

ISAAC REGIONAL COUNCIL

MY COMMUNITY DIRECTORY



My Community
Directory

ISAAC
REGION

HELPING TO ENERGISE THE WORLD

WELCOME TO THE ISAAC REGIONAL COUNCIL MY COMMUNITY DIRECTORY



At the heart of the Isaac region lies our vibrant, inclusive communities.

Our diverse community groups and rich network of services connect everyone who lives here, making Isaac a special place to belong.

The Isaac community directory is an online, central directory of groups, clubs, organisations and services available across the Isaac region.

This resource lets residents, visitors and organisations easily find contact information for community services in the local area including:



Sporting groups



Health care
services



Community clubs &
interest groups



Cultural groups



Welfare assistance

This downloadable pdf is updated nightly via the My Community Directory platform and can also be downloaded at www.isaac.qld.gov.au/homepage/224/my-community-directory-and-diary

Isaac Regional Council encourages all health services, community organisations, clubs, groups and individuals who provide services in the Isaac region to list their information for free in the directory.





A MESSAGE FROM THE MAYOR



Our people are our greatest asset - it's what makes Isaac such a great place to live, work, play and stay.

Our region is a treasure trove of talented and creative people who have put their heart and soul into growing businesses, organisations, clubs and groups.

This directory celebrates this mosaic of community groups, clubs and volunteers that hold our region together, helping us connect and belong.

From not-for-profit organisations to health providers, many wonderful people deliver essential services to our community for free, or at very little cost.

Coast to country, throughout the year, the Isaac region hosts an eclectic array of events, markets and festivals. Now it's easier than ever to head online and find out what's happening in your local community, all in one convenient place at www.mycommunitydirectory.com.au

If you're a local service provider in one of our communities, I invite you to register for free with My Community Directory - let's connect as many people as possible.

Enjoy and explore our vibrant, diverse region, and the many networks and opportunities it offers you and your family.

Anne Baker
Mayor
Isaac Regional Council

HOW TO USE MY COMMUNITY DIRECTORY



To register your organisation for free, please visit www.isaac.qld.gov.au/homepage/224/my-community-directory-and-diary and click the 'list for free' button



To start searching for organisations or services online today, visit www.isaac.qld.gov.au/homepage/224/my-community-directory-and-diary



To find events, or to list an event happening in your local area, visit www.mycommunitydirectory.com.au/Queensland/Isaac



Get the app! Event and directory information is also available on the Access My Community App available for free download on iOS or Android devices

Noticed a problem?

If you notice some incorrect information, or an error with the Directory, please send an email to the dedicated My Community Directory Support Team on:

 **1300 762 515**

 support@mycommunitydirectory.com.au

If you have registered details yourself as a service provider and you need to change or update them, you can do this by logging onto My Community Directory yourself at www.mycommunitydirectory.com.au/Account/Login

ABOUT THE ISAAC REGION



Location population

- Central Queensland (1,000 km north-west of Brisbane and 900 km south of Cairns) with communities reaching from the coast to the coalfields
- Encompassing an area spanning approximately 58,000 square kilometres⁽¹⁾
- 20,935⁽¹⁾ permanent residents, plus 12,130⁽¹⁾ resource sector workers who regularly fly in, fly out/drive in, drive out of the region and stay in temporary accommodation
- Full-time equivalent population is an estimated 33,065⁽²⁾

Communities

The Isaac region is home to 17 unique communities:

- Modern mining towns of Moranbah, Middlemount, Dysart and Glenden
- Historical communities of Nebo, Clermont and St Lawrence
- Smaller coastal villages and rural localities of Carmila, Clairview, Coppabella, Flaggy Rock, Greenhill, Ilbilbie, Clarke Creek, Kilcummin, Mistake Creek and Valkyrie
- Moranbah is the main service centre for the region with a population of approximately 8,675 permanent 2,820 non-resident, total FTE of 11,495 population⁽²⁾

Economy

- Mining is the largest industry employer with 26 operating coal mines producing 54% of Queensland's saleable coal⁽³⁾ and generating billions in royalty payments each year
- Agriculture is another key industry with the beef industry contributing \$317.6 million and the sugar cane industry contributing \$15.9 million of total output⁽¹⁾
- Isaac is a significant contributor to Queensland's Gross State Product contributing \$11.46 billion based on a population of only 33,065⁽¹⁾

(1) REMPLAN Economy and Community 2016

(2) Bowen Basin Population Report 2019

(3) DNRM October 2014 Queensland Economy Isaac 2012-13

IMPORTANT CONTACTS

Isaac Regional Council



1300 ISAACS (1300 47 22 27)



www.isaac.qld.gov.au



records@isaac.qld.gov.au



The Chief Executive Officer
Isaac Regional Council
PO Box 97, Moranbah QLD 4744

Customer Service Centres

Clermont Office

Cnr Karmoo and Daintree Streets
Clermont QLD 4721

Dysart Office

Shannon Crescent
Dysart QLD 4745

Glenden Office Ewan

Drive Glenden QLD
4743

Middlemount Office

Shopping Centre
Middlemount QLD 4746

Moranbah Office

Grosvenor Complex,
Batchelor Parade
Moranbah QLD 4744

Nebo Office

10 Reynolds St
Nebo QLD 4742

St. Lawrence

36 Macartney Street
St Lawrence QLD 4707

Libraries

Carmila Library

16 Music Street,
Carmila QLD 4739
Phone (07) 4950 2350

Clermont Library

Cnr Karmoo and Herschel Streets,
Clermont QLD 4721
Phone (07) 4846 3746

Dysart Library

Shannon Crescent,
Dysart QLD 4745
Phone (07) 4958 1766

Glenden Library

Town Centre, Ewan Drive,
Glenden QLD 4743
Phone (07) 4846 3148

Middlemount Library Shopping

Centre, Middlemount QLD 4746
Phone (07) 4985 7752

Moranbah Library

Grosvenor Complex, Batchelor Parade,
Town Square Moranbah QLD 4744 Phone
(07) 4846 3534

Nebo Library

10 Reynolds Street,
Nebo QLD 4742
Phone (07) 4846 3115

St Lawrence Library

22 Railway Parade,
St Lawrence QLD 4707 Phone
(07) 4956 9156

Waste Facilities

Carmila Waste Management Facility

153 Carmila West Road, Carmila

Clermont Waste Management Facility

38 Turrama Road, Clermont

Dysart Waste Management Facility 7145

Dysart-Clermont Connection Road, Dysart

Glenden Waste Management Facility

412 Ewan Drive, Glenden

Greenhill Waste Management Facility

1026 Greenhill Road

Middlemount Waste Management Facility

60 Nolan Drive, Middlemount QLD 4746

Moranbah Waste Management Facility

1 Thorpe Street, Moranbah

Nebo Waste Management Facility

17914 Peak Downs Highway, Nebo

St Lawrence Waste Management Facility 402 St

Lawrence Connection Road, St Lawrence

A-Z GUIDE



Aboriginal Services

Aboriginal Support Services & Counselling

ADIS

W metronorth.health.qld.gov.au

P 1800 177 833

Adis has operated for over 30 years as Queensland's first port of call for anyone with alcohol and drug concerns. We are a 24 hour, 7 day a week confidential support service offering support for people in Queensland with alcohol and other drug concerns, their loved ones and health professionals.

General Aboriginal Services

Tiddas In Business - FREE Business Workshops

E info@murawin.com.au

W dev.murawin.com.au

P 0400 294 331

The Tiddas in Business program is a series of culturally appropriate business activities that introduce entrepreneurship, business, & leadership skills. The activities are led by Indigenous Businesswomen who provide insights, strategies, tools & resources for starting and growing business.

Aboriginal and Torres Strait Islander Partnerships

E businessMKY@dsdsatsip.qld.gov.au

W dsdsatsip.qld.gov.au

P (07) 4862 7001

Aboriginal and Torres Strait Islander Partnerships provide whole-of-government strategies to improve business and economic participation outcomes for Aboriginal and Torres Strait Islander Queenslanders.

Accommodation Services

Aged Care Accommodation Services

Aged Care

15 Monash Street, CLERMONT QLD 4721

E bernie.sellwood@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4983 3200

Monash Lodge is a 16-bed aged care facility located approximately 1.0 km from the Clermont Hospital campus.

Disability Accommodation Services

MADEC Ltd

E madec@madec.org.au

W madec.org.au

P (07) 4951 1233

DCMW - Disability Care Mackay Whitsunday (MADEC Ltd)

Specialist Homelessness Services

Homeless Hotline

W qld.gov.au

P 1800 474 753

Homeless Hotline is a phone information and referral service for people who are experiencing homelessness.

Youth Accommodation Services

The Salvation Army Employment Plus - Clermont

2 Lime Street, CLERMONT QLD 4721

W employmentplus.com.au

P (07) 4983 3400

YOS offers six one bedroom transitional housing units to youth aged 16 to 20 yo. YOS also supports young men aged 18 to 25 yo in the Pindari complex.

The Salvation Army Employment Plus - Moranbah

Town Square Avenue, MORANBAH QLD 4744

W employmentplus.com.au

P (07) 4987 8500

YOS offers six one bedroom transitional housing units to youth aged 16 to 20 yo. YOS also supports young men aged 18 to 25 yo in the Pindari complex.

Advocacy Services

General Advocacy Services

ADA Australia

E info@adaaustralia.com.au

W adaaustralia.com.au

P 1800 818 338

ADA Australia offers free, confidential, client directed advocacy support to people with issues around services in residential aged care or those living at home receiving aged care services.

Australian Pensioners and Superannuants League - Clermont

P (07) 4983 1265

Australian Pensioners and Superannuants League (APSL) serves as a voice at state and local levels for all people who depend for their living on a pension or a superannuation payment. The APSL speaks on all issues of importance to the security, wellbeing and dignity of such individuals. This is an advocacy, referral and information service and an organisation that also acts as a lobby group.

Australian Pensioners And Superannuants League Moranbah Branch

P (07) 4941 7601

Australian Pensioners and Superannuants League (APSL) serves as a voice at state and local levels for all people who depend for their living on a pension or a superannuation payment. The APSL speaks on all issues of importance to the security, wellbeing and dignity of such individuals. This is an advocacy, referral and information service and an organisation that also acts as a lobby group.

Elder Abuse Prevention Unit Help Line

E eapu@uccommunity.org.au

W eapu.com.au

P 1300 651 192

The Elder Abuse Helpline promotes the right of older people to live free from abuse.

Greater Whitsunday Communities - Mackay

E admin@gwcommunities.org.au

W greaterwhitsundaycommunities.org.au

P 0457 405 344

Strengthening Community in Mackay, Isaac and Whitsunday Region. We know that when people feel connected, safe and supported – our communities thrive. Collaborative Partnerships Regional Social-Economic Practice Community Leadership Skills Regional Voice and Connectedness Community Governance & Management Capacity Peak Body Representation

Mackay Advocacy

E admin@mackayadvocacy.com.au

W mackayadvocacy.com.au

P (07) 4957 8710

Mackay Advocacy Inc is a free and confidential service funded by Department of Communities, Disability Services however we are a stand-alone service and act on behalf of the person with disability only.

Mental Health Court registry

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing..

Office Of The Public Guardian

E publicguardian@publicguardian.qld.gov.au

W publicguardian.qld.gov.au

P 1300 653 187

Involuntary guardianship agency for persons identified as having limited decision making capacity.

QE11 Courts of Law Complex

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing..

Advocacy on behalf of our Members

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

The Queensland Alliance for Mental Health advocates on behalf of the Community Mental Health and Wellbeing Sector for better recognition within the State.

Registry of Births, Deaths and Marriages

E bdm-mail@justice.qld.gov.au

W qld.gov.au

P 13 74 68

The Registry of Births, Deaths & Marriages is responsible for registering births, deaths, marriages, change of name & adoptions in Queensland. Family historians can access historical birth, death & marriage records through the registry's family history website.

Local Advocacy Services

Independent Advocacy NQ

E reception@ianq.org.au

P (07) 4725 2505

Certified Disability Advocacy Organisation under the National Standards for Disability Services to provide solutions through the application of advocacy principles, to enable people with disability to redress unjust circumstances, and to make positive and equitable changes for a quality life.

Office Of The Public Guardian

E publicguardian@publicguardian.qld.gov.au

W publicguardian.qld.gov.au

P 1300 653 187

Involuntary guardianship agency for persons identified as having limited decision making capacity

Stigma and Discrimination Program

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

This service aims to improve the legal literacy of PLHIV through the provision of education, information and time limited advocacy to those PLHIV who experience stigma, discrimination or other HIV related legal problems affecting their quality of life.

Women's Legal Service - Annerley

E admin@wlsq.org.au

W wlsq.org.au

P (07) 3392 0644

Free legal help for women in Queensland with domestic violence, complex family law and sexual assault notes counselling privilege matters.

National & International Advocacy Services

Australian Sickle Cell Advocacy Inc

E mail@aussicklecelladvocacy.org

W aussicklecelladvocacy.org

P 0414 309 995

Australian Sickle Cell Advocacy Inc (ASCA) Inc is an independent not for profit organisation dedicated to supporting and representing those affected by Sickle Cell Disease (SCD) in Australia. ASCA offers support to families and individuals of African and other culturally diverse backgrounds that are affected by SCD in Australia. We have chapters / representatives Australia wide.

Cataract Kids Australia

E info@cataractkids.org.au

W cataractkids.org.au

P 0407 885 580

Our goal is ultimately to improve the visual outcomes of children affected by cataract. We aim to enhance the support and information provided to families, work with clinicians to optimise treatment outcomes and link with researchers to improve the flow of information.

Good Beginnings and Save the Children join forces - Vincent

E qld.info@savethechildren.org.au

W savethechildren.org.au

P (07) 3199 0500

We run programs for children, young people and adults in Australia and overseas. We stand up for children's rights. We're here because we want all children to be educated, healthy and live a life free from violence.

Older Persons Advocacy Network

E enquiries@opan.com.au

W opan.org.au

P 1800 700 600

Older Persons Advocacy Network offer free, independent and confidential services that focus on supporting older people and their representatives to raise and address issues relating to accessing and interacting with Commonwealth funded aged care services.

Parkinson's Australia

E ceo@parkinsons.org.au

W parkinsons.org.au

P 0419 770 010

Parkinson's Australia is the national peak body and charity representing more than 70,000 Australians living with Parkinson's. We advocate for the needs of people living with Parkinson's, and for their families and carers. Parkinson's Australia represents, at the national level, the interests of its federation of state and territory members on all matters relating to Parkinson's and carer issues.

Ageing Services

Ageing Information & Counselling

Elder Abuse Prevention Unit

E eapu@uccommunity.org.au

W eapu.com.au

P 1300 651 192

The Elder Abuse Prevention Unit (EAPU) is a Queensland wide program provided by UnitingCare Community and funded by the Department of Communities, Child Safety & Disability Services.

LiveUp

E general@ilaustralia.org.au

W liveup.org.au

P 1800 951 971

LiveUp is a free and confidential service that provides expert advice, personalised support, and community connections to help you age your way. LiveUp is a national platform designed to help you reimagine, reset and reconnect with living your life to its fullest.

Mackay Community Visitors Association

E mkyvisitors@bigpond.com

W communityvisitorsmackay.org.au

P (07) 4953 4878

Provide social support and information to aged clients

General Ageing Services

Acorn Stairlifts

E info@acornstairlifts.com.au

W acornstairlifts.com.au

P 1800 158 676

We supply and install stairlifts in private residences and commercial properties to enable the user to safely navigate the staircase. We are the only direct manufacturers in Australia and can install with 7 - 10 days. Our stairlift is the slimmest on the market, we have everything in stock in our warehouse in O'Connor and have a number of demonstration lifts to view.

Domestic Assistance

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Includes assistance with general house cleaning, washing, ironing and shopping.

Council On The Ageing Queensland

E info@cotaql.org.au

W cotaql.org.au

P 1300 738 348

A statewide not for profit organisation advancing the rights, needs and futures of people as we age.

National Dementia Help Line

E nsw.midnorthcoast@dementia.org.au

W dementia.org.au

P 1800 100 500

The National Dementia Helpline is a free telephone service that provides information and advice to: people living with dementia. people concerned about changes to memory and thinking. people living with Mild Cognitive Impairment (MCI)

FoodSt

E hello@foodst.com.au

W foodst.com.au

FoodSt provides a wide range of easy to reheate, home cooked meals made by our community of local, accredited cooks. Over 100 meal options from 26 cuisines, all handmade by our cooks in small batches and to traditional family recipes. Meals are pre-made, frozen and delivered to your door.

Hinterland Community Care - Dysart

12 Murphy Street, DYSART QLD 4745

E admin@hinterland.net.au

P (07) 4958 2116

Hinterland Community Care Inc (HCC) is a non-government, not for profit, community based organisation.

Hinterland Community Care Inc - Moranbah

12 Bernborough Avenue, MORANBAH QLD 4744

E gm@hinterland.net.au

P 0439 749 462

Our organisation is known for providing, local, professional, flexible team that provides a unique service that is tailored to the needs of the individual. We take the time to match clients and staff to your support goal.

Inclusee Ltd

E connect@inclusee.org.au

W inclusee.org.au

P 1800 287 687

Our mission is to use the power of connection to reduce isolation and loneliness for Australians. At Inclusee connection is at the core of everything we do. We connect people to friends, family, interests, cultures and events. Our cutting-edge programs are delivered by our specially trained volunteers to provide companionship and comfort to our community participants.

SALT Directory - Senior and Aged care Living Transition Directory

E info@saltdirectory.com.au

W saltdirectory.com.au

P 0417 757 977

SALT (Senior & Aged care Living Transition)

Directory provides a central location to easily find businesses and services that help support families and their loved ones to transition to retirement villages or aged care. The Directory members are vetted to ensure they operate with the right intent and provide services with care, compassion and empathy.

Community Visitors Scheme

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

The St John Community Visitors Scheme is about building companionship and friendship for older people who may be socially isolated, lonely, or unable to get out and about often.

Home Visiting Services

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

Enjoy the company of others and improve your social connections.

Tech help for seniors - Life skills for youngsters!

E info@youngster.co

W youngster.co

P 1300 774 711

We provide digital education for seniors and create jobs for youngsters. We bring generations together!

Home Care & Safety Services

Brightsky Australia

E orders@brightsky.com.au

W brightsky.com.au

P 1300 886 601

BrightSky Australia is your one-stop-shop for specialist healthcare products. BrightSky offers Australia-wide home delivery of an extensive range of everyday and "hard-to-find" healthcare products

Daily Safety Check-in Call

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

Most people have a parent or grandparents. Are you one of them? Our clients are children like you who are WORRIED about a Loved One, Help I've fallen & can't get up. WE HELP people know that all is well we check-in with a care call every day

Daily Welfare Check by Phone to Check they are OKAY

E customercare@carecallingnow.com

W carecallingnow.com

P 0422 989 163

We help busy people with older family members, that may be at risk, living at home alone, who want to know for certain that they are OKAY. Many people will remember "Help I've Fallen & I Can't Get UP!" When will you know?

Caredirect

E townsville@caredirectservices.com.au

W caredirect.com.au

P (07) 4426 1924

Home Care Services Would you like to continue living in your home and maintain your independence as you age? Care Direct has a dedicated and passionate team of professionals to provide you with a wide range of in-home care services to help you retain your independence. If you need to stay at home longer, we can create an individual care plan together with you and your carer to support you to stay

Comlink Australia - Fitzroy (Gladstone and Rockhampton)

E marketing@comlinkaustralia.com.au

W comlinkaustralia.com.au

P 1300 785 054

Comlink Australia Domestic Assistance Services. At Comlink Australia, we pride ourselves on helping you maintain a clean, safe and comfortable home for your own peace of mind and well-being. Whether it's help washing dishes or mopping the floor, getting a little help can sometimes make the difference.

Home Care Packages

E marketing@comlinkaustralia.com.au

W comlinkaustralia.com.au

P 1300 785 054

Comlink Australia Home Care Packages.

Other Food Services

E marketing@comlinkaustralia.com.au

W comlinkaustralia.com.au

P 1300 785 054

Comlink Australia Other Food Services.

InteliCare

W intelicare.com.au

P 1300 001 145

Live independently safely with InteliCare smart home sensors and intelligent mobile phone app. InteliCare turns any home into a smart home using non-invasive smart sensors (no cameras). No buttons to press, no devices to wear. InteliCare works silently in the background gathering information from the household and alerting through the mobile phone app if behaviours change.

Seniors Clubs & Social Groups

Connected au

W connectedau.com.au

P 0437 570 585

Connected AU was born out of this concern, with a focus on helping people who might be isolated, vulnerable and lonely. Mea built a free online platform to connect and engage people, and The Letterbox Project became the foundation of this platform.

Queensland Community Care Network

E kieran@qccn.org.au

W qccn.org.au

P (07) 3379 7200

The 100+ Club connects centenarians, advocating for the positive promotion of the elderly and celebrates the lives of our members.

Animal Services

Animal Clubs & Hobbies

Dysart Pony Club

Dysart Pony Club Grounds, Fisher Street,
DYSART QLD 4745

E dysartponyclubsecretary@gmail.com

Dysart Pony Club is Located in the mining town of Dysart, in Queensland Central Highlands. The Club has around 60 members and enjoy getting together for monthly Rally Days and the annual Gymkhana in August each year

Middlemount Horse And Pony Club

E mmponyclub@outlook.com

To encourage young people to ride and to learn to enjoy all kinds of sport connected with horses and riding To provide instruction in riding and horsemastership and to instil in members the proper care of their animals. To promote the highest ideals of sportsmanship, citizenship and loyalty, thereby cultivating strength of character and self-discipline

Animal Shelters

DV Connect Pets in Crisis

E mail@dvconnect.org

W dvconnect.org

P 1800 811 811

Pets in Crisis is a foster care program to help facilitate safe refuge for animals at risk until they can be reunited with their families

Moranbah Pound

Goonyella Road, MORANBAH QLD 4744

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Please contact us on 1300 ISAACS (472227) to visit the pounds. Council works closely with a number of rescue groups and the RSPCA should dogs not be able to be rehomed locally.

General Animal Services

Mackay Animal Rescue Society

E mackayanimalrescuesociety@gmail.com

W mackayanimalrescue.com.au

P 0447 186 277

Mackay Animal Rescue Society Inc. is a registered not for profit charity (Charity No. CH2025) and is totally run by a group of dedicated volunteers including management, collectors & foster carers.

Maryborough Park-OMaryborough

P (07) 4122 4787

We provide animal services within the Fraser Coast region.

Nebo Pony Club

Oxford Street, NEBO QLD 4742

E nebo@pcaq.asn.au

P 0418 192 507

The development of the knowledge and ability of riders was the concern of Pony Club from its foundation. The emphasis has always been, in order of importance: The safety of the rider, The comfort of the horse, The enjoyment of the rider, The progress of the rider

Assistance with Domestic Duties for NDIS Pet Owners

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud's national service offers 1. Animal Assisted Mentoring in the Community, 2. Pet Care during Hospital Treatment or Rehabilitation, 3. Assistance with Pet related Household tasks

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

PetCloud is Australia's most trusted Pet Care Services booking website to book Pet Sitting, Home Visits, House Sitting, Dog Walking, Day Care, Pet Taxis, Grooming, Washing and Brushing, 24hr supervision, and Dog Training. To connect with a Pet Sitter, Post a Job, and available Pet Sitters in your area will apply <https://www.petcloud.com.au>

Arts & Creatives

Crafts

Clermont Patchwork and Quilters Group

76 Capricorn Street, CLERMONT QLD 4721

E clermont.patch.quilt@gmail.com

P 0418 719 198

Incorporated community group encouraging many crafters with rooms and equipment available for those wishing to engage in a friendly environment to share ideas, skills and friendships.

Cultural Arts

Clermont Artslink

E clermontartslink@gmail.com

P 0497 898 027

At the heart of Artslink is our desire to support and enable art to flourish; ensuring everyone has access to high quality arts experiences.

Literary Arts

Jen Robe Writes

E jenrobewrites@gmail.com

W organizabilelife.com

I write memoirs and biographies based on people's lives. I will interview you or your loved one in a conversational style and write your life story. It is a perfect way to preserve your family's history. I can also work to record the stories of those unable to speak, due to injury, illness, or death. I have a background in elder and disability care.

Performing Arts & Music

Attaboi Music Magazine

E info@wildoatsrecords.net

P 0467 955 772

Attaboi is a community music organisation working to push minority voices and issues currently affecting the Australian music industry.

Central Queensland Conservatorium of Music

E musicandtheatre@cqu.edu.au

W cqu.edu.au

P (07) 4940 7800

The Central Queensland Conservatorium of Music is proud of its reputation for providing a supportive, nurturing and friendly environment for exceptional students to work with award-winning staff. We have a number of courses supported by our Conservatorium. Please see our Creative, Performing and Visual Arts page for more details.

Choirs4Kids

E sing@choirs4kids.com

W choirs4kids.com

P 0414 205 919

Choirs4Kids is an online singing program for ages 4 to 15, fostering creativity, building confidence, and forming friendships. Our expert-led sessions empower young voices to shine, creating a joyful and supportive musical community. Join us on a remarkable journey where the magic of singing transforms lives. We also offer a kids choir in Manjimup, WA.

Clermont Community Choir

58 Capella Street, CLERMONT QLD 4721

E clermontcommunitychoiraust@gmail.com

P 0409 394 651

Our Community Choir formed in November 2015 with a bunch of eager & modestly talented local vocalists, with support from Clermont Artslink & RADF Funding.

Mainly Music

58 Capella Street, CLERMONT QLD 4721

E Clermontchurch@bigpond.com

W lifechurch.com.au

P 0402 928 412

Mainly music is music-based program designed for young children (aged birth through 5 years old) and their parents/caregivers to enjoy and connect with other families in our church and community. Mainly Music runs weekly on a Thursday from 9.30am at Life Church Clermont - 58 Capella St Clermont.

Rock n Roll Dancing DVDs FULL COURSE \$60

E ctocrocknroll@dodo.com.au

P (07) 5529 6244

THE WORLD HAS CHANGED and we have changed with it. Purchase both DVD's and learn at home with costs you a total of \$60 with FREE postage. And you have the entire set to go over any time you like.

Isaac Performing Arts

E isaacperformingarts@gmail.com

P 0438 388 929

ISAAC PERFORMING ARTS INC (IPA) is a newly founded Arts group in the Isaac Region. If you're interested in: acting, singing, choir, music, hair/make up, props, lighting, marketing, set design etc join this page and stay tuned with upcoming productions!

Mackay City Band

E mackaycityband@gmail.com

W mackaycityband.weebly.com

P 0478 417 970

Arts & Creatives - Performing Arts & Music - Performing Arts & Music.

Visual Arts

Coalface Art Gallery

Grosvenor Complex, Batchelor Parade,
MORANBAH QLD 4744

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Located in the Central Queensland coal mining town of Moranbah, the Coalface Art Gallery provides a high profile exhibition space that promotes, stimulates and encourages the development of local and regional art.

Delicate By Lou - Mackay

E delicatebylou@gmail.com

W delicatebylou.com

P 0438 333 067

Beadwork Artist, creating sculptures from glass beads and thread.

Dysart Art Space

Shannon Crescent, DYSART QLD 4745

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Located in the Central Queensland coal mining town of Dysart, the Art Space provides a local exhibition space for local and regional art, craft and creative practitioners. It is a small gallery within the library building and is well-suited for new and emerging practitioner's exhibitions. Curatorial assistance can be requested for a first exhibition.

Openroad Footprint

E openroadfootprint@gmail.com

W linktr.ee

P 0412 753 899

Creatively capturing the beauty of the world. Come, be inspired right alongside me... | photographic retreats & workshops | photoshop & lightroom tuition | corporate headshots • portraits • family events | limited edition fine art images for sale | events & festival photography | product shots for small business ... | Look forward to connecting with you, Ann :)

Child Services

Child (and Parent) Information & Counselling

Bravehearts Foundation Limited - Moranbah

E intake@bravehearts.org.au

P 1800 272 831

Bravehearts' child sexual abuse counselling is provided by psychologists, social workers and counsellors who specialise in assisting children, young people and families to work through the trauma they have experienced, using evidence-based interventions and best practice.

Camp Quality Queensland

E reception@campquality.org.au

W campquality.org.au

P (07) 3216 0299

Our Purpose is to give kids impacted by cancer the chance to be kids again in a safe, fun and supportive environment. We do this through positively changing a child's cancer experience, with entertaining, play-based education and recreational camps and retreats that strengthen the mental wellbeing and improve the quality of life of children and their family.

Children By Choice Association Incorporated

E advocacy@childrenbychoice.org.au

W childrenbychoice.org.au

P (07) 3357 5377

Children by Choice provide a Queensland-wide telephone counselling, information and referral service on all unplanned pregnancy options - abortion, adoption and parenting. Face to face counselling services are available in the Brisbane region by appointment.

Triple P Program

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Triple P is a parenting intervention with the main goals of increasing the knowledge, skills, and confidence of parents and reducing the prevalence of mental health, emotional, and behavioral problems in children and adolescents.

Pregnancy Birth and Baby

E info@nhccn.com.au

W pregnancybirthbaby.org.au

P 1800 882 436

Pregnancy, Birth and Baby is a national Australian Government service providing support and information for expecting parents and parents of children, from birth to 5 years of age.

Mackay Youth Support Service

E u-nite@myss.org.au

W myss.org.au

P (07) 4865 1255

Free Counselling , mediation for young people aged 8 - 18 and parents/ carers/ grandparents. Free 8 week parenting group and skills training for parents

Magic Coat for Kids Pty Ltd

E admin@themagiccoat.com

W themagiccoat.com

P 0477 997 661

A social/emotional wellbeing program, designed for young children and their primary carers to learn preventative mental health strategies together. Based on the analogy of putting on an imaginary coat with memorable characters inside the pockets, representing various strategies children can use to take control & responsibility for their own world & to create positive relationships with others.

yourtown Parentline

E support@nqphn.com.au

W yourtown.com.au

P (07) 3369 1588

Parentline is a service for parents and caregivers residing in Queensland and the Northern Territory.

Parentline

E admin@parentline.com.au

W parentline.com.au

P 1300 301 300

Parentline offers free confidential phone and WebChat counselling and support for parents and carers of children in Queensland and the Northern Territory.

Reachout Australia

E info@reachout.com

W about.au.reachout.com

P (02) 8029 7777

ReachOut Parents Coaching is for any Australian parent with teenagers aged between 12–18 years, with access to a computer. If you're worried or want to build on your relationship with your teenager, we provide a free one-on-one online coaching program. ReachOut Parents Coaching is a free service with sessions that are personalised to suit your individual needs and concerns. With coaches from

Red Nose

E info@rednose.com.au

W rednose.org.au

P 1300 998 698

Safe Sleeping Public Health Campaign

The Aussie Hands Foundation Inc

E info@aussiehands.org

W aussiehands.org

To raise awareness of hand differences in the community and support families who have a child living with a hand difference and connecting them to other families in a similar situation and also to adults living with a hand difference.

Child Protection Services

K.I.N. Care Services (Qld) Pty Ltd

E dee@kincareservices.com.au

W kincareservices.com.au

We work closely with the Department of Child Safety, Youth and Women to support families and do so in a way which supports their long-term safety and happiness. We are also registered NDIS providers. We have a team of highly skilled professionals to support families and participants in ensuring each individual is provided the supports they need to meet their full potential.

Mackay Child Safety Service Centre

W dcssds.qld.gov.au

P (07) 4864 1400

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

Mount Isa-Gulf Child Safety Service Centre

W dcssds.qld.gov.au

P (07) 4437 4300

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

Out of Home Care Program

E townsville.admin@lwb.org.au

W lwb.org.au

P (07) 4755 7400

Foster Care ~ Family Contact ~ Case Management
~ Clinical Services ~ Cultural Planning ~ Family
Support ~ Transition Support ~ Respite

North Queensland Region Child Safety

W dcssds.qld.gov.au

P (07) 4255 7154

Child safety service centres provide support and a range of services to children, young people, families and carers to ensure children's safety and wellbeing and to prevent children from being harmed.

Office Of The Public Guardian

E publicguardian@publicguardian.qld.gov.au

W publicguardian.qld.gov.au

P 1300 653 187

The OPG administers the Community Visitor Program for children and young people which plays an important role in supporting children and young people in the child protection system.

General Child Services

Raising Connected Kids

E karen@connectededucation.com.au

W raisingconnectedkids.com.au

P 0430 306 111

Teaching school-aged children skills and strategies to build self-confidence and emotional resilience. Online courses and ongoing weekly coaching for children to support emotional development facilitated by Children's Emotional Well-being coaches qualified and experienced in Education and Psychology. Specialising in support for highly sensitive children.

Play Groups & Childcare

Cand K Daycare

11 Hetherington Street, CLERMONT QLD 4721

E clermont@candk.asn.au

W candk.asn.au

P (07) 4983 2027

We offer quality education and care for children aged in the year before they attend Prep. We are a dedicated kindergarten so your child will take part in a structured, play based program with other children their age.

CandK Dysart Kindergarten

Shannon Crescent, DYSART QLD 4745

E admin@dysartkindy.com.au

W candk.asn.au

P (07) 4958 1390

We are a well resourced Kindy, with fantastic toys and learning equipment for indoor play sessions as well. Inside, children create beautiful artworks, play imaginatively with their friends, construct, play with literacy and numeracy concepts, dance and sing.

CandK Glenden Community Kindergarten

Gillham Terrace, GLENDEEN QLD 4743

E glendenkindy@candk.asn.au

W candk.asn.au

P (07) 4950 8255

We encourage children to connect with the community, share and take turns. Be involved learners who are curious about their environment and the world around them, be creative, imaginative, and spontaneous. Be decision makers who connect, and build upon what they know.

CandK Moranbah Community Kindergarten And Preschool

89 Mills Avenue, MORANBAH QLD 4744

E moranbah@candk.asn.au

W candk.asn.au

P (07) 4941 7474

We focus on teaching children to reduce, reuse and recycle. The addition of a yarning circle, fire pit, gardens, green house, water tanks and much more have allowed us to meet these goals. Nature play is a key component of our daily play and allows our children to explore their limits in a safe engaging environment.

Clermont Kindergarten and Day Care

6 Beatty Street, CLERMONT QLD 4721

E assistantdirectorckdc@gmail.com

P (07) 4983 2084

Hours: 8am – 5.30pm Mon – Fri Childcare Benefit Available Casual and Permanent bookings Emergency bookings if available

Kiddy Koala Playgroup

E dysartkoalasplaygroup@hotmail.com

P 1800 171 882

Dysart Kiddy Koalas is held on Wednesday from 9.00-11.00. Each session is \$2 per family, bring a hat, sunscreen, drink and healthy snack for your child.

Long Day Care - Dysart

25 Yeates Crescent, DYSART QLD 4745

E dysart@ladygowrie.com.au

W gowrieqld.com.au

P (07) 4958 1840

We are a 'Not For-Profit' Organisation with a strong heritage in early Childhood education in Queensland and Australia. Our Long Day Care Centres are open for 50 weeks of the year with a two week break over the Christmas and New Year period.

Lady Gowrie Dysart Child Centre and Community Space

25 Yeates Crescent, DYSART QLD 4745

E dysart@ladygowrie.com.au

W gowrieqld.com.au

P (07) 4958 1840

Hours 7.30am – 6pm Mon – Fri Ages: Birth – 12

Informal after school care Childcare benefit available Casual & permanent bookings Emergency bookings available

Middlemount CandK

5 Burns Court, MIDDLEMOUNT QLD 4746

E middlemount@candk.asn.au

W candk.asn.au

P (07) 4985 7594

Come in and visit us, we'd love to show you around our gorgeous centre.

Middlemount CandK

5 Burns Court, MIDDLEMOUNT QLD 4746

E middlemount@candk.asn.au

W candk.asn.au

P (07) 4985 7594

Our kindergarten and childcare centres offer both indoor and outdoor areas for learning where children are encouraged to actively engage through play-based experiences. C&K creates environments where children feel happy and secure whilst having the freedom to express themselves.

Moranbah Early Learning Centre

221-227 Mills Drive, MORANBAH QLD 4744

E contact@moranbahelc.com.au

W moranbahearlylearning.com.au

P (07) 4941 6600

Moranbah Early Learning Centre provides high quality early childhood education and care to the children and families of the Moranbah Community.

Simply Sunshine Childcare

19 Griffin Street, MORANBAH QLD 4744

E childcare@simplysunshine.com.au

W simplysunshine.com.au

P (07) 4941 8407

Our passionate and qualified staff know that the best early learning happens in environments where children feel loved, safe and stimulated. With this in mind our enthusiasm for nurturing and educating little minds underpins all that we do, and we look forward to sharing this energy with you and your family.

St Joey's Playgroup

50 Box Street, CLERMONT QLD 4721

E hannah_charles@rok.catholic.edu.au

P 0438 193 597

St Joey's playgroup is run each Tuesday during the school term at St Joseph's School Clermont. This playgroup is a casual morning for parents and kids.

Communication & Information

Community Information & Referral Services

Barb Hill Coaching and Mentoring

E barbhill.coaching@gmail.com

P 0417 683 957

Certified Master NLP (Neuro Linguistic Programming) Practitioner and Life Coach, Master Time Line Therapy® and Hypnosis. Run 6 week Breakthrough Coaching programs as well as individual sessions. Working with youth through to women and men. Endorsed Personalised Health (Epigenetics) Coach

Health Workforce Queensland

E admin@healthworkforce.com.au

W healthworkforce.com.au

P (07) 3105 7800

Health Workforce Queensland

Immigration Services Australia (ISA)

E contact@immi-sa.com

Partner visas, work visa, overseas recruitment for sponsors looking to fill skill shortage, student visas, family visas, visa refusals and appeals.

Community Mental Health and Wellbeing Sector information

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

QAMH represents more than 100 Queensland organisations and individual Members involved in the quality delivery of community mental health and wellbeing services across the state. As the peak body for the Community Mental Health and Wellbeing Sector, our role is to reform, promote and drive community mental health and wellbeing service delivery, through our influence and collaboration with Members.

Queensland Ombudsman

E ombudsman@ombudsman.qld.gov.au

W ombudsman.qld.gov.au

P (07) 3005 7000

We investigate complaints about state government departments and agencies, local councils and public universities. Our complaints assessment and investigation service is free and independent. Contact us between 9.30am-4.00pm, Monday-Friday, or use the online complaint form anytime.

Statewide information and referral service for seniors

E sel@uccommunity.org.au

W seniorsenquiryline.com.au

P 1300 135 500

Seniors Enquiry Line is a statewide information and referral service for Queensland seniors, families, friends, grandparents and carers.

Volunteering Queensland Inc

E reception@volunteeringqld.org.au

W volunteeringqld.org.au

P (07) 3002 7600

Information and referral about volunteering, including referral to volunteering opportunities and information about rights and responsibilities.

General Communication & Information

Australian Bureau of Statistics

W abs.gov.au

P 1300 135 070

Providing statistical information and resources to the Australian public

Clermont Isaac Regional Council Office
Cnr Karmoo and Daintree Streets, CLERMONT
QLD 4721
E records@isaac.qld.gov.au
W isaac.qld.gov.au
P 1300 472 227
Council office including customer service centre & staff offices

Dale Last - Member for Burdekin
E Burdekin@parliament.qld.gov.au
P (07) 4767 0500
Member for Burdekin & Burdekin Electorate Office

**Department of Transport and Main Roads
Maritime Safety Queensland**

E mackaymarine@msq.qld.gov.au
W msq.qld.gov.au
P 13 23 80
IWe've committed \$3.9 million to upgrade the maritime aids to navigation network in the Torres Strait to ensure safe passage in the region. The waters of the Torres Strait are used daily as a workplace and commuter routes as well as for cultural and recreational activities, with maritime aids crucial to making sure those using these waters return home safely.

Department of Transport and Main Roads
W tmr.qld.gov.au
P 13 19 40
To report traffic signal faults on state-controlled declared roads, please call the Department of Transport and Main Roads on 131 940 any time.

Dysart Isaac Regional Council Office
Shannon Crescent, DYSART QLD 4745
E records@isaac.qld.gov.au
W isaac.qld.gov.au
P 1300 472 227
Council office including customer service centre & staff offices

GIVIT
E info@givit.org.au
W givit.org.au
GIVIT (givit.org.au) is a national online not-for-profit matching generosity with genuine need.

Glenden Isaac Regional Council Office
Ewan Drive, GLENDEN QLD 4743
E records@isaac.qld.gov.au
W isaac.qld.gov.au
P 1300 472 227
Council office including customer service centre & staff offices

Middlemount Isaac Regional Council Office
Shopping Centre, MIDDLEMOUNT QLD 4746
E records@isaac.qld.gov.au
W isaac.qld.gov.au
P 1300 472 227
Council office including customer service centre & staff offices

Moranbah Isaac Regional Council Office
Grosvenor Complex, Batchelor Parade,
MORANBAH QLD 4744
E records@isaac.qld.gov.au
W isaac.qld.gov.au
P 1300 472 227
Council office including customer service centre, staff offices and Council chambers.

Mr Stephen (Steve) Andrew MP - Member for Mirani (ONP)
E mirani@parliament.qld.gov.au
W stephenandrew.com.au
P (07) 4806 0700
MP for Mirani (Member of the Legislative Assembly)

Nebo Isaac Regional Council Office
10 Reynolds St, NEBO QLD 4742
E records@isaac.qld.gov.au
W isaac.qld.gov.au
P 1300 472 227
Council office including customer service centre & staff offices

North Queensland Region Centre - Mackay
E businessMKY@dsdsatsip.qld.gov.au
W dsdsatsip.qld.gov.au
P (07) 4862 7001
Aboriginal and Torres Strait Islander Partnerships Mackay share information through our Murri network mailing lists of events and services that are available within our community.

Yourtown

E support@nqphn.com.au

W torres-cape.health.qld.gov.au

P (07) 4034 0300

It's our mission to help and encourage young people to find their place. We take the time to listen, understand and guide young people in the right direction. We deliver services that help to tackle the issues faced by at-risk youth in our community. These services include crisis care, employment, parenting help, counselling, social development, mentoring and more.

Yourtown - Milton

E support@nqphn.com.au

W torres-cape.health.qld.gov.au

P (07) 4034 0300

Our services and offices are located across New South Wales, Queensland, South Australia and Tasmania. Kids Helpline is a national service and Parentline operates in Queensland and the Northern Territory.

Residential Tenancies Authority

W rta.qld.gov.au

P 1300 366 311

The RTA is the Queensland Government statutory authority that administers the Residential Tenancies and Rooming Accommodation Act 2008 (the Act). The RTA is responsible to the Minister for Communities and Housing, Minister for Digital Economy and Minister for the Arts.

St Lawrence Isaac Regional Council Office

36 Macartney Street, ST LAWRENCE QLD 4707

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Council office including customer service centre & staff offices

Community Centres, Halls & Facilities

Community Halls

Broadsound Centenary Hall

7 Railway Parade, ST LAWRENCE QLD 4707

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Carmila Memorial Hall

16 Music Street, CARMILA QLD 4739

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4950 2087

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Clairview Community Centre

Colonial Drive, CLAIRVIEW QLD 4741

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Clarke Creek Community Centre

May Downs Road, CLARKE CREEK QLD 4705

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Clermont Civic Centre

Daintree Street, CLERMONT QLD 4721

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Dysart Civic Centre

16 Queen Elizabeth Drive, DYSART QLD 4745

E DCC@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4958 2499

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Dysart Recreation Centre

Queen Elizabeth Drive, DYSART QLD 4745

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4958 2528

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Flaggy Rock Community and Recreation Centre

Flaggy Rock Road, FLAGGY ROCK QLD 4741

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Glenden Recreation Centre

Ewan Drive, GLENDEN QLD 4743

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Middlemount Community Hall

27 James Randall Drive, MIDDLEMOUNT QLD 4746

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Moranbah Community Centre

Town Square, MORANBAH QLD 4744

E mcc@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4941 7377

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Nebo Memorial Hall

Reynolds Street, NEBO QLD 4742

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

Nebo Recreation Centre

Bowen Street, NEBO QLD 4742

E records@isaac.qld.gov.au

W isaac.qld.gov.au

Isaac Regional Council has multiple halls available for hire. For more information on how to hire, go to our website.

General Community Facilities

Carmila Library

16 Music Street, CARMILA QLD 4739

E carmila.library@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4950 2350

Library membership is free to all residents of Isaac Regional council and surrounding areas, i.e. Mackay Regional Council and Central Highlands Regional Council.

Clermont Library

Cnr Karmoo and Herschel Streets, CLERMONT QLD 4721

E clermont.library@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4846 3746

Library membership is free to all residents of Isaac Regional council and surrounding areas, i.e. Mackay Regional Council and Central Highlands Regional Council.

Dysart Library

Shannon Crescent, DYSART QLD 4745

E dysart.library@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4958 1766

Library membership is free to all residents of Isaac Regional council and surrounding areas, i.e. Mackay Regional Council and Central Highlands Regional Council.

Glenden Library

Town Centre, Ewan Drive, GLENDEN QLD 4743

E glenden.library@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4846 3148

Library membership is free to all residents of Isaac Regional council and surrounding areas, i.e. Mackay Regional Council and Central Highlands Regional Council.

Middlemount Library

Shopping Centre, MIDDLEMOUNT QLD 4746

E middlemount.library@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4985 7752

Library membership is free to all residents of Isaac Regional council and surrounding areas, i.e. Mackay Regional Council and Central Highlands Regional Council.

Moranbah Library

Grosvenor Complex, Batchelor Parade,

MORANBAH QLD 4744

E moranbah.library@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4941 4534

Isaac Regional Council strives to build positive relationships with our communities and customers through timely and professional communication.

Nebo Library

10 Reynolds St, NEBO QLD 4742

E nebo.library@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4846 3115

Library membership is free to all residents of Isaac Regional council and surrounding areas, i.e. Mackay Regional Council and Central Highlands Regional Council.

St Lawrence Library

22 Railway Parade, ST LAWRENCE QLD 4707

E stlawrence.library@isaac.qld.gov.au

W isaac.qld.gov.au

P (07) 4956 9156

Library membership is free to all residents of Isaac Regional council and surrounding areas, i.e. Mackay Regional Council and Central Highlands Regional Council.

Community Clubs & Interest Groups

Children & Youth Clubs

Edmund Rice Camps Queensland

E ercqld@edmundrice.org

W ercampsqld.org

P 0409 878 442

Edmund Rice Camps Queensland is a community based not - for - profit organisation, providing recreational activities for children, youth and families who may not otherwise have the opportunity. We deliver peer - mentoring programs supported by committed and passionate young adult volunteers with children who are referred to us by other community support organisations.

Community Service Clubs

Australia Nova Romana

E australia.novaroma@outlook.com

W austnovaroma.wixsite.com

A national Roman living-history and education organisation providing a central community for the study of Latin language, exploration of ancient Roman politics and a safe network for members to explore and learn about the 'cultus deorum romanum', the religion of ancient Rome.

Braille House

E coordinator@qbwa.org.au

W braillehouse.org.au

P (07) 3848 5257

Free lending Braille library. Braille House is a Not-for-profit organisation that transforms the lives of vision impaired people with by producing and giving access to reading material and other tactual resources through our extensive library of books, and much, much more.

Clermont Clay Target Club

Cheesborough Road, CLERMONT QLD 4721

E clermontclaytargetclub@gmail.com

P 0427 792 562

Clermont Clay Target Club Located off Cheesborough Road, Clermont, on hill behind golf club. Monthly shoots held on 4th Sunday of every month at 9:30am

Clermont Junior Rugby League Junior Rugby League

E president@clermontbearsjuniorrugbyleague.com.au

P 0407 829 273

Clermont Bears Junior Rugby League Club is a non profit organisation which works to encourage and promote the skills, sportsmanship and fitness of our members through the game of rugby league.

Clermont Rifle Club

Gregory Highway, CLERMONT QLD 4721

E clermontrifle@yahoo.com.au

P 0419 734 133

Clermont Rifle Club is a great organisation to be involved in, from novice shooters to expert marksmen. A great tradition of the club is being carried on by the current senior members, in the training and coaching of new members.

Clermont Rugby League

E clermontbears@gmail.com

P 0448 746 287

The Clermont Bears Senior Rugby League Club are a family friend club. We aim to provide the highest quality Rugby League entertainment to Clermont.

Dysart Lions Club

Fisher Street, DYSART QLD 4745

E sdbmetcalfe@bigpond.com

Community Clubs & Interest Groups - Community Service Clubs - Community Service Clubs. Community support

QCWA Sarina Branch

E secretary@qcwasarinabranch.net.au

W qcwa.org.au

P 0407 217 632

QCWA Sarina Branch is all about empowering and inspiring women through friendship, education, connection and advocacy. With our indispensable advocacy work we can continue to support and serve our local community.

Sporting Shooters Association Of Australia Clermont Branch Clermont Sporting Shooters Assoc

E clermont@ssaaqld.org.au

W ssaaqld.org.au

P 0400 831 115

SSAA club that shoots rifle and handgun disciplines. We have the approvals to shoot all SSAA matches but only have a 100m centre fire rifle range. Often shooting Combined Services, Gallery, Practical Pistol various other SSAA and ISSF pistol matches. We shoot every 1st and 3rd Sunday of the month. Generally pistol in the morning and rifle in the afternoon with a BBQ lunch usually available.

The Clermont Race Club Clermont Race Club

Racecourse Road, CLERMONT QLD 4721

E clermontraceclub@hotmail.com

W clermontraces.com

P 0409 042 229

The Clermont Race Club holds 2 race meetings annually with the first in winter and the second towards the end of spring. Membership \$30 inclusive of 2 free general admission tickets President: Billy Bell Treasurer: Cindy Kelly Secretary: Kristy Peters For general and sponsorship enquiries please contact our secretary Kristy on 0448 533 355 or via our club email clermontraceclub@hotmail.com

General Community Clubs

Clermont and District Progress Assn

Herschel Street, CLERMONT QLD 4721

E office@ccbg.com.au

CCBG advocates on behalf of local clubs, organisations and business to local, state and federal government bodies. We facilitate a community driving school and hire space for local or visiting businesses to the area. We support and lend a hand to the community in any area we are able.

Clermont And District Servicemen's Club

76 Herschel Street, CLERMONT QLD 4721

E d.ward2@bigpond.com

P 0400 429 363

Clermont and District Servicemen's Club

Clermont Bowls Club

Lime Street, CLERMONT QLD 4721

E clermontbowlsclub@gmail.com

P 0438 417 809

Clermont Bowls Club, Pine St, Clermont Qld is a superior venue in the Isaac Region for barefoot bowls.

Clermont Dolphins Amateur Swimming Association Clermont Dolphins Swim Club

27 Collins Street, CLERMONT QLD 4721

E clermontdolphins@outlook.com

Every Monday we hold a Club Night & children race against their own time in 15m, 25m or 50m races in all four strokes (freestyle, backstroke, butterfly & breaststroke). We start at 5:45pm and finish no later than 7:30pm. All abilities are welcome. Our older kids are a great support and jump in the water to help any younger kids that may need an extra boost.

Clermont Golf Club

East Street, CLERMONT QLD 4721

P (07) 4983 1163

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

Clermont Men's Shed Clermont Mens Shed

25 Power House Lane, CLERMONT QLD 4721

E 4721cms@gmail.com

P 0428 775 531

To set up a practical space, a shed, to provide a local, informal location where the men of our community can spend time engaged in manual crafts.

Clermont Men's Shed Clermont Mens Shed

25 Power House Lane, CLERMONT QLD 4721

E 4721cms@gmail.com

P 0428 775 531

Our intention is to set up a practical space, a shed, to provide a local, informal location where the men of our community can spend time engaged in manual crafts such as woodworking, metal working, gardening or the restoration of old furniture. The projects will be driven by the group.

Clermont Pony Club

Collins Street, CLERMONT QLD 4721

E clermontpc@yahoo.com

W ponyclubqld.com.au

P 0427 963 366

The Clermont Pony Club

Clermont Rodeo And Show Society Clermont Show and Rodeo Society

Collins Street, CLERMONT QLD 4721

E admin@clermontshow.com.au

W clermontshow.com.au

P (07) 4983 3023

The Clermont Show Committee are a group of local enthusiasts who work all year round to bring the Isaac Region its only Agricultural Show in the area. The Clermont Show - The Isaac Region's Show is held annually in May and brings together the many different industries and businesses within the region for three days of celebration, entertainment and family fun.

Cricket Junior

E clermontjuniorbulls@gmail.com

W mycricket.cricket.com.au

P 0437 630 414

Clermont Junior Cricket Association promotes and participates in the Central Highlands Cricket competition in Under 11s, 13s and 16s.

Cricket Senior

35 Mimosa St, CLERMONT QLD 4721

E clermontseniorbullscricket@gmail.com

W mycricket.cricket.com.au

P 0419 619 085

The Clermont Bulls are a local team that plays in the 40 over Saturday competition in the Central Highlands. They have been very successful over the last 20 years particularly, playing in all but a few GF and winning around 15 titles.

Keep Fit Mackay

E barbwhitfieldqkfa@yahoo.com.au

W qkfa.blogspot.com

P 0419 656 933

Provides professional, effective, safe & simple exercise classes and or 1 on 1 programs for a wide range of people, water based and land based, Aqua Fitness, Yoga, Meditation, Gentle movement to improve your health and wellbeing, Workshops and sessions for breathing for stress & anxiety reduction.

Middlemount Community Gardeners

E mcgardeners@outlook.com

The community garden will provide a safe and sustainable space where all residents and visitors can participate in recreational activities to engage with nature and each other to foster greater physical and mental health and wellbeing.

Monsonic Lodge/ Freemasons

1 Karmoo Street, CLERMONT QLD 4721

E grandsecretary@uglq.org.au

W uglq.org.au

Freemasons are a diverse group of men from all walks of life, from many religions and many backgrounds.

Moranbah Rugby League Football Club

Mills Avenue, MORANBAH QLD 4744

P (07) 4941 7044

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

Nebo Community Sports and Recreation Club

Corner of Oxford Street & Trimmer Street,
NEBO QLD 4742

E nebocommunitysportandrecclub@outlook.com

P (07) 4950 5174

The Nebo Bowls Club is a family friendly club offering beautiful home-style meals at affordable prices. It is a great place to relax and unwind after a long week. Currently open on Friday nights from 4:30pm until close.

PIONEER VALLEY TOURISM and DEVELOPMENT ASSOCIATION INC

E pvttda@pioneervalley.com.au

P (07) 4954 4299

The Association operates Melba House Explore Centre which is an nationally accredited visitor information centre operated by volunteers. We also have a display featuring Dame Nellie Melba memorabilia, a local craft shop and house Vintage Kiss Cafe. We operate our service 9am to 3pm, Pi7 days a week.

QCWA Clermont Branch

28 Sirius Street, CLERMONT QLD 4721

E cwacclermont@gmail.com

W qcwa.org.au

The Queensland Country Womens Association is a community based organisation of women, joined in friendship with a desire to help others. Meetings are held the first Wednesday of every month. Meetings start at 11am followed by a light lunch. Everyone is welcome to attend!

Qld Railway Institute - Coppabella

Goldston Street, COPPABELLA QLD 4741

P (07) 4958 0143

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

St Lawrence and Dist Bowls Club

Railway Parade, ST LAWRENCE QLD 4707

P 0435 079 854

Community clubs are not-for-profit, membership-based and community-orientated association of people. They are established by people with common interests to pursue and promote those interests. There are approximately 1,400 community clubs operating in Queensland and together, they hold 3.

Theresa Creek Power Boat And Ski Club

E theresacreekskiclub@gmail.com

P 0427 028 863

Theresa Creek Ski Club is a Club focused on creating a fun environment for families to come together and ski at Theresa Creek Dam in Clermont, Central Queensland.

SES, Rural Fire, Lifesavers, Search & Rescue

Royal Life Saving Society Queensland Inc.

E admin@rlssq.com.au

W rlssq.com.au

P (07) 3823 2823

The Royal Life Saving Society Queensland Inc. provides training in CPR, First Aid, Bronze Medallion and Pool Lifeguard. They are the first step in attaining employment in the aquatic industry.

Crisis & Emergency Services

Abuse & Assault Services

Full Stop Australia

W fullstop.org.au

P 1800 424 017

Full Stop Australia offers free confidential, trauma specialist counselling for people of all genders who are impacted by violence and abuse, as well as their friends, colleagues and family members.

National Disability Abuse and Neglect Hotline

E hotline@workfocus.com

W jobaccess.gov.au

P 1800 880 052

Hotline to report concerns about abuse or neglect of a person with a disability.

Crisis & Emergency Accommodation

Emergency and Long Term Accommodation in Moranbah Inc (ELAM)

2 Appleton Street, MORANBAH QLD 4744

E admin@elaminc.com.au

W elammoranbah.com

P (07) 4941 5602

ELAM Inc seeks to assist individuals and families in Moranbah and district who are homeless, or in crisis and at imminent risk of homelessness, to achieve the maximum possible degree of self reliance

Crisis Counselling & Intervention Services

Domestic and Family Violence Mensline

E mail@dvconnect.org

W dvconnect.org

P 1800 600 636

Mensline is a free, confidential telephone, counselling, referral and support service especially set up for men.

Domestic and Family Violence Womensline

E mail@dvconnect.org

W dvconnect.org

P 1800 811 811

Telephone counselling and refuge referral 24/7 Queensland wide DVConnect, Womensline.

Family Drug Support Australia

W fds.org.au

P 1300 368 186

Information, help and support for families affected by drug use.

Lifeline - National phone service

W lifeline.org.au

P 13 11 14

Lifeline connects people with care by providing Crisis Support; Suicide Prevention; Mental Health Support.

National Cannabis Prevention and Information Centre

P 1800 304 050

The Helpline is a confidential information and support line for cannabis users and friends and family who are concerned about cannabis use by those close to them. . We provide counselling, information and referrals that will assist you in your current situation. We will link you to the most appropriate support services and resources for your situation in your area.

Needle Clean Up Helpline

E info@thealbioncentre.org.au

P 1800 633 353

24 hour phone safe needle disposal advice.

Parents Beyond Breakup

E enquiries@parentsbeyondbreakup.com

W parentsbeyondbreakup.com

P 1300 853 437

Helping parents deal with the trauma of separation; a major cause of suicide in Australia. Support is available by phone, LiveChat & email & website.

Suicide Call Back - National Phone Service

W suicidecallbackservice.org.au

P 1300 659 467

The Suicide Call Back Service is a 24-hour, nationwide service that provides telephone and online counselling to people 15 years and over who fit one of the following categories: People who are suicidal, people who are caring for someone who is suicidal, people bereaved by suicide or health professionals supporting people affected by suicide.

General Crisis and Emergency Services

Police Link

W police.qld.gov.au

P 13 14 44

Every day the Queensland Police Service, your police service, works tirelessly to ensure the safety and security of the community.

Team Rubicon Australia

E info@disasterreliefaus.org

W disasterreliefaus.org

P (02) 8815 8113

Team Rubicon Australia unites the skills and experiences of Australian Defence Force veterans with first responders to rapidly deploy emergency response teams around the globe.

Welfare Assistance & Support Services

Centrelink Access Point - Glenden

Shop 14 Post office, 166 Ewan Drive,
GLENDEN QLD 4743

W servicesaustralia.gov.au

P 13 24 68

Access Points provide free self-help facilities where customers can conduct their government-related business including information products and forms, access to a telephone to call the department, Medicare claiming facilities and a fax/photocopier. Access Point staff can also sight and photocopy Proof of Identity documents for Centrelink.

Cultural and Migrant Services

General Cultural Groups

Mackay and District Australian South Sea Islander Association Inc (MADASSIA)

E madassiamky@gmail.com

To establish a distinct Australian South Sea Island (ASSI) cultural landscape in our community that honours our heritage, pays utmost respect to our ancestors and one that best represents the custom and culture intrinsically linked with Mackay region. We respectfully extend our support to Aboriginal and Torres Strait Islander groups and individuals.

Sager Consultants

E Info@sagerconsultants.com

P 0413 098 571

Torres Strait Islander Organisation providing culturally appropriate and language specific training, resources and community development and engagement. Open every day 9am-4pm.

Tamil Association Queensland Inc

E nahila99@optusnet.com.au

P 0432 168 310

General Information about community members, worships places and governemnt and council support servcies information are provided.

Migrant Services

National Resource Centre For Migrant Empowerment

E enquiries@nationalresourcecentre.org.au

W nationalresourcecentre.org.au

P 0478 054 020

NRCME is dedicated to improving the lives of vulnerable and precarious immigrants, with a focus on newly arrived immigrants in Australia. We offer an extensive set of services, community organization, and leadership development programs. Including job seeking support, acquiring safe and affordable housing, education and legal aid, health advice, and demonstrating services.

Disability Services

Carer Information

Hinterland Community Care - Dysart

12 Murphy Street, DYSART QLD 4745

E admin@hinterland.net.au

P (07) 4958 2116

Hinterland Community Care provides local transport with a small fee for clients. Hinterland Community care provides transport for medical or specialists appointments using Patient Transport Subsidy Scheme with a small fee

Kindship

E hello@kindship.co

W kindship.com.au

Kindship is a free digital social network for parents raising children with disabilities and specific needs. Meet, chat, and learn from like-minded parents on similar journeys. Download the Kindship app from the App and Google Play stores.

People With Disability Australia - Qantas Carer Concession Card

E qccc@pwd.org.au

W pwd.org.au

P 1800 806 769

Qantas Carer Concession Card is issued to people with significant support requirements who through a physical, sensory, intellectual, cognitive or psychosocial disability are unable to travel on the aircraft without the full time assistance of a carer. A person is eligible if they need to have one-on-one support when seated on the aircraft for assistance. <http://pwd.org.au/services/qantas-card/>

Disability Accommodation Services

Queensland Disability Housing Coalition

P (07) 3391 3433

QDHC provides information about housing options available to people with a disability, but it is not a housing provider.

Vera Living

E jade.hayward@veraliving.com.au

W veraliving.com.au

P 0480 546 642

Vera Living are a luxury Specialist Disability Accommodation provider. Our friendly team are here to support you with every part of your SDA journey. From providing advice, to finding your home, helping you move and giving ongoing support in your Vera home, we are here throughout. Contact us to start your journey to luxury SDA today.

Disability Information & Counselling

NDIS Plan Management

E info@completemoney.com.au

W completemoney.au

P 1300 161 489

At Complete Money Management we are your local NDIS Plan Manager, we are a registered provider who is here to assist in all your plan budget needs and to help you navigate the complex system.

Limbs 4 Life

E info@limbs4life.org.au

W limbs4life.org.au

P 1300 782 231

Limbs 4 Life is the peak body for amputees in Australia and was founded as an incorporated charity in 2004. Limbs 4 Life provides services to thousands of amputees and their care givers, who rely on the programs and services for assistance prior to, or after a limb amputation.

My Virtual Support Coordinator

E info@myvirtualsc.com.au

W myvirtualsc.com.au

P (03) 9077 1448

My Virtual Support Coordinator works as an online service provider. Our mission is to change the way Support Coordination is managed by creating a simple, clear and manageable plan for NDIS Participants. No travel costs. Direct access to online tools. Simple billing options to suit your needs. Access to experienced staff.

Queenslanders with Disability Network

E qdn@qdn.org.au

W qdn.org.au

P (07) 3252 8566

Queenslanders with Disability Network is an organisation of, for, and with people with disability. Our motto is "nothing about us without us."

Therapy Connect

E clientservices@therapyconnect.com.au

W therapyconnect.com.au

P 1300 757 806

Therapy Connect provides flexible, person-centred allied health supports via telepractice for people who experience disability or delay in development that affects their participation at home, in the community, in childcare, education or the workplace.

Your Story Disability Legal Support

E yourstorydisability@legalaid.qld.gov.au

W yourstorydisabilitylegal.org.au

P 1800 771 800

Your Story Disability Legal Support empowers people with disability to safely share their story with the Disability Royal Commission and connect with local support services. We work in partnership with communities to deliver a person centred, trauma-informed and culturally safe legal service.

Disability Respite and Activity Centres

Yadah Care Services

W yadahcareservices.com.au

P 0466 986 761

General Disability Services, Respite Care, Disability services for SIL and MTA under the NDIS. Open from 8am -4pm.

Yumba Bimbi Support Services - Day Programs

E admin@yumbabimbi.com.au

W yumbabimbi.com.au

P (07) 4987 7933

Yumba Bimbi Support Services offers various day programs for our NDIS participants which enables each individual to reach their NDIS goals.

General Disability Services

Aaa Disability Services

E abelstaff@outlook.com

W abelstaff.com.au

P 0439 084 508

Established to provide participants and their families with a model of care that involves all stakeholders in the decision-making. ABEL has been successful in implementing this service model supporting participants in their community. Providing an extensive range of disability services for NDIS participants and their families in the Mackay region.

Ability Consultants

E info@abilityconsultants.com.au

W abilityconsultants.com.au

P 1300 694 625

We create freedom and social connection for people with disability through easy access to Positive Behaviour Support. We support NDIS participants throughout Australia, including Sydney, Brisbane, Melbourne, Perth, Adelaide, Hobart and regional Australia.

Acorn Stairlifts - All Queensland

E adoherty@acornstairlifts.com.au

W acornstairlifts.com.au

P 1800 158 676

An Acorn Stairlift gives you a safe, comfortable and simple way to get up and down your stairs. Each Acorn Stairlift is tailor-made to suit your individual home and lifestyle. Suitable for Permanently Injured, Aged, Disabled, Adults and Children. If stairs are difficult - we can assist. Stay in your home, your community, with your adored carers. Available under NDIS, My Aged Care, CHSP, DVA.

Aussie Ergonomics - Mackay

E info@aussieergonomics.com.au

W aussieergonomics.com.au

P 0412 317 903

Aussie Ergonomics provides customized seating solutions for wheelchair users. Our services include assessment, patient and wheelchair measurement, manufacture and integration of customized cushions and seatbacks to optimize seating comfort and prevent pressure sores. We are a fully NDIS registered provider.

Aussie Life Care Australia

E connect@aussielifecare.com.au

W aussielifecare.com.au

P 1800 252 435

ALC provides a wide range of disability services. The prime aim of our service to make positive impact to the people who lives with disability. With the help of ALC, the participants can achieve better quality of daily life by improving their social skills through community participation.

Boomaroo Plan Management

E admin@boomarooplans.com.au

W boomarooplans.com.au

P 0492 853 012

Assisting Others Inspires Us We ensure your needs and preferences are understood and respected whilst managing the quick processing of payments so that your Service Providers can focus on YOU! We make you our Sole focus and assist you in embarking on your NDIS Journey and are always happy to answer any of your questions. Give Boomaroo Plans a call today !

Capital Guardians Plan Management

W capitalguardians.com

P (03) 9008 9992

Capital Guardians is a Plan Manager throughout Australia.

Care Squared

E info@caresquared.com.au

W caresquared.com.au

P 1300 632 639

Allied Health Supports, Employment Supports and Group Therapies

Clermont Country Care

19 Sirius Street, CLERMONT QLD 4721

E alec@clermontcountrycare.com.au

P 0477 784 441

We are a registered NDIS provider who understands that every remote community is different and if we build up and support locals to provide those services wherever possible, then the community will have sustainable services which do not rely exclusively on outreach from the bigger towns and cities.

Complex Support Coordination

E sam@complexsupport.com.au

W complexsupport.com.au

P (08) 9467 7333

High quality, results oriented NDIS Support Coordination and Psychosocial Recovery Coaching services. I get the NDIS to work for you!

Confidence Club

W confidenceclub.com.au

P 1800 861 199

Australian-owned NDIS approved direct supplier of products for managing incontinence - and an award winning customer support team. We have bladder leakage pads, pull-up pants and nappies for youth and adult that are more sustainably made in our European factories, perform reliably and great value. Trusted by many thousands of Australians for fast and discreet delivery to their doors everywhere.

Disability Enquiry Hotline

E disability@online.telstra.com.au

W telstra.com.au

P 1800 068 424

Telstra Disability Services Centre offers a free advisory service for persons who have difficulty using their telephone, such as difficulties hearing the telephone ring, hearing the caller, holding the receiver, voice projection or reading the dial.

Disability Health Support Australia

E dorothy@disabilityhealthsupport.com.au

W disabilityhealthsupport.com.au

Excellent medical and hospital care are everyone's right. NDIS, mental health and aged patients often find that their disability means they experience problems getting the healthcare they need. We case manage your healthcare.

National Disability Health Support Australia

E dorothy@disabilityhealthsupport.com.au

W disabilityhealthsupport.com.au

P 0421 011 430

Support for NDIS participants whose health or healthcare is limiting their independence or capacity.

Personal Care (Disability Service Provider)

E prakash@dtccare.com.au

W dtccare.com.au

P 0426 803 524

Core Supports that enable participants to complete activities of daily living. We assist participants by assisting them to achieve their goal of completing daily personal activities, and Assistance with Travel/Transport Arrangements. Assistance in participation in community, social and civic activities.

Epilepsy Action Australia

E epilepsy@epilepsy.org.au

W epilepsy.org.au

P 1300 374 537

Epilepsy Action Australia provides support, information and innovative services to those living with and affected by epilepsy across Australia. We offer world-class education and support services nationally, with a determined commitment to deliver equitable and consistent services to all Australians regardless of where they live.

Grow Your Impact

E growyourimpact@outlook.com

W meaningfulbehaviour.com

P 0432 315 939

Registered NDIS Provider of Positive Behaviour Support for people with behaviours of concern. Services are available from Brisbane to Far North Queensland and the Northern Territory and include positive behaviour support plan creation and implementation for NDIS participants and clients of residential aged care.

HiCom Care - NDIS Plan Manager

E Admin@hicomcare.com.au

W hicomcare.com.au

P 0480 305 919

HiCom Care is Australia's most dynamic NDIS registered Financial Plan Management service provider for people from CALD backgrounds. We are an enthusiastic, young, and friendly team passionate about delivering A-Grade services to our clients nationwide. We handle the day-to-day financial tasks that come with our participants' plans and help them to keep track of their funding balance.

Holistic Home Care - Caring with Compassion

E info@holistichomecare.com.au

W holistichomecare.com.au

P 1300 942 008

Holistic Home Care is a registered NDIS provider which means you can use your NDIS funding to access your services and supports from us. We listen to you, allow you to have more choice and control and provide flexible care. Our main goal is to maintain independence and enhancement of well-being

I Hate Cooking

E info@ih8cooking.com.au

W ih8cooking.com.au

P 0410 526 477

As an NDIS registered provider around the country, we are proud to be able to provide a viable option to the many food delivery services available to participants. Our cooks are chosen because they have a heart to serve in the community. We look forward to making healthy nutritious food in your kitchen

NDIS Kickstart your plan

E support@ndism.com.au

W ndism.com.au

P 1800 954 559

Working with ISM, we can help you Kickstart Your Plan and your NDIS journey so you get the most out of your funding.

NDIS Plan Management

E mailbn@justbettercare.com

W justbettercare.com

P (07) 3056 0777

Local & Collaborative Plan Management - choosing Just Better Care Brisbane North & CBD as your NDIS Plan Manager can save you hours of time and endless admin. We help manage your funding found in your NDIS plan and pay service providers who give you supports.

Leap In! Australia (National Service)

E crew@leapin.com.au

W leapin.com.au

P 1300 057 878

A Not-For-Profit financial intermediary service that provides both participants and disability supports providers with a wide range of additional benefits and support.

Manage It

E info@manageit.com.au

W manageit.com.au

P (08) 9380 0271

We provide specialist services and innovative online tools for the management of individualised funding in the disability, community, and mental health care sectors.

Me Plus More

E hello@meplusmore.com.au

W meplusmore.com.au

P 0405 905 610

Me Plus More is an online platform specifically designed to inspire and empower people with intellectual disability or cognitive impairment to take those much-needed steps towards reaching their goals and independence. It has been designed in both English and easy read English to gives members the tools and resources to assist in learning independent living skills.

Multicap

E customerservice@multicap.org.au

W multicap.org.au

P 1300 135 886

Multicap is a not-for-profit organisation supporting individuals of all ages living with disability. Operating for almost 60 years, Multicap is one of the most highly regarded disability service providers in Queensland and northern New South Wales offering individual and group day programs, supported employment, short-term accommodation (respite), social support and much more.

My Mobile Plan Manager

E mymobileplanmanager@gmail.com

P 1800 519 716

Registered NDIS Plan Management Service Provider and Fellow Certified Practising Accounting (FCPA) with over 25 years experience in accounting and bookkeeping to assist participants with managing their NDIS funds.

My Plan Assist

E info@myplanassist.com.au

W myplanassist.com.au

P (07) 5641 2277

The simple solution to managing your NDIS Funding. My Plan Assist is a registered provider of plan management services for children, young people & adults with disabilities under the NDIS. They offer caring & personalised support to simplify NDIS plan management, offering more flexibility and control with less stress. Get the support you need so you have more time to focus on your NDIS goals.

My Plan Manager

E enquiry@myplanmanager.com.au

W myplanmanager.com.au

P 1800 934 170

My Plan Manager is Australia's largest plan management service – we take the stress out of the NDIS. We can process your NDIS invoices, reduce time-consuming paperwork, and support you to quickly and simply track your NDIS plan spending. We can also work with you to maximise your NDIS plan and ensure it includes the important items that really make a difference to achieving your goals.

MyCareSpace

W mycarespace.com.au

P 1300 288 893

An online connections service helping NDIS participants to connect with verified local service providers with immediate appointments available.

MyIntegra Plan Management - QLD

E engagement@myintegra.com.au

W myintegra.com.au

P 1800 696 347

Let us guide you on your NDIS journey with plan management in Queensland (QLD) • Pay providers fast • Claim funds from NDIA • Track your budget online, 24/7 • Advice to maximise your plan • Choice and control • Reserve funds for chosen providers • Quick online sign up • Registered Plan Manager

MyIntegra Support Coordination - QLD

E enquiries@myintegra.com.au

W myintegra.com.au

P 1300 937 187

Get value from your NDIS plan with expert help to connect you with local supports in Queensland (QLD) • Help to understand your plan • Registered Support Coordinator • Build your independence • All levels of disability including complex needs • Prepare for plan reviews • Navigate the NDIS

National Relay Disability Phone Service

E helpdesk@relayservice.com.au

W accesshub.gov.au

P 1800 555 660

The National Relay Service is a national telephone system for people who have difficulty hearing or speaking on a regular telephone. Information, training and referral is available locally or via the

NDSP Plan Managers - QLD

E info@ndsp.com.au

W ndsp.com.au

P 1800 636 377

As an NDIS Plan Manager we assist you on your NDIS journey by paying your supports to providers from your NDIS funds. NDSP allows you to live your life while we manage your claims, payments and administration of your NDIS budget.

Nurse Next Door Mackay

E mackay@nursenextdoor.com.au

P 1300 014 247

Nurse Next Door is Passionate about Happier Aging and Making Lives better. We offer a holistic approach to a range of services from companionship to 24/7 nursing care. We'll work with you to create a personalised Care Plan based on your needs. We are Qualified, Screened, Insured. We service Private Pay, My Aged Care and NDIS plan and self managed packages in Mackay, Isaac and Whitsunday region.

Oak Tree Alliance Support Coordination and Specialist Support Coordination

E admin@oaktreealliance.com.au

W oaktreealliance.com.au

P 0498 498 405

Oak Tree Alliance offers expert support coordination services, ensuring seamless access to NDIS support. Our specialists empower individuals with tailored plans, advocate for their needs, and enhance overall well-being. Trust us to navigate the complexities and optimize your NDIS journey.

Pacify Plan Management

E hello@pacify.com.au

W pacify.com.au

P 1800 959 344

Pacify Plan Management is registered by the NDIS to provide plan management services to participants Australia-wide.

NDIS Plan Management

W pathwaystocare.com.au

P 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you. We love getting to know you to help you achieve your goals and connect you to your community!

Peak Plan Management

E info@peakplan.com.au

W peakplanmanagement.com.au

P 1300 732 324

We offer you the assistance of a team of experienced accountants and NDIS experts to help you maximise the value of your plan whilst removing the stress and administrative burden. All with the benefit of a local person you can talk to anytime who knows your personal story and is focused on helping you maintain choice and control.

Plan Partners

E rollie.pontigon@planpartners.com.au

W planpartners.com.au

As Australia's leading provider of services that support NDIS participants, we will maintain our passion and commitment to helping people with disabilities to get the most out of their NDIS plans and realise their goals in life. Lives will be changed because of the services we provide.

Plan Partners - QLD

E info@planpartners.com.au

W planpartners.com.au

P 1300 333 700

Plan Partners assist people navigate accessing NDIS, pre-planning for NDIS Meeting, community education, Plan Management and Support Coordination.

Provider Choice Plan Management

E hello@providerchoice.com.au

W providerchoice.com.au

P 1300 776 246

With all your NDIS in the one place, you can achieve your goals, budget easily, and take control of your plan.

Queensland Support Services and Solutions

E admin@qsss.com.au

W qsss.com.au

P (07) 5543 6757

Promoting Independence and Quality of Life by Providing In-Home and Community based supports to people with physical disabilities throughout Qld QSSS provides its In-Home and Community Access supports to people who have a physical disability from ages 10 - 100 and registered with the National Disability Insurance Scheme (NDIS)

Recovery Plus Support

E referral@recoveryplussupport.com.au

W recoveryplussupport.com.au

P 1800 512 281

Recovery Plus Support is a registered NDIS provider specialising in services for participants with a Psychosocial Disability. We are best known for our Recovery Coaching service and also specialise in: - Social and Community Participation - Support Coordination - Capacity Building - In-home Care We are an Australian company and provide our services Australia-wide.

Reel Keen Powerchair Fishing

E robert@reelkeen.com

W reelkeen.com

P 0418 128 749

NDIS registered suppliers of Power Wheelchair fishing rod holders and camera attachments. Turn Your Power Wheelchair into a game fishing chair, in just minutes !!!

Shine Home Support

E admin@shinehomesupport.com.au

W shinehomesupport.com.au

P 0420 282 832

Shine Home Support offers tailored Level 1 and Level 2 NDIS Support Coordination to Self and Plan Managed NDIS Participants

Sky Plan Management

E info@skyplanmanagement.com.au

W skyplanmanagement.com.au

P 1300 103 787

Are you looking for a highly responsive and personalised service from your NDIS Plan Manager? We offer a budget Dashboard for real-time info on your budget balances, quick and accurate payments to your providers, and our friendly team are highly responsive to your queries. Call us today on 1300 103 787.

Specialised Plan Management

E Intake@specialisedplanmanagement.com.au

W specialisedplanmanagement.com.au

P (07) 3317 8344

Specialised Plan Management aim to take the financial burden of managing the payment and the necessary tracking of Plan Management Expenses against the NDIS budget. Simply put "It's like having a book keeper for your NDIS Plan". We not only have the financial accounting experience but can also draw upon over 20 years of experience within the Disability Sector.

Tailored Lifestyle Connections - Cannonvale

E admin@tlconnections.com.au

W tlconnections.com.au

P (07) 4957 3950

We are a NDIS registered provider! Tailored Lifestyle Connections can provide multiple services in relation to your NDIS plan including Plan Management, Support Coordination, Daily Activities, Community Access & MORE!

The Aquaponics Lady

E ask@theaquaponicslady.com

W theaquaponicslady.com

Empowering independence for those living with disabilities with an interest in gardening and fish, where you don't need to dig. This online, self paced program created by an NDIS participant with lived experience with autism, PTSD and anxiety for other participants to improve life skills and build capacity in your own safe space. Develop your skills at your own pace. Self & plan managed

The Aussie Hands Foundation Inc - Melbourne

E info@aussiehands.org

W aussiehands.org

Aussie Hands (ii) supports children and adults who have been born with a hand difference or have an acquired hand injury; (ii) provides opportunities for networking and exchange of information; and (iii) supports research initiatives focussing on hand differences

The Good Meal Co

E agedcare@goodmeal.com.au

W goodmeal.com.au

P 1800 155 255

The Good Meal Co is dedicated to spreading the joy of food across Australia to those in need of the tastiest care meals, home delivered so they can eat, feel and live better.

The Happy Giraffe

E claire@thehappygiraffe.com.au

W thehappygiraffe.com.au

P 0409 026 230

* Offers a wide range of Sensory Products - Autism, ADHD, Sensory Processing, Anxiety.... * A safe space for people to look, touch and feel products to suit their sensory needs. * Committed to supporting our Neurodivergent and wider Community

The Kids Coach - National

W thekidscoach.tv

P 0478 437 368

The Kids Coach is an on-demand channel developed by an Occupational Therapist and Personal Trainer to get your child up and moving with fun, regular fitness programming in the comfort of your own home.

Thinkwise Disability

P 0478 254 112

THINKWISE Disability offers valuable disability support services all across Australia. Our mission is to empower people with disability and long-term health conditions to unlock their potential through engagement, education and employment to become self-sufficient and participate in their communities.

Unique Quality Care

E admin@uniquequalitycare.com

P (07) 4972 3300

Unique Quality Care offers affordable, tailored support for people with disabilities

UnitingCare (PiTC) - West Mackay

E pitc.ecei.mackay@ndis.gov.au

W unitingcareqld.com.au

P 0448 011 565

Mackay early childhood partner to the NDIS for Mackay, Whitsunday and Isaac regions. We deliver the early childhood approach for children younger than 9 years with disability and children younger than 6 years with developmental concerns or delay, to obtain early intervention services and possible access to the NDIS. We support families to connect to mainstream and community services.

UnitingCare (PiTC) - West Mackay

E pitc.ecei.mackay@ndis.gov.au

W unitingcareqld.com.au

P 0448 011 565

UnitingCare are the Partner in the Community (PiTC) to the NDIS and deliver the early childhood approach to children under 9 years of age. We support children and their families under 6 years with developmental delays or concerns, and children and their families under 9 years with disability.

XYX Syndrome Association of Australia Inc.

E xyxaustralia@gmail.com

W xyxaustralia.org

P 0427 064 157

Mission Creating awareness for XYX Syndrome by obtaining and providing the latest research for XYX families and the community. Networking with government services, medical specialists, general practitioners and educators to create a better understanding for XYX Syndrome. Our focus is helping the community have a positive understanding of XYX Syndrome and give support to those who need it.

Standard and High Intensity Level Support Worker Services - In Home

E info@youfirstservices.com.au

W youfirstservices.com.au

P 1300 525 656

Standard & High Intensity Level Support Worker Services - In Home

Your Plan Manager

E plan@ypm.com.au

W yourplanmanager.com.au

P 1800 968 775

We provide Registered NDIS Plan Management Services Australia-wide. Our passion is offering you, your family, carers and providers with an access to expert and personal advice for the life of your NDIS plan.

Education

Adult Education

Australian Training Institute

E admin@atiaustralia.edu.au

W atiaustralia.edu.au

P (07) 3269 5005

The "Australian Training Institute (ATI) Pty Ltd" specialises in First Aid; Security; Working at Heights/Confined Space; Safety (WHS); Fire; Mining; and Business. Our honesty, integrity and professionalism along with our broad expertise and technical training have positioned the company as one of the top providers in Australia.

Mental Health First Aid Training

E futuretraining4u@gmail.com

W stepbystep.training

P 0488 171 500

Mental Health First Aid - Training - Support - Fully Accredited & Professional Courses - Available to suit Individuals, Groups, Organisations, Companies, Government Departments, Military & Civil Emergency Agencies, Business Management & Employees, Volunteers.

Lifelong Learning Council Queensland

E secretary@llcq.org

P (07) 3844 8400

Lifelong Learning Council Queensland supports and promotes Adult Community Education across Queensland and offers professional development for ACE providers, adult educators, tutors, mentors, coordinators, etc.

Parentshop

E info@parentshop.com.au

W parentshop.com.au

P (02) 6680 8910

At Parentshop we provide challenging, engaging and action-based professional development and training events that deliver effective behaviour change solutions for all ages. We guide and support professionals and parents through the provision of training to parents, school staff, community sector employees and child and family specialists in behaviour management and managing childhood anxiety.

Power Learning Pty Ltd

E powerlearning@powerlearning.net.au

P 0437 028 884

Power Learning is able to provide your training and assessment requirements across the mining, construction, civil, rural, community services and business delivered by our professional and experienced trainer assessors with over 60 years combined experience in industry and community to coach and mentor participants on their path to achieving valuable knowledge and skills for the future.

Vocational Education and Training

E powerlearning@powerlearning.net.au

W powerlearning.net.au

P 0437 028 884

Provide vocational education & training at our training venue or in the clients' workplace. Our office is open 7.30am to 4.30pm Monday to Friday.

Suicide Programs Calm Conversations Can Save Lives

E admin@suicideprograms.com.au

W suicideprograms.com.au

P (07) 3077 6536

We offer many evidence based, Australian training programs that empowers you to "have a CALM conversation" about suicide - to reduce stigma, promote help seeking and save lives. Learn face-to-face, virtually or online.

TAFE Open Learning

W tafeqld.edu.au

P 13 12 48

TAFE Queensland's distance and online programs bring you quality short courses that address your immediate needs, whether it be for career progression or, lifestyle enhancement.

General Education Programs

A Team Tuition - HEAD OFFICE

W ateamtuition.com

P (07) 5226 0351

A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

Tutoring North Queensland

W ateamtuition.com

P (07) 4426 1818

No matter where you are across Australia, A Team Tuition can help your child reach their academic goals. A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

Australian Cervical Cancer Foundation

E info@accf.org.au

W accf.org.au

P 1300 727 630

ACCF raises awareness in schools & community groups across Australia through our FREE Cervical Cancer Awareness Program. CCAPs covers HPV and the vaccine, cervical cancer and it's prevention.

Australian School Of Entrepreneurship

E group@ase.edu.au

W ase.edu.au

P 1300 336 095

The ASE Group is a community-led and purpose driven business for good that delivers education, entrepreneurship and employment programs to Australians of all ages.

Balance Minder

E leanne@balanceminder.com.au

P 0428 181 824

Providing training in wellness skills including exercise, healthy eating and financial literacy. Balance Minder aims to provide the tools and support to all Australians to improve their physical, mental and social wellbeing. Deeply grounded in Tai Chi; We offer online and face to face courses which allows participants the opportunity to become the best version of themselves.

be informed.

E beinformedaus@gmail.com

be informed. helps people make good decisions. We offer free Seminars on important topics of interest so people are educated with information about what matters to them.

Cand K Daycare

11 Hetherington Street, CLERMONT QLD 4721

E clermont@candk.asn.au

W candk.asn.au

P (07) 4983 2027

Our kindergarten and childcare centres offer both indoor and outdoor areas for learning where children are encouraged to actively engage through play-based experiences. C&K creates environments where children feel happy and secure whilst having the freedom to express themselves.

Capricornia Catchments

E jwhiting@capcatchments.org.au

W capcatchments.org.au

P (07) 4921 0573

Capricornia Catchments works within CQ to deliver natural resource management & community wellness solutions that improve environmental outcomes, landscape productivity, community connectedness and wellbeing. We link with Local businesses, horticultural & agricultural producers, industry representatives, community groups, conservation organisations, all levels of government and more!

Central Queensland University - Rockhampton North

W cqu.edu.au

P (07) 4930 9000

CQUniversity Rockhampton North is the university's main campus and administrative centre providing a service community for the largely rural Central Queensland region

Education Queensland Early Childhood Development Program

E eap@qed.qld.gov.au

W education.qld.gov.au

P (07) 3634 0539

ECDPs aim to support children's early learning and help develop valuable skills children need to be successful learners now and as they transition to school. For more information about accessing an ECDP, contact your local Department of Education regional office or your local ECDP.

Emmaus Correspondence School

E office@ecsaustr.com.au

W emmausqld.org

P (07) 4635 7227

ECS Ministries is part of the world-wide Emmaus Correspondence School that is evangelical, non-denominational in outreach, which provides correspondence Bible study courses published for the purpose of encouraging and enlightening people of all ages.

FORTRESS LEARNING

E info@fortresslearning.com.au

W fortresslearning.edu.au

P 1300 141 994

Fortress Learning is one of Australia's premier RTOs, delivering nationally accredited courses in both Training & Assessment and Business. Learning team can help.

Pathways to Resilience Trust

E info@pathwaystoresilience.org

W pathwaystoresilience.org

P (07) 3169 2400

Social and Emotional Learning Education

Power Learning Pty Ltd

E powerlearning@powerlearning.net.au

P 0437 028 884

Vocational Competency training for the workplace delivered either externally or internally

Queensland Fire And Rescue Service

E QFESenquiries@qfes.qld.gov.au

W qfes.qld.gov.au

P (07) 3635 1949

The Fight Fire Fascination (FFF) program is an initiative of Queensland Fire and Emergency Services designed to support parents and guardians with their efforts to educate their children about fire.

RCS

E info@rcsaustralia.com.au

W rcsaustralia.com.au

P (07) 4939 5255

Provides funded and fee-based agricultural training programs, community information and advisory services specialising in farm, business and people management for the agricultural industry.

Stroke Foundation: StrokeSafe Volunteer Speaker Program

E strokesafe@strokefoundation.com.au

W strokefoundation.org.au

P (03) 9670 1000

Our StrokeSafe volunteer speakers are trained in public speaking and experienced in delivering life-saving messages about stroke. Our volunteers cover a range of issues that will help your organisation or group better understand stroke and how it can be prevented including; what a stroke is, how to recognise the signs of stroke, what to do if someone is having a stroke, how to prevent stroke.

Substance Abuse and Mental Health (Dual Diagnosis) Training

E george@dualdiagnosistraining.com.au

W dualdiagnosistraining.com.au

P 0408 332 765

George Patriki provides both LIVE and ONLINE training for all people, including professional development for the health care, welfare and social service industries on the Gold Coast, throughout Australia and the globe... We also offers free and subsidised services to the general public; Free family support;
<https://www.dualdiagnosistraining.com.au/family-support/>

Tenancy Skills Institute

E info@tenancyskills.com.au

W tenancyskills.com.au

P (07) 3413 6997

The Tenancy Skills Institute aims to create "Tenants of Choice" by equipping communities with the skills and knowledge needed to create solid foundations for successful tenancies. The Tenancy Skills Institute, delivers a competency-based training program which up-skills people who are wanting to rent successfully in the private market. It is available across the entire state of Queensland.

Anger Management and Conflict Resolution Program

E transformationministries@gmail.com

W anger.org.au

P 0408 332 765

Have you experienced problems with anger & rage that has caused harm to yourself and those you love? Anger is a normal human emotion when we feel we are being threatened, or those we love. If you prefer to do the 24/7 ONLINE course, click on the green button on website. If we don't deal with what causes us to get angry, then it turns into rage. Anger Management & Conflict Resolution Program

Walya Productions

W walya.com.au

P 0401 203 654

Walya Productions provides a National Aboriginal Cultural & Community e-learning (online at walya.com.au) course. Walya Productions is registered as an Accredited training organisation with the Royal College of General Practitioners and Supply Nation. The course is low cost and is designed to introduce the broader community to Aboriginal Culture & Community, in an affordable and informative way.

Literacy & Numeracy Programs

Accelerated Learning Tutoring Centre

E info@perthtutor.com.au

W acceleratedlearning.com.au

P (08) 9471 9036

> Tutoring centre providing personalised tuition for maths, physics and chemistry students in school or university. Open 6 days a week. > Small group tutorials or one-to-one tuition available.

Reading Writing Hotline

E enquiries@readingwritinghotline.edu.au

W readingwritinghotline.edu.au

P 1300 655 506

The Hotline is a free anonymous phone referral service for adults wishing to improve their reading writing, maths or computing skills. The Hotline teachers will help callers find appropriate classes or resources to assist them. The Hotline is available to anyone in Australia and is funded by the Commonwealth Department of Education and Training.

Private (Primary and High Schools)

St Joseph's Catholic Primary School - Clermont

50 Box Street, CLERMONT QLD 4721

E sjc@rok.catholic.edu.au

P (07) 4994 8355

St Joseph's Catholic Primary School Clermont provides high quality education for children from Prep to Year Six. Our curriculum is student centered with the aim of stimulating and challenging individuals on their learning journey. Our school promotes a safe and collaborative learning culture, encouraging good working habits in every child.

St Josephs Primary School

50 Box Street, CLERMONT QLD 4721

E sjc@rok.catholic.edu.au

P (07) 4983 1535

St Joseph's Catholic Primary School Clermont provides high quality education for children from Prep to Year Six. Our curriculum is student centered with the aim of stimulating and challenging individuals on their learning journey. Our school promotes a safe and collaborative learning culture, encouraging good working habits in every child.

St Joseph's School (Clermont)

50 Box Street, CLERMONT QLD 4721

W stjosephscclermont.catholic.edu.au

P (07) 4983 1535

A Non-State School for Prep to Grade 7.
Information provided by the Queensland Government Open Data Initiative.

Special Education Programs

ALANNAH and MADELINE FOUNDATION

W alannahandmadeline.org.au

P 1300 720 747

The Alannah & Madeline Foundation is the leading national not-for-profit organisation working to protect children from the effects of violence and bullying.

Moranbah State School Special Education

1A Belyando Avenue, MORANBAH QLD 4744

E principal@moranbahss.eq.edu.au

W moranbahss.eq.edu.au

P (07) 4949 2777

Our Special Education Program (SEP) supports students with disabilities, and assists teachers in the development of their educational programs.

SPELD Qld

E speld@speld.org.au

W speld.org.au

P (07) 3391 7900

The services that Speld Qld Inc provide include an educational advisory and referral service, a library borrowing service, a tutor and assessment service, an assistive technology service, information workshops and seminars for parents, teachers and other professionals and a conference every two years. We promote actively throughout the community an awareness of the impact of specific learning ...

State (Primary and High Schools)

Carmila State School

10 Carmila West Road, CARMILA QLD 4739

E principal@carmilass.eq.edu.au

W carmilass.eq.edu.au

P (07) 4950 2137

Our 4 key behavioural expectations are: Be Respectful, Be Responsible, Be Safe, Be a Learner. The school motto is Education for Life.

Clarke Creek State School

Clarke Creek State School, 43 May Downs Road, CLARKE CREEK QLD 4705

E principal@clarkecreekss.eq.edu.au

W clarkecreekss.eq.edu.au

P (07) 4938 9127

The school serves the cattle grazing community and all children travel to school by bus or car from surrounding properties, some up to 60 km away. Located next to the school is the Clarke Creek Community Hall and the Clarke Creek Campdraft grounds.

Clermont State High School

1 Kitchener Street, CLERMONT QLD 4721

E principal@clermontshs.eq.edu.au

W clermontshs.eq.edu.au

P (07) 4983 4333

Our vision is to provide Learning Excellence in a Rural Setting where 'Every student is succeeding.'

Clermont State School

Hetherington Street, CLERMONT QLD 4721

E admin@clermontss.eq.edu.au

W clermontss.eq.edu.au

P (07) 4983 4222

The staff of our school aim to make your child's period of attendance at our school both happy and educationally rewarding. To achieve this, we look forward to your support and co-operation.

Coppabella State School

Mathieson Street, COPPABELLA QLD 4741

E admin@coppabellss.eq.edu.au

W coppabellss.eq.edu.au

P (07) 4958 0144

Coppabella State School is a close knit family-like community where students are encouraged to reach their full potential in a safe and caring environment. The school has a strong focus on the development of children's literacy and numeracy skills. At Coppabella State School we believe in fostering the development of the whole child through academic, sporting, cultural and artistic endeavours.

Dysart State High School

Edgerley Street, DYSART QLD 4745

E admin@dysartshs.eq.edu.au

W dysartshs.eq.edu.au

P (07) 4941 1888

Dysart SHS is a co-educational public high school in Dysart, Central Queensland, Australia. It delivers education to students from years 7 through to 12. Officially opened on 24th September 1980, it was developed from a secondary department attached to Dysart State School in 1979. The school is committed to providing access to a quality education for young people in the Central Highland.

Dysart State School

Garnham Drive, DYSART QLD 4745

E admin@dysartss.eq.edu.au

W dysartss.eq.edu.au

P (07) 4941 1555

Our school caters for a range of students including those with verified disabilities such as autism, or an intellectual disability. Several students are from non-English speaking and indigenous backgrounds as well as students with high capabilities.

Glenden State School

Gillham Terrace, GLENDEN QLD 4743

E principal@glendenss.eq.edu.au

W glendenss.eq.edu.au

P (07) 4964 2333

Glenden State School prep-12 campus has forged a very strong school community partnership over the past 4 years. As a result educational opportunities for our students have benefited, within the classrooms and through lifelong learning experiences available to them. Collectively, this has provided them with a flying start to their early year's education, through to becoming active members of soc

Kilcummin State School

190 East West Road, KILCUMMIN QLD 4721

E principal@kilcumminss.eq.edu.au

W kilcumminss.eq.edu.au

P (07) 4983 5178

Kilcummin State School strives to provide quality education that assists all students to achieve the best educational outcomes through commitment, co-operation and dedication to becoming a life-long learner.

Middlemount Community School

James Randell Drive, MIDDLEMOUNT QLD 4746

E admin@middlemountcs.eq.edu.au

W middlemountcs.eq.edu.au

P (07) 4981 2333

Middlemount Community School is a state school that provides a quality education in Prep to Year 6, Junior Secondary and Senior Phase.

Mistake Creek State School

6652 Clermont Alpha Road, MISTAKE CREEK QLD 4721

E admin@mistakecreekss.eq.edu.au

W mistakecreekss.eq.edu.au

P (07) 4983 5335

Parents and staff continued to work together to enhance the learning opportunities provided at our school. Each day the students learn and achieve to the best of their ability in their pursuit of excellence. Our school is a happy, safe and stimulating environment.

Moranbah East State School

4 Williams Street, MORANBAH QLD 4744

E office@moranbaeastss.eq.edu.au

W moranbaeastss.eq.edu.au

P (07) 4941 3333

At Moranbah East, we are very proud to offer our students the opportunity to excel in academic, cultural and sporting pursuits.

Moranbah State High School

Mills Avenue, MORANBAH QLD 4744

E principal@moranbahshs.eq.edu.au

W moranbahshs.eq.edu.au

P (07) 4949 2111

Moranbah State High School strives to ensure students entering our gates for the first time feel welcome and supported.

Moranbah State School

1A Belyando Avenue, MORANBAH QLD 4744

E principal@moranbahss.eq.edu.au

W moranbahss.eq.edu.au

P (07) 4949 2777

We believe that a supportive school environment supports student learning and develops the whole child. Our students have access to a range of extra-curricular activities including sport, instrumental music, choir, student performances. Student leaders are elected every year and our student representative council is very active.

Nebo State School

34 Oxford Street, NEBO QLD 4742

E principal@neboss.eq.edu.au

W neboss.eq.edu.au

P (07) 4950 5211

Nebo State School is located 100 kilometres Southwest of Mackay on the Peak Downs Highway, about half way between Mackay and Moranbah. The township services surrounding cattle properties and people who live in and around town. Subsequently the occupations of the townspeople vary from grazier to miner, to council worker.

St Lawrence State School

Macartney Street, ST LAWRENCE QLD 4707

E principal@stlawrencess.eq.edu.au

W stlawrencess.eq.edu.au

P (07) 4956 9134

We believe that every child deserves the right to thrive and we aim to provide that at St Lawrence State School. In the past year we have used school resources to provide our students with swimming lessons from professional trainers, access Little Athletics in Sarina, attend numerous cluster events with our neighbours.

Valkyrie State School

Fitzroy Developmental Road, VALKYRIE QLD 4742

E principal@valkyriess.eq.edu.au

W valkyriess.eq.edu.au

P (07) 4950 7126

Valkyrie State School is a small school which operates as the hub of our local community.

Employment & Training

Disability Employment & Training Services

Pet Cloud

E support@petcloud.com.au

W petcloud.com.au

P 1300 667 785

If NDIS Participants are reliable for bookings they choose to take on, can communicate well, can use a smartphone, can control and care for a pet, then they could potentially become a Pet Sitter through PetCloud. Learn more here:

<https://www.petcloud.com.au/d/blog/ndis-goal-creation-for-pet-lovers/>

Employment Information & Assistance

Jenny Gleeson Coaching and Consulting

E jenny@jennygleeson.com.au

W jennygleeson.com.au

P 0433 884 847

I am a qualified Career Coach and English Teacher. I offer extremely low and cost effective services as I am very community minded and person centred. I also assist Not for Profit organisations with writing tenders, funding applications, business plans plus much more.

General Employment & Training Services

Approach Services

E info@approach-services.com

W approach-services.com

P (08) 6171 3833

Approach Services is a Western Australian business on a mission to shape the way we lead and implement change around the world. We are here to empower communities, organisations and leaders to recover fast from challenges and grow through transformation. Facing change? Talk to us about how we can help you thrive.

Electrician Jobs

P (02) 8005 8225

Electricianjobs.com.au is your online source to find jobs in the Australian Electrical Industry, assisting jobseekers by providing a platform to search and apply directly for the latest jobs or register to receive new job opportunities.?

Fair Work Infoline

W fairwork.gov.au

P 13 13 94

Provide information on awards and agreements including your entitlements as an employee. Also for enquiries re wages and employment conditions in the private sector. Information can still be obtained from the Department of Justice and Attorney-General.

First Aid Course Mackay - Australia Wide First Aid

E info@australiawidefirstaid.com.au

W australiawidefirstaid.com.au

P (07) 3437 7500

First aid training - fully accredited, best price guaranteed, and certification recognised nationally

Learning Network Queensland

W tafeqld.edu.au

P (07) 4632 2188

Learning Network Queensland offers over 200 courses across a wide range of interest areas including computing, book keeping, small business, professional development, Aboriginal and Torres Strait Islander training, languages and more. Mobile delivery is not new to Learning Network Queensland as we successfully deliver vocational programs to rural and remote locations in Queensland.

Neami National - THRIVE

E livingandlearning@neaminational.org.au

W neaminational.org.au

P (07) 3493 6780

THRIVE focuses on improving job readiness and workplace inclusivity for people that experience mental health challenges or psychosocial disability. THRIVE includes a suite of e-learning modules and workshops that guide participants and employers toward inclusive recruitment and inclusive workplace practices. Eligibility: Ages of 18-65; reside in WA, VIC, SA, QLD or NSW;

Queensland Association of School Tuckshops

E chris@qast.org.au

W qast.org.au

P (07) 3324 1511

Queensland Association of School Tuckshops provides Food Safety Supervisor Certificates, tailored to School Canteen Convenors.

TAFE Open Learning

W tafeqld.edu.au

P 13 12 48

TAFE Queensland's distance and online programs bring you quality short courses that address your immediate needs, whether it be for career progression or lifestyle enhancement.

The Salvation Army Employment Plus - Clermont

2 Lime Street, CLERMONT QLD 4721

W employmentplus.com.au

P (07) 4983 3400

AALL Who's Eligible: All Job Seekers. This site provides Outreach services with opening hours as required.

The Salvation Army Employment Plus - Moranbah

Town Square Avenue, MORANBAH QLD 4744

W employmentplus.com.au

P (07) 4987 8500

AALL Who's Eligible: All Job Seekers. This site provides Outreach services with opening hours as required.

U3a Network Queensland

E rhondaj17@bigpond.com

P (07) 4613 6559

U3A provides learning programs including academic, cultural, physical and social. These programs offer stimulation and development to people in their 3rd age.

Youth Employment & Training Services

4RFM Community Radio Station

29 Saint Francis Drive, MORANBAH QLD 4744

E admin@4rfm.com.au

W 4rfm.com.au

P (07) 4941 6811

Established in 1997, Rock FM Association Inc. (trading as 4RFM Community Radio Station) is a non-profit organization which provides a community broadcasting service and youth based radio training programs to the people of Moranbah, Clermont, Nebo, Dysart, Coppabella, surrounding mines site and rural properties.

Environment & Conservation

Environment & Conservation Local History

Clermont Historical Centre

Peak Downs Highway, CLERMONT QLD 4721

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Nestled right on the Gregory Highway, the Clermont Historical Centre offers an opportunity to immerse yourself in the rich and captivating history of a town that has stood for over 150 years! Come and experience the history of the district, from gold rush, to the birth of the 1891 Shearer's Strike.

Nebo Historic Museum

10 Reynolds St, NEBO QLD 4742

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Opened in the early 1980s, the museum is the result of many locals coming together to gather relics and information on the town's past. Nebo has a diverse and interesting history. Payable gold was discovered in 1881 at Mount Britton, and within a few weeks, a bustling township blossomed. Many enterprising people moved to the area and played a large part in the development of the region.

Tuggeranong Homestead

E info@tuggeranonghomestead.com.au

W canberra.homestead.com

P (02) 6292 8888

Provides a heritage-listed homestead on 70 acres. A private secluded venue catering for weddings, functions, conference and training workshops. We are open by prior arranged appointment or function only.

Environmental Action & Conservation

Carmila Waste Management Facility

153 Carmila West Road, CARMILLA QLD 4739

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council has nine (9) Waste Management Facilities across the region. Council's aim of the review is to provide a cost-effective, user-friendly and sustainable waste disposal service to meet the community's needs.

Clermont Waste Management Facility

38 Turrama Road, CLERMONT QLD 4721

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council has nine (9) Waste Management Facilities across the region. Council's aim of the review is to provide a cost-effective, user-friendly and sustainable waste disposal service to meet the community's needs.

Dysart Waste Management Facility

7145 Dysart Clermont Road, DYSART QLD 4745

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council has nine (9) Waste Management Facilities across the region. Council's aim of the review is to provide a cost-effective, user-friendly and sustainable waste disposal service to meet the community's needs.

Glenden Waste Management Facility

412 Ewan Drive, GLENDEN QLD 4743

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council has nine (9) Waste Management Facilities across the region. Council's aim of the review is to provide a cost-effective, user-friendly and sustainable waste disposal service to meet the community's needs.

Middlemount Waste Management Facility

60 Nolan Drive, MIDDLEMOUNT QLD 4746

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council has nine (9) Waste Management Facilities across the region. Council's aim of the review is to provide a cost-effective, user-friendly and sustainable waste disposal service to meet the community's needs.

Moranbah Waste Management Facility

1 Thorpe Street, MORANBAH QLD 4744

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council has nine (9) Waste Management Facilities across the region. Council's aim of the review is to provide a cost-effective, user-friendly and sustainable waste disposal service to meet the community's needs.

Nebo Waste Management Facility

17914 Peak Downs Highway, NEBO QLD 4742

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council has nine (9) Waste Management Facilities across the region. Council's aim of the review is to provide a cost-effective, user-friendly and sustainable waste disposal service to meet the community's needs.

Palm and Cycad Societies of Australia Inc

E martin.lack@mlaa.com.au

W pacsoa.org.au

P (07) 3878 2974

Encourage conservation of Palms and Cycads

St Lawrence Waste Management Facility

402 St Lawrence Connection Road, ST
LAWRENCE QLD 4707

E records@isaac.qld.gov.au

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council has nine (9) Waste Management Facilities across the region. Council's aim of the review is to provide a cost-effective, user-friendly and sustainable waste disposal service to meet the community's needs.

Health Services

Adult Health Services

e-Consultant Build Back Better Initiative

W materresearch.org.au

P (07) 3365 5379

To ensure that Northern Queensland General Practitioners have timely access to rapid communication with specialist doctors NQPHN has developed a two-part approach.

Ageing Health Services

Home Care

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Home Care services provides community-based services to assist clients over 65 years of age or First Nations peoples over 50 years of age to receive support and care in their home and their community.

Aged Care

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Residential aged care is for senior Australians who can no longer live in their own home. It includes accommodation and personal care 24 hours a day, as well as access to nursing and general health care services. You may be eligible for subsidy so check with your doctor.

Aged Care

4 Bell Place, GLENDEN QLD 4743

W mackay.health.qld.gov.au

P (07) 4958 9821

Residential aged care is for senior Australians who can no longer live in their own home. It includes accommodation and personal care 24 hours a day, as well as access to nursing and general health care services. You may be eligible for subsidy so check with your doctor.

Allied Health

Active Nutrition

E viviennesalu@ozemail.com.au

W activenutrition.net.au

P 0407 373 002

'Offering Telehealth Only' Dietitian/Nutritionist private practice providing telehealth (video and telephone) support, information and motivation in the areas of health and nutrition. Rebates available from Medicare and Private Health.

Autism Therapy Services

E mackay@autismqld.com.au

W autismqld.com.au

P (07) 4841 8300

Individual therapy sessions, assessment and group programs are available with Autism Queensland's qualified allied health professionals.

Avicenna Health and Wellness

E health@avicenna-hw.com

W avicenna-hw.com

P 0493 210 327

Good health is not a luxury, it is what you deserve. Blending science and traditional knowledge, we support you on your journey to optimal health with natural, holistic, and personalised solutions.

Axis Health Psychology

E info@axispsychology.org

W axispsychology.org

P 0455 398 354

Health focused, evidence-based psychological therapy and hypnotherapy for anxiety, depression and stress; gut health; disordered eating and disturbed sleep.

Bodyfix Physiotherapy and Exercise**Physiology - Clermont**

38 Daintree Street, CLERMONT QLD 4721

E reception@bodyfixphysio.com

W bodyfixphysio.com

P (07) 4787 7656

Offering Physiotherapy to the Clermont region.

Cairns Occupational Therapy

E mail@cairnsot.com

W cairnsot.com

P (07) 4051 5504

Your centre for • Hand, wrist and arm therapy • Scar, swelling and lymphoedema management • Pain management therapy • Work rehabilitation services

Central Highlands Optical Clermont

41 Capella Street, CLERMONT QLD 4721

E reception@choptical.com.au

P (07) 4941 8562

Central Highlands Optical has an optometrist available to test your eyes and provide any recommendations for your vision needs. If your looking for great glasses, Central Highlands Optical has an outstanding selection of frames for the entire family.

Central Highlands Optical Moranbah

Leichhardt House Medical Centre, St Francis Drive, MORANBAH QLD 4744

E reception@choptical.com.au

P (07) 4941 8562

Central Highlands Optical has an optometrist available to test your eyes and provide any recommendations for your vision needs. If your looking for great glasses, Central Highlands Optical has an outstanding selection of frames for the entire family.

Chrysalis Wellbeing

E chrissy.ortner@zohomail.com.au

W chrysaliswellbeing.com.au

P 0430 322 711

Online and face to face support, Mt Evelyn, for people experiencing Anxiety, Overwhelm, PTSD, Post Natal Depression or Chronic Ill health. Hypnotherapy is an evidence based therapy for deep relaxation, addressing the causes of Anxiety and Depression and supporting you to feel calm and in control. Quit Smoking Hypnosis and Weight Loss Programs available. NDIS support for Self Managed Clients.

ClearConvo

E support@clearconvo.com

W clearconvo.com

P (07) 3703 1812

ClearConvo is a registered provider with the National Disability Insurance Scheme. We provide speech therapy services to NDIS participants in the Brisbane region and Queensland or anywhere in Australia via online speech therapy sessions (Telehealth). Call us today on (07) 3703 1812.

Clermont Chiropractic

41 Capella Street, CLERMONT QLD 4721

E scottjrochford@gmail.com

P 0408 780 081

At Clermont Chiropractic we provide Chiropractic services

Dietetics - Compleat Nutrition

24 Francis Street, CLERMONT QLD 4721

E reception@clermontdoctorssurgery.com.au

W synergyhealth.net.au

P 07 4724 3250

Provides Dietetics, and Podiatry across various regions of Queensland. (Multiple Providers)

Allied Health Assistant

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

An allied health assistant works under the direct supervision of healthcare professionals to provide therapeutic and program-related support including health promotion programs, health prevention programs, rehabilitation, cardiac, acute, and primary care services to ensure improved access to services and streamline community and allied health services.

Hearing

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Audiologists test hearing and assess the nature of hearing disorders. They are responsible for the non-medical management and rehabilitation of hearing loss and associated disorders of communication.

Occupational Therapy

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

Physiotherapy

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

Podiatry

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Podiatrists are experts in foot, ankle, and lower limb health. They assist with foot problems, education, and management of foot complications, fall prevention and self-management of foot conditions, prescription of orthotics and insoles. They can help to prevent, diagnose, and treat a wide range of conditions.

Social Work

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Social Work services provide clients and their families with individual and group consultation advice and support for emotional, social, environmental, and holistic wellbeing. Social Work services are provided in collaboration with other allied health services to ensure the client achieve and maintain optimum health so the client can function in their daily lives.

Speech Pathology

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice. They often work with children helping a child's speech develop. Speech pathology can also help if you have problems swallowing food or drinking safely.

Coalfields Spine Care

Shop 25, Town Square, MORANBAH QLD 4744

E moranbahchiropractic@bigpond.com

W spinecarechiro.com.au

P (07) 4941 6605

We put our patients first. We listen to you and help you find the care you need. Come visit to see what we are all about: Over 20 years of healthcare experience Individualised care Occupational injuries Family Care

Communicate Speech Pathology

E info@communicatespeech.com.au

W communicatespeech.com.au

P (02) 9328 3444

Founded in 2004, Communicate Speech Pathology provides speech and language mobile, community and school-based and telehealth services to clients of all ages. Our trained speech therapists are practicing members of Speech Pathology Australia and work with clients of all ages to achieve their communication goals.

Connect2Care - ACT

E info@connect2care.com.au

W connect2care.com.au

P 1800 950 288

Connect2Care was founded by health professionals with a shared passion for helping people with a disability reach their highest potential. We offer predominantly mobile services throughout Australia, and our therapists have extensive experience working in homes, schools, and other community-based settings.

Construct Health - Moranbah

Moranbah Medical Centre Unit 2, 25 St Francis Drive, MORANBAH QLD 4744

E moranbah@construct-health.com

W construct-health.com.au

P (07) 4941 6067

At Construct Health we pride ourselves on bringing big-city quality physiotherapy, occupational health care and rehabilitation services to our patients and corporate clients irrespective of where they may be.

Continence Aids Payment Scheme

W health.gov.au

P 1800 330 066

The National Continence Helpline is staffed by a team of continence nurse advisers and is available to anyone in Australia. It operates from 8am to 8pm (AEST) Monday to Friday.

Crystal Clear Psychology Solutions

E reception.ccpsychsolutions@gmail.com

W crystalclearpsychologysolutions.com

P 0476 758 096

Welcome to Crystal Clear Psychology Solutions, a warm and supportive environment that enables you to start living a meaningful and balanced lifestyle. We are passionate about supporting you to be the best version of yourself! We have individual therapy, group programs, return to work support, and job seeking services available to help you reach your goals and maximise your potential.

Occupational Therapy

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

Physiotherapist

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

Speech Pathology

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice. They often work with children helping a child's speech develop. Speech pathology can also help if you have problems swallowing food or drinking safely.

Social Work

4 Bell Place, GLENDEN QLD 4743

W mackay.health.qld.gov.au

P (07) 4958 9821

Social Work services provide clients and their families with individual and group consultation advice and support for emotional, social, environmental, and holistic wellbeing. Social Work services are provided in collaboration with other allied health services to ensure the client achieve and maintain optimum health so the client can function in their daily lives.

Speech Therapy

4 Bell Place, GLENDEN QLD 4743

W mackay.health.qld.gov.au

P (07) 4958 9821

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice. They often work with children helping a child's speech develop. Speech pathology can also help if you have problems swallowing food or drinking safely.

Physiotherapy Mackay

E mackay@healthfirstgroup.com.au

W healthfirstgroup.com.au

P (07) 4837 1633

We are a team of leading allied health experts offering a range of physiotherapy services. Our group of health practitioners are chosen for their inclusive, multi-disciplinary approach to healthcare to ensure all of our clients' needs are met at an exceptional level. Our physios service Mackay including the surrounding suburbs.

My Health for Life

E info@myhealthforlife.com.au

W myhealthforlife.com.au

P 13 74 75

My health for life is a free Queensland Government-funded program delivered by the Healthier Queensland Alliance designed to help Queenslanders stay well and lessen their risk of developing conditions such as type 2 diabetes, heart disease and stroke.

Jacqueline Conroy Talking Therapies

E jacquelinemconroy@gmail.com

W jacqueline-conroy.com

P 0413 085 406

I work in a face-to-face setting and the practice also provides telephone and online counselling and therapy.

Julie Pratt - IBS and FODMAP Dietitian

E julie@naturalbalancenutrition.com.au

W natural-balance-nutrition-dietitian.business.site

P 0420 994 870

Natural Balance Nutrition is a virtual nutrition practice specialising IBS management and the low FODMAP diet. We help clients with a range of digestive issues including: - Irritable bowel syndrome (IBS) - Fructose malabsorption - Lactose intolerance - Coeliac disease - Reflux - Chronic constipation / diarrhoea - Small intestinal bacterial overgrowth (SIBO)

Lavender Sleep and Wellness

E hello@lavendersleepandwellness.com

W lavendersleepandwellness.com

P 0435 784 209

Empowers families to remove obstacles and restore optimal sleep, health and wellness so that they and their children - from infants to teens - can flourish. Integrative sleep support for newborns to seniors.

Nutrition Counselling

E hello@nutritionwithmari.com

W nutritionwithmari.com

P 0478 599 770

Online nutrition counselling services for adults: Eating disorders & disordered eating; Eating well after Bariatric Surgery; and Diabetes

Meg Becker Speech Pathology

Middlemount Leisure Centre, 14 Burns Court, MIDDLEMOUNT QLD 4746

E meg@megspeech.com.au

P 0429 186 961

Providing the highest calibre of paediatric speech pathology intervention to families in regional and rural NSW and QLD.

Podiatry - Towers Podiatry

7 Burns Court, MIDDLEMOUNT QLD 4746

E mhhs-comms@health.qld.gov.au

W checkup.org.au

P 0427628637

Provides Podiatry across various regions of Queensland. (Provided by Towers Podiatry)

Middlemount Medical Centre

19 Leichhardt Drive, MIDDLEMOUNT QLD 4746

E reception@middlemountmedical.com

P (07) 4985 9100

Clinics Available: Well Baby Clinics, Immunisation, Community Nursing, Health Promotion, Triple P Program, Antenatal Classes, School Based Vaccination Program Allied Health Services – Visiting: Counselling, Community Mental Health - Mental Health (Adult), Mental Health (Child and Adolescent), Speech Therapy, Pathology Visiting Services: School Base Youth Health Nurse, Mobile Women's Health Clinic

Moranbah Dental

Unit 3 Leichhardt House, St Francis Drive,
MORANBAH QLD 4744

E enquiries@moranbahdental.com.au

W moranbahdental.com.au

P (07) 4941 7336

Moranbah Dental are modern, professional, family friendly practice who strive to offer high quality dentistry at affordable prices for everyone!

Diabetes Educator

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Diabetes Educator services provide clients, diagnosed with diabetes, with effective self-managing strategies to improve the quality of life and prevent complications. Diabetes Educator services can provide clients with information, support, and motivation in the management of diabetes and the link with other health professionals.

Occupational Therapy

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Occupational Therapy (or OT) service assist clients across all age groups to develop, improve or regain the skills needed for day-to-day life and/or work following injury, illness, or disability. OT can also assist with home modification and equipment prescription to assist people to safely stay living in their homes. OT services are provided in both inpatient and outpatient settings.

Physiotherapy

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Physiotherapy service aims to restore and maintain mobility, function, and well-being for clients with new symptoms, existing long-term symptoms, or provide strategies for prevention of disease and injury. Physiotherapy service is provided to clients across all age groups with movement and other disorders and provides supportive end-of-life and terminal illness care.

Social Work

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Social Work services provide clients and their families with individual and group consultation advice and support for emotional, social, environmental, and holistic wellbeing. Social Work services are provided in collaboration with other allied health services to ensure the client achieve and maintain optimum health so the client can function in their daily lives.

Speech Therapy

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Speech pathology aims to help people who can't communicate effectively. Speech pathologists can help you if you have problems with speech, language, communication, fluency, or your voice. They often work with children helping a child's speech develop. Speech pathology can also help if you have problems swallowing food or drinking safely.

More Than Able

E info@morethanable.com.au

W morethanable.com.au

P (07) 5228 0469

More Than Able is a growing allied health service on the beautiful Sunshine Coast offering paediatric therapy.

NWRH - East Coast and Corporate Office (Townsville)

E accountsreceivable@nwrh.com.au

W nwrh.com.au

P (07) 4781 9300

Provides Dietetics, Diabetes Education, Exercise Physiology, Podiatry, Physiotherapy and Speech Pathology across various regions of Queensland.

Occupational Therapy Whitsunday

E info@otwhitsunday.com.au

W otwhitsunday.com.au

P 0428 344 884

OT Whitsunday is an occupational therapy service dedicated to assisting children and teens succeed.

On The Line Australia

E enquiries@ontheline.org.au

W lifeline.org.au

P (03) 8371 2800

On the Line is a social health business, supporting and counselling people, anywhere and anytime. We listen and encourage people to feel better: building resilience, fostering healthy relationships, and connecting people with community support.

OneLifeNQ - Occupational Therapy and Nursing

E contact@onelifenq.org.au

P (07) 4957 2180

Occupational Therapy and Nursing services

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au

W phoenixhypnotherapy.com.au

P 0438 411 551

Imagine what it will be like to finally quieten that inner-voice and to discover how incredible you can actually be. Imagine what it would be like to finally discover how to become stress and anxiety free in your life... or to be that 'non-smoker'... or to look in the mirror and feel fabulous! I will help you rid yourself of that useless stress and worry and feel the peace you so deserve.

Physio Plus Mackay (Mater Hospital Clinic)

E mackay@physioplus.com.au

W physioplus.com.au

P (07) 4942 5800

We love what we do and we're passionate about health! Physio Plus are proudly independent locally owned health clinics. Enthusiastic, compassionate and informed clinicians.

Queensland Spinal Cord Injuries Service - Spinal Outreach Team (SPOT)

W health.qld.gov.au

P (07) 3176 9507

The Spinal Outreach Team (SPOT) provides allied health and nursing consultancy and early intervention service for people with spinal cord injuries, their families and other health professionals.

Speech Pathology - TalkHQ Speech Pathology

28 Queen Elizabeth Drive, DYSART QLD 4745

E hello@talkhq.com.au

W talkhq.com.au

P 07 4755 0225

Provides Speech Pathology across various regions of Queensland.(Provided by TalkHQ Speech Pathology)

Speech Pathology - TalkHQ Speech Pathology

7 Burns Court, MIDDLEMOUNT QLD 4746

E hello@talkhq.com.au

W talkhq.com.au

P 07 4755 0225

Provides Speech Pathology across various regions of Queensland.(Provided by TalkHQ Speech Pathology)

Podiatry - Towers Podiatry

Lot 8, Town Square, MORANBAH QLD 4744

E reception@oaktreemedical.com.au

W checkup.org.au

P 0427628637

Provides Podiatry across various regions of Queensland.(Provided by Towers Podiatry)

Therapy Pro Pty Ltd

E info@therapypro.com.au

W therapypro.com.au

P 1300 004 414

Inspired by the vision of 'choice and control' developed by the National Disability Insurance Scheme (NDIS), Therapy Pro has reimaged the world of service delivery with you, the client, central to the planning and delivery of your services.

Wellness Nutrition Solutions

E dorelle@wellnessnutritionalsolutions.com.au

W wellnessnutritionalsolutions.com.au

P (07) 3117 9244

We provide dietetic and nutrition services for adults via Telehealth or in-person appointments. Our focus areas include digestive health (IBS, food intolerances, FODMAP diets, constipation, reflux), weight concerns (both under and over), eating behaviours and emotional eating, type 2 diabetes, and heart health and the Mediterranean diet.

Child Youth & Family Health

Bravehearts Foundation Limited - Moranbah

E intake@bravehearts.org.au

P 1800 272 831

Trauma informed mental health services to support children and young people (under the age of 14) who have experienced, or are at risk of experiencing, child sexual abuse and/or physical violence. Support services to the non-offending family members including parents, partners, siblings and others.

The Courage Project - Trauma Informed Mental Health Services for Children Under 14 years.

E intake@bravehearts.org.au

P 1800 272 831

Support to children and young people (under the age of 14) in who have experienced, or are at risk of experiencing, child sexual abuse and/or physical violence. Support services to the non-offending family members including parents, partners, siblings and others.

Antenatal / Postnatal

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Antenatal care is the care you receive during pregnancy.

Antenatal and Postnatal Care

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Antenatal care is the care you receive during pregnancy.

Children's Health

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Provides information and education to parents and carers for children from birth to 18 years of age.

School Base Youth Health Nurse

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

School Based Youth Health Nurse offer individual health consultations to provide assessment, support, health information and referrals for young people. School Based Youth Health Nurses also work with the school community on issues that may affect the health and wellbeing of individual young people and the broader school community.

School Based Youth Health Nurse

4 Bell Place, GLENDEN QLD 4743

W mackay.health.qld.gov.au

P (07) 4958 9821

School Based Youth Health Nurse offer individual health consultations to provide assessment, support, health information and referrals for young people. School Based Youth Health Nurses also work with the school community on issues that may affect the health and wellbeing of individual young people and the broader school community.

Leukodystrophy Resource and Research organisation

E bobwyborn@bigpond.com

W leukodystrophyresourceresearch.org

P (07) 4627 1092

Leukodystrophy is group of some 50 to 60 genetic progressive neurodegenerative disorders that are terminal. We support families, scientists, clinicians and allied health.

Child and Youth Mental Health Service (CYMHS)

W mackay.health.qld.gov.au

P (07) 4968 3893

CYMHS provides assessment and treatment for children and young people up to the age of 18 who have severe behavioural and/or emotional difficulties that impact on their daily functioning. The service is based in Mackay with limited outreach services to Bowen, Moranbah and Sarina.

Antenatal Care/ Midwife

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Antenatal care is the care you receive during pregnancy.

Child health nurse

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Child Health Nurses provide clinical care for children from birth through to late teens, their families, and carers. Child Health Nurses works with the child and family in the plan of care, needs related to growth and development and determining needs based on analysis of the child's symptoms.

School based youth health nurse

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

School Based Youth Health Nurse offer individual health consultations to provide assessment, support, health information and referrals for young people. School Based Youth Health Nurses also work with the school community on issues that may affect the health and wellbeing of individual young people and the broader school community.

Community Health & Medical

Asbestos Related Diseases

E inquiries@adss.org.au

W adss.org.au

P 1800 776 412

We provide telephone support to people with an asbestos related disease, their families and carers. We also aim to prevent exposure to asbestos containing materials.

Caredirect

E townsville@caredirectservices.com.au

W caredirect.com.au

P (07) 4426 1924

Community Nursing and personal care services

Community Nurse

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Community Nurses connects older persons, their families and carers with in-home support services and support during the transition to higher-level care. Community Health Nurses provide advice, information, and links to community services.

Community Nursing

4 Bell Place, GLENDEN QLD 4743

W mackay.health.qld.gov.au

P (07) 4958 9821

Community Nurses connects older persons, their families and carers with in-home support services and support during the transition to higher-level care. Community Health Nurses provide advice, information, and links to community services.

Nurse-led community health service

7 Burns Court, MIDDLEMOUNT QLD 4746

W mackay.health.qld.gov.au

P (07) 4985 7779

Nurse-led community health service from Monday-Friday.

Community health nurse

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Community Nurses connects older persons, their families and carers with in-home support services and support during the transition to higher-level care. Community Health Nurses provide advice, information, and links to community services.

Peer Navigation

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

The HIV Peer Navigation Program supports people diagnosed with HIV to navigate the complex environment of HIV treatment & care.

Queensland Positive People - Mackay

E info@qpp.org.au

W qpp.org.au

P (07) 3013 5555

Case Management services for people living with HIV

TalkNQ Speech Pathology - Dysart

28 Queen Elizabeth Drive, DYSART QLD 4745

E hello@talkhq.com.au

W talkhq.com.au

P (07) 4755 0225

At TalkHQ speech pathology, we offer a range of play-based therapy services for children who may be experiencing challenges communicating with the world around them.

TalkNQ Mobile Clinic - Middelmount

7 Burns Court, MIDDLEMOUNT QLD 4746

E hello@talkhq.com.au

W talkhq.com.au

At TalkHQ speech pathology, we offer a range of play-based therapy services for children who may be experiencing challenges communicating with the world around them.

Dental & Oral Health

Clermont Dental Services

Shop 9, Turners Arcade, CLERMONT QLD 4721

E clinic148@gmail.com

P (07) 4983 1627

At Clermont Dental Services we provide Dental services

School Dental Van

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

The mobile dental van service offers dental services to school children through a purpose-built semi-trailer to communities living in regional, rural and remote areas. The service offers preventive care and treatment for a range of oral health condition.

Serenity Dental Dysart

Shop 26 Garden Plaza Shopping Centre,
Shannon Crescent, DYSART QLD 4745

E emerald@serenity-dental.com.au

W serenity-dental.com.au

P (07) 4982 2001

Serenity Dental has clinics located in Emerald and Rockhampton

Drug & Alcohol Services

Alcohol And Drug Foundation - Queensland

E adf@adf.org.au

W adf.org.au

P (07) 3565 3700

Our Purpose: To prevent and minimise the harm caused by alcohol and other drugs in Australia.

Lived Experience education and support

E admin@australianantiicecampaign.org.au

W australianantiicecampaign.org.au

P (07) 5665 6063

Prevention Education Advocacy Intervention Peer support Relapse prevention Group therapy

Creating Options

E intake@drugarm.com.au

W drugarm.com.au

P (07) 3620 8880

Creating Options is a twelve week treatment program for people who want help to address issues related to their alcohol or other drug use. Book an appointment by calling the Central Intake Service on (07) 3620 8880.

Drug ARM - Moranbah

9 Belyando Avenue, MORANBAH QLD 4744

E intake@drugarm.com.au

W drugarm.com.au

P (07) 3620 8880

Our teams are flexible and offer both individual and group support

Family Drug Support

E general@fds.ngo.org.au

W fds.org.au

P 1300 368 186

FDS provides up to date information on all aspects of alcohol and drug use relative to the families and friends of people who use substances. FDS also operates a National 24 hr, 7 day a week telephone support service for families and friends affected by alcohol and other drug issues.

Lives Lived Well Head Office

E info@liveslivedwell.org.au

W liveslivedwell.org.au

P 1300 727 957

Lives Lived Well provides support for people in Queensland, New South Wales and South Australia who are being impacted by alcohol or drugs or problems with mental health. We aim to take a holistic, compassionate and harm minimisation approach to help people live their lives well. Our community supports are free to access, and we also provide low-cost live-in services.

Townsville Recovery Services Centre

E support@nqphn.com.au

W salvationarmy.org.au

P (07) 4772 3607

Townsville Recovery Services seeks to bring hope, healing and wholeness to all people adversely affected by alcohol, other drugs and gambling by providing a range of services and support to addicts, families and significant others whose lives have been affected by addiction.

SMART Recovery

E smartrecovery@srau.org.au

W smartrecoveryaustralia.com.au

P (02) 9373 5100

Smart Recovery For all addictive behaviours

Teen Challenge - New Life Centre - QLD

E tcqld@teenchallenge.org.au

W teenchallengeqld.org.au

P (07) 3422 1500

Teen Challenge provides a residential rehabilitation program for men and women who struggle with drug and/or alcohol addiction and other life controlling issues.

Drug and Alcohol Rehabilitation

E tcqld@teenchallenge.org.au

W teenchallengeqld.org.au

P (07) 3422 1500

We provide rehabilitation services to men and women to help them overcome drug, alcohol and other life controlling addictions. Our New Life Men's Centre can take those between the ages of 18 and 45, and the New Life Women's Centre is for those between the ages of 18 and 40.

Emergency Departments

Emergency Department

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

Emergency Department

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

Emergency Department

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

An emergency department (ED) is part of a hospital that provides 24-hour emergency care to patients who need urgent medical attention. Most public hospitals in Australia have an emergency department. Only people with severe injury or illness should go to the ED.

General Health Services

13 HEALTH

W qld.gov.au

P 13 43 25 84

It's not an emergency but it could be serious. 24 hour health line. Qualified staff will give you advice on who to talk to and how quickly to do it.

Asthma Australia - Brisbane

W asthma.org.au

P (07) 3252 7677

Most of the time we take our breathing for granted. Inhale, exhale, inhale, exhale. But for people with asthma, the simple act of breathing can be a difficult and terrifying experience. At Asthma Australia we help people to breathe so they can live freely.

Australian Primary Health Care Nurses Association (APNA)

E admin@apna.asn.au

W apna.asn.au

P (03) 9322 9500

APNA champions the role of primary health care nurses; to advance professional recognition, ensure workforce sustainability, nurture leadership in health, and optimise the role of nurses in patient centered care.

Cancer Council 13 11 20 - Statewide

E helpline@cancerqld.org.au

W cancerqld.org.au

P 13 11 20

The Cancer Helpline is the specialised telephone information and support service of the Cancer Council Queensland

Exercise Physiology - Compleat Nutrition

24 Francis Street, CLERMONT QLD 4721

E reception@clermontdoctorsurgery.com.au

W synergyhealth.net.au

P 07 4724 3250

Provides Exercise Physiology, and Registered Nurse - Skin Clinic across various regions of Queensland. (Multiple Providers)

Surgical Services

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

The Mackay Base Hospital provides both elective (planned) and emergency care to patients requiring a surgical procedure.

Clermont Multi-Purpose Health Service

Francis Street, CLERMONT QLD 4721

W true.org.au

P 07 4051 3788

Provides Registered Nurse - Womens Health across various regions of Queensland. (Provided by True Relationships & Reproductive Health)

Immunisation / Vaccination

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Vaccination is a simple, safe, and effective way of protecting you against harmful diseases before you come into contact with them. It uses your body's natural defences to build resistance to specific infections and makes your immune system stronger.

Social Work / Counselling

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Social Work services provide clients and their families with individual and group consultation advice and support for emotional, social, environmental, and holistic wellbeing. Social Work services are provided in collaboration with other allied health services to ensure the client achieve and maintain optimum health so the client can function in their daily lives.

Telehealth

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Telehealth is a health appointment by videoconference, connecting you with your medical specialist, allied health professional or nurse. People can use videoconferencing to attend appointments with their clinician who may be in another location to them. In some cases, it is also available to people in the city who find it hard to get to their health professional.

Epilepsy QLD

E epilepsy@epilepsyqueensland.com.au

W epilepsyqueensland.com.au

P (07) 3435 5000

Epilepsy Qld provides a wide range of information and support services to help people with epilepsy and their families. Community education services, staff training and advocacy services are also offered. Epilepsy Queensland has a specialist children's program and a family support program.

Glenden Primary Health Care Centre

4 Bell Place, GLENDEN QLD 4743

W mackay.health.qld.gov.au

P (07) 4958 9821

Nurse-led community health service from Monday-Friday.

Immunisation / Vaccination

4 Bell Place, GLENDEN QLD 4743

W mackay.health.qld.gov.au

P (07) 4958 9821

Vaccination is a simple, safe, and effective way of protecting you against harmful diseases before you come into contact with them. It uses your body's natural defences to build resistance to specific infections and makes your immune system stronger.

Healthdirect Helpline

E info@nhccn.com.au

W healthdirect.gov.au

P 1800 022 222

The healthdirect helpline is a 24-hour telephone health advice line that operates seven days a week. It is staffed by registered nurses who provide expert health advice. You can call for advice if you or a member of your family are feeling ill and are unsure what to do, or for health information on a particular condition.

Herbalife Independent Distributor

E info@herbsforhealth.com.au

W herbsforhealth.goherbalife.com

P 0417 544 349

Community Weight Loss Challenge

HiBar Nutrition and Fitness

W hibar.com.au

P 0428 202 832

A nutrition coaching service to help people lose weight and become healthy. Providing ongoing counselling to help people improve their diet and live long and happy lives.

Lagoona Community Health Centre

2 Lime Street, CLERMONT QLD 4721

P (07) 4983 3066

Nursing care; Other services: domestic assistance, social support, centre-based respite, in-home respite, transport, home maintenance

LifelnMotion Exercise Physiology Clinic Ltd.

E admin@lifeinmotionexph.com.au

P (07) 4951 0156

Get your Health on Track Exercise is proven to assist in the management, prevention and treatment of many health conditions. It is important to us that you obtain the support and expertise to facilitate your journey to self management and optimum health.

Lung Foundation

E kelcieh@lungfoundation.com.au

W lungfoundation.com.au

P 1800 654 301

Patient resources can be downloaded or ordered on the website, along with information on Pulmonary rehabilitation and support group locations.

Mable Direct store

E info@mable.com.au

W orders.pmcdirect.com.au

P 1300 736 573

Mable Direct provides independent support workers, clients and coordinators direct access to affordable consumables, equipment and wearables to support your everyday needs. Mable Direct can help you maximise NDIS or HCP funding

Mackay Base Hospital

W mackay.health.qld.gov.au

P (07) 4885 6000

The Mackay Base Hospital is equipped with leading edge technology to assist us in providing the highest level of care to our communities. Mackay Base is the first fully digital public hospital with medications management in a regional area.

Middlemount Community Health Centre

7 Burns Court, MIDDLEMOUNT QLD 4746

E mhhs-comms@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4985 7779

Supports health and well-being in the local community.

Middlemount Medical Centre

19 Leichhardt Drive, MIDDLEMOUNT QLD 4746

E reception@middlemountmedical.com

P (07) 4985 9100

We operate 7 days a week and have a Doctor on call 24/7. Call 07 4985 9100 or 0407 547 116(after hours). Open public holidays 0800 - 1200.

Immunisations/Vaccinations

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Vaccination is a simple, safe, and effective way of protecting you against harmful diseases before you come into contact with them. It uses your body's natural defences to build resistance to specific infections and makes your immune system stronger.

Moranbah Medical

St Francis Drive, MORANBAH QLD 4744

P (07) 4941 5311

Supports health and well-being in the local community.

Aboriginal and Torres Strait Islander Health Worker and Practitioner Workforce Uplift

E info@naatsihwp.org.au

W naatsihwp.org.au

P 1800 983 984

National Association of Aboriginal and Torres Strait Islander Health Workers and Practitioners (NAATSIHWP) - Aboriginal & Torres Strait Islander Health Worker & Practitioner Workforce Uplift. A collaborative partnership with NAATSIHWP and Queensland Aboriginal and Islander Health Council (QAIHC) to review the role of the Aboriginal and Torres Strait Islander Health Worker and Practitioner.

Poisons Information Centre

E poisons.info@health.qld.gov.au

W childrens.health.qld.gov.au

P 13 11 26

The Queensland Poisons Information Centre offers 24 hours advice to public and health Professionals of Queensland on poisonings (or suspected poisonings), bites and stings.

Precedence Health Care

E support@precedencehealthcare.com

W precedencehealthcare.com

P (03) 9023 0800

Precedence Health Care is a Digital Health Solutions for Integrated Care - A better, healthier life for everyone.

Scad Research

E info@scadresearch.com.au

W scadresearch.com.au

P 0413 486 833

SCAD Research Australia is a registered not for profit health charity which generates awareness and raises money for life saving medical research to beat SCAD Heart Attacks. Spontaneous Coronary Artery Dissection (SCAD) is the leading cause of heart attacks in women under 50, new mums and pregnant women and cause of heart attacks in healthy, fit adults with no risk factors for heart disease.

Sonic Health Plus Moranbah

5/25 Saint Francis Drive, MORANBAH QLD 4744

E moranbah@sonichealthplus.com.au

W sonichealthplus.com.au

P (07) 4941 5311

Supports health and well-being in the local community.

Trudy Crowley Foundation

E Connect@trudycrowleyfoundation.com.au

W trudycrowleyfoundation.com.au

P 0407 900 716

The Foundation was started to help women to know understand the symptoms of Ovarian Cancer, to bring caring support for those that are diagnosed with this dreadful disease!

General Practice/Doctor

After Hours Clinic

E clinic@hhds.com.au

W afterhoursclinic.au

P (07) 3073 3933

The After Hours Clinic specialises in urgent after hours medical care. We are not an emergency service. Our service offers urgent after hours medical assistance for non-life-threatening illness and injuries. Established in 2022, the After Hours Clinic aims to ease the pressure off Emergency Departments. This is a walk in after hours clinic. After Hours Clinic is open seven days a week.

Clermont Country PracticeClermont Country Practice

38 Jellicoe Street, CLERMONT QLD 4721

E reception@clermontcountrypractice.com

W clermontcountrypractice.com

P (07) 4911 3299

We live in Clermont, we love Clermont and we understand the health needs of our community. Clermont Country Practice offers general medical services in the Isaac region.

Clermont Doctors Surgery

24 Francis Street, CLERMONT QLD 4721

E reception@clermontdoctorssurgery.com.au

P (07) 4413 7916

Services Available at Clermont Doctors Surgery

General Practitioner - Womens Health - True Relationships and Reproductive Health

Francis Street, CLERMONT QLD 4721

W true.org.au

P 07 4051 3788

Provides General Practitioner - Womens Health across various regions of Queensland.(Provided by True Relationships & Reproductive Health)

General Practitioner - Womens Health - True Relationships and Reproductive Health

28 Queen Elizabeth Drive, DYSART QLD 4745

W true.org.au

P 07 4051 3788

Provides General Practitioner - Womens Health across various regions of Queensland.(Provided by True Relationships & Reproductive Health)

Dysart Medical Centre

30 Queen Elizabeth Drive, DYSART QLD 4745

E dmcnurses@hotmail.com

P (07) 4958 2288

Supports health and well-being in the local community.

Glenden Medical Practice

Shop 19 Town Square, Ewan Drive, GLENDEN QLD 4743

E accounts@glendenmedicalpractice.com.au

P (07) 4958 9258

Our purpose is simple. We want to provide outstanding health care services to you through our people and partners.

NQ Virtual Integrated Practice (VIP) Partnership Program

W materresearch.org.au

P (07) 3365 5379

The Virtual Integrated Practice (VIP) Program involves, an urban/regional General Practitioner (GP) joining a rural general practice and provides ongoing care to patients remotely via telehealth. The model of care was designed to address those issues most important to long-term practice sustainability and population health outcomes.

Middlemount Medical Centre

19 Leichhardt Drive, MIDDLEMOUNT QLD 4746

E reception@middlemountmedical.com

P (07) 4985 9100

Middlemount Medical Centre offers general practice and occupational services to the community.

Nebo Medical Centre

2 Kemmis Street, NEBO QLD 4742

P (07) 4956 1718

The Nebo Medical Centre is a purpose built centre constructed to increase access to health and health related services for Nebo & surrounding areas.

Telehealth Dr

E admin@telehealthdr.com.au

W telehealthdr.com.au

P 1300 998 808

We are Telehealth Doctors. A Digital Telehealth Agency proudly provides a patient portal for Telehealth Care all across Australia, where efforts are carried out by our highly trained and RACGP licensed professionals to restore and maintain patients' physical, mental and emotional health. Our Telehealth Consultants are ready to provide you electronic prescriptions according to your ailments at ...

The Oaktree Family Medical Centre

Lot 8, Town Square, MORANBAH QLD 4744

E reception@oaktreemedical.com.au

W oaktreemedical.com.au

P (07) 4941 7268

The Moranbah Townsquare Surgery has been purchased by Oaktree Family Medical Centre. we are excited to announce that we are expanding certain services while maintaining the high level of medical care you have been used to.

Health Rehabilitation Services

STEPS Program

E abios@health.qld.gov.au

W health.qld.gov.au

P (07) 3176 9506

The Skills To Enable People and Communities (STEPS) Program is a Queensland-wide information and skills program for adults aged 18-65 years with Acquired Brain Injury (ABI), including stroke, and their families and friends.

Activ8 Health Club

E trent@activ8.club

W activ8.club

P (02) 8544 0487

A registered provider under the National Disability Insurance Scheme (NDIS)

Performance Physio and Rehab

E info@rehabphysio.com.au

W rehabphysio.com.au

P (07) 5444 0394

Physiotherapy services including sports, necks and backs, persistent pain, lymphedema and vocal dysfunction. Rehab in pools and gyms Online services available - exercise advice, assessments and PSYCHOLOGY inclusive clinic

Health Screening Services

Diversa Health - Richmond

P 1300 100 560

We are a unique dietitian-led coaching service for NDIS participants. Accessibility is our priority - our services are entirely remote enabling us to work with participants Australia-wide, from the comfort of their own home. Diversa specialises in low carbohydrate nutrition, weight loss & type 2 diabetes, as well as helping NDIS participants to reduce pain and fatigue, improve mood, promote opt

National Bowel Cancer Screening Program (NBCSP)

W health.gov.au

P 1800 627 701

The National Bowel Cancer Screening Program aims to reduce deaths from bowel cancer by detecting the early signs of the disease. Eligible Australians from 50 to 74 years of age are sent a free, simple test that is done at home. Find out how the program works and how to do the test.

Hearing Services

Auslan services

W auslanservices.com

P 1300 287 526

Auslan Services is a nationally recognised, multi-award winning agency and employer of choice that provides a one-stop shop with the most affordable suite of packages of support to Deaf Australians. Auslan Services have been a regular source of contact via many reputable organisations, agencies, businesses and Government departments at local, state and national levels.

Clarity Hearing Solutions - Clermont

Central Highlands Optical, 41 Capella Street,
CLERMONT QLD 4721

W clarityhearingsolutions.com.au

P (07) 4779 1566

Independent Hearing Loss and Audiology Experts | Advanced, Invisible, Rechargeable and BlueTooth Hearing Aids | Free Services and Aids for Eligible Pensioners and Veterans | Comprehensive Hearing Assessments for Adults and Children | Balance and Vestibular Testing and Rehabilitation | Tinnitus Assessment and Treatment | Ethical, Evidence-based, Clinical Practice Methods

Home Care & Safety Services

Hospital in Your Home

E info@hiyh.com.au

W hiyh.com.au

P 1300 004 495

The Hospital In Your Home service provides you with high-level care in your own home or location of choice so you don't have to stay in hospital. The service is organised for an agreed period of time to help you during your recovery. For the duration of your care you will remain a patient of the hospital.

OnelifeNQ In-Home Care and Community Support

E contact@onelifenq.org.au

P (07) 4957 2180

As a client of OneLife NQ, you will have a dedicated team, fully trained to support you throughout all of life's transitions.

Trilogy Care

E info@trilogycare.com.au

W trilogycare.com.au

P 1300 459 190

Trilogy Care supports you to confidently manage your Home Care Package so you can continue to live comfortably in the home you love. Our experienced team provides personalised care planning and budget administration, as well as the option for coordination of supports, to help you maximise your care hours and wellbeing.

Hospitals

Clermont Hospital

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Clermont Hospital is the main hospital for the Clermont region.

Radiography

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Medical imaging, also known as radiology, is the field of medicine in which medical professionals recreate various images of parts of the body for diagnostic or treatment purposes. Medical imaging procedures include non-invasive tests that allow doctors to diagnose injuries and diseases without being intrusive.

Dysart Hospital

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Dysart Hospital is the main hospital for the Dysart region.

Radiology

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Medical imaging, also known as radiology, is the field of medicine in which medical professionals recreate various images of parts of the body for diagnostic or treatment purposes. Medical imaging procedures include non-invasive tests that allow doctors to diagnose injuries and diseases without being intrusive.

Respite care

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Respite care provides an organised, temporary break both for carers and the person they care for. Letting someone else do the caring for a few hours or days has benefits for both of you.

Wound Management

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Wound Care services are offered to clients with chronic and complex wounds to provide comprehensive and cohesive care to optimise wound healing. Wound Care services are provided in collaboration with other allied health services.

Medical imaging

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Medical imaging, also known as radiology, is the field of medicine in which medical professionals recreate various images of parts of the body for diagnostic or treatment purposes. Medical imaging procedures include non-invasive tests that allow doctors to diagnose injuries and diseases without being intrusive.

Moranbah Hospital

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Moranbah Hospital is the main hospital for the Moranbah region.

Pathology

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Pathology tests can help your doctor understand many health issues you face. This page will allow you to have a good discussion with your doctor about the results.

Respite

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Respite care provides an organised, temporary break both for carers and the person they care for. Letting someone else do the caring for a few hours or days has benefits for both of you.

Wound Management

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Wound Care services are offered to clients with chronic and complex wounds to provide comprehensive and cohesive care to optimise wound healing. Wound Care services are provided in collaboration with other allied health services.

Mental Health Services

1300 MH CALL

W metrosouth.health.qld.gov.au

P 1300 642 255

1300 MH CALL (1300 642 255) is a confidential mental health telephone triage service that provides the first point of contact to public mental health services to Queenslanders.

Beyond Blue Helpline and Online Chat

W beyondblue.org.au

P 1300 224 636

Beyond Blue Webchat provides one-on-one mental health support for people in Australia who are concerned about anxiety, depression or suicide.

Alcohol, Tobacco and Other Drugs

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Alcohol and other drugs (AOD) services provide people with a range of interventions that influence and support the decision to reduce or cease harmful substance use.

Mental Health

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Mental Health service delivers specialised assessment, clinical treatment, and rehabilitation services to reduce symptoms of mental illness and facilitate recovery across all age groups. Mental Health services are focused on providing care to clients who experience the most severe forms of mental illness and behavioural disturbances.

Alcohol Tobacco and Other Drugs

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Alcohol and other drugs (AOD) services provide people with a range of interventions that influence and support the decision to reduce or cease harmful substance use.

Mental Health

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Mental Health service delivers specialised assessment, clinical treatment, and rehabilitation services to reduce symptoms of mental illness and facilitate recovery across all age groups. Mental Health services are focused on providing care to clients who experience the most severe forms of mental illness and behavioural disturbances.

BluePages Depression Information

E ehub@ehubhealth.com

W bluepages.anu.edu.au

BluePages Depression Information provides evidence-based information about depression - what it feels like, how it is diagnosed, how you can seek help and which treatments work. The website includes reviews of the available scientific evidence for a large number of potential depression treatments, so that individuals can make informed decisions about which treatments might be best for them.

E - Hub Health

E ehub@ehubhealth.com

W ehubhealth.com

We provide automated, online mental health programs which are available free to all Australians thanks to funding from the Australian Department of Health.

e-couch self-help

E ehub@ehubhealth.com

W ecouch.anu.edu.au

e-couch is an online, interactive self-help program for common mental health problems. - Free, evidence-based information and self-help training - Program modules for depression, anxiety & worry, social anxiety, bereavement & loss, divorce & separation. - Access anonymously, at your own pace, at any time.

moodgym

E ehub@ehubhealth.com

W moodgym.com.au

moodgym is like an online interactive self-help book which helps you to learn and practise skills which can help to prevent and manage symptoms of depression and anxiety. - Free for all Australians - Over 1 millions users worldwide - Anonymous and confidential - Secure handling of your data - Access anytime, at your own pace - Scientifically evaluated

Galcom

E support@sentient.global

W sentientpsych.com

P 1300 187 448

Sentient Professional Wellbeing is a mental wellbeing, professional wellbeing and research organisation. Our specialised team of clinical psychologists, counsellors, executive coaches and researchers are highly skilled and experienced in working with stress, anxiety, relationships, depression, life transitions, grief & trauma/ PTSD. We welcome all forms of diversity to our clinic.

Headspace Mackay and Satellites

E Mackayheadspace@nwrh.com.au

W headspace.org.au

P (07) 4898 2200

headspace provides information, support and services to young people, aged 12-25 years, and their families and friends across Australia. headspace welcomes and supports young people of any ethnicity, culture, faith, sexual orientation and gender identity. Services cover four core areas: mental health & wellbeing, physical & sexual health, work & study support, and alcohol & other drug services.

Healthspot Ot

E admin@healthspotot.com.au

W linktr.ee

P 0481 301 965

HealthspotOT Occupational Therapy is an online integrative occupational therapy service focussing on mental health and well-being.

Isa Psychology

E caitlin@cgpsych.com

W isapsychology.com.au

P (07) 3129 0196

Psychology services - assessment/intervention, counselling, self exploration. Rebates available, make an enquiry, visit website isapsychology.com.au to find out more, or to book an appointment online. All ages welcome.

Isaac Navicare

2 Appleton Street, MORANBAH QLD 4744

E carenavigator@navicare.org.au

W navicare.org.au

P (07) 4941 9784

Isaac Navicare is a free service that helps connect people across the Isaac region with the most appropriate mental health support for their individual needs.

Life Transitions Coaching Counselling And Therapy Services

E stormtgrace@gmail.com

Confidential Personal Counselling and Family Therapy provided by a fully qualified Therapist in a safe, relaxed, welcoming environment. Services available by appointment locally on site, online and mobile. Call 0438 708 550.

Mental Health First Aide Interntional

E mhfainternational@mhfa.com.au

W mhfa.com.au

P (03) 9079 0200

Mental Health First Aid (MHFA) Australia is a national not-for-profit health promotion charity focused on mental health training and research. MHFA Australia operates under the governance of a Board of Directors and derives funding from government and philanthropic grants, public donations and through its training programs.

Mentoring Men

W mentoringmen.org.au

P 1300 583 925

Mentoring Men provide free long-term one-to-one life mentoring programs for men Australia-wide. We focus on a proactive approach, engaging with Australian men who need help before they spiral into crisis.

Adult mental health

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Mental Health service delivers specialised assessment, clinical treatment, and rehabilitation services to reduce symptoms of mental illness and facilitate recovery across all age groups. Mental Health services are focused on providing care to clients who experience the most severe forms of mental illness and behavioural disturbances.

Child and Youth Mental Health

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Child and Youth Mental Health Service (CYMHS) specialises in helping infants, children, and young people up to the age of 18 who have complex mental health needs. We work collaboratively and in a recovery-oriented way with infants, children and young people and their families. This means we recognise and help build on individual and family strengths for better health and wellbeing.

Hinterland Mental health and Alcohol and other drugs services

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Hinterland Mental Health and Alcohol and Drugs Services provide services for children, youth and adults, specialising in the treatment of individuals who have, or are at risk of developing, a major mental illness or substance abuse problems.

Moranbah Community Mental Health and AODS Service.

Elliott Street, MORANBAH QLD 4744

E cath_pearson@health.qld.gov.au

W mackay.health.qld.gov.au

P (07) 4941 4680

Adults - Provide Access to specialist mental health practice for individuals aged between 18 - 65 years and living in the community, offering assessment, case management.

Muscat and Stacey Psychologists

E muscatstaceypsych@bigpond.com

W muscatstaceypsychologists.com

P (07) 4952 4929

Dr Stacey & Dr Muscat are experienced Clinical Psychologists working with adolescents and adults supporting all mental health conditions. Based at Ooralea Medical Centre or by Telehealth and after-hours. Medicare, Work-cover, DVA and NDIS providers.

Neami Nationals

E support@nqphn.com.au

W neaminational.org.au

P (07) 4034 0300

Neami is a values-based, not-for-profit organisation providing mental health, homelessness and suicide prevention services.

Peaceful Mind Counselling

E admin@pmcounselling.com.au

W pmcounselling.com.au

P 0426 191 010

Jayani Jayatilake is a Counsellor / Accredited Mental Health Social Worker and a member of Australian Association of Social Workers (AASW). Assisting client who experience; Depression, bipolar and other mood disorders, Anxiety Disorder, Eating Disorders, Trauma including Post Traumatic Stress Disorder, Personality disorders, Suicidal thoughts and self-harming behaviors, Domestic violence & etc.

Phoenix Hypnotherapy

E lynne@phoenixhypnotherapy.com.au

W phoenixhypnotherapy.com.au

P 0438 411 551

Psychotherapy, Clinical Hypnotherapy, NLP, EMDR, CBT to transform anxiety and depression, quit smoking and weight loss, Phobia and PTSD. Creating change for clients to access true emotional ease with Nationally accredited Psychotherapist, Lynne Lumley. Natural

Positive Families PSYCHOLOGY CLINIC

E info@positivefamilies.com.au

W positivefamilies.com.au

P (07) 3096 0450

Positive Families is a boutique positive psychology clinic conveniently located in the inner Brisbane suburb of Ashgrove. We provide a comprehensive range of specialised counselling for children, teenagers, adults and families. We support our clients across the broad spectrum of mental health – from individual therapy and treatment of mental health issues to building resilience.

Psychcare Services Telehealth and Psychcare Psychology

E pm@psychcareservices.com.au

W psychcareservices.com.au

P (07) 3812 9001

PsychCare Services is an independent healthcare provider, specialising in the delivery of community based psychiatric assessment and treatment services for clients of all ages. We specialise in providing telepsychiatry services across Australia and have a practice in Ipswich, Qld that offers face to face psychiatry and psychology services.

PsychHelp

W psychhelp.com.au

P 1300 144 357

PsychHelp offers a full range of telehealth based online psychological services across Australia. Our Psychologists are all qualified and registered with a broad range of expertise. We provide a convenient, affordable, and confidential service for all clients with bulk billing also available. Please visit our website for more information and the ability to book an appointment online today.

PsychOrium Forensic and Clinical Psychology Service

E info@psychorium.com

W psychorium.com

P (02) 8772 9559

PsychOrium takes a positive psychology and humanistic approach, we fundamentally believe that every person has a unique strength and we strive to maximise and build upon that strength. Our experienced team provides clinical and forensic assessments and interventions, court and legal aid reports, group therapy, consultancy and training.

Psychthurium

Nebo Medical Centre, 2 Kemmis Street, NEBO
QLD 4742

E hello@psychthurium.com.au

W psychthurium.com.au

P 0459 728 540

In person and telehealth psychology services for people who need it most Working with children, adolescents and adults. Helping people to build a sustainable and thriving life

Queensland Health Victim Support Service

E victim.support@health.qld.gov.au

W health.qld.gov.au

P 1800 208 005

Queensland Health Victim Support Service provides information, support and counselling for victims of serious offences committed by a person with a mental illness.

Reimagine

E reimagine@mhcc.org.au

W reimagine.today

P (02) 9555 8388

Supporting people living with mental health conditions to navigate the NDIS

Mental wellbeing and suicide prevention

E administration@selectability.com.au

W selectability.com.au

P (07) 4951 2973

selectability exists to improve the mental wellbeing of regional Queensland and contribute to suicide prevention in our communities.

Skills4LifePsychology

E admin@skills4lifepsychotherapy.com.au

W skills4lifepsychotherapy.com.au

P 0477 187 768

Timely (no-waiting list) psychological support for anxiety, depression, grief, loss, pain management, panic attacks, self-esteem, anger management, insomnia, couples counselling, and workplace issues. Our life transition therapies are grounded in empathy, trust, and cultural sensitivity. Check our website for available dates and times or contact us.

Talked

E info@talked.com.au

W talked.com.au

P 0466 439 787

Talked provides affordable and Medicare-rebated, NDIS-rebated or private health rebated mental health services.

The ADHD Psychology Clinic

E admin@adhdpsychiatryclinic.com.au

W adhdpsychiatryclinic.com.au

P 1300 517 614

Our psychologists provide Adult ADHD diagnostic assessments. Telehealth consultations Australia wide.

The Psychology Talk

E admin@thepsychologytalk.com.au

W thepsychologytalk.com.au

The Psychology Talk offers a modern, personalised, and kind approach to treating your mental health.

Toxic Thinking - Mental Wellness Apps

W toxicthinking.info

P 0417 906 000

Mental Health Awareness and Prevention. How to build resilience. How to recognise the indicators. What action is appropriate. Who to involve.. Free community resource developed by Boulton Multimedia

UnitingCare - Mackay

E mackay-whitsunday@uccommunity.org.au

W unitingcareqld.com.au

P 1300 096 203

Child, Youth and Family Mental Health Services; Behaviour Change program for men who have a history of domestic and family violence; Counselling and education for parents who are separated; Financial Counselling and Education; Early childhood support services for families who live in remote and isolated areas; StandBy Support for individuals and communities who are bereaved or impacted by suicide.

Unwind Psychology

E unwindpsychology@gmail.com

W unwindpsychology.com.au

P 0493 083 161

Unwind Psychology is a telehealth based online private Psychology practice, providing high-quality psychological treatment and support services to adults across Australia. Offering a range of counselling and psychology treatment options tailored to your needs. You are the expert in your life, and we have the psychology knowledge and training, and together we can help you live your best life.

EMERALD: proactive mental wellbeing program

E psychologyclinic@usc.edu.au

W usc.edu.au

P (07) 5430 1234

EMERALD is an evidence-based program for people experiencing early signs that their mental wellbeing needs proactive attention. This could be due to the impacts of COVID-19 or other life changes that have left you feeling 'not quite yourself'. Through personalised coaching and learning modules, our expert practitioners will help you regain your wellbeing early, before longer-term problems develop.

Vivid Mental Health - Mackay

E sylvia@vividmentalhealth.com.au

W vividmentalhealth.com.au

P (07) 4863 1461

Vivid Mental Health offers a range of psychological therapy, in-person from our Mackay based Private Practice and Teletherapy (Phone and Video-chat) all across Australia. For the Mackay region we are able to offer certain programs on locations such as corporate organisations, schools and universities.

Working4Recovery

E info@working4recovery.com

W working4recovery.com

P 0420 355 374

working4recovery facilitates recovery focused counselling and psychotherapy for people over the age of 12. working4recovery will match the right kind or mix of therapy to your needs. We have particular expertise in trauma informed care including EMDR and assisting professionals with vicarious or work associated trauma. Free services may be available under a stepped care referral.

Thrive FNQ

E admin@worklink.org.au

W worklink.org.au

P (07) 4031 0877

We believe that recovery is possible for everyone and that people have the right to choose what is best for them. We walk alongside the person to help them thrive with their NDIS supports

Young Veterans

E admin@youngveterans.com.au

W youngveterans.com.au

P 0401 793 560

Young Veterans has one goal, enrich the lives of Australian veterans, empowering them to progress and succeed in life after service. Young Veterans was born from a necessity of support that wasn't available. This support is one that inspires Veterans to think outside the box of what is possible, re-engage with civilian society and participate in positive events that challenge and rehabilitate.

Palliative Care

Palliative Care

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

Palliative care aims to give the best possible quality of life to someone living with a life-limiting or terminal illness. It helps people live their life as fully and as comfortably as possible. It is not the same as end-of-life care, which is care given during the last few weeks of life. Palliative care can be helpful at any stage of an illness. Some people receive palliative care for years.

Palliative Care Queensland

E hello@palliativecareqld.org.au

W palliativecareqld.org.au

P (07) 3842 3242

Palliative Care QLD (PCQ) is a charity peak body working to improve the quality of palliative care throughout the state, with a focus on awareness, equity and access. Palliative Care QLD provides and/or promotes: * Education and support for members; * Community awareness and a point of contact for palliative patients, their families, ...

Pharmacies

Clermont Pharmacy

48 Daintree Street, CLERMONT QLD 4721

W sigmahealthcare.com.au

P (07) 4983 1036

For over 30 years, Guardian pharmacies have been committed to delivering health care solutions Australia wide. With over 150 stores, Guardian pharmacies are proud to deliver advice, trust and care to Australian families. Recently, we were honoured to receive awards from Roy Morgan and Canstar Blue for the highest levels of customer satisfaction amongst pharmacies.

Pharmacy

28 Queen Elizabeth Drive, DYSART QLD 4745

W mackay.health.qld.gov.au

P (07) 4941 1911

At the Mackay Base Hospital we provide patient centred pharmacy services, seven days a week. Our pharmacy is not a retail pharmacy – it only provides medication on hospital prescriptions for use while patients are in hospital.

Dysart Pharmacy

18 Queen Elizabeth Drive, DYSART QLD 4745

E andy@nUNET.com.au

W dysartpharmacy.com.au

P (07) 4958 2928

Dysart Pharmacy provide a friendly service with the information and advice you need. This family owned business stocks a range of Services Prescriptions Vitamins Beauty Products Gifts Health care equipment and accessories Hair accessories Aromatherapy products Perfume Toiletries

Dysart Pharmacy

18 Queen Elizabeth Drive, DYSART QLD 4745

E andy@nUNET.com.au

W dysartpharmacy.com.au

P (07) 4958 2928

Dysart Pharmacy is a proudly independent community pharmacy. We have been taking care of the health and wellness needs of the local and surrounding communities since 2005. Andy Hawken opened the pharmacy in 2005 and has continued to provide professional advice and products at great value prices. At Dysart Pharmacy you can always speak with a pharmacist.

Glenden Pharmacy

E kimteoh23@hotmail.com

P (07) 4950 8000

Pharmacy in the Glenden Shopping Centre

Middlemount Pharmacy

Shop 20, 5 Leichhardt Drive, MIDDLEMOUNT QLD 4746

E alex82korol@gmail.com

W mmphcy.com.au

P (07) 4985 7433

Our mission is to provide a complete solution to a customer in an environment of genuine care, compassion and competency.

Priceline Pharmacy Moranbah Fair

Shop 9 Moranbah Fair, Saint Francis Drive, MORANBAH QLD 4744

W priceline.com.au

P (07) 4941 5644

Priceline is dedicated to helping women look good, live well and feel great. We have a vision to be Australia's leading health, beauty and wellbeing retailer, and we're on the right track. In our 400+ stores nationwide, we're dedicated to being first with beauty trends, specialist advice and the best prices.

Priceline Pharmacy Moranbah Fair

Shop 9 Moranbah Fair, Saint Francis Drive, MORANBAH QLD 4744

W priceline.com.au

P (07) 4941 5644

Your Priceline pharmacist is there to assist you by giving you advice and talking through your health concerns. From our friendly staff to our trained cosmeticians, we aim to give you the best advice and recommendations, great prices and the latest products.

Terrywhite Chemmart Moranbah

E Moranbah@TerryWhiteChemmart.com.au

W terrywhitechemmart.com.au

P (07) 4941 7138

Your health is our priority. At TerryWhite Chemmart we're helping to keep you Alive & Well.

Psychiatric Services

Call to Mind

E info@calltomind.com.au

W calltomind.com.au

P (03) 9099 0453

Call to Mind is a telepsychiatry service that allows people across Australia to access quality mental health care. We have a team of psychiatrists and psychologists ranging in availability and speciality to best meet your needs. Consults are held on a video-conferencing platform so you can attend your appointment from anywhere.

Sexual Support Services & Counselling

1800RESPECT

W 1800respect.org.au

P 1800 737 732

Are you experiencing sexual assault or domestic and family violence? Seeking to support someone who is? Qualified, experienced counsellors are available 24/7 to provide support, information and referral. Call 000 if in danger.

Breaking Free Healing Centre

E dianne.spencer@outlook.com.au

P 0403 142 326

Breaking Free Healing Centre Inc. is dedicated to offering affordable and effective hope, healing and specialised recovery to all those suffering from the effects of Emotional, Verbal, Physical, Sexual Abuse and Family Dysfunction.

Brisbane Rape and Incest Survivors Support Centre

E admin@brisssc.org.au

W brisssc.org.au

P (07) 3391 0004

BRISSC provides free support and counselling services to women (over the age of 15 years) who have experienced sexual violence at any time in their lives.

Women's Health Doctors Clinic

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

Sexual Health and Women's Health services are specially trained women's health nurses who provide confidential service to in cervical screening, sexual health and Blood Borne Virus testing and treatment, reproductive health, information about menopause and hormone replacement and information and support on women's health issues.

DV Connect Sexual Assault Helpline

E mail@dvconnect.org

W dvconnect.org

P 1800 010 120

The State-wide Sexual Assault Line offers telephone support and counselling to anyone – women, men and young people – who has been sexually assaulted or abused and for anyone who is concerned or suspects someone they care about might have been assaulted or abused.

Specialist Outpatient Clinics

Deafblind Information Australia

E info@deafblindinformation.org.au

W deafblindinformation.org.au

Deafblind Information Australia is a consortium of Senses Australia, Able Australia and Deafblind Australia.

Specialists

Calm Nights Sleep Consultancy

E hayley@calmnights.com.au

W calmnights.com.au

P 0456 682 531

Calm Nights Sleep Consultancy provides sleep services for expectant parents and children from birth to 10 years. As a certified paediatric sleep consultant, I work co-operatively with families to assist them in gently teaching their child to sleep through the night.

Lactation consultant

24 Francis Street, CLERMONT QLD 4721

W mackay.health.qld.gov.au

P (07) 4983 4000

A lactation consultant helps you with breastfeeding and will help you solve any problem you might have.

Docto

E team@docto.com.au

W docto.com.au

P 1300 336 286

Australia's first online hospital providing medical specialist video-consultations by appointment. Referred patients are matched to the most appropriate specialist in our national database.

Dubberley, Stacey Louise

E ndisnursecontinencespecialist@gmail.com

Continence Assessments for NDIS - Telehealth only (Australia Wide) Online referral and service agreement

<https://form.jotform.com/222121943144850>

Heart of Australia

E reception@heartofaustralia.com

W heartofaustralia.com

P (07) 3162 5310

Providing specialist healthcare services for Australians living in rural and remote communities nationwide.

Queensland Health Spectacle Supply Scheme

W health.qld.gov.au

P 13 74 68

The Spectacle Supply Scheme (SSS) provides eligible Queensland residents with a pair of basic prescription spectacles, once every two years.

Wound Specialist Services

E info@woundservice.com.au

W woundservice.com.au

P (07) 3289 3102

Our vision is to create a better life for people with or at risk for wounds and those caring for them. Wound Specialist Services uses digital solutions to give as many people as possible access to wound knowledge anytime and anywhere to improve patient and health service outcomes. We enable the delivery of best practice wound care through our comprehensive range of services.

Information & Counselling

Carer Information

Breakthrough for Families Qld

E intake@drugarm.com.au

W drugarm.com.au

P (07) 3620 8880

Breakthrough for Families Qld is an information, referral and support program for family members, significant others and loved ones of people who are experiencing alcohol or other drug issues. Book an appointment by calling the Central Intake Service on (07) 3620 8880.

XLH Australia Incorporated

E xlhaustralia@gmail.com

XLH Australia is a patient support and advocacy group for people living with, and people caring for others with, X-linked Hypophosphatemia (XLH).

Disability Information & Counselling

Assistive Technology Australia

E help@at-aust.org

P 1300 452 679

We provide information and advice to people with disabilities, older people, carers, service providers, allied health professionals and the general community on assistive technology solutions for independent living. We run group tours, community talks and workshops to spread awareness about Assistive Technology and its role in aiding independent living.

Beyond Blue Ltd

W beyondblue.org.au

P 1300 224 636

We all have good days and bad days. Then there are those days when something isn't quite right, you've got something on your mind, or things just seem too much.

Financial & Gambling Management & Budgeting

Fair Entitlements Guarantee (FEG)

W ag.gov.au

P 1300 135 040

The Australian Government provides assistance to people owed certain outstanding employee entitlements following the liquidation or bankruptcy of employers, this help is available through the Fair Entitlements Guarantee (FEG).

Gambling Help - National Phone Service

W gamblinghelponline.org.au

P 1800 858 858

Sometimes thinking about a gambling issue is hard. Making a decision on what to do next can be as difficult as knowing when to walk away. Our counsellors know about gambling. 'Talk' to someone online

RFCSNQ

W rfcsnq.com.au

P (07) 4652 5669

The Rural Financial Counselling Service North Queensland (RFCSNQ) provides North Queensland-based farmers/primary producers and small rural businesses with free, confidential and independent planning and support services.

Rural Financial Counselling Service North Queensland

E rfcsnq@rfcsnq.com.au

W rfcsnq.com.au

P (07) 4652 5669

We offer free, local financial counselling that will help your agribusiness or small business to plan for the future and pull through adversity.

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is Australia's largest and longest running financial education and matched savings program. Build financial skills, develop life-long savings habits, and receive up to \$500 to assist with education costs. To participate, you must be 18+ years, be studying or have children at school, have a health care or pensioner concession card, Centrelink payment plus some income from work.

Seeds Of Hope No Interest Loan Scheme (NILS)

E nils@seedsofhope.com.au

W seedsofhope.com.au

P 0490 332 108

We provide fee and interest free loans up to \$1500 to people on Centrelink - depending on benefit received for the purchase of furniture, white goods, electrical appliances, education expenses, medical and dental expenses, car repairs, tyres and registrations.

General Support Services & Counselling

Amputees Queensland

E admin@afsg.org.au

W amputeesqld.org.au

P (07) 3290 4293

Amputees and Families Support Group offers individual and family peer support, hospital visitation, advocacy, social activities, information and referral. Medical aids to new amputees are also provided.

Anchoring Your Life Counselling

E debra@anchoringyourlife.com

W anchoringyourlife.com

P 0490 061 761

I provide counselling support to couples, adults and teenagers. These services can be provided both in my private practice or online for those who may have mobility issues or prefer the sanctity of their own home. I am a private healthcare provider and work with NDIS participants who are self or plan managed.

Capella Tieri Middlemount Community Support Network Inc. - Middlemount

Middlemount Community Hall, James Randell Drive, MIDDLEMOUNT QLD 4746

E admin@ctmlinks.com.au

P 0491 276 259

Capella Tieri Middlemount Community Support Network Assist and plan workshops, conduct needs analysis, facilitate community education and networking, information and referral for government and non government services, emergency relief funding and assist with funding applications

Counselling and Coaching with Astuteology

W astuteology.com

P 0426 952 757

As your qualified registered ACA counsellor and coach, I will work with you to help you overcome your problems, and grow your strengths and talents, so you enjoy better relationships and achieve your lifetime goals. All your counselling and coaching needs will be met, either by phone, Skype or Zoom no matter where you are in the world. Let's work on a plan to build a happier more contented you!

Counselling Services Hervey Bay

E patriciaf20101@outlook.com

W counsellingservicesherveybay.com.au

P 0458 431 919

NDIS Provider- Counselling Individuals, Children and Couples, Clinical Family Therapy, Energy Psychology-Kinesiology and Theta Healing- By Appointments Saturdays. Passionate about helping people to achieve their goals and having a happier healthier life.

Debra Goodchild ~ Family Therapist and Counsellor

E goodchildfamilytherapy@gmail.com

W debragoodchild.com.au

P 0466 042 470

Family therapist specialising in providing services to individuals, couples, families and children to promote and maintain healthy and meaningful relationship irrespective of gender, cultural background or age. Registered NDIS provider. Accredited Triple P parenting practitioner. Strength based approaches to maximise client resourcefulness and resilience.

Diverse Communities and Social Services (DCSS Australia Inc.) Indigenous and LGBTIQA+ Community Justice and Social Services Charity / Not-For-Profit and Charity Community Consultants (NFPCCC) Indigenous DGR PBI Charities

E Info@dcssaustalia.org

W dcss.org.au

P (03) 6185 0292

This program enables us to assist people who are disadvantaged and who genuinely want to change their lives. Clients can complete a WDP through our organisation, for more information please visit: <https://www.dcssaustalia.org/services> or email Justice@dcssaustalia.org

Dr Julie-May Brown

E jmbpsychology@hushmail.com

W jmbpsychology.com.au

P 0421 778 204

Dr Julie-May Brown is an EMDRAA Accredited Clinical Psychologist - specializing in ONLINE treatment for trauma and mental health issues.

Dysart Community Centre - Dysart

21 Queen Elizabeth Drive, DYSART QLD 4745

E admin@dysartcommunity.com.au

P (07) 4958 2461

The services provided are a community development officer and youth worker.

Dysart Community Centre - Dysart

21 Queen Elizabeth Drive, DYSART QLD 4745

E admin@dysartcommunity.com.au

P (07) 4958 2461

The Dysart Community Support Group Inc is an non-profit organization that provides service to the community. The Group was formed in July 1987 to help improve the quality of life of Dysart residents. This goal is based on the value that all people have the right and potential to participate in the decisions that affect their lives. The Group believes quality of life can be achieved by ...

Eating Disorders Assoc

E admin@edq.org.au

W eatingdisordersqueensland.org.au

P (07) 3844 6055

Providing information, individual and group programs, and referrals to individuals with eating disorders, their carers and health professionals.

Family Relationship Advice Line

W familyrelationships.gov.au

P 1800 050 321

For those seeking help, information, support and referral to a range of services that can prevent family breakdown or ease the difficulties associated with separation and divorce.

Healing Beyond Discovery

E info@healingbeyonddiscovery.org

W healingbeyonddiscovery.org

Our group focuses on providing confidential support and information to heterosexual people who discover their partner is gay, lesbian, bisexual or transgender. Our private peer to peer support group offers a safe space to share your story and for you to gain support from people who understand.

Holistic Lifestyle Practice

E admin@holisticlifestylepractice.com.au

P 0459 946 832

Kellie Hansen is an Accredited Mental Health Social Worker, Somatic Experiencing Practitioner and Credentialed Eating Disorder Clinician who provides evidence based psychological therapy for mental health and wellbeing for adolescents and adults in person or via telehealth (phone or video link) with rebates under Medicare and NDIS funding (where eligible).

Youth Empowerment and Support Service (YESS)

E madec@madec.org.au

W madec.org.au

P (07) 4951 1233

Youth Empowerment and Support Service (YESS)

Make It Happen Hypnotherapy

E sandy@make-it-happen-hypnotherapy.com

W mihh.com.au

P 0475 159 415

Sandy is a Registered Clinical Hypnotherapist Psychotherapist. She helps people to find and fulfill their magnificent purpose in life, as she believes that everyone has been given the unique gifts and live their life to the fullest. She promotes brain education, helping people to eliminate blockages in their subconscious mind that limit them, and reinvent the life that they want.

MensLine Australia

W mensline.org.au

P 1300 789 978

MensLine Australia is the nationwide telephone and online support, information and referral service. MensLine Australia offers a safe and confidential 24/7 phone and video counselling service. 1300 78 99 78
<http://www.mensline.org.au/>

Moranbah and District Support Services Association

2 Appleton Street, MORANBAH QLD 4744

E admin@mdssmoranbah.com.au

W mdssmoranbah.com.au

P (07) 4941 5164

MDSS professional staff consists of a Neighbourhood Centre Program Worker, a Domestic Violence Support Counsellor and a team of Rural Family Support Workers. We strive to support and assist all individuals, families, groups and organisations who seek assistance through the rural family support service or community support service.

Nicole Ivens Holistic Counselling

E info@nicoleivens.com

W nicoleivens.com

P 0400 280 475

Counselling Service for Women. Specialising in: Anxiety, Stress, Self-care, Improving Self-confidence, Relationships, Grief & Loss, and Trauma

Northern Frontiers Mediation and Counselling Mediation and Counselling

E reception@northernfrontiers.com.au

W northernfrontiers.com.au

P 1300 908 170

Our counsellors, mediators and psychologists assist with issues such as relationship difficulties, family separation parenting, grief and loss, peer pressure, behaviour management thoughts of suicide/self-harm, conflict at work and many more. Based in Cairns, Queensland, we provide professional services across Australia via phone, or in-person at our Cairns city offices.

Not My Closet

E karen@notmycloset.com

W notmycloset.com

Counselling and coaching throughout Australia for straight spouses who've discovered their partner is a closeted lesbian, gay, bisexual or transgender person.

Nova Psychology

E hello@novapsychology.com.au

W novapsychology.com.au

P 0418 936 120

We are a diverse team of experienced therapists offering support for a broad range of mental health and life concerns. We are able to book clients an appointment for a telehealth consultation anywhere in Australia within one to two weeks. So we provide convenience, flexibility and accessibility with no long wait times. We welcome you to get in touch. Let's have a chat about how we can help (:

Open Arms

E OpenArms.SouthQLD@dva.gov.au

W openarms.gov.au

P 1800 011 046

Veterans and families phone counselling and support line.

Pregnancy Counselling and Education Services Inc.

E info@pcl.org.au

W pcl.org.au

P 1800 777 690

All pregnancy options, pregnancy loss & post abortion issues. Professional, non-directive counselling.

Quitline - Statewide

E 13quit@health.qld.gov.au

W quithq.initiatives.qld.gov.au

P 13 78 48

Provides assistance to smokers interested in changing their smoking behaviour. Trained Quitline advisors are available to provide individually tailored support, encouragement and resources to smokers. Focus is on why people smoke.

Rural Health Connect

E megan@ruralhealthconnect.com.au

W ruralhealthconnect.com.au

P 0427 692 377

A telehealth platform to access bulk billed psychology sessions. No waitlists. Referral from GP and Mental Health Care Plan needed. Committed to supporting rural and remote Australians in their own home. Book an appointment on our website or ask your GP to refer.

Sallyanne Keevers - TalkWise Counselling and Psychotherapy

E sal@talkwise.com.au

W talkwise.com.au

P 0401 045 995

Professional Counselling provided by a registered member of the Australian Counselling Association. Professional Supervision provided by a registered member of the Australian Counselling Association College of Supervisors.

Salt Counselling

E counsellingatsalt@gmail.com

W saltcounselling.com

P 0411 940 665

Compassionate and professional counselling for Individuals aged 13 years to adult. Issues covered include: stress, anxiety, grief and loss, parents and families of children with special needs, trauma, depression workplace stresses, relationship issues. Call or email for a free 15 minute discovery chat today. Kathryn is an accredited mental health Social Worker with over 20 years experience.

Start from Within

E admin@startfromwithin.com.au

W startfromwithin.com.au

P (02) 8971 7392

Counselling and Grief Peer Support Groups

Suicide Prevention Pathways Inc.

E info@talksuicide.org.au

W suicidepreventionpathways.org.au

P 1800 008 255

The TALK SUICIDE Support Service offers FREE Australia wide telephone support and face to face support in the Brisbane region to those at risk of suicide and their family and friends.

talklink

E hey@talklink.com.au

W talklink.com.au

P (03) 7064 9528

An online mental health directory connecting Australians with mental health support. We have available psychologists, counsellors, and psychotherapists available nationwide to help people with mental health concerns. All of our mental health practitioners are available online.

The Butterfly Foundation National Helpline

E support@thebutterflyfoundation.org.au

W butterfly.org.au

P 1800 334 673

The Butterfly Foundation operates a National Helpline that includes support over the phone, via email and online, reaching 20,000 people each year. The Helpline is staffed by trained counsellors experienced in assisting with eating disorders and body image issues. We also provide a wide range of programs for service providers and recovery groups.

Toowoomba Psychology And Counselling

E james.ising@gmail.com

W jamesisingcounselling.com.au

P 0412 742 927

Specialist psychology and counselling to individuals, couples and families. Sessions on anger, depression and anxiety, marriage and relationships, parenting, and work/life balance. James Ising is a down to earth Psychologist and Counsellor with extensive professional experience working in the non-profit, Government and health sectors. Confidential specialist service.

Transformative Place Counselling Service

E counsellortpcs@gmail.com

W transformativeplace.com.au

P 0418 961 475

Online counselling service for Australians 18 years and over

UnitingCare Country Callback

W unitingcareqld.com.au

P (07) 3253 4000

Country Callback is a 24/7 telephone support service for drought affected and isolated communities within rural Queensland. The service offers targeted emotional support to rural Queenslanders and the ability to call you back for additional support and check-ins.

Walking Life's Path Counselling Service

E walkinglifesp@liferestored.me

W liferestored.me

P 0411 513 430

Seek to: identify goals & potential solutions to problems causing emotional turmoil; improve communication & coping skills; strengthen self-esteem; & promote behaviour change & optimal mental health.

Lesbian, Gay, Bisexual and Transgender (LGBTQIA+)

AltSpace Therapies

E natalia@altspacetherapies.com.au

W altspacetherapies.com.au

P 0402 305 300

AltSpace Therapies is a queer owned and operated, inclusive trauma-informed counselling, coaching, and somatic therapy practice dedicated to serving the diverse needs of the queer, gender non-conforming, and CNM communities. Our practice is founded on the principles of respect, acceptance, inclusion, and understanding, providing a safe and affirming space for individuals and relationships.

Diverse Voices

E yvonne@diversevoices.org.au

W diversevoices.org.au

P 1800 184 527

Diverse Voices is a Queensland based non-profit organisation with a focus on the well being of the diverse voices that make up our community. Our focus is on the operation of a LGBTQ+ peer to peer telephone, web chat and referral service.

LGBTI Legal Service Inc

E mail@lgbtilegalservice.org

W lgbtilegalservice.org.au

P (07) 3124 7160

We offer free and confidential legal advice to Queensland residents who identify as members of the diverse LGBTQ+ community. Bookings essential. Please call our Client Services team to reserve an appointment with our solicitors. Open weekdays from 9.00 am - 5.00 pm, plus evening advice sessions on Wednesdays until 7.00 pm.

QLife

E ask@qlife.org.au

W qlife.org.au

P 1800 184 527

QLife is Australia's first nationally-oriented peer support and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI).

Trans Wellbeing

E info@transwellbeing.com

W transwellbeing.com

P 0481 360 427

An online group program for parents of transgender and gender diverse people. Compassionate and evidence-based information and support.

Loss & Grief Support Services & Counselling

Ladybird Care Foundation

E mentoring@ladybirdcare.org.au

W ladybirdcare.org.au

P 1800 954 224

Ladybird Care Foundation exists to ensure that every bereaved parent who wants and needs care from a Peer Mentor, with lived experience, receives it. We believe that no bereaved parent should have to walk this journey alone.

Maternity Support Services & Counselling

National Perinatal Anxiety and Depression Helpline

E info@panda.org.au

W panda.org.au

P 1300 726 306

PANDA National Helpline Monday - Friday 9am to 7.30pm AEST/AEDT confidential Australia-wide counselling, support, information and referrals to local services. Tel: Support 1300 726 306, Admin 03 9926 9090

Pregnancy Counselling Australia

E admin@pregnancycounselling.com.au

W pregnancyhelpaustralia.org.au

P 1300 737 732

An Australia-wide telephone support service for concerns associated with: - An unexpected or difficult or challenging pregnancy. - Grief or anxiety following termination or other pregnancy loss. We understand that it often takes courage to seek assistance. Our telephone support workers will listen to your concerns and respond to your request for information, support or counselling.

Suicide & Self Harm Information

ConNetica Consulting

W connetica.com.au

P (07) 5491 5456

ConNetica is recognised and awarded in Australia and internationally for our thought leadership in mental health and suicide prevention, comprehensive approach to service mapping, collaboration and integration, stakeholder engagement, suicide prevention training programs, advocacy and research.

Grapevine Group

E secretary@grapevinegroup.org.au

W grapevinegroup.org.au

Grapevine Group Assoc Inc is a locally-founded community group which delivers suicide prevention training and awareness in the Mackay region. To date, our organisation has proudly trained over 6,000 people in our community. Grapevine also promotes the list of local suicide prevention resources on printed Help-a-mate cards. Find the list or sign up to free training at www.grapevinegroup.org.au

Suicide Prevention Training

E council@kentish.tas.gov.au

W kentish.tas.gov.au

P (03) 6491 0200

The CORES (Community Response to Eliminating Suicide) program delivers suicide prevention education providing individuals and organisations with skills and resources required to identify and respond to people at risk of suicide including recognising the warning signs of suicide, intervening before a potential crisis occurs, and supporting the person at risk to access appropriate services.

LivingWorks Education Australia

E info@livingworks.com.au

W livingworks.com.au

P 1300 738 382

LivingWorks is the world's leading provider of suicide intervention training. For more than thirty years, we have developed and delivered programs of the highest quality with the goal of saving lives from suicide. Praised by the international community and supported by numerous studies, our workshops help people become more willing, ready, and able to intervene with someone at risk.

Marcus Mission

E contactus@wmq.org.au

W wmq.org.au

P 0419 750 607

Suicide is the leading cause of death for Australian men aged 18-44 years. Marcus Mission aims to reduce the risk of suicide for young men in this age group.

Legal Assistance & Information Services

General Legal Assistance & Information

Anti Discrimination Commission QLD - Brisbane

E info@qhrc.qld.gov.au

W qhrc.qld.gov.au

P 1300 130 670

The Queensland Human Rights Commission works to promote equal opportunity and protect people from unreasonable limitations on their human rights, unlawful discrimination, vilification and sexual harassment. The QHRC manages complaints and assists parties to resolve through conciliation. The Commission also conducts training to raise awareness about human rights and rights and responsibilities.

Community Legal Centre - Central QLD

E admin@cqclc.org.au

W cqclc.org.au

P 1800 155 121

Free legal advice, information and referral service for Central Qld residents.

Mackay Regional Community Legal Centre Inc

E admin@mrclc.com.au

W mrclc.com.au

P (07) 4953 1211

Provides free and confidential legal advice, information, ongoing assistance, referrals and community legal education throughout the Mackay, Whitsunday and Isaac regions. Assistance can be provided by phone or in person in Mackay or at the following outreach locations: Sarina, Cannonvale, Proserpine, Bowen and Moranbah. Bookings are essential. Open 9am - 4pm weekdays and some evenings.

Mackay Regional Community Legal Centre Inc - Moranbah

2 Appleton Street, MORANBAH QLD 4744

E admin@mrclc.com.au

W mrclc.com.au

P (07) 4953 1211

The MRCLC provides free legal assistance at the Moranbah Youth and Community Centre on the third Wednesday of the month by appointment only. Appointments in Mackay or by phone are available between 9am-4pm on weekdays.

Mental Health Court registry

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing.

QE11 Courts of Law Complex

E registrarmhc@health.qld.gov.au

W courts.qld.gov.au

P (07) 3082 0554

The Mental Health Court decides the state of mind of people charged with criminal offences. The court hears matters in Brisbane and also conducts hearings via videoconferencing.

Queensland Public Interest Law Clearing House - Brisbane

E admin@lawright.org.au

W lawright.org.au

P (07) 3846 6317

LawRight is an independent not-for-profit community legal centre. LawRight improves the lives of vulnerable people by increasing access to justice through various services including the: Pro Bono Connect, Court and Tribunal Services, Duty Lawyer Services, Outreach Legal Clinics and Health Justice Partnerships.

Women's Legal Service - Rural, Regional and Remote Legal Advice

E admin@wlsq.org.au

W wlsq.org.au

P (07) 3392 0644

Rural, Regional & Remote Legal Advice Line 1800 457 117 Tuesday: 9.30am - 1.30pm Women's Legal Service is a specialist community legal centre providing free legal and social work services to Queensland women. We assist women in the areas of family law, child support, domestic violence and child protection, as well as providing community legal education.

Local Advocacy Services

Queensland Council of Civil Liberties

E forum.qccl@gmail.com

W qccl.org.au

P 0409 574 318

The Queensland Council for Civil Liberties (QCCL) is a voluntary organisation concerned with the protection of individual rights and civil liberties. It was founded in 1966 in order to protect and promote the human rights and freedoms of Queensland citizens.

Mediation & Ombudsman Support

Australian Financial Complaints Authority

E info@afca.org.au

W afca.org.au

P 1800 931 678

The Australian Financial Complaints Authority (AFCA) helps individuals to resolve complaints about financial products and services. It's free to the public and you don't need to pay someone to help you lodge a complaint.

Crime And Corruption Commission

E mailbox@ccc.qld.gov.au

W ccc.qld.gov.au

P 1800 061 611

Open Mon-Fri 8am-5pm with after hours emergency service. Look after complaints against police, councils, public service etc. Operate to combat major crime, raise public sector integrity and protect witnesses.

Family Dispute Resolution

E admin@familymediationdirect.com.au

W familymediationdirect.com.au

P 1300 559 459

We provide family dispute resolution (mediation) services to separated people who need to reach agreement on children & property matters. We start the process within 2 business days and guarantee our availability for mediation within 5 business days after individual intake sessions are completed.

Family Mediation Direct

E admin@familymediationdirect.com.au

W familymediationdirect.com.au

P 1300 559 459

We assist parent going through separation to reach agreements about their children and property.

Mediation

E admin@familymediationdirect.com.au

W familymediationdirect.com.au

P 1300 559 459

We provide mediation services to separated people who need to reach agreement on children & property matters. We start the process within 2 business days and guarantee our availability for mediation within 5 business days after individual intake sessions are completed.

Peak, Industry and Funding Bodies

Peak Bodies

CheckUP

E info@checkup.org.au

W checkup.org.au

P (07) 3105 8300

CheckUP Australia fosters innovation and integration, working collaboratively to deliver practical solutions focused on best practice outcomes—for a better primary health care sector and better health

Council On The Ageing Queensland

E info@cotaql.org.au

W cotaql.org.au

P (07) 3316 2999

COTA Queensland, a member of the COTA Federation is a for purpose registered charity committed to advancing the rights, needs, interests and futures of people as we age. Our vision is that ageing in Queensland is a time of possibility, opportunity and influence.

Diabetes Queensland

E info@diabetesqld.org.au

W diabetesaustralia.com.au

P 1800 177 055

Diabetes Queensland is the peak body for people with diabetes in Queensland, providing a powerful voice for people living with or at risk of diabetes.

Disability Advocacy Network Australia (DANA)

E info@dana.org.au

W dana.org.au

Disability Advocacy Network Australia (DANA) is a national peak body for Disability Advocacy Services - It does not provide direct services to the community.

Hepatitis Queensland

E info@hepqld.asn.au

W hepqld.asn.au

P 1800 437 222

Hepatitis Queensland is the peak body for the hepatitis and liver health sector in Queensland. We are a community based, non-government organisation providing a range of initiatives, projects and programs to address stigma, improve the lives of those affected by viral hepatitis and meet emerging liver health challenges.

Indigenous Allied Health Australia

E admin@iaha.com.au

W iaha.com.au

P (02) 6285 1010

Indigenous Allied Health Australia is a national, member-based Aboriginal and Torres Strait Islander allied health organisation. IAHA leads sector workforce development and support to improve the health and wellbeing of Aboriginal and Torres Strait Islander peoples.

Kidney Health Australia

E Kidney.Helpline@kidney.org.au

W kidney.org.au

P 1800 454 363

We are the peak body for kidney health in Australia. For over 50 years, we have connected people to the vital information, education and support services they need to preserve their kidney health and live a better quality of life if they are diagnosed with kidney disease.

Northern Queensland Primary Health Network (NQPHN) - Cairns

E support@nqphn.com.au

W torres-cape.health.qld.gov.au

P (07) 4034 0300

Northern Queensland Primary Health Network (NQPHN) is working to make health better for all people in North Queensland. We have a focus on improving health for populations that are most at risk, such as Aboriginal and Torres Strait Islander people and older Australians. We are actively engaging people in communities through our Community Advisory Groups.

NQPHN - Mackay

E support@nqphn.com.au

W nqphn.com.au

P (07) 4963 4400

Northern Queensland Primary Health Network (NQPHN) is working to make health better for all people in North Queensland. We have a focus on improving health for populations that are most at risks, such as Aboriginal and Torres Strait Islander people and older Australians. We are actively engaging people in communities through our Community Advisory Groups.

Pharmacy Guild of Australia - Queensland

E enquiries@qldguild.org.au

W guild.org.au

P (07) 3831 3788

The Pharmacy Guild of Australia is the national peak body representing community pharmacy.

Peak Body for Queensland's Community Mental Health Sector

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

The Queensland Alliance For Mental Health reforms, promotes and drive community mental health and wellbeing services for all Queenslanders, through its influence and collaboration with its Members and strategic partners.

Psychosocial Peak Body

E admin@qamh.org.au

W qamh.org.au

P (07) 3394 8480

As the Psychosocial Peak Body in Queensland, QAMH provides information about services in your area, training to boost inclusion and advocates directly to Government on issues affecting people experiencing psychosocial difficulties.

Queensland Youth Housing Coalition

E admin@qyh.org.au

W qyh.org.au

P 0448 073 463

The QYHC provides information to young people throughout Queensland who are homeless or at risk of homelessness.

Skills Alliances

Australian Women In Agriculture (AWiA)

E administration@awia.org.au

W awia.org.au

P 0490 346 195

Australia's peak organisation for women across all areas in agriculture since 1994. We are a network of women across Australian agriculture and beyond. Together, we are a stronger voice and a voice that can make a difference.

Recreation & Leisure

Fitness Activities

Dysart GymDysart Community Lifestyles Centre

29 Queen Elizabeth Drive, DYSART QLD 4745

E dysartgym@bigpond.com

P 0427 121 686

DYSART GYM is a local Not-For-Profit gym run by a fantastic committee, great staff & of course our amazing volunteers. All profits made are put back into our gym. Our gym is equipped with a large range of free weights 1kg - 55kg, weight machines and cardio equipment.

Live online Yoga and Pilates Classes

E info@kevalahealth.com.au

W kevalahealth.com.au

Live Stream Online Yoga and Pilates classes. Private personal training NDIS registered. General yoga, pilates, mixed yoga-pilates, meditation, fitness, rehab

Nebo Community Fitness

Corner of Oxford Street & Bowen Street, NEBO QLD 4742

E ncfi@outlook.com

The gym is open 24-7. The gym is run by volunteers. This organisation is run by volunteers who do their best for the Community in relation to making it possible for all residents whether permanent or itinerant to utilise the facility.

The Yoga Partnership

E theyogapartnership@gmail.com

W theyogapartnership.com.au

P 0411 628 417

The Yoga Partnership is designed to increase the capacity and reach of yoga in Australia. At The Yoga Partnership we are passionate about providing the benefits of yoga and mindfulness to people who do not have access to a regular class by providing yoga online. Classes possible in lounge rooms, work sheds and back verandas of people living outside QLD's major cities. We are a NFP

General Recreation and Leisure

Absolom Park

Winterer Crescent, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Anzac Park

Eldridge Place, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Apex Park

Moranbah Access Road, Goonyella Road, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Bernborough Park

Bernborough Avenue, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Binda Park

Grosvenor Drive, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Blue Mountain Park

Nolan Drive, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Brian Coughlan Park

Corner Clements Street and Mills Avenue, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Brolga Park

9 Harris Street, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Camm Park

Centenary Drive North, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Centenary Park

Lime Street, CLERMONT QLD 4721

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Centenary Park

Beardmore Crescent, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Centenary Park

Cnr Reynolds Street and Oxford Streets, NEBO QLD 4742

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

ClassBento

E hi@classbento.com.au

W classbento.com.au

ClassBento is all about the fun and stimulation that comes with learning (or teaching) a skill and being present in the moment. Be inspired by our experienced teachers, and give your brain a chance to stretch those creative wings. Join our mission and let's bring more healthy arty fun into our communities.

Clermont Skate Park

Rubyvale Road, CLERMONT QLD 4742

W isaac.qld.gov.au

P 1300 472 227

Isaac has seven (7) skating facilities for the youth of the region.

Curlew Park

60 Alfred Quinn Drive, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Dysart Skate Park

Christian Street, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac has seven (7) skating facilities for the youth of the region.

Flohr Park

Flohr Drive, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Fox Park

Yeates Crescent, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Gilchrist Park

Gilchrist Terrace, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Glenden Skate Park

Town Centre, Ewan Drive, GLENDEN QLD 4743

W isaac.qld.gov.au

P 1300 472 227

Isaac has seven (7) skating facilities for the youth of the region.

Greatest Version Strength

13 Saint Francis Drive, MORANBAH QLD 4744

E info@gvstrength.com.au

W gvstrength.com.au

P 0408 463 675

We are a gym providing the Moranbah Community with a space to train where they feel safe and supported while reaching health goals. We welcome our member's with a warm smile, so they feel at home and are already set up for a positive workout. We have a memberships for everyone starting from ages 13. (Adult supervision required for ages 13-15).

Hewitt Park

Dysart Connection Road, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Kingfisher Park

Eldridge Place, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Koala Park

Koala Terrace, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Kookaburra Park

72 Clarence Baker Drive, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Latemore park

Rosella Court, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Leichhardt Recreation Park

Seashore Street, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Library Park

Batchelor Parade, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Lions Park

Garnham Drive, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Lions Park

Stuart Terrace, GLENDEN QLD 4743

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Lions/Emu Park

129 Centenary Drive North, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Middlemount Skate Park

Leichhardt Drive, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac has seven (7) skating facilities for the youth of the region.

Moranbah New Skate Park

Cnr of Parella St & Appleton St, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac has seven (7) skating facilities for the youth of the region.

Moranbah Old Skate Park

McCool Street, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac has seven (7) skating facilities for the youth of the region.

Moranbah Lions Park

12 Belyando Avenue, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Mouat Park

Raven Crescent, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Nebo Skate Park

Kemmis Street, NEBO QLD 4742

W isaac.qld.gov.au

P 1300 472 227

Isaac has seven (7) skating facilities for the youth of the region.

Newton Park

Blair Street, CLERMONT QLD 4721

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Nolan Park

Yeates Street, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Perry Park

Cnr Reynolds Street and Oxford Streets, NEBO QLD 4742

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Pheasant Park

13 Richard Austen Crescent, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Pioneer Park

Cheeseborough Road, CLERMONT QLD 4721

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

PointGlen

E marketing@pointglen.com.au

W pointglen.com.au

P (07) 4968 0000

We are Mackay's leading Property Development company and we deliver community events for the Mackay region.

Ray and Jean Goldsmith Oval

Seashore Street, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Rose Harris Park

Capella Street, CLERMONT QLD 4721

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Rosella Park

18 Chappell Street, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Spring Park

Blair Street, CLERMONT QLD 4721

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Sunshine Park

Corner Utah Drive and Nonette Street, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Ted Rolfe Oval

Mills Avenue, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Theresa Creek Dam

Perry Albert Drive, CLERMONT QLD 4721

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Town Square Park

Town Square Avenue, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Unity Park

Kingfisher Street, MORANBAH QLD 4744

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Vince Coyne Oval

Fisher Street, DYSART QLD 4745

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council maintains multiple parks with available space to hire. Go to our website for more information on how you can hire park space.

Outdoor Recreation and Leisure

Palm and Cycad Societies of Australia Inc

E martin.lack@mlaa.com.au

W pacsoa.org.au

P (07) 3878 2974

We hold meetings, publish newsletters, books and magazines, and have an annual show to further the conservation and cultivation of Palms and Cycads

West's Netball Association

E westsnb@gmail.com

W westsnetball.org

West's Netball Association is a netball club catering to all, young & old, female & male. We cover the Pioneer Valley in Qld from Walkerston to Eungella and all places between. West's have celebrated many years of being a great club for any who enjoy outdoor netball.

Religion & Philosophy

Churches and Places of Worship

Anglican Church Central Queensland

52 Daintree Street, CLERMONT QLD 4721

E nikko8@bigpond.com

W anglicanchurchcq.org.au

P (07) 4983 3484

Located on the corner of Capricorn & Daintree Streets

Dysart Family Fellowship Church

Family Fellowship - The Blue Church

36 Queen Elizabeth Drive, DYSART QLD 4745

E bluechurch@bigpond.com

P (07) 4958 2684

Church services held on Sunday, Community Support .

St Mary's Parish Clermont

Capricorn Street Douglass Street, CLERMONT QLD 4721

E helen_archer@rok.catholic.edu.au

W rok.catholic.net.au

P (07) 4983 1829

St Mary's Church Clermont

UCA Clermont Capella Uniting Church Council

Capella Street Box Street, CLERMONT QLD 4721

E heather.james3@bigpond.com

W clermontcapellauc.org.au

P 0429 641 897

To share Christ's love in our daily lives through Worship, Witness and Service.

United Church of God

E BillBradford@ucg.org.au

W ucg.org.au

P 0438 113 502

The Clermont congregation of the United Church of God meets each Saturday (Sabbath). The 2-hour weekly worship Service is structured around Bible instruction, usually with a sermon and hymns.

General Religion & Philosophy

Clermont Life Church

58 Capella Street, CLERMONT QLD 4721

E Clermontchurch@bigpond.com

W lifechurch.com.au

P 0402 928 412

Our Sunday services could best be described as energetic, life-giving, fun and empowering. Each service runs for 60 minutes. A friendly face will meet you at the door.

Self Help

General Self Help Services

National Continence Helpline

W continence.org.au

P 1800 330 066

The National Continence Helpline is a free telephone advisory service.

PRETERM INFANTS' PARENTS' ASSOCIATION INC (PIPA)

E contactus@pipa.org.au

W pipa.org.au

P 1300 773 672

Our goal is to raise awareness of premature birth and to provide understanding, support, information, encouragement and friendship to parents of premature infants.

Preterm Infants Parents Association Inc. (P I P A)

E contactus@pipa.org.au

W pipa.org.au

P 1300 773 672

Practical and emotional support to families of infants born premature. Raise awareness of premature birth and provide support, information, encouragement and friendship to parents of preterm infants.

QENDO Inc

E info@qendo.org.au

W qendo.org.au

P (07) 3321 4408

QENDO is the peak body for people affected by endometriosis and other pelvic health related conditions. Our work assists in advising and advocating for improved services and quality of life for our members. We support anyone affected by endometriosis, adenomyosis, PCOS, infertility or pelvic pain, by offering them the tools, services and programs to understand and take control of their health.

Heart-Based Living

W realtimeheart-based.com

P 0409 676 857

We provide a pathway to support people on their unique path to happiness and vitality, for each stage, change and challenge in life; to discover all that they are; become more aware; feel more present in their moments for lasting wellbeing and contentment in their lives. This is done through: public events, personal sessions, an online discovery journey, projects and online events, workplaces.

Sahaja Yoga Queensland

E peter.hewitson1@gmail.com

W sahajayogaqld.com

P 0438 781 413

Sahaja Yoga provides free meditation programs for the community all around Australia.

The NAKED Soul

E admin@thenakedsoul.com.au

W thenakedsoul.com.au

P 1300 625 331

The purpose of The NAKED Soul (our WHY) is to ... Inspire Humanity to Love. Experience more joy, gratitude, kindness and well-being in your day-to-day life, through our wellbeing programs, private coaching & transformational life workshops.

Life coaching

E your.listener.coaching@gmail.com

W yourlistener.wixsite.com

P 0402 333 950

John Cuturilo is Your Listener, a new type of life coach in Australia who helps people to overcome challenges and make changes in their lives. Drawing on a rich base of knowledge and experience, John eschews extravagance, vague claims, and expensive packages for tested strategies based on real experience in demanding situations.

Sport

Aquatic Sports

Clermont Swimming Centre

Collins Street, CLERMONT QLD 4721

W isaac.qld.gov.au

P (07) 4983 1350

The Clermont Swimming Centre is a fun, relaxing, safe and clean complex for all community members to enjoy.

Dysart Swimming Pool

Queen Elizabeth Drive, DYSART QLD 4745

W isaac.qld.gov.au

P (07) 4958 1126

The Dysart Swim Centre strives to create a safe & clean complex for families & individuals to enjoy. We offer learn to swim classes from babies to adults.

Flaggy Rock Swimming Pool

Flaggy Rock Road, FLAGGY ROCK QLD 4741

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council supports multiple aquatic centres and pools where you can join a club or learn to swim. See our website for more information.

Glenden Swimming Pool

Town Centre, Ewan Drive, GLENDEN QLD 4743

W isaac.qld.gov.au

P (07) 4950 8946

Isaac Regional Council supports multiple aquatic centres and pools where you can join a club or learn to swim. See our website for more information.

Middlemount Swimming Pool

1 Eldridge Place, MIDDLEMOUNT QLD 4746

W isaac.qld.gov.au

P (07) 4926 6041

Isaac Regional Council supports multiple aquatic centres and pools where you can join a club or learn to swim. See our website for more information.

Moranbah Greg Cruikshank Aquatic Centre

Belyando Avenue, MORANBAH QLD 4744

W isaac.qld.gov.au

P (07) 4941 7226

Isaac Regional Council supports multiple aquatic centres and pools where you can join a club or learn to swim. See our website for more information.

Nebo Swimming Pool

Oxford Street, NEBO QLD 4742

W isaac.qld.gov.au

P (07) 4950 5955

Isaac Regional Council supports multiple aquatic centres and pools where you can join a club or learn to swim. See our website for more information.

St Lawrence Swimming Pool

Corner Macartney Street and Railway, ST LAWRENCE QLD 4707

W isaac.qld.gov.au

P 1300 472 227

Isaac Regional Council supports multiple aquatic centres and pools where you can join a club or learn to swim. See our website for more information.

Field Team Sports

Dysart Rugby League Football Club

Fisher Street, DYSART QLD 4745

E dsrlfcpresident@gmail.com

Dysart Bulls Senior Rugby League Club competes in the Central Highlands Rugby League Competition, with a proud history dating back 40 years

Outdoor Sports

Central Highlands Equestrian Group Inc Inc

E cheg_101@outlook.com

P 0427 712 862

Welcome! CHEG is an EA-affiliated club based in the Central Highlands, QLD. We hold clinics with EA accredited coaches, competitions, and club days. Such as dressage, jumping, show horse, and multi-discipline competitions.

Middlemount Rodeo Association

E middlemountrodeoassociation@gmail.com

Rodeo and campdrafts Activities

Sports Clubs

Dysart Amateur Boxing ClubDysart Amateur Boxing

Fisher Street, DYSART QLD 4745

E dysartamateurboxing@outlook.com

P 0417 915 531

Sport - Sports Clubs - Sports Clubs. Boxing and fitness

Dysart Bowls Club

1 Queen Elizabeth Drive, DYSART QLD 4745

E dysartbc@bigpond.net.au

P (07) 4958 1277

Come play some bowls its free Dining room open for lunch and dinner 7 days a week Lunch 11:30am-2:00pm Dinner 6:00pm-8:30pm Bar open everyday from 10:00am

Dysart Golf ClubDysart Golf Club

Fisher Street, DYSART QLD 4745

E djgc.coordinator@hotmail.com

P (07) 4958 2378

Set amongst the rolling hills and trees, it offers a challenging yet fun 9 holes of play. Come enjoy a great round of golf while experiencing some great views of the countryside.

Middlemount Boxing and Fitness

35 Rosewood Street, MIDDLEMOUNT QLD 4746

E Mbf@outlook.com.au

P 0417 194 008

Welcome to Middlemount Boxing & Fitness where we offer more than just boxing! This a safe place for Children & Adults, Men & Women to build confidence in themselves, learn respect & discipline all while learning the foundations of boxing.

Middlemount Community Sports

AssociationMiddlemount Community Sports Ass.

E mcsa@middlemountsports.com.au

A multi sport association offering swimming, tennis, netball, cricket, gymnastics and soccer to the community of Middlemount and surrounding areas.

Middlemount Junior Rugby

LeagueMiddlemount Junior Rugby League

E mmjrl@yahoo.com

P 0451 818 047

Middlemount Junior Rugby League U6's to U14's - Training every Tuesday & Thursday afternoons. Times TBA

Middlemount Race Club

E Middlemount_race_club@hotmail.com

W racingqueensland.com.au

P 0427 389 138

The Middlemount Race Club

Middlemount Senior Rugby league

E middlemountrugbyleague@gmail.com

Middlemount Senior Rugby League Football Club, established in 1982 and based in Central Queensland, three hours drive from Mackay and Rockhampton, is a long lasting piece of Middlemount history. Over the years the Middlemount Panthers have always been a high contender in the Central Highlands Rugby League competition with many talented players from the bush.

Middlemount Touch Football

E mmtouchfootball@gmail.com

Middlemount Community Touch Football. Games played Monday night

Moranbah Race Club

12 Sarchedon Drive, MORANBAH QLD 4744

E secretary.moranbahraceclub@gmail.com

P 0400 449 008

The Moranbah Race Club was established to encourage promote and conduct the sport of thoroughbred horseracing within the Isaac region. MRC hosts three race meetings per year resulting in 4000 visitors attending our facility per annum. Our patrons are mostly aged 18+, however we are utilising our June race meeting to target families with children.

Transport Services

Community Transport

Comlink Australia - Fitzroy (Gladstone and Rockhampton)

E marketing@comlinkaustralia.com.au

W comlinkaustralia.com.au

P 1300 785 054

Comlink Australia Transport Services.

Taxi Subsidy Scheme

E TSSU@translink.com.au

W qld.gov.au

P 1300 134 755

People unable to travel alone: Blind or severely vision impaired; epilepsy; physical disability; intellectual impairment; behaviour disorders etc. Must be permanent resident of Queensland.

General Transport Services

Department of Child Safety, Disability Services and Seniors, Child Safety and Disability Services – Companion Card - Brisbane

W qld.gov.au

P 13 74 68

For those who have a significant lifelong need for attendant care support in order to attend activities and venues in their community.

Department of Veterans Affairs - Travel Reimbursement Scheme - Brisbane

W dva.gov.au

P 13 32 54

Reimbursement of travelling expenses to receive medical treatment. Travel may include the use of private vehicles, taxis, community transport, public transport, air transport, ferries, meals and accommodation.

Volunteering

General Volunteering Services

St John Qld - Volunteer Services

E volunteer@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

By volunteering for St John Ambulance Queensland you are actively taking part in enhancing the lives of Queenslanders and their families. Join our diverse team to gain real life experiences while having fun and making friends.

Volunteer mentor to a child in foster care - Brisbane

E admin@thepyjamafoundation.com

W thepyjamafoundation.com

P (07) 3256 8802

At The Pyjama Foundation, we provide young people in foster care the opportunity to change the direction of their lives with learning, life skills and confidence. Since 2004, we have supported 11,000 young people across Queensland, New South Wales and Victoria.

The Trustee For Freddy Bear Foundation

E hello@freddymatch.org

W freddymatch.org

P 1300 737 090

At FreddyMatch, we drive social change through technology, using our unique algorithm to match people with great opportunities, increasing volunteer participation rates and building stronger communities.

Volunteering Queensland Inc

E reception@volunteeringqld.org.au

W volunteeringqld.org.au

P (07) 3002 7600

Volunteering Queensland (VQ) is the state's peak body for volunteering. It represents the interests of volunteers, and community organisations who utilise the services of volunteers.

Welfare Assistance & Services

General Welfare & Support Services

Clermont Community Housing And Other Services Inc

2 Lime Street, CLERMONT QLD 4721

E administration@cchaosi.com.au

W cchaosi.com.au

P (07) 4983 3400

The State Government funds a specialist homelessness service for people who are homeless or at risk of being homeless, along with affordable low income community housing. The Commonwealth Government funds us for 10 hours a week to act as an agency for Services Australia, assisting the community with inquiries and completing tasks for Centrelink.

Orange Sky Australia - Mackay

W orangesky.org.au

P (07) 3067 5800

We have a simple formula; we provide a platform for every day Australians to connect through a regular laundry and shower service.

Saver Plus

E saverplus@bsl.org.au

W bsl.org.au

P 1300 610 355

Saver Plus is a 10-month matched savings program that helps people to build their financial skills, establish a savings goal and develop long term saving habits. When finished, participants receive up to \$500 in matched savings which can be used for education costs such as computers and tablets, text books and uniforms.

St John Qld Telephone Services

E enquiries@stjohnqld.com.au

W stjohnqld.com.au

P 1300 785 646

Our Community Calls service (previously known as Silver Cord) is a Queensland wide telephone reassurance service aimed at improving social connections. If you or a loved one are feeling lonely or isolated, or would just appreciate an extra check-in or chat during the week, our telephone services can help.

National Perinatal Support Program

E info@thebabesproject.com

W thebabesproject.com.au

P 1300 140 212

The Babes Project works with women who are seeking additional support during pregnancy. We run a National support service providing our Perinatal Support Program via phone and video calls for pregnant and early parenting women across Australia, who cannot access one of the Centres.

Meals on Wheels

Clermont Meals On Wheels

Clermont Hospital, Francis Street, CLERMONT QLD 4721

E clermontMOW@outlook.com

W qmow.org

P 0429 490 102

Clermont Meals on Wheels

Second Hand Shops

Lifeline Shop - Moranbah

Mills Ave, MORANBAH QLD 4744

W unitingcareqld.com.au

P (07) 4941 5831

This outlet is part of a network of more than 200 Lifeline retail outlets around the country, that sell a variety of quality used goods.

Vinnies Clermont

30 Douglas Street, CLERMONT QLD 4721

E clermont.shop@svdpqld.org.au

W vinnies.org.au

P (07) 4983 2031

We sell second hand donated goods including men's, women's and children's clothing, accessories, bric-a-brac, manchester, toys, books, media, and lots more. We also accept good quality, undamaged and clean donations. Please shop and donate during our opening hours listed below

Youth Services

General Youth Services

Brave Foundation

E info@bravefoundation.org.au

W bravefoundation.org.au

P 0448 088 380

The Brave Foundation is a national charity which runs a program supporting expecting and parenting teens and young people up to age 25 face to face and virtually in Cairns and surrounding areas, by providing mentoring and connecting them to the services and resources they need and supporting that ongoing engagement.

Emergency and Long Term Accommodation in Moranbah Inc (ELAM)

2 Appleton Street, MORANBAH QLD 4744

E admin@elaminc.com.au

W elammoranbah.com

P (07) 4941 5602

ELAM Youth Service provides information, referral, support and programs for young people aged 10-25 who are living, working or studying in Moranbah and the local area.

Little Dreamers Australia

E info@littledreamers.org.au

W littledreamers.org.au

P 1800 717 515

As Australia's leading Young Carer organisation, Little Dreamers works with young people who provide unpaid care for a family member with a disability, illness or addiction. Across a range of direct support programs, we're improving the quality of life for Young Carers across Australia, with a vision that every single Young Carer around the world is supported by someone or something by 2030.

Teen Shed Mackay Inc

E teenshedmackay@gmail.com

P 0429 226 932

Teen Shed Mackay Inc is a space for all teenagers to come and make new friends, spend time with old ones, be apart of workshops, programs and activities, to learn life skills and for them to just be in their own safe space.

Youth Information & Counselling

ehedspace

W headspace.org.au

P 1800 650 890

ehedspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends. If you're based in Australia and going through a tough time, ehedspace can help. You can talk 1-on-1 with an ehedspace clinician via an online chat, email or over the phone.

Mackay Youth Support Service

E u-nite@myss.org.au

W myss.org.au

P (07) 4865 1255

Counselling and support for young people aged 10-18 years and their families.

Mackay Youth Support Services Inc

E u-nite@myss.org.au

W myss.org.au

P (07) 4865 1255

MYSS is aware of the problems that families and young people face in everyday life. Most teenagers and families will experience conflict at some time. Mackay Youth Support Service provides counselling, mediation and a parenting skills program to parents and young people aged 10 - 18 who require assistance at these times.

Youth In Motion

E caitlin.tanaka@youthinmotion.org.au

W youthinmotion.org.au

The Learning Project provides free 1-1 tutoring to students who might be having a hard time. Our students experience disadvantage in many ways – from learning and attention difficulties to mental health issues. We make sure no student is left behind.

Youth Insearch

E admin@youthinsearch.org.au

W youthinsearch.org.au

P 1800 805 635

Australia's leading peer-led youth trauma recovery organisation, dedicated to supporting at-risk youth aged 12-25. We run Weekend Workshops, Weekly Support Groups and Individual Support for young people to connect and develop life skills. Our programs are delivered with youth, supported by expert adults.

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