



My Community Directory



Directory of **Midwest** Community and Health Services



**WA Primary
Health Alliance**

phn

PERTH NORTH, PERTH SOUTH,
COUNTRY WA

An Australian Government Initiative

WA Primary Health Alliance has partnered with My Community Directory to support the creation of the Midwest Community and Health Services Directory.

About WA Primary Health Alliance (WAPHA)

WA Primary Health Alliance shapes, strengthens and sustains a health system that works for people.

Our role is to simplify and increase access to primary health care by planning, guiding and directing investment towards important primary healthcare services. We listen to local communities to understand who they are, their unique health needs, and how their world is changing.

We do this as the operator of the state's three Primary Health Networks – Perth North, Perth South and Country WA. By partnering with local communities, service providers, GPs and allied health professionals, **we work to deliver better health, together.**

About this Directory

WA Primary Health Alliance recognises how important it is for service providers and community members to know what services are available to them in their communities. It is often hard to know where to look for this information or be able to find it all in one place.

We believe it is important to help people stay well in their community by connecting them to local services and support. We also think it's important to link people to the things that keep them physically and mentally well – including social groups, sports facilities and GP practices.

This online Directory is free to add listings to, free to update and free to use. This printable version updates each night from the online directory and is free to download for each region in Western Australia. We encourage you to use the features of the online directory to add services, suggest new entries or report anything that is incorrect. My Community Directory works because it is a shared resource that will increase in value as we all contribute to, and use it.

Visit www.wapha.org.au to find out more about WA Primary Health Alliance and how you can contribute to My Community Directory.

Learne Durrington

CEO

WA Primary Health Alliance

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A-Z Guide by Local Government Area

CARNAMAH

Environment & Conservation

Environment & Conservation Local History

Carnamah Historical Society and Museum

- Carnamah

10 Macpherson Street, CARNAMAH WA 6517

E mail@carnamah.com.au

W carnamah.com.au

Carnamah Museum, Macpherson Homestead and online biographical dictionary, virtual museum, education resources and virtual volunteering.

Health Services

Allied Health

Alicia Rayner Physiotherapy

9 Macpherson Street, CARNAMAH WA 6517

E admin@aliciaraynerphysiotherapy.com

W aliciaraynerphysiotherapy.com

P 0499 511 002

Providing Expert Physiotherapy Diagnosis & Management to the North Midlands

General Practice/Doctor

Carnamah Family Medical Practice

9 MacPherson Street, CARNAMAH WA 6517

P (08) 9951 1500

Provides Health Services - General Practice/Doctor in the Carnamah area

CARNARVON

Aboriginal Services

Aboriginal Health Services

Drug and Alcohol Treatment Services - Carnarvon Health Campus

Carnarvon Hospital, 20 Cleaver Street, CARNARVON WA 6701

E CES.WACHS-

Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9941 0555

Culturally safe, evidenced based alcohol and other drug treatment and support services including direct counselling, advice, advocacy, and educational programmes regarding substance misuse to Aboriginal people. The service adopts a holistic approach that includes physical, mental, spiritual, cultural, emotional and social wellbeing to address Aboriginal alcohol and other drug issues.

Aboriginal and Torres Strait Islander Mental Health - Carnarvon Health Campus

Carnarvon Hospital, 20 Cleaver Street, CARNARVON WA 6701

E CES.WACHS-

Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9941 0555

A holistic approach that includes physical, mental, spiritual and cultural support to address Aboriginal social and emotional well-being. Delivering culturally safe, evidenced based mental health treatment and support services including direct counselling, advice, advocacy, and educational programmes regarding mental health and wellbeing to Aboriginal people.

Integrated Team Care - Midwest North

14 Rushton Street, CARNARVON WA 6701

W grams.asn.au

P (08) 9947 2200

Assists Aboriginal and Torres Strait Islander people to obtain primary health care as required. Provides care coordination services to eligible Aboriginal and Torres Strait Islander people with chronic disease/s who require coordinated, multidisciplinary care, and improve access to culturally appropriate mainstream primary care.

Accommodation Services

General Accommodation Services

Mission Australia (Carnarvon)

Unit 3/14 Egan St, CARNARVON WA 6701

E RoyceP@missionaustralia.com.au

W missionaustralia.com.au

P (08) 9941 4260

Provide a support tenancy education program whilst also supporting Department of Communities tenants, providing emergency relief, mental health support and outreach to remote areas.

Ageing Services

General Ageing Services

Carnarvon health care and home care packages

107 Olivia Terrace, CARNARVON WA 6701

E CareTeam@silverchain.org.au

W silverchain.org.au

P 1300 761 577

We are a not-for-profit organisation delivering community health and aged care services across Australia.

Disability Services

General Disability Services

Navi-Choice Support Coordination - Carnarvon

E info@navichoice.com.au

W navichoice.com.au

P 0487 202 414

Delivering Support Coordination (Level 2 & 3) to NDIS participants. Highly skilled, individualised and responsive.

Education

Private (Primary and High Schools)

Carnarvon Follow the Dream: Partnership for Success

Carnarvon Community College, 19 Cleaver St, CARNARVON WA 6701

E mimi.fong@education.wa.edu.au

W pff.com.au

P (08) 9941 6000

In Carnarvon, students from years 7 to 12 at Carnarvon Community College participate in the Follow the Dream/Partnerships for Success program. Rio Tinto Dampier Salt and Community Investment WA and the Education Department of WA have supported this program in Carnarvon since 2005.

Health Services

Allied Health

Carnarvon Physiotherapy - Carnarvon

36 Cleaver Street, CARNARVON WA 6701

E admin@carnarvonphysio.com.au

P (08) 9941 3535

Physiotherapy service providing Allied Health to the Carnarvon area.

Fly2 Health Group - Carnarvon

E hello@fly2health.com.au

W fly2health.com.au

P 0418 141 852

Allied health NDIS therapy in Carnarvon fortnightly. Physio Speech OT

Tidman Optical

Carnarvon Medical Centre, 52 Robinson Street, CARNARVON WA 6701

E tidman@inet.net.au

P (08) 9941 1169

Carnarvon Medical Centre have a visiting Optometrist and Podiatrist.

Community Health & Medical

360 Health And Community - Carnarvon

9 Rushton Street, CARNARVON WA 6701

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

360 Health and Community provides mental health services in Carnarvon.

Drug & Alcohol Services

Sobering Up Centre - Carnarvon

Cnr Cleaver and Frances Streets, CARNARVON WA 6701

E familysupport@cfss.org.au

P (08) 9941 1251

Sobering Up Centres provide a safe environment in which people found intoxicated in public may sober up. The Carnarvon Family Support Service manages the Carnarvon Sobering Up Centre.

Community Alcohol and Drug Service - Carnarvon Health Campus

Carnarvon Hospital, 20 Cleaver Street, CARNARVON WA 6701

E CES.WACHS-

Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9941 0555

The Midwest Community Alcohol and Drug Services provide help to people experiencing issues with their, or someone else's, alcohol or other drug use.

General Practice/Doctor

Gascoyne Outreach Service

14 Rushton Street, CARNARVON WA 6701

W grams.asn.au

P (08) 9947 2200

We are well equipped with several Aboriginal health practitioners, Indigenous outreach workers and nurses to ensure our patients feel comfortable at our clinics.

Hearing Services

Hearing Australia - Carnarvon

Cleaver Street, CARNARVON WA 6701

E enquiry@hearing.com.au

W hearing.com.au

P (08) 9920 7500

With over 600 locations across Australia, we'll work with you to deliver on our promise to offer world-leading hearing solutions anyone can access— to make a difference to you, your family as well as the communities we serve.

Hospitals

Carnarvon Health Campus

Carnarvon Hospital, 20 Cleaver Street, CARNARVON WA 6701

E CES.WACHS-

Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9941 0555

Carnarvon Health Campus offers a range of key services including 24-hour acute and emergency care, mental health services, and community drug services.

Coral Bay Nursing Post

67 Robinson Street, CORAL BAY WA 6701

W wacountry.health.wa.gov.au

P (08) 9942 6100

Services provided include: Acute and emergency services, 8.00am to 4.00pm from Monday to Friday
General practitioner visits fortnightly
Visiting services as required

Mental Health Services

Counselling services

9 Rushton Street, CARNARVON WA 6701

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

Carnarvon Family Support Service - mental health services

E familysupport@cfss.org.au

P (08) 9941 1251

The Carnarvon Family Support Service increases the capacity of families to cope with daily living challenges and aims to enrich family and community life by providing free information, advice and advocacy, referrals and supportive group meetings.

Community Mental Health Service - Carnarvon Health Campus

Carnarvon Hospital, 20 Cleaver Street, CARNARVON WA 6701

E CES.WACHS-

Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9941 0555

Provide confidential assessment, treatment and management of people with mental health problems.

Young Carers Support Services

5 Stuart Street, CARNARVON WA 6701

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Growing up around mental illness can have a big impact on young people. It can be confusing, scary and frustrating when a family member lives with mental-ill health. To help young people understand what's going on around them and how best to cope with the challenges, HelpingMinds offers a variety of free support that is fun, informative, and empowering.

Early Intervention Support Services

5 Stuart Street, CARNARVON WA 6701

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

We offer a range of workshops for young people who experience emotional or social difficulties and are at risk of developing a mental health concern. Our workshops are designed to equip them with tools and techniques for making new friends, dealing with difficult situations at home and at school, expressing themselves, learning ways to relax, discovering what they are passionate about.

Carer Gateway

5 Stuart Street, CARNARVON WA 6701

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Australia has over 2.65 million unpaid carers who care for a loved one who requires support due to old age, disability, chronic disease, ill-health, mental ill-health, substance misuse or palliative care. Carer Gateway is a new service aimed to help support carers by improving emotional, physical, and overall health and wellbeing of Australians carers.

Mental Health Carer Support

5 Stuart Street, CARNARVON WA 6701

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Support services for the family and friends of people living with mental health challenges, including:

- Free and confidential support
- Individual in-person counselling for adults across WA
- Phone counselling for adults in regional and rural WA via 1800 811 747
- Support groups and workshops
- Peer support

Information & Counselling

General Support Services & Counselling

Carnarvon Family Support Services

53 Olivia Terrace, CARNARVON WA 6701

E familysupport@cfss.org.au

P (08) 9941 1251

The service provides counselling for people who have experienced domestic violence and/or sexual assault. The service also provides community education, emergency relief, a sobering up centre and has the scope to provide psychological services in the near future.

Peak, Industry and Funding Bodies

Peak Bodies

Sport and Recreation (WA) -Midwest and Gascoyne

E gascoyne@dsr.wa.gov.au

W dlgsc.wa.gov.au

P (08) 9941 0900

The Department is a resource centre for sport and recreation for all individuals and groups, whether able bodied or with disabilities.

COOROW

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Coorow Community Resource Centre

Cnr Main & Bristol Streets, COOROW WA 6515

E coordinator@coorowcrc.net.au

P (08) 9952 1266

We are a friendly, informal place where community members can meet for a variety of health and social activities at minimal cost.

CUE

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Cue Community Resource Centre

72 Austin Street, CUE WA 6640

E cue@crc.net.au

P (08) 9963 1198

The Cue Community Resource Centre is a community run organisation that provides services to the local and surrounding community. We provide internet and computer access, printing and copying services, web conferencing, room hire, secretarial and desktop publishing services, just to name a few.

Health Services

Hospitals

Cue Health Centre

7 Victoria Street, CUE WA 6640

W wacountry.health.wa.gov.au

P (08) 9963 0100

Services provided include: Acute and emergency services, 8.00am to 4.00pm from Monday to Friday
Allied health Chronic disease management clinic
Community health (see population health)
Fortnightly medical practitioner clinic Patient Assisted Travel Scheme (PATS) Telehealth Visiting mental health services, including visiting psychiatrist service

Mental Health Services

Counselling services

Victoria Street, CUE WA 6640

E info@360.org.au

W 360.org.au

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

EXMOUTH

Communication & Information

General Communication & Information

Shire Of Exmouth

2 Truscott Crescent, EXMOUTH WA 6707

E info@exmouth.wa.gov.au

W exmouth.wa.gov.au

P (08) 9949 3000

The Shire of Exmouth is situated 1,270 kilometres north of Perth, on the tip of the North West Cape in Western Australia. Covering 6,504 km² the district is bordered by the Exmouth Gulf and the pristine Ningaloo Coast World Heritage area. Exmouth is one of the few areas in Australia that can boast the reef to range experience.

Health Services

Community Health & Medical

360 Health + Community - Exmouth

Exmouth Hospital, Lyon Street, EXMOUTH WA 6707

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

360 Health and Community provides mental health services in Exmouth.

Hospitals

Exmouth Health Service

Lyon Street, EXMOUTH WA 6707

W wacountry.health.wa.gov.au

P (08) 9949 3666

Services provided include: 24-hour acute and emergency care Allied health Antenatal clinic Community health (see population health) Dental health service on site General practitioner services Mental health services Nursing clinic (dressing clinic) Palliative care Pathology Patient Assisted Travel Scheme (PATS)

Mental Health Services

Community Mental Health Service - Exmouth Health Service

Lyon Street, EXMOUTH WA 6707

W wacountry.health.wa.gov.au

P (08) 9949 3666

Confidential assessment, treatment, and management for people with a mental health problem. Priority is given to those with a major mental illness or those at risk due to their mental state. Psychiatric crisis and ongoing case management are provided. Liaison and consultation with other services and agencies is also offered.

GERALDTON

Aboriginal Services

Aboriginal Health Services

Integrated Team Care - Midwest and Murchison

60 Rifle Range Road, RANGEWAY WA 6530

W grams.asn.au

P (08) 9956 6555

Assists Aboriginal and Torres Strait Islander people to obtain primary health care as required. Provides care coordination services to eligible Aboriginal and Torres Strait Islander people with chronic disease/s who require coordinated, multidisciplinary care, and improve access to culturally appropriate mainstream primary care.

Accommodation Services

Aged Care Accommodation Services

Geraldton Shore Care Community

159 Fitzgerald Street, GERALDTON WA 6530

W opalhealthcare.com.au

P (08) 9921 5010

Geraldton Shore Care Community is located in the regional hub of Western Australia's mid-west, our spacious and modern aged care home is well-positioned to access the best amenities of the beautiful beachside city of Geraldton.

Youth Accommodation Services

Short Term Accommodation for Youth

24 Quarry, 24 Quarry St, GERALDTON WA 6531

E stay@westnet.com.au

P (08) 9921 5696

STAY provides support accommodation to young people aged 15 to 25, with a priority on those 15 to 19 years. STAY provides case managed support to young people to transition to Independence through a life skills program. We assist young people to access training and employment, Centrelink income support, provide referrals to specialist counselling and provide advocacy for young people.

Ageing Services

General Ageing Services

Aged Care Assessment Team - Geraldton Health Campus

Geraldton Hospital, 85 Shenton Street, GERALDTON WA 6530

W wacountry.health.wa.gov.au

P (08) 9956 2310

The Aged Care Assessment Team (ACAT) is a group of medical and allied health professionals that evaluate the physical, psychological, and social needs of elderly individuals to provide appropriate assistance.

Care finder service - WA Country Health Service

Shenton Street, GERALDTON WA 6530

E [CES.WACHS-](mailto:CES.WACHS-Midwest@health.wa.gov.au)

Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9956 1999

Care finder service for Senior Australians who require specialist and intensive assistance to understand and access aged care and connect with other relevant supports in the community.

Home Care & Safety Services

Avivo - Coral Coast

E hello@avivo.org.au

W avivo.org.au

P (08) 9920 7600

Supporting everyday needs and big dreams.

Silverchain - Geraldton

Suite 2, 114 Sanford Street, GERALDTON WA 6530

E info@silverchain.org.au

W silverchain.org.au

P 1300 650 803

The Silverchain group has a rich history as Australian pioneers, innovators and leaders of care in the home.

Animal Services

Animal Shelters

Geraldton Dog Rescue Inc - Geraldton

E admin@geraldtondogrescue.com.au

W geraldtondogrescue.com.au

P 0400 219 719

Geraldton Dog rescue is a rescue and rehoming organisation for dogs in Geraldton

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Mullewa Community Resource Centre
Cnr Jose St & Maitland Rd, MULLEWA WA 6630

E mullewa@crc.net.au

P (08) 9961 1500

We are a friendly, informal place where community members can meet for a variety of health and social activities at minimal cost.

Community Clubs & Interest Groups

General Community Clubs

Midwest Community Living Association
4 Armstrong Street, GERALDTON WA 6530

E admin@mwcla.org.au

W midwestcommunityliving.org.au

P (08) 9921 1505

MWCLA is a community organisation that funds families to assist a person with a developmental disability acquired under the age of eighteen to enjoy and participate in community life. We offer individualised services, with you at the centre of the support. Assisting and encouraging you to live a lifestyle of opportunity and choice at home and in the community. We tailor the support to your needs,

Disability Services

General Disability Services

USEA Plan Managers

Suite 3, 52 Durlacher Street, GERALDTON WA 6530

E ndis@usea.com.au

W useaplanmanagers.com.au

P (08) 9904 7685

USEA Plan Managers is a registered NDIS service provider offering plan management for participants on the NDIS scheme, based in the Midwest region of WA. Our aim is to make our clients journey as easy as possible by managing and monitoring their annual NDIS funding.

VisAbility - Geraldton

114 Sanford Street, GERALDTON WA 6530

E info@visability.com.au

W visability.com.au

P (08) 9311 8202

Our professional therapy and support services assist people across a range of ages and disabilities in their homes, at school, at work and in the community.

Education

Adult Education

Read Write Now! Adult Literacy Program - Geraldton

E readwritenow@nmtafe.wa.edu.au

W read-write-now.org.au

P 1800 018 802

The Read Write Now program provides one-to-one help for adults who want to improve their reading, writing, maths, study or basic computer skills. Students work with trained volunteer tutors in an informal public space for about an hour and a half each week to achieve their personal and professional goals. The program operates in 18 metropolitan and some regional areas of WA.

State (Primary and High Schools)

Department of Education - Midwest Region

Level 2, 209 Foreshore Drive, GERALDTON WA 6530

E midwest.ero@det.wa.edu.au
W education.wa.edu.au
P (08) 9956 1600

Midwest Education Region is one of eight regions in the Western Australian Department of Education. The Midwest Education Regional Office is located in Geraldton. The Midwest Education Region is committed to enacting the priorities of the Western Australian Department of Education to support all schools within the region deliver an excellence in education to all students within the Midwest.

Employment & Training

Disability Employment & Training Services

APM Disability Employment Services
Unit 3, 14 Anzac Terrace, GERALDTON WA 6530
W apm.net.au
P 1800 276 276

APM's Disability Employment Services helps people with an injury, illness or disability find a job with a local Geraldton employer. We also provide workplace modification, assessment, school leaver, and ongoing support services.

Employment Information & Assistance

APM WorkCare Services
Unit 3, 14 Anzac Terrace, GERALDTON WA 6530
W apm.net.au
P 1800 276 276

APM's WorkCare services provides people and businesses in Geraldton with workplace wellness, pre-employment checks, injury management and prevention, early intervention, and return to work services. If you'd like to speak to someone about WorkCare services, please call 1300 967 522 or email workcare.customers@apm.net.au.

Joblink Midwest (Inc) - Geraldton

Margaret House, Bill Sewell Complex, 82 Chapman Road, GERALDTON WA 6530
E info@joblinkmidwest.com.au
W joblinkmidwest.com.au
P (08) 9932 6437

Joblink Midwest provides free assistance with career guidance and job ready skills. Our free services are available to people of all ages whether working or not. We are a Workforce Development Centre.

General Employment & Training Services

APM jobactive Services
Unit 3, 14 Anzac Terrace, GERALDTON WA 6530
W apm.net.au
P 1800 276 276

Our employment services help people in Geraldton to find and keep a job through the Australian Government's jobactive program.

JOBLINK MIDWEST (INC) - Geraldton
Margaret House, Bill Sewell Complex, 82 Chapman Road, GERALDTON WA 6530
E info@joblinkmidwest.com.au
W joblinkmidwest.com.au
P (08) 9932 6437

Our services are free for everyone and include:
Assistance with Resumes Job applications
Selection criteria Interview skills, training options,
Career profiling Job-search Work experience
Career planning Training in all aspects of core skills for work

Health Services

Adult Health Services

Integrated Chronic Disease Care - Midwest-Murchison
75 Barrett Drive, WANDINA WA 6530
E seacrest@panaceum.com.au
W panaceum.com.au
P (08) 9923 9999

Targeted at vulnerable or disadvantaged populations, including those in remote areas, with chronic diabetes, cardiology or respiratory conditions

Allied Health

AbleKids Occupational Therapy

1 Whitfield Place, BEACHLANDS WA 6530

E admin@ablekidsot.com.au

W ablekidsot.com.au

P (08) 9964 1341

Occupational Therapy, Speech Therapy, Dietician
Working together with the family to provide services such as assessment and treatment in areas such as life skills, fine and gross-motor development, attention, hand writing and so much more. We are a registered Medicare Provider and can see self or plan managed NDIS clients. Open Monday - Friday 8.30am - 4.30pm

Adapt Movement

41 Fitzgerald Street, GERALDTON WA 6530

E samuel@panaceum.com

W adaptmovement.com.au

P 0438 797 930

Providing high value rehabilitation care. Offering both exercise physiology and physiotherapy services.

All Star Occupational Therapy

E admin@allstarot.com.au

W allstartherapies.com.au

P 0423 913 270

Paediatric occupational therapy - specialising in feeding/mealtime management and developmental diagnoses.

Bright Kids Speech Pathology

E brightkidsspeech@outlook.com

P 0480 703 269

Paediatric Speech Pathologist working with children and families to achieve their goals. Specialising in AAC, feeding and early language skills. Immediate availability to see clients aged 0-7, NDIS participants only (self or plan managed). Providing mobile community services in Geraldton WA.

Centacare Family Services - Geraldton

3 Maitland Street, GERALDTON WA 6530

E admin@centacaregeraldton.org.au

W centacaregeraldton.org.au

P (08) 9921 1433

Assists individuals, couples and families, including children, with family relationships issues at all stages, (including marriage, separation and divorce), parenting and the care of children.

Central West Health and Rehabilitation - Geraldton

Unit 4, 12 Urch Street, GERALDTON WA 6530

W centralwestrehab.com.au

P (08) 9965 0697

Central West Health & Rehabilitation has been developed by local health professionals providing clients with access to a wide range of modern, innovative and evidence based health services. We pride ourselves on excellence in communication, diagnosis and management of musculoskeletal disorders, chronic disease management and preventative health initiatives.

Chiropractors Geraldton - Straight Up Health

62 Gregory Street, GERALDTON WA 6530

P (08) 9964 4205

Provides Health Services - Allied Health in the Geraldton area

CT Hypnotherapist

27 Snowdon Street, GERALDTON WA 6530

E info@cthypnotherapist.com

W cthypnotherapist.com

P 0438 859 077

A home based business who provides Services in Clinical Hypnotherapy & Psychotherapy to help individuals with Quit Smoking, Weight Loss, Anxiety, Depression, Motivation, Relaxation and so much more. Explore my website for details.

Family Chiropractic Geraldton

63 Gregory Street, GERALDTON WA 6530

P (08) 9935 9979

Health Services - Allied Health

Fly2 Health Group - Geraldton

E hello@fly2health.com.au

W fly2health.com.au

P 0418 141 852

We provide fortnightly services to Geraldton & surrounds -Occupational therapy -Functional and home assessments -Physiotherapy -Speech therapy

Gemma Porter Occupational Therapy

E admin@gemmaporter.com.au

P 0410 506 944

Occupational Therapy services for adult NDIS participants living in Geraldton and the Midwest Region of WA.

Geraldton Chiropractic Centre

30-32 Johnston Street, GERALDTON WA 6530

P 0427 928 897

Provides Health Services - Allied Health in the Geraldton area

Geraldton Podiatry Clinic

165 Durlacher St, GERALDTON WA 6530

E gpcpodone@westnet.com.au

P (08) 9964 2387

Geraldton Podiatry Clinic has been a part of Geraldton for over 20 years. Our team of university trained podiatrists are highly skilled and can provide solutions for your foot pain.

GUIDANCE Speech and Feeding

E corcyra.kentish@gmail.com

P 0437 288 164

IBCLC registered Lactation Consultant and Certified Practising Speech Pathologist with 20 yrs experience in paediatric feeding. A registered Medicare Provider who also assists self or plan managed NDIS clients. Home visiting service available or clinic appts from Geraldton, Wandina GP practice on Wednesdays. Passionate about helping families to achieve their feeding goals.

Marviecare Physio

233 Lester Avenue, GERALDTON WA 6530

E info@marviecarephysio.com.au

W marviecarephysio.com.au

P 0412 056 352

MarvieCare Physio provides Physiotherapy services to our community. Our services include: - Back Pain - Neck Pain -Sport Injuries -Joint arthritis - Pediatric respiratory disorders -Post surgical rehabilitation -Headache -Vertigo -Urinary and Faecal Incontinence -Pre and Post natal Rehabilitation -Cancer& Oncology rehab

Community Health & Medical

360 Health And Community - Geraldton

Level 1, 254 Foreshore Drive, GERALDTON WA 6530

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

Our team of allied and mental health clinicians connect body, mind and lifestyle to deliver services for all-round health.

Dental & Oral Health

Bluff Point Dental

436 Chapman Road, BLUFF POINT WA 6530

P (08) 9943 8484

Health Services - Dental & Oral Health

Centro Dental

86 Sanford Street, GERALDTON WA 6530

P (08) 9964 2861

Provides Health Services - Dental & Oral Health in the Geraldton area

Durlacher Dental Care

141 Durlacher Street, GERALDTON WA 6530

P (08) 9964 5005

Provides Health Services - Dental & Oral Health in the Geraldton area

Drug & Alcohol Services

Transition Housing and Support Program (THASP)

307 Marine Terrace, GERALDTON WA 6530

E hellohope@hopecs.org.au
W hopecommunityservices.org.au
P (08) 9921 7409

The Transition Housing and Support Program (THASP) provides community based, transitional accommodation for people exiting residential alcohol and drug (AOD) treatment programs. In reach support is available to clients to assist with personal recovery and relapse prevention.

Drug and Alcohol Treatment Service - General Services

307 Marine Terrace, GERALDTON WA 6530

E hellohope@hopecs.org.au
W hopecommunityservices.org.au
P (08) 9921 7409

Provides evidenced based drug and alcohol treatment services for clients. Services include a range of early interventions and support services directly to clients over 18 years with co-occurring AOD and/or mental health issues and their families, linking them into existing services and pathways to recovery. Face-to-face service delivery model operating between Monday - Friday 8.30am - 4.30 pm

Hope Springs Therapeutic Community and Residential Rehabilitation

E hopesprings@hopecs.org.au
W hopecommunityservices.org.au
P (08) 9926 1987

Hope Springs Therapeutic Community is an ATCA accredited residential drug and alcohol rehabilitation facility about 40km from Geraldton in WA's Midwest region. Referrals for Hope Springs Rehabilitation may be made via self-referral, GP, Mental Health Practitioner, Community Organisation or Government Agency.

Community Alcohol and Drug Service - Geraldton

Shenton Street, GERALDTON WA 6530

E CES.WACHS-
Midwest@health.wa.gov.au
W wacountry.health.wa.gov.au
P (08) 9956 2424

The Midwest Mental Health and CADS aims to reduce alcohol and other drug related harm for the people of the Midwest by working with individuals, families and the community to reduce the impact of drug use.

General Health Services

Integrated Chronic Disease Care - Gascoyne

233 Lester Avenue, GERALDTON WA 6530

E reception@panaceum.com.au
W panaceum.com.au
P (08) 9920 8111

Clinical care coordination and access to a multi-disciplinary allied health team for people with chronic diabetes, respiratory and/or cardiovascular disease.

General Practice/Doctor

Batavia Health

361 Marine Terrace, GERALDTON WA 6530

P (08) 9965 8100
General Practice

Bella Vista Medical

3 Thomas Street, MULLEWA WA 6630

P (08) 9961 1577
General Practice

City Health (Geraldton)

194 Durlacher Street, GERALDTON WA 6530

E admin@cityhealthgeraldton.com.au
W cityhealthgeraldton.com.au
P (08) 9921 4433

City Health Geraldton brings together a range of experienced healthcare professionals to offer high-quality, family friendly multidisciplinary care to our patients. Our leading General Practitioners (Doctors) specialise in Family Medicine, Men's & Women's Health, Children's Health, Nurse Services, Skin Cancer & Minor Surgery work.

Dr Jacobus Bruyn Pty Ltd

150 Durlacher Street, GERALDTON WA 6530

P (08) 9964 5747
General Practice in central Geraldton.

Geraldton Bluff Point Doctors Surgery

429 Chapman Road, GERALDTON WA
6530

P (08) 9923 0252

Health Services - General Practice/Doctor

Midwest Aero Medical Services

3/12 Urch Street, BERESFORD WA 6530

E admin@mwaeromedical.com.au

W geraldtondoctor.com.au

P (08) 9956 8999

Midwest Aero Medical Services is an accredited modern medical practice focused on the needs of the local community, businesses and inner city workers. Our patients' care is number one. We offer onsite free parking, pathology centre, several consulting rooms & theaters for minor surgery, experienced medical examiners, extended opening hours as well as being in close proximity to public transport.

Mullewa Doctor Surgery - Mullewa

3 Thomas Street, MULLEWA WA 6630

E reception@mullewasurgery.com.au

P (08) 9961 1063

Opening times change on a monthly basis. For public holiday hours, please contact this service.

Panaceum Medical

233 Lester Avenue, GERALDTON WA 6530

E reception@panaceum.com.au

W panaceum.com.au

P (08) 9920 8111

Panaceum has been the providing health care to the wider Geraldton community since 1952. What started out as the Geraldton Medical Group, a small practice established by 2 Geraldton doctors, has evolved into a leading and prestigious regional centre aimed at making health care easy for its patients and rewarding for its doctors and staff.

Panaceum Seacrest

75 Barrett Drive, WANDINA WA 6530

E seacrest@panaceum.com.au

W panaceum.com.au

P (08) 9923 9999

As part of the Panaceum Group our Seacrest practice offers a purpose built family practice, providing all-encompassing healthcare, General Practitioner services, chronic disease management, obstetrics, anaesthetics, nursing, physiotherapy, podiatry and onsite pathology. Built as part of Panaceum Group's commitment to providing quality healthcare to the Midwest and surrounding communities.

Sapphire Family Healthcare

43 Paringa Street, MOUNT TARCOOLA WA
6530

E reception@sapphirefhc.com.au

General Practice

Sunset Skin Cancer and Medical Clinic

582 Chapman Road, SUNSET BEACH WA
6530

P (08) 9938 3311

Health Services - General Practice/Doctor

Sunset Skin Cancer and Medical Clinic Pty Ltd

582 Chapman Road, GERALDTON WA
6530

P (08) 9938 3311

General Practice

Victoria District Medical Centre and Skin Cancer Clinic

151 Durlacher Street, GERALDTON WA
6530

E josie@gvdmc.com

P (08) 9921 6099

Victoria District Medical Centre is committed to providing comprehensive primary Health Care for the Midwest region of WA. We have a well trained team of Doctors, nurses and non-clinical staff dedicated to providing "cradle to grave" care. Together we work cooperatively to contribute to whole patient and family health. Our senior staff offer opportunity and mentoring and as such we are a teaching

Health Rehabilitation Services

Mitchell Baillie Exercise Physiology

260 Willcock Drive, MAHOMETTS FLATS
WA 6530

E mbexercisephysiology@gmail.com

W mbexercisephysiology.com.au

P 0499 680 511

Exercise Physiology services; exercise therapy for chronic conditions and pre-employment functional assessments.

Hearing Services

Bell Hearing

5 Hermitage Street, GERALDTON WA 6530

E hello@bellhearing.com.au

W bellhearing.com.au

P (08) 9921 3333

Bell Hearing is Geraldton's only locally owned and independent audiology service. We provide hearing assessments and hearing aids. Tinnitus counselling and comprehensive hearing reports. Open 5 days per week.

Connect Hearing - WA - Geraldton

119 Cathedral Avenue, GERALDTON WA 6530

E geraldton@connecthearing.com.au

W connecthearing.com.au

P (08) 9722 6770

Connect Hearing is a national network of healthcare hearing centres across Australia backed by an experienced telehealth team. Our mission is to make it easier for you to proactively manage your hearing health, delivering customised care, technological superiority, clinical excellence and trust.

Hearing and Audiology - Geraldton

233 Lester Ave, GERALDTON WA 6530

E reception@hearingwa.com.au

W hearingandaudiology.com.au

P (08) 9388 8003

We offer a highly exceptional follow-up care and personalised service for children and adults with hearing problems.

Hearing Australia - Geraldton

Shop 12, 27 Chapman Road, GERALDTON WA 6530

E enquiry@hearing.com.au

W hearing.com.au

P (08) 9920 7500

With over 600 locations across Australia, we'll work with you to deliver on our promise to offer world-leading hearing solutions anyone can access— to make a difference to you, your family as well as the communities we serve.

Hearing Australia - Wandalgu School

55 Jose Street, MULLEWA WA 6630

E enquiry@hearing.com.au

W hearing.com.au

P (08) 9327 0777

With over 600 locations across Australia, we'll work with you to deliver on our promise to offer world-leading hearing solutions anyone can access— to make a difference to you, your family as well as the communities we serve.

Hospitals

Geraldton Health Campus

Geraldton Hospital, 85 Shenton Street, GERALDTON WA 6530

W wacountry.health.wa.gov.au

P (08) 9956 2222

Geraldton Health Campus is a healthcare facility providing services, including an emergency department, medical, surgical and maternity services, mental health, and outpatient care.

Midwest Health

Shenton Street, GERALDTON WA 6530

E CES.WACHS-

Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9956 2424

The Midwest health region of Western Australia covers more than 605,000 square kilometres, approximately one quarter of the total land mass of WA, and services a population over 64,000 concentrated along the coast. The region is located in the northern central area of Western Australia and incorporates three health districts - Gascoyne, Geraldton, Midwest and Murchison.

Mullewa Health Centre

2 Elder Street, MULLEWA WA 6630

W wacountry.health.wa.gov.au

P (08) 9961 6200

Services provided include: 24-hour emergency care Allied health Community health (see population health) Patient Assisted Travel Scheme (PATS) Telehealth Visiting mental health and community alcohol and drug service (see mental health services)

ST JOHN OF GOD Geraldton Hospital
12 Hermitage Street, GERALDTON WA 6530

E info.geraldton@sjog.org.au

W sjog.org.au

P (08) 9965 8888

St John of God Geraldton Hospital is a 60 bed Private Hospital offering, Medical, Surgical, Maternal, Cancer (Chemotherapy), and Palliative Care to the Midwest Region.

Mental Health Services

Counselling services

Level 1, 254 Foreshore Drive, GERALDTON WA 6530

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

Psychosocial Support

Level 1, 254 Foreshore Drive, GERALDTON WA 6530

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

Time-limited and capacity building psychosocial supports to eligible clients for whom clinical care is not enough to help build capacity for daily living and who would benefit from specialised psychosocial support at particular points in time.

Amanda Giudice Clinical Psychology

77 Forrest Street, GERALDTON WA 6530

E amanda@amandagiudice.com.au

P 0411 910 224

Psychological assessment and treatment of adult and youth psychological disorders

Community Supported Residential Units - Geraldton

E alison.Hilton@fusion.org.au

W fusion.org.au

P (08) 9965 0517

Ngurra Nganhungu Barndiyigu (Geraldton CSRU) is a medium to long term transitional programme for people experiencing severe and persistent mental health issues. Taking in residents who need a new start, bringing stability to their lives and connecting residents with appropriate services and finally when the resident is ready, transition them into their own place with support if needed.

Geraldton Regional Aboriginal Medical Service

60 Rifle Range Road, RANGEWAY WA 6530

W grams.asn.au

P (08) 9956 6555

The Geraldton Regional Aboriginal Medical Service is a community controlled Aboriginal organisation, offering affordable and culturally appropriate health services to the Mid West and Murchison communities.

Hamilton Clinical Psychology

28 Sanford Street, GERALDTON WA 6530

E brooke@hamiltonclinicalpsychology.com.au

P 0439 818 294

Hamilton Clinical Psychology provides a professional and caring clinical psychology service for adults, children, and adolescents to address a range of issues including depression, anxiety, panic, stress, adjustment, grief, behaviour problems, eating disorders, obsessive compulsive disorder, phobias and trauma.

headspace Geraldton

193 Marine Terrace, GERALDTON WA 6530

E admin@headspacegeraldton.com.au

W headspace.org.au

P (08) 9943 8111

Ensuring young people (12-25 year olds) can access expert health workers in a safe, confidential and youth-friendly environment. headspace can help young people with mental health, physical health (including sexual health), alcohol and other drug services, and work and study support.

Doctor (GP)

193 Marine Terrace, GERALDTON WA 6530

E admin@headspacegeraldton.com.au

W headspace.org.au

P (08) 9943 8111

headspace Geraldton is a free service for young people aged 12 to 25. We can help with mental health, alcohol or drug use, physical/sexual health and work and study. Family and friends can also contact us.

Young Carers Support Services

76 Forrest Street, GERALDTON WA 6530

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Growing up around mental illness can have a big impact on young people. It can be confusing, scary and frustrating when a family member lives with mental-ill health. To help young people understand what's going on around them and how best to cope with the challenges, HelpingMinds offers a variety of free support that is fun, informative, and empowering.

Carer Gateway

76 Forrest Street, GERALDTON WA 6530

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Australia has over 2.65 million unpaid carers who care for a loved one who requires support due to old age, disability, chronic disease, ill-health, mental ill-health, substance misuse or palliative care. Carer Gateway is a new service aimed to help support carers by improving emotional, physical, and overall health and wellbeing of Australians carers.

Early Intervention Support Services

76 Forrest Street, GERALDTON WA 6530

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

We offer a range of workshops for young people who experience emotional or social difficulties and are at risk of developing a mental health concern. Our workshops are designed to equip them with tools and techniques for making new friends, dealing with difficult situations at home and at school, expressing themselves, learning ways to relax, discovering what they are passionate about.

Mental Health Carer Support

76 Forrest Street, GERALDTON WA 6530

E info@helpingminds.org.au

W helpingminds.org.au

P 1800 811 747

Support services for the family and friends of people living with mental health challenges, including: • Free and confidential support • Individual in-person counselling for adults across WA • Phone counselling for adults in regional and rural WA via 1800 811 747 • Support groups and workshops • Peer support

Individualised Community Living Strategy (ICLS)

307 Marine Terrace, GERALDTON WA 6530

E hellohope@hopecs.org.au

W hopecommunityservices.org.au

P (08) 9921 7409

HOPE aims to meet people at their moment of need, and provide individualised and effective support. This includes assisting individuals and families in transition: whether they are leaving custody, or trying to secure work after a long period of unemployment, changing careers, or building life and parenting skills, Hope offers a secure and confident transition into community.

Community Mental Health Service - Geraldton

Shenton Street, GERALDTON WA 6530

E CES.WACHS-

Midwest@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9956 2424

The Midwest Mental Health and CADS provides comprehensive assessment and treatment for people with mental health problems.

suicide prevention information and education

E coordinator@yellowribbonmidwest.org.au

W yellowribbonmidwest.org.au

P 0428 381 545

The Midwest Yellow Ribbon for Life is a community based prevention of suicide program. This Not for Profit Organisation was established in 1998 and services Geraldton and the Midwest Region of Western Australia.

Community Mental Health Step Up/Step Down Service - Geraldton

2 Larkin Street, GERALDTON WA 6530

E Geraldton.susd@neaminational.org.au

W neaminational.org.au

P (08) 6323 8980

This service provides short term (up to 28 days) support in a residential setting, providing an alternative to hospitalisation (step up) or transition from hospital back into the community (step down). The Geraldton step up/step down service is provided by Neami National.

Ruah Community Services - Rangeway

16 Felicia Street, RANGEWAY WA 6530

W ruah.org.au

P 13 78 24

At Ruah we believe that your needs, strengths and recovery preferences are at the centre of everything we do. We walk alongside you, your family and carers to achieve your goals and improve your quality of life. These services provide personalised recovery support to improve quality of life, relationships and wellbeing.

The Menshed Geraldton Inc

E geromenshed@gmail.com

P (08) 9960 7439

The Menshed caters for the health & Well- Being. Some where to meet& talk have a cups discuss their problems. A large work shop with machinery & tools to make things, help the community.

Pharmacies

Blooms The Chemist Geraldton Fountains

113 Marine Terrace, GERALDTON WA 6530

E Geraldton@blooms.net.au

P (08) 9921 1755

Blooms The Chemist Geraldton Fountains is a pharmacy. We are a large pharmacy open 8-8. We have everything you may need for your health as well as a photo kiosk and beauty salon. We do sleep studies, vaccinations and screening for iron, blood glucose, blood pressure. We have an accredited pharmacist for HMRs.

Pharmacy 194

3, 194 Durlacher Street, GERALDTON WA 6530

E admin@pharmacy194.com.au

W pharmacy194.com.au

P (08) 9921 6138

Locally owned pharmacy providing a pharmacy compounding service, full service drive through and Geraldton's largest range of mobility aids and medical equipment for hire. We offer a free delivery service to the local area. We provide medication packing services and also assist with medication needs of a number of local nursing homes.

Specialists

LMcG Orthopaedics

St John of God Hospital, Suite 6/12

Hermitage Street, GERALDTON WA 6530

E info@lmcg.com.au

W lmcg.com.au

P (08) 9921 4847

At LMcG Orthopaedics, we provide a range of surgical services and treatment plans. Dr McGonagle specialises in a variety of chronic and degenerative conditions including arthritis, as well as trauma and sporting related injuries.

Information & Counselling

General Support Services & Counselling

Centacare Family Services - Geraldton

3 Maitland Street, GERALDTON WA 6530

E admin@centacaregeraldton.org.au

W centacaregeraldton.org.au

P (08) 9921 1433

Counselling - Individual, Child, Adolescent, Family and Relationship counselling services. Workshops and Information Sessions.

Loss & Grief Support Services & Counselling

StandBy Support After Suicide - Midwest and Gascoyne

E standby.midwestgascoyne@anglicarewa.org.au

W standbysupport.com.au

P 1300 727 247

StandBy Support After Suicide is Australia's leading suicide postvention program, supporting individuals and communities bereaved or impacted by suicide. StandBy is accessible 24 hours a day, seven days a week, providing free face-to-face and/or telephone support at a time and place that is best for each individual.

Legal Assistance & Information Services

Mediation & Ombudsman Support

Family Relationship Centre - Geraldton
116 Durlacher Street, GERALDTON WA 6530

E frcadmin@centacaregeraldton.org.au

P (08) 9921 2611

Family Relationship Centre is a source of information and confidential assistance for families at all stages in their lives. The Family Relationship Centre has a focus on providing family dispute resolution (mediation) to enable separating families to achieve workable parenting arrangements outside the Court system.

Peak, Industry and Funding Bodies

Peak Bodies

Sport and Recreation (WA) - Midwest and Gascoyne

Level 1, 270 Foreshore Drive, GERALDTON WA 6530

E midwest@dsr.wa.gov.au

W dlgsc.wa.gov.au

P (08) 9956 2100

Department of Sport & Recreation is a resource centre for sport and recreation for all individuals and groups, whether able bodied or accessible.

WA Primary Health Alliance - Midwest

80B Forrest Street, GERALDTON WA 6530

W wapha.org.au

P 1300 855 702

Our mission is to lead an effective and responsive patient centred primary healthcare system. We cover the Mid-West region of WA.

Recreation & Leisure

Fitness Activities

Taoist Tai Chi Society of Australia - Geraldton

Masonic Lodge Hall, 126 Augustus Street, GERALDTON WA 6530

E geraldton@taoisttaichi.org

W taoisttaichi.org

P 1800 108 801

Taoist Tai Chi® practice is a moving meditation that reduces stress and helps you find joy. Physically it will make you energetic, balanced, strong and supple. Taoism teaches that health comes when body, mind and spirit work together in harmony. To find your nearest introductory session, check our web site or phone our 1800 number.

Sport

Sports Clubs

Geraldton Netball Association - No Limits

Geraldton Netball Association, Eighth Street, WONTHELLA WA 6530

E jsgould6@gmail.com

W netball.com.au

No Limits program is for people with disability aged 12 and over for growth of life skills and netball skills. The team also compete in an annual No Limits tournament at the Netball WA association championships competition.

Volunteering

General Volunteering Services

Outreach - Volunteering

307 Marine Terrace, GERALDTON WA 6530

E hellohope@hopecs.org.au

W hopecommunityservices.org.au

P (08) 9921 7409

Volunteer for our Street Van or Leavers Week!
Find more information at our website!

Youth Services

General Youth Services

City Of Greater Geraldton

101 Cathedral Avenue, GERALDTON WA 6530

E council@cgg.wa.gov.au

W cgg.wa.gov.au

P (08) 9956 6600

The City of Greater Geraldton runs the Mullewa Youth Centre 3-8pm Tues, Wed, Thurs Saturday 11-7.30pm Midnight Basketball Fridays during the Winter Late Night Football during the summer
Lester House Youth Support Services School Holiday Programs Youth Engagement Projects

Girl Guide Unit

Waggrakine Hall, 29 Hackett Rd,
WAGGRAKINE WA 6530

E info@girlguideswa.org.au

W girlguideswa.org.au

P (08) 9479 9800

Your local Girl Guide Unit

Girl Guide Unit

Geraldton Guide Hall, 122 Sanford St,
GERALDTON WA 6530

E info@girlguideswa.org.au

W girlguideswa.org.au

P (08) 9479 9800

Your local Girl Guide Unit

Youth Bail Options Program

307 Marine Terrace, GERALDTON WA 6530

E hellohope@hopecs.org.au

W hopecommunityservices.org.au

P (08) 9921 7409

Hope Community Services manage Youth Bail Options Program (YBOP) houses in the Perth Metro, Midwest, Pilbara and Goldfields regions.

Mid West Gascoyne Youth Justice Services

17 Lester Avenue , Lester Avenue,
GERALDTON WA 6530

P (08) 9920 8600

Youth Justice Services is a statutory service which works with young people who offend and their families to create safer homes and communities.

Girl Guide Unit

Geraldton Guide Hall, 122 Sanford Street,
GERALDTON WA 6530

E info@girlguideswa.org.au

W girlguideswa.org.au

P (08) 9479 9800

Your local Guide Unit

IRWIN

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Dongara Community Resource Centre
11 Moreton Terrace, DONGARA WA 6525
E crcdongara@bigpond.com
P (08) 9927 2111

We are a friendly, informal place where community members can meet for a variety of health and social activities at minimal cost.

Health Services

General Practice/Doctor

Dongara Medical Centre
290 Point Leander Drive, PORT DENISON WA 6525
P (08) 9927 2907
General Practice

Hospitals

Dongara Health Service
48 Blenheim Road, PORT DENISON WA 6525
W wacountry.health.wa.gov.au
P (08) 9927 0200
Services provided include: 24-hour acute and emergency care Allied health Community health (see population health) Palliative care Patient Assisted Travel Scheme (PATS) Residential aged care (see My Aged Care) Telehealth Visiting mental health and community alcohol and drug service (see mental health services)

Youth Services

General Youth Services

Girl Guide Unit
Dongara/Port Denison Guide Hall, 12 Herbert Street, PORT DENISON WA 6525
E info@girlguideswa.org.au
W girlguideswa.org.au
P (08) 9479 9800
Your local Girl Guide Unit.

MEEKATHARRA

Ageing Services

Home Care & Safety Services

Gw Maintenance Plus
115 Darlot Street, MEEKATHARRA WA 6642
E gwes36@hotmail.com
P 0473 840 037
Gw Maintenance Plus is a NDIS registered provider located at Meekatharra WA and Provides the following services: Assist Prod-Pers Care/Safety, Assist-Travel/Transport, Home Modification, Household Tasks. For more information please contact 0473 840 037

Communication & Information

General Communication & Information

Shire Of Meekatharra
54 Main Street, MEEKATHARRA WA 6642
E cso@meekashire.wa.gov.au
W meekashire.wa.gov.au
P (08) 9980 0600

Situated on the Great Northern Highway, Meekatharra is the largest centre in the Murchison, easily accessible with excellent sealed roads from Perth in the south, Geraldton in the west and further north into the Pilbara.

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Meekatharra Community Resource Centre

55 Main Street, MEEKATHARRA WA 6642
E welcome@meekatharra.com.au
W meekacrc.net.au
P (08) 9980 1811

The Meekatharra Community Resource Centre is committed to increasing economic and business development opportunities for our community. The Meekatharra Community Resource Centre (formerly the Meekatharra Telecentre) welcomes local residents and travellers alike to come in and use our high tech Information and communications technologies and our range of convenient services to stay connected.

Health Services

General Practice/Doctor

Meekatharra GP Clinic

Savage Street, MEEKATHARRA WA 6642
P (08) 9981 0604
General Practice

Hospitals

Meekatharra Health Centre

58 Savage Street, MEEKATHARRA WA 6642
W wacountry.health.wa.gov.au

P (08) 9981 0600

Services provided include: 24-hour acute and emergency care Allied health Chronic disease management Community health (see population health) Mental health and community alcohol and drug services Palliative care Patient Assisted Travel Scheme (PATS) Residential aged care, including low care hostel and residential respite (see My Aged Care) Telehealth

Mental Health Services

Counselling services

Savage Street, MEEKATHARRA WA 6642
E info@360.org.au
W 360.org.au

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

Meekatharra Community Mental Health Service

58 Savage Street, MEEKATHARRA WA 6642
W wacountry.health.wa.gov.au
P (08) 9981 0625

This outreach service provides comprehensive assessment and treatment for people with mental health problems, covering the portion of WA which spans a coastal area from Onslow in the north to Leeman/Green Head in the south.

Mental Health Coordination Service - Meekatharra

97 Main Street, MEEKATHARRA WA 6642
W missionaustralia.com.au
P (08) 9956 5100

Specifically supports Aboriginal and Torres Strait Islander people living in Meekatharra and provides outreach to Cue and Mt. Magnet.

M I N G E N E W

Health Services

Mental Health Services

Counselling services

50 Midlands Road, MINGENEW WA 6522

E info@360.org.au

W 360.org.au

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

M O R A W A

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Morawa Community Resource Centre

36 Winfield Street, MORAWA WA 6623

E morawa@crc.net.au

P (08) 9971 1390

Today, the Morawa Community Resource Centre continues to deliver a range of services and programs ranging from training courses; fee for service activities such as photocopying, videoconferencing and internet access; to community project development and management.

Health Services

Allied Health

Fly2 Health Group - Morawa NDIS

E hello@fly2health.com.au

W fly2health.com.au

We offer FIFO NDIS disability services on a regular basis in Morawa, WA. NDIS physiotherapy therapy and assessment NDIS occupational therapy, home modification, assistive technology assessment, functional capacity assessment NDIS speech therapy, speech pathology NDIS psychology

General Practice/Doctor

Morawa Medical Centre - Morawa

4 Caulfield Road, MORAWA WA 6623

W morawa.wa.gov.au

P (08) 9971 1103

Morawa is fortunate to have a community doctor based at the Morawa Medical Centre. The doctor services both of the Morawa and Perenjori communities, with three and half days of consultations in Morawa per week and one day of consultations in Perenjori.

Hospitals

Morawa Perenjori Health Service

7 Caulfield Road, MORAWA WA 6623

W wacountry.health.wa.gov.au

P (08) 9971 0200

Services provided include: 24-hour acute and emergency care Allied health Community health (see population health) Palliative care Patient Assisted Travel Scheme (PATS) Residential aged care, including residential respite (see My Aged Care) Telehealth Visiting mental health and community alcohol and drug service (see mental health services)

M O U N T M A G N E T

Environment & Conservation

Environmental Action & Conservation

Susan Krouzecky - Sarcha Enterprise

1 /70 Watston, 70 Watson Street, MOUNT MAGNET WA 6638

E szecky7@bigpond.com

P 0478 086 621

Sustainability and Resilience for all Murchison towns Build towns that can be resilient and be sustainable and not reliant on mining, transport, energy. To assist in creating a future for families by creating jobs and not be reliant on social welfare and the government.

Health Services

Allied Health

Fly2 Health Group - Mount Magnet NDIS

E hello@fly2health.com.au

W fly2health.com.au

P 0418 141 852

We offer FIFO NDIS disability services on a regular basis in Mount Magnet, WA. NDIS physiotherapy therapy and assessment NDIS occupational therapy, home modification, assistive technology assessment, functional capacity assessment NDIS speech therapy, speech pathology NDIS psychology

General Practice/Doctor

Geraldton Regional Aboriginal Medical Service - Murchison Outreach Service

56 Attwood Street, MOUNT MAGNET WA 6638

W grams.asn.au

P (08) 9940 3222

We are well equipped with several Aboriginal Health Practitioners, a General Practitioner Nurse and Receptionist to ensure our patients feel comfortable at our clinics.

Hospitals

Mount Magnet Health Centre

Lot 4536 Criddle Street, MOUNT MAGNET WA 6638

W wacountry.health.wa.gov.au

P (08) 9963 3100

Services provided include: Acute and emergency services, 8.00am to 4.00pm from Monday to Friday
Allied health Chronic disease management
Community health (see population health) Patient Assisted Travel Scheme (PATS) Telehealth Visiting mental health and community alcohol and drug service (see mental health services)

Mental Health Services

Counselling services

Welcome Street, MOUNT MAGNET WA 6638

E info@360.org.au

W 360.org.au

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

NORTHAMPTON

Community Clubs & Interest Groups

General Community Clubs

The Society of Women Writers - Western Australia

Grey Street Allen Centre, KALBARRI WA 6536

E swwofwa@gmail.com

P 0415 840 031

Membership of the Society is open to any women interested in writing. Both professional and non-professional writers enjoy the congenial atmosphere at meetings, which usually consist of a guest speaker and a discussion or workshop. Meetings take place on the third Tuesday of the month between 12.30am and 2.00pm at Citiplace.

Health Services

Community Health & Medical

360 Health And Community - Kalbarri

5 Kaiber Street, KALBARRI WA 6536

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

360 Health and Community provides mental health services in Kalbarri.

360 Health And Community - Northampton

51 Robinson Street, NORTHAMPTON WA 6535

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

360 Health and Community provides mental health services in Northampton.

General Practice/Doctor

Kalbarri Doctors Surgery

24 Hackney Street, KALBARRI WA 6536

P (08) 9937 1159

Provides Health Services - General Practice/Doctor in the Kalbarri area

Hospitals

Kalbarri Health Service

27 Glass Street, KALBARRI WA 6536

W wacountry.health.wa.gov.au

P (08) 9937 0100

Services provided include: 24-hour acute and emergency care Allied health Community health (see population health) Palliative care Patient Assisted Travel Scheme (PATS) Telehealth Visiting mental health and community alcohol and drug service (see mental health services)

Northampton Health Centre

103 Stephen Street, NORTHAMPTON WA 6535

W wacountry.health.wa.gov.au

P (08) 9934 0200

Services provided include: 24-hour acute and emergency care Allied health Community health (see population health) Palliative care Patient Assisted Travel Scheme (PATS) Residential aged care, including residential respite (see My Aged Care) Telehealth Visiting mental health and community alcohol and drug service (see mental health services)

Mental Health Services

Counselling services

5 Kaiber Street, KALBARRI WA 6536

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

Counselling services

51 Robinson Street, NORTHAMPTON WA 6535

E mail.admin@360.org.au

W 360.org.au

P (08) 9960 6800

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

Pharmacies

Northampton Pharmacy

219 Hampton Road, NORTHAMPTON WA 6535

E northamptonpharmacy@westnet.com.au

W northamptonpharmacy.com.au

P (08) 9934 1007

Northampton Pharmacy has been providing outstanding pharmacy services to our community for over 55 years.

P E R E N J O R I

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Perenjori Community Resource Centre
4 Fowler St, PERENJORI WA 6620
E Perenjori@crc.net.au
W perenjoricrc.net.au
P (08) 9973 1071

We are a friendly, informal place where community members can meet for a variety of health and social activities at minimal cost.

Health Services

General Practice/Doctor

Perenjori Medical Centre
74 Russell Street, PERENJORI WA 6620
P (08) 9971 1103
General Practice

SANDSTONE

Health Services

Hospitals

Sandstone Nursing Post
Griffith Street, SANDSTONE WA 6639
W sandstone.wa.gov.au
P (08) 9963 5808

Services provided include: No emergency care is available – please contact Royal Flying Doctor Service Allied health Community health (see population health) Fortnightly medical practitioner clinic Visiting mental health and community alcohol and drug service (see mental health services)

SHARK BAY

Community Centres, Halls & Facilities

Community & Neighbourhood Centres

Shark Bay Community Resource Centre
10 Denham Rd, DENHAM WA 6537
E sharkbay@crc.net.au
W sharkbaycrc.net.au
P (08) 9948 1787

The Resource Centre is considered the hub of the community, providing access to computers, the internet, printing, photocopying, laminating, photo development, book swapping/buying library, local merchandise in our Pop Shop, video conferencing and meeting room facilities, education and training and other secretarial service assistance and technology.

Health Services

Ageing Health Services

Shark Bay Health Centre
53 Hughes Street, DENHAM WA 6537
E CareTeam@silverchain.org.au
W silverchain.org.au
P 1300 650 803

Our remote service centres are the first point of health care and emergency services for remote Western Australian communities.

Allied Health

Fly2 Health Group - Denham NDIS
E hello@fly2health.com.au
W fly2health.com.au
P 0418 141 852

We offer FIFO NDIS disability services on a regular basis in different rural & remote regions of WA. NDIS physiotherapy therapy and assessment NDIS occupational therapy, home modification, assistive technology assessment, functional capacity assessment NDIS speech therapy, speech pathology NDIS psychology

THREE SPRINGS

Health Services

General Practice/Doctor

Three Springs Family Practice

12 Thomas Street, THREE SPRINGS WA
6519

P (08) 9954 1013

General Practice in Three Springs

Hospitals

North Midlands Hospital

19 Thomas Street, THREE SPRINGS WA
6519

W wacountry.health.wa.gov.au

P (08) 9954 3200

Services provided include: 24-hour acute and emergency care Allied health Community health (see population health) Palliative care Patient Assisted Travel Scheme (PATS) Residential aged care, including residential respite (see My Aged Care) Telehealth Visiting mental health and community alcohol and drug service (see mental health services)

Mental Health Services

Counselling services

12 Thomas Street, THREE SPRINGS WA
6519

E info@360.org.au

W 360.org.au

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

UPPER GASCOYNE

Communication & Information

General Communication & Information

Shire Of Upper Gascoyne

4 Scott Street, GASCOYNE JUNCTION WA
6705

E admin@uppergascoyne.wa.gov.au

W uppergascoyne.wa.gov.au

P (08) 9943 0988

The Shire of Upper Gascoyne is one of Western Australia's most remote local governments covering an area of some 46,602 square kilometres. The Shire encompasses a number of communities including the Gascoyne Junction township, Woodgamia Aboriginal Community and Burringurrah Aboriginal Community, with its main industries being Pastoral, Mining Exploration and Tourism.

Health Services

Emergency Departments

Burringurrah Nursing Post

W wacountry.health.wa.gov.au

P (08) 9943 0601

Burringurrah Nursing Post is a nurse-led clinic that provides essential health services, including acute and emergency services.

General Practice/Doctor

Carnarvon Aboriginal Medical Service (CAMS) - Gascoyne Junction
CRC Building, Scott Street, GASCOYNE JUNCTION WA 6705

W grams.asn.au

P (08) 9941 2499

The Carnarvon Medical Service Aboriginal Corporation (CMSAC) provides health services to the Carnarvon community, Mungullah Village and Gascoyne Junction (Wodgemia Community). Health areas covered by the service include: specialist services sexual health dental/oral health child health outreach team at Gascoyne Junction general health consultations.

WILUNA

Aboriginal Services

Aboriginal Health Services

The Substance Misuse Programme
44 Scotia Street, WILUNA WA 6646
P (08) 9981 8600

Delivers a non-residential trauma-informed service that is culturally responsive and safe, with prioritised placements for Aboriginal and Torres Strait Islander people, their families and communities. We provide a flexible model of care that allows for outreach, drop-in support and care on Country (out bush) for individuals, families and community groups.

Communication & Information

General Communication & Information

Shire Of Wiluna

70 Wotton Street, WILUNA WA 6646

E reception@wiluna.wa.gov.au

W wiluna.wa.gov.au

P (08) 9981 8000

The population of the town of Wiluna has in recent years stabilised at about 300 including a large population of indigenous Australians. According to the last Census, there are now approximately 1644 people living in the Shire including several mining villages, which are run mainly on a "fly-in fly-out" basis.

Health Services

Mental Health Services

Mindspot GP

E contact@mindspot.org.au

W mindspot.org.au

P 1800 614 434

Free, evidence-based assessment and treatment available online and by telephone to residents of WA aged 16+ to help manage mild-moderate anxiety, depression and substance concerns. Once successfully referred by GP/other service, patients can access online features 24/7, with registered mental health professionals support available 9am – 5pm weekdays.

YALGOO

Health Services

Hospitals

Yalgoo Nursing Post

20 Gibbons Street, YALGOO WA 6635

W wacountry.health.wa.gov.au

P (08) 9962 8600

Services provided include: Acute and emergency services during open hours Allied health Chronic disease management Community health (see population health) Fortnightly medical practitioner clinic Patient Assisted Travel Scheme (PATS) Telehealth Visiting mental health and community alcohol and drug service (see mental health services)

Mental Health Services

Counselling services

E info@360.org.au

W 360.org.au

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

OTHER SERVICES OUTSIDE THE AREA

Aboriginal Services

General Aboriginal Services

Tiddas In Business - FREE Business Workshops

E info@murawin.com.au

W dev.murawin.com.au

P 0400 294 331

The Tiddas in Business program is a series of culturally appropriate business activities that introduce entrepreneurship, business, & leadership skills. The activities are led by Indigenous Businesswomen who provide insights, strategies, tools & resources for starting and growing business.

Accommodation Services

Crisis & Emergency Accommodation

Crisis Care Helpline

W wa.gov.au

P 1800 199 008

Accommodation Services - Crisis & Emergency
Accommodation - Crisis & Emergency
Accommodation.

South West Refuge Bunbury

W swrefuge.com.au

P (08) 9791 2894

South West Refuge provides safe and secure accommodation, advocacy and support for women, and women with children, escaping Family and Domestic Violence.

Advocacy Services

General Advocacy Services

Consumers of Mental Health WA

E admin@comhwa.org.au

W comhwa.org.au

P (08) 9258 8911

CoMHWA provides: systemic advocacy to improve mental health services and support consumer wellbeing; promotes education and training; provides and facilitates consumer representation; consults with consumers and stakeholders in mental health; provides public education; and provides policy advice on mental health services in WA. Main activities relate to Mental health and crisis intervention.

Mental Health Advocacy Service (MHAS)

E contactus@mhas.wa.gov.au

W wa.gov.au

P (08) 6234 6300

The Mental Health Advocacy Service (MHAS) provides independent advocacy to assist consumers of mental health services protect their rights. The MHAS includes a dedicated youth advocate for children and advocates in Albany, Broome, Bunbury and Kalgoorlie.

PWDWA/Albany

E info@pwdwa.org

W pwdwa.org

P (08) 9420 7279

Our advocacy services are available to any person with a disability. You do not have to be a member to access advocacy. All of the advocacy work that PWDWA does follows the principals of the National Disability Strategy

National & International Advocacy Services

Australian Sickle Cell Advocacy Inc

E mail@aussicklecelladvocacy.org

W aussicklecelladvocacy.org

P 0414 309 995

Australian Sickle Cell Advocacy Inc (ASCA) Inc is an independent not for profit organisation dedicated to supporting and representing those affected by Sickle Cell Disease (SCD) in Australia. ASCA offers support to families and individuals of African and other culturally diverse backgrounds that are affected by SCD in Australia. We have chapters / representatives Australia wide.

Cataract Kids Australia

E info@cataractkids.org.au

W cataractkids.org.au

P 0407 885 580

Our goal is ultimately to improve the visual outcomes of children affected by cataract. We aim to enhance the support and information provided to families, work with clinicians to optimise treatment outcomes and link with researchers to improve the flow of information.

Older Persons Advocacy Network

E enquiries@opan.com.au

W opan.org.au

P 1800 700 600

Older Persons Advocacy Network offer free, independent and confidential services that focus on supporting older people and their representatives to raise and address issues relating to accessing and interacting with Commonwealth funded aged care services.

Parkinson's Australia

E ceo@parkinsons.org.au

W parkinsons.org.au

P 0419 770 010

Parkinson's Australia is the national peak body and charity representing more than 70,000 Australians living with Parkinson's. We advocate for the needs of people living with Parkinson's, and for their families and carers. Parkinson's Australia represents, at the national level, the interests of its federation of state and territory members on all matters relating to Parkinson's and carer issues.

Ageing Services

Ageing Information & Counselling

Advocare care finder program

E rights@advocare.org.au

W advocare.org.au

P (08) 9479 7566

care finder program - Perth North, Perth South, South West and Central/Western Wheatbelt.

LiveUp

E general@ilaustralia.org.au

W liveup.org.au

P 1800 951 971

LiveUp is a free and confidential service that provides expert advice, personalised support, and community connections to help you age your way. LiveUp is a national platform designed to help you reimagine, reset and reconnect with living your life to its fullest.

General Ageing Services

Acorn Stairlifts

E info@acornstairlifts.com.au

W acornstairlifts.com.au

P (08) 6161 4571

We supply and install stairlifts in private residences and commercial properties to enable the user to safely navigate the staircase. We are the only direct manufacturers in Australia and can install with 7 - 10 days. Our stairlift is the slimmest on the market, we have everything in stock in our warehouse in O'Connor and have a number of demonstration lifts to view.

Council On The Ageing WA

E admin@cotawa.org.au

W cotawa.org.au

P (08) 9472 0104

Working towards an equitable, just and inclusive society in which older people can flourish.

National Dementia Help Line

E nsw.midnorthcoast@dementia.org.au

W dementia.org.au

P 1800 100 500

The National Dementia Helpline is a free telephone service that provides information and advice to: people living with dementia. people concerned about changes to memory and thinking. people living with Mild Cognitive Impairment (MCI)

Hendercare - West Perth

E hello@hendercare.com.au

W hendercare.com.au

P 1300 764 433

We've been supporting older Australians since 2004. We provide care in your home, in hospitals and in aged care facilities. It's our job to find the right person to come and work with you. And it's a job we take very seriously. Get in touch with our friendly team today.

SALT Directory - Senior and Aged care Living Transition Directory

E info@saltdirectory.com.au

W saltdirectory.com.au

P 0417 757 977

SALT (Senior & Aged care Living Transition) Directory provides a central location to easily find businesses and services that help support families and their loved ones to transition to retirement villages or aged care. The Directory members are vetted to ensure they operate with the right intent and provide services with care, compassion and empathy.

Tech help for seniors - Life skills for youngsters!

E info@youngster.co

W youngster.co

P 1300 774 711

We provide digital education for seniors and create jobs for youngsters. We bring generations together!

Home Care & Safety Services

Brightsky Australia

E orders@brightsky.com.au

W brightsky.com.au

P 1300 886 601

BrightSky Australia is your one-stop-shop for specialist healthcare products. BrightSky offers Australia-wide home delivery of an extensive range of everyday and "hard-to-find" healthcare products

Daily Welfare Check by Phone to Check they are OKAY

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

We help busy people with older family members, that may be at risk, living at home alone, who want to know for certain that they are OKAY. Many people will remember "Help I've Fallen & I Can't Get UP!" When will you know?

Daily Safety Check-in Call

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

Most people have a parent or grandparents. Are you one of them? Our clients are children like you who are WORRIED about a Loved One, Help I've fallen & can't get up. WE HELP people know that all is well we check-in with a care call every day

InteliCare

W intelicare.com.au

P 1300 001 145

Live independently safely with InteliCare smart home sensors and intelligent mobile phone app. InteliCare turns any home into a smart home using non-invasive smart sensors (no cameras). No buttons to press, no devices to wear. InteliCare works silently in the background gathering information from the household and alerting through the mobile phone app if behaviours change.

My Companionship

E admin@mycompanionship.com.au

W mycompanionship.com.au

P (08) 6245 2319

Home Care provider delivering consistent care to Perth residents.

Seniors Clubs & Social Groups

Connected au

W connectedau.com.au

P 0437 570 585

Connected AU was born out of this concern, with a focus on helping people who might be isolated, vulnerable and lonely. Mea built a free online platform to connect and engage people, and The Letterbox Project became the foundation of this platform.

Animal Services

Animal Shelters

Wildlife and stock animals

E info@pwca.org.au

W pwca.org.au

P 0438 924 842

Rescue, Rehabilitated and release of native fauna (wildlife). Rescue and re homing of pet birds. Rescue of young stock animals

General Animal Services

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud is Australia's most trusted Pet Care Services booking website to book Pet Sitting, Home Visits, House Sitting, Dog Walking, Day Care, Pet Taxis, Grooming, Washing and Brushing, 24hr supervision, and Dog Training. To connect with a Pet Sitter, Post a Job, and available Pet Sitters in your area will apply <https://www.petcloud.com.au>

Assistance with Domestic Duties for NDIS Pet Owners

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud's national service offers 1. Animal Assisted Mentoring in the Community, 2. Pet Care during Hospital Treatment or Rehabilitation, 3. Assistance with Pet related Household tasks

Arts & Creatives

Literary Arts

Jen Robe Writes

E jenrobewrites@gmail.com

W organizablelife.com

I write memoirs and biographies based on people's lives. I will interview you or your loved one in a conversational style and write your life story. It is a perfect way to preserve your family's history. I can also work to record the stories of those unable to speak, due to injury, illness, or death. I have a background in elder and disability care.

Performing Arts & Music

Attaboi Music Magazine

E info@wildoatsrecords.net

P 0467 955 772

Attaboi is a community music organisation working to push minority voices and issues currently affecting the Australian music industry.

Choirs4Kids

E sing@choirs4kids.com

W choirs4kids.com

P 0414 205 919

Choirs4Kids is an online singing program for ages 4 to 15, fostering creativity, building confidence, and forming friendships. Our expert-led sessions empower young voices to shine, creating a joyful and supportive musical community. Join us on a remarkable journey where the magic of singing transforms lives. We also offer a kids choir in Manjimup, WA.

Fremantle Fairground Association

E info@fairgroundproductions.com

P 0437 807 329

The Fremantle Fairground Assoc. Inc was formed in 2007 to nurture positive social outcomes through the provision of arts, education and cultural exchange. The fairground production house provides best practice arts performers, trainers, events and programs.

Child Services

Child (and Parent) Information & Counselling

Pregnancy Birth and Baby

E info@nhccn.com.au

W pregnancybirthbaby.org.au

P 1800 882 436

Pregnancy, Birth and Baby is a national Australian Government service providing support and information for expecting parents and parents of children, from birth to 5 years of age.

Free Counselling for Separated Parents and Children

E reception@lifelinewa.org.au

W wa.lifeline.org.au

P (08) 9261 4498

Lifeline WA is committed to supporting separated parents throughout WA. We offer FREE individual counselling for family members before, during and after separation. Our counsellors provide one-on-one support to develop strategies to manage conflict and identify options and solutions. To find out more visit our website, complete our online referral form and email counselling@lifelinewa.org.au

Magic Coat for Kids Pty Ltd

E admin@themagiccoat.com

W themagiccoat.com

P 0477 997 661

A social/emotional wellbeing program, designed for young children and their primary carers to learn preventative mental health strategies together. Based on the analogy of putting on an imaginary coat with memorable characters inside the pockets, representing various strategies children can use to take control & responsibility for their own world & to create positive relationships with others.

Reachout Australia

E info@reachout.com

W about.au.reachout.com

P (02) 8029 7777

ReachOut Parents Coaching is for any Australian parent with teenagers aged between 12–18 years, with access to a computer. If you're worried or want to build on your relationship with your teenager, we provide a free one-on-one online coaching program. ReachOut Parents Coaching is a free service with sessions that are personalised to suit your individual needs and concerns. With coaches from

The Aussie Hands Foundation Inc

E info@aussiehands.org

W aussiehands.org

To raise awareness of hand differences in the community and support families who have a child living with a hand difference and connecting them to other families in a similar situation and also to adults living with a hand difference.

WA Child Safety Services- Bunbury – Collie – Busselton

E admin@childsafetyservices.com

W wacss.com.au

P 1300 310 083

WACSS is a not-for-profit provider of abuse prevention programs and resources. They deliver a tailored Protective Behaviours program for families in home and other areas around WA. Their Child Safety Trainers will organise a time to visit your family at your home, school or other safe location to conduct the session after following the instructions on their site.

General Child Services

Raising Connected Kids

E karen@connectededucation.com.au

W raisingconnectedkids.com.au

P 0430 306 111

Teaching school-aged children skills and strategies to build self-confidence and emotional resilience. Online courses and ongoing weekly coaching for children to support emotional development facilitated by Children's Emotional Well-being coaches qualified and experienced in Education and Psychology. Specialising in support for highly sensitive children.

Communication & Information

Community Information & Referral Services

Department of Communities - Women's Information Service

E info@dlgc.wa.gov.au

P 1800 199 174

A confidential telephone information referral service for women on any issue, referring to non-profit community organisations and government agencies.

Wageline

E wageline@dmirs.wa.gov.au

W commerce.wa.gov.au

P 1300 655 266

Wageline is a free confidential employment information service.

General Communication & Information

GIVIT

E info@givit.org.au

W givit.org.au

GIVIT (givit.org.au) is a national online not-for-profit matching generosity with genuine need.

Community Clubs & Interest Groups

Community Service Clubs

Australia Nova Romana

E australia.novaroma@outlook.com

W austnovaroma.wixsite.com

A national Roman living-history and education organisation providing a central community for the study of Latin language, exploration of ancient Roman politics and a safe network for members to explore and learn about the 'cultus deorum romanum', the religion of ancient Rome.

Braille House

E coordinator@qbwa.org.au

W braillehouse.org.au

P (07) 3848 5257

Free lending Braille library. Braille House is a Not-for-profit organisation that transforms the lives of vision impaired people with by producing and giving access to reading material and other tactual resources through our extensive library of books, and much, much more.

Crisis & Emergency Services

Abuse & Assault Services

Dv Assist

E info@dvassist.org.au

W dvassist.org.au

P 1800 080 083

DVassist provides single or multi session counselling via telephone or webchat, information and resources for people experiencing family and domestic violence who live in regional, rural and remote WA.

Full Stop Australia

W fullstop.org.au

P 1800 424 017

Full Stop Australia offers free confidential, trauma specialist counselling for people of all genders who are impacted by violence and abuse, as well as their friends, colleagues and family members.

Crisis Counselling & Intervention Services

Domestic and Family Violence

Womensline

E mail@dvconnect.org

W dvconnect.org

P 1800 811 811

Telephone counselling and refuge referral 24/7 Queensland wide DVConnect, Womensline.

Domestic and Family Violence Mensline

E mail@dvconnect.org

W dvconnect.org

P 1800 600 636

Mensline is a free, confidential telephone, counselling, referral and support service especially set up for men.

Parents Beyond Breakup

E enquiries@parentsbeyondbreakup.com

W parentsbeyondbreakup.com

P 1300 853 437

Helping parents deal with the trauma of separation; a major cause of suicide in Australia. Support is available by phone, LiveChat & email & website.

Suicide Call Back - National Phone Service

W suicidecallbackservice.org.au

P 1300 659 467

The Suicide Call Back Service is a 24-hour, nationwide service that provides telephone and online counselling to people 15 years and over who fit one of the following categories: People who are suicidal, people who are caring for someone who is suicidal, people bereaved by suicide or health professionals supporting people affected by suicide.

General Crisis and Emergency Services

Team Rubicon Australia

E info@disasterreliefaus.org

W disasterreliefaus.org

P (02) 8815 8113

Team Rubicon Australia unites the skills and experiences of Australian Defence Force veterans with first responders to rapidly deploy emergency response teams around the globe.

Women's Domestic Violence Helpline

W wa.gov.au

P 1800 007 339

The Women's Domestic Violence Helpline is a state wide 24 hour service. This service provides support and counselling for women experiencing family and domestic violence. This includes phone counselling, information and advice, referral to local advocacy and support services, liaison with police if necessary and support in escaping situations of family and domestic violence.

Welfare Assistance & Support Services

Linked Cleaning Service -

E info@linkedcleaningservices.com.au

W linkedcleaningservices.com.au

P 0413 739 854

A cleaning service that assists people who experience hoarding disorder. Linked Cleaning Services will work swiftly and discretely to remedy the situation and restore the property to a liveable home

The Claddagh Association (Inc)

E admin@claddagh.org.au

W claddagh.org.au

P (08) 9249 9213

Since 1997 The Claddagh Association has been a family away from home, supporting the Irish community in WA through the ups and downs of life.

Cultural and Migrant Services

Migrant Services

National Resource Centre For Migrant Empowerment

E enquiries@nationalresourcecentre.org.au

W nationalresourcecentre.org.au

P 0478 054 020

NRCME is dedicated to improving the lives of vulnerable and precarious immigrants, with a focus on newly arrived immigrants in Australia. We offer an extensive set of services, community organization, and leadership development programs. Including job seeking support, acquiring safe and affordable housing, education and legal aid, health advice, and demonstrating services.

Peak Ethnic Umbrella Organisation

E admin@eccwa.org.au

P (08) 9227 5322

The ECCWA is the State's peak ethnic umbrella organisation. It is a non-government, non-profit community based organisation which takes an active interest in all aspects of multiculturalism and Culturally and Linguistically Diverse (CaLD) affairs and acts on behalf of all ethnic communities in Western Australia.

Disability Services

Carer Information

Kindship

E hello@kindship.co

W kindship.com.au

Kindship is a free digital social network for parents raising children with disabilities and specific needs. Meet, chat, and learn from like-minded parents on similar journeys. Download the Kindship app from the App and Google Play stores.

People With Disability Australia - Qantas Carer Concession Card

E qccc@pwd.org.au

W pwd.org.au

P 1800 806 769

Qantas Carer Concession Card is issued to people with significant support requirements who through a physical, sensory, intellectual, cognitive or psychosocial disability are unable to travel on the aircraft without the full time assistance of a carer. A person is eligible if they need to have one-on-one support when seated on the aircraft for assistance. <http://pwd.org.au/services/qantas-card/>

Disability Information & Counselling

NDIS Plan Management

E info@completemoney.com.au

W completemoney.au

P 1300 161 489

At Complete Money Management we are your local NDIS Plan Manager, we are a registered provider who is here to assist in all your plan budget needs and to help you navigate the complex system.

Limbs 4 Life

E info@limbs4life.org.au

W limbs4life.org.au

P 1300 782 231

Limbs 4 Life is the peak body for amputees in Australia and was founded as an incorporated charity in 2004. Limbs 4 Life provides services to thousands of amputees and their care givers, who rely on the programs and services for assistance prior to, or after a limb amputation.

My Virtual Support Coordinator

E info@myvirtualsc.com.au

W myvirtualsc.com.au

P (03) 9077 1448

My Virtual Support Coordinator works as an online service provider. Our mission is to change the way Support Coordination is managed by creating a simple, clear and manageable plan for NDIS Participants. No travel costs. Direct access to online tools. Simple billing options to suit your needs. Access to experienced staff.

People With disabilities WA - West Perth

E info@pwdwa.org

W pwdwa.org

P (08) 9420 7279

PWdWA provide non-legal advocacy to people with disabilities. Advocacy is the process of standing alongside individuals to ensure that people are able to speak out, to express their views and uphold their rights. Our advocacy services are available to any person with a disability. You do not have to be a member to access advocacy.

Therapy Connect

E clientservices@therapyconnect.com.au

W therapyconnect.com.au

P 1300 757 806

Therapy Connect provides flexible, person-centred allied health supports via telepractice for people who experience disability or delay in development that affects their participation at home, in the community, in childcare, education or the workplace.

Your Story Disability Legal Support

E yourstorydisability@legalaid.qld.gov.au

W yourstorydisabilitylegal.org.au

P 1800 771 800

Your Story Disability Legal Support empowers people with disability to safely share their story with the Disability Royal Commission and connect with local support services. We work in partnership with communities to deliver a person centred, trauma-informed and culturally safe legal service.

Disability Respite and Activity Centres

Cahoots

E volunteer@cahoots.org.au

W cahoots.org.au

P 1300 103 880

We are a registered NDIS provider, running a variety of inclusive programs and camps throughout the year, catering to children and young people of all abilities aged 5+.

Yadah Care Services

W yadahcareservices.com.au

P 0466 986 761

General Disability Services, Respite Care, Disability services for SIL and MTA under the NDIS. Open from 8am -4pm.

General Disability Services

Achieve Disability Care

E info@achievedisabilitycare.com.au

W achievedisabilitycare.com.au

P (08) 6150 0175

Our service is completely focused on (person centered plan) the needs of the person with disability and their families. Along with delivering high quality services for NDIS participant, Achieve Disability Care been active in research for more than a year and this helps us to deliver the positive outcome.

Australian disability support services

E Support@a-dss.com

W a-dss.com

P 1800 943 718

Psycho social supports OT, psychologist, speech therapist

Boomaroo Plan Management

E admin@boomarooplans.com.au

W boomarooplans.com.au

P 0492 853 012

Assisting Others Inspires Us We ensure your needs and preferences are understood and respected whilst managing the quick processing of payments so that your Service Providers can focus on YOU! We make you our Sole focus and assist you in embarking on your NDIS Journey and are always happy to answer any of your questions. Give Boomaroo Plans a call today !

Capital Gaurdians Plan Management

W capitalguardians.com

P (03) 9008 9992

Capital Guardians is a Plan Manager throughout Australia.

Care Squared

E info@caresquared.com.au

W caresquared.com.au

P 1300 632 639

Allied Health Supports, Employment Supports and Group Therapies

Complex Support Coordination

E sam@complexsupport.com.au

W complexsupport.com.au

P (08) 9467 7333

High quality, results oriented NDIS Support Coordination and Psychosocial Recovery Coaching services. I get the NDIS to work for you!

Confidence Club

W confidenceclub.com.au

P 1800 861 199

Australian-owned NDIS approved direct supplier of products for managing incontinence - and an award winning customer support team. We have bladder leakage pads, pull-up pants and nappies for youth and adult that are more sustainably made in our European factories, perform reliably and great value. Trusted by many thousands of Australians for fast and discreet delivery to their doors everywhere.

Dineamic

E team@dineamic.com.au

W dineamic.com.au

P (03) 8669 0587

Dineamic is a registered NDIS & HCP provider of chef-prepared and nutritionist approved ready to eat meals - delivered fresh to your door.

Dineamic's range provides options to suit every dietary or lifestyle group; gluten free, dairy free, vegan, vegetarian and low FODMAP. Everyone should have the opportunity to enjoy high quality affordable meals.

Disability Enquiry Hotline

E disability@online.telstra.com.au

W telstra.com.au

P 1800 068 424

Telstra Disability Services Centre offers a free advisory service for persons who have difficulty using their telephone, such as difficulties hearing the telephone ring, hearing the caller, holding the receiver, voice projection or reading the dial.

Disability Health Support Australia

E dorothy@disabilityhealthsupport.com.au

W disabilityhealthsupport.com.au

Excellent medical and hospital care are everyone's right. NDIS, mental health and aged patients often find that their disability means they experience problems getting the healthcare they need. We can manage your healthcare.

National Disability Health Support Australia

E dorothy@disabilityhealthsupport.com.au

W disabilityhealthsupport.com.au

P 0421 011 430

Support for NDIS participants whose health or healthcare is limiting their independence or capacity.

Personal Care (Disability Service Provider)

E prakash@dtccare.com.au

W dtccare.com.au

P 0426 803 524

Core Supports that enable participants to complete activities of daily living. We assist participants by assisting them to achieve their goal of completing daily personal activities, and Assistance with Travel/Transport Arrangements. Assistance in participation in community, social and civic activities.

Embrace Support (Support Coordination and Disability Support)

E embrace.s.au@gmail.com

P 0422 998 083

> NDIS Support Coordination > Disability Support > Accessible Remotely and In-person > Lived Experience

Epilepsy Action Australia

E epilepsy@epilepsy.org.au

W epilepsy.org.au

P 1300 374 537

Epilepsy Action Australia provides support, information and innovative services to those living with and affected by epilepsy across Australia. We offer world-class education and support services nationally, with a determined commitment to deliver equitable and consistent services to all Australians regardless of where they live.

Epilepsy WA

E community@epilepsywa.asn.au

W epilepsywa.asn.au

P 1300 660 880

Epilepsy WA was founded in 1963 and provides a wide array of services to support the WA community, including an information and support phone line, a network of support groups, a free seizure alert bed mat loan program for members, epilepsy training, patient/carers seminars, a compassionate ear listening service, a seizure technology display and awareness raising activities.

Grow Your Impact

E growyourimpact@outlook.com

W meaningfulbehaviour.com

P 0432 315 939

Registered NDIS Provider of Positive Behaviour Support for people with behaviours of concern. Services are available from Brisbane to Far North Queensland and the Northern Territory and include positive behaviour support plan creation and implementation for NDIS participants and clients of residential aged care.

GS Assist

E bjdeutsch@icloud.com

P 0466 641 799

SUPPORT COORDINATION with extensive experience working within the NDIS - intensive support - setting up your own home - starting and leaving school - employment support - later years support >Support to get your NDIS plan working properly with regular check-ins > Help preparing for your Plan Review > Assistance changing your plan when life changes > Connecting you with your supports

Hendercare - West Perth

E hello@hendercare.com.au

W hendercare.com.au

P 1300 764 433

Working with people with a disability and their support network is a crucial part of what we do at HenderCare. The NDIS has changed the way people access disability care, and as a registered NDIS provider, we can help you meet your goals.

Heyhubble

E hello@heyhubble.com.au

W heyhubble.com.au

P 1300 776 246

Our team at HeyHubble connects NDIS participants with: - Behaviour support - Exercise physiology - NDIS Plan management - Occupational therapy - Physiotherapy - Psychology, counselling, social work - Psychosocial recovery coach - Speech therapy - Support worker

HiCom Care - NDIS Plan Manager

E Admin@hicomcare.com.au

W hicomcare.com.au

P 0480 305 919

HiCom Care is Australia's most dynamic NDIS registered Financial Plan Management service provider for people from CALD backgrounds. We are an enthusiastic, young, and friendly team passionate about delivering A-Grade services to our clients nationwide. We handle the day-to-day financial tasks that come with our participants' plans and help them to keep track of their funding balance.

I Hate Cooking

E info@ih8cooking.com.au

W ih8cooking.com.au

P 0410 526 477

As an NDIS registered provider around the country, we are proud to be able to provide a viable option to the many food delivery services available to participants. Our cooks are chosen because they have a heart to serve in the community. We look forward to making healthy nutritious food in your kitchen

Manage It

E info@manageit.com.au

W manageit.com.au

P (08) 9380 0271

We provide specialist services and innovative online tools for the management of individualised funding in the disability, community, and mental health care sectors.

Me Plus More

E hello@meplusmore.com.au

W meplusmore.com.au

P 0405 905 610

Me Plus More is an online platform specifically designed to inspire and empower people with intellectual disability or cognitive impairment to take those much-needed steps towards reaching their goals and independence. It has been designed in both English and easy read English to gives members the tools and resources to assist in learning independent living skills.

My Plan Assist

E info@myplanassist.com.au

W myplanassist.com.au

P (07) 5641 2277

The simple solution to managing your NDIS Funding. My Plan Assist is a registered provider of plan management services for children, young people & adults with disabilities under the NDIS. They offer caring & personalised support to simplify NDIS plan management, offering more flexibility and control with less stress. Get the support you need so you have more time to focus on your NDIS goals.

My Plan Manager

E enquiry@myplanmanager.com.au

W myplanmanager.com.au

P 1800 934 170

My Plan Manager is Australia's largest plan management service – we take the stress out of the NDIS. We can process your NDIS invoices, reduce time-consuming paperwork, and support you to quickly and simply track your NDIS plan spending. We can also work with you to maximise your NDIS plan and ensure it includes the important items that really make a difference to achieving your goals.

MyCareSpace

W mycarespace.com.au

P 1300 288 893

An online connections service helping NDIS participants to connect with verified local service providers with immediate appointments available.

Plan Management - MyIntegra Perth, Western Australia

E engagement@myintegra.com.au

W myintegra.com.au

P 1800 696 347

Let us guide you on your NDIS journey with plan management in Western Australia (WA) • Pay providers fast • Claim funds from NDIA • Track your budget online, 24/7 • Advice to maximise your plan • Choice and control • Reserve funds for chosen providers • Quick online sign up • Registered Plan Manager

Support Coordination - MyIntegra Perth, Western Australia

E enquiries@myintegra.com.au

W myintegra.com.au

P 1300 937 187

Get value from your NDIS plan with expert help to connect you with local supports in Western Australia (WA) • Help to understand your plan • Registered Support Coordinator • Build your independence • All levels of disability including complex needs • Prepare for plan reviews • Navigate the NDIS

National Relay Disability Phone Service

E helpdesk@relayservice.com.au

W accesshub.gov.au

P 1800 555 660

The National Relay Service is a national telephone system for people who have difficulty hearing or speaking on a regular telephone. Information, training and referral is available locally or via the

NDSP Plan Managers - WA

E info@ndsp.com.au

W ndsp.com.au

P (08) 6146 3707

As an NDIS Plan Manager we assist you on your NDIS journey by paying your supports to providers from your NDIS funds. NDSP allows you to live your life while we manage your claims, payments and administration of your NDIS budget.

Pacify Plan Management

E hello@pacify.com.au

W pacify.com.au

P 1800 959 344

Pacify Plan Management is registered by the NDIS to provide plan management services to participants Australia-wide.

NDIS Plan Management

W pathwaystocare.com.au

P 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you. We love getting to know you to help you achieve your goals and connect you to your community!

Pathways To Care

W pathwaystocare.com.au

P 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you.

Peak Plan Management

E info@peakplan.com.au

W peakplanmanagement.com.au

P 1300 732 324

We offer you the assistance of a team of experienced accountants and NDIS experts to help you maximise the value of your plan whilst removing the stress and administrative burden. All with the benefit of a local person you can talk to anytime who knows your personal story and is focused on helping you maintain choice and control.

Plan Partners

E rollie.pontigon@planpartners.com.au

W planpartners.com.au

As Australia's leading provider of services that support NDIS participants, we will maintain our passion and commitment to helping people with disabilities to get the most out of their NDIS plans and realise their goals in life. Lives will be changed because of the services we provide.

Plan Partners - WA

E admin@planpartners.com.au

W planpartners.com.au

P 1300 333 700

Plan Partners is a national independent disability provider specialising in NDIS Plan Management and Support Coordination for NDIS participants. They service NDIS participants Australia wide including remote and regional WA.

Provider Choice Plan Management - Perth

E hello@providerchoice.com.au

W providerchoice.com.au

P 1300 776 246

Provider Choice offer plan management services to families across Western Australia. We provide you with your very own personal plan manager who remembers your story, pays your invoices, and answers your questions - you don't just deal with someone in a call centre. We also have an online portal where you can keep track of your budget in real time.

Recovery Plus Support

E referral@recoveryplussupport.com.au

W recoveryplussupport.com.au

P 1800 512 281

Recovery Plus Support is a registered NDIS provider specialising in services for participants with a Psychosocial Disability. We are best known for our Recovery Coaching service and also specialise in: - Social and Community Participation - Support Coordination - Capacity Building - In-home Care We are an Australian company and provide our services Australia-wide.

Reel Keen Powerchair Fishing

E robert@reelkeen.com

W reelkeen.com

P 0418 128 749

NDIS registered suppliers of Power Wheelchair fishing rod holders and camera attachments. Turn Your Power Wheelchair into a game fishing chair, in just minutes !!!

Support Coordination to Avenues Australia

E hello@avenuesaustralia.com

W avenuesaustralia.com

P 1300 208 594

Avenues Australia is a registered NDIS provider, providing leading disability services in Perth Western Australia. We provide quality Support Coordination, Psychosocial Recovery Coach and NDIS Advice services for people with a disability. We act as your primary NDIS Service Provider, by helping you get the supports you need, activate your Plan, connect you to services from other providers.

The Aussie Hands Foundation Inc - Melbourne

E info@aussiehands.org

W aussiehands.org

Aussie Hands (ii) supports children and adults who have been born with a hand difference or have an acquired hand injury; (ii) provides opportunities for networking and exchange of information; and (iii) supports research initiatives focussing on hand differences

The Good Meal Co

E agedcare@goodmeal.com.au

W goodmeal.com.au

P 1800 155 255

The Good Meal Co is dedicated to spreading the joy of food across Australia to those in need of the tastiest care meals, home delivered so they can eat, feel and live better.

The Happy Giraffe

E claire@thehappygiraffe.com.au

W thehappygiraffe.com.au

P 0409 026 230

* Offers a wide range of Sensory Products - Autism, ADHD, Sensory Processing, Anxiety.... * A safe space for people to look, touch and feel products to suit their sensory needs. * Committed to supporting our Neurodivergent and wider Community

The Kids Coach - National

W thekidscoach.tv

P 0478 437 368

The Kids Coach is an on-demand channel developed by an Occupational Therapist and Personal Trainer to get your child up and moving with fun, regular fitness programming in the comfort of your own home.

Thinkwise Disability

P 0478 254 112

THINKWISE Disability offers valuable disability support services all across Australia. Our mission is to empower people with disability and long-term health conditions to unlock their potential through engagement, education and employment to become self-sufficient and participate in their communities.

XYX Syndrome Association of Australia Inc.

E xyyaustralia@gmail.com

W xyyaustralia.org

P 0427 064 157

Mission Creating awareness for XYX Syndrome by obtaining and providing the latest research for XYX families and the community. Networking with government services, medical specialists, general practitioners and educators to create a better understanding for XYX Syndrome. Our focus is helping the community have a positive understanding of XYX Syndrome and give support to those who need it.

Standard and High Intensity Level Support Worker Services - In Home

E info@youfirstservices.com.au

W youfirstservices.com.au

P 1300 525 656

Standard & High Intensity Level Support Worker Services - In Home

Your Plan Manager

E plan@ypm.com.au

W yourplanmanager.com.au

P 1800 968 775

We provide Registered NDIS Plan Management Services Australia-wide. Our passion is offering you, your family, carers and providers with an access to expert and personal advice for the life of your NDIS plan.

Education

Adult Education

Australian Training Institute

E admin@atiaustralia.edu.au

W atiaustralia.edu.au

P (07) 3269 5005

The "Australian Training Institute (ATI) Pty Ltd" specialises in First Aid; Security; Working at Heights/Confined Space; Safety (WHS); Fire; Mining; and Business. Our honesty, integrity and professionalism along with our broad expertise and technical training have positioned the company as one of the top providers in Australia.

Parentshop

E info@parentshop.com.au

W parentshop.com.au

P (02) 6680 8910

At Parentshop we provide challenging, engaging and action-based professional development and training events that deliver effective behaviour change solutions for all ages. We guide and support professionals and parents through the provision of training to parents, school staff, community sector employees and child and family specialists in behaviour management and managing childhood anxiety.

Suicide Programs Calm Conversations Can Save Lives

E admin@suicideprograms.com.au

W suicideprograms.com.au

P (07) 3077 6536

We offer many evidence based, Australian training programs that empowers you to "have a CALM conversation" about suicide - to reduce stigma, promote help seeking and save lives. Learn face-to-face, virtually or online.

General Education Programs

A Team Tuition - HEAD OFFICE

W ateamtuition.com

P (07) 5226 0351

A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

Australian Cervical Cancer Foundation

E info@accf.org.au

W accf.org.au

P 1300 727 630

ACCF raises awareness in schools & community groups across Australia through our FREE Cervical Cancer Awareness Program. CCAPs covers HPV and the vaccine, cervical cancer and it's prevention.

Australian School Of Entrepreneurship

E group@ase.edu.au

W ase.edu.au

P 1300 336 095

The ASE Group is a community-led and purpose driven business for good that delivers education, entrepreneurship and employment programs to Australians of all ages.

Balance Minder

E leanne@balanceminder.com.au

W balanceminder.com.au

P 0428 181 824

Providing training in wellness skills including exercise, healthy eating and financial literacy. Balance Minder aims to provide the tools and support to all Australians to improve their physical, mental and social wellbeing. Deeply grounded in Tai Chi; We offer online and face to face courses which allows participants the opportunity to become the best version of themselves.

be informed.

E beinformedaus@gmail.com

be informed. helps people make good decisions.

We offer free Seminars on important topics of interest so people are educated with information about what matters to them.

FORTRESS LEARNING

E info@fortresslearning.com.au

W fortresslearning.edu.au

P 1300 141 994

Fortress Learning is one of Australia's premier RTOs, delivering nationally accredited courses in both Training & Assessment and Business. Learning team can help.

Language Trainers Australia - Western Australia

E australia@languagetrainers.com

W languagetrainers.com.au

P (08) 6118 2835

Language Trainers, a no-nonsense approach to language classes, operating in Perth since 2004. Language Trainers specialises in one-on-one and small group language courses for business people and busy individuals who need language skills for work, study, travel, family and relationship needs.

Stroke Foundation: StrokeSafe Volunteer Speaker Program

E strokesafe@strokefoundation.com.au

W strokefoundation.org.au

P (03) 9670 1000

Our StrokeSafe volunteer speakers are trained in public speaking and experienced in delivering life-saving messages about stroke. Our volunteers cover a range of issues that will help your organisation or group better understand stroke and how it can be prevented including; what a stroke is, how to recognise the signs of stroke, what to do if someone is having a stroke, how to prevent stroke.

Substance Abuse and Mental Health (Dual Diagnosis) Training

E george@dualdiagnosistraining.com.au

W dualdiagnosistraining.com.au

P 0408 332 765

George Patriki provides both LIVE and ONLINE training for all people, including professional development for the health care, welfare and social service industries on the Gold Coast, throughout Australia and the globe... We also offers free and subsidised services to the general public; Free family support;
<https://www.dualdiagnosistraining.com.au/family-support/>

Anger Management and Conflict Resolution Program

E transformationministries@gmail.com

W anger.org.au

P 0408 332 765

Have you experienced problems with anger & rage that has caused harm to yourself and those you love? Anger is a normal human emotion when we feel we are being threatened, or those we love. If you prefer to do the 24/7 ONLINE course, click on the green button on website. If we don't deal with what causes us to get angry, then it turns into rage. Anger Management & Conflict Resolution Program

Walya Productions

W walya.com.au

P 0401 203 654

Walya Productions provides a National Aboriginal Cultural & Community e-learning (online at walya.com.au) course. Walya Productions is registered as an Accredited training organisation with the Royal College of General Practitioners and Supply Nation. The course is low cost and is designed to introduce the broader community to Aboriginal Culture & Community, in an affordable and informative way.

Literacy & Numeracy Programs

Accelerated Learning Tutoring Centre

E info@perthtutor.com.au

W acceleratedlearning.com.au

P (08) 9471 9036

> Tutoring centre providing personalised tuition for maths, physics and chemistry students in school or university. Open 6 days a week. > Small group tutorials or one-to-one tuition available.

Reading Writing Hotline

E enquiries@readingwritinghotline.edu.au

W readingwritinghotline.edu.au

P 1300 655 506

The Hotline is a free anonymous phone referral service for adults wishing to improve their reading writing, maths or computing skills. The Hotline teachers will help callers find appropriate classes or resources to assist them. The Hotline is available to anyone in Australia and is funded by the Commonwealth Department of Education and Training.

Special Education Programs

ALANNAH and MADELINE FOUNDATION

W alannahandmadeline.org.au

P 1300 720 747

The Alannah & Madeline Foundation is the leading national not-for-profit organisation working to protect children from the effects of violence and bullying.

Employment & Training

Disability Employment & Training Services

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

If NDIS Participants are reliable for bookings they choose to take on, can communicate well, can use a smartphone, can control and care for a pet, then they could potentially become a Pet Sitter through PetCloud. Learn more here:

<https://www.petcloud.com.au/d/blog/ndis-goal-creation-for-pet-lovers/>

Employment Information & Assistance

Jenny Gleeson Coaching and Consulting

E jenny@jennygleeson.com.au

W jennygleeson.com.au

P 0433 884 847

I am a qualified Career Coach and English Teacher. I offer extremely low and cost effective services as I am very community minded and person centred. I also assist Not for Profit organisations with writing tenders, funding applications, business plans plus much more.

General Employment & Training Services

Approach Services

E info@approach-services.com

W approach-services.com

P (08) 6171 3833

Approach Services is a Western Australian business on a mission to shape the way we lead and implement change around the world. We are here to empower communities, organisations and leaders to recover fast from challenges and grow through transformation. Facing change? Talk to us about how we can help you thrive.

Curtin University of Technology

E a.nicholas@curtin.edu.au

W curtin.edu.au

P (08) 9266 1709

The WA Data Science Innovation Hub aims to: • Enable the development of data science capability to promote job creation • Support the growth and innovation of local businesses through the application of data science • Provide upskilling, advisory services and Design Thinking training for startups and SMEs

Electrician Jobs

P (02) 8005 8225

Electricianjobs.com.au is your online source to find jobs in the Australian Electrical Industry, assisting jobseekers by providing a platform to search and apply directly for the latest jobs or register to receive new job opportunities.?

Fair Work Infoline

W fairwork.gov.au

P 13 13 94

Provide information on awards and agreements including your entitlements as an employee. Also for enquiries re wages and employment conditions in the private sector. Information can still be obtained from the Department of Justice and Attorney-General.

Neami National Joondalup

E joondalup@neaminational.org.au

W neaminational.org.au

P (08) 9301 1227

THRIVE focuses on improving job readiness and workplace inclusivity for people that experience mental health challenges or psychosocial disability. THRIVE includes a suite of e-learning modules and workshops that guide participants and employers toward inclusive recruitment and inclusive workplace practices. Eligibility: Ages of 18-65; reside in WA, VIC, SA, QLD or NSW;

Environment & Conservation

Environment & Conservation Local History

Tuggeranong Homestead

E info@tuggeranonghomestead.com.au

W canberrahomestead.com

P (02) 6292 8888

Provides a heritage-listed homestead on 70 acres. A private secluded venue catering for weddings, functions, conference and training workshops. We are open by prior arranged appointment or function only.

Health Services

Adult Health Services

Diabetes WA

E info@diabeteswa.com.au

W diabeteswa.com.au

P 1300 001 880

No matter what stage you are at on your health journey, Diabetes WA is here for you. We work in the community to educate, inform and support people at risk of, living with and affected by diabetes.

Ageing Health Services

Stay On Your Feet WA

E info@injurymatters.org.au

W injurymatters.org.au

P (08) 6166 7688

This is a community awareness-raising program, which aims to promote healthy, active ageing in WA to reduce falls and the severity of fall-related injuries among seniors. The program aims to achieve this by raising awareness that falls are preventable and not an inevitable consequence of ageing, through the promotion of 'Move Improve Remove.'

Allied Health

Absolute Care Therapy - Allied Health

E absolutecare@iinet.net.au

W absolutecaretherapy.com.au

P 0491 948 871

Home visiting physiotherapy and dementia education to people living with dementia in the Perth South Metro region. Allied health professional with 22 years' experience. Services include: holistic functional assessments, physiotherapy, pain management, dementia education, carer support, and care plan recommendations. Services can be fully covered through NDIS and Home Care Package funds.

Active Nutrition

E viviennesalu@ozemail.com.au

W activenutrition.net.au

P 0407 373 002

'Offering Telehealth Only' Dietitian/Nutritionist private practice providing telehealth (video and telephone) support, information and motivation in the areas of health and nutrition. Rebates available from Medicare and Private Health.

Avicenna Health and Wellness

E health@avicenna-hw.com

W avicenna-hw.com

P 0493 210 327

Good health is not a luxury, it is what you deserve. Blending science and traditional knowledge, we support you on your journey to optimal health with natural, holistic, and personalised solutions.

Axis Health Psychology

E info@axispsychology.org

W axispsychology.org

P 0455 398 354

Health focused, evidence-based psychological therapy and hypnotherapy for anxiety, depression and stress; gut health; disordered eating and disturbed sleep.

Chrysalis Wellbeing

E chrissey.ortner@zohomail.com.au

W chrysaliswellbeing.com.au

P 0430 322 711

Online and face to face support, Mt Evelyn, for people experiencing Anxiety, Overwhelm, PTSD, Post Natal Depression or Chronic Ill health. Hypnotherapy is an evidence based therapy for deep relaxation, addressing the causes of Anxiety and Depression and supporting you to feel calm and in control. Quit Smoking Hypnosis and Weight Loss Programs available. NDIS support for Self Managed Clients.

ClearConvo

E support@clearconvo.com

W clearconvo.com

P (07) 3703 1812

ClearConvo is a registered provider with the National Disability Insurance Scheme. We provide speech therapy services to NDIS participants in the Brisbane region and Queensland or anywhere in Australia via online speech therapy sessions (Telehealth). Call us today on (07) 3703 1812.

Communicate Speech Pathology

E info@communicatespeech.com.au

W communicatespeech.com.au

P (02) 9328 3444

Founded in 2004, Communicate Speech Pathology provides speech and language mobile, community and school-based and telehealth services to clients of all ages. Our trained speech therapists are practicing members of Speech Pathology Australia and work with clients of all ages to achieve their communication goals.

Connect2Care - ACT

E info@connect2care.com.au

W connect2care.com.au

P 1800 950 288

Connect2Care was founded by health professionals with a shared passion for helping people with a disability reach their highest potential. We offer predominantly mobile services throughout Australia, and our therapists have extensive experience working in homes, schools, and other community-based settings.

Continence Aids Payment Scheme

W health.gov.au

P 1800 330 066

The National Continence Helpline is staffed by a team of continence nurse advisers and is available to anyone in Australia. It operates from 8am to 8pm (AEST) Monday to Friday.

Crystal Clear Psychology Solutions

E reception.ccpsychsolutions@gmail.com

W crystalclearpsychologysolutions.com

P 0476 758 096

Welcome to Crystal Clear Psychology Solutions, a warm and supportive environment that enables you to start living a meaningful and balanced lifestyle. We are passionate about supporting you to be the best version of yourself! We have individual therapy, group programs, return to work support, and job seeking services available to help you reach your goals and maximise your potential.

Julie Pratt - IBS and FODMAP Dietitian

E julie@naturalbalancenutrition.com.au

W natural-balance-nutrition-dietitian.business.site

P 0420 994 870

Natural Balance Nutrition is a virtual nutrition practice specialising IBS management and the low FODMAP diet. We help clients with a range of digestive issues including: - Irritable bowel syndrome (IBS) - Fructose malabsorption - Lactose intolerance - Coeliac disease - Reflux - Chronic constipation / diarrhoea - Small intestinal bacterial overgrowth (SIBO)

Lavender Sleep and Wellness

E hello@lavendersleepandwellness.com

W lavendersleepandwellness.com

P 0435 784 209

Empowers families to remove obstacles and restore optimal sleep, health and wellness so that they and their children - from infants to teens - can flourish. Integrative sleep support for newborns to seniors.

On The Line Australia

E enquiries@ontheline.org.au

W lifeline.org.au

P (03) 8371 2800

On the Line is a social health business, supporting and counselling people, anywhere and anytime. We listen and encourage people to feel better: building resilience, fostering healthy relationships, and connecting people with community support.

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au

W phoenixhypnotherapy.com.au

P 0438 411 551

Imagine what it will be like to finally quieten that inner-voice and to discover how incredible you can actually be. Imagine what it would be like to finally discover how to become stress and anxiety free in your life... or to be that 'non-smoker'... or to look in the mirror and feel fabulous! I will help you rid yourself of that useless stress and worry and feel the peace you so deserve.

Living With Dementia and Driving Study

E donna.rooney@uq.edu.au

W uq.edu.au

P (07) 3365 6392

This is an NHMRC funded study investigating ways to support people with memory loss or dementia to maintain community access and quality of life when retiring from driving. Participants in the study and their carer(s) will have an opportunity to participate in the FREE community-based support and education telehealth program, 'CarFreeMe.' Sessions are run by allied health professionals.

Child Youth & Family Health

School-Based Immunisation Program

E healthywa@health.wa.gov.au

W healthywa.wa.gov.au

P (08) 9222 4222

WA's school-based immunisation program provides free recommended vaccines to WA high school students in year 7 and 10.

Kidsafe WA

E kidsafe@kidsafewa.com.au

W kidsafewa.com.au

P (08) 6244 4880

Kidsafe WA is the leading independent not-for-profit organisation dedicated to promoting safety and preventing childhood injuries and accidents in Western Australia. Kidsafe WA works in the community to educate and inform parents and children on staying safe at home, at play and on the road.

Leukodystrophy Resource and Research organisation

E bobwyborn@bigpond.com

W leukodystrophyresourceresearch.org

P (07) 4627 1092

Leukodystrophy is a group of some 50 to 60 genetic progressive neurodegenerative disorders that are terminal. We support families, scientists, clinicians and allied health.

Swim and Survive

E info@royallifesavingwa.com.au

W royallifesavingwa.com.au

P (08) 9383 8200

This is a swimming and water safety program that is aligned to the National Swimming and Water Safety Framework.

Community Health & Medical

Food Sensations for Adults

E wa.info@foodbankwa.org.au

W foodbankwa.org.au

P (08) 9258 9277

Food Sensations® for Adults is a free nutrition and cooking program that is hands on, fun and provides a safe environment to try new recipes and develop skills.

Peer Pathways

E info@peerpathways.org.au

W peerpathways.org.au

P (08) 9477 2809

Peer Pathways is a West Australian, Statewide helpline for people with mental health challenges to find the supports needed to promote health and wellbeing. Our Peer Navigators will assist you, your family and your carers to navigate services across the State.

Drug & Alcohol Services

Lived Experience education and support

E admin@australianantiicecampaign.org.au

W australianantiicecampaign.org.au

P (07) 5665 6063

Prevention Education Advocacy Intervention Peer support Relapse prevention Group therapy

Quitline - Western Australia

E onlinecommunity@nswcc.org.au

W quit.org.au

P 13 78 48

Highly skilled, friendly Quitline counsellors deliver behavioural interventions to help people stop smoking.

Make Smoking History

E onlinecommunity@nswcc.org.au

W makesmokinghistory.org.au

P (08) 9212 4333

The Make Smoking History campaign, run by the Cancer Council of Western Australia with funding from the WA Department of Health, provides information on media campaigns, smoking cessation services and other relevant activities to key CaLD publications and media outlets, working through key bodies such as Ethnic Communities Council of Western Australia and the Office of Multicultural Interests.

Family Drug Support

E general@fds.ngo.org.au

W fds.org.au

P 1300 368 186

FDS provides up to date information on all aspects of alcohol and drug use relative to the families and friends of people who use substances. FDS also operates a National 24 hr, 7 day a week telephone support service for families and friends affected by alcohol and other drug issues.

Holyoake Wheatbelt Community Alcohol and Drug Service - Northam

E adminnortham@holyoake.org.au

W holyoake.org.au

P (08) 9621 1055

Counselling and Support - assisting people who may be experiencing problems with their own or someone else's substance use. Individual counselling is available, with specially designed programs to assist individuals and their families coping with the consequences of alcohol and other drug use.

<https://holyoake.org.au/home/programs-in-the-wheatbelt/>

24hr Meth Helpline

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P 1800 874 878

The Meth Helpline is a confidential, non-judgemental telephone counselling, information and referral service for anyone seeking help for their own or another person's meth use.

24hr Alcohol and Drug Support Line

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P (08) 9442 5000

The Alcohol and Drug Support Line is a 24/7 non-judgemental and confidential telephone counselling, information, referral and support line for alcohol and drug use.

24hr Parent and Family Drug Support Line

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P (08) 9442 5050

The Parent and Family Drug Support Line provides confidential counselling, information and referral by professional counsellors as well as support by Parent Peer Volunteers to parents and families in Western Australia who are concerned about a family members' alcohol or other drug use.

SMART Recovery

E smartrecovery@srau.org.au

W smartrecoveryaustralia.com.au

P (02) 9373 5100

Smart Recovery For all addictive behaviours

Wa Network Of Alcohol and Other Drug Agencies

E drugpeak@wanada.org.au

W wanada.org.au

P (08) 6557 9400

The Western Australian Network of Alcohol and other Drug Agencies (WANADA) is the peak body for the alcohol and other drug sector in Western Australia.

General Health Services

Arthritis And Osteoporosis Wa

E general@arthritiswa.org.au

W arthritiswa.org.au

P (08) 9388 2199

The objective of Arthritis & Osteoporosis WA is to reduce the incidence and disabling effects of arthritis, osteoporosis and related conditions in the people of WA.

Australian Primary Health Care Nurses Association (APNA)

E admin@apna.asn.au

W apna.asn.au

P (03) 9322 9500

APNA champions the role of primary health care nurses; to advance professional recognition, ensure workforce sustainability, nurture leadership in health, and optimise the role of nurses in patient centered care.

Diabetes WA

E info@diabeteswa.com.au

W diabeteswa.com.au

P 1300 001 880

Our mission is to improve the lives of those at risk of, living with or affected by diabetes. This takes in thousands of Western Australians and their families and we do our best to make sure we provide them with all of the information and support they need to enjoy a full life.

Healthdirect Helpline

E info@nhccn.com.au

W healthdirect.gov.au

P 1800 022 222

The healthdirect helpline is a 24-hour telephone health advice line that operates seven days a week. It is staffed by registered nurses who provide expert health advice. You can call for advice if you or a member of your family are feeling ill and are unsure what to do, or for health information on a particular condition.

LiveLighter

E kathleen.O'connor@health.wa.gov.au

W livelighter.com.au

P (08) 9388 3343

LiveLighter® encourages all Western Australian adults to lead healthier lifestyles - to make changes to what they eat and drink, and to be more active. It also encourages public debate about obesity and the need for changes in the community to support healthy eating and physical activity.

Herbalife Independent Distributor

E info@herbsforhealth.com.au

W herbsforhealth.goherbalife.com

P 0417 544 349

Community Weight Loss Challenge

HiBar Nutrition and Fitness

W hibar.com.au

P 0428 202 832

A nutrition coaching service to help people lose weight and become healthy. Providing ongoing counselling to help people improve their diet and live long and happy lives.

Lung Foundation

E kelcieh@lungfoundation.com.au

W lungfoundation.com.au

P 1800 654 301

Patient resources can be downloaded or ordered on the website, along with information on Pulmonary rehabilitation and support group locations.

Mable Direct store

E info@mable.com.au

W orders.pmcdirect.com.au

P 1300 736 573

Mable Direct provides independent support workers, clients and coordinators direct access to affordable consumables, equipment and wearables to support your everyday needs. Mable Direct can help you maximise NDIS or HCP funding

Motor Neurone Disease

E admin@mndawa.asn.au

W mndawa.asn.au

P (08) 6186 4133

The Motor Neurone Disease Association of WA (MNDWA) is committed to providing specialised care and support services for people living with MND, their carers and families in Western Australia. MNDWA provides care coordination and emotional support through our MND Advisory Service, connecting those living with MND to the services that they require.

Precedence Health Care

E support@precedencehealthcare.com

W precedencehealthcare.com

P (03) 9023 0800

Precedence Health Care is a Digital Health Solutions for Integrated Care - A better, healthier life for everyone.

Scad Research

E info@scadresearch.com.au

W scadresearch.com.au

P 0413 486 833

SCAD Research Australia is a registered not for profit health charity which generates awareness and raises money for life saving medical research to beat SCAD Heart Attacks. Spontaneous Coronary Artery Dissection (SCAD) is the leading cause of heart attacks in women under 50, new mums and pregnant women and cause of heart attacks in healthy, fit adults with no risk factors for heart disease.

General Practice/Doctor

Telehealth Dr

E admin@telehealthdr.com.au

W telehealthdr.com.au

P 1300 998 808

We are Telehealth Doctors. A Digital Telehealth Agency proudly provides a patient portal for Telehealth Care all across Australia, where efforts are carried out by our highly trained and RACGP licensed professionals to restore and maintain patients' physical, mental and emotional health. Our Telehealth Consultants are ready to provide you electronic prescriptions according to your ailments at ...

Health Rehabilitation Services

Activ8 Health Club

E trent@activ8.club

W activ8.club

P (02) 8544 0487

A registered provider under the National Disability Insurance Scheme (NDIS)

YWCA Encore

E programs@ywcaperth.com.au

W ywcaencore.org.au

P (08) 9440 3501

YWCA Encore is a free eight week program specifically designed for women who have had breast cancer. This exercise and information program helps to restore mobility, flexibility and confidence.

Health Screening Services

Diversa Health - Richmond

P 1300 100 560

We are a unique dietitian-led coaching service for NDIS participants. Accessibility is our priority - our services are entirely remote enabling us to work with participants Australia-wide, from the comfort of their own home. Diversa specialises in low carbohydrate nutrition, weight loss & type 2 diabetes, as well as helping NDIS participants to reduce pain and fatigue, improve mood, promote opt

National Bowel Cancer Screening Program (NBCSP)

W health.gov.au

P 1800 627 701

The National Bowel Cancer Screening Program aims to reduce deaths from bowel cancer by detecting the early signs of the disease. Eligible Australians from 50 to 74 years of age are sent a free, simple test that is done at home. Find out how the program works and how to do the test.

Hearing Services

Auslan services

W auslanservices.com

P 1300 287 526

Auslan Services is a nationally recognised, multi-award winning agency and employer of choice that provides a one-stop shop with the most affordable suite of packages of support to Deaf Australians. Auslan Services have been a regular source of contact via many reputable organisations, agencies, businesses and Government departments at local, state and national levels.

Home Care & Safety Services

Trilogy Care

E info@trilogycare.com.au

W trilogycare.com.au

P 1300 459 190

Trilogy Care is a nationally registered Home Care Package Provider offering Self-Managed Home Care Services. Contact us for a free consultation today! Unlike traditional providers, our innovative self-management model empowers consumers to spend less on management fees so they can spend home care funds on the things that matter...better care and services.

Mental Health Services

Individual Community Living Strategy

E hello@avivo.org.au

W avivo.org.au

P 1300 428 486

The Individual Community Living Strategy is for people with severe and persistent mental illness, who have been in specialist hospital inpatient facilities for an extended period, or those who have a severe functional limitation resulting from a severe mental illness, who are isolated.

Touchstone

E CAMHS.correspondence@health.wa.gov.au

W cahs.health.wa.gov.au

P (08) 9416 3746

Touchstone is a structured day service for young people aged 12-17 years and their families. The multi-disciplinary team comprises of a consultant child and adolescent psychiatrist, service manager, and an experienced therapy team of nurses, psychologists, social workers, occupational, art and creative therapists. The service is funded by the WA Government.

Beyond Blue Helpline and Online Chat

W beyondblue.org.au

P 1300 224 636

Beyond Blue Webchat provides one-on-one mental health support for people in Australia who are concerned about anxiety, depression or suicide.

moodgym

E ehub@ehubhealth.com

W moodgym.com.au

moodgym is like an online interactive self-help book which helps you to learn and practise skills which can help to prevent and manage symptoms of depression and anxiety. - Free for all Australians - Over 1 millions users worldwide - Anonymous and confidential - Secure handling of your data - Access anytime, at your own pace - Scientifically evaluated

BluePages Depression Information

E ehub@ehubhealth.com

W bluepages.anu.edu.au

BluePages Depression Information provides evidence-based information about depression - what it feels like, how it is diagnosed, how you can seek help and which treatments work. The website includes reviews of the available scientific evidence for a large number of potential depression treatments, so that individuals can make informed decisions about which treatments might be best for them.

e-couch self-help

E ehub@ehubhealth.com

W ecouch.anu.edu.au

e-couch is an online, interactive self-help program for common mental health problems. - Free, evidence-based information and self-help training - Program modules for depression, anxiety & worry, social anxiety, bereavement & loss, divorce & separation. - Access anonymously, at your own pace, at any time.

E - Hub Health

E ehub@ehubhealth.com

W ehubhealth.com

We provide automated, online mental health programs which are available free to all Australians thanks to funding from the Australian Department of Health.

Fiona Stanley Hospital - telepsychiatry

W fsfhg.health.wa.gov.au

P (08) 6152 7999

Fiona Stanley Hospital provides specialist psychiatry services to remote and regional areas via telepsychiatry.

Galcom

E support@sentient.global

W sentientpsych.com

P 1300 187 448

Sentient Professional Wellbeing is a mental wellbeing, professional wellbeing and research organisation. Our specialised team of clinical psychologists, counsellors, executive coaches and researchers are highly skilled and experienced in working with stress, anxiety, relationships, depression, life transitions, grief & trauma/ PTSD. We welcome all forms of diversity to our clinic.

Healthspot Ot

E admin@healthspotot.com.au

W linktr.ee

P 0481 301 965

HealthspOT Occupational Therapy is an online integrative occupational therapy service focussing on mental health and well-being.

Pilbara Mental Health and Drug Service - Hedland

W wacountry.health.wa.gov.au

P (08) 9174 1240

The Pilbara Mental Health and Drug Service provides assessment, counselling, referral and support to people who are experiencing problems as a result of alcohol or drug use or mental health. Ongoing treatment is voluntary and there is no legislative mandate for people unwilling to engage to be coerced to do so.

Mental Health Inpatient Unit - Kalgoorlie

W wacountry.health.wa.gov.au

P (08) 9080 5888

This specialist-designed and built unit has 7 inpatient beds including a secure observation room. The unit is managed by mental health trained nurses and medical staff and has both resident and visiting psychiatrists.

**Community Mental Health Service -
Kalgoorlie / Boulder**

W wacountry.health.wa.gov.au

P (08) 9088 6200

This service provides comprehensive assessment and treatment for people with mental health problems.

Lifeline - 13 11 14 - Phone Support

E reception@lifelinewa.org.au

W wa.lifeline.org.au

P 13 11 14

Lifeline WA provides Western Australians experiencing a personal crisis or thinking about suicide with access to 24 hour crisis support and suicide prevention services. Our 13 11 14 service is a nationally-routed crisis support number, available every day of the year, from any location in Australia.

**Head to Health Assessment and Referral
Phone Service**

E regional.enquiry@medibank.com.au

W headtohealth.gov.au

P 1800 595 212

The Head to Health Assessment and Referral Phone Service provides state-wide access to telephone-based assessment and referral to match people to services to meet their mental health needs. The service undertakes a standardised assessment to identify an individual's required level of care and facilitates referral to an appropriate community-based and/or digital mental health service.

**Mental Health Advocacy Service (MHAS)
- Youth Advocate**

E contactus@mmas.wa.gov.au

W wa.gov.au

P (08) 6234 6300

The Mental Health Advocacy Service (MHAS) provides a specialised independent advocacy for young people accessing mental health services (in certain circumstances) to assist them enforce their rights and resolve issues.

Here For You

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P 1800 437 348

Here For You is a statewide confidential, non-judgemental, telephone service for anyone concerned about their own or another person's alcohol and other drug use and/or mental health issues.

**Mental Health Emergency Response Line
(1300 555 788) and RuralLink (1800 552
002)**

W emhs.health.wa.gov.au

P 1300 555 788

Anyone experiencing or dealing with others experiencing mental health distress or crisis across Metropolitan WA can call the Mental Health Emergency Response Line, 24 hrs a day, 7 days a week. Regional and remote callers can reach RuralLink after 4:30pm Monday to Friday or 24/7 over the weekend.

Mental Health First Aid International

E mhfainternational@mhfa.com.au

W mhfa.com.au

P (03) 9079 0200

Mental Health First Aid (MHFA) Australia is a national not-for-profit health promotion charity focused on mental health training and research. MHFA Australia operates under the governance of a Board of Directors and derives funding from government and philanthropic grants, public donations and through its training programs.

Mental Health Journey Australia

E info@mhja.net.au

W mhja.net.au

P 0480 307 637

We support you on your road to recovery with the guidance of our Support Coordination and Recovery Coach Team. Our staff are highly experienced in working with Psychosocial disability and our aim is to help you achieve your goals by understanding your specific wants, needs, and challenges.

**Mental Illness Fellowship of Western
Australia - Midland**

E info@mifwa.org.au

W mifwa.org.au

P (08) 9237 8900

MIFWA is a not for profit organisation dedicated to providing information and a comprehensive and integrated range of support services to people with mental illness as well as their carers, families and friends who have an interest in caring for a person with a mental illness.

Mentoring Men

W mentoringmen.org.au

P 1300 583 925

Mentoring Men provide free long-term one-to-one life mentoring programs for men Australia-wide. We focus on a proactive approach, engaging with Australian men who need help before they spiral into crisis.

Mindspot - WA

E contact@mindspot.org.au

W mindspot.org.au

P 1800 614 434

A free, web-based service, Mindspot is designed to help people with high prevalence mental health conditions such as anxiety and depression. The service offers cognitive behavioural therapy with health professionals either online or by telephone. People can access the service without a doctor's referral from the comfort of their home in their own time.

Neami Nationals

E support@nqphn.com.au

W neaminational.org.au

P (07) 4034 0300

Neami is a values-based, not-for-profit organisation providing mental health, homelessness and suicide prevention services.

Pathways

W cahs.health.wa.gov.au

P (08) 9382 0731

Pathways is an evidence-based Tier 4 service providing intensive therapeutic day services in addition to educational support to children with complex social, behavioural, mental health and developmental issues. Pathways is suitable for children aged 0-12. Referrals are accepted from Tier 3 services such as CAHS Mental Health, Child Development Services and other specialised services for children

Peaceful Mind Counselling

E admin@pmcounselling.com.au

W pmcounselling.com.au

P 0426 191 010

Jayani Jayatilake is a Counsellor / Accredited Mental Health Social Worker and a member of Australian Association of Social Workers (AASW). Assisting client who experience; Depression, bipolar and other mood disorders, Anxiety Disorder, Eating Disorders, Trauma including Post Traumatic Stress Disorder, Personality disorders, Suicidal thoughts and self-harming behaviors, Domestic violence & etc.

Complex Attention and Hyperactivity Disorders Service

W cahs.health.wa.gov.au

P (08) 6456 0214

The Complex Attention and Hyperactivity Disorders Service is a specialist assessment and consultation service for children aged up to 17, and their families, who have persistent complex attention difficulties and related conditions. It is provided by the WA Government.

Paediatric Consultation Liaison

W cahs.health.wa.gov.au

P (08) 6456 2222

Paediatric Consultation Liaison is a multidisciplinary team that engages with children and adolescents who are current, ongoing or regular Perth Children's Hospital patients, and have mental health issues related to their medical conditions or central to their treatment plan. This service is provided by the WA Government.

Eating Disorders Program

W cahs.health.wa.gov.au

P (08) 6456 2222

The Eating Disorders Program provides outpatient, day treatment and inpatient management of children and adolescents with eating disorders. It is provided by the WA Government.

Gender Diversity Service

W cahs.health.wa.gov.au

P (08) 6456 0202

The Gender Diversity Service (GDS) offers a multidisciplinary approach to the assessment, care and treatment of gender diversity. It is provided by the WA Government.

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au

W phoenixhypnotherapy.com.au

P 0438 411 551

Psychotherapy, Clinical Hypnotherapy, NLP, EMDR, CBT to transform anxiety and depression, quit smoking and weight loss, Phobia and PTSD.

Creating change for clients to access true emotional ease with Nationally accredited Psychotherapist, Lynne Lumley. Natural

Pilbara Mental Health and Drug Service - Newman

W wacountry.health.wa.gov.au

P (08) 9174 1240

The Pilbara Mental Health Service provides specialist mental health services to the Pilbara region. The service aims to deliver a comprehensive range of recovery focused, quality, community treatment services to residents and visitors to the region.

Positive Families PSYCHOLOGY CLINIC

E info@positivefamilies.com.au

W positivefamilies.com.au

P (07) 3096 0450

Positive Families is a boutique positive psychology clinic conveniently located in the inner Brisbane suburb of Ashgrove. We provide a comprehensive range of specialised counselling for children, teenagers, adults and families. We support our clients across the broad spectrum of mental health – from individual therapy and treatment of mental health issues to building resilience.

Psychcare Services Telehealth and Psychcare Psychology

E pm@psychcareservices.com.au

W psychcareservices.com.au

P (07) 3812 9001

PsychCare Services is an independent healthcare provider, specialising in the delivery of community based psychiatric assessment and treatment services for clients of all ages. We specialise in providing telepsychiatry services across Australia and have a practice in Ipswich, Qld that offers face to face psychiatry and psychology services.

PsychHelp

W psychhelp.com.au

P 1300 144 357

PsychHelp offers a full range of telehealth based online psychological services across Australia. Our Psychologists are all qualified and registered with a broad range of expertise. We provide a convenient, affordable, and confidential service for all clients with bulk billing also available. Please visit our website for more information and the ability to book an appointment online today.

PsychOrium Forensic and Clinical Psychology Service

E info@psychorium.com

W psychorium.com

P (02) 8772 9559

PsychOrium takes a positive psychology and humanistic approach, we fundamentally believe that every person has a unique strength and we strive to maximise and build upon that strength. Our experienced team provides clinical and forensic assessments and interventions, court and legal aid reports, group therapy, consultancy and training.

Reimagine

E reimagine@mhcc.org.au

W reimagine.today

P (02) 9555 8388

Supporting people living with mental health conditions to navigate the NDIS

Eating Disorders Outreach and Consultation Service

W scgh.health.wa.gov.au

P 1300 620 208

The WA Eating Disorders Outreach and Consultation Service is a Statewide Service that aims to ensure youth and adults in WA with an eating disorder can access optimal best practice care. We provide consultation liaison, mentoring and support to help clinicians to manage their patients, as well as resources and clinical education.

Talked

E info@talked.com.au

W talked.com.au

P 0466 439 787

Talked provides affordable and Medicare-rebated, NDIS-rebated or private health rebated mental health services.

The ADHD Psychology Clinic

E admin@adhdpsychiatryclinic.com.au

W adhdpsychiatryclinic.com.au

P 1300 517 614

Our psychologists provide Adult ADHD diagnostic assessments. Telehealth consultations Australia wide.

The Regional Men's Health Initiative

E menshealth@4blokes.com.au

W regionalmenshealth.org.au

P (08) 9690 2277

The Regional Men's Health Initiative acts as a bridge of support and education to regional men, communities and health services throughout Western Australia. Our team achieves this through the support for grass roots organisations and attending their functions when requested.

Pilbara Mental Health and Drug and Alcohol Service - Tom Price

E wachspb_tphadmin@health.wa.gov.au

W wacountry.health.wa.gov.au

P (08) 9174 1240

The Pilbara Mental Health Service provides specialist mental health services to the Pilbara region. The service aims to deliver a comprehensive range of recovery focused, quality, community treatment services to residents and visitors to the region.

Unwind Psychology

E unwindpsychology@gmail.com

W unwindpsychology.com.au

P 0493 083 161

Unwind Psychology is a telehealth based online private Psychology practice, providing high-quality psychological treatment and support services to adults across Australia. Offering a range of counselling and psychology treatment options tailored to your needs. You are the expert in your life, and we have the psychology knowledge and training, and together we can help you live your best life.

Mental health promotion

E waac@waacids.com

W waacids.com

P (08) 9482 0000

Mental health promotion

Community Mental Health Service - Gingin

W wacountry.health.wa.gov.au

P (08) 9621 0161

This service provides comprehensive assessment and treatment for people with mental health problems residing in the Wheatbelt.

Young Veterans

E admin@youngveterans.com.au

W youngveterans.com.au

P 0401 793 560

Young Veterans has one goal, enrich the lives of Australian veterans, empowering them to progress and succeed in life after service. Young Veterans was born from a necessity of support that wasn't available. This support is one that inspires Veterans to think outside the box of what is possible, re-engage with civilian society and participate in positive events that challenge and rehabilitate.

YoungMinds Albany

E brooke@youngmindsalbany.com

W youngmindsalbany.com

P 0408 415 776

Providing evidence based, psychological services to children, young people and their families. Registered with Medicare and Employee Assistance Programs.

Psychiatric Services

Call to Mind

E info@calltomind.com.au

W calltomind.com.au

P (03) 9099 0453

Call to Mind is a telepsychiatry service that allows people across Australia to access quality mental health care. We have a team of psychiatrists and psychologists ranging in availability and speciality to best meet your needs. Consults are held on a video-conferencing platform so you can attend your appointment from anywhere.

Christina Petz Clinical Psychologist

E christina.petz@bigpond.com

P (08) 9022 2666

Clinical Psychology service, provision of specialised mental health treatment, face to face or via onsite telehealth. Open every day 9am-4pm.

Sexual Support Services & Counselling

1800RESPECT

W 1800respect.org.au

P 1800 737 732

Are you experiencing sexual assault or domestic and family violence? Seeking to support someone who is? Qualified, experienced counsellors are available 24/7 to provide support, information and referral. Call 000 if in danger.

Sexual Health Helpline

E info@shq.org.au

W shq.org.au

P (08) 9227 6178

A confidential telephone information and referral service provided by SHQ, staffed by advanced practice nurses who can respond to clinical and general sexual and reproductive health queries.

Specialist Outpatient Clinics

Deafblind Information Australia

E info@deafblindinformation.org.au

W deafblindinformation.org.au

Deafblind Information Australia is a consortium of Senses Australia, Able Australia and Deafblind Australia.

Specialists

Calm Nights Sleep Consultancy

E hayley@calmnights.com.au

W calmnights.com.au

P 0456 682 531

Calm Nights Sleep Consultancy provides sleep services for expectant parents and children from birth to 10 years. As a certified paediatric sleep consultant, I work co-operatively with families to assist them in gently teaching their child to sleep through the night.

Docto

E team@docto.com.au

W docto.com.au

P 1300 336 286

Australia's first online hospital providing medical specialist video-consultations by appointment. Referred patients are matched to the most appropriate specialist in our national database.

Dubberley, Stacey Louise

E ndisnursecontinencespecialist@gmail.com

Continence Assessments for NDIS - Telehealth only (Australia Wide) Online referral and service agreement

<https://form.jotform.com/222121943144850>

TENS Hire Perth

E tenshireperth@gmail.com

W tenshireperth.com.au

P 0413 852 643

TENS Machine Hire for labour Childbirth Education

Wound Specialist Services

E info@woundservice.com.au

W woundservice.com.au

P 0404 046 301

Our vision is to create a better life for people with or at risk for wounds and those caring for them. Wound Specialist Services uses digital solutions to give as many people as possible access to wound knowledge anytime and anywhere to improve patient and health service outcomes. We enable the delivery of best practice wound care through our comprehensive range of services.

Information & Counselling

Carer Information

XLH Australia Incorporated

E xlhaustralia@gmail.com

W xlhaustralia.com

XLH Australia is a patient support and advocacy group for people living with, and people caring for others with, X-linked Hypophosphatemia (XLH).

Disability Information & Counselling

Assistive Technology Australia

E help@at-aust.org

P 1300 452 679

We provide information and advice to people with disabilities, older people, carers, service providers, allied health professionals and the general community on assistive technology solutions for independent living. We run group tours, community talks and workshops to spread awareness about Assistive Technology and its role in aiding independent living.

Financial & Gambling Management & Budgeting

Fair Entitlements Guarantee (FEG)

W ag.gov.au

P 1300 135 040

The Australian Government provides assistance to people owed certain outstanding employee entitlements following the liquidation or bankruptcy of employers, this help is available through the Fair Entitlements Guarantee (FEG).

Manage Mode NDIS Plan Managers

E info@managemode.com.au

W managemode.com.au

P (08) 6115 6388

Western Australian based NDIS Plan Manager with capacity to manage plans and payments for NDIS approved participants and their nominees. We understand the challenges, frustrations and victories that are experienced by participants and their carers on a daily basis and we take a very personal interest in positive outcomes.

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is Australia's largest and longest running financial education and matched savings program. Build financial skills, develop life-long savings habits, and receive up to \$500 to assist with education costs. To participate, you must be 18+ years, be studying or have children at school, have a health care or pensioner concession card, Centrelink payment plus some income from work.

General Support Services & Counselling

Anchoring Your Life Counselling

E debra@anchoringyourlife.com

W anchoringyourlife.com

P 0490 061 761

I provide counselling support to couples, adults and teenagers. These services can be provided both in my private practice or online for those who may have mobility issues or prefer the sanctity of their own home. I am a private healthcare provider and work with NDIS participants who are self or plan managed.

Connecting Dots Counselling

E theresa@connectingdotscounselling.au

W connectingdotscounselling.au

Hello, my name is Theresa. Whatever has brought you to the session is what is important to you and what matters to me. No matter what your age, we will work together to empower you, bring clarity, learn new skills, build on your strengths and discover your best self to live your best life.

Counselling and Coaching with Astuteology

W astuteology.com

P 0426 952 757

As your qualified registered ACA counsellor and coach, I will work with you to help you overcome your problems, and grow your strengths and talents, so you enjoy better relationships and achieve your lifetime goals. All your counselling and coaching needs will be met, either by phone, Skype or Zoom no matter where you are in the world. Let's work on a plan to build a happier more contented you!

Counselling Services Hervey Bay

E patriciaf20101@outlook.com

W counsellingservicesherveybay.com.au

P 0458 431 919

NDIS Provider- Counselling Individuals, Children and Couples, Clinical Family Therapy, Energy Psychology-Kinesiology and Theta Healing- By Appointments Saturdays. Passionate about helping people to achieve their goals and having a happier healthier life.

**Diverse Communities and Social Services
(DCSS Australia Inc.) Indigenous and
LGBTQIA+ Community Justice and Social
Services Charity / Not-For-Profit and
Charity Community Consultants (NFPCCC)
Indigenous DGR PBI Charities**

E Info@dcssaustralia.org

W dcss.org.au

P (03) 6185 0292

This program enables us to assist people who are disadvantaged and who genuinely want to change their lives. Clients can complete a WDP through our organisation, for more information please visit: <https://www.dcssaustralia.org/services> or email Justice@dcssaustralia.org

Dr Julie-May Brown

E jmbpsychology@hushmail.com

W jmbpsychology.com.au

P 0421 778 204

Dr Julie-May Brown is an EMDRAA Accredited Clinical Psychologist - specializing in ONLINE treatment for trauma and mental health issues.

Family Relationship Advice Line

W familyrelationships.gov.au

P 1800 050 321

For those seeking help, information, support and referral to a range of services that can prevent family breakdown or ease the difficulties associated with separation and divorce.

Healing Beyond Discovery

E info@healingbeyonddiscovery.org

W healingbeyonddiscovery.org

Our group focuses on providing confidential support and information to heterosexual people who discover their partner is gay, lesbian, bisexual or transgender. Our private peer to peer support group offers a safe space to share your story and for you to gain support from people who understand.

Holistic Lifestyle Practice

E admin@holisticlifestylepractice.com.au

P 0459 946 832

Kellie Hansen is an Accredited Mental Health Social Worker, Somatic Experiencing Practitioner and Credentialed Eating Disorder Clinician who provides evidence based psychological therapy for mental health and wellbeing for adolescents and adults in person or via telehealth (phone or video link) with rebates under Medicare and NDIS funding (where eligible).

Huntington's WA

E admin@huntingtonswa.org.au

W huntingtonswa.org.au

P (08) 6457 7599

For people affected by Huntington's disease HWA provides one to one support, support groups, outings, retreats, advocacy, a Day Centre Program, crisis referrals, education and information services.

Inkblot Psychology Clinic

E reception@inkblotclinic.com.au

W inkblotclinic.com.au

P (08) 6245 0130

a boutique psychology clinic offering a range of psychological services to children, adolescents, and adults. Our clinicians are highly trained and experienced and bring with them specialist skills in a number of areas including psychoeducational assessments, mood disorders, ADHD, LGBTQIA+ issues, trauma/PTSD and neurodiversity. We see clients 6 years and above. Open weekdays 9.30am - 5pm

JPS Counselling

E JPSCounsellingSW@gmail.com

P 0493 523 322

A dedicated Counselling service, ready to provide counselling for many issues including Loss & Grief support, disability support, suicide & Self harm, PTSD, Anxiety, depression, family therapy, sexual support, LGBTQIA+ support, couples counselling and much more. Our dedicated, highly trained staff are here to help. We are a registered NDIS provider.

Make It Happen Hypnotherapy

E sandy@make-it-happen-
hypnotherapy.com

W mihh.com.au

P 0475 159 415

Sandy is a Registered Clinical Hypnotherapist Psychotherapist. She helps people to find and fulfill their magnificent purpose in life, as she believes that everyone has been given the unique gifts and live their life to the fullest. She promotes brain education, helping people to eliminate blockages in their subconscious mind that limit them, and reinvent the life that they want.

MensLine Australia

W mensline.org.au

P 1300 789 978

MensLine Australia is the nationwide telephone and online support, information and referral service. MensLine Australia offers a safe and confidential 24/7 phone and video counselling service. 1300 78 99 78
<http://www.mensline.org.au/>

Nicole Ivens Holistic Counselling

E info@nicoleivens.com

W nicoleivens.com

P 0400 280 475

Counselling Service for Women. Specialising in: Anxiety, Stress, Self-care, Improving Self-confidence, Relationships, Grief & Loss, and Trauma

Northern Frontiers Mediation and Counselling Mediation and Counselling

E reception@northernfrontiers.com.au

W northernfrontiers.com.au

P 1300 908 170

Our counsellors, mediators and psychologists assist with issues such as relationship difficulties, family separation parenting, grief and loss, peer pressure, behaviour management thoughts of suicide/self-harm, conflict at work and many more. Based in Cairns, Queensland, we provide professional services across Australia via phone, or in-person at our Cairns city offices.

Not My Closet

E karen@notmycloset.com

W notmycloset.com

Counselling and coaching throughout Australia for straight spouses who've discovered their partner is a closeted lesbian, gay, bisexual or transgender person.

Nova Psychology

E hello@novapsychology.com.au

W novapsychology.com.au

P 0418 936 120

We are a diverse team of experienced therapists offering support for a broad range of mental health and life concerns. we are able to book clients an appointment for a telehealth consultation anywhere in Australia within one to two weeks. So we provide convenience, flexibility and accessibility with no long wait times. We welcome you to get in touch. Let's have a chat about how we can help (:

Open Arms

E OpenArms.SouthQLD@dva.gov.au

W openarms.gov.au

P 1800 011 046

Veterans and families phone counselling and support line.

Counselling, Career and Consultancy Services

E morehope@inet.net.au

W counsellingcareerandconsultancyservices.com.au

P 0408 890 887

Experienced Counsellor/Social Worker (AMHSW) specialising in relationship, anxiety/depression, and trauma counselling. In private practice from 1999. Previously managed a branch of Relationships Australia and a school service. Worked 5 years as a case manager (adult community and inpatient at Armadale Mental Health Service) If Christian counselling is desired ask Owen when you make contact.

Start from Within

E admin@startfromwithin.com.au

W startfromwithin.com.au

P (02) 8971 7392

Counselling and Grief Peer Support Groups

talklink

E hey@talklink.com.au

W talklink.com.au

P (03) 7064 9528

An online mental health directory connecting Australians with mental health support. We have available psychologists, counsellors, and psychotherapists available nationwide to help people with mental health concerns. All of our mental health practitioners are available online.

The Butterfly Foundation National Helpline

E support@thebutterflyfoundation.org.au

W butterfly.org.au

P 1800 334 673

The Butterfly Foundation operates a National Helpline that includes support over the phone, via email and online, reaching 20,000 people each year. The Helpline is staffed by trained counsellors experienced in assisting with eating disorders and body image issues. We also provide a wide range of programs for service providers and recovery groups.

Toowoomba Psychology And Counselling

E james.ising@gmail.com

W jamesisingcounselling.com.au

P 0412 742 927

Specialist psychology and counselling to individuals, couples and families. Sessions on anger, depression and anxiety, marriage and relationships, parenting, and work/life balance. James Ising is a down to earth Psychologist and Counsellor with extensive professional experience working in the non-profit, Government and health sectors. Confidential specialist service.

Touching Hearts Counselling

E touchingheartscounselling@gmail.com

P 0402 916 861

Accredited and Professional Counsellor with the Australian Counselling Association. Working Face2Face, Zoom and Mobile to your door. Deep listening and exploring issues through Sandtray and EFT (Emotional Freedom Technique) Picture Tapping Lego Therapy for children Focus on Anxiety and stress, Emotional challenges, Feeling stuck, difficulty making decisions and exploring strengths

Transformative Place Counselling Service

E counsellortpcs@gmail.com

W transformativeplace.com.au

P 0418 961 475

Online counselling service for Australians 18 years and over

Walking Life's Path Counselling Service

E walkinglifesp@liferestored.me

W liferestored.me

P 0411 513 430

Seek to: identify goals & potential solutions to problems causing emotional turmoil; improve communication & coping skills; strengthen self-esteem; & promote behaviour change & optimal mental health.

Lesbian, Gay, Bisexual and Transgender (LGBTQIA+)

QLife

E ask@qlife.org.au

W qlife.org.au

P 1800 184 527

QLife is Australia's first nationally-oriented peer support and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI).

Trans Wellbeing

E info@transwellbeing.com

W transwellbeing.com

P 0481 360 427

An online group program for parents of transgender and gender diverse people. Compassionate and evidence-based information and support.

Transfolk of WA

E admin@transfolkofwa.org

W transfolkofwa.org

A support network for trans people and their families in WA. Provides a range of peer led support and services for gender diverse individuals and their families. Safe and inclusive spaces, social events and personal development opportunities for gender diverse people. Communicates and collaborates with political, government, community to increase visibility and awareness of gender diversity.

Loss & Grief Support Services & Counselling

My Counselling and Me

E mycounsellingandme@gmail.com

W mycounsellingandme.com.au

P 0401 596 497

Kim is an experienced NDIS registered counsellor, membership with the Australian Counselling Association. Kim has extensive experience in caring for people with life-limiting illnesses and conditions. Kim also has extensive experience in providing community advice and support in palliative care, advance care planning, including supporting LGBTIQ clients.

Maternity Support Services & Counselling

National Perinatal Anxiety and Depression Helpline

E info@panda.org.au

W panda.org.au

P 1300 726 306

PANDA National Helpline Monday - Friday 9am to 7.30pm AEST/AEDT confidential Australia-wide counselling, support, information and referrals to local services. Tel: Support 1300 726 306, Admin 03 9926 9090

Pregnancy Counselling Australia

E admin@pregnancycounselling.com.au

W pregnancyhelpaustralia.org.au

P 1300 737 732

An Australia-wide telephone support service for concerns associated with: - An unexpected or difficult or challenging pregnancy. - Grief or anxiety following termination or other pregnancy loss We understand that it often takes courage to seek assistance. Our telephone support workers will listen to your concerns and respond to your request for information, support or counselling.

Suicide & Self Harm Information

ConNetica Consulting

W connetica.com.au

P (07) 5491 5456

ConNetica is recognised and awarded in Australia and internationally for our thought leadership in mental health and suicide prevention, comprehensive approach to service mapping, collaboration and integration, stakeholder engagement, suicide prevention training programs, advocacy and research.

LivingWorks Education Australia

E info@livingworks.com.au

W livingworks.com.au

P 1300 738 382

LivingWorks is the world's leading provider of suicide intervention training. For more than thirty years, we have developed and delivered programs of the highest quality with the goal of saving lives from suicide. Praised by the international community and supported by numerous studies, our workshops help people become more willing, ready, and able to intervene with someone at risk.

The Samaritans Emotional Support Line

E info@thesamaritans.org.au

W thesamaritans.org.au

P 13 52 47

The Samaritans provide non-judgemental, emotional support to those experiencing distress and despair including those who may be at risk of suicide.

Legal Assistance & Information Services

Mediation & Ombudsman Support

Australian Financial Complaints Authority

E info@afca.org.au

W afca.org.au

P 1800 931 678

The Australian Financial Complaints Authority (AFCA) helps individuals to resolve complaints about financial products and services. It's free to the public and you don't need to pay someone to help you lodge a complaint.

Peak, Industry and Funding Bodies

Foundations

Sock it to Sarcoma!

E admin@sockittosarcoma.org.au

W sockittosarcoma.org.au

P (08) 6285 0744

We fund research into and provide peer support, financial assistance, information and community networks for people who have been diagnosed with sarcoma and their families. Contact us through our website for more information about services.

Industry Bodies

Industrial Hemp Western Australia Association Inc. Inc.

E admin@ihempwa.org

W ihempwa.org

iHempWA is a public not-for-profit incorporated entity formed to be a trusted industry voice to connect, guide and builds the Western Australian Industrial Hemp community and industry.

Peak Bodies

Country WA PHN

W wapha.org.au

P (08) 6272 4900

WA Primary Health Alliance commissions a range of community-based treatment and support services, delivered across Western Australia.

Disability Advocacy Network Australia (DANA)

E info@dana.org.au

W dana.org.au

Disability Advocacy Network Australia (DANA) is a national peak body for Disability Advocacy Services - It does not provide direct services to the community.

Indigenous Allied Health Australia

E admin@iaha.com.au

W iaha.com.au

P (02) 6285 1010

Indigenous Allied Health Australia is a national, member-based Aboriginal and Torres Strait Islander allied health organisation. IAHA leads sector workforce development and support to improve the health and wellbeing of Aboriginal and Torres Strait Islander peoples.

Kidney Health Australia

E Kidney.Helpline@kidney.org.au

W kidney.org.au

P 1800 454 363

We are the peak body for kidney health in Australia. For over 50 years, we have connected people to the vital information, education and support services they need to preserve their kidney health and live a better quality of life if they are diagnosed with kidney disease.

Mental Health Commission of Western Australia

E contactus@mhc.wa.gov.au

W mhc.wa.gov.au

P (08) 6553 0600

The Mental Health Commission is responsible for planning, commissioning and providing mental health, alcohol and drug services in Western Australia on behalf of the State Government. Visit our website for more information.

Skills Alliances

Australian Women In Agriculture (AWiA)

E administration@awia.org.au

W awia.org.au

P 0490 346 195

Australia's peak organisation for women across all areas in agriculture since 1994. We are a network of women across Australian agriculture and beyond. Together, we are a stronger voice and a voice that can make a difference.

Recreation & Leisure

Crafts

Australian Lace Guild W A Branch

E walacesec@gmail.com

W australianlaceguild.com.au

This Guild promotes and teaches all forms of lace making. Some of the styles of lace making available are bobbin, needle, tatted, knitted, crochet, knotted.

Fitness Activities

Live online Yoga and Pilates Classes**E** info@kevalahealth.com.au**W** kevalahealth.com.au

Live Stream Online Yoga and Pilates classes. Private personal training NDIS registered. General yoga, pilates, mixed yoga-pilates, meditation, fitness, rehab

General Recreation and Leisure

ClassBento**E** hi@classbento.com.au**W** classbento.com.au

ClassBento is all about the fun and stimulation that comes with learning (or teaching) a skill and being present in the moment. Be inspired by our experienced teachers, and give your brain a chance to stretch those creative wings. Join our mission and let's bring more healthy arty fun into our communities.

Self Help

General Self Help Services

Leaders Step Up**E** leadersstepup@gmail.com**P** 0433 606 536

PSL Academy is based in Wanneroo our Vision is to: Allow our members to become prestigious speakers with a message! All the while teaching the world to communicate and To become great leader's. Developing the most trusted & respected community based organisation in the world. We operate every Thursday online via Zoom at 7pm till 9.30pm. check our Facebook page for more

National Continence Helpline**W** continence.org.au**P** 1800 330 066

The National Continence Helpline is a free telephone advisory service.

Sahaja Yoga Queensland**E** peter.hewitson1@gmail.com**W** sahajayogaql.com**P** 0438 781 413

Sahaja Yoga provides free meditation programs for the community all around Australia.

The NAKED Soul**E** admin@thenaked soul.com.au**W** thenaked soul.com.au**P** 1300 625 331

The purpose of The NAKED Soul (our WHY) is to ... Inspire Humanity to Love. Experience more joy, gratitude, kindness and well-being in your day-to-day life, through our wellbeing programs, private coaching & transformational life workshops.

Life coaching**E** your.listener.coaching@gmail.com**W** yourlistener.wixsite.com**P** 0402 333 950

John Cuturilo is Your Listener, a new type of life coach in Australia who helps people to overcome challenges and make changes in their lives. Drawing on a rich base of knowledge and experience, John eschews extravagance, vague claims, and expensive packages for tested strategies based on real experience in demanding situations.

Sport

Sports Clubs

KidSport**E** kidsport@dlgsc.wa.gov.au**W** dlgsc.wa.gov.au**P** (08) 9492 9911

KidSport enables eligible Western Australian children aged 5 to 18 years to participate in community sport by offering them financial assistance of up to \$150 per calendar year towards club fees.

Volunteering

General Volunteering Services

The Trustee For Freddy Bear Foundation

E hello@freddymatch.org

W freddymatch.org

P 1300 737 090

At FreddyMatch, we drive social change through technology, using our unique algorithm to match people with great opportunities, increasing volunteer participation rates and building stronger communities.

Welfare Assistance & Services

General Welfare & Support Services

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is a 10-month matched savings program that helps people to build their financial skills, establish a savings goal and develop long term saving habits. When finished, participants receive up to \$500 in matched savings which can be used for education costs such as computers and tablets, text books and uniforms.

National Perinatal Support Program

E info@thebabesproject.com

W thebabesproject.com.au

P 1300 140 212

The Babes Project works with women who are seeking additional support during pregnancy. We run a National support service providing our Perinatal Support Program via phone and video calls for pregnant and early parenting women across Australia, who cannot access one of the Centres.

Youth Services

General Youth Services

Brave Foundation

E info@bravefoundation.org.au

W bravefoundation.org.au

P 0448 088 380

The Brave Foundation is a national charity which runs a program supporting expecting and parenting teens and young people up to age 25 face to face and virtually in Cairns and surrounding areas, by providing mentoring and connecting them to the services and resources they need and supporting that ongoing engagement.

Youth Bail Options Program

E info@hopecs.org.au

W hopecommunityservices.org.au

P (08) 9021 3069

Hope Community Services manage Youth Bail Options Program (YBOP) houses in the Perth Metro, Midwest, Pilbara and Goldfields regions.

Little Dreamers Australia

E info@littledreamers.org.au

W littledreamers.org.au

P 1800 717 515

As Australia's leading Young Carer organisation, Little Dreamers works with young people who provide unpaid care for a family member with a disability, illness or addiction. Across a range of direct support programs, we're improving the quality of life for Young Carers across Australia, with a vision that every single Young Carer around the world is supported by someone or something by 2030.

Tom Price Youth Centre

E admin@tpysa.org.au

W tpysa.org.au

P (08) 9189 2340

Youth and community support services including drop in services for youth for activities and programs that develop life skills. Other more intensive supports include counselling, case management, advocacy and referral in many areas of inquiry. We are a centrelink Rural Agent linking people to Services Australia and also the coal face support for corrective services (adults and juveniles)

Youth Crisis & Emergency Services

Department Of Communities

E enquiries@communities.wa.gov.au

W dcp.wa.gov.au

P 1800 176 888

protects and cares for Western Australian children and young people who are in need, and supports families and individuals who are at risk or in crisis. We work proactively with families to build safety around children, and prevent the need for children to enter the out-of-home-care system. We also support children and young people who are in out-of-home care to thrive by working with ...

Youth Information & Counselling

Beyond Blue - Perth

W beyondblue.org.au

P 1300 224 636

Promotion of help seeking behaviour for young people who are depressed.

eheadspace

W headspace.org.au

P 1800 650 890

eheadspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends. If you're based in Australia and going through a tough time, eheadspace can help. ou can talk 1-on-1 with an eheadspace clinician via an online chat, email or over the phone.

Youth Justice Services

E hellohope@hopecs.org.au

W hopecommunityservices.org.au

P (08) 6391 0450

Hope Community Services deliver a range of support for young people aged between 10 and 17 years of age who have become involved with the justice system, in the Kimberley, Perth Metropolitan, Midwest, Pilbara and Goldfields regions. Programs include Bail Services, Youth Transitional Accommodation Program, and Community Programs.

YES! Housing

E yeshousingduty@anglicarewa.org.au

W anglicarewa.org.au

P (08) 9263 2009

Young people who are homeless or at risk of homelessness can be assessed for eligibility for a Department of Housing tenancy, and then supported to develop their independent living and tenancy skills to be able to maintain long term stable housing.

Youth In Motion

E caitlin.tanaka@youthinmotion.org.au

W youthinmotion.org.au

The Learning Project provides free 1-1 tutoring to students who might be having a hard time. Our students experience disadvantage in many ways – from learning and attention difficulties to mental health issues. We make sure no student is left behind.

Youth Insearch

E admin@youthinsearch.org.au

W youthinsearch.org.au

P 1800 805 635

Australia's leading peer-led youth trauma recovery organisation, dedicated to supporting at-risk youth aged 12-25. We run Weekend Workshops, Weekly Support Groups and Individual Support for young people to connect and develop life skills. Our programs are delivered with youth, supported by expert adults.

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