie 52
 Mental Health Journey Australia 53
 Mental health promotion 55
 Mental Health Workplace Training and Education
 and Suicide Prevention 19
 Mental Illness Fellowship of Western Australia -
 Midland 53
 Mentoring Men 53
 Milk and Kindness - Lactation Consultant 16
 Mindspot - WA 53
 moodgym 51
 Motor Neurone Disease 49
 Move Your Body Studio - Karratha 15
 My Companionship 30, 44
 My Counselling and Me 61
 My Plan Assist 38
 My Plan Manager 38
 My Virtual Support Coordinator 34
 MyCareSpace 38
 National Bowel Cancer Screening Program
 (NBCSP) 50
 National Continence Helpline 63
 National Dementia Help Line 29
 National Disability Health Support Australia 36
 National Perinatal Anxiety and Depression
 Helpline 61
 National Perinatal Support Program 64
 National Relay Disability Phone Service 38
 National Resource Centre For Migrant
 Empowerment 33
 Navi-Choice Support Coordination - Port Hedland
 22
 Navi-Choice Support Coordination - Ravensthorpe
 38
 NDIS Plan Management 34, 39
 NDSP Plan Managers - WA 38
 Neami National Joondalup 43
 Neami Nationals 53
 Newman Health Service 11
 Newman Health Service - Allied Health 10
 Newman Neighbourhood Centre 10
 Newman Social and Emotional Wellbeing and
 Suicide Prevention 9
 Newman Youth Services Inc 12
 Ngaanyatjarra Health - Kiwirrkurra Clinic 11
 NGARLIYARNDU BINDIRRI (CORPORATE CDEP)
 ABORIGINAL CORPORATION - Roebourne 12
 Nicole Ivens Holistic Counselling 59
 Nintirri Neighbourhood Centre 7
 Nintirri Centre 7
 Noranda Medical Centre - Noranda 49
 Northern Frontiers Mediation and Counselling
 Mediation and Counselling 59
 Not My Closet 59

Nova Psychology 59
 Nullagine Nursing Post 11
 Older Persons Advocacy Network 28
 On The Line Australia 45
 One Central Health - Karratha 16
 Onslow Health Service 8
 Onslow Health Service - Allied Health 7
 Open Arms 60
 outreach mental health services 15
 Pacify Plan Management 38
 Paediatric Consultation Liaison 54
 Pannawonica Medical centre - Pannawonica 8
 Paraburdoo Medical Centre 8
 Paraburdoo Youth Centre 9
 Parents Beyond Breakup 33
 Parentshop 41
 Parkinson's Australia 28
 Patches Australia - Port Hedland 22
 Pathways 54
 Pathways To Care 39
 Peaceful Mind Counselling 54
 Peak Ethnic Umbrella Organisation 34
 Peak Plan Management 39
 Peer Pathways 46
 People With disabilities WA - West Perth 35
 People With Disability Australia - Qantas Carer
 Concession Card 34
 Personal Care (Disability Service Provider) 36
 Pet Cloud 30, 43
 Phoenix Hypnotherapy 45, 54
 Physiotherapy Karratha 15
 Piara Waters Medical Centre - Piara Waters 50
 Pilbara Education Partnership 22
 Pilbara For Purpose 26
 Pilbara Health Centre 16
 Pilbara Integrated Drug and Alcohol Service 17
 Pilbara Mental Health and Drug and Alcohol
 Service - Karratha 18
 Pilbara Mental Health and Drug and Alcohol
 Service - Tom Price 8
 Pilbara Mental Health and Drug Service - Hedland
 25
 Pilbara Mental Health and Drug Service -
 Newman 12
 Pilbara Physiotherapy 16
 Pitter Pat Productions 13
 Plan Management - MyIntegra Perth, Western
 Australia 38
 Plan Partners 39
 Plan Partners - WA 39
 Port Hedland Medical Centre 24
 Port Hedland Medical Centre - Physiotherapy 23
 Positive Families PSYCHOLOGY CLINIC 54
 Precedence Health Care 49
 Pregnancy Birth and Baby 31
 Pregnancy Counselling Australia 61
 Provider Choice Plan Management - Perth 39

Psychcare Services Telehealth and Psychcare
 Psychology 54
 PsychHelp 55
 PsychOrium Forensic and Clinical Psychology
 Service 55
 Puntukurnu Aboriginal Medical - Kunawarritji
 Clinic 11
 Puntukurnu Aboriginal Medical - Parnngurr Clinic
 9
 Puntukurnu Aboriginal Medical Service - Newman
 Clinic 9
 PWDWA/Albany 28
 QLife 61
 Quitline - Western Australia 47
 Raising Connected Kids 31
 Reachout Australia 31
 Reading Writing Hotline 42
 Recovery Plus Support 39
 Reel Keen Powerchair Fishing 39
 Reimagine 55
 Relationships Australia - South Hedland 26
 Residential Aged Care 13
 RFDS Port Hedland Royal Flying Doctor Service 24
 Roebourne Hospital 18
 Roebourne Youth Centre 20
 Roebourne PCYC 14
 Sahaja Yoga Queensland 63
 SALT Directory - Senior and Aged care Living
 Transition Directory 29
 Saver Plus 57, 64
 Scad Research 49
 School-Based Immunisation Program 46
 Sexual Health Helpline 56
 Shire Of Ashburton 7
 Shire Of East Pilbara 10
 SMART Recovery 48
 Sobering Up Centre - Port Hedland 24
 Sobering Up Centre - Roebourne 17
 Sock it to Sarcoma! 62
 Sonic Health Plus Karratha - Karratha 18
 South Hedland home care package services 22
 South West Refuge Bunbury 27
 Standard and High Intensity Level Support
 Worker Services - In Home 40
 StandBy - Support After Suicide 26
 Start from Within 60
 Stay On Your Feet WA 44
 Stroke Foundation: StrokeSafe Volunteer Speaker
 Program 42
 Substance Abuse and Mental Health (Dual
 Diagnosis) Training 42
 Suicide Call Back - National Phone Service 33
 Suicide Programs Calm Conversations Can Save
 Lives 41
 Support Coordination - MyIntegra Perth, Western
 Australia 38
 Support Coordination to Avenues Australia 39

Swim and Survive 46
Talked 55
talklink 60
Team Rubicon Australia 33
Tech help for seniors - Life skills for youngsters!
 29
Telehealth Dr 50
TENS Hire Perth 57
The ADHD Psychology Clinic 55
The Aussie Hands Foundation Inc 31
The Aussie Hands Foundation Inc - Melbourne 40
The Butterfly Foundation National Helpline 60
The Claddagh Association (Inc) 33
The Good Meal Co 40
The Happy Giraffe 40
The Inclusive Movement 15
The Kids Coach - National 40
The NAKED Soul 64
**The Pilbara Mental Health and Drug Service -
 Onslow** 8
The Regional Men's Health Initiative 55
The Samaritans Emotional Support Line 62
The Trustee For Freddy Bear Foundation 64
Therapy Connect 35
Therapy Pro Pty Ltd 46
Thinkwise Disability 40
THRIVE Pilbara 21
Tiddas In Business - FREE Business Workshops 27
Tom Price Hospital 8
Tom Price Medical Centre 8
Tom Price Medical Centre - Allied Health Services
 7
Tom Price Youth Centre 9
Toowoomba Psychology And Counselling 60
Touching Hearts Counselling 60
Touchstone 51
Town Of Port Hedland 21
Trans Wellbeing 61
Transfolk of WA 61
Transformative Place Counselling Service 60
Trilogy Care 50
Tuggeranong Homestead 44
Turner River Rehabilitation Centre 24
Unwind Psychology 55
Vanderwoude, Melinda Jane 20
Vera Living 34
Volunteering WA - Pilbara 20
**WA Child Safety Services- Bunbury – Collie –
 Busselton** 31
Wa Network Of Alcohol and Other Drug Agencies
 48
WA Primary Health Alliance - Pilbara 20
Wageline 32
Walking Life's Path Counselling Service 60
Walya Productions 42
Wickham Primary Health Care 17
Wildlife and stock animals 13
**Wirraka Maya Health Service Aboriginal
 Corporation** 21, 23
Women's Domestic Violence Helpline 33
Wound Specialist Services 57
XLH Australia Incorporated 57
XYX Syndrome Association of Australia Inc. 40
Yaandina Child and Family Counselling 21
Yadah Care Services 35
YES! Housing 65
Young Carers Support Services 25
Young Veterens 55
YoungMinds Albany 56
Your Plan Manager 40
Your Story Disability Legal Support 35
Youth Bail Options Program 65
Youth Drug and Alcohol Treatment Service 17
Youth In Motion 66
Youth Insearch 66
Youth Justice Services 65

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