

Shire of Leonora

# COMMUNITY DIRECTORY



---

# Welcome to the Shire of Leonora Directory

This directory has been brought to you by the Shire of Leonora as a community resource to connect everybody in the Shire of Leonora region.

The information in this resource is linked to My Community Directory, an Australia-wide online community Directory. Any health or community service can list their information for free on My Community Directory and manage their information to make sure that it is accurate and up to date.

Information in the online version of this document is updated nightly from the My Community Directory Platform. If you notice information is incorrect, please send an email to [support@mycommunitydirectory.com.au](mailto:support@mycommunitydirectory.com.au) or call **1300 762 515**. You can also update your own information by logging in to My Community Directory yourself at [mycommunitydirectory.com.au/Account/Login](https://mycommunitydirectory.com.au/Account/Login).

If you would like to see events that are happening in the area, or you would like to list events yourself for free, you can visit [mycommunitydiary.com.au](https://mycommunitydiary.com.au).

Event and directory information is also available on the **My Community Info App** available for download for free on iOS or Android devices.

We hope that you find this a valuable resource to connect with your local community.



---

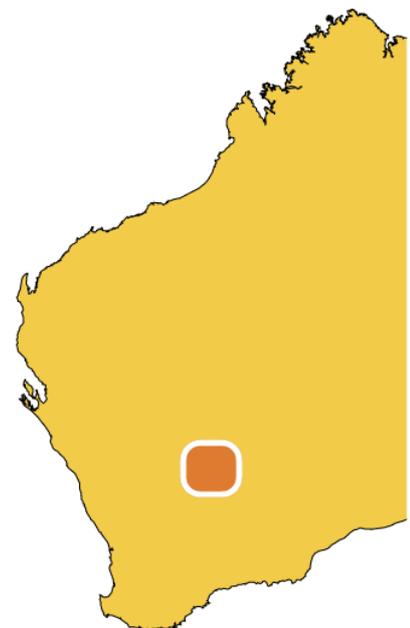
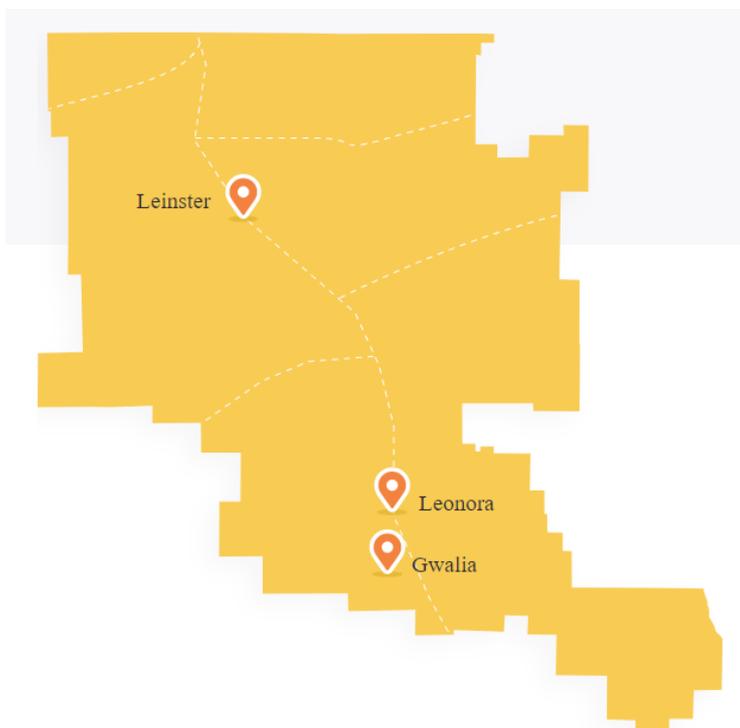
# About the Region

The Shire of Leonora is situated within the Northern Goldfields region of Western Australia. The main township of Leonora is located approximately 830km northeast of Perth and 237km north of Kalgoorlie-Boulder. It is a service centre for the mining, exploration, and pastoral industries.

The Shire covers an area of 31,958sq km and is home to a diverse community, including a large fly-in-fly-out workforce. Due to the transient nature of visitors and workers, the population fluctuates from around 800 to 1,500 people.

Gold was first discovered in the area in 1895 and a year later the townsite of Leonora was established. Leonora started as a small settlement of hessian shacks, but the town quickly grew and by the early 1900s had a population of over 1000 people.

In 1963 the closure of the Sons of Gwalia mine substantially effected the population of the neighbouring settlement of Gwalia. However, the townsite of Leonora continued to thrive due to alternative economic revenue streams. Today, the mining and pastoral industries are still going strong throughout the Shire, with cattle being the main pastoral commodity, and gold and nickel being produced in large quantities.



---

# Our Venues & Facilities

## Administration Office

Monday-Friday 8.00am-4.30pm

(08) 9037 6044 | [admin@leonora.wa.gov.au](mailto:admin@leonora.wa.gov.au)

16 Tower Street, Leonora

PO Box 56, Leonora WA 6438

 [www.leonora.wa.gov.au](http://www.leonora.wa.gov.au)

## Community Resource Centre

Monday-Friday 9.00am-4.30pm

(08) 9037 7521 | [leonora@crc.net.au](mailto:leonora@crc.net.au)

JG Epis Centre, 60 Tower Street, Leonora

## Information Centre & Library

Monday-Friday 9.00am-4.30pm

(08) 9037 7016 | [library@leonora.wa.gov.au](mailto:library@leonora.wa.gov.au)

Cnr Tower & Trump Street, Leonora

## Recreation & Aquatic Centre

\*Pool operates Oct-Apr Tue-Sun 10am-6pm

(08) 9037 6379

Cnr Tower & Rajah Street, Leonora

**Gymnasium:** Open 24/7

For gym memberships, visit the Admin Office

## Oval Complex & Bowls Club

For venue hire contact:

(08) 9037 6044 | [admin@leonora.wa.gov.au](mailto:admin@leonora.wa.gov.au)

## Works Depot

Contact Works Manager

0428 376 154 | [mws@leonora.wa.gov.au](mailto:mws@leonora.wa.gov.au)

22 Tower Street, Leonora

## Waste Disposal

Leonora-Laverton Road, Leonora

## JG Epis Centre

### Meeting Room Hire

(08) 9037 7521 | [leonora@crc.net.au](mailto:leonora@crc.net.au)

60 Tower Street, Leonora

## Leonora Early Learning Centre

Monday-Friday 8.00am-5.00pm

(08) 9037 7997 | [kidzcare@leonora.wa.gov.au](mailto:kidzcare@leonora.wa.gov.au)

38 Hoover Street, Leonora

## Gwalia Historic Precinct

**Museum:** Monday-Sunday 9.00am-4.00pm

**Café:** Monday-Sunday 10.00am-3.00pm

(08) 9037 7122 | [museum@gwalia.org.au](mailto:museum@gwalia.org.au)

 [www.gwalia.org.au](http://www.gwalia.org.au)

## Leonora Domestic Airport

**Reservations:** Skippers Aviation 1300 729 924

**Private landings:** [eo@leonora.wa.gov.au](mailto:eo@leonora.wa.gov.au)

**Avgas:** Works Supervisor 0428 376 454

# Contents

|  |           |
|--|-----------|
| <b>ABORIGINAL SERVICES</b> .....                       | <b>9</b>  |
| GENERAL ABORIGINAL SERVICES.....                       | 9         |
| <b>ACCOMMODATION SERVICES</b> .....                    | <b>9</b>  |
| CRISIS & EMERGENCY ACCOMMODATION.....                  | 9         |
| <b>ADVOCACY SERVICES</b> .....                         | <b>9</b>  |
| GENERAL ADVOCACY SERVICES.....                         | 9         |
| NATIONAL & INTERNATIONAL ADVOCACY SERVICES.....        | 10        |
| <b>AGEING SERVICES</b> .....                           | <b>10</b> |
| AGEING INFORMATION & COUNSELLING.....                  | 10        |
| GENERAL AGEING SERVICES.....                           | 10        |
| HOME CARE & SAFETY SERVICES.....                       | 11        |
| SENIORS CLUBS & SOCIAL GROUPS.....                     | 12        |
| <b>ANIMAL SERVICES</b> .....                           | <b>12</b> |
| GENERAL ANIMAL SERVICES.....                           | 12        |
| <b>ARTS &amp; CREATIVES</b> .....                      | <b>12</b> |
| CULTURAL ARTS.....                                     | 12        |
| LITERARY ARTS.....                                     | 12        |
| PERFORMING ARTS & MUSIC.....                           | 12        |
| <b>CHILD SERVICES</b> .....                            | <b>13</b> |
| CHILD (AND PARENT) INFORMATION & COUNSELLING.....      | 13        |
| GENERAL CHILD SERVICES.....                            | 14        |
| PLAY GROUPS & CHILDCARE.....                           | 14        |
| <b>COMMUNICATION &amp; INFORMATION</b> .....           | <b>14</b> |
| COMMUNITY INFORMATION & REFERRAL SERVICES.....         | 14        |
| GENERAL COMMUNICATION & INFORMATION.....               | 15        |
| <b>COMMUNITY CENTRES, HALLS &amp; FACILITIES</b> ..... | <b>15</b> |
| GENERAL COMMUNITY FACILITIES.....                      | 15        |
| <b>COMMUNITY CLUBS &amp; INTEREST GROUPS</b> .....     | <b>16</b> |
| COMMUNITY SERVICE CLUBS.....                           | 16        |
| <b>CRISIS &amp; EMERGENCY SERVICES</b> .....           | <b>16</b> |
| ABUSE & ASSAULT SERVICES.....                          | 16        |
| CRISIS COUNSELLING & INTERVENTION SERVICES.....        | 16        |
| GENERAL CRISIS AND EMERGENCY SERVICES.....             | 17        |
| WELFARE ASSISTANCE & SUPPORT SERVICES.....             | 17        |
| <b>CULTURAL AND MIGRANT SERVICES</b> .....             | <b>17</b> |
| GENERAL CULTURAL GROUPS.....                           | 17        |
| MIGRANT SERVICES.....                                  | 17        |
| <b>DISABILITY SERVICES</b> .....                       | <b>18</b> |
| CARER INFORMATION.....                                 | 18        |
| DISABILITY ACCOMMODATION SERVICES.....                 | 18        |
| DISABILITY INFORMATION & COUNSELLING.....              | 18        |
| DISABILITY RESPITE AND ACTIVITY CENTRES.....           | 19        |

|  |           |
|--|-----------|
| GENERAL DISABILITY SERVICES .....                        | 19        |
| <b>EDUCATION .....</b>                                   | <b>25</b> |
| ADULT EDUCATION .....                                    | 25        |
| GENERAL EDUCATION PROGRAMS .....                         | 25        |
| LITERACY & NUMERACY PROGRAMS .....                       | 27        |
| SPECIAL EDUCATION PROGRAMS .....                         | 27        |
| <b>EMPLOYMENT &amp; TRAINING .....</b>                   | <b>27</b> |
| DISABILITY EMPLOYMENT & TRAINING SERVICES .....          | 27        |
| EMPLOYMENT INFORMATION & ASSISTANCE .....                | 27        |
| GENERAL EMPLOYMENT & TRAINING SERVICES .....             | 28        |
| <b>ENVIRONMENT &amp; CONSERVATION .....</b>              | <b>28</b> |
| ENVIRONMENT & CONSERVATION LOCAL HISTORY .....           | 28        |
| ENVIRONMENTAL ACTION & CONSERVATION .....                | 29        |
| <b>HEALTH SERVICES .....</b>                             | <b>29</b> |
| ADULT HEALTH SERVICES .....                              | 29        |
| AGEING HEALTH SERVICES .....                             | 29        |
| ALLIED HEALTH .....                                      | 29        |
| CHILD YOUTH & FAMILY HEALTH .....                        | 31        |
| COMMUNITY HEALTH & MEDICAL .....                         | 31        |
| DRUG & ALCOHOL SERVICES .....                            | 32        |
| GENERAL HEALTH SERVICES .....                            | 33        |
| GENERAL PRACTICE/DOCTOR .....                            | 34        |
| HEALTH REHABILITATION SERVICES .....                     | 35        |
| HEALTH SCREENING SERVICES .....                          | 35        |
| HEARING SERVICES .....                                   | 35        |
| HOME CARE & SAFETY SERVICES .....                        | 36        |
| HOSPITALS .....  | 36        |
| MENTAL HEALTH SERVICES .....                             | 36        |
| PHARMACIES .....   | 41        |
| PSYCHIATRIC SERVICES .....                               | 41        |
| SEXUAL SUPPORT SERVICES & COUNSELLING .....              | 41        |
| SPECIALIST OUTPATIENT CLINICS .....                      | 42        |
| SPECIALISTS .....  | 42        |
| <b>INFORMATION &amp; COUNSELLING .....</b>               | <b>42</b> |
| CARER INFORMATION .....                                  | 42        |
| DISABILITY INFORMATION & COUNSELLING .....               | 42        |
| FINANCIAL & GAMBLING MANAGEMENT & BUDGETING .....        | 43        |
| GENERAL SUPPORT SERVICES & COUNSELLING .....             | 43        |
| LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBTQIA+) .....  | 46        |
| LOSS & GRIEF SUPPORT SERVICES & COUNSELLING .....        | 46        |
| MATERNITY SUPPORT SERVICES & COUNSELLING .....           | 47        |
| SUICIDE & SELF HARM INFORMATION .....                    | 47        |
| <b>LEGAL ASSISTANCE &amp; INFORMATION SERVICES .....</b> | <b>47</b> |
| MEDIATION & OMBUDSMAN SUPPORT .....                      | 47        |
| <b>PEAK, INDUSTRY AND FUNDING BODIES .....</b>           | <b>48</b> |
| FOUNDATIONS .....  | 48        |
| INDUSTRY BODIES .....                                    | 48        |
| PEAK BODIES .....  | 48        |
| SKILLS ALLIANCES .....                                   | 48        |
| <b>RECREATION &amp; LEISURE .....</b>                    | <b>49</b> |
| CRAFTS .....   | 49        |
| FITNESS ACTIVITIES .....                                 | 49        |
| GENERAL RECREATION AND LEISURE .....                     | 49        |
| <b>SELF HELP .....</b>                                   | <b>49</b> |

|   |           |
|---|-----------|
| GENERAL SELF HELP SERVICES .....              | 49        |
| <b>SPORT .....</b>                            | <b>50</b> |
| AQUATIC SPORTS.....                           | 50        |
| SPORTS CLUBS .....                            | 50        |
| <b>VOLUNTEERING.....</b>                      | <b>51</b> |
| GENERAL VOLUNTEERING SERVICES .....           | 51        |
| <b>WELFARE ASSISTANCE &amp; SERVICES.....</b> | <b>51</b> |
| GENERAL WELFARE & SUPPORT SERVICES .....      | 51        |
| <b>YOUTH SERVICES .....</b>                   | <b>51</b> |
| GENERAL YOUTH SERVICES .....                  | 51        |
| YOUTH CRISIS & EMERGENCY SERVICES .....       | 52        |
| YOUTH INFORMATION & COUNSELLING .....         | 52        |
| <b>INDEX.....</b>                             | <b>53</b> |



# A-Z Guide

---

## Aboriginal Services

---

### General Aboriginal Services

#### Tiddas In Business - FREE Business Workshops

E [info@murawin.com.au](mailto:info@murawin.com.au)

W [dev.murawin.com.au](http://dev.murawin.com.au)

P 0400 294 331

The Tiddas in Business program is a series of culturally appropriate business activities that introduce entrepreneurship, business, & leadership skills. The activities are led by Indigenous Businesswomen who provide insights, strategies, tools & resources for starting and growing business.

## Accommodation Services

---

### Crisis & Emergency Accommodation

#### Crisis Care Helpline

W [wa.gov.au](http://wa.gov.au)

P 1800 199 008

Accommodation Services - Crisis & Emergency  
Accommodation - Crisis & Emergency  
Accommodation.

#### South West Refuge Bunbury

W [swrefuge.com.au](http://swrefuge.com.au)

P (08) 9791 2894

South West Refuge provides safe and secure accommodation, advocacy and support for women, and women with children, escaping Family and Domestic Violence.

## Advocacy Services

---

### General Advocacy Services

#### Consumers of Mental Health WA

E [admin@comhwa.org.au](mailto:admin@comhwa.org.au)

W [comhwa.org.au](http://comhwa.org.au)

P (08) 9258 8911

CoMHWA provides: systemic advocacy to improve mental health services and support consumer wellbeing; promotes education and training; provides and facilitates consumer representation; consults with consumers and stakeholders in mental health; provides public education; and provides policy advice on mental health services in WA. Main activities relate to Mental health and crisis intervention.

#### Mental Health Advocacy Service (MHAS)

E [contactus@mhas.wa.gov.au](mailto:contactus@mhas.wa.gov.au)

W [wa.gov.au](http://wa.gov.au)

P (08) 6234 6300

The Mental Health Advocacy Service (MHAS) provides independent advocacy to assist consumers of mental health services protect their rights. The MHAS includes a dedicated youth advocate for children and advocates in Albany, Broome, Bunbury and Kalgoorlie.

#### PWDWA/Albany

E [info@pwdwa.org](mailto:info@pwdwa.org)

W [pwdwa.org](http://pwdwa.org)

P (08) 9420 7279

Our advocacy services are available to any person with a disability. You do not have to be a member to access advocacy. All of the advocacy work that PWDWA does follows the principals of the National Disability Strategy

## National & International Advocacy Services

### Australian Sickle Cell Advocacy Inc

**E** [mail@aussicklecelladvocacy.org](mailto:mail@aussicklecelladvocacy.org)

**W** [aussicklecelladvocacy.org](http://aussicklecelladvocacy.org)

**P** 0414 309 995

Australian Sickle Cell Advocacy Inc (ASCA) Inc is an independent not for profit organisation dedicated to supporting and representing those affected by Sickle Cell Disease (SCD) in Australia. ASCA offers support to families and individuals of African and other culturally diverse backgrounds that are affected by SCD in Australia. We have chapters / representatives Australia wide.

### Cataract Kids Australia

**E** [info@cataractkids.org.au](mailto:info@cataractkids.org.au)

**W** [cataractkids.org.au](http://cataractkids.org.au)

**P** 0407 885 580

Our goal is ultimately to improve the visual outcomes of children affected by cataract. We aim to enhance the support and information provided to families, work with clinicians to optimise treatment outcomes and link with researchers to improve the flow of information.

### Older Persons Advocacy Network

**E** [enquiries@opan.com.au](mailto:enquiries@opan.com.au)

**W** [opan.org.au](http://opan.org.au)

**P** 1800 700 600

Older Persons Advocacy Network offer free, independent and confidential services that focus on supporting older people and their representatives to raise and address issues relating to accessing and interacting with Commonwealth funded aged care services.

### Parkinson's Australia

**E** [ceo@parkinsons.org.au](mailto:ceo@parkinsons.org.au)

**W** [parkinsons.org.au](http://parkinsons.org.au)

**P** 0419 770 010

Parkinson's Australia is the national peak body and charity representing more than 70,000 Australians living with Parkinson's. We advocate for the needs of people living with Parkinson's, and for their families and carers. Parkinson's Australia represents, at the national level, the interests of its federation of state and territory members on all matters relating to Parkinson's and carer issues.

## Ageing Services

---

### Ageing Information & Counselling

#### Advocare care finder program

**E** [rights@advocare.org.au](mailto:rights@advocare.org.au)

**W** [advocare.org.au](http://advocare.org.au)

**P** (08) 9479 7566

care finder program - Perth North, Perth South, South West and Central/Western Wheatbelt.

#### LiveUp

**E** [general@ilaustralia.org.au](mailto:general@ilaustralia.org.au)

**W** [liveup.org.au](http://liveup.org.au)

**P** 1800 951 971

LiveUp is a free and confidential service that provides expert advice, personalised support, and community connections to help you age your way. LiveUp is a national platform designed to help you reimagine, reset and reconnect with living your life to its fullest.

### General Ageing Services

#### Acorn Stairlifts

**E** [info@acornstairlifts.com.au](mailto:info@acornstairlifts.com.au)

**W** [acornstairlifts.com.au](http://acornstairlifts.com.au)

**P** 1800 158 676

We supply and install stairlifts in private residences and commercial properties to enable the user to safely navigate the staircase. We are the only direct manufacturers in Australia and can install with 7 - 10 days. Our stairlift is the slimmest on the market, we have everything in stock in our warehouse in O'Connor and have a number of demonstration lifts to view.

#### Council On The Ageing WA

**E** [admin@cotawa.org.au](mailto:admin@cotawa.org.au)

**W** [cotawa.org.au](http://cotawa.org.au)

**P** (08) 9472 0104

Working towards an equitable, just and inclusive society in which older people can flourish.

### **National Dementia Help Line**

**E** nsw.midnorthcoast@dementia.org.au

**W** dementia.org.au

**P** 1800 100 500

The National Dementia Helpline is a free telephone service that provides information and advice to: people living with dementia. people concerned about changes to memory and thinking. people living with Mild Cognitive Impairment (MCI)

### **Hendercare - West Perth**

**E** hello@hendercare.com.au

**W** hendercare.com.au

**P** 1300 764 433

We've been supporting older Australians since 2004. We provide care in your home, in hospitals and in aged care facilities. It's our job to find the right person to come and work with you. And it's a job we take very seriously. Get in touch with our friendly team today.

### **SALT Directory - Senior and Aged care Living Transition Directory**

**E** info@saltdirectory.com.au

**W** saltdirectory.com.au

**P** 0417 757 977

SALT (Senior & Aged care Living Transition) Directory provides a central location to easily find businesses and services that help support families and their loved ones to transition to retirement villages or aged care. The Directory members are vetted to ensure they operate with the right intent and provide services with care, compassion and empathy.

### **Tech help for seniors - Life skills for youngsters!**

**E** info@youngster.co

**W** youngster.co

**P** 1300 774 711

We provide digital education for seniors and create jobs for youngsters. We bring generations together!

## **Home Care & Safety Services**

### **Brightsky Australia**

**E** orders@brightsky.com.au

**W** brightsky.com.au

**P** 1300 886 601

BrightSky Australia is your one-stop-shop for specialist healthcare products. BrightSky offers Australia-wide home delivery of an extensive range of everyday and "hard-to-find" healthcare products

### **Daily Safety Check-in Call**

**E** customercare@carecallingnow.com

**W** carecallingnow.com

**P** 0422 989 163

Most people have a parent or grandparents. Are you one of them? Our clients are children like you who are WORRIED about a Loved One, Help I've fallen & can't get up. WE HELP people know that all is well we check-in with a care call every day

### **Daily Welfare Check by Phone to Check they are OKAY**

**E** customercare@carecallingnow.com

**W** carecallingnow.com

**P** 0422 989 163

We help busy people with older family members, that may be at risk, living at home alone, who want to know for certain that they are OKAY. Many people will remember "Help I've Fallen & I Can't Get UP!" When will you know?

### **InteliCare**

**W** intelicare.com.au

**P** 1300 001 145

Live independently safely with InteliCare smart home sensors and intelligent mobile phone app. InteliCare turns any home into a smart home using non-invasive smart sensors (no cameras). No buttons to press, no devices to wear. InteliCare works silently in the background gathering information from the household and alerting through the mobile phone app if behaviours change.

### **My Companionship**

**E** admin@mycompanionship.com.au

**W** mycompanionship.com.au

**P** (08) 6245 2319

Home Care provider delivering consistent care to Perth residents.

## Seniors Clubs & Social Groups

### Connected au

**W** [connectedau.com.au](http://connectedau.com.au)

**P** 0437 570 585

Connected AU was born out of this concern, with a focus on helping people who might be isolated, vulnerable and lonely. Mea built a free online platform to connect and engage people, and The Letterbox Project became the foundation of this platform.

## Animal Services

---

### General Animal Services

#### Assistance with Domestic Duties for NDIS Pet Owners

**E** [support@petcloud.com.au](mailto:support@petcloud.com.au)

**W** [petcloud.com.au](http://petcloud.com.au)

**P** 1300 667 785

PetCloud's national service offers 1. Animal Assisted Mentoring in the Community, 2. Pet Care during Hospital Treatment or Rehabilitation, 3. Assistance with Pet related Household tasks

#### Pet Cloud

**E** [support@petcloud.com.au](mailto:support@petcloud.com.au)

**W** [petcloud.com.au](http://petcloud.com.au)

**P** 1300 667 785

PetCloud is Australia's most trusted Pet Care Services booking website to book Pet Sitting, Home Visits, House Sitting, Dog Walking, Day Care, Pet Taxis, Grooming, Washing and Brushing, 24hr supervision, and Dog Training. To connect with a Pet Sitter, Post a Job, and available Pet Sitters in your area will apply <https://www.petcloud.com.au>

## Arts & Creatives

---

### Cultural Arts

#### Walkatjurra Cultural Centre

35 Tower Street, Leonora, LEONORA WA 6438

**P** (08) 9467 6046

The Walkatjurra Cultural Centre operates two key activities, the Walkatjurra Ranger group and the Walkatjurra Art Project.

#### What do you know about Aboriginal Australia?

**W** [kadomuir.com](http://kadomuir.com)

**P** (08) 6313 3956

Kado Muir is an artist, a cultural authority and a modern entrepreneur. He runs an infopreneur business supported by a young and talented team specializing in Aboriginal art, culture and engagement.

### Literary Arts

#### Jen Robe Writes

**E** [jenrobewrites@gmail.com](mailto:jenrobewrites@gmail.com)

**W** [organizablelife.com](http://organizablelife.com)

I write memoirs and biographies based on people's lives. I will interview you or your loved one in a conversational style and write your life story. It is a perfect way to preserve your family's history. I can also work to record the stories of those unable to speak, due to injury, illness, or death. I have a background in elder and disability care.

### Performing Arts & Music

#### Attaboi Music Magazine

**E** [info@wildoatsrecords.net](mailto:info@wildoatsrecords.net)

**P** 0467 955 772

Attaboi is a community music organisation working to push minority voices and issues currently affecting the Australian music industry.

### **Catch Music**

**E** [coordinator@catchmusic.org.au](mailto:coordinator@catchmusic.org.au)

**P** 0458 228 248

Catch Music is about regular, local opportunities to create and enjoy music, build and share skills and experience, and connect with like-minded people in a welcoming environment.

### **Choirs4Kids**

**E** [sing@choirs4kids.com](mailto:sing@choirs4kids.com)

**W** [choirs4kids.com](http://choirs4kids.com)

**P** 0414 205 919

Choirs4Kids is an online singing program for ages 4 to 15, fostering creativity, building confidence, and forming friendships. Our expert-led sessions empower young voices to shine, creating a joyful and supportive musical community. Join us on a remarkable journey where the magic of singing transforms lives. We also offer a kids choir in Manjimup, WA.

### **Fremantle Fairground Association**

**E** [info@fairgroundproductions.com](mailto:info@fairgroundproductions.com)

**P** 0437 807 329

The Fremantle Fairground Assoc. Inc was formed in 2007 to nurture positive social outcomes through the provision of arts, education and cultural exchange. The fairground production house provides best practice arts performers, trainers, events and programs.

### **Helen O'Grady Drama Academy— Southern Suburbs**

**E** [kerry.jones@helenogrady.net.au](mailto:kerry.jones@helenogrady.net.au)

**W** [helenogrady.net.au](http://helenogrady.net.au)

**P** 0414 689 261

Self development program through drama for children aged 5 - 17. We hold weekly classes throughout the metropolitan area. Our prime aim is to develop ongoing confidence and skill in verbal communication.

### **Sambanistas Street Percussion and Community Arts Group**

**E** [enquiriesandbookings@sambanistas.com](mailto:enquiriesandbookings@sambanistas.com)

**W** [sambanistas.com](http://sambanistas.com)

**P** 0466 426 740

The Sambanistas are a not-for-profit community group, which means that anyone can join us. No musical experience is required. If you fancy coming along and giving it a go, just bring yourself and a smile!

### **The Instrumentals Community Orchestras**

**E** [info@communityorchestras.org.au](mailto:info@communityorchestras.org.au)

**W** [communityorchestras.org.au](http://communityorchestras.org.au)

**P** 0487 952 370

Located in Perth, Western Australia, we are a volunteer-run organisation designed to offer friendly, relaxed and un-auditioned ensemble opportunities for young and old. To join you just require some idea about reading music and, for adults, the enthusiasm to revisit long forgotten childhood talent or to take up a new challenge as an adult learning an instrument!

## **Child Services**

---

### **Child (and Parent) Information & Counselling**

#### **Pregnancy Birth and Baby**

**E** [info@nhccn.com.au](mailto:info@nhccn.com.au)

**W** [pregnancybirthbaby.org.au](http://pregnancybirthbaby.org.au)

**P** 1800 882 436

Pregnancy, Birth and Baby is a national Australian Government service providing support and information for expecting parents and parents of children, from birth to 5 years of age.

#### **Free Counselling for Separated Parents and Children**

**E** [reception@lifelinewa.org.au](mailto:reception@lifelinewa.org.au)

**W** [wa.lifeline.org.au](http://wa.lifeline.org.au)

**P** (08) 9261 4498

Lifeline WA is committed to supporting separated parents throughout WA. We offer FREE individual counselling for family members before, during and after separation. Our counsellors provide one-on-one support to develop strategies to manage conflict and identify options and solutions. To find out more visit our website, complete our online referral form and email [counselling@lifelinewa.org.au](mailto:counselling@lifelinewa.org.au)

### **Magic Coat for Kids Pty Ltd**

**E** [admin@themagiccoat.com](mailto:admin@themagiccoat.com)

**W** [themagiccoat.com](http://themagiccoat.com)

**P** 0477 997 661

A social/emotional wellbeing program, designed for young children and their primary carers to learn preventative mental health strategies together.

Based on the analogy of putting on an imaginary coat with memorable characters inside the pockets, representing various strategies children can use to take control & responsibility for their own world & to create positive relationships with others.

### **Reachout Australia**

**E** [info@reachout.com](mailto:info@reachout.com)

**W** [about.au.reachout.com](http://about.au.reachout.com)

**P** (02) 8029 7777

ReachOut Parents Coaching is for any Australian parent with teenagers aged between 12–18 years, with access to a computer. If you're worried or want to build on your relationship with your teenager, we provide a free one-on-one online coaching program. ReachOut Parents Coaching is a free service with sessions that are personalised to suit your individual needs and concerns. With coaches from

### **The Aussie Hands Foundation Inc**

**E** [info@aussiehands.org](mailto:info@aussiehands.org)

**W** [aussiehands.org](http://aussiehands.org)

To raise awareness of hand differences in the community and support families who have a child living with a hand difference and connecting them to other families in a similar situation and also to adults living with a hand difference.

### **WA Child Safety Services- Bunbury – Collie – Busselton**

**E** [admin@childsafetyservices.com](mailto:admin@childsafetyservices.com)

**W** [wacss.com.au](http://wacss.com.au)

**P** 1300 310 083

WACSS is a not-for-profit provider of abuse prevention programs and resources. They deliver a tailored Protective Behaviours program for families in home and other areas around WA. Their Child Safety Trainers will organise a time to visit your family at your home, school or other safe location to conduct the session after following the instructions on their site.

## **General Child Services**

### **Raising Connected Kids**

**E** [karen@connectededucation.com.au](mailto:karen@connectededucation.com.au)

**W** [raisingconnectedkids.com.au](http://raisingconnectedkids.com.au)

**P** 0430 306 111

Teaching school-aged children skills and strategies to build self-confidence and emotional resilience. Online courses and ongoing weekly coaching for children to support emotional development facilitated by Children's Emotional Well-being coaches qualified and experienced in Education and Psychology. Specialising in support for highly sensitive children.

## **Play Groups & Childcare**

### **Leonora Early Learning Centre**

Lot 138, Hoover Street, LEONORA WA 6438

**E** [dcc@leonora.wa.gov.au](mailto:dcc@leonora.wa.gov.au)

**W** [leonora.wa.gov.au](http://leonora.wa.gov.au)

**P** (08) 9037 7997

Leonora Early Learning Centre strives to achieve a relaxed, home-like atmosphere where children can feel safe to explore the world around them. Our Centre's Philosophy reflects the homeliness and the richness of our environment.

## **Communication & Information**

---

### **Community Information & Referral Services**

#### **Department of Communities - Women's Information Service**

**E** [info@dlgc.wa.gov.au](mailto:info@dlgc.wa.gov.au)

**P** 1800 199 174

A confidential telephone information referral service for women on any issue, referring to non-profit community organisations and government agencies.

### **Nyunngaku Women's Hub**

74B Tower Street, LEONORA WA 6438

E [hub@nyunngakuleonora.com.au](mailto:hub@nyunngakuleonora.com.au)

Here at Nyunnga-Ku Women's Group, we're committed to investing in Women and Youth. Our Community based women's group, focus's on the social detriments, women and their families are specifically experiencing. By shining the spotlight on community concerns, issues and services that are required, we can advocate for women and community and seek quality service.

### **Wageline**

E [wageline@dmirs.wa.gov.au](mailto:wageline@dmirs.wa.gov.au)

W [commerce.wa.gov.au](http://commerce.wa.gov.au)

P 1300 655 266

Wageline is a free confidential employment information service.

## **General Communication & Information**

### **GIVIT**

E [info@givit.org.au](mailto:info@givit.org.au)

W [givit.org.au](http://givit.org.au)

GIVIT ([givit.org.au](http://givit.org.au)) is a national online not-for-profit matching generosity with genuine need.

### **Shire Of Leonora**

16 Tower Street, LEONORA WA 6438

E [admin@leonora.wa.gov.au](mailto:admin@leonora.wa.gov.au)

W [leonora.wa.gov.au](http://leonora.wa.gov.au)

P (08) 9037 6044

Leonora is the service centre for the mining, exploration and well established pastoral industry.

# **Community Centres, Halls & Facilities**

---

## **General Community Facilities**

### **Leonora Community Resource Centre**

60 Tower Street, LEONORA WA 6438

E [crccoordinator@leonora.wa.gov.au](mailto:crccoordinator@leonora.wa.gov.au)

W [leonora.wa.gov.au](http://leonora.wa.gov.au)

P (08) 9037 7521

The Leonora Community Resource Centre is part of the JG Epis Centre and is open Monday to Friday 9am- 4.30pm. Need Internet, printing, information on local events, or even a place to check-in and leave your contact information and itinerary if you're planning to go out prospecting? Stop in at the Leonora CRC, our staff would love to help! We've got toilets too!

### **Leonora Information Centre and Library**

Tower Street Trump Street, LEONORA WA 6438

E [library@leonora.wa.gov.au](mailto:library@leonora.wa.gov.au)

W [leonora.wa.gov.au](http://leonora.wa.gov.au)

P (08) 9037 7016

When visiting or passing through the historic northern Goldfields, don't miss out on a stop at the Leonora Tourist and Information Centre for a wander down memory lane.

# Community Clubs & Interest Groups

---

## Community Service Clubs

### Australia Nova Romana

E [australia.novaroma@outlook.com](mailto:australia.novaroma@outlook.com)

W [austnovaroma.wixsite.com](http://austnovaroma.wixsite.com)

A national Roman living-history and education organisation providing a central community for the study of Latin language, exploration of ancient Roman politics and a safe network for members to explore and learn about the 'cultus deorum romanum', the religion of ancient Rome.

### Braille House

E [coordinator@qbwa.org.au](mailto:coordinator@qbwa.org.au)

W [braillehouse.org.au](http://braillehouse.org.au)

P (07) 3848 5257

Free lending Braille library. Braille House is a Not-for-profit organisation that transforms the lives of vision impaired people with by producing and giving access to reading material and other tactual resources through our extensive library of books, and much, much more.

### Naval Association Of Australia - City of Rockingham

E [rockpres@naawa.org.au](mailto:rockpres@naawa.org.au)

W [navalassoc.org.au](http://navalassoc.org.au)

P (08) 9592 7997

Main aim is to look after the welfare of ex naval personnel and provide common interests; Keep members alert to changes in Veteran Affairs etc. This is for people with Australian based service.

# Crisis & Emergency Services

---

## Abuse & Assault Services

### Dv Assist

E [info@dvassist.org.au](mailto:info@dvassist.org.au)

W [dvassist.org.au](http://dvassist.org.au)

P 1800 080 083

DVassist provides single or multi session counselling via telephone or webchat, information and resources for people experiencing family and domestic violence who live in regional, rural and remote WA.

### Full Stop Australia

W [fullstop.org.au](http://fullstop.org.au)

P 1800 424 017

Full Stop Australia offers free confidential, trauma specialist counselling for people of all genders who are impacted by violence and abuse, as well as their friends, colleagues and family members.

## Crisis Counselling & Intervention Services

### Domestic and Family Violence Mensline

E [mail@dvconnect.org](mailto:mail@dvconnect.org)

W [dvconnect.org](http://dvconnect.org)

P 1800 600 636

Mensline is a free, confidential telephone, counselling, referral and support service especially set up for men.

### Domestic and Family Violence Womensline

E [mail@dvconnect.org](mailto:mail@dvconnect.org)

W [dvconnect.org](http://dvconnect.org)

P 1800 811 811

Telephone counselling and refuge referral 24/7 Queensland wide DVConnect, Womensline.

## Parents Beyond Breakup

E [enquiries@parentsbeyondbreakup.com](mailto:enquiries@parentsbeyondbreakup.com)

W [parentsbeyondbreakup.com](http://parentsbeyondbreakup.com)

P 1300 853 437

Helping parents deal with the trauma of separation; a major cause of suicide in Australia. Support is available by phone, LiveChat & email & website.

## Suicide Call Back - National Phone Service

W [suicidecallbackservice.org.au](http://suicidecallbackservice.org.au)

P 1300 659 467

The Suicide Call Back Service is a 24-hour, nationwide service that provides telephone and online counselling to people 15 years and over who fit one of the following categories: People who are suicidal, people who are caring for someone who is suicidal, people bereaved by suicide or health professionals supporting people affected by suicide.

## General Crisis and Emergency Services

### Team Rubicon Australia

E [info@disasterreliefaus.org](mailto:info@disasterreliefaus.org)

W [disasterreliefaus.org](http://disasterreliefaus.org)

P (02) 8815 8113

Team Rubicon Australia unites the skills and experiences of Australian Defence Force veterans with first responders to rapidly deploy emergency response teams around the globe.

### Women's Domestic Violence Helpline

W [wa.gov.au](http://wa.gov.au)

P 1800 007 339

The Women's Domestic Violence Helpline is a state wide 24 hour service. This service provides support and counselling for women experiencing family and domestic violence. This includes phone counselling, information and advice, referral to local advocacy and support services, liaison with police if necessary and support in escaping situations of family and domestic violence.

## Welfare Assistance & Support Services

### The Claddagh Association (Inc)

E [admin@claddagh.org.au](mailto:admin@claddagh.org.au)

W [claddagh.org.au](http://claddagh.org.au)

P (08) 9249 9213

Since 1997 The Claddagh Association has been a family away from home, supporting the Irish community in WA through the ups and downs of life.

## Cultural and Migrant Services

---

### General Cultural Groups

#### Western Australian Institute of Translators and Interpreters (WAITI)

W [waiti.org.au](http://waiti.org.au)

P 0422 375 396

The Western Australian Institute of Translators and Interpreters can provide a contact for a translator or interpreter from their membership list <http://www.waiti.org.au/>. The National Accredited Authority for translators - directory <https://www.naati.com.au/online/>.

### Migrant Services

#### National Resource Centre For Migrant Empowerment

E [enquiries@nationalresourcecentre.org.au](mailto:enquiries@nationalresourcecentre.org.au)

W [nationalresourcecentre.org.au](http://nationalresourcecentre.org.au)

P 0478 054 020

NRCME is dedicated to improving the lives of vulnerable and precarious immigrants, with a focus on newly arrived immigrants in Australia. We offer an extensive set of services, community organization, and leadership development programs. Including job seeking support, acquiring safe and affordable housing, education and legal aid, health advice, and demonstrating services.

## **Peak Ethnic Umbrella Organisation**

**E** admin@eccwa.org.au

**P** (08) 9227 5322

The ECCWA is the State's peak ethnic umbrella organisation. It is a non-government, non-profit community based organisation which takes an active interest in all aspects of multiculturalism and Culturally and Linguistically Diverse (CaLD) affairs and acts on behalf of all ethnic communities in Western Australia.

# **Disability Services**

---

## **Carer Information**

### **Kindship**

**E** hello@kindship.co

**W** kindship.com.au

Kindship is a free digital social network for parents raising children with disabilities and specific needs. Meet, chat, and learn from like-minded parents on similar journeys. Download the Kindship app from the App and Google Play stores.

### **People With Disability Australia - Qantas Carer Concession Card**

**E** qccc@pwd.org.au

**W** pwd.org.au

**P** 1800 806 769

Qantas Carer Concession Card is issued to people with significant support requirements who through a physical, sensory, intellectual, cognitive or psychosocial disability are unable to travel on the aircraft without the full time assistance of a carer. A person is eligible if they need to have one-on-one support when seated on the aircraft for assistance. <http://pwd.org.au/services/qantas-card/>

## **Disability Accommodation Services**

### **Vera Living**

**E** jade.hayward@veraliving.com.au

**W** veraliving.com.au

**P** 0480 546 642

Vera Living are a luxury Specialist Disability Accommodation provider. Our friendly team are here to support you with every part of your SDA journey. From providing advice, to finding your home, helping you move and giving ongoing support in your Vera home, we are here throughout. Contact us to start your journey to luxury SDA today.

## **Disability Information & Counselling**

### **NDIS Plan Management**

**E** info@completemoney.com.au

**W** completemoney.au

**P** 1300 161 489

At Complete Money Management we are your local NDIS Plan Manager, we are a registered provider who is here to assist in all your plan budget needs and to help you navigate the complex system.

### **Limbs 4 Life**

**E** info@limbs4life.org.au

**W** limbs4life.org.au

**P** 1300 782 231

Limbs 4 Life is the peak body for amputees in Australia and was founded as an incorporated charity in 2004. Limbs 4 Life provides services to thousands of amputees and their care givers, who rely on the programs and services for assistance prior to, or after a limb amputation.

### **My Virtual Support Coordinator**

**E** info@myvirtualsc.com.au

**W** myvirtualsc.com.au

**P** (03) 9077 1448

My Virtual Support Coordinator works as an online service provider. Our mission is to change the way Support Coordination is managed by creating a simple, clear and manageable plan for NDIS Participants. No travel costs. Direct access to online tools. Simple billing options to suit your needs. Access to experienced staff.

## **People With disabilities WA - West Perth**

**E** [info@pwdwa.org](mailto:info@pwdwa.org)

**W** [pwdwa.org](http://pwdwa.org)

**P** (08) 9420 7279

PWdWA provide non-legal advocacy to people with disabilities. Advocacy is the process of standing alongside individuals to ensure that people are able to speak out, to express their views and uphold their rights. Our advocacy services are available to any person with a disability. You do not have to be a member to access advocacy.

## **Therapy Connect**

**E** [clientservices@therapyconnect.com.au](mailto:clientservices@therapyconnect.com.au)

**W** [therapyconnect.com.au](http://therapyconnect.com.au)

**P** 1300 757 806

Therapy Connect provides flexible, person-centred allied health supports via telepractice for people who experience disability or delay in development that affects their participation at home, in the community, in childcare, education or the workplace.

## **Your Story Disability Legal Support**

**E** [yourstorydisability@legalaid.qld.gov.au](mailto:yourstorydisability@legalaid.qld.gov.au)

**W** [yourstorydisabilitylegal.org.au](http://yourstorydisabilitylegal.org.au)

**P** 1800 771 800

Your Story Disability Legal Support empowers people with disability to safely share their story with the Disability Royal Commission and connect with local support services. We work in partnership with communities to deliver a person centred, trauma-informed and culturally safe legal service.

## **Disability Respite and Activity Centres**

### **Cahoots**

**E** [volunteer@cahoots.org.au](mailto:volunteer@cahoots.org.au)

**W** [cahoots.org.au](http://cahoots.org.au)

**P** 1300 103 880

We are a registered NDIS provider, running a variety of inclusive programs and camps throughout the year, catering to children and young people of all abilities aged 5+.

## **Yadah Care Services**

**W** [yadahcareservices.com.au](http://yadahcareservices.com.au)

**P** 0466 986 761

General Disability Services, Respite Care, Disability services for SIL and MTA under the NDIS. Open from 8am -4pm.

## **General Disability Services**

### **Achieve Disability Care**

**E** [info@achievedisabilitycare.com.au](mailto:info@achievedisabilitycare.com.au)

**W** [achievedisabilitycare.com.au](http://achievedisabilitycare.com.au)

**P** (08) 6150 0175

Our service is completely focused on (person centered plan) the needs of the person with disability and their families. Along with delivering high quality services for NDIS participant, Achieve Disability Care been active in research for more than a year and this helps us to deliver the positive outcome.

### **Australian disability support services**

**E** [Support@a-dss.com](mailto:Support@a-dss.com)

**W** [a-dss.com](http://a-dss.com)

**P** 1800 943 718

Psycho social supports OT, psychologist, speech therapist

### **Boomaroo Plan Management**

**E** [admin@boomarooplans.com.au](mailto:admin@boomarooplans.com.au)

**W** [boomarooplans.com.au](http://boomarooplans.com.au)

**P** 0492 853 012

Assisting Others Inspires Us We ensure your needs and preferences are understood and respected whilst managing the quick processing of payments so that your Service Providers can focus on YOU! We make you our Sole focus and assist you in embarking on your NDIS Journey and are always happy to answer any of your questions. Give Boomaroo Plans a call today !

### **Capital Guardians Plan Management**

**W** [capitalguardians.com](http://capitalguardians.com)

**P** (03) 9008 9992

Capital Guardians is a Plan Manager throughout Australia.

### **Care Squared**

**E** [info@caresquared.com.au](mailto:info@caresquared.com.au)

**W** [caresquared.com.au](http://caresquared.com.au)

**P** 1300 632 639

Allied Health Supports, Employment Supports and Group Therapies

### **Complex Support Coordination**

**E** [sam@complexsupport.com.au](mailto:sam@complexsupport.com.au)

**W** [complexsupport.com.au](http://complexsupport.com.au)

**P** (08) 9467 7333

High quality, results oriented NDIS Support Coordination and Psychosocial Recovery Coaching services. I get the NDIS to work for you!

### **Confidence Club**

**W** [confidenceclub.com.au](http://confidenceclub.com.au)

**P** 1800 861 199

Australian-owned NDIS approved direct supplier of products for managing incontinence - and an award winning customer support team. We have bladder leakage pads, pull-up pants and nappies for youth and adult that are more sustainably made in our European factories, perform reliably and great value. Trusted by many thousands of Australians for fast and discreet delivery to their doors everywhere.

### **Dineamic**

**E** [team@dineamic.com.au](mailto:team@dineamic.com.au)

**W** [dineamic.com.au](http://dineamic.com.au)

**P** (03) 8669 0587

Dineamic is a registered NDIS & HCP provider of chef-prepared and nutritionist approved ready to eat meals - delivered fresh to your door. Dineamic's range provides options to suit every dietary or lifestyle group; gluten free, dairy free, vegan, vegetarian and low FODMAP. Everyone should have the opportunity to enjoy high quality affordable meals.

### **Disability Enquiry Hotline**

**E** [disability@online.telstra.com.au](mailto:disability@online.telstra.com.au)

**W** [telstra.com.au](http://telstra.com.au)

**P** 1800 068 424

Telstra Disability Services Centre offers a free advisory service for persons who have difficulty using their telephone, such as difficulties hearing the telephone ring, hearing the caller, holding the receiver, voice projection or reading the dial.

### **Disability Health Support Australia**

**E** [dorothy@disabilityhealthsupport.com.au](mailto:dorothy@disabilityhealthsupport.com.au)

**W** [disabilityhealthsupport.com.au](http://disabilityhealthsupport.com.au)

Excellent medical and hospital care are everyone's right. NDIS, mental health and aged patients often find that their disability means they experience problems getting the healthcare they need. We case manage your healthcare.

### **National Disability Health Support Australia**

**E** [dorothy@disabilityhealthsupport.com.au](mailto:dorothy@disabilityhealthsupport.com.au)

**W** [disabilityhealthsupport.com.au](http://disabilityhealthsupport.com.au)

**P** 0421 011 430

Support for NDIS participants whose health or healthcare is limiting their independence or capacity.

### **Personal Care (Disability Service Provider)**

**E** [prakash@dtccare.com.au](mailto:prakash@dtccare.com.au)

**W** [dtccare.com.au](http://dtccare.com.au)

**P** 0426 803 524

Core Supports that enable participants to complete activities of daily living. We assist participants by assisting them to achieve their goal of completing daily personal activities, and Assistance with Travel/Transport Arrangements. Assistance in participation in community, social and civic activities.

### **Epilepsy Action Australia**

**E** [epilepsy@epilepsy.org.au](mailto:epilepsy@epilepsy.org.au)

**W** [epilepsy.org.au](http://epilepsy.org.au)

**P** 1300 374 537

Epilepsy Action Australia provides support, information and innovative services to those living with and affected by epilepsy across Australia. We offer world-class education and support services nationally, with a determined commitment to deliver equitable and consistent services to all Australians regardless of where they live.

### **Epilepsy WA**

**E** [community@epilepsywa.asn.au](mailto:community@epilepsywa.asn.au)

**W** [epilepsywa.asn.au](http://epilepsywa.asn.au)

**P** 1300 660 880

Epilepsy WA was founded in 1963 and provides a wide array of services to support the WA community, including an information and support phone line, a network of support groups, a free seizure alert bed mat loan program for members, epilepsy training, patient/carer seminars, a compassionate ear listening service, a seizure technology display and awareness raising activities.

### **Grow Your Impact**

**E** [growyourimpact@outlook.com](mailto:growyourimpact@outlook.com)

**W** [meaningfulbehaviour.com](http://meaningfulbehaviour.com)

**P** 0432 315 939

Registered NDIS Provider of Positive Behaviour Support for people with behaviours of concern. Services are available from Brisbane to Far North Queensland and the Northern Territory and include positive behaviour support plan creation and implementation for NDIS participants and clients of residential aged care.

### **GS Assist**

**E** [bjdeutsch@icloud.com](mailto:bjdeutsch@icloud.com)

**P** 0466 641 799

SUPPORT COORDINATION with extensive experience working within the NDIS - intensive support - setting up your own home - starting and leaving school - employment support - later years support > Support to get your NDIS plan working properly with regular check-ins > Help preparing for your Plan Review > Assistance changing your plan when life changes > Connecting you with your supports

### **Hendercare - West Perth**

**E** [hello@hendercare.com.au](mailto:hello@hendercare.com.au)

**W** [hendercare.com.au](http://hendercare.com.au)

**P** 1300 764 433

Working with people with a disability and their support network is a crucial part of what we do at HenderCare. The NDIS has changed the way people access disability care, and as a registered NDIS provider, we can help you meet your goals.

### **Heyhubble**

**E** [hello@heyhubble.com.au](mailto:hello@heyhubble.com.au)

**W** [heyhubble.com.au](http://heyhubble.com.au)

**P** 1300 776 246

Our team at HeyHubble connects NDIS participants with: - Behaviour support - Exercise physiology - NDIS Plan management - Occupational therapy - Physiotherapy - Psychology, counselling, social work - Psychosocial recovery coach - Speech therapy - Support worker

### **HiCom Care - NDIS Plan Manager**

**E** [Admin@hicomcare.com.au](mailto:Admin@hicomcare.com.au)

**W** [hicomcare.com.au](http://hicomcare.com.au)

**P** 0480 305 919

HiCom Care is Australia's most dynamic NDIS registered Financial Plan Management service provider for people from CALD backgrounds. We are an enthusiastic, young, and friendly team passionate about delivering A-Grade services to our clients nationwide. We handle the day-to-day financial tasks that come with our participants' plans and help them to keep track of their funding balance.

### **I Hate Cooking**

**E** [info@ih8cooking.com.au](mailto:info@ih8cooking.com.au)

**W** [ih8cooking.com.au](http://ih8cooking.com.au)

**P** 0410 526 477

As an NDIS registered provider around the country, we are proud to be able to provide a viable option to the many food delivery services available to participants. Our cooks are chosen because they have a heart to serve in the community. We look forward to making healthy nutritious food in your kitchen

### **Manage It**

**E** [info@manageit.com.au](mailto:info@manageit.com.au)

**W** [manageit.com.au](http://manageit.com.au)

**P** (08) 9380 0271

We provide specialist services and innovative online tools for the management of individualised funding in the disability, community, and mental health care sectors.

### **Me Plus More**

**E** [hello@meplusmore.com.au](mailto:hello@meplusmore.com.au)

**W** [meplusmore.com.au](http://meplusmore.com.au)

**P** 0405 905 610

Me Plus More is an online platform specifically designed to inspire and empower people with intellectual disability or cognitive impairment to take those much-needed steps towards reaching their goals and independence. It has been designed in both English and easy read English to give members the tools and resources to assist in learning independent living skills.

### **Mirrors WA**

**E** [admin@mirrorswa.com.au](mailto:admin@mirrorswa.com.au)

**W** [mirrorswa.com.au](http://mirrorswa.com.au)

**P** 0406 910 671

Mirrors Care provides disability support for people of all ages. If you have a physical, intellectual, or psychosocial disability, they'll help you live your best life. They assist with daily living skills, supported independent living, respite, support coordination, community & wellness activities and much more.

### **My Plan Assist**

**E** [info@myplanassist.com.au](mailto:info@myplanassist.com.au)

**W** [myplanassist.com.au](http://myplanassist.com.au)

**P** (07) 5641 2277

The simple solution to managing your NDIS Funding. My Plan Assist is a registered provider of plan management services for children, young people & adults with disabilities under the NDIS. They offer caring & personalised support to simplify NDIS plan management, offering more flexibility and control with less stress. Get the support you need so you have more time to focus on your NDIS goals.

### **My Plan Manager**

**E** [enquiry@myplanmanager.com.au](mailto:enquiry@myplanmanager.com.au)

**W** [myplanmanager.com.au](http://myplanmanager.com.au)

**P** 1800 934 170

My Plan Manager is Australia's largest plan management service – we take the stress out of the NDIS. We can process your NDIS invoices, reduce time-consuming paperwork, and support you to quickly and simply track your NDIS plan spending. We can also work with you to maximise your NDIS plan and ensure it includes the important items that really make a difference to achieving your goals.

### **MyCareSpace**

**W** [mycarespace.com.au](http://mycarespace.com.au)

**P** 1300 288 893

An online connections service helping NDIS participants to connect with verified local service providers with immediate appointments available.

### **Plan Management - MyIntegra Perth, Western Australia**

**E** [choiceandcontrol@myintegra.com.au](mailto:choiceandcontrol@myintegra.com.au)

**W** [myintegra.com.au](http://myintegra.com.au)

**P** 1800 696 347

Let us guide you on your NDIS journey with plan management in Western Australia (WA) • Pay providers fast • Claim funds from NDIA • Track your budget online, 24/7 • Advice to maximise your plan • Choice and control • Reserve funds for chosen providers • Quick online sign up • Registered Plan Manager

### **Support Coordination - MyIntegra Perth, Western Australia**

**E** [enquiries@myintegra.com.au](mailto:enquiries@myintegra.com.au)

**W** [myintegra.com.au](http://myintegra.com.au)

**P** 1300 937 187

Get value from your NDIS plan with expert help to connect you with local supports in Western Australia (WA) • Help to understand your plan • Registered Support Coordinator • Build your independence • All levels of disability including complex needs • Prepare for plan reviews • Navigate the NDIS

### **National Relay Disability Phone Service**

**E** [helpdesk@relayservice.com.au](mailto:helpdesk@relayservice.com.au)

**W** [accesshub.gov.au](http://accesshub.gov.au)

**P** 1800 555 660

The National Relay Service is a national telephone system for people who have difficulty hearing or speaking on a regular telephone. Information, training and referral is available locally or via the

### **Navi-Choice Support Coordination**

**E** [info@navichoice.com.au](mailto:info@navichoice.com.au)

**W** [navichoice.com.au](http://navichoice.com.au)

**P** 0487 202 414

Delivering Support Coordination (Level 2 & 3) and Psychosocial Recovery Coaching to NDIS participants. Skilled, individualised and responsive.

### **Navi-Choice Support Coordination - Ravensthorpe**

**E** [info@navichoice.com.au](mailto:info@navichoice.com.au)

**W** [navichoice.com.au](http://navichoice.com.au)

**P** 0487 202 414

Delivering Support Coordination (Level 2 & 3) and Psychosocial Recovery Coaching to NDIS participants. Highly skilled, individualised and responsive.

### **NDSP Plan Managers - WA**

**E** [info@ndsp.com.au](mailto:info@ndsp.com.au)

**W** [ndsp.com.au](http://ndsp.com.au)

**P** (08) 6146 3707

As an NDIS Plan Manager we assist you on your NDIS journey by paying your supports to providers from your NDIS funds. NDSP allows you to live your life while we manage your claims, payments and administration of your NDIS budget.

### **Nsp Plan Management Pty Ltd**

**E** [hello@nspplan.com.au](mailto:hello@nspplan.com.au)

**P** 0411 963 600

NSP Plan Management Pty are an NDIS registered plan management specialist. They offer support to individuals with disability with day to day management of their NDIS funding. NSP assist with keeping track of NDIS funding, paying service providers and much more. Through using this service, the NDIS may include funding in the plan to pay NSP. For more details please email or call business.

### **Pacify Plan Management**

**E** [hello@pacify.com.au](mailto:hello@pacify.com.au)

**W** [pacify.com.au](http://pacify.com.au)

**P** 1800 959 344

Pacify Plan Management is registered by the NDIS to provide plan management services to participants Australia-wide.

### **NDIS Plan Management**

**W** [pathwaystocare.com.au](http://pathwaystocare.com.au)

**P** 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you. We love getting to know you to help you achieve your goals and connect you to your community!

### **Pathways To Care**

**W** [pathwaystocare.com.au](http://pathwaystocare.com.au)

**P** 1300 467 284

We are one of Australia's premier NDIS Plan Management services for people with disability. Our aim is simple, for all our participants to be living the lives they want to live. We take the stress out of managing your NDIS plan, allowing you to focus on what is important to you.

### **Peak Plan Management**

**E** [info@peakplan.com.au](mailto:info@peakplan.com.au)

**W** [peakplanmanagement.com.au](http://peakplanmanagement.com.au)

**P** 1300 732 324

We offer you the assistance of a team of experienced accountants and NDIS experts to help you maximise the value of your plan whilst removing the stress and administrative burden. All with the benefit of a local person you can talk to anytime who knows your personal story and is focused on helping you maintain choice and control.

### **Plan Partners**

**E** [rollie.pontigon@planpartners.com.au](mailto:rollie.pontigon@planpartners.com.au)

**W** [planpartners.com.au](http://planpartners.com.au)

As Australia's leading provider of services that support NDIS participants, we will maintain our passion and commitment to helping people with disabilities to get the most out of their NDIS plans and realise their goals in life. Lives will be changed because of the services we provide.

### **Plan Partners - WA**

**E** [admin@planpartners.com.au](mailto:admin@planpartners.com.au)

**W** [planpartners.com.au](http://planpartners.com.au)

**P** 1300 333 700

Plan Partners is a national independent disability provider specialising in NDIS Plan Management and Support Coordination for NDIS participants. They service NDIS participants Australia wide including remote and regional WA.

### **Provider Choice Plan Management - Perth**

**E** [hello@providerchoice.com.au](mailto:hello@providerchoice.com.au)

**W** [providerchoice.com.au](http://providerchoice.com.au)

**P** 1300 776 246

Provider Choice offer plan management services to families across Western Australia. We provide you with your very own personal plan manager who remembers your story, pays your invoices, and answers your questions - you don't just deal with someone in a call centre. We also have an online portal where you can keep track of your budget in real time.

### **Recovery Plus Support**

**E** [referral@recoveryplussupport.com.au](mailto:referral@recoveryplussupport.com.au)

**W** [recoveryplussupport.com.au](http://recoveryplussupport.com.au)

**P** 1800 512 281

Recovery Plus Support is a registered NDIS provider specialising in services for participants with a Psychosocial Disability. We are best known for our Recovery Coaching service and also specialise in: - Social and Community Participation - Support Coordination - Capacity Building - In-home Care We are an Australian company and provide our services Australia-wide.

### **Reel Keen Powerchair Fishing**

**E** [robert@reelkeen.com](mailto:robert@reelkeen.com)

**W** [reelkeen.com](http://reelkeen.com)

**P** 0418 128 749

NDIS registered suppliers of Power Wheelchair fishing rod holders and camera attachments. Turn Your Power Wheelchair into a game fishing chair, in just minutes !!!

### **Support Coordination to Avenues Australia**

**E** [hello@avenuesaustralia.com](mailto:hello@avenuesaustralia.com)

**W** [avenuesaustralia.com](http://avenuesaustralia.com)

**P** 1300 208 594

Avenues Australia is a registered NDIS provider, providing leading disability services in Perth Western Australia. We provide quality Support Coordination, Psychosocial Recovery Coach and NDIS Advice services for people with a disability. We act as your primary NDIS Service Provider, by helping you get the supports you need, activate your Plan, connect you to services from other providers.

### **The Aussie Hands Foundation Inc - Melbourne**

**E** [info@aussiehands.org](mailto:info@aussiehands.org)

**W** [aussiehands.org](http://aussiehands.org)

Aussie Hands (ii) supports children and adults who have been born with a hand difference or have an acquired hand injury; (ii) provides opportunities for networking and exchange of information; and (iii) supports research initiatives focussing on hand differences

### **The Good Meal Co**

**E** [agedcare@goodmeal.com.au](mailto:agedcare@goodmeal.com.au)

**W** [goodmeal.com.au](http://goodmeal.com.au)

**P** 1800 155 255

The Good Meal Co is dedicated to spreading the joy of food across Australia to those in need of the tastiest care meals, home delivered so they can eat, feel and live better.

### **The Happy Giraffe**

**E** [claire@thehappygiraffe.com.au](mailto:claire@thehappygiraffe.com.au)

**W** [thehappygiraffe.com.au](http://thehappygiraffe.com.au)

**P** 0409 026 230

\* Offers a wide range of Sensory Products - Autism, ADHD, Sensory Processing, Anxiety.... \* A safe space for people to look, touch and feel products to suit their sensory needs. \* Committed to supporting our Neurodivergent and wider Community

### **The Kids Coach - National**

**W** [thekidscoach.tv](http://thekidscoach.tv)

**P** 0478 437 368

The Kids Coach is an on-demand channel developed by an Occupational Therapist and Personal Trainer to get your child up and moving with fun, regular fitness programming in the comfort of your own home.

### **Thinkwise Disability**

**P** 0478 254 112

THINKWISE Disability offers valuable disability support services all across Australia. Our mission is to empower people with disability and long-term health conditions to unlock their potential through engagement, education and employment to become self-sufficient and participate in their communities.

## **XYX Syndrome Association of Australia Inc.**

**E** [xyyaustralia@gmail.com](mailto:xyyaustralia@gmail.com)

**W** [xyyaustralia.org](http://xyyaustralia.org)

**P** 0427 064 157

Mission Creating awareness for XYX Syndrome by obtaining and providing the latest research for XYX families and the community. Networking with government services, medical specialists, general practitioners and educators to create a better understanding for XYX Syndrome. Our focus is helping the community have a positive understanding of XYX Syndrome and give support to those who need it.

## **Standard and High Intensity Level Support Worker Services - In Home**

**E** [info@youfirstservices.com.au](mailto:info@youfirstservices.com.au)

**W** [youfirstservices.com.au](http://youfirstservices.com.au)

**P** 1300 525 656

Standard & High Intensity Level Support Worker Services - In Home

## **Your Plan Manager**

**E** [plan@yym.com.au](mailto:plan@yym.com.au)

**W** [yourplanmanager.com.au](http://yourplanmanager.com.au)

**P** 1800 968 775

We provide Registered NDIS Plan Management Services Australia-wide. Our passion is offering you, your family, carers and providers with an access to expert and personal advice for the life of your NDIS plan.

# **E d u c a t i o n**

---

## **Adult Education**

### **Australian Training Institute**

**E** [admin@atiaustralia.edu.au](mailto:admin@atiaustralia.edu.au)

**W** [atiaustralia.edu.au](http://atiaustralia.edu.au)

**P** (07) 3269 5005

The "Australian Training Institute (ATI) Pty Ltd" specialises in First Aid; Security; Working at Heights/Confined Space; Safety (WHS); Fire; Mining; and Business. Our honesty, integrity and professionalism along with our broad expertise and technical training have positioned the company as one of the top providers in Australia.

## **Parentshop**

**E** [info@parentshop.com.au](mailto:info@parentshop.com.au)

**W** [parentshop.com.au](http://parentshop.com.au)

**P** (02) 6680 8910

At Parentshop we provide challenging, engaging and action-based professional development and training events that deliver effective behaviour change solutions for all ages. We guide and support professionals and parents through the provision of training to parents, school staff, community sector employees and child and family specialists in behaviour management and managing childhood anxiety.

## **Suicide Programs Calm Conversations Can Save Lives**

**E** [admin@suicideprograms.com.au](mailto:admin@suicideprograms.com.au)

**W** [suicideprograms.com.au](http://suicideprograms.com.au)

**P** (07) 3077 6536

We offer many evidence based, Australian training programs that empowers you to "have a CALM conversation" about suicide - to reduce stigma, promote help seeking and save lives. Learn face-to-face, virtually or online.

## **General Education Programs**

### **A Team Tuition - HEAD OFFICE**

**W** [ateamtuition.com](http://ateamtuition.com)

**P** (07) 5226 0351

A Team Tuition offers one-on-one tutoring, in person or online, allowing your child to create a connection with their Academic Personal Trainer. We offer all subjects across all year levels in all state curriculums.

### **Australian Cervical Cancer Foundation**

**E** [info@accf.org.au](mailto:info@accf.org.au)

**W** [accf.org.au](http://accf.org.au)

**P** 1300 727 630

ACCF raises awareness in schools & community groups across Australia through our FREE Cervical Cancer Awareness Program. CCAPs covers HPV and the vaccine, cervical cancer and it's prevention.

### **Australian School Of Entrepreneurship**

**E** group@ase.edu.au

**W** ase.edu.au

**P** 1300 336 095

The ASE Group is a community-led and purpose driven business for good that delivers education, entrepreneurship and employment programs to Australians of all ages.

### **Balance Minder**

**E** leanne@balanceminder.com.au

**P** 0428 181 824

Providing training in wellness skills including exercise, healthy eating and financial literacy. Balance Minder aims to provide the tools and support to all Australians to improve their physical, mental and social wellbeing. Deeply grounded in Tai Chi; We offer online and face to face courses which allows participants the opportunity to become the best version of themselves.

### **be informed.**

**E** beinformedaus@gmail.com

be informed. helps people make good decisions. We offer free Seminars on important topics of interest so people are educated with information about what matters to them.

### **FORTRESS LEARNING**

**E** info@fortresslearning.com.au

**W** fortresslearning.edu.au

**P** 1300 141 994

Fortress Learning is one of Australia's premier RTOs, delivering nationally accredited courses in both Training & Assessment and Business. Learning team can help.

### **Language Trainers Australia - Western Australia**

**E** australia@languagetrainers.com

**W** languagetrainers.com.au

**P** (08) 6118 2835

Language Trainers, a no-nonsense approach to language classes, operating in Perth since 2004. Language Trainers specialises in one-on-one and small group language courses for business people and busy individuals who need language skills for work, study, travel, family and relationship needs.

### **Polytechnic West AMEP Home Tutor Scheme**

**E** amep@smtafe.wa.edu.au

**W** southmetrotafe.wa.edu.au

**P** 1800 862 166

The Home Tutor Scheme, as part of the Adult Migrant English Program helps eligible adult migrants and refugees to learn English and to learn about life in Australia, in their own home. We currently require mainly female tutors due to client demand.

### **Stroke Foundation: StrokeSafe Volunteer Speaker Program**

**E** strokesafe@strokefoundation.com.au

**W** strokefoundation.org.au

**P** (03) 9670 1000

Our StrokeSafe volunteer speakers are trained in public speaking and experienced in delivering life-saving messages about stroke. Our volunteers cover a range of issues that will help your organisation or group better understand stroke and how it can be prevented including; what a stroke is, how to recognise the signs of stroke, what to do if someone is having a stroke, how to prevent stroke.

### **Substance Abuse and Mental Health (Dual Diagnosis) Training**

**E** george@dualdiagnosisstraining.com.au

**W** dualdiagnosisstraining.com.au

**P** 0408 332 765

George Patriki provides both LIVE and ONLINE training for all people, including professional development for the health care, welfare and social service industries on the Gold Coast, throughout Australia and the globe... We also offers free and subsidised services to the general public; Free family support; <https://www.dualdiagnosisstraining.com.au/family-support/>

### **Anger Management and Conflict Resolution Program**

**E** transformationministries@gmail.com

**W** anger.org.au

**P** 0408 332 765

Have you experienced problems with anger & rage that has caused harm to yourself and those you love? Anger is a normal human emotion when we feel we are being threatened, or those we love. If you prefer to do the 24/7 ONLINE course, click on the green button on website. If we don't deal with what causes us to get angry, then it turns into rage. Anger Management & Conflict Resolution Program

## **Walya Productions**

**W** walya.com.au

**P** 0401 203 654

Walya Productions provides a National Aboriginal Cultural & Community e-learning (online at walya.com.au) course. Walya Productions is registered as an Accredited training organisation with the Royal College of General Practitioners and Supply Nation. The course is low cost and is designed to introduce the broader community to Aboriginal Culture & Community, in an affordable and informative way.

## **Literacy & Numeracy Programs**

### **Accelerated Learning Tutoring Centre**

**E** info@perthtutor.com.au

**W** acceleratedlearning.com.au

**P** (08) 9471 9036

> Tutoring centre providing personalised tuition for maths, physics and chemistry students in school or university. Open 6 days a week. > Small group tutorials or one-to-one tuition available.

### **Reading Writing Hotline**

**E** enquiries@readingwritinghotline.edu.au

**W** readingwritinghotline.edu.au

**P** 1300 655 506

The Hotline is a free anonymous phone referral service for adults wishing to improve their reading writing, maths or computing skills. The Hotline teachers will help callers find appropriate classes or resources to assist them. The Hotline is available to anyone in Australia and is funded by the Commonwealth Department of Education and Training.

## **Special Education Programs**

### **ALANNAH and MADELINE FOUNDATION**

**W** alannahandmadeline.org.au

**P** 1300 720 747

The Alannah & Madeline Foundation is the leading national not-for-profit organisation working to protect children from the effects of violence and bullying.

## **Employment & Training**

---

### **Disability Employment & Training Services**

#### **Pet Cloud**

**E** support@petcloud.com.au

**W** petcloud.com.au

**P** 1300 667 785

If NDIS Participants are reliable for bookings they choose to take on, can communicate well, can use a smartphone, can control and care for a pet, then they could potentially become a Pet Sitter through PetCloud. Learn more here:

<https://www.petcloud.com.au/d/blog/ndis-goal-creation-for-pet-lovers/>

### **Employment Information & Assistance**

#### **Jenny Gleeson Coaching and Consulting**

**E** jenny@jennygleeson.com.au

**W** jennygleeson.com.au

**P** 0433 884 847

I am a qualified Career Coach and English Teacher. I offer extremely low and cost effective services as I am very community minded and person centred. I also assist Not for Profit organisations with writing tenders, funding applications, business plans plus much more.

#### **Waalitj Foundation - Leonora**

78 Tower Street, LEONORA WA 6438

**E** admin@wf.org.au

**W** wf.org.au

**P** (08) 9242 6730

The Waalitj Foundation is the Community Development Program (CDP) for Leonora, supporting job seekers to build skills, address barriers and contribute to their communities through a range of flexible activities.

## General Employment & Training Services

### Approach Services

**E** [info@approach-services.com](mailto:info@approach-services.com)

**W** [approach-services.com](http://approach-services.com)

**P** (08) 6171 3833

Approach Services is a Western Australian business on a mission to shape the way we lead and implement change around the world. We are here to empower communities, organisations and leaders to recover fast from challenges and grow through transformation. Facing change? Talk to us about how we can help you thrive.

### Curtin University of Technology

**E** [a.nicholas@curtin.edu.au](mailto:a.nicholas@curtin.edu.au)

**W** [curtin.edu.au](http://curtin.edu.au)

**P** (08) 9266 1709

The WA Data Science Innovation Hub aims to:

- Enable the development of data science capability to promote job creation
- Support the growth and innovation of local businesses through the application of data science
- Provide upskilling, advisory services and Design Thinking training for startups and SMEs

### Electrician Jobs

**P** (02) 8005 8225

[Electricianjobs.com.au](http://Electricianjobs.com.au) is your online source to find jobs in the Australian Electrical Industry, assisting jobseekers by providing a platform to search and apply directly for the latest jobs or register to receive new job opportunities.?

### Fair Work Infoline

**W** [fairwork.gov.au](http://fairwork.gov.au)

**P** 13 13 94

Provide information on awards and agreements including your entitlements as an employee. Also for enquiries re wages and employment conditions in the private sector. Information can still be obtained from the Department of Justice and Attorney-General.

### Neami National Joondalup

**E** [joondalup@neaminational.org.au](mailto:joondalup@neaminational.org.au)

**W** [neaminational.org.au](http://neaminational.org.au)

**P** (08) 9301 1227

THRIVE focuses on improving job readiness and workplace inclusivity for people that experience mental health challenges or psychosocial disability. THRIVE includes a suite of e-learning modules and workshops that guide participants and employers toward inclusive recruitment and inclusive workplace practices. Eligibility: Ages of 18-65; reside in WA, VIC, SA, QLD or NSW;

### WorkVentures Connect IT

**E** [info@workventures.com.au](mailto:info@workventures.com.au)

**W** [workventures.com.au](http://workventures.com.au)

**P** 1800 112 205

WorkVentures is Australia's oldest social enterprise charity with the mission of providing technology training to those left on the far side of the digital divide.

## Environment & Conservation

---

### Environment & Conservation Local History

### Maritime Heritage Association Inc

**E** [info@maritimeheritage.org.au](mailto:info@maritimeheritage.org.au)

**W** [maritimeheritage.org.au](http://maritimeheritage.org.au)

To promote all aspects of maritime heritage: traditional maritime skills and activities such as boatbuilding and book publication.

### Tuggeranong Homestead

**E** [info@tuggeranonghomestead.com.au](mailto:info@tuggeranonghomestead.com.au)

**W** [canberrahomestead.com](http://canberrahomestead.com)

**P** (02) 6292 8888

Provides a heritage-listed homestead on 70 acres. A private secluded venue catering for weddings, functions, conference and training workshops. We are open by prior arranged appointment or function only.

## **Environmental Action & Conservation**

### **Containers for change - Leonora**

Shire of Leonora Works Depot, 22 Tower Street, LEONORA WA 6438

**W** [containersforchange.com.au](http://containersforchange.com.au)

**P** 13 42 42

We make our environment and communities better by giving people a reason to get up and recycle. The promise of another life for containers, and 10c to potentially donate on to important causes. We create jobs in metropolitan and regional areas, support local economies, and most importantly, we empower people to be the change.

## **Health Services**

---

### **Adult Health Services**

#### **Diabetes WA**

**E** [info@diabeteswa.com.au](mailto:info@diabeteswa.com.au)

**W** [diabeteswa.com.au](http://diabeteswa.com.au)

**P** 1300 001 880

No matter what stage you are at on your health journey, Diabetes WA is here for you. We work in the community to educate, inform and support people at risk of, living with and affected by diabetes.

### **Ageing Health Services**

#### **Stay On Your Feet WA**

**E** [info@injurymatters.org.au](mailto:info@injurymatters.org.au)

**W** [injurymatters.org.au](http://injurymatters.org.au)

**P** (08) 6166 7688

This is a community awareness-raising program, which aims to promote healthy, active ageing in WA to reduce falls and the severity of fall-related injuries among seniors. The program aims to achieve this by raising awareness that falls are preventable and not an inevitable consequence of ageing, through the promotion of 'Move Improve Remove.'

#### **My Companionship**

**E** [admin@mycompanionship.com.au](mailto:admin@mycompanionship.com.au)

**W** [mycompanionship.com.au](http://mycompanionship.com.au)

**P** (08) 6245 2319

- Companion Care - Domestic Cleaning - Personal Care - Transportation - Live-in Care - Overnight Care

### **Allied Health**

#### **Absolute Care Therapy - Allied Health**

**E** [absolutecare@iinet.net.au](mailto:absolutecare@iinet.net.au)

**W** [absolutecaretherapy.com.au](http://absolutecaretherapy.com.au)

**P** 0491 948 871

Home visiting physiotherapy and dementia education to people living with dementia in the Perth South Metro region. Allied health professional with 22 years' experience. Services include: holistic functional assessments, physiotherapy, pain management, dementia education, carer support, and care plan recommendations. Services can be fully covered through NDIS and Home Care Package funds.

#### **Active Nutrition**

**E** [viviennesalu@ozemail.com.au](mailto:viviennesalu@ozemail.com.au)

**W** [activenutrition.net.au](http://activenutrition.net.au)

**P** 0407 373 002

'Offering Telehealth Only' Dietitian/Nutritionist private practice providing telehealth (video and telephone) support, information and motivation in the areas of health and nutrition. Rebates available from Medicare and Private Health.

#### **Avicenna Health and Wellness**

**E** [health@avicenna-hw.com](mailto:health@avicenna-hw.com)

**W** [avicenna-hw.com](http://avicenna-hw.com)

**P** 0493 210 327

Good health is not a luxury, it is what you deserve. Blending science and traditional knowledge, we support you on your journey to optimal health with natural, holistic, and personalised solutions.

#### **Axis Health Psychology**

**E** [info@axispsychology.org](mailto:info@axispsychology.org)

**W** [axispsychology.org](http://axispsychology.org)

**P** 0455 398 354

Health focused, evidence-based psychological therapy and hypnotherapy for anxiety, depression and stress; gut health; disordered eating and disturbed sleep.

### **Chrysalis Wellbeing**

**E** [chrissy.ortner@zohomail.com.au](mailto:chrissy.ortner@zohomail.com.au)

**W** [chrysaliswellbeing.com.au](http://chrysaliswellbeing.com.au)

**P** 0430 322 711

Online and face to face support, Mt Evelyn, for people experiencing Anxiety, Overwhelm, PTSD, Post Natal Depression or Chronic Ill health.

Hypnotherapy is an evidence based therapy for deep relaxation, addressing the causes of Anxiety and Depression and supporting you to feel calm and in control. Quit Smoking Hypnosis and Weight Loss Programs available. NDIS support for Self Managed Clients.

### **ClearConvo**

**E** [support@clearconvo.com](mailto:support@clearconvo.com)

**W** [clearconvo.com](http://clearconvo.com)

**P** (07) 3703 1812

ClearConvo is a registered provider with the National Disability Insurance Scheme. We provide speech therapy services to NDIS participants in the Brisbane region and Queensland or anywhere in Australia via online speech therapy sessions (Telehealth). Call us today on (07) 3703 1812.

### **Communicate Speech Pathology**

**E** [info@communicatespeech.com.au](mailto:info@communicatespeech.com.au)

**W** [communicatespeech.com.au](http://communicatespeech.com.au)

**P** (02) 9328 3444

Founded in 2004, Communicate Speech Pathology provides speech and language mobile, community and school-based and telehealth services to clients of all ages. Our trained speech therapists are practicing members of Speech Pathology Australia and work with clients of all ages to achieve their communication goals.

### **Connect2Care - ACT**

**E** [info@connect2care.com.au](mailto:info@connect2care.com.au)

**W** [connect2care.com.au](http://connect2care.com.au)

**P** 1800 950 288

Connect2Care was founded by health professionals with a shared passion for helping people with a disability reach their highest potential. We offer predominantly mobile services throughout Australia, and our therapists have extensive experience working in homes, schools, and other community-based settings.

### **Continence Aids Payment Scheme**

**W** [health.gov.au](http://health.gov.au)

**P** 1800 330 066

The National Continence Helpline is staffed by a team of continence nurse advisers and is available to anyone in Australia. It operates from 8am to 8pm (AEST) Monday to Friday.

### **Crystal Clear Psychology Solutions**

**E** [reception.ccpysolutions@gmail.com](mailto:reception.ccpysolutions@gmail.com)

**W** [crystalclearpsychologysolutions.com](http://crystalclearpsychologysolutions.com)

**P** 0476 758 096

Welcome to Crystal Clear Psychology Solutions, a warm and supportive environment that enables you to start living a meaningful and balanced lifestyle. We are passionate about supporting you to be the best version of yourself! We have individual therapy, group programs, return to work support, and job seeking services available to help you reach your goals and maximise your potential.

### **Julie Pratt - IBS and FODMAP Dietitian**

**E** [julie@naturalbalancenutrition.com.au](mailto:julie@naturalbalancenutrition.com.au)

**W** [natural-balance-nutrition-dietitian.business.site](http://natural-balance-nutrition-dietitian.business.site)

**P** 0420 994 870

Natural Balance Nutrition is a virtual nutrition practice specialising IBS management and the low FODMAP diet. We help clients with a range of digestive issues including: - Irritable bowel syndrome (IBS) - Fructose malabsorption - Lactose intolerance - Coeliac disease - Reflux - Chronic constipation / diarrhoea - Small intestinal bacterial overgrowth (SIBO)

### **Lavender Sleep and Wellness**

**E** [hello@lavendersleepandwellness.com](mailto:hello@lavendersleepandwellness.com)

**W** [lavendersleepandwellness.com](http://lavendersleepandwellness.com)

**P** 0435 784 209

Empowers families to remove obstacles and restore optimal sleep, health and wellness so that they and their children - from infants to teens - can flourish. Integrative sleep support for newborns to seniors.

### **On The Line Australia**

**E** [enquiries@ontheline.org.au](mailto:enquiries@ontheline.org.au)

**W** [lifeline.org.au](http://lifeline.org.au)

**P** (03) 8371 2800

On the Line is a social health business, supporting and counselling people, anywhere and anytime. We listen and encourage people to feel better: building resilience, fostering healthy relationships, and connecting people with community support.

### **Phoenix Hypnotherapy**

**E** [lynne@phoenixhypnotherapy.com.au](mailto:lynne@phoenixhypnotherapy.com.au)

**W** [phoenixhypnotherapy.com.au](http://phoenixhypnotherapy.com.au)

**P** 0438 411 551

Imagine what it will be like to finally quieten that inner-voice and to discover how incredible you can actually be. Imagine what it would be like to finally discover how to become stress and anxiety free in your life... or to be that 'non-smoker'... or to look in the mirror and feel fabulous! I will help you rid yourself of that useless stress and worry and feel the peace you so deserve.

### **Therapy Pro Pty Ltd**

**E** [info@therapypro.com.au](mailto:info@therapypro.com.au)

**W** [therapypro.com.au](http://therapypro.com.au)

**P** 1300 004 414

Inspired by the vision of 'choice and control' developed by the National Disability Insurance Scheme (NDIS), Therapy Pro has reimagined the world of service delivery with you, the client, central to the planning and delivery of your services.

## **Child Youth & Family Health**

### **School-Based Immunisation Program**

**E** [healthywa@health.wa.gov.au](mailto:healthywa@health.wa.gov.au)

**W** [healthywa.wa.gov.au](http://healthywa.wa.gov.au)

**P** (08) 9222 4222

WA's school-based immunisation program provides free recommended vaccines to WA high school students in year 7 and 10.

### **Kidsafe WA**

**E** [kidsafe@kidsafewa.com.au](mailto:kidsafe@kidsafewa.com.au)

**W** [kidsafewa.com.au](http://kidsafewa.com.au)

**P** (08) 6244 4880

Kidsafe WA is the leading independent not-for-profit organisation dedicated to promoting safety and preventing childhood injuries and accidents in Western Australia. Kidsafe WA works in the community to educate and inform parents and children on staying safe at home, at play and on the road.

### **Leukodystrophy Resource and Research organisation**

**E** [bobwyborn@bigpond.com](mailto:bobwyborn@bigpond.com)

**W** [leukodystrophyresourceresearch.org](http://leukodystrophyresourceresearch.org)

**P** (07) 4627 1092

Leukodystrophy is group of some 50 to 60 genetic progressive neurodegenerative disorders that are terminal. We support families, scientists, clinicians and allied health.

### **Swim and Survive**

**E** [info@royallifesavingwa.com.au](mailto:info@royallifesavingwa.com.au)

**W** [royallifesavingwa.com.au](http://royallifesavingwa.com.au)

**P** (08) 9383 8200

This is a swimming and water safety program that is aligned to the National Swimming and Water Safety Framework.

## **Community Health & Medical**

### **Food Sensations for Adults**

**E** [wa.info@foodbankwa.org.au](mailto:wa.info@foodbankwa.org.au)

**W** [foodbankwa.org.au](http://foodbankwa.org.au)

**P** (08) 9258 9277

Food Sensations® for Adults is a free nutrition and cooking program that is hands on, fun and provides a safe environment to try new recipes and develop skills.

### **Peer Pathways**

**E** [info@peerpathways.org.au](mailto:info@peerpathways.org.au)

**W** [peerpathways.org.au](http://peerpathways.org.au)

**P** (08) 9477 2809

Peer Pathways is a West Australian, Statewide helpline for people with mental health challenges to find the supports needed to promote health and wellbeing. Our Peer Navigators will assist you, your family and your carers to navigate services across the State.

## **Drug & Alcohol Services**

### **Lived Experience education and support**

**E** [admin@australianantiicecampaign.org.au](mailto:admin@australianantiicecampaign.org.au)  
**U**

**W** [australianantiicecampaign.org.au](http://australianantiicecampaign.org.au)

**P** (07) 5665 6063

Prevention Education Advocacy Intervention Peer support Relapse prevention Group therapy

### **Make Smoking History**

**E** [onlinecommunity@nswcc.org.au](mailto:onlinecommunity@nswcc.org.au)

**W** [makesmokinghistory.org.au](http://makesmokinghistory.org.au)

**P** (08) 9212 4333

The Make Smoking History campaign, run by the Cancer Council of Western Australia with funding from the WA Department of Health, provides information on media campaigns, smoking cessation services and other relevant activities to key CaLD publications and media outlets, working through key bodies such as Ethnic Communities Council of Western Australia and the Office of Multicultural Interests.

### **Quitline - Western Australia**

**E** [onlinecommunity@nswcc.org.au](mailto:onlinecommunity@nswcc.org.au)

**W** [quit.org.au](http://quit.org.au)

**P** 13 78 48

Highly skilled, friendly Quitline counsellors deliver behavioural interventions to help people stop smoking.

### **Family Drug Support**

**E** [general@fds.ngo.org.au](mailto:general@fds.ngo.org.au)

**W** [fds.org.au](http://fds.org.au)

**P** 1300 368 186

FDS provides up to date information on all aspects of alcohol and drug use relative to the families and friends of people who use substances. FDS also operates a National 24 hr, 7 day a week telephone support service for families and friends affected by alcohol and other drug issues.

### **Goldfields Residential Rehabilitation**

**E** [exec.manager@grsi.org.au](mailto:exec.manager@grsi.org.au)

**W** [grsi.org.au](http://grsi.org.au)

**P** (08) 9021 4732

Goldfields Rehabilitation Services Inc. (formerly known as Prospect Lodge) provides a holistic and supervised residential rehabilitation treatment facility. The service caters for up to 9 clients who are 18 years old and above and have experienced problems with alcohol and other drug use.

### **Holyoake Wheatbelt Community Alcohol and Drug Service - Northam**

**E** [adminnortham@holyoake.org.au](mailto:adminnortham@holyoake.org.au)

**W** [holyoake.org.au](http://holyoake.org.au)

**P** (08) 9621 1055

Counselling and Support - assisting people who may be experiencing problems with their own or someone else's substance use. Individual counselling is available, with specially designed programs to assist individuals and their families coping with the consequences of alcohol and other drug use. <https://holyoake.org.au/home/programs-in-the-wheatbelt/>

### **Goldfields Community Alcohol and Drug Service - Esperance**

**E** [Reception.esp@hopecs.org.au](mailto:Reception.esp@hopecs.org.au)

**W** [hopecommunityservices.org.au](http://hopecommunityservices.org.au)

**P** (08) 9071 5169

The Goldfields Community Alcohol and Drug Service has offices in Kalgoorlie and Esperance, providing a variety of community alcohol and drug treatment and support services to the Goldfields region.

### **Drug and Alcohol Treatment Services - Leonora and Laverton**

Shop 2, 72 Tower Street, LEONORA WA 6438

**E** [gadsreceptionkal@hopecs.org.au](mailto:gadsreceptionkal@hopecs.org.au)

**W** [hopecommunityservices.org.au](http://hopecommunityservices.org.au)

**P** (08) 9037 7661

This service provides Alcohol and Drug Treatment Services to people in the Northern Goldfields. The focus is on early intervention and reducing the harmful effects of consumption in the Northern Goldfields region. The service also provides case management to a number of clients.

### **24hr Alcohol and Drug Support Line**

**E** [contactus@mhc.wa.gov.au](mailto:contactus@mhc.wa.gov.au)

**W** [mhc.wa.gov.au](http://mhc.wa.gov.au)

**P** (08) 9442 5000

The Alcohol and Drug Support Line is a 24/7 non-judgemental and confidential telephone counselling, information, referral and support line for alcohol and drug use.

### **24hr Meth Helpline**

**E** [contactus@mhc.wa.gov.au](mailto:contactus@mhc.wa.gov.au)

**W** [mhc.wa.gov.au](http://mhc.wa.gov.au)

**P** 1800 874 878

The Meth Helpline is a confidential, non-judgemental telephone counselling, information and referral service for anyone seeking help for their own or another person's meth use.

### **24hr Parent and Family Drug Support Line**

**E** [contactus@mhc.wa.gov.au](mailto:contactus@mhc.wa.gov.au)

**W** [mhc.wa.gov.au](http://mhc.wa.gov.au)

**P** (08) 9442 5050

The Parent and Family Drug Support Line provides confidential counselling, information and referral by professional counsellors as well as support by Parent Peer Volunteers to parents and families in Western Australia who are concerned about a family members' alcohol or other drug use.

### **SMART Recovery**

**E** [smartrecovery@srau.org.au](mailto:smartrecovery@srau.org.au)

**W** [smartrecoveryaustralia.com.au](http://smartrecoveryaustralia.com.au)

**P** (02) 9373 5100

Smart Recovery For all addictive behaviours

### **Wa Network Of Alcohol and Other Drug Agencies**

**E** [drugpeak@wanada.org.au](mailto:drugpeak@wanada.org.au)

**W** [wanada.org.au](http://wanada.org.au)

**P** (08) 6557 9400

The Western Australian Network of Alcohol and other Drug Agencies (WANADA) is the peak body for the alcohol and other drug sector in Western Australia.

## **General Health Services**

### **Arthritis And Osteoporosis Wa**

**E** [general@arthritiswa.org.au](mailto:general@arthritiswa.org.au)

**W** [arthritiswa.org.au](http://arthritiswa.org.au)

**P** (08) 9388 2199

The objective of Arthritis & Osteoporosis WA is to reduce the incidence and disabling effects of arthritis, osteoporosis and related conditions in the people of WA.

### **Australian Primary Health Care Nurses Association (APNA)**

**E** [admin@apna.asn.au](mailto:admin@apna.asn.au)

**W** [apna.asn.au](http://apna.asn.au)

**P** (03) 9322 9500

APNA champions the role of primary health care nurses; to advance professional recognition, ensure workforce sustainability, nurture leadership in health, and optimise the role of nurses in patient centered care.

### **Diabetes WA**

**E** [info@diabeteswa.com.au](mailto:info@diabeteswa.com.au)

**W** [diabeteswa.com.au](http://diabeteswa.com.au)

**P** 1300 001 880

Our mission is to improve the lives of those at risk of, living with or affected by diabetes. This takes in thousands of Western Australians and their families and we do our best to make sure we provide them with the all of the information and support they need to enjoy a full life.

### **Healthdirect Helpline**

**E** [info@nhccn.com.au](mailto:info@nhccn.com.au)

**W** [healthdirect.gov.au](http://healthdirect.gov.au)

**P** 1800 022 222

The healthdirect helpline is a 24-hour telephone health advice line that operates seven days a week. It is staffed by registered nurses who provide expert health advice. You can call for advice if you or a member of your family are feeling ill and are unsure what to do, or for health information on a particular condition.

### **LiveLighter**

**E** kathleen.O'connor@health.wa.gov.au

**W** livelighter.com.au

**P** (08) 9388 3343

LiveLighter® encourages all Western Australian adults to lead healthier lifestyles - to make changes to what they eat and drink, and to be more active. It also encourages public debate about obesity and the need for changes in the community to support healthy eating and physical activity.

### **Herbalife Independent Distributor**

**E** info@herbsforhealth.com.au

**W** herbsforhealth.goherbalife.com

**P** 0417 544 349

Community Weight Loss Challenge

### **HiBar Nutrition and Fitness**

**W** hibar.com.au

**P** 0428 202 832

A nutrition coaching service to help people lose weight and become healthy. Providing ongoing counselling to help people improve their diet and live long and happy lives.

### **Lung Foundation**

**E** kelcieh@lungfoundation.com.au

**W** lungfoundation.com.au

**P** 1800 654 301

Patient resources can be downloaded or ordered on the website, along with information on Pulmonary rehabilitation and support group locations.

### **Mable Direct store**

**E** info@mable.com.au

**W** orders.pmcdirect.com.au

**P** 1300 736 573

Mable Direct provides independent support workers, clients and coordinators direct access to affordable consumables, equipment and wearables to support your everyday needs. Mable Direct can help you maximise NDIS or HCP funding

### **Motor Neurone Disease**

**E** admin@mndawa.asn.au

**W** mndawa.asn.au

**P** (08) 6186 4133

The Motor Neurone Disease Association of WA (MNDWA) is committed to providing specialised care and support services for people living with MND, their carers and families in Western Australia. MNDWA provides care coordination and emotional support through our MND Advisory Service, connecting those living with MND to the services that they require.

### **Aboriginal and Torres Strait Islander Chronic Conditions**

**E** info@nghealth.org.au

**W** nghealth.org.au

**P** (08) 8956 7685

Clinical care coordination for vulnerable and disadvantaged persons who have a chronic condition such as diabetes, and/or respiratory disease.

### **Precedence Health Care**

**E** support@precedencehealthcare.com

**W** precedencehealthcare.com

**P** (03) 9023 0800

Precedence Health Care is a Digital Health Solutions for Integrated Care - A better, healthier life for everyone.

### **Scad Research**

**E** info@scadresearch.com.au

**W** scadresearch.com.au

**P** 0413 486 833

SCAD Research Australia is a registered not for profit health charity which generates awareness and raises money for life saving medical research to beat SCAD Heart Attacks. Spontaneous Coronary Artery Dissection (SCAD) is the leading cause of heart attacks in women under 50, new mums and pregnant women and cause of heart attacks in healthy, fit adults with no risk factors for heart disease.

## **General Practice/Doctor**

### **Dr Hj Lochner**

**E** hjlochnergp@westnet.com.au

**P** (08) 9838 3149

Family practice providing Primary Health Care and pre placement workplace medical assessments.

### **Leinster Medical Centre - Leinster**

25 Link Road, LEINSTER WA 6437

E [leinstermedical@gmail.com](mailto:leinstermedical@gmail.com)

P (08) 9037 9025

Nursing clinic 7 days per week. GP clinic Tuesday, Wednesday and Thursday, by appointment.

### **Leonora Medical Practice**

967 Sadie Canning Drive, LEONORA WA 6438

E [doctor@leonora.wa.gov.au](mailto:doctor@leonora.wa.gov.au)

P (08) 9037 6238

GP service to the local community.

### **Telehealth Dr**

E [admin@telehealthdr.com.au](mailto:admin@telehealthdr.com.au)

W [telehealthdr.com.au](http://telehealthdr.com.au)

P 1300 998 808

We are Telehealth Doctors. A Digital Telehealth Agency proudly provides a patient portal for Telehealth Care all across Australia, where efforts are carried out by our highly trained and RACGP licensed professionals to restore and maintain patients' physical, mental and emotional health. Our Telehealth Consultants are ready to provide you electronic prescriptions according to your ailments at ...

## **Health Rehabilitation Services**

### **Activ8 Health Club**

E [trent@activ8.club](mailto:trent@activ8.club)

W [activ8.club](http://activ8.club)

P (02) 8544 0487

A registered provider under the National Disability Insurance Scheme (NDIS)

## **Health Screening Services**

### **Diversa Health - Richmond**

P 1300 100 560

We are a unique dietitian-led coaching service for NDIS participants. Accessibility is our priority - our services are entirely remote enabling us to work with participants Australia-wide, from the comfort of their own home. Diversa specialises in low carbohydrate nutrition, weight loss & type 2 diabetes, as well as helping NDIS participants to reduce pain and fatigue, improve mood, promote opt

### **National Bowel Cancer Screening Program (NBCSP)**

W [health.gov.au](http://health.gov.au)

P 1800 627 701

The National Bowel Cancer Screening Program aims to reduce deaths from bowel cancer by detecting the early signs of the disease. Eligible Australians from 50 to 74 years of age are sent a free, simple test that is done at home. Find out how the program works and how to do the test.

## **Hearing Services**

### **Auslan services**

W [auslanservices.com](http://auslanservices.com)

P 1300 287 526

Auslan Services is a nationally recognised, multi-award winning agency and employer of choice that provides a one-stop shop with the most affordable suite of packages of support to Deaf Australians. Auslan Services have been a regular source of contact via many reputable organisations, agencies, businesses and Government departments at local, state and national levels.

## Home Care & Safety Services

### Trilogy Care

**E** [info@trilogycare.com.au](mailto:info@trilogycare.com.au)

**W** [trilogycare.com.au](http://trilogycare.com.au)

**P** 1300 459 190

Trilogy Care supports you to confidently manage your Home Care Package so you can continue to live comfortably in the home you love. Our experienced team provides personalised care planning and budget administration, as well as the option for coordination of supports, to help you maximise your care hours and wellbeing.

## Hospitals

### Goldfields Health

**E** [Geraldine.Ennis@health.wa.gov.au](mailto:Geraldine.Ennis@health.wa.gov.au)

**W** [wacountry.health.wa.gov.au](http://wacountry.health.wa.gov.au)

**P** (08) 9080 5710

Find out about the Goldfields region, including a general regional overview, population health profiles, access to the local health directory, and contact details for the regional director.

### Leonora Hospital

967 Sadie Canning Drive, LEONORA WA 6438

**W** [wacountry.health.wa.gov.au](http://wacountry.health.wa.gov.au)

**P** (08) 9080 4300

Leonora Hospital is a comprehensive healthcare facility providing a range of services including an emergency department and acute admission beds.

## Mental Health Services

### Amanda Giudice Clinical Psychology

**E** [amanda@amandagiudice.com.au](mailto:amanda@amandagiudice.com.au)

**P** 0411 910 224

Psychological assessment and treatment of adult and youth psychological disorders

### Individual Community Living Strategy

**E** [hello@avivo.org.au](mailto:hello@avivo.org.au)

**W** [avivo.org.au](http://avivo.org.au)

**P** 1300 428 486

The Individual Community Living Strategy is for people with severe and persistent mental illness, who have been in specialist hospital inpatient facilities for an extended period, or those who have a severe functional limitation resulting from a severe mental illness, who are isolated.

### Touchstone

**E** [CAMHS.correspondence@health.wa.gov.au](mailto:CAMHS.correspondence@health.wa.gov.au)

**W** [cahs.health.wa.gov.au](http://cahs.health.wa.gov.au)

**P** (08) 9416 3746

Touchstone is a structured day service for young people aged 12-17 years and their families. The multi-disciplinary team comprises of a consultant child and adolescent psychiatrist, service manager, and an experienced therapy team of nurses, psychologists, social workers, occupational, art and creative therapists. The service is funded by the WA Government.

### Beyond Blue Helpline and Online Chat

**W** [beyondblue.org.au](http://beyondblue.org.au)

**P** 1300 224 636

Beyond Blue Webchat provides one-on-one mental health support for people in Australia who are concerned about anxiety, depression or suicide.

### Centrecare Counselling and Support Services - Leonora

18 Tower Street, LEONORA WA 6438

**E** [kalgoorlie@centrecare.com.au](mailto:kalgoorlie@centrecare.com.au)

**W** [centrecare.com.au](http://centrecare.com.au)

**P** (08) 9037 6561

Centrecare offers extensive outreach and specialised counselling services, both in the metropolitan and regional areas of Western Australia and currently provides more than 75 services, delivered from 11 branches

### **Integrated Primary Mental Health Care - Goldfields**

18 Tower Street, LEONORA WA 6438

**E** [kalgoorlie@centrecare.com.au](mailto:kalgoorlie@centrecare.com.au)

**W** [centrecare.com.au](http://centrecare.com.au)

**P** (08) 9037 6561

Support for individuals with mild to moderate mental health concerns, including low intensity evidence-based interventions and psychological therapies via face-to-face and telehealth sessions. A referral from your doctor is required.

### **Centrecare Counselling and Support Services - Esperance**

**E** [esperance@centrecare.com.au](mailto:esperance@centrecare.com.au)

**W** [centrecare.com.au](http://centrecare.com.au)

**P** (08) 9083 2600

Centrecare offers extensive outreach and specialised counselling services, both in the metropolitan and regional areas of Western Australia and currently provides more than 75 services, delivered from 11 branches

### **Centrecare Counselling and Support Services - Kalgoorlie**

**E** [enquiries@centrecare.com.au](mailto:enquiries@centrecare.com.au)

**W** [centrecare.com.au](http://centrecare.com.au)

**P** (08) 9080 0333

Centrecare Goldfields Mental Health Programs provides counselling and support services for people experiencing mental health issues, their carers and their families.

### **BluePages Depression Information**

**E** [ehub@ehubhealth.com](mailto:ehub@ehubhealth.com)

**W** [bluepages.anu.edu.au](http://bluepages.anu.edu.au)

BluePages Depression Information provides evidence-based information about depression - what it feels like, how it is diagnosed, how you can seek help and which treatments work. The website includes reviews of the available scientific evidence for a large number of potential depression treatments, so that individuals can make informed decisions about which treatments might be best for them.

### **E - Hub Health**

**E** [ehub@ehubhealth.com](mailto:ehub@ehubhealth.com)

**W** [ehubhealth.com](http://ehubhealth.com)

We provide automated, online mental health programs which are available free to all Australians thanks to funding from the Australian Department of Health.

### **e-couch self-help**

**E** [ehub@ehubhealth.com](mailto:ehub@ehubhealth.com)

**W** [ecouch.anu.edu.au](http://ecouch.anu.edu.au)

e-couch is an online, interactive self-help program for common mental health problems. - Free, evidence-based information and self-help training - Program modules for depression, anxiety & worry, social anxiety, bereavement & loss, divorce & separation. - Access anonymously, at your own pace, at any time.

### **moodgym**

**E** [ehub@ehubhealth.com](mailto:ehub@ehubhealth.com)

**W** [moodgym.com.au](http://moodgym.com.au)

moodgym is like an online interactive self-help book which helps you to learn and practise skills which can help to prevent and manage symptoms of depression and anxiety. - Free for all Australians - Over 1 millions users worldwide - Anonymous and confidential - Secure handling of your data - Access anytime, at your own pace - Scientifically evaluated

### **Fiona Stanley Hospital - telepsychiatry**

**W** [fsfhg.health.wa.gov.au](http://fsfhg.health.wa.gov.au)

**P** (08) 6152 7999

Fiona Stanley Hospital provides specialist psychiatry services to remote and regional areas via telepsychiatry.

### **Galcom**

**E** [support@sentient.global](mailto:support@sentient.global)

**W** [sentientpsych.com](http://sentientpsych.com)

**P** 1300 187 448

Sentient Professional Wellbeing is a mental wellbeing, professional wellbeing and research organisation. Our specialised team of clinical psychologists, counsellors, executive coaches and researchers are highly skilled and experienced in working with stress, anxiety, relationships, depression, life transitions, grief & trauma/ PTSD. We welcome all forms of diversity to our clinic.

### **Healthspot Ot**

**E** [admin@healthspotot.com.au](mailto:admin@healthspotot.com.au)

**W** [linktr.ee](http://linktr.ee)

**P** 0481 301 965

HealthspOT Occupational Therapy is an online integrative occupational therapy service focussing on mental health and well-being.

### **Community Mental Health Service - Kalgoorlie / Boulder**

**W** [wacountry.health.wa.gov.au](http://wacountry.health.wa.gov.au)

**P** (08) 9088 6200

This service provides comprehensive assessment and treatment for people with mental health problems.

### **Mental Health Inpatient Unit - Kalgoorlie**

**W** [wacountry.health.wa.gov.au](http://wacountry.health.wa.gov.au)

**P** (08) 9080 5888

This specialist-designed and built unit has 7 inpatient beds including a secure observation room. The unit is managed by mental health trained nurses and medical staff and has both resident and visiting psychiatrists.

### **Lifeline - 13 11 14 - Phone Support**

**E** [reception@lifelinewa.org.au](mailto:reception@lifelinewa.org.au)

**W** [wa.lifeline.org.au](http://wa.lifeline.org.au)

**P** 13 11 14

Lifeline WA provides Western Australians experiencing a personal crisis or thinking about suicide with access to 24 hour crisis support and suicide prevention services. Our 13 11 14 service is a nationally-routed crisis support number, available every day of the year, from any location in Australia.

### **Head to Health Assessment and Referral Phone Service**

**E** [regional.enquiry@medibank.com.au](mailto:regional.enquiry@medibank.com.au)

**W** [headtohealth.gov.au](http://headtohealth.gov.au)

**P** 1800 595 212

The Head to Health Assessment and Referral Phone Service provides state-wide access to telephone-based assessment and referral to match people to services to meet their mental health needs. The service undertakes a standardised assessment to identify an individual's required level of care and facilitates referral to an appropriate community-based and/or digital mental health service.

### **Mental Health Advocacy Service (MHAS) - Youth Advocate**

**E** [contactus@mhas.wa.gov.au](mailto:contactus@mhas.wa.gov.au)

**W** [wa.gov.au](http://wa.gov.au)

**P** (08) 6234 6300

The Mental Health Advocacy Service (MHAS) provides a specialised independent advocacy for young people accessing mental health services (in certain circumstances) to assist them enforce their rights and resolve issues.

### **Here For You**

**E** [contactus@mhc.wa.gov.au](mailto:contactus@mhc.wa.gov.au)

**W** [mhc.wa.gov.au](http://mhc.wa.gov.au)

**P** 1800 437 348

Here For You is a statewide confidential, non-judgemental, telephone service for anyone concerned about their own or another person's alcohol and other drug use and/or mental health issues.

### **Mental Health Emergency Response Line (1300 555 788) and RuralLink (1800 552 002)**

**W** [emhs.health.wa.gov.au](http://emhs.health.wa.gov.au)

**P** 1300 555 788

Anyone experiencing or dealing with others experiencing mental health distress or crisis across Metropolitan WA can call the Mental Health Emergency Response Line, 24 hrs a day, 7 days a week. Regional and remote callers can reach RuralLink after 4:30pm Monday to Friday or 24/7 over the weekend.

### **Mental Health First Aide Interntional**

**E** [mhfainternational@mhfa.com.au](mailto:mhfainternational@mhfa.com.au)

**W** [mhfa.com.au](http://mhfa.com.au)

**P** (03) 9079 0200

Mental Health First Aid (MHFA) Australia is a national not-for-profit health promotion charity focused on mental health training and research. MHFA Australia operates under the governance of a Board of Directors and derives funding from government and philanthropic grants, public donations and through its training programs.

### **Mental Health Journey Australia**

**E** [info@mhja.net.au](mailto:info@mhja.net.au)

**W** [mhja.net.au](http://mhja.net.au)

**P** 0480 307 637

We support you on your road to recovery with the guidance of our Support Coordination and Recovery Coach Team. Our staff are highly experienced in working with Psychosocial disability and our aim is to help you achieve your goals by understanding your specific wants, needs, and challenges.

## **Mental Illness Fellowship of Western Australia - Midland**

**E** [info@mifwa.org.au](mailto:info@mifwa.org.au)

**W** [mifwa.org.au](http://mifwa.org.au)

**P** (08) 9237 8900

MIFWA is a not for profit organisation dedicated to providing information and a comprehensive and integrated range of support services to people with mental illness as well as their carers, families and friends who have an interest in caring for a person with a mental illness.

## **Mentoring Men**

**W** [mentoringmen.org.au](http://mentoringmen.org.au)

**P** 1300 583 925

Mentoring Men provide free long-term one-to-one life mentoring programs for men Australia-wide. We focus on a proactive approach, engaging with Australian men who need help before they spiral into crisis.

## **Mindspot - WA**

**E** [contact@mindspot.org.au](mailto:contact@mindspot.org.au)

**W** [mindspot.org.au](http://mindspot.org.au)

**P** 1800 614 434

A free, web-based service, Mindspot is designed to help people with high prevalence mental health conditions such as anxiety and depression. The service offers cognitive behavioural therapy with health professionals either online or by telephone. People can access the service without a doctor's referral from the comfort of their home in their own time.

## **Neami Nationals**

**E** [support@nqphn.com.au](mailto:support@nqphn.com.au)

**W** [neaminational.org.au](http://neaminational.org.au)

**P** (07) 4034 0300

Neami is a values-based, not-for-profit organisation providing mental health, homelessness and suicide prevention services.

## **Pathways**

**W** [cahs.health.wa.gov.au](http://cahs.health.wa.gov.au)

**P** (08) 9382 0731

Pathways is an evidence-based Tier 4 service providing intensive therapeutic day services in addition to educational support to children with complex social, behavioural, mental health and developmental issues. Pathways is suitable for children aged 0-12. Referrals are accepted from Tier 3 services such as CAHS Mental Health, Child Development Services and other specialised services for children

## **Peaceful Mind Counselling**

**E** [admin@pmcounselling.com.au](mailto:admin@pmcounselling.com.au)

**W** [pmcounselling.com.au](http://pmcounselling.com.au)

**P** 0426 191 010

Jayani Jayatilake is a Counsellor / Accredited Mental Health Social Worker and a member of Australian Association of Social Workers (AASW). Assisting client who experience; Depression, bipolar and other mood disorders, Anxiety Disorder, Eating Disorders, Trauma including Post Traumatic Stress Disorder, Personality disorders, Suicidal thoughts and self-harming behaviors, Domestic violence & etc.

## **Complex Attention and Hyperactivity Disorders Service**

**W** [cahs.health.wa.gov.au](http://cahs.health.wa.gov.au)

**P** (08) 6456 0214

The Complex Attention and Hyperactivity Disorders Service is a specialist assessment and consultation service for children aged up to 17, and their families, who have persistent complex attention difficulties and related conditions. It is provided by the WA Government.

## **Eating Disorders Program**

**W** [cahs.health.wa.gov.au](http://cahs.health.wa.gov.au)

**P** (08) 6456 2222

The Eating Disorders Program provides outpatient, day treatment and inpatient management of children and adolescents with eating disorders. It is provided by the WA Government.

## **Gender Diversity Service**

**W** [cahs.health.wa.gov.au](http://cahs.health.wa.gov.au)

**P** (08) 6456 0202

The Gender Diversity Service (GDS) offers a multidisciplinary approach to the assessment, care and treatment of gender diversity. It is provided by the WA Government.

## **Paediatric Consultation Liaison**

**W** [cahs.health.wa.gov.au](http://cahs.health.wa.gov.au)

**P** (08) 6456 2222

Paediatric Consultation Liaison is a multidisciplinary team that engages with children and adolescents who are current, ongoing or regular Perth Children's Hospital patients, and have mental health issues related to their medical conditions or central to their treatment plan. This service is provided by the WA Government.

### **Phoenix Hypnotherapy**

**E** [lynne@phoenixhypnotherapy.com.au](mailto:lynne@phoenixhypnotherapy.com.au)

**W** [phoenixhypnotherapy.com.au](http://phoenixhypnotherapy.com.au)

**P** 0438 411 551

Psychotherapy, Clinical Hypnotherapy, NLP, EMDR, CBT to transform anxiety and depression, quit smoking and weight loss, Phobia and PTSD. Creating change for clients to access true emotional ease with Nationally accredited Psychotherapist, Lynne Lumley. Natural

### **Positive Families PSYCHOLOGY CLINIC**

**E** [info@positivefamilies.com.au](mailto:info@positivefamilies.com.au)

**W** [positivefamilies.com.au](http://positivefamilies.com.au)

**P** (07) 3096 0450

Positive Families is a boutique positive psychology clinic conveniently located in the inner Brisbane suburb of Ashgrove. We provide a comprehensive range of specialised counselling for children, teenagers, adults and families. We support our clients across the broad spectrum of mental health – from individual therapy and treatment of mental health issues to building resilience.

### **Psychcare Services Telehealth and Psychcare Psychology**

**E** [pm@psychcareservices.com.au](mailto:pm@psychcareservices.com.au)

**W** [psychcareservices.com.au](http://psychcareservices.com.au)

**P** (07) 3812 9001

PsychCare Services is an independent healthcare provider, specialising in the delivery of community based psychiatric assessment and treatment services for clients of all ages. We specialise in providing telepsychiatry services across Australia and have a practice in Ipswich, Qld that offers face to face psychiatry and psychology services.

### **PsychHelp**

**W** [psychhelp.com.au](http://psychhelp.com.au)

**P** 1300 144 357

PsychHelp offers a full range of telehealth based online psychological services across Australia. Our Psychologists are all qualified and registered with a broad range of expertise. We provide a convenient, affordable, and confidential service for all clients with bulk billing also available. Please visit our website for more information and the ability to book an appointment online today.

### **PsychOrium Forensic and Clinical Psychology Service**

**E** [info@psychorium.com](mailto:info@psychorium.com)

**W** [psychorium.com](http://psychorium.com)

**P** (02) 8772 9559

PsychOrium takes a positive psychology and humanistic approach, we fundamentally believe that every person has a unique strength and we strive to maximise and build upon that strength. Our experienced team provides clinical and forensic assessments and interventions, court and legal aid reports, group therapy, consultancy and training.

### **Reimagine**

**E** [reimagine@mhcc.org.au](mailto:reimagine@mhcc.org.au)

**W** [reimagine.today](http://reimagine.today)

**P** (02) 9555 8388

Supporting people living with mental health conditions to navigate the NDIS

### **Eating Disorders Outreach and Consultation Service**

**W** [scgh.health.wa.gov.au](http://scgh.health.wa.gov.au)

**P** 1300 620 208

The WA Eating Disorders Outreach and Consultation Service is a Statewide Service that aims to ensure youth and adults in WA with an eating disorder can access optimal best practice care. We provide consultation liaison, mentoring and support to help clinicians to manage their patients, as well as resources and clinical education.

### **Talked**

**E** [info@talked.com.au](mailto:info@talked.com.au)

**W** [talked.com.au](http://talked.com.au)

**P** 0466 439 787

Talked provides affordable and Medicare-rebated, NDIS-rebated or private health rebated mental health services.

### **The ADHD Psychology Clinic**

**E** [admin@adhdpsychiatryclinic.com.au](mailto:admin@adhdpsychiatryclinic.com.au)

**W** [adhdpsychiatryclinic.com.au](http://adhdpsychiatryclinic.com.au)

**P** 1300 517 614

Our psychologists provide Adult ADHD diagnostic assessments. Telehealth consultations Australia wide.

## **The Regional Men's Health Initiative**

**E** menshealth@4blokes.com.au

**W** regionalmenshealth.org.au

**P** (08) 9690 2277

The Regional Men's Health Initiative acts as a bridge of support and education to regional men, communities and health services throughout Western Australia. Our team achieves this through the support for grass roots organisations and attending their functions when requested.

## **Unwind Psychology**

**E** unwindpsychology@gmail.com

**W** unwindpsychology.com.au

**P** 0493 083 161

Unwind Psychology is a telehealth based online private Psychology practice, providing high-quality psychological treatment and support services to adults across Australia. Offering a range of counselling and psychology treatment options tailored to your needs. You are the expert in your life, and we have the psychology knowledge and training, and together we can help you live your best life.

## **Mental health promotion**

**E** waac@waacids.com

**W** waacids.com

**P** (08) 9482 0000

Mental health promotion

## **Young Veterans**

**E** admin@youngveterans.com.au

**W** youngveterans.com.au

**P** 0401 793 560

Young Veterans has one goal, enrich the lives of Australian veterans, empowering them to progress and succeed in life after service. Young Veterans was born from a necessity of support that wasn't available. This support is one that inspires Veterans to think outside the box of what is possible, re-engage with civilian society and participate in positive events that challenge and rehabilitate.

## **YoungMinds Albany**

**E** brooke@youngmindsalbany.com

**W** youngmindsalbany.com

**P** 0408 415 776

Providing evidence based, psychological services to children, young people and their families. Registered with Medicare and Employee Assistance Programs.

## **Pharmacies**

### **Leonora Pharmacy**

Shop 1, 72 Tower Street, LEONORA WA 6438

**E** leonorapharmacy@iinet.net.au

**P** (08) 9037 6820

Leonora Pharmacy is an accredited independent pharmacy, licensed to wholesale scheduled medicines, medical equipment and first aid supplies.

## **Psychiatric Services**

### **Call to Mind**

**E** info@calltomind.com.au

**W** calltomind.com.au

**P** (03) 9099 0453

Call to Mind is a telepsychiatry service that allows people across Australia to access quality mental health care. We have a team of psychiatrists and psychologists ranging in availability and speciality to best meet your needs. Consults are held on a video-conferencing platform so you can attend your appointment from anywhere.

### **Christina Petz Clinical Psychologist**

**E** christina.petz@bigpond.com

**P** (08) 9022 2666

Clinical Psychology service, provision of specialised mental health treatment, face to face or via onsite telehealth. Open every day 9am-4pm.

## **Sexual Support Services & Counselling**

### **1800RESPECT**

**W** 1800respect.org.au

**P** 1800 737 732

Are you experiencing sexual assault or domestic and family violence? Seeking to support someone who is? Qualified, experienced counsellors are available 24/7 to provide support, information and referral. Call 000 if in danger.

### **Sexual Health Helpline**

**E** info@shq.org.au

**W** shq.org.au

**P** (08) 9227 6178

A confidential telephone information and referral service provided by SHQ, staffed by advanced practice nurses who can respond to clinical and general sexual and reproductive health queries.

## **Specialist Outpatient Clinics**

### **Deafblind Information Australia**

**E** info@deafblindinformation.org.au

**W** deafblindinformation.org.au

Deafblind Information Australia is a consortium of Senses Australia, Able Australia and Deafblind Australia.

## **Specialists**

### **Calm Nights Sleep Consultancy**

**E** hayley@calmnights.com.au

**W** calmnights.com.au

**P** 0456 682 531

Calm Nights Sleep Consultancy provides sleep services for expectant parents and children from birth to 10 years. As a certified paediatric sleep consultant, I work co-operatively with families to assist them in gently teaching their child to sleep through the night.

### **Docto**

**E** team@docto.com.au

**W** docto.com.au

**P** 1300 336 286

Australia's first online hospital providing medical specialist video-consultations by appointment. Referred patients are matched to the most appropriate specialist in our national database.

### **Dubberley, Stacey Louise**

**E** ndisnursecontinencespecialist@gmail.com

Continence Assessments for NDIS - Telehealth only (Australia Wide) Online referral and service agreement

<https://form.jotform.com/222121943144850>

### **TENS Hire Perth**

**E** tenshireperth@gmail.com

**W** tenshireperth.com.au

**P** 0413 852 643

TENS Machine Hire for labour Childbirth Education

### **Wound Specialist Services**

**E** info@woundservice.com.au

**W** woundservice.com.au

**P** (07) 3289 3102

Our vision is to create a better life for people with or at risk for wounds and those caring for them.

Wound Specialist Services uses digital solutions to give as many people as possible access to wound knowledge anytime and anywhere to improve patient and health service outcomes. We enable the delivery of best practice wound care through our comprehensive range of services.

## **Information & Counselling**

---

### **Carer Information**

### **XLH Australia Incorporated**

**E** xlhaustralia@gmail.com

XLH Australia is a patient support and advocacy group for people living with, and people caring for others with, X-linked Hypophosphatemia (XLH).

### **Disability Information & Counselling**

### **Assistive Technology Australia**

**E** help@at-aust.org

**P** 1300 452 679

We provide information and advice to people with disabilities, older people, carers, service providers, allied health professionals and the general community on assistive technology solutions for independent living. We run group tours, community talks and workshops to spread awareness about Assistive Technology and its role in aiding independent living.

## **Financial & Gambling Management & Budgeting**

### **Fair Entitlements Guarantee (FEG)**

**W** [ag.gov.au](http://ag.gov.au)

**P** 1300 135 040

The Australian Government provides assistance to people owed certain outstanding employee entitlements following the liquidation or bankruptcy of employers, this help is available through the Fair Entitlements Guarantee (FEG).

### **Manage Mode NDIS Plan Managers**

**E** [info@managemode.com.au](mailto:info@managemode.com.au)

**W** [managemode.com.au](http://managemode.com.au)

**P** (08) 6115 6388

Western Australian based NDIS Plan Manager with capacity to manage plans and payments for NDIS approved participants and their nominees. We understand the challenges, frustrations and victories that are experienced by participants and their carers on a daily basis and we take a very personal interest in positive outcomes.

### **Saver Plus**

**E** [saverplus@bsl.org.au](mailto:saverplus@bsl.org.au)

**W** [bsl.org.au](http://bsl.org.au)

**P** 1300 610 355

Saver Plus is Australia's largest and longest running financial education and matched savings program. Build financial skills, develop life-long savings habits, and receive up to \$500 to assist with education costs. To participate, you must be 18+ years, be studying or have children at school, have a health care or pensioner concession card, Centrelink payment plus some income from work.

## **General Support Services & Counselling**

### **Anchoring Your Life Counselling**

**E** [debra@anchoringyourlife.com](mailto:debra@anchoringyourlife.com)

**W** [anchoringyourlife.com](http://anchoringyourlife.com)

**P** 0490 061 761

I provide counselling support to couples, adults and teenagers. These services can be provided both in my private practice or online for those who may have mobility issues or prefer the sanctity of their own home. I am a private healthcare provider and work with NDIS participants who are self or plan managed.

### **Connecting Dots Counselling**

**E** [theresa@connectingdotscounselling.au](mailto:theresa@connectingdotscounselling.au)

**W** [connectingdotscounselling.au](http://connectingdotscounselling.au)

Hello, my name is Theresa. Whatever has brought you to the session is what is important to you and what matters to me. No matter what your age, we will work together to empower you, bring clarity, learn new skills, build on your strengths and discover your best self to live your best life.

### **Counselling and Coaching with Astuteology**

**W** [astuteology.com](http://astuteology.com)

**P** 0426 952 757

As your qualified registered ACA counsellor and coach, I will work with you to help you overcome your problems, and grow your strengths and talents, so you enjoy better relationships and achieve your lifetime goals. All your counselling and coaching needs will be met, either by phone, Skype or Zoom no matter where you are in the world. Let's work on a plan to build a happier more contented you!

### **Counselling Services Hervey Bay**

**E** [patriciaf20101@outlook.com](mailto:patriciaf20101@outlook.com)

**W** [counsellingservicesherveybay.com.au](http://counsellingservicesherveybay.com.au)

**P** 0458 431 919

NDIS Provider- Counselling Individuals, Children and Couples, Clinical Family Therapy, Energy Psychology-Kinesiology and Theta Healing- By Appointments Saturdays. Passionate about helping people to achieve their goals and having a happier healthier life.

### **Diverse Communities and Social Services (DCSS Australia Inc.) Indigenous and LGBTIQA+ Community Justice and Social Services Charity / Not-For-Profit and Charity Community Consultants (NFPCCC) Indigenous DGR PBI Charities**

**E** [Info@dcssaustralia.org](mailto:Info@dcssaustralia.org)

**W** [dcss.org.au](http://dcss.org.au)

**P** (03) 6185 0292

This program enables us to assist people who are disadvantaged and who genuinely want to change their lives. Clients can complete a WDP through our organisation, for more information please visit: <https://www.dcssaustralia.org/services> or email [Justice@dcssaustralia.org](mailto:Justice@dcssaustralia.org)

**Dr Julie-May Brown****E** [jmbpsychology@hushmail.com](mailto:jmbpsychology@hushmail.com)**W** [jmbpsychology.com.au](http://jmbpsychology.com.au)**P** 0421 778 204

Dr Julie-May Brown is an EMDRAA Accredited Clinical Psychologist - specializing in ONLINE treatment for trauma and mental health issues.

**Family Relationship Advice Line****W** [familyrelationships.gov.au](http://familyrelationships.gov.au)**P** 1800 050 321

For those seeking help, information, support and referral to a range of services that can prevent family breakdown or ease the difficulties associated with separation and divorce.

**Healing Beyond Discovery****E** [info@healingbeyonddiscovery.org](mailto:info@healingbeyonddiscovery.org)**W** [healingbeyonddiscovery.org](http://healingbeyonddiscovery.org)

Our group focuses on providing confidential support and information to heterosexual people who discover their partner is gay, lesbian, bisexual or transgender. Our private peer to peer support group offers a safe space to share your story and for you to gain support from people who understand.

**Holistic Lifestyle Practice****E** [admin@holisticlifestylepractice.com.au](mailto:admin@holisticlifestylepractice.com.au)**P** 0459 946 832

Kellie Hansen is an Accredited Mental Health Social Worker, Somatic Experiencing Practitioner and Credentialed Eating Disorder Clinician who provides evidence based psychological therapy for mental health and wellbeing for adolescents and adults in person or via telehealth (phone or video link) with rebates under Medicare and NDIS funding (where eligible).

**Hope Community Services - Leonora**

Shop 2, 72 Tower Street, LEONORA WA 6438

**E** [gadsreceptionkal@hopecs.org.au](mailto:gadsreceptionkal@hopecs.org.au)**W** [hopecommunityservices.org.au](http://hopecommunityservices.org.au)**P** (08) 9037 7661

Our counselling services provide one-on-one and group support for individuals, carers and families affected by alcohol and other drug use and mental health concerns.

**Huntington's WA****E** [admin@huntingtonswa.org.au](mailto:admin@huntingtonswa.org.au)**W** [huntingtonswa.org.au](http://huntingtonswa.org.au)**P** (08) 6457 7599

For people affected by Huntington's disease HWA provides one to one support, support groups, outings, retreats, advocacy, a Day Centre Program, crisis referrals, education and information services.

**Inkblot Psychology Clinic****E** [reception@inkblotclinic.com.au](mailto:reception@inkblotclinic.com.au)**W** [inkblotclinic.com.au](http://inkblotclinic.com.au)**P** (08) 6245 0130

a boutique psychology clinic offering a range of psychological services to children, adolescents, and adults. Our clinicians are highly trained and experienced and bring with them specialist skills in a number of areas including psychoeducational assessments, mood disorders, ADHD, LGBTQIA+ issues, trauma/PTSD and neurodiversity. We see clients 6 years and above. Open weekdays 9.30am - 5pm

**JPS Counselling****E** [JPSCounsellingSW@gmail.com](mailto:JPSCounsellingSW@gmail.com)**P** 0493 523 322

A dedicated Counselling service, ready to provide counselling for many issues including Loss & Grief support, disability support, suicide & Self harm, PTSD, Anxiety, depression, family therapy, sexual support, LGBTQIA+ support, couples counselling and much more. Our dedicated, highly trained staff are here to help. We are a registered NDIS provider.

**Make It Happen Hypnotherapy****E** [sandy@make-it-happen-hypnotherapy.com](mailto:sandy@make-it-happen-hypnotherapy.com)**W** [mihh.com.au](http://mihh.com.au)**P** 0475 159 415

Sandy is a Registered Clinical Hypnotherapist Psychotherapist. She helps people to find and fulfill their magnificent purpose in life, as she believes that everyone has been given the unique gifts and live their life to the fullest. She promotes brain education, helping people to eliminate blockages in their subconscious mind that limit them, and reinvent the life that they want.

### **MensLine Australia**

**W** mensline.org.au

**P** 1300 789 978

MensLine Australia is the nationwide telephone and online support, information and referral service.

MensLine Australia offers a safe and confidential 24/7 phone and video counselling service. 1300 78 99 78 <http://www.mensline.org.au/>

### **Nicole Ivens Holistic Counselling**

**E** info@nicoleivens.com

**W** nicoleivens.com

**P** 0400 280 475

Counselling Service for Women. Specialising in: Anxiety, Stress, Self-care, Improving Self-confidence, Relationships, Grief & Loss, and Trauma

### **Northern Frontiers Mediation and Counselling Mediation and Counselling**

**E** reception@northernfrontiers.com.au

**W** northernfrontiers.com.au

**P** 1300 908 170

Our counsellors, mediators and psychologists assist with issues such as relationship difficulties, family separation parenting, grief and loss, peer pressure, behaviour management thoughts of suicide/self-harm, conflict at work and many more. Based in Cairns, Queensland, we provide professional services across Australia via phone, or in-person at our Cairns city offices.

### **Not My Closet**

**E** karen@notmycloset.com

**W** notmycloset.com

Counselling and coaching throughout Australia for straight spouses who've discovered their partner is a closeted lesbian, gay, bisexual or transgender person.

### **Nova Psychology**

**E** hello@novapsychology.com.au

**W** novapsychology.com.au

**P** 0418 936 120

We are a diverse team of experienced therapists offering support for a broad range of mental health and life concerns. We are able to book clients an appointment for a telehealth consultation anywhere in Australia within one to two weeks. So we provide convenience, flexibility and accessibility with no long wait times. We welcome you to get in touch. Let's have a chat about how we can help (:

### **Open Arms**

**E** OpenArms.SouthQLD@dva.gov.au

**W** openarms.gov.au

**P** 1800 011 046

Veterans and families phone counselling and support line.

### **Counselling, Career and Consultancy Services**

**E** morehope@iinet.net.au

**W** counsellingcareerandconsultancyservices.com.au

**P** 0408 890 887

Experienced Counsellor/Social Worker (AMHSW) specialising in relationship, anxiety/depression, and trauma counselling. In private practice from 1999. Previously managed a branch of Relationships Australia and a school service. Worked 5 years as a case manager (adult community and inpatient at Armadale Mental Health Service) If Christian counselling is desired ask Owen when you make contact.

### **Start from Within**

**E** admin@startfromwithin.com.au

**W** startfromwithin.com.au

**P** (02) 8971 7392

Counselling and Grief Peer Support Groups

### **talklink**

**E** hey@talklink.com.au

**W** talklink.com.au

**P** (03) 7064 9528

An online mental health directory connecting Australians with mental health support. We have available psychologists, counsellors, and psychotherapists available nationwide to help people with mental health concerns. All of our mental health practitioners are available online.

### **The Butterfly Foundation National Helpline**

**E** support@thebutterflyfoundation.org.au

**W** butterfly.org.au

**P** 1800 334 673

The Butterfly Foundation operates a National Helpline that includes support over the phone, via email and online, reaching 20,000 people each year. The Helpline is staffed by trained counsellors experienced in assisting with eating disorders and body image issues. We also provide a wide range of programs for service providers and recovery groups.

## **Toowoomba Psychology And Counselling**

**E** james.ising@gmail.com  
**W** jamesisingcounselling.com.au  
**P** 0412 742 927

Specialist psychology and counselling to individuals, couples and families. Sessions on anger, depression and anxiety, marriage and relationships, parenting, and work/life balance. James Ising is a down to earth Psychologist and Counsellor with extensive professional experience working in the non-profit, Government and health sectors. Confidential specialist service.

## **Transformative Place Counselling Service**

**E** counsellortpcs@gmail.com  
**W** transformativeplace.com.au  
**P** 0418 961 475

Online counselling service for Australians 18 years and over

## **Walking Life's Path Counselling Service**

**E** walkinglifesp@liferestored.me  
**W** liferestored.me  
**P** 0411 513 430

Seek to: identify goals & potential solutions to problems causing emotional turmoil; improve communication & coping skills; strengthen self-esteem; & promote behaviour change & optimal mental health.

## **Lesbian, Gay, Bisexual and Transgender (LGBTQIA+)**

### **Pflag**

**E** info@pflag.org.au  
**W** pflagaustralia.org.au  
**P** 0404 594 699

PFLAG stands for Parents, Families and Friends of Lesbians and Gays. PFLAG is a volunteer run non-profit organisation in WA providing support for families and friends of people who are lesbian, gay, bisexual, transgender or intersex (LGBTI), along with community education and advocacy. PFlag groups run in Perth, Bunbury and other regional centres.

### **QLife**

**E** ask@qlife.org.au  
**W** qlife.org.au  
**P** 1800 184 527

QLife is Australia's first nationally-oriented peer support and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI).

### **Trans Wellbeing**

**E** info@transwellbeing.com  
**W** transwellbeing.com  
**P** 0481 360 427

An online group program for parents of transgender and gender diverse people. Compassionate and evidence-based information and support.

### **Transfolk of WA**

**E** admin@transfolkofwa.org  
**W** transfolkofwa.org

A support network for trans people and their families in WA. Provides a range of peer led support and services for gender diverse individuals and their families. Safe and inclusive spaces, social events and personal development opportunities for gender diverse people. Communicates and collaborates with political, government, community to increase visibility and awareness of gender diversity.

## **Loss & Grief Support Services & Counselling**

### **My Counselling and Me**

**E** mycounsellingandme@gmail.com  
**W** mycounsellingandme.com.au  
**P** 0401 596 497

Kim is an experienced NDIS registered counsellor, membership with the Australian Counselling Association. Kim has extensive experience in caring for people with life-limiting illnesses and conditions. Kim also has extensive experience in providing community advice and support in palliative care, advance care planning, including supporting LGBTIQ clients.

## **Maternity Support Services & Counselling**

### **National Perinatal Anxiety and Depression Helpline**

**E** [info@panda.org.au](mailto:info@panda.org.au)

**W** [panda.org.au](http://panda.org.au)

**P** 1300 726 306

PANDA National Helpline Monday - Friday 9am to 7.30pm AEST/AEDT confidential Australia-wide counselling, support, information and referrals to local services. Tel: Support 1300 726 306, Admin 03 9926 9090

### **Pregnancy Counselling Australia**

**E** [admin@pregnancycounselling.com.au](mailto:admin@pregnancycounselling.com.au)

**W** [pregnancyhelpaustralia.org.au](http://pregnancyhelpaustralia.org.au)

**P** 1300 737 732

An Australia-wide telephone support service for concerns associated with: - An unexpected or difficult or challenging pregnancy. - Grief or anxiety following termination or other pregnancy loss We understand that it often takes courage to seek assistance. Our telephone support workers will listen to your concerns and respond to your request for information, support or counselling.

## **Suicide & Self Harm Information**

### **ConNetica Consulting**

**W** [connetica.com.au](http://connetica.com.au)

**P** (07) 5491 5456

ConNetica is recognised and awarded in Australia and internationally for our thought leadership in mental health and suicide prevention, comprehensive approach to service mapping, collaboration and integration, stakeholder engagement, suicide prevention training programs, advocacy and research.

### **LivingWorks Education Australia**

**E** [info@livingworks.com.au](mailto:info@livingworks.com.au)

**W** [livingworks.com.au](http://livingworks.com.au)

**P** 1300 738 382

LivingWorks is the world's leading provider of suicide intervention training. For more than thirty years, we have developed and delivered programs of the highest quality with the goal of saving lives from suicide. Praised by the international community and supported by numerous studies, our workshops help people become more willing, ready, and able to intervene with someone at risk.

### **The Samaritans Emotional Support Line**

**E** [info@thesamaritans.org.au](mailto:info@thesamaritans.org.au)

**W** [thesamaritans.org.au](http://thesamaritans.org.au)

**P** 13 52 47

The Samaritans provide non-judgemental, emotional support to those experiencing distress and despair including those who may be at risk of suicide.

## **Legal Assistance & Information Services**

---

### **Mediation & Ombudsman Support**

#### **Australian Financial Complaints Authority**

**E** [info@afca.org.au](mailto:info@afca.org.au)

**W** [afca.org.au](http://afca.org.au)

**P** 1800 931 678

The Australian Financial Complaints Authority (AFCA) helps individuals to resolve complaints about financial products and services. It's free to the public and you don't need to pay someone to help you lodge a complaint.

#### **Family Mediation Direct**

**E** [admin@familymediationdirect.com.au](mailto:admin@familymediationdirect.com.au)

**W** [familymediationdirect.com.au](http://familymediationdirect.com.au)

**P** 1300 559 459

We assist parent going through separation to reach agreements about their children and property.

# Peak, Industry and Funding Bodies

---

## Foundations

### **Sock it to Sarcoma!**

**E** [admin@sockittosarcoma.org.au](mailto:admin@sockittosarcoma.org.au)

**W** [sockittosarcoma.org.au](http://sockittosarcoma.org.au)

**P** (08) 6285 0744

We fund research into and provide peer support, financial assistance, information and community networks for people who have been diagnosed with sarcoma and their families. Contact us through our website for more information about services.

## Industry Bodies

### **Industrial Hemp Western Australia Association Inc. Inc.**

**E** [admin@ihempwa.org](mailto:admin@ihempwa.org)

**W** [ihempwa.org](http://ihempwa.org)

iHempWA is a public not-for-profit incorporated entity formed to be a trusted industry voice to connect, guide and builds the Western Australian Industrial Hemp community and industry.

## Peak Bodies

### **Country WA PHN**

**W** [wapha.org.au](http://wapha.org.au)

**P** (08) 6272 4900

WA Primary Health Alliance commissions a range of community-based treatment and support services, delivered across Western Australia.

### **Disability Advocacy Network Australia (DANA)**

**E** [info@dana.org.au](mailto:info@dana.org.au)

**W** [dana.org.au](http://dana.org.au)

Disability Advocacy Network Australia (DANA) is a national peak body for Disability Advocacy Services - It does not provide direct services to the community.

### **Indigenous Allied Health Australia**

**E** [admin@iaha.com.au](mailto:admin@iaha.com.au)

**W** [iaha.com.au](http://iaha.com.au)

**P** (02) 6285 1010

Indigenous Allied Health Australia is a national, member-based Aboriginal and Torres Strait Islander allied health organisation. IAHA leads sector workforce development and support to improve the health and wellbeing of Aboriginal and Torres Strait Islander peoples.

### **Kidney Health Australia**

**E** [Kidney.Helpline@kidney.org.au](mailto:Kidney.Helpline@kidney.org.au)

**W** [kidney.org.au](http://kidney.org.au)

**P** 1800 454 363

We are the peak body for kidney health in Australia. For over 50 years, we have connected people to the vital information, education and support services they need to preserve their kidney health and live a better quality of life if they are diagnosed with kidney disease.

### **Mental Health Commission of Western Australia**

**E** [contactus@mhc.wa.gov.au](mailto:contactus@mhc.wa.gov.au)

**W** [mhc.wa.gov.au](http://mhc.wa.gov.au)

**P** (08) 6553 0600

The Mental Health Commission is responsible for planning, commissioning and providing mental health, alcohol and drug services in Western Australia on behalf of the State Government. Visit our website for more information.

## Skills Alliances

### **Australian Women In Agriculture (AWiA)**

**E** [administration@awia.org.au](mailto:administration@awia.org.au)

**W** [awia.org.au](http://awia.org.au)

**P** 0490 346 195

Australia's peak organisation for women across all areas in agriculture since 1994. We are a network of women across Australian agriculture and beyond. Together, we are a stronger voice and a voice that can make a difference.

## Recreation & Leisure

---

### Crafts

#### Australian Lace Guild W A Branch

E [walacesec@gmail.com](mailto:walacesec@gmail.com)

W [australianlaceguild.com.au](http://australianlaceguild.com.au)

This Guild promotes and teaches all forms of lace making. Some of the styles of lace making available are bobbin, needle, tatted, knitted, crochet, knotted.

### Fitness Activities

#### Live online Yoga and Pilates Classes

E [info@kevalahealth.com.au](mailto:info@kevalahealth.com.au)

W [kevalahealth.com.au](http://kevalahealth.com.au)

Live Stream Online Yoga and Pilates classes. Private personal training NDIS registered. General yoga, pilates, mixed yoga-pilates, meditation, fitness, rehab

### General Recreation and Leisure

#### ClassBento

E [hi@classbento.com.au](mailto:hi@classbento.com.au)

W [classbento.com.au](http://classbento.com.au)

ClassBento is all about the fun and stimulation that comes with learning (or teaching) a skill and being present in the moment. Be inspired by our experienced teachers, and give your brain a chance to stretch those creative wings. Join our mission and let's bring more healthy arty fun into our communities.

#### Leonora Toy Library

60 Tower Street, LEONORA WA 6438

E [leonora@crc.net.au](mailto:leonora@crc.net.au)

W [leonoratoylibrary.setls.com.au](http://leonoratoylibrary.setls.com.au)

P (08) 9037 7521

Come in and see our range of toys, games and puzzles that you can borrow each week. Babies - 10 years. Membership Options available

## Self Help

---

### General Self Help Services

#### National Continence Helpline

W [continence.org.au](http://continence.org.au)

P 1800 330 066

The National Continence Helpline is a free telephone advisory service.

#### Sahaja Yoga Queensland

E [peter.hewitson1@gmail.com](mailto:peter.hewitson1@gmail.com)

W [sahajayogaql.com](http://sahajayogaql.com)

P 0438 781 413

Sahaja Yoga provides free meditation programs for the community all around Australia.

#### The NAKED Soul

E [admin@thenaked soul.com.au](mailto:admin@thenaked soul.com.au)

W [thenaked soul.com.au](http://thenaked soul.com.au)

P 1300 625 331

The purpose of The NAKED Soul (our WHY) is to ... Inspire Humanity to Love. Experience more joy, gratitude, kindness and well-being in your day-to-day life, through our wellbeing programs, private coaching & transformational life workshops.

#### Life coaching

E [your.listener.coaching@gmail.com](mailto:your.listener.coaching@gmail.com)

W [yourlistener.wixsite.com](http://yourlistener.wixsite.com)

P 0402 333 950

John Cuturilo is Your Listener, a new type of life coach in Australia who helps people to overcome challenges and make changes in their lives. Drawing on a rich base of knowledge and experience, John eschews extravagance, vague claims, and expensive packages for tested strategies based on real experience in demanding situations.

# Sport

---

## Aquatic Sports

### Leonora Recreation and Aquatic Centre

Tower Street Leonora, LEONORA WA  
6438

**E** [pool@leonora.wa.gov.au](mailto:pool@leonora.wa.gov.au)

**W** [leonora.wa.gov.au](http://leonora.wa.gov.au)

**P** (08) 9037 6379

Leonora Aquatic Centre is a well-equipped purpose built outdoor aquatic centre. Located in the centre of town, next to the Supermarket and adjoining the Recreation Centre. With a 6 lane 25 metre lap pool and leisure pool it's perfect for both the lap swimmer and the social swimmer looking to cool off in the summer months.

## Sports Clubs

### Fremantle Amateur Angling Club

**E** [martin.j.reynolds@outlook.com](mailto:martin.j.reynolds@outlook.com)

**W** [faac.org.au](http://faac.org.au)

**P** 0455 197 196

The Fremantle Amateur Angling Club is a beach and rock and estuary recreational fishing club. The club caters for all types of anglers, from novice to the well experienced. It provides mentors for new members and provides clinics to develop skill levels of all participants.

### Fremantle Derby Club

**E** [cdawkins@westnet.com.au](mailto:cdawkins@westnet.com.au)

**P** 0407 314 676

To support the Fremantle Football Club. To create and administer business community support. To provide financial and other assistance. To provide a forum for business and social exchange. To attract and encourage donations, gifts, bequests, endowments, trusts and other forms of financial assistance to support the Fremantle Football Club.

### Fremantle Four Wheel Drive Club

**P** (08) 9418 8044

Camping and travel; training and instruction days; picnics and fishing trips; advice on accessories and equipment; service projects; education through recreation; monthly meetings with guest speakers, slides films etc.

### Hilton Park Junior Cricket Club

**E** [cricket@hpjcc.org.au](mailto:cricket@hpjcc.org.au)

**W** [hpjcc.org.au](http://hpjcc.org.au)

**P** 0419 933 385

Promotion and fostering of Junior community cricket for children aged from 5–16 years. U10's to U17's play on Saturday and Sunday Mornings from October to March each year. An Cricket Blast centre for 5, 6 and 7 year olds operates on Friday evenings at Dick Lawrence Oval, Lefroy Rd, Beaconsfield during the cricket season from 4.30pm to 7.00pm.

### KidSport

**E** [kidsport@dlgsc.wa.gov.au](mailto:kidsport@dlgsc.wa.gov.au)

**W** [dlgsc.wa.gov.au](http://dlgsc.wa.gov.au)

**P** (08) 9492 9911

KidSport enables eligible Western Australian children aged 5 to 18 years to participate in community sport by offering them financial assistance of up to \$150 per calendar year towards club fees.

### Melville Fremantle Cycling Club Inc.

**E** [russellmiller@westnet.com.au](mailto:russellmiller@westnet.com.au)

**P** 0400 734 001

To provide cycle racing 12 months of the year to all age groups and categories.

### Melville Mariners Tee-Ball Club

**E** [president@melvillemarinersteeball.com.au](mailto:president@melvillemarinersteeball.com.au)

**W** [mmtbc.com.au](http://mmtbc.com.au)

To promote interest in and to educate, train and coach children in Tee Ball and junior baseball. Boys and girls play Teeball from age 5 to 12.

### South Fremantle District Football Development Council

**E** [bgardiner@wafc.com.au](mailto:bgardiner@wafc.com.au)

**P** (08) 9335 5589

To foster junior football in the South Fremantle district and promote citizenship amongst girls and boys of the district. No competitive games up to the age of 8 years. 6 - 8 years skills development. Covers Fremantle to Mandurah Area.

## **South Metropolitan Cricket Association**

**E** [admin@smcacricket.com](mailto:admin@smcacricket.com)

**P** 0402 851 957

The Association fosters cricket in suburbs south of the Swan River, from Fremantle to Cannington, Serpentine to Kwinana. There are currently 22 Clubs affiliated with the SMCA as well as an Umpires Association.

# **Volunteering**

---

## **General Volunteering Services**

### **The Trustee For Freddy Bear Foundation**

**E** [hello@freddymatch.org](mailto:hello@freddymatch.org)

**W** [freddymatch.org](http://freddymatch.org)

**P** 1300 737 090

At FreddyMatch, we drive social change through technology, using our unique algorithm to match people with great opportunities, increasing volunteer participation rates and building stronger communities.

## **Welfare Assistance & Services**

---

### **General Welfare & Support Services**

#### **Centrelink Leonora**

Tower Street Leonora, LEONORA WA 6438

**W** [servicesaustralia.gov.au](http://servicesaustralia.gov.au)

**P** 13 24 68

We deliver government payments and services

### **Saver Plus**

**E** [saverplus@bsl.org.au](mailto:saverplus@bsl.org.au)

**W** [bsl.org.au](http://bsl.org.au)

**P** 1300 610 355

Saver Plus is a 10-month matched savings program that helps people to build their financial skills, establish a savings goal and develop long term saving habits. When finished, participants receive up to \$500 in matched savings which can be used for education costs such as computers and tablets, text books and uniforms.

### **National Perinatal Support Program**

**E** [info@thebabesproject.com](mailto:info@thebabesproject.com)

**W** [thebabesproject.com.au](http://thebabesproject.com.au)

**P** 1300 140 212

The Babes Project works with women who are seeking additional support during pregnancy. We run a National support service providing our Perinatal Support Program via phone and video calls for pregnant and early parenting women across Australia, who cannot access one of the Centres.

### **Trauma Clean**

**E** [admin@traumaclean.com.au](mailto:admin@traumaclean.com.au)

**W** [traumacleanaustralia.com.au](http://traumacleanaustralia.com.au)

**P** 0413 739 854

NDIS registered provider. Our team is here to help, regardless of what sort of cleaning service you require. We can deal with everything from biohazards substances to gross filth and even human waste cleaning, and our experienced team is available 24/7 as required. Yes, it can be embarrassing to ask for help, but don't worry. We get it. Sometimes life takes over and you just need a helping hand.

## **Youth Services**

---

### **General Youth Services**

#### **Brave Foundation**

**E** [info@bravefoundation.org.au](mailto:info@bravefoundation.org.au)

**W** [bravefoundation.org.au](http://bravefoundation.org.au)

**P** 0448 088 380

The Brave Foundation is a national charity which runs a program supporting expecting and parenting teens and young people up to age 25 face to face and virtually in Cairns and surrounding areas, by providing mentoring and connecting them to the services and resources they need and supporting that ongoing engagement.

### **Little Dreamers Australia**

**E** [info@littledreamers.org.au](mailto:info@littledreamers.org.au)

**W** [littledreamers.org.au](http://littledreamers.org.au)

**P** 1800 717 515

As Australia's leading Young Carer organisation, Little Dreamers works with young people who provide unpaid care for a family member with a disability, illness or addiction. Across a range of direct support programs, we're improving the quality of life for Young Carers across Australia, with a vision that every single Young Carer around the world is supported by someone or something by 2030.

### **Youth Crisis & Emergency Services**

#### **Department Of Communities**

**E** [enquiries@communities.wa.gov.au](mailto:enquiries@communities.wa.gov.au)

**W** [dcp.wa.gov.au](http://dcp.wa.gov.au)

**P** 1800 176 888

protects and cares for Western Australian children and young people who are in need, and supports families and individuals who are at risk or in crisis. We work proactively with families to build safety around children, and prevent the need for children to enter the out-of-home-care system. We also support children and young people who are in out-of-home care to thrive by working with ...

### **Youth Information & Counselling**

#### **Beyond Blue - Perth**

**W** [beyondblue.org.au](http://beyondblue.org.au)

**P** 1300 224 636

Promotion of help seeking behaviour for young people who are depressed.

#### **eheadspace**

**W** [headspace.org.au](http://headspace.org.au)

**P** 1800 650 890

eheadspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends. If you're based in Australia and going through a tough time, eheadspace can help. You can talk 1-on-1 with an eheadspace clinician via an online chat, email or over the phone.

### **Youth Justice Services**

**E** [hellohope@hopecs.org.au](mailto:hellohope@hopecs.org.au)

**W** [hopecommunityservices.org.au](http://hopecommunityservices.org.au)

**P** (08) 6391 0450

Hope Community Services deliver a range of support for young people aged between 10 and 17 years of age who have become involved with the justice system, in the Kimberley, Perth Metropolitan, Midwest, Pilbara and Goldfields regions. Programs include Bail Services, Youth Transitional Accommodation Program, and Community Programs.

### **YES! Housing**

**E** [yeshousingduty@anglicarewa.org.au](mailto:yeshousingduty@anglicarewa.org.au)

**W** [anglicarewa.org.au](http://anglicarewa.org.au)

**P** (08) 9263 2009

Young people who are homeless or at risk of homelessness can be assessed for eligibility for a Department of Housing tenancy, and then supported to develop their independent living and tenancy skills to be able to maintain long term stable housing.

### **Youth In Motion**

**E** [caitlin.tanaka@youthinmotion.org.au](mailto:caitlin.tanaka@youthinmotion.org.au)

**W** [youthinmotion.org.au](http://youthinmotion.org.au)

The Learning Project provides free 1-1 tutoring to students who might be having a hard time. Our students experience disadvantage in many ways – from learning and attention difficulties to mental health issues. We make sure no student is left behind.

### **Youth Insearch**

**E** [admin@youthinsearch.org.au](mailto:admin@youthinsearch.org.au)

**W** [youthinsearch.org.au](http://youthinsearch.org.au)

**P** 1800 805 635

Australia's leading peer-led youth trauma recovery organisation, dedicated to supporting at-risk youth aged 12-25. We run Weekend Workshops, Weekly Support Groups and Individual Support for young people to connect and develop life skills. Our programs are delivered with youth, supported by expert adults.

# Index

- 1800RESPECT 41  
24hr Alcohol and Drug Support Line 33  
24hr Meth Helpline 33  
24hr Parent and Family Drug Support Line 33  
A Team Tuition - HEAD OFFICE 25  
Aboriginal and Torres Strait Islander Chronic Conditions 34  
Absolute Care Therapy - Allied Health 29  
Accelerated Learning Tutoring Centre 27  
Achieve Disability Care 19  
Acorn Stairlifts 10  
Activ8 Health Club 35  
Active Nutrition 29  
Advocare care finder program 10  
ALANNAH and MADELINE FOUNDATION 27  
Amanda Giudice Clinical Psychology 36  
Anchoring Your Life Counselling 43  
Anger Management and Conflict Resolution Program 26  
Approach Services 28  
Arthritis And Osteoporosis Wa 33  
Assistance with Domestic Duties for NDIS Pet Owners 12  
Assistive Technology Australia 42  
Attaboi Music Magazine 12  
Auslan services 35  
Australia Nova Romana 16  
Australian Cervical Cancer Foundation 25  
Australian disability support services 19  
Australian Financial Complaints Authority 47  
Australian Lace Guild W A Branch 49  
Australian Primary Health Care Nurses Association (APNA) 33  
Australian School Of Entrepreneurship 26  
Australian Sickle Cell Advocacy Inc 10  
Australian Training Institute 25  
Australian Women In Agriculture (AWiA) 48  
Avicenna Health and Wellness 29  
Axis Health Psychology 29  
Balance Minder 26  
be informed. 26  
Beyond Blue - Perth 52  
Beyond Blue Helpline and Online Chat 36  
BluePages Depression Information 37  
Boomaroo Plan Management 19  
Braille House 16  
Brave Foundation 51  
Brightsky Australia 11  
Cahoots 19  
Call to Mind 41  
Calm Nights Sleep Consultancy 42  
Capital Gaurdians Plan Management 19  
Care Squared 20  
Cataract Kids Australia 10  
Catch Music 13  
Centrecare Counselling and Support Services - Esperance 37  
Centrecare Counselling and Support Services - Kalgoorlie 37  
Centrecare Counselling and Support Services - Leonora 36  
Centrelink Leonora 51  
Choirs4Kids 13  
Christina Petz Clinical Psychologist 41  
Chrysalis Wellbeing 30  
ClassBento 49  
ClearConvo 30  
Communicate Speech Pathology 30  
Community Mental Health Service - Kalgoorlie / Boulder 38  
Complex Attention and Hyperactivity Disorders Service 39  
Complex Support Coordination 20  
Confidence Club 20  
Connect2Care - ACT 30  
Connected au 12  
Connecting Dots Counselling 43  
ConNetica Consulting 47  
Consumers of Mental Health WA 9  
Containers for change - Leonora 29  
Continence Aids Payment Scheme 30  
Council On The Ageing WA 10  
Counselling and Coaching with Astuteology 43  
Counselling Services Hervey Bay 43  
Counselling, Career and Consultancy Services 45  
Country WA PHN 48  
Crisis Care Helpline 9  
Crystal Clear Psychology Solutions 30

**Curtin University of Technology** 28  
**Daily Safety Check-in Call** 11  
**Daily Welfare Check by Phone to Check they are OKAY** 11  
**Deafblind Information Australia** 42  
**Department Of Communities** 52  
**Department of Communities - Women's Information Service** 14  
**Diabetes WA** 33  
**Diabetes WA** 29  
**Dineamic** 20  
**Disability Advocacy Network Australia (DANA)** 48  
**Disability Enquiry Hotline** 20  
**Disability Health Support Australia** 20  
**Diversa Health - Richmond** 35  
**Diverse Communities and Social Services (DCSS Australia Inc.) Indigenous and LGBTIQ+ Community Justice and Social Services Charity / Not-For-Profit and Charity Community Consultants (NFPCCC) Indigenous DGR PBI Charities** 43  
**Docto** 42  
**Domestic and Family Violence Mensline** 16  
**Domestic and Family Violence Womensline** 16  
**Dr Hj Lochner** 34  
**Dr Julie-May Brown** 44  
**Drug and Alcohol Treatment Services - Leonora and Laverton** 32  
**Dubberley, Stacey Louise** 42  
**Dv Assist** 16  
**e-couch self-help** 37  
**E - Hub Health** 37  
**Eating Disorders Outreach and Consultation Service** 40  
**Eating Disorders Program** 39  
**ehedspace** 52  
**Electrician Jobs** 28  
**Epilepsy Action Australia** 20  
**Epilepsy WA** 21  
**Fair Entitlements Guarantee (FEG)** 43  
**Fair Work Infoline** 28  
**Family Drug Support** 32  
**Family Mediation Direct** 47  
**Family Relationship Advice Line** 44  
**Fiona Stanley Hospital - telepsychiatry** 37  
**Food Sensations for Adults** 31  
**FORTRESS LEARNING** 26  
**Free Counselling for Separated Parents and Children** 13  
**Fremantle Amateur Angling Club** 50  
**Fremantle Derby Club** 50  
**Fremantle Fairground Association** 13  
**Fremantle Four Wheel Drive Club** 50  
**Full Stop Australia** 16  
**Galcom** 37  
**Gender Diversity Service** 39  
**GIVIT** 15  
**Goldfields Community Alcohol and Drug Service - Esperance** 32  
**Goldfields Health** 36  
**Goldfields Residential Rehabilitation** 32  
**Grow Your Impact** 21  
**GS Assist** 21  
**Head to Health Assessment and Referral Phone Service** 38  
**Healing Beyond Discovery** 44  
**Healthdirect Helpline** 33  
**Healthspot Ot** 37  
**Helen O'Grady Drama Academy–Southern Suburbs** 13  
**Hendercare - West Perth** 11, 21  
**Herbalife Independent Distributor** 34  
**Here For You** 38  
**Heyhubble** 21  
**HiBar Nutrition and Fitness** 34  
**HiCom Care - NDIS Plan Manager** 21  
**Hilton Park Junior Cricket Club** 50  
**Holistic Lifestyle Practice** 44  
**Holyoake Wheatbelt Community Alcohol and Drug Service - Northam** 32  
**Hope Community Services - Leonora** 44  
**Huntington's WA** 44  
**I Hate Cooking** 21  
**Indigenous Allied Health Australia** 48  
**Individual Community Living Strategy** 36  
**Industrial Hemp Western Australia Association Inc. Inc.** 48  
**Inkblot Psychology Clinic** 44  
**Integrated Primary Mental Health Care - Goldfields** 37  
**InteliCare** 11  
**Jen Robe Writes** 12  
**Jenny Gleeson Coaching and Consulting** 27  
**JPS Counselling** 44  
**Julie Pratt - IBS and FODMAP Dietitian** 30  
**Kidney Health Australia** 48  
**Kidsafe WA** 31  
**KidSport** 50  
**Kindship** 18

**Language Trainers Australia - Western Australia** 26  
**Lavender Sleep and Wellness** 30  
**Leinster Medical Centre - Leinster** 35  
**Leonora Community Resource Centre** 15  
**Leonora Early Learning Centre** 14  
**Leonora Hospital** 36  
**Leonora Information Centre and Library** 15  
**Leonora Medical Practice** 35  
**Leonora Pharmacy** 41  
**Leonora Recreation and Aquatic Centre** 50  
**Leonora Toy Library** 49  
**Leukodystrophy Resource and Research organisation** 31  
**Life coaching** 49  
**Lifeline - 13 11 14 - Phone Support** 38  
**Limbs 4 Life** 18  
**Little Dreamers Australia** 52  
**Live online Yoga and Pilates Classes** 49  
**Lived Experience education and support** 32  
**LiveLighter** 34  
**LiveUp** 10  
**LivingWorks Education Australia** 47  
**Lung Foundation** 34  
**Mable Direct store** 34  
**Magic Coat for Kids Pty Ltd** 14  
**Make It Happen Hypnotherapy** 44  
**Make Smoking History** 32  
**Manage It** 21  
**Manage Mode NDIS Plan Managers** 43  
**Maritime Heritage Association Inc** 28  
**Me Plus More** 22  
**Melville Fremantle Cycling Club Inc.** 50  
**Melville Mariners Tee-Ball Club** 50  
**MensLine Australia** 45  
**Mental Health Advocacy Service (MHAS)** 9  
**Mental Health Advocacy Service (MHAS) - Youth Advocate** 38  
**Mental Health Commission of Western Australia** 48  
**Mental Health Emergency Response Line (1300 555 788) and RuralLink (1800 552 002)** 38  
**Mental Health First Aide Interntional** 38  
**Mental Health Inpatient Unit - Kalgoorlie** 38  
**Mental Health Journey Australia** 38  
**Mental health promotion** 41  
**Mental Illness Fellowship of Western Australia - Midland** 39  
**Mentoring Men** 39  
**Mindspot - WA** 39  
**Mirrors WA** 22  
**moodgym** 37  
**Motor Neurone Disease** 34  
**My Companionship** 11, 29  
**My Counselling and Me** 46  
**My Plan Assist** 22  
**My Plan Manager** 22  
**My Virtual Support Coordinator** 18  
**MyCareSpace** 22  
**National Bowel Cancer Screening Program (NBCSP)** 35  
**National Continece Helpline** 49  
**National Dementia Help Line** 11  
**National Disability Health Support Australia** 20  
**National Perinatal Anxiety and Depression Helpline** 47  
**National Perinatal Support Program** 51  
**National Relay Disability Phone Service** 22  
**National Resource Centre For Migrant Empowerment** 17  
**Naval Association Of Australia - City of Rockingham** 16  
**Navi-Choice Support Coordination** 22  
**Navi-Choice Support Coordination - Ravensthorpe** 23  
**NDIS Plan Management** 18, 23  
**NDSP Plan Managers - WA** 23  
**Neami National Joondalup** 28  
**Neami Nationals** 39  
**Nicole Ivens Holistic Counselling** 45  
**Northern Frontiers Mediation and Counselling Mediation and Counselling** 45  
**Not My Closet** 45  
**Nova Psychology** 45  
**Nsp Plan Management Pty Ltd** 23  
**Nyunngaku Women's Hub** 15  
**Older Persons Advocacy Network** 10  
**On The Line Australia** 30  
**Open Arms** 45  
**Pacify Plan Management** 23  
**Paediatric Consultation Liaison** 39  
**Parents Beyond Breakup** 17  
**Parentshop** 25  
**Parkinson's Australia** 10  
**Pathways** 39  
**Pathways To Care** 23  
**Peaceful Mind Counselling** 39  
**Peak Ethnic Umbrella Organisation** 18  
**Peak Plan Management** 23  
**Peer Pathways** 31

**People With disabilities WA - West Perth** 19  
**People With Disability Australia - Qantas Carer Concession Card** 18  
**Personal Care (Disability Service Provider)** 20  
**Pet Cloud** 12, 27  
**Pflag** 46  
**Phoenix Hypnotherapy** 31, 40  
**Plan Management - MyIntegra Perth, Western Australia** 22  
**Plan Partners** 23  
**Plan Partners - WA** 23  
**Polytechnic West AMEP Home Tutor Scheme** 26  
**Positive Families PSYCHOLOGY CLINIC** 40  
**Precedence Health Care** 34  
**Pregnancy Birth and Baby** 13  
**Pregnancy Counselling Australia** 47  
**Provider Choice Plan Management - Perth** 24  
**Psychcare Services Telehealth and Psychcare Psychology** 40  
**PsychHelp** 40  
**PsychOrium Forensic and Clinical Psychology Service** 40  
**PWDWA/Albany** 9  
**QLife** 46  
**Quitline - Western Australia** 32  
**Raising Connected Kids** 14  
**Reachout Australia** 14  
**Reading Writing Hotline** 27  
**Recovery Plus Support** 24  
**Reel Keen Powerchair Fishing** 24  
**Reimagine** 40  
**Sahaja Yoga Queensland** 49  
**SALT Directory - Senior and Aged care Living Transition Directory** 11  
**Sambanistas Street Percussion and Community Arts Group** 13  
**Saver Plus** 43, 51  
**Scad Research** 34  
**School-Based Immunisation Program** 31  
**Sexual Health Helpline** 42  
**Shire Of Leonora** 15  
**SMART Recovery** 33  
**Sock it to Sarcoma!** 48  
**South Fremantle District Football Development Council** 50  
**South Metropolitan Cricket Association** 51  
**South West Refuge Bunbury** 9  
**Standard and High Intensity Level Support Worker Services - In Home** 25  
**Start from Within** 45  
**Stay On Your Feet WA** 29  
**Stroke Foundation: StrokeSafe Volunteer Speaker Program** 26  
**Substance Abuse and Mental Health (Dual Diagnosis) Training** 26  
**Suicide Call Back - National Phone Service** 17  
**Suicide Programs Calm Conversations Can Save Lives** 25  
**Support Coordination - MyIntegra Perth, Western Australia** 22  
**Support Coordination to Avenues Australia** 24  
**Swim and Survive** 31  
**Talked** 40  
**talklink** 45  
**Team Rubicon Australia** 17  
**Tech help for seniors - Life skills for youngsters!** 11  
**Telehealth Dr** 35  
**TENS Hire Perth** 42  
**The ADHD Psychology Clinic** 40  
**The Aussie Hands Foundation Inc** 14  
**The Aussie Hands Foundation Inc - Melbourne** 24  
**The Butterfly Foundation National Helpline** 45  
**The Claddagh Association (Inc)** 17  
**The Good Meal Co** 24  
**The Happy Giraffe** 24  
**The Instrumentals Community Orchestras** 13  
**The Kids Coach - National** 24  
**The NAKED Soul** 49  
**The Regional Men's Health Initiative** 41  
**The Samaritans Emotional Support Line** 47  
**The Trustee For Freddy Bear Foundation** 51  
**Therapy Connect** 19  
**Therapy Pro Pty Ltd** 31  
**Thinkwise Disability** 24  
**Tiddas In Business - FREE Business Workshops** 9  
**Toowoomba Psychology And Counselling** 46  
**Touchstone** 36  
**Trans Wellbeing** 46  
**Transfolk of WA** 46

**Transformative Place Counselling Service** 46  
**Trauma Clean** 51  
**Trilogy Care** 36  
**Tuggeranong Homestead** 28  
**Unwind Psychology** 41  
**Vera Living** 18  
**WA Child Safety Services- Bunbury – Collie – Busselton** 14  
**Wa Network Of Alcohol and Other Drug Agencies** 33  
**Waalitj Foundation - Leonora** 27  
**Wageline** 15  
**Walkatjorra Cultural Centre** 12  
**Walking Life's Path Counselling Service** 46  
**Walya Productions** 27  
**Western Australian Institute of Translators and Interpreters (WAITI)** 17

**What do you know about Aboriginal Australia?** 12  
**Women's Domestic Violence Helpline** 17  
**WorkVentures Connect IT** 28  
**Wound Specialist Services** 42  
**XLH Australia Incorporated** 42  
**XYY Syndrome Association of Australia Inc.** 25  
**Yadah Care Services** 19  
**YES! Housing** 52  
**Young Veterans** 41  
**YoungMinds Albany** 41  
**Your Plan Manager** 25  
**Your Story Disability Legal Support** 19  
**Youth In Motion** 52  
**Youth Insearch** 52  
**Youth Justice Services** 52



## Notice an error on a listing?

Email [support@mycommunitydirectory.com.au](mailto:support@mycommunitydirectory.com.au), call 1300 762 515, or report online by clicking the report button 

## Do you work for a community organisation?

### Error on your listing?

Log in and edit the information yourself at [mycommunitydirectory.com.au/Account/Login](http://mycommunitydirectory.com.au/Account/Login)

### Not listed yet?

Join for FREE at [mycommunitydirectory.com.au/register](http://mycommunitydirectory.com.au/register)

[www.mycommunitydirectory.com.au/Western\\_Australia/Leonora](http://www.mycommunitydirectory.com.au/Western_Australia/Leonora)



**My Community  
Directory**